

CYAF 497D

1. Tina Johnson
2. Child, Youth and Family science with a minor in Education
3. Site supervisor
4. ~~Ager indoor play center~~ Lincoln Park and Recreation/ 1300 S. 27th Lincoln, NE/
(402) 441-6788
5. To have a safe play for children to go or have a party under the age of six
6. Deborah L. Moyer / (402) 440-1376
7. The purpose of the internship is to interact with parents and children and to show them there is a fun place where they can throw a party while being inside. Also, the purpose is to help count money and budget money.
8. The major responsibility of the internship is to look after the children and make sure that the play area is clean along with the snack area. Most of the time is spent putting wristbands on the children, looking after the children and clean the toys or the kitchen area. Some of the skills that I acquired of the course of the internship are how to work with money and how to work with different children and their parents. I gained knowledge of how to work cash register and talking to different people that I did not know.
9. The most critical moment at my internship was when the register did not work therefore, we were short money at the end of the day and while that was happening parents and children were coming in and out of the center.
10. I would recommend looking early and looking for a place that they want to work at in the future. If they do not know what they want to do then chose a place that seems interesting and new.
11. I would recommend this organization to future internship students because there are s many different places that are with Lincoln Park and Recreation.

1. Morgan Powell
2. Family Science
3. Volunteer
4. **AseraCare Hospice**
 - a. 8710 Frederick Street, Suite 100 (402) 926-2680
 - b. Aseracare.com/omahane
5. "AseraCare treats each person's end-of-life journey with respect, kindness, compassion and support. Our family-centered approach to hospice care helps ensure that the needs and wishes of both our patients and their family members are met throughout the hospice experience."
6. Carrie Healy, Volunteer Coordinator
 - a. (402) 618-4994
 - b. FAX: (402) 727-7359
 - c. Carrie.Healy@aseracare.com
7. The purpose of my internship is to be a companion for patients enrolled in hospice care.
8. I visit clients on a weekly basis, ensure they are being treated with dignity and respect, and are receiving adequate services provided by the AseraCare team. I am able to identify patient's pain level through non-verbal communication. In addition, I am responsible for reporting my observations and interactions regarding the patient and their caregivers.
 - a. Primarily, I drive wherever my client resides for our visits. I talk with clients about whatever concerns they are having (impending death, current pain, family issues, financial concerns), then report back to my supervisor, who will assess our visit and reach out to other professionals to provide services on an as-needed basis.
 - b. The skills that I have acquired are time management, reporting procedures, professional responsibility, and how to identify when patients are nearing death.
 - c. I've gathered knowledge about HIPAA, how to appropriately report incidents, and how to identify non-verbal cues from patients with limited communication capabilities.
9. The most critical moment in my internship was when I had to decide if I was gaining the kinds of experiences from my internship that initially thought I would be having. I had to address my concerns about being in the office the first part of my internship with my supervisor, which was something I wasn't comfortable with. After my supervisor spoke with Dr. Dalla, things began improving and I am gaining more experience in the community and in the hospice setting.
10. My recommendations for future internship students would be to be very clear and honest about what you hope to gain from your internship site. It's frustrating when your expectations aren't met, so address your concerns with your supervisor early-on so that you aren't resentful and feel like you're wasting your time. Additionally, I would recommend that you think carefully about the kind of setting you want to work in. Choose an environment that is conducive to your learning style and professional development goals.
11. I would recommend AseraCare to future internship students, but I would recommend students to identify their goals clearly so they are doing assignments that they are interested in. Having a discussion with different professionals in the building about your aspirations and goals, and finding out which area you'd be most interested in, if you're not sure already, might be beneficial. I did not choose to do that (and wish I had) because initially, there was a disconnect between what my supervisor thought I wanted and what I wanted.

1. Randi Walters
2. Family Science
3. Child Behavior Aid

4. ~~Behaven Kids~~

20275 Honeysuckle Drive Suite 103

Elkhorn, NE 68022

(402)-933-5700

<http://www.behavenkids.com/main/>

5. Mission: To passionately teach effective skills that change children's lives and ultimately changes our future

6. Kara Krumweide- Program Coordinator

Work: (402) 933-5700

Fax: (402) 933- 9998

7. The ultimate purpose of my internship is to reach my goal, which is to help and change children's lives for the better. If I have to complete an internship in order to graduate, then I wanted to do something I was passionate about and also made me explore outside my comfort zone a little as well. I was also hoping to be fortunate enough to work at a site that would change me for the better. Fortunately, I have been able to successfully fulfill the purpose of my internship!

8. a) The major responsibilities are to provide and fun and safe environment for the children, keep and create open and honest communication with staff and families, use positive reinforcement (praise) to help children meet their treatment goals, use the Behaven Kids model in order to discontinue undesirable behavior from the children, be of assistance to anyone who needs a helping hand and be able to think critically and creatively.

b) I have gained skills in areas such as authority, leadership, empathy, customer service, positive reinforcement and interpersonal relationships.

c) I learned a lot about children with behavior disorders and children with similar problems. Not only have I learned about their struggles, but how to interact with and work with them in order to help them achieve success in their treatment plans. I also learned how important communication is in a place where administering medications, fulfilling treatments, and other extremely important occurrences are constantly taking place.

9. Training was the most critical moment at my internship. This job requires a lot of knowledge about the company's model. Without the proper education and practice, you would not be successful at this job site. The training lasts one week and I learned tons of new and interesting things, not only about the company, but about myself. Although it is required in order to work at Behaven Kids, without the training I would not be as comfortable at the job. The concepts of the job are not difficult at all and the training is really beneficial!

10. There is something new every day at Behaven Kids. Every day you are presented with a situation that requires you to be able to react quickly. It is important that you prepare yourself for changes and adaptations that will occur throughout the day. Also, the more patience you have the better suited you'll be to working here! These kids need lots of praise and encouragement for simple tasks that you wouldn't normally think twice about. It is also necessary that you prepare for the internship experience by being willing to be constantly busy all day long. Above all else, you must be passionate about wanting to help children and change their lives for the better. The reward of working here is tremendous!

11. I would absolutely recommend Behaven Kids to a future internship student! There are so many wonderful components to working for this company. The staff is incredible, the kids are always entertaining, the work is rewarding and the environment is so pleasant. It's like its own tiny community and everyone makes up a family that is working to make the community prosper. The child to staff ratio is low and the therapists and caregivers truly want to help the kids succeed. This company doesn't pay their interns, but it is a small downside to an opportunity that has so many great qualities. If you are seeking an internship where the work is not repetitive and there is really never a dull moment, Behaven Kids is perfect. I have truly learned so much and gained a lot of skills I didn't have prior to working here.

Internship Description

1. Name: Lauren James
2. Major: Family Science
3. Position: Summer Youth Supervisor
4. Organization: ~~Boys Town~~
 - a. Address: ~~Youth Care Building~~ X
13603 Flanagan Blvd.
Boys Town, NE 68010
 - b. Contact Number: 402-498-1300
 - c. Website: boystown.org
5. Mission: To help families and youth in need by teaching them life skills and good values, helping them build healthy relationships, caring for them in a "family-style", safe environment, and encouraging the families and youth to make good decisions on their own.
6. Supervisor: Amanda Lonergan
 - a. Position: Youth Support Services Assistant/Youth Care Support Services
 - b. Contact info: Amanda.longergan@boystown.org
7. Purpose: To work closely with at-risk youth and teach them appropriate behavioral skills through their "Summer Training Program".
8. The job:
 - a. Responsibilities: Supervise and work with youth in daily tasks providing direction and guidance. Teach basic social skills while addressing both positive and negative behaviors.
 - b. Skills: Learning how to work with at-risk youth, address and correct behaviors, and teach social skills. Also increases leadership and ability to positively work through challenges.
 - c. Knowledge: How to handle different types of behaviors and "crisis" situations, more about the at-risk youth population in general.
9. Most critical moment: When a youth goes "noncompliant" (refuses to follow instructions and accept feedback) it can be difficult and discouraging but it is important to remember not to take it personally and to work through it with them or call for assistance if needed.
10. It is a fun job, but be prepared for some hard days. Also make sure to set low tolerances going into it so that the youth don't start to get out of hand as the summer goes on.
11. Yes, it is a great experience and an awesome opportunity to work first hand with at-risk youth and to help teach them behavioral skills. I would especially recommend this to anyone thinking they want to work with this population (teens) because it gives you perspective and insight into how they think and feel.

Internship Description

1. Jill Petrzilka

2. Major : Family Science, Child, Youth, and Family Studies.

Minors : Teaching Education, Sociology, Psychology, and Gerontology.

3. Practicum Position Title – Teaching Assistant

4. Internship Site: **Bubble's and Blocks Child Development Center**

8521 Lexington Ave. Lincoln, NE 68505

www.bubblesandblockscdc.com

5. At Bubbles & Blocks CDC our **Mission Statement** is: To provide quality child care to children in a safe and nurturing environment, while providing them with numerous opportunities to grow their social, emotional, physical, and cognitive development.

6. Supervisor: Katie Quimby, Director and Co-Owner

Phone: (402) 328 -0404

7. The purpose of my internship is to look at the operation and management of a center development center. I spend time within each classroom learning their schedules, organization, lesson planning, and child activities. I get to help the lead teacher in management of their classroom and assist them with their daily tasks with the children. Also, get to learn about administrative duties and how to manage and run a child development center.

8. My major responsibilities at the center include helping the lead teacher in their everyday tasks with the children. These tasks may include changing dippers, taking children to the restroom, feeding, lesson planning, help with art and craft activities, assist with story time and teacher lead centers, and cleaning parts of the center and picking up after the children. I spend one week in each level of the center starting at infant 1, then infant 2, toddler 1, toddler 2, preschool, pre-K, and school age. I get to learn how each classroom is managed and organized; also you get to see the differences in learning and activities that take part in each classroom.

Skills you acquire over this internship would be how to work with children at all ages. Also, you get to learn different teaching styles and different ways of organization of the classroom.

I gained a lot of knowledge about working with children since I have never worked with children before. I have gained a ton of knowledge in lesson planning and age appropriate child activities, crafts, and learning activities.

9. My most critical moment at my internship would be learning how to deal with accident and injury reports at the center. It is very difficult to see a child hurt and have to learn how to write up the reports correctly and how to notify parents. Even though most of the injury reports are as simple as the child fell on toy or got bruise, the reports have to be so detailed so you have to make sure you had all your information, like the time, toy type, who witnessed it, and ect., it is a detailed process so it was very critical to make sure you learn all that information when working with children.

10. My recommendation for future internship students is to really just have fun and make sure you take part in all activities and even offer to lead some of them. I think that I have got a lot out of this internship because I put myself out there in the classroom and try to help and lead as much activities as I can so I learn how to lead children and keep them under control at the same time.

11. I would defiantly recommend this organization, Katie and Corey, her husband, are so nice and they really appreciate everything I do there. They are open to all different schedules so they worked with me really well on letting me make my own schedule. The center has very well trained teachers and assistant teachers that really help explain everything in the classroom. Everyone is extremely friendly there and makes me feel right at home. I have at a great experience working at this organization.

Internship Description Guideline
(Due Friday, June 27th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. **Your name.**
 - Jessie Hopson

 2. **Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)**
 - Family Science

 3. **Practicum position title.**
 - Skills for Success Intern

 4. **Organization / agency name:**
C&A Industries
Organization / agency address and contact number:
C&A Industries, Inc.
13609 California Street
Omaha, NE 68514
Phone: 40-891-0009
Organization website if available
<http://www.ca-industries.com/>

 5. **Mission of the organization or agency.**
"Our mission is to be the staffing provider and employer of choice by helping people and companies achieve their goals."

 6. **Supervisor's name and title**
Roxanne Stanard—Director, Medical Operations/QA
Jenny Nobel--- Senior Compliance Specialist
Ryan Royse --- Senior Trainer (In charge of Intern program)
- Supervisor's contact number (phone and fax, if available)**
Roxanne Stanard: (402) 891-1118, Ext. 6009
Jenny Noble: (402) 891-1118, Ext. 2057
Ryan Royse: (402) 891-1118, Ext. 2214

7. Describe the purpose of your internship.

The purpose of my internship is to gain additional experience and knowledge in my area of choice. The intern program at C&A is new this year in 2014 and it offers an intern program that caters to the individual interests on the interns. The C&A intern program also is part of the Omaha Chamber of Commerce Intern Omaha Program. Being a part of Intern Omaha allows for interns to network with other interns around the Omaha area.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

I have a wide variety of responsibilities at C&A. I work with the QA team on compliance issues, I help the accounting department with billing, I help the Kim Foundation with upcoming events, and I get to shadow recruiters. I truly get to do whatever I am interested in, all I, or any other intern has to do is ask.

8b.) What skills did you acquire over the course of your internship?

I have acquired many skills over the course of my internship! I have learned how to interact and communicate in the corporate world. This is my first time working in a corporate setting, so the skills I have gained are endless. I have improved my skills in communication and leadership. I am given projects and given guidance by I am not micromanaged. This has allowed me to lead and perform on my own, showing how hard and how well I can work. I have also improved my team work skills. Everything at C&A is centered around team work, and that is the reason why I fell in love with the company

8c.) What type of knowledge did you gain?

I gained knowledge on how to interact with people who has different personality traits than I do. I also was fortunate enough to get to take the Gallup Stengths Finder Test. This allowed me to learn about my strengths and the other interns strengths. I also learned how to use my strengths in different settings and how to get the most out of my strengths.

9. What was your most critical moment at your internship? Explain why.

The most critical part of my internship was in the first couple of weeks. I met so many new people and was introduced to a whole new world of experiences. In the beginning of my internship I began to question if this is really where I am supposed to be. I confronted once of the trainers and they talked with me and showed my empathy, they really understood what I was going through. I am so glad I joined this intern program, the people and the culture of this organization are more than I could have ever imagined.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My advice to anyone taking on an internship is to be open minded and learn as much as you can. I have learned more in this internship than I have in many of my college courses. Also, I would tell anyone taking on an internship that you get out of it what you put into it. The more time and energy you spend on the internship the more you will learn and the better connections you will make with the people who work there.

11. Would you recommend this particular organization or agency to future internship

students? *Why/why not?*

Yes, I would absolutely recommend it! The company truly has so much to offer. It does not matter what your interests are, they will find a position for you that you enjoy. The people at C&A do not label you as an intern, you are treated as an equal and you get the same amount of respect as everyone else.

Leigha Wichelt

Family Science

Intern at CASA for Lancaster County

CASA (Court Appointed Special Advocate) for Lancaster County

1141 H Street, Suite C in Lincoln, NE 68508

(402) 474-5161

<http://www.casa4lanaster.org/>

MISSION: CASA for Lancaster County provides a voice for abused and neglected children in the court system so they can thrive in safe, permanent homes.

SUPERVISOR: Dawn Rockey, Executive Director

Fax: 402-474-5188

PURPOSE: To advocate for children in the public welfare system. It is our job to visit with the children, make sure all of their needs are being met and make recommendations to the court for their future placements and care.

WORK: I spent most of my time visiting with the children, keeping updated on the status of their care by other professionals and attending court hearings and team meetings to advocate for the children.

SKILLS: I learned how to work with other professionals in the Human Services field, process paperwork that is used in the system and how to conduct myself on home visits with the family and foster parents.

KNOWLEDGE: I gained extensive knowledge of how the juvenile court system works and what each member of the team is responsible for in a public child welfare case.

CRITICAL MOMENT: My most critical moment was speaking with the Foster Care Review Board about one of my cases that I was working on. This process is professionally mannered, highly regulated and important to the progression of the case.

RECOMMENDATIONS: My recommendation is that you do your research on the court proceedings, get to know what the state's roles and stances are in the child welfare system and pay attention in your child development and family policy classes.

If you are wanting to become a case worker, visitation or family support worker, this internship is GREAT for you!

Internship Description Guideline
(Due Friday, June 27th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.

Ashley Koepping

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Child, Youth, & Family Studies

3. Practicum position title.

Physical Therapy Intern

4. Organization, Address & contact number, website:

~~Cleveland Clinic Lou Ruvo Center for Brain Health~~

888 W Bonneville Ave

Las Vegas, NV 89106

http://my.clevelandclinic.org/neurological_institute/lou-ruvo-brain-health

5. Mission of the organization or agency.

Cleveland Clinic Lou Ruvo Center's main mission is to keep memory alive. They work with patients who suffer from neurological disorders and help them to maintain as much independence as they can. While also teaching them how to cope and manage their disease in the process.

6. Supervisor's Information:

Jen Nash

Physical Therapist & Manager

1 (702) 483-6000

7. Describe the purpose of your internship.

The purpose of my Internship was to gain experience and knowledge working with elderly patients in a therapy situation. I wanted to gain experience working with people in a different age category than what I'm used to, experience a variety of cultures in a different environment, and overall learn therapy techniques.

8. Work responsibilities, skills, and knowledge:

My main responsibilities at my internship were walking patients to therapy sessions and taking their blood pressure, pulse, and oxygen stats. I would then assist Physical Therapist in anything they needed; from helping monitor a patient's balance to getting them the tools they needed (weights, cones, resistance bands, & etc.). I put together many PowerPoints & brochures on the importance of physical activity & one's health. I also helped teach boxing classes to patients suffering from Parkinson's disease as well as a basic exercise class for people suffering from Dementia/Alzheimer's

I gained many skills from this internship but the one I feel that has been the most beneficial to me is learning how to be more assertive. Working with an elderly people who suffer from neurological disorders really teaches you to step forward, speak up & just get done what needs to be done & quick. I also learned many beneficial therapy techniques and witnessed many research projects in the making. In the process of everything I learned how to be more flexible as well as always having an open mind.

I learned a ton of knowledge on how exercise can actually slow down the progression of symptoms in people who suffer from Parkinson's. I learned many therapy tricks in order to get a patient who suffers from Lewy Body Disease, Alzheimer's, or Dementia to focus and actually become motivated to participate in physical activity. I also witnessed the benefits that Physical Therapy has on a patients daily living tasks (allows them to maintain some independence, reduces falls, & promotes self-worth).

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment at my internship was watching people get newly diagnosed with a debilitating disease. Going into my internship I wanted to help people maintain as much of their daily functions as they could but I had not prepared myself for the people who were newly diagnosed scared and angry. This was by far the hardest part of my internship but it opened my eyes to a whole new perspective. It allowed me to see the different stages that people go through when coping with a disease and taught me strength because you have to be that positive person that they feel they can trust.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

I would recommend working with a different age population than you are used to or one that you don't have as much experience in. I went into my internship with my mind set on wanting to work with children & adolescents when I was done with school. However, after working with the elderly population I have definitely changed my mind. While I would still enjoy working with children I also know now that I enjoy working with the elderly population as well. Now I know I will be happy with either age population, something I was not sure of before.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would definitely recommend this agency to anyone who is interested in working in the therapy field. Cleveland Clinic is constantly doing research, coming up with new activities to help patients as much as possible, as well as provide excellent learning sessions. Not only was I able to participate & help out with Physical Therapy, I was also able to shadow the doctors and learn about all of the different neurological diseases through conferences & presentations.

Internship Description Guideline
(Due Friday, April 4th)

**You are required to describe your internship in 1-2 typewritten
Pages using the format below.**

**A copy of your description will be put in the CYAF "Internship Notebook" and used by
future intern students to evaluate sites for completing their internships!!**

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name. Cord Sommer
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Child Youth and Family Sciences
3. Practicum position title.
Shadowing Group Therapy Sessions
4. Connecting Links
421 S 9th St Ste 107
Lincoln, NE 68508
(402) 310-3816

Organization Website: connectinglinks.net
5. Mission of the organization or agency.
-Connecting Links is a rehabilitation counseling practice offering services to children, adolescents, adults and senior citizens in the Lincoln, NE area. Counseling services are provided for individuals, couples, families, and groups. They are private, personalized and designed to alleviate pain and foster growth in people who are experiencing a wide variety of problems.
6. Supervisor's name and title, Tina Arsiaga, M.A., LMHP. 10 years experience with Dual Diagnosis Clients

Supervisor's contact number (phone and fax, if available).
(402) 310-3816
7. Describe the purpose of your internship.
The purpose of my internship was to sit in on and shadow a counselor as they conducted group therapy sessions dealing with addictions, domestic disputes, and various other issues.
8. Work responsibilities, skills, and knowledge:

Internship Description

1. Alyson Young
2. Family Science – Child, Youth and Family Studies
Minor - Education
3. Victim Witness Intern
4. ~~Dawson County Victim Witness Program~~
700 N. Washington St.
308-324-5702
5. Assists the victims' pre-trial to trial through sentencing to post-trial.
6. Becky Boryca, administrator
308-324-5702
7. The purpose of my internship is to help victims' of domestic violence through the court system. This program also aids victims through parole hearings and recovering restitution costs. Most recently, this program is the point of contact for notifying victims when their abuser has been released from custody through a new program called VINE (victim information and notification everyday).
8. Work responsibilities, skills, and knowledge:
 - a.) **I have spent most of my time organizing case files and sitting in on different court hearings. The majority of my work is making sure that we have all the correct contact information for our victims and they have successfully entered into the VINE system.**
 - b.) **I have learned a great deal about being organized and the responsibility of confidentiality. Since I spend so much of my time looking into the files (nitty gritty) of the cases I learn a lot. This is why it has been so important to me to learn a lot about organization – making sure everything is taken care of, and confidentiality. I am doing this internship in the same county that I grew up in and because of that I know a lot of the victims and perpetrators, thus making the confidentiality that much more important.**
 - c.) **I have learned a great deal of knowledge about how often assault truly happens and how the court system works when working with family violence cases.**
9. The most critical thing I have done thus far is help explain to a victim how her testifying at court is going to go. We actually have one case that is going to trial this summer so we are working with the victim and helping he/she understand what will happen once he/she takes to stand at the trial.
10. I would recommend knowing a little bit about the court system before entering an internship like this. It has been such a great experience and I have had a great supervisor who has shown me so many things, but without a supportive supervisor I would have been lost.

1. Erika Jones
2. Major: Family Science
3. Shadowed caseworkers in the department of Children and Family Services
4. ~~Department of Health and Human Services~~
301 Centennial Mall South Lincoln, NE
dhhs.ne.gov
5. Mission: Helping people live better lives.
6. Kaye Bourn-Resource Development: Volunteer/Intern Coordination
Phone: 402-471-9429
Fax: 402-471-5167

**After the application/interview process is complete a department and supervisor will be assigned.
7. The purpose of my internship was to learn about the everyday tasks of a caseworker.
8.
 - a. Responsibilities: filing, observing court, attending family meetings, reading court reports, etc.
 - b. Skills acquired: networking with professionals and active listening
 - c. Knowledge gained: understanding of foster care system, understanding of court proceedings, understanding of the tasks done by a caseworker, etc.
9. My most critical moment at my internship was the first time that I went to court by myself. Since it was more of a shadowing experience there was not always something for me to do. In that case I would go to the courthouse to observe the

juvenile court case proceedings. I learned so much by sitting in on court and it opened up opportunities for me to network with professionals in other areas as well.

10. I would advise that future interns discuss scheduling with their supervisors. If there is not anything for them to do with one of the caseworkers or in the office then the supervisor can look at the court schedule to provide learning experiences for the intern. I guess the biggest advice is just to talk to people. Networking definitely opens up for new opportunities.
11. If a student is considering going into social work or becoming a caseworker then I would definitely recommend this organization. Although I could not actually take on tasks I learned more than I thought possible through this experience.

1. Brittany Lammers
2. Family Science
3. Women's Advocate Intern
4. ~~Friendship Home~~
402-437-9302
www.friendshiphome.org
5. Friendship Home exists to support, shelter and advocate for victims of domestic violence and their children.
6. Leah Droge-Intern Coordinator,
leahd@friendshiphome.org
7. The purpose of my internship was to advocate and support women and children who are survivors of domestic violence.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Help answer crisis calls, sit in on staff meetings, help locate personal and food items for women and children, log information into a database, help with childcare occasionally, help with small amounts of cleaning/laundry/ making beds
 - 8b.) The skills I acquired while at Friendship Home were to adapt to a constantly changing environment. You have to go to work with no expectations because you never know what will happen that day. Some days are calm and others are constant crisis.
 - 8c.) The biggest thing I learned while at Friendship Home was how often domestic violence occurs. When you are not around it, it can be something that you are unaware of and how often it really occurs.
9. The most critical moment in my internship was sitting in on a check in to shelter. During the check in, the woman went over all of the physical and emotional abuse she endured and it was hard to sit through. It made me extremely angry that this abuse occurs on a daily basis. There is never enough people to help women and children in these situations.
10. The recommendation I would give is to really pay attention when you are in training and when you initially take the house tour. It is a great way to get a head start on your internship. Make sure you ask plenty of questions while you are there! They are there to help you learn and you should never feel bad asking anything. There are no stupid questions.
11. I would DEFINITELY recommend Friendship Home for an internship. I have loved every minute here. It can be hard sometimes and you see a lot of painful things, but it is extremely fulfilling and the all of the staff is excellent.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Brittany N. Cambern

2. **Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)**
Family Science with a concentration in Early Childhood

3. **Practicum position title.**

English Teacher

4. **Organization / agency name:**

~~Guexi Kinderknippen~~

Organization / agency address and contact number

Binzstrasse 38

8045 Zurich

Phone: 043 266 62

Organization website if available

www.guexi.ch

5. **Mission of the organization or agency.**

Life-on training

We want to prepare your children for life. Again and again, situations occur in a child's life such as the birth of a sibling, the purchase of a pet or bickering at play. We use these moments to help your child grow to be happy together, to learn from it or even to be sad. Life-on training means to us but also to make enriching experiences such as shopping and cooking together, with different materials handicrafts, musical instruments and socialize or to one of our many trips to discover the near and distant surroundings.

Playful language support

Targeted language training is in the Güxi nursery of the highest relevance. A good understanding of language and power of expression are the key to later scholastic and social success, and satisfaction. Each child makes up his own learning steps and experience. Thus the language promotion succeeds, attentive, reliable and available adults are necessary to accompany the children, support and supervise age appropriate.

Movement

In the nursery Güxi the movement and rhythm understanding is promoted. Children have a natural urge to move. Exercise promotes the physical and mental development. Especially in the nursery age, the child has to deal with the constant change of his body. Balance, coordination and strength must always be re-tested and experienced. Under the supervision of our expert personnel Wore them is our own infrastructure manger open: For music the children learn the first elements rhythmic dancing in the ballet room, romp in our own movement manger space on 450m2, or visit one of the outdoor play areas.

A World of Babies

We attach great importance to ensuring that infants are slowly and carefully used to the nursery. Babies are especially dependent on the continuous loving care of a familiar caregiver. In contrast to the older cribs children they have their own bedroom. Play, watch and relax the balance between different depending on the child and must be taken into account. Therefore, our babies are cared for in pure baby groups where specially trained personnel in specially designed rooms ensure optimal care of the smallest members of the Güxi family.

6. Supervisor's name and title & Supervisor's contact number (phone and fax, if available).

Michael Hadad: Guxi Daycare Owner (*Head Supervisor*)
Phone: 043 266 62 62
Email: info@guexi.ch

Ellen Spizel: Guxi Kinderknapper Daycare Director (*Scheduling Supervisor*)
Phone: 043 266 62 62
kontakt@guexi.ch

Sandra: English Teacher (*Daily Work Supervisor*)
Phone: 043 266 62 62

7. Describe the purpose of your internship.

The purpose of my internship is to develop knowledge based on different cultural practices and routines in daycare settings. I wanted to do my internship overseas to develop an educational background based on diversity and how different it looks from daycares in the United States. The main purpose of my internship was to receive this education through firsthand experience.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

The major responsibility of my internship is shadowing and collaborating with the English teacher Sandra. Preparing morning group time activities in English and teaching children English during daily routines and afternoon lessons were some of my main responsibilities.

8b.) What skills did you acquire over the course of your internship?

One skill that I have acquired during my internship is adaptability. My weeks are typically spent going from five different classrooms working with different children during different parts of the day. When you have a schedule that varies so much you learn to think on your feet when activities don't work out for all the children as you had planned.

Another skill that I have acquired is positive thinking. This was a skill I learned and practiced right at the beginning of my internship. Many of the teachers and children that I work with daily speak little to no English. At first this was a difficult barrier to cross as I didn't know what the best way was to communicate. I stayed positive and kept things as consistent as I could. Through hard work, dedication, and patience I have managed to cross this barrier in a successful manner. Thinking positive and never giving up helped me through this difficult period.

8c.) What type of knowledge did you gain?

From this experience so far, I have gained knowledge about different cultural routines and activities in a daycare setting. I have learned to appreciate the importance of seeing education through the view of others around the world. I have developed a deep understanding for multicultural education and the importance of incorporating it into classrooms daily. Most of all I have gained the knowledge to recognize and appreciate diversity for what it truly is and means.

9. What was your most critical moment at your internship? Explain why.

The most critical moment for me was the first three days working. Developing a relationship with the children and my co-workers was very difficult because of the language barrier. Many of the teachers were too scared to talk to me because their English is not fluent. My first three days seemed to drag by as I tried to talk to many teachers who did not understand me and the children were still warming up to me. This was a critical time for me because it was stressful thinking that my whole internship would be this way. I had a difficult time staying positive as I tried to get past the barrier of not knowing any German. Now that the children are more comfortable with me they listen well and interact with me during free play. A few of the teachers have opened up as they were nervous at first to speak English since it is not a language they practice

often. Now that I have developed a relationship with the children and some of my co-workers I feel like I am more connected with the job I am doing. I knew the language barrier was going to be a critical point when I started my internship.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My recommendation is to not be afraid to go out of your comfort zone. I never thought that I would come overseas and study. Creating an experience overseas can be a once in a lifetime thing, so doing it during your college career is probably your best bet. Planning ahead and knowing where you want to go is important. If I could change anything I think I would have planned my trip more in advance instead of spur of the moment. This opportunity came about suddenly and I didn't hesitate to take it, otherwise I would have planned it at least one year ahead of time.

Don't be afraid if you know nothing about where you are going. I learned so many things in the first few weeks that I don't think it would have mattered how much studying I did. Knowing a little bit of the language would be beneficial from my point of view. The language barrier was one of the most stressful obstacles for me to get past.

Last but not least, create an experience for yourself that is memorable. Make sure you are doing what you like and learning everything you can. Studying overseas has not only taught me about the importance of diversity, but also about the importance of independence and doing things for yourself while you can. Create an opportunity that will impact you and your life long career plans and goals.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would personally recommend my organization because of the broad experience I will receive in a short period of time. My organization is located in Switzerland, which would provide future internship students with an opportunity to study abroad. The supervisors who assisted me throughout my internship were very helpful in creating a memorable experience for me. My internship has allowed me to have an open mind about diversity which is important when working with children and families today.

1. Zoie Smetter
2. Family Science
3. Children's Education Intern

4. ~~Hillcrest Evangelical Free Church~~
2433 Progressive Rd.
Seward, NE 68434
(402) 643-2316
hillcrestefc.org

5. Hillcrest is a church that seeks to proclaim Christ in all they say and do. By this they mean they desire that everyone hears about and comes to know Jesus Christ as their Lord and Savior. Knowing that actions speak louder than words, they seek to serve those God puts around them in the community, around the country, and even the world.

6. Pastor Curt Coddington
(402) 643-2316

7. The purpose of this internship is to experience working in church ministry by working closely with Pastors, office staff, and ministry directors at this local church. The internship provides many experiences that allow the intern to witness ministry on a non-Sunday morning, to serve the Church (through VBS planning and organizing volunteers for children's ministry), and to love the Church (though its members are yet imperfect) in the truth held by the Gospel of Jesus Christ.

8. a. Most of my time was spent fulfilling VBS (Vacation Bible School) duties and working with nursery staff. VBS work required me to have many meetings with the VBS Director, plan decorations, order all necessary materials, and create advertisements. Further, I oversaw and helped volunteers with VBS preparations. The nursery and Sunday school side of my internship required me to find substitutes when necessary, order new curriculum, substitute in the classroom, and train new volunteers with our security system.

b. Besides the main tasks there were a lot of little things to do around the church, so to keep track of all my responsibilities, I acquired the skill of task management and organization. Another skill was communication. Another skill I was keen on developing was leadership and managing. Since many individuals volunteer around the church, I had the pleasure of checking with them to find out their needs so that they might accomplish their task almost worry-free. I wanted each person to serve the Church body in a way glorifying to Christ by allowing them to focus their efforts on their gifts and talents.

c. The knowledge gained through this experience was very practical knowledge. Personally, I have spent so much time learning and reading, that this internship

allowed me to apply that knowledge. Therefore, through application of tools such as active listening, I had an experiential knowledge.

I gained knowledge on how to work with various types of people. This internship gave me the experience of working with various temperaments, personalities, and talents. It required me to be thankful for the uniqueness of each individual, and find ways to work with him or her.

9. One of the most critical parts, so far, was my meeting with Pastor Curt. We had just returned from a Senior High mission trip to New Orleans, and he brought me into the office to debrief. He talked with me about different forms of leadership and that even a quiet person can lead. Some major points of that conversation included setting boundaries and opening up communication. These two major points allows children to know expectations while also experience freedom. It was critical because it was a timely encouragement during a time I felt inadequate. This conversation gave me practical tools for leading a group, or even for parenting a child one day. The advice given was received well by myself because I have so often witnessed Pastor Curt lead in this way. It has Biblical principles that I gladly received.
10. Recognize that people are imperfect. No person is perfect and every person has a need for Jesus Christ. Often quoted around Hillcrest is "Ministry is messy," and it is. Therefore, if you are seeking to work in ministry, hold tightly to the truths held in the Word of God and seek God to give you practical ways to obey as you work with various people and speak the truth of Jesus Christ into their situation.
11. I would recommend this internship to others. The internship is designed to place the intern into the struggle of "messy" church ministry, grow as a believer, and serve the members of the church by humbling activities. The opportunity opened my eyes to pain that many people experience. Not only did I see the rough situations, but I saw the Pastors and other church members joyfully serve one another, especially in difficult phases of life.

Kelly Coleman

Major: Child Youth and Family Science minoring in history and education

Practicum title: Intern

Organization: ~~Kid's Imagination Station~~

Address: 1338 South St. Lincoln Ne. 68502

No website

Phone: 4024750300

Mission: To give all children regardless of income level or disability quality care.

Supervisor: Jamie Albers

Title: Business Manager

Phone: Use number above. She prefers to be called at work.

Purpose of internship: to observe babies from ages six weeks to two years. I wanted to observe whether a low or high income would effect a baby's development as well as observe babies with disabilities developing as compared to those that don't have any disability.

Work Responsibility:

Changing dipers

Feeding children both cooking meals and giving bottles

Cleaning such as mopping, and sweeping

Planning and performing educational activities with the children

Writing daily log sheets of children's behavior and times of naps, changes, and feedings

Participate in meetings with staff and supervisors about licensing, rules, and policies of the daycare

Communicate with parents if need be regarding child's behavior or any issues that may have arisen that day.

Knowledge gained: I gained the knowledge of how to communicate effectively with parents about their babies. I had done this before with teenagers but it's a whole new ball game when talking about infants. I also learned how to observe children with and without disables and how different income levels effect the child's development.

Critical moment: My most critical moment was one in with a coworker, my boss and myself had a meeting regarding my coworker's unprofessional behavior surrounding my visual impairment. It was critical because it taught everybody something. It taught me how to handle negativity in the work place with grace. It taught my boss how to handle this kind of situation which she said she had never done before. It taught my coworker that her actions were unacceptable and how to fix them. It also taught me what to watch out for in future jobs.

Recommendations:

Don't be squeamish. You will clean up bodily fluids of all kinds, slimy toys and spilled food.

Be prepared for a laid back but changing schedule. Though the kids do have a routine it can and will be altered especially for those transitioning in to a new age group

Don't be afraid to ask questions. There are many ways to do things and most people are eager to help if you ask.

Be prepared to work with people from many different backgrounds and cultures.

The atmosphere is laid back so if you want a very ridgid style of work this is not for you.

Be creative and open minded.

You need to like kids. If you don't, don't work here.

This position will help you see how family directly affects people both good and bad. Be prepared to gain a ton of knowledge about family and it's first hand effect on children of all ages.

Would I recommend this place: I would recommend this organization? They are open minded, relaxed, knowledgeable and serve many types of people without prejudice. Students will learn a great deal from them and they have had interns before so they know how to hire and keep track of them.

1. Benjamin Murphy
2. Child, youth, and family science
3. CYAF 497- community summer intern
4. ~~Lancaster County Youth Services Center~~
Address: 1200 Radcliff St.
Contact Number: 402-441-8657
Website: www.lancaster.ne.gov
5. The Mission of the Youth Services Center is to protect the interest and safety of the community and the resident by providing a secure, safe and structured environment for youth and to offer the necessary educational and developmental resources to a culturally diverse detention population.
6. Supervisor: Annette Thompson- Deputy Director
Phone: 402-441-7090
Fax: 402-441-5626
7. The purpose of my internship at the Lancaster County Youth Services Center is to get experience working with youth in the community and understanding how this facility operates. I'm learning the daily procedures and protocols of this facility including staff responsibilities, youth expectations, and community relations.
8. Work responsibilities, skills, and knowledge:
 - a. My responsibilities as an intern is to work with the youth and staff during daily activities. When working with the kids I would attend school and community seminars with them, contribute to recreational activities, and create/lead activities for them to engage in. While working with the staff I would follow daily security routines and help escort and facilitate pods throughout the center during the day.

- b. I acquired different skills over the course of my internship including leadership, communication, and professionalism skills.
 - c. I was able to gain knowledge about how to balance my professional and personal relationships with youth and staff during my internship.
9. The most critical moment at my internship was creating and leading an activity that involved all youth pods. This was critical because it was a test of my leadership and communication skills with the youth and staff.
10. I would recommend anyone planning to intern at a similar facility to have an open mind about what your experience may be like. After talking with staff and youth about past interns and comparing it to my experience I realized there are a variety of outcomes for your internship experience.
11. I would recommend this agency as an internship to future students because it presents a challenge in an unfamiliar setting. I have learned a lot at this agency that I'm sure I would not have at other places because of how unique the facility is.

Internship Description Guideline
(Due Sunday, June 29)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Kayla O'Bryan

2. Family Science

3. Head Pre-School Teacher

4. ~~Little Kingdom Children's Center~~
5100 Old Cheney Rd, Lincoln, NE 68516
(402) 423-8600
<http://littlekingdomlincoln.com/>

5. At Little Kingdom, our purpose is to provide the community with a high quality children's center that addresses the needs of our children. We provide a safe and inviting atmosphere where children are valued for their individuality and are encouraged to develop to their highest potential.

6. Amy Guenther
Head Director
(402)423-8600

7. The purpose of my Internship is to teach children and prepare them for kindergarten. I feel as if our center does a good job in preparing our children for kindergarten. For example, we teach them their home address and a phone number that they need to remember.

8. Work responsibilities, skills, and knowledge:

8a.) I prepare lesson plans for the kids. This includes making work sheets and centers for three major areas, language, science, and art. I often times work with other teachers to come up with ideas to get the children's brains thinking and help them learn the things they need in order to be successful in kindergarten and future schooling.

8b.) Skills that I have had to gain over my internship is organization, patience, and getting things done in a timely manner. It is sometimes difficult to prepare lesson plans for weeks in advance, I have to learn to be patient with my kids during stressful times and I have to make sure I prep and have lessons and projects ready to go.

8c.) Knowledge I have gained over working at my internship is how to handle certain situations, how to accommodate to change and resources I can use to become a better teacher.

9. What was your most critical moment at your internship? Explain *why*.

One of the most critical moments I have had at my internship is when I have to converse with the parents of children that have behavior problems. It was hard to talk to a parent when they did not want to hear what you have to say about their child because he or she is perfect in their eyes. You really have to use words that make it sound like you are trying and that there is hope.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

Be ready for change and stress. It is sometimes difficult to work in an open center with lots of noise, yet still keep your kids happy and focused on what you are learning that day. It takes a lot of patience to work in a child care center and you always have to be prepared for the worst.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I believe this facility is a great place to work at. My advisor is super easy to work with and she cares about you and wants to make sure you are comfortable and doing what you want to be doing. The parents are also really supportive knowing that I have not been a head teacher before and they trust me with their child, which gives me confidence.

1. Kia Oliver
2. Family Studies/Childhood education
3. Preschool/Toddler teacher
4. ~~Little Scholars Academy~~
3100 N. 14th St. Lincoln, NE 68521
(402)-477-0667
5. Its mission is to provide care and learning skills to children on a daily basis.
6. Kayla Munoz, Director/Owner, 402-477-0667
7. The purpose of my internship is to learn how to work with infants and preschool children. The main focuses are to learn proper care, learning tools and working with their families in a professional setting.
- 8a. My major work responsibilities were serving breakfast in the morning, working with the children ages 1-5 years old. Everyday they do circle time, art and free play. On certain days we do water play outside, play soccer and have movie day. I also was responsible for serving lunch.
- 8b. The skills I acquired were how to do proper discipline for children, healthy eating in children and adults and how to strengthen fine and gross motor skills.
- 8c. I gained the knowledge of how to run a day care center and how to work with families. I learned different activities that can be fun but constructive at the same time.
9. My most critical moment was dealing with a new child that had behavioral and listening problems. He came around the 3rd week of my internship and I was still learning many new things. Everyday that he came he would trip, hit and throw things at other children and teachers, throw outrageous temper tantrums and would not follow directions. The owner had several talks with the parents but nothing really worked so we had to terminate care for the child because it was hard to control him at the center. The parents were not very happy but the owner explained to me that the center is able to make the decision of not continuing care for serious behavior problems that cannot be handled.
10. My recommendations for future students would be to be open to all things at a daycare center because there will be plenty of things that you may not enjoy but it has to be done when working in a day care setting.
11. I would recommend this site because the workers are very helpful and patient with you. You definitely learn new things and working with the children can be very rewarding. I would just suggest that you be specific on what you want to learn and get

out of the internship because if you are not open about that information you may not get the experience you are looking for.

CYAF 497D

Internship Description

1. Natalie Johnson

2. Family Science

3. Education Intern

4. ~~Lincoln Children's Museum~~

1420 P St. Lincoln, NE 68508

(402) 477-4000

<http://www.lincolnchildrensmuseum.org/>

5. "The Lincoln Children's Museum invites children to create, discover and learn through the power of play."

Source: <http://www.lincolnchildrensmuseum.org/about/>

6. Regina Flowers

Education Director

(402)477-4000, ext. 117

7. The purpose of my internship is to assist Mrs. Flowers with the museum's 10-week camp. I am in charge of preparing things for the upcoming weeks as well as gathering supplies for the current week.

8. a) My main responsibilities include testing activities, filing paperwork, revising schedules, researching camp ideas, and assisting with the campers as needed.

b) I think my organizational and time management skills were greatly improved through this internship. Everything has to be done in a timely fashion and it is up to me to always be one step ahead. I also learned a lot about patience through working with the children and how to make the best out of a long day.

c) I believe I gained the knowledge to be a more professional and creative individual. Creativity is huge because I constantly have to think of new ideas and themes for the kids. I also feel like I gained more knowledge about children and how they interact with one another.

9. I think one of the most critical moments I had was with my supervisor and the other education intern when we sat down and reviewed the last month and also thought about what we want to accomplish in the future. It was a great time to reflect on what I've learned and improvements I can make. It also gave

me the opportunity to tell my supervisor what type of work I enjoy doing and where I felt I could be of use.

10. I would recommend that they be super organized and very skilled with communication. When I complete a task I often don't know what I should be doing next so I find myself constantly asking my supervisor what she's needs help with. It's important for me to be able to communicate with her as much as possible.

11. I would recommend this position to anyone who enjoys working in an upbeat environment. My supervisor has been great and my coworkers are all very supportive. It's also an excellent way to interact with children in an informal education environment. Overall it has been a great experience for me and I would tell anyone that's interested to apply!

Internship Description Guideline

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

1. Your name.

Courtney Quattrocchi

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Child, Youth & Family Studies

3. Practicum position title.

Intern (A position title was not given, but on my id it states "intern")

4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

~~Lincoln Police Department~~

575 S 10th St

Lincoln, NE 68508

(402) 441-7204

<http://www.lincoln.ne.gov/city/police/>

5. Mission of the organization or agency.

"We, the members of the Lincoln Police Department, working with all people, are committed to providing quality police services that promote a safe and secure community."

6. Supervisor's name and title,

Supervisor's contact number (phone and fax, if available).

Captain Joy L Citta

lpd429@cjis.lincoln.ne.gov

7. Describe the purpose of your internship.

Interact closely with members of law enforcement to determine if this is a career I would like to seek when I enter the workforce.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

125 department surveys must be completed to have a successful completion of the internship with LPD, these essentially are phone surveys to victims or witnesses to a crime about the responding officer(s).

I organize, collect, proof (read) and input statistical information.

8b.) What skills did you acquire over the course of your internship?

My typing skills have improved dramatically, I would hope so, considering all but eight hours of my internship are spent on a computer entering information into spreadsheet or word documents. I have always been professional, but engaging in professional conversations use to be difficult for me, this skill has been improving over the duration of my internship!

8c.) What type of knowledge did you gain?

I was completely unaware how important even the smallest detail was to law enforcement! Literally everything is documented! This made me understand how important details are in other aspects of life as well.

9. What was your most critical moment at your internship? Explain *why*.

My ride-a-long!!!! This opened my eyes to the life of a police officer, without a doubt my best experience in college! It is one thing to see downtown on a Saturday night from the eyes of a drunk girl stumbling in her own heels, it is COMPLETELY different seeing it from the eyes of an officer (ride-a-long) though. The night of my ride-a-long I had the privilege of going to detox twice, jail twice and once to the hospital... we are talking this is Lincoln, Ne and ride-a-longs are only four hours... BY FAR THE BEST EXPERIENCE EVER! This really opened my eyes to the things that I'm missing, that are literally going on right in front of my eyes!

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Learn to multi task... it is essential to becoming an officer, while on my ride-a-long the officer had two locations dispatches on, his ear piece in and managed to hold a full conversation and still focus on driving and being alert to our surroundings!
You must have GREAT social skills... being a people person is key to becoming an officer because you are literally dealing with people that have a problem with your job all day long. NUMBER 1 skill you must have for this internship... typing... you will be doing it A LOT, so if you can't, learn how or pick a different placement!

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

This internship is nothing like you would expect... It's a lot of busy work you are not getting paid for... you will do a lot of sitting in an office inputting information into the computer, but I would still suggest this placement for the ride-a-long alone! It is a once in a lifetime experience, even though as an intern you get to do it twice!!!

1. Lea Pruitt
2. Family Science/Spanish
3. Refugee Health Care Liaison
4. ~~Lutheran Family Services of Nebraska~~
2900 "O" Street, Suite 200
Lincoln, NE 68510
(402) 435-2910
lfsneb.org

5. Mission: *Lutheran Family Services of Nebraska expresses God's love for all people by providing quality human care services that build and strengthen individual, family, and community life.*

6. Lacey Studnicka, Program Coordinator
402-536-3500

7. Describe the purpose of your internship: My internship was a bit unique because I actually became a paid part-time employee working under a grant. The purpose of the grant is to make sure that all refugees get their immunizations within the first year of their arrival so that they are able to adjust their citizen status free of charge after one year. In addition to this, I served as a community health worker role, holding cultural orientations and health sessions.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

- Remind clients about appointments through letters and phone calls
- Coordinate with the Lancaster county health department to know and make appointments
- Put on educational health sessions
- Create monthly reports tracking refugee immunization progress and adjustment of status progresss

8b.) What skills did you acquire over the course of your internship?

- Working with multiple organizations to accomplish a task
- Working on an extremely culturally diverse team of people
- Learning to speak using an interpreter
- Learning how to write a grant report

8c.) What type of knowledge did you gain?

- How refugees come to be resettled in Lincoln and how the process of resettlement works
- Knowledge about the different government entities that work to fund refugee resettlement
- Knowledge about different cultural groups including the Karen and the Yezidi

9. What was your most critical moment at your internship? Explain *why*.

One of the most critical moments for me so far was when I held a health session for the Karen refugees. It was my first experience working in-person with a large group of refugees, and also my first time speaking using an interpreter. I coordinated the day along with Catholic Social Services caseworkers, so there was a lot of planning and coordinating involved. This experience put me out of my comfort zone, but was a very good learning experience for me.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My biggest recommendation would be to go in with as little pre-conceived expectations as possible. To be entirely honest, *no one* is fully equipped to work with the diversity at hand when we are talking about the refugee populations. It is not important to know everything; it is important to go in with the mindset of a learner.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would definitely recommend someone to go to Lutheran Family for their internship. I have learned a lot of information in a very short amount of time, and they have really trusted me to go out and be independent in the work I do. They have not micromanaged me or made me do very many menial office tasks, so I have gained a lot of experience.

1. **Name:** Spencer Smith
2. **Major:** Family Science
3. **Internship Title:** "Recreation Assistant" Intern

4. **Contact Information:**

Military Extension Internship Program

Jessica Wandless

Internship Coordinator

Military Extension Internship Program

Agricultural Administration Building, Room 30

615 W. State St.

West Lafayette, IN 47907-2053

<http://www.ydae.purdue.edu/military/index.html>

5. **Mission:** *"With the help of the Department of Defense and USDA the Military Extension Internship Program helps university students and recent graduates gain professional skills through unique internships that provide real-world work experience with military child and youth programs. These professional skills will help past interns competitively enter the workforce and have already done so for several past interns."*

6. **Contact:**

<http://www.ydae.purdue.edu/military/index.html>

Jessica Wandless

Phone: 765-496-7785

Fax: 765-494-0268

7. The purpose of this internship was to develop professional skills in working with children and families in a military setting. This internship is designed to give you the "leg-up" in the workforce, especially in the competitive market for jobs within the government.

8. **Work responsibilities, skills, and knowledge:**

8a.) My internship placement was at Eglin AFB in Florida, right along the ocean. I worked within the Child Development Center, Youth Center, and I spent most of my time in the School-Aged Center, which consisted of children from kindergarten through fourth grade. I shadowed classrooms, developed a summer camp, planned an end of the summer celebration, attended numerous meetings with administrative staff, and got an overall feel of the different programs offered on base.

8b.) I developed skills with working with military families, something I had never experienced before. I was able to develop professional skills when working in administration and many other aspects of military programs.

8c.) I learned so much through my internship. I was able to work with a population I had never worked with before, and that in itself was a learning experience. I was able to learn about the military lifestyle, which is something I knew nothing about. I also was able to rethink my

previous career goals after getting a feel for what my desirable occupation was. I learned about a career I didn't even know existed and it may even be something I want to pursue once I graduate. I also learned that networking is extremely important!

9. During my internship, the most stressful aspect was planning an outdoor adventure camp. Myself and two other interns planned a weeklong "military style" camp for teens. We created an itinerary full of daily activities, down to every last minute. Activities included paddle boarding, kayaking, snorkeling, low-ropes, and other outdoor survival activities.

10. If you want to apply for this internship, or any in general, make sure you communicate and make connections everywhere within your internship site. I have found that everyone apart of my program has made a difference in my life and has taught me something new. That ranges from Child and Youth Directors to kitchen staff to the maintenance workers. Never think you are too good or qualified to work in a certain position during your internship because you just might find that you learned something beyond what was originally intended.

11. I would **highly** recommend this internship to anyone searching for an internship site. It gives you the opportunity to travel anywhere in the world that has a military instillation. You must be able to work up to 10 weeks, but can have the opportunity to stay for up to 6 months on some bases. Best of all, this is a **paid** internship, and they pay you extremely well to cover costs of having to move. I was getting paid more than most employees that I was working with that had been there for 20+ years. You do not need any experience with the military, and it may open many doors you didn't even think about. I worked with multiple people who did this internship and ended up having jobs on base, and it is not easy to get a job on a military base if you are not a part of the military, or married to a military member. Even if you don't plan to work for the government on a base in the future, it is still a great experience!

1. Regan Koller
2. Family Science/Early Childhood Development
3. ~~Nanny~~
4. I was employed as a nanny for a family that I met through mutual friends.
Address is: 1110 Evergreen Drive, Lincoln, NE 68510
Contact number is: (402) 314-7341.
5. The mission statement of this family for me, as their personal nanny, is to provide high quality, professional childcare to the busy parents when they need it. While caring for their children in a safe and healthy environment at all times I will strive to provide top quality care.
6. Michele Johannes
(402) 840-3737
7. The purpose of my internship is to first and foremost care for the children. This includes: creating daily activities, attending story hours, reading books with the children, and helping with homework, driving to and from activities, and encouraging and supporting the children in those activities.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Some of the major work responsibilities during this internship include:
preparing daily meals and snacks, providing mental stimulation for them,
reinforcing appropriate discipline, providing transportation for the children and
facilitating playgroups and outings.
 - 8b.) During my internship experience I acquired many skills and some of which
include: patience, punctuality, communication skills, trustworthiness, and time
management skills.
 - 8c.) The knowledge that I gained during the course of this internship was that you
should always be prepared for anything to happen especially when caring for young
children because you don't always know how they will act that day. I gained more
confidence in my communication skills too.
9. The most critical moment of my internship experience was when I realized how much I
impacted the children's lives on a daily basis. They really look up to me and I feel
needed. Every morning I would receive a huge hug and that was a very critical part of
my internship. Knowing that I played an important part in their daily lives as a nanny.
10. I would recommend for future internship students preparing for their internship
experience in a similar position to always be able to adapt to situations because when
you are working with young children anything can come up. You must have patience
and be able to communicate with young children.

11. Yes, I would most definitely recommend contacting this family for a student looking for an internship in the future that focuses on early childhood development. I think that this was a great experience for me because I had to take care of and respond to the needs of the two children daily. I plan to become a School Psychologist and work with elementary age children and this particular internship really allowed me to put all of my focus on these children. I learned to adapt to their behaviors and thanks to this experience I have gained so much more knowledge and skills after working with this wonderful family.

1. Kathleen Hansen
2. Family Science major, Criminal Justice and Psychology minors
3. Child Welfare Intern
4. ~~Nebraska Appleseed~~
941 O Street, Suite 920
Lincoln, NE 68508
<http://neappleseed.org//>
5. Mission: To achieve systemic change for low-income and underrepresented Nebraskans.
6. Supervisor: Robert McEwen, Child Welfare Staff Attorney
402-438-8853 x115

Contact person who hires interns: Rebecca Gonzales, Immigrants and Communities Project Coordinator, 402.438.8853 x107
7. The purpose of my internship is to obtain experience in a law office that combines my interest in the well-being of families with my interest in the field of law.
8. a) My major responsibilities are to help primarily the child welfare team, but additionally any other staff member that needs extra help. I spend my time doing lot of research on issues pertaining to child welfare and writing reports on them. I also help circulate petitions and I am trained to help register people to vote.
b) I have acquired skills in communicating effectively with superiors and peers, as well as improving my researching skills. This internship is also helping to prepare me for the reports and case studies I will be writing in law school.
c) I gained a lot of knowledge on the foster care system and on how a non-profit firm runs. I also learned a lot about lobbying and Nebraska and state officials' approach to immigration, health care, economic justice and child welfare, (the four main focus areas of this organization).
9. My most critical moment at my internship was being recognized and appreciated for the work I do. The staff members at Appleseed are all very welcoming, open, and willing to help in any way they can with my projects or my life goals.
10. I would recommend that if you plan to go into an internship like this, you be prepared to sit and do a lot of research. It is hard work, but if you are passionate about economic justice, child welfare, health care access, or

integrating immigrants into the community, then this is the best internship for you. It is completely worth the effort.

11. I would recommend this organization to other future internship students, especially those interested in a career in law or non-profit organizations. The staff is great, the work is interesting, and it helps you gain experience over a full summer.

Valerie Roth
Internship Description

1. Valerie Roth
2. Family Science
3. Camp Catch-Up Counselor
4. ~~Nebraska Children Camp Catch-Up~~
215 Centennial Mall South, Suite 200, Lincoln, NE, 68508
<http://www.campcatchup.org/>
5. "Everything Is Better Together"
6. Alana Pearson-Camp Director
402-380-4552
7. Camp Catch-Up reunites separated siblings for a weekend of fun, adventure, and connection. While we can't put these sibling groups back together in the same home, we can give them a safe, exciting weekend together to share memories, laugh, and rekindle their bond with new traditions.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Most of my responsibility is focusing on the sibling group I'm assigned. My job is to keep them safe, happy, and having a good time. We spent our time doing group activities, playing games, talking, and working through problems.
 - 8b.) I learned new skills for talking and mediating with children. I've also learned how to deal with new problems that may come up and advise others.
 - 8c.) I've furthered my knowledge on working with others and mediating between family members. I've also learned about how to deal with different situations and work with children.
9. The most critical moment was when the siblings I was assigned didn't want to spend time together. It was very tough for me to get them both to share their feelings and work out problems. Since their past has been rocky, it was hard to get through to them and really think about the other. In the end, they both realized this was special time they got to spend with family, but I definitely struggled getting them to that point.
10. I would definitely recommend doing some time of work or spending time with kids before an internship like this. Realize how much patience and time it takes working with children, and definitely bring along a notebook, or have a place to write down notes and experiences.
11. This would be a great organization for anyone hoping to work with kids. This camp is exclusively for any child that has been in foster care and has a sibling, so it's great practice for

working with foster children. It's a great experience to create relationships and work with kids. If you want to work in more of an office setting, this wouldn't be the internship for you.

Internship Description

1. *Name:* Claire Pohlen
2. *Major:* Family Science
3. *Title:* Homeownership Coordinator Intern
4. *Site:* Neighbor Works Lincoln
2240 Q Street
Lincoln, NE 68503
(402) 477-7181
nwlincoln.org
5. *Mission:* "To help keep Lincoln a safe and prosperous community by revitalizing neighborhoods and promoting ownership."
6. *Supervisor:* Bill Porn, Homeownership Coordinator
(402) 477-7181
7. *Purpose:* To assist with the homeownership education program and to develop a budgeting and credit curriculum to be taught in future Home Buyers' Education classes.
8.
 - a) In my internship work I primarily assisted with record keeping and various office tasks my department needed completed. I attended several inspections, closings, and all of the Home Buyers' Education classes. As mentioned, I also developed a curriculum for budgeting and credit building that will be taught in the Home Buyers' Education classes.
 - b) I have developed new skills that primarily concern working with clients. I have never taught a group of adults in a classroom setting, so that was a very important skill for me to learn and one that I appreciated learning. My communication skills also benefitted, as I learned how to communicate with contractors, realtors, lenders, etc.
 - c) Primarily, I gained a lot of knowledge about the home buying process. I had never worked or volunteered for any organization pertaining to real estate. Most of my internship consisted of learning new information through perusing various literature and multimedia resources. I also engaged in many hands-on learning experiences such as attending home inspections and home closings. Even if I do not end up in a career relating to real estate, I am excited to have and utilize this knowledge for personal gain.

9. The most critical part of my internship was in the first week when I was lightheartedly criticized for my religious and political affiliations. While I found it to be very distasteful, I quickly realized that it would be up to me to respond with respect and kindness. I tried hard to not let it affect my overall attitude of the internship, but it certainly wasn't always easy.
10. My best recommendation is to *be open*. Be open to new opportunities, new fields, and new situations to meet new people. Far too many times in my life I have merely "stuck to what I knew" and passed up certain opportunities. I have now found that availing yourself to new experiences and skills is truly worthy of your time if you just keep your mind open.
11. I would recommend this particular organization to future internship students; however, I would highly recommend interning in the community building department. The internship I had was the result of a unique, temporary role that the homeownership department was looking to fulfill. I believe that if anyone were to intern in the homeownership department they would find that it's not as engaging as they may have hoped it would be. The community building department, on the other hand, would likely be quite engaging.

Internship Description Outline
CYAF 497D

1. Brianna Knoflicek
2. Major: Family Science
I. Minor: Education
3. Intern/Volunteer Assistant Teacher
4. ~~A. Northeast Family Center~~
 - I. 6220 Logan Ave.
 - II. (402) 471-3700
 - III. www.nfclincoln.org~~B. Brownell Community Learning Center~~
 - I. 6000 Aylesworth Ave
 - II. (402) 613-7432
5. Northeast Family Center is committed to building strong families and vital neighbors by educating, supporting, and advocating for the diverse children and families of the community.
6. A. Nicole Effle: School Community Coordinator
 - I. (402) 314-4558
 - II. neffle@lps.orgB. Tonya Beckenhauer: NFC Executive Director
 - I. (402) 471-3700
 - II. Tonya@nfclincoln.org
7. The purpose of my internship was to gain the knowledge, skills, and experience needed to work with elementary-age children.
8. A. My major responsibilities were to assist lead teacher with individual and group activities, build and uphold rapport with children, enforce rules and safety procedures, implement appropriate disciplinary practices, and maintain clean and safe environment.
B. I acquired problem-solving skills, patience, flexibility, and effective communication skills with students, families, and staff.
C. I gained some basic knowledge about working in a non-profit organization with low-income families.
9. A critical moment at my internship was when I was leading a physical activity in gym and some behavioral issues began to arise between a few of the kids. I had to figure out how to separate the kids misbehaving without causing extra outbursts, while keeping the other children on task. I had seen a couple of the boys running at each other swinging, but it was my first time handling it myself. It was a big learning moment and my first chance to practice the skills and use the knowledge I learned.

10. It takes a lot of effort to work with kids, especially one's with behavioral issues. I would recommend not overloading yourself during your internship, and making sure you have time to relax and recuperate.

11. I would recommend this organization to future internship students, and even though it was challenging at times, I learned a lot of new skills and knowledge while having fun.

Internship Description Guideline
(Due Friday, June 27th)

You are required to describe your internship in 1-2 typewritten
Pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by
future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph
form!

1. Brandi Jeffery

2. Family Science

3. After school / summer camp / mentor

4. ~~The Salvation Army~~

2625 Potter Street Lincoln, Nebraska

402-474-6263 ext. 508

<http://www.usc.salvationarmy.org/lincoln>

5. The mission of the organization is to give back to the community in a variety of different
ways. Such as, having mentoring programs for children, helping those that are less fortunate with
paying bills, and having food drives for everyone and anyone that is in need. It is also a mission
to lift people up and get them on their feet when they are struggling.

6. Stanford Bradley

402-474-6263 ext. 508

7. The purpose of doing my internship at The Salvation Army is to see what career I would like
to go into once I graduate. I know that I want to work with children or families in some type of
way but I am unsure of how. Working at the Salvation Army allows me to work with children as
a mentor. I can actually build a rapport relationship with the children and families and help them
if they are having any problems and need someone to talk to.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do?
and how did you spend your time?

My major work responsibility at the Salvation Army is to not only supervise the children but
to mentor them. I talk with them if they are having a problem as well as helping them build their
self-confidence. I encourage them to not give up and continue to stay positive.

8b.) What skills did you acquire over the course of your internship?

The skills I learned working with the children is having patients with them. Some of the children would act out and miss behave. I had to make sure I stayed positive and got on they're level and speak to them in a way that they understood and responded to in a positive way.

8c.) What type of knowledge did you gain?

While working with the older staff, I gain so much knowledge from just them. I learned how to handle certain situations when it came to the children acting out and not following the rules. I learned different ways of communicating with the parents and turning a bad situation into something positive.

9. The most critical part of my internship at the Salvation Army was getting to know the children and families and building a rapport with them.

10. I recommend future interns to take it one day at a time and have a strong heart for the youth that maybe be living under poverty level.

11. I would recommend The Salvation Army to anyone that is interested in mentoring and helping families and children that are in need.

Internship Description Guideline

6/23/2014 9:58:00 PM

Name: Natalie Lindner

Major: Child, Youth, and Family Science

Minors: Psychology, Gerontology
Gerontology Certificate

Practicum position title: Hospice Intern

Organization name: Tabitha

Address: 4720 Randolph St. Lincoln, NE 68510

Phone Number: 402.486. 8520

Website: <http://www.tabitha.org>

Hospice Supervisor: Susan Eichele- Hospice Volunteer Coordinator

Phone Number: 402.486.8506

Mission of Tabitha:

- Motivated by Christian compassion, Tabitha delivers a continuum of exceptional and innovative Elder care services that promote the dignity, independence and well-being of older adults. Tabitha offers Nebraska's first and only comprehensive line of Elder Care services. Through advanced in-home support, innovative living communities, exceptional rehabilitation services, experienced skilled nursing care and compassionate hospice support.

Purpose of internship:

- To become familiar with Tabitha, staff & their mission.
- To experience as many different meetings throughout Tabitha that involve patients and their families.
- To be a companion for patients in hospice.
- To learn and participate in hands-on administrative tasks.
- To shadow various careers in aging. To learn about end of life

Responsibilities, Skills & Knowledge:

- Responsibilities

- Attend meetings to observe how patients are being taken care and to learn about the prognosis of their end of life journey.
- Shadow various careers in aging such as activities directors, social workers, nurses, administrative assistants, and coordinators.
- Do projects for various areas of Tabitha such as filing patient records.
- Help with creating documents for events and volunteering at events.
- Skills Gained during Internship
 - Team Effort-working with a group of people to complete a task
 - Communication- speaking in front of a large group of people at meetings to discuss projects. Also, communicating with a supervisor to complete a schedule of shadowing and events to attend/volunteer for
 - Professionalism- dressing in a modest, professional manner each day is important to facilities and representing them
- Knowledge Gained
 - It is important to respect client/patient confidentiality and to not share information outside of the internship environment with others
 - Hospice is more about making a patient comfortable in their final days of life with friends and family and it's not focused on their illness
 - Employees/volunteers can become attached to patients personally and you must be willing to cope with that aspect of your career when working with hospice

Most Critical Moment at Internship

- My most critical moment at my internship was coming to the realization that death is a very real stage in a person's life and you never know what day is your last. I learned of many people who learned of their illness at a young age and didn't have much time to say goodbye and then they suddenly passed away. I learned that life is a short journey and that we should make the most of it while

we are here with our friends and family that we love and care about.

Recommendations for future internship students in this area

- Be knowledgeable with death and dying and the various stages that take place during the active dying stage. I highly recommend the course called "Death and Dying". Learn as much as you can about medical terms. Also, be prepared to do more projects than you anticipated on doing during your internship. Participate in as many activities and events as possible, as that is where you learn the most. Pay close attention to people you shadow and the people speaking in meetings.

Recommendations for Tabitha

- I highly recommend interning for Tabitha in any area but especially hospice because it is such a rewarding experience. You learn a lot about life and the end of life at the same time. Everyone at Tabitha is hardworking and kind. They will do whatever it takes to make sure you have the kind of experience you want out of your internship. You can chose what areas you enjoy the most and you learn more that way. Tabitha has many different areas to shadow in and learn more about the facilities mission to care for wonderful patients and their families.

1. Tiffany Benoist

2. Family Science

3. In-house intern

4. ~~Voices of Hope~~,

2545 N street Lincoln, NE 68510, 402-476-2110

voicesofhopelincoln.org

5. To provide services and information to victims of sexual assault, domestic abuse, etc.

6. Tracy Russell, Volunteer Coordinator,

7. The purpose of my internship is to help staff with office duties and to help clients who call or come in.

8. Work responsibilities, skills, and knowledge:

8a.) My major work responsibilities were checking messages, taking phone calls, opening the secured door for clients, directing clients to a staff, and some computer work.

8b.) I gained communication skills and time-management skills.

8c.) I learned more about domestic abuse and sexual assault and different legal procedures involved.

9. The most critical time at my internship would be any time a walk-in came in because I got to listen to personal information and I had to keep that private.

10. I recommend that students who do their internship here or somewhere similar to really put yourself in another person's situation and learn as much as you can about what is going on at the internship.

11. I would definitely recommend it because it is a great environment with awesome, friendly staff and it also serves a great purpose in the community.

1. Trang Phan
2. Family Science
3. Child Care Administrator Assistant
4. ~~Willard Community Center~~
1245 S Folsom Street
402-475-0805
www.willardcommunitycenter.org
5. Willard's mission is to help area residents grow, connect and contribute to the community.
6. Janelle Soderling – Executive Director
402-475-0805
7. The purpose of my internship is to get the feel of how the community center works and assists in helping families and children further develop their skills, knowledge, and in giving back to the community.
8. A) I have spend a lot of my time working in many different areas in the community center because I wanted to get a feel of how the community center works as a whole. Not only have I assisted in doing office work, but I have also assisted in the children's program from preschool to teens. Since it is currently summer, a lot of the time has been sent in developing relationships, and enjoying several different activities as a group.
B) The main skill that I hoped to acquire and is acquiring through the internship is leadership skills and how to be more assertive.
C) The knowledge that I gained was that while working with especially children you never know what to expect in the day. Children can easily have bad days, and bad tempers but I learned quickly that with children you have to be assertive and hold your ground even if deep down you may feel sorry and want to give in but it is important that the children understand you are the instructor and they must follow rules.
9. I think the most critical moment at my internship is when watching and/or dealing with children who have had a bad day and a bad temper. When watching other staff members handle certain situations it allows you to examine and take mental notes on what should be done, or how things should be handled. When dealing with the situation personally, it feels like a challenge that I have to overcome in not only trying to help and calm the child, but to also make sure that they understand you are the adult and there are rules to follow.
10. Future recommendations for students who will be interning at a similar position or organization are that it is best to keep an open mind and learn how to be flexible. Willard is not a massive organization, however it does consist of a great number of children and sometimes staff can be a bit short handed. So being willing, flexible, and open minded in learning and assisting in different areas of the organization can really help build experience.
11. I would recommend this organization to future internship students if you are interested in a smaller community based agency. Although the Willard Community Center isn't a massive place, there are a great number of children to work with. Their activities allows you to develop relationships with the children,

and develop or improve on skills such as communication or leadership. It's definitely a great way to get involved with children and the community.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Kali Hollstien
2. Psychology
3. Youth For Christ- Campus Life Leader
4. ~~Youth For Christ~~
6401 Pine Lake Road Lincoln Ne 68516
<http://www.yfclincoln.org/>
5. Youth for Christ Lincoln Area strives to reach all middle and high school aged youth in the Lincoln Area in developing a lifelong relationship with Jesus Christ.
6. Matt Schulte , Executive Director
(402) 420-7475
7. The purpose of my internship is to develop relationships with students and lead them to Christ. We want to help them find a sense of hope, purpose, and belonging.
8. Work responsibilities, skills, and knowledge:
 - 8a.) I volunteered for the community, volunteered at the Juvenile Jail mentoring girls, work with high school students
 - 8b.) I acquired better listening skills, organizational skills, teamwork skills, communication skills
 - 8c.) I learned more about statistics for middle school and high school kids in the Lincoln Area regarding drop-out rates, teen pregnancies, depression, etc. and brainstormed ways to help lower the risk and problems.
9. Because my internship was a job, I had to do a lot of fundraising for my salary. Fundraising humbled me and taught me that I have very little faith. But it also showed me how much people truly do care about helping others. I was met with an overwhelming response of financial support and emotional support. People care about helping others, which gave me motivation to keep doing what I am doing.

10. I would recommend to students to work with high school and middle school students. It not only allows you to give back and potentially change a life, but it helps you stay humble and to remember that you were once in their shoes. I would also suggest that they do some deep digging in themselves in order to better help others. Helping others can cause a lot of healing in your own life, especially if you are able to relate to those who you are helping. Being self-aware will help immensely in this field!

11. I would definitely recommend this organization to anyone! Youth For Christ is doing an amazing work in Lincoln Ne and in many other states. They are reaching students and changing lives. Hope, purpose, and belonging are being restored in the lives of students. It's also a very fun environment to work in. The people are loving and very passionate about others.