- 1. Schyler Hearn
- 2. Child Youth & Family Studies
- 3. CEDARS Life Skills Day Reporting Intern
- 4. CEDARS

Life Skills Center

6601 Pioneers Boulevard, Lincoln, NE 68506

(402) 434-5437

http://www.cedars-kids.org/

5. To help children who have been abused, neglected, or homeless achieve safety, stability, http://www.youtube.com/watch?v=h8gSJec2Lo8#t=12

6. Rico Zavala

Life Skills Center Program Manager

(402) 499-0511

rzavala@CEDARS-KIDS.org

Scott Weber

Youth Specialist III/ Day Reporting Supervisor (402) 580-4017

sweber@CEDARS-KIDS.org

- 7. Providing for the care and supervision of the youth and children in residence as well as upkeep of the physical environment. Daily functioning of the household, direct care services and organization and implementation of in-house activities. 8. PART A
- a. Assist in transporting youth to and from the center.
- b. Conduct client intakes, service plans, and discharges.
- c. Implement positive skill building activities consisting of, but not limited
  - Substance abuse
  - o Anger management
  - o Self-esteem
  - o Decision making
  - o Community service
  - Job preparation
- d. Provide a safe and stable environment for youth clientele
- e. Retrieve schoolwork and assist clients with homework

#### PART B

- a. Learn about youth community programs
- b. Learn about juvenile probation

- c. Conducting paperwork with and about clients (intakes, service plans, discharges)
- d. Deescalating negative client behavior
- e. Promote positive client behavior
- f. Client discretion

#### PART C

- g. Professionalism between interns and staff
- h. Professionalism between interns and clients
- i. Standards of community service programs
- j. Process of juvenile probation
- 9. Understanding my role as an intern to a client
  - a. Establishing authority
    - a. Maintaining your authority even if you have a client who is challenging
  - b. Giving repercussions for negative behavior
  - c. Listen to clients, not preaching to clients
  - d. Promote all positive behaviors
- 10. Use the knowledge you have learned throughout your courses but keep an open mind when talking/helping clients
  - a. Each client has a different story
  - b. One method may help one client but it may not help the next

Don't be afraid to jump in as a staff member

- c. Staff encourages interns to take on roles that a staff member would
- d. Clients know you're an intern but they still need to respect you like a staff member

### Know your limits/boundaries

- e. These clients aren't that much younger than you so being their "pal might come easy but you need to establish the professional boundary
- f. If a client asks you a personal questions (do you have a significant other, where do you work, where do you live, etc.) you don't have to answer. Establish professionalism and though they should feel comfortable to come to you, they don't need to know everything about your personal life!
- 11. I would highly recommend CEDARS Life Skills Center for other students to intern at. The staff is friendly and open to all questions you might have. You gain a lot of good experience with clients and other youth professionals.

Name: Jourdan Keber

Major: Child, Youth and Family Studies, emphasis in Family Science

Practicum Position Title: Day Reporting at CEDARS Life Skills Center (Youth Specialist intern)

Contact info:

CEDARS Home for Children,

6601 Pioneers Blvd.

Lincoln, Ne 68506

402-434-5437

http://www.cedars-kids.org/

**Mission:** "Helping children who face seemingly insurmountable odds is the important work of CEDARS... It is the mission of CEDARS to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships."- Quoted from CEDARS website

A safe place for kids, a non-profit organization, foster care services, helps all ages of kids, etc.

#### Supervisor:

Scott Weber, Youth Specialist III 402-580-4017

#### Describe the purpose of your internship:

Gaining experience working with at-risk youth, generally ages 12-18 to help them achieve success in their communities and lives. Help them with homework, school issues, community service, finding jobs, meaningful activities and group or one-on-one work. Overall, help the youth with their life skills.

#### Work responsibilities, skills, and knowledge:

# a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

Usually the first thing I would do when I arrived at 8, was have a brief meeting with my co-workers. We would discuss how many kids we'd have for the day, activities we had planned, and the order we would pick them up. We would then pick the kids up, and either go do some type of activity (like applying for jobs) or come back and work on current events, homework, or other group activities. Each day there would be some paperwork to do, which I sometimes did. A lot of time was spent either in group work or one-on-one with kids. They had lunch there and we took them home around 130-2, and then the evening kids came in. I spent most of my time either with the kids or doing paperwork.

#### b.) What skills did you acquire over the course of your internship?

I learned how to become a positive authority figure, how to do several types of paperwork, computer and software/printing/technology skills, professionalism, proper work etiquette, etc.

### c.) What type of knowledge did you gain?

I learned a lot about our juvenile system, as well as how to work with youth/teenagers in general. I learned some about policies for schools, foster kids, JDC, parole, probation, etc.

## What was your most critical moment at your internship? Explain why.

I don't think I have any one particular moment that really stands out. Every single day was a new learning experience and I got to work with new kids almost every day as well. I got to hear a lot of peoples' stories and help make a difference in their lives. I felt like I made a difference, which is really my ultimate goal in my work.

# What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

Do some research before you start, ask A LOT of questions, get as much experience as possible, do something you will love, always ask for help if you need it.

# Would you recommend this particular organization or agency to future internship students? Why/why not?

CEDARS is an excellent, highly recommended and reputable organization. They have wonderful employees and are doing great work for kids and families. My supervisor and all my co-workers were really nice, helpful and knowledgeable. I actually had fun, and never dreaded going to my internship. It was a great learning experience.

#### Internship Description

#### CYAF 497D

- 1. Kylee Kirchoff
- 2. Family Science
- 3. Intern with CEDAR- Foster care department
- 4. CEDARS-Foster Care department

Address: 6601 Pioneers Boulevard

Website: http://www.cedars-kids.org/

- 5. One of the main focuses of CEDARS is to make the kids and families they work with feel comfortable and safe; although their main goal is to really focus on the needs of the kids and to make sure they are and feel safe and secure. They also work to place kids in foster homes that can take care of them when the kids can no longer stay in their original home (whether that be for a short, long, or indefinite period of time.) "CEDARS responds to both immediate and long-term needs in serving abused, neglected and homeless children and families in need of support." (CEDARS website)
- 6. Stacy Frank (supervisor)

sfrank@cedars-kids.org

402.802.8238

- 7. The purpose of my internship is to shadow the Family Resource Partners (FRP) who work within the foster care department at CEDARS. Some of the FRP's help with visitation; some work as family support; and some work with licensing foster homes. I shadowed any worker who had hours that were compatible with my own. The main focus of my internship was to learn the ropes of working with youths in foster care. I wanted to learn the skills, business lingo, and see the atmosphere of an agency to the side of working with families that dealt mostly with kids in the foster care department. I was like a sponge trying to soak up as much information and experience as possible.
- 8. **a.)** Filed paperwork into client files; attended court hearings; typed up home studies; attended staff meetings. I shadowed as many FRP's as I could when their schedules worked with mine.
  - b.) and c.) I learned what was considered okay to ask families and kids when doing intakes or home study updates. I learned some of the abbreviations that they use in this department. I worked with some of the paperwork they usually work with so I got a sense of what information to search and ask for. I learned about how working with a team (comprised of the families, schools, other agencies, and the state DHHS) is extremely important and helps aid in making your schedule and job go just slightly easier.
- 9. Going to court meetings (so far). It is the part of the job that I find not as exciting as the rest of it. It is, in my opinion not the exciting part of the job unless it is an adoption hearing. Getting to know the families and participate (in a way) in their lives gives you

#### Internship Description

#### CYAF 497D

the opportunity to really get to know a family and talk about something that is so important to them. You get to see people happy when they adopt one of their foster children and that moment is so endearing and hopeful!

- 10. Be prepared to really set aside a lot of extra time when interning because the FRP's have a lot of home visits and out of office time where they have to meet up and check up on their families so this requires a sort of flexible schedule. It's hard to be able to find time between doing the internship, school, and your own job, but the overall experience of the internship really tests you or gives you a sense of whether or not you want in this line of work or not. And there are some really cool, funny, and endearing moments.
- 11. Absolutely I would recommend this to someone. The job these people do can really help and impact a family or person so personally. They can really offer support and services to a kid who may not have even had a proper living condition previously and I had a really great experience when I was there. I have also heard past experiences that are always happy with their working past with CEDARS. I highly recommend them.

Maureen Murray

Major: Family Science

Family Specialist

**CEDARS** Youth Services

6601 Pioneers Boulevard

Lincoln, NE 68506

CEDARS-kids.org

The mission of Cedars is to help children who have been abused, neglected or homeless achieve safety, stability and enduring family relationships.

Supervisor

Sarah Dankenbring

Carol Yoakum ECDC

4621 N.W. 48th St.

Lincoln, NE -- (402) 437-8923

The purpose of my internship is to help me get real experiences in working with a new group of kids that had different challenges than the groups that I have worked with in the past. As well as to

I spend most of my time working with the preschool and school age kids. I work with the preschool every morning mostly as an extra staff for a child with autism. A few staff from LPS also come to work with him so I have been able to grow my professional network with not only CEDARS but other organizations they work with. I do the after school program for the school agers that attend Arnold Elementary I will also be working fulltime this summer with the school agers so I spend time getting that program ready. I have acquired a lot of different skills throughout this semester but I think that the most important one is how to work as a team. I help step in where help is needed or I provide someone a sub or allow them to go on their breaks. In my past employment we all had our own duties and we never rotated around and at this site everyone is there to help everyone and I have loved being able to learn how to work with all ages and all different staff. I have learned a lot from the staff on how to better approach the kids that have a bit more behavior problems. In my past experiences I never worked with someone with a behavior disorder or parents that don't really parent so the kids are really disrespectful. It is hard to put into words how much I have been able to add to my tool box of working with kids because of watching the staff here.

My most critical moment was the first time I ran circle time on my own for the preschool. Circle time is when they discuss the weather, read a book, go through the calendar, and connect the letter of the week with real words. It is so much learning in songs and little skits. I was so nervous when I was told I was going to run it on my own for the first time because often times there are a few that won't sit

nice or they mess with whoever is sitting next to them. After I got through the weather song, which was a little rough I started the days of the week song and everyone was paying attention and singing along it was a huge moment for me because I felt that they respected me and listened to me like the staff that they have had for years.

I think that if you want to learn how to work with all ages in a short amount of time then this is the perfect place. You learn about families and we have a few wards of the state and learning disabilities I have been exposed to a lot more than I ever would have expected. I think that being open and outgoing and ready to jump in when and where is needed.

I would absolutely 100% recommend CEDARS. There are a lot of different opportunities at CEDARS and everyone is so friendly and ready to help. I have been able to ask about other programs and meet the people who run all the programs. The internship coordinator is always willing to help and she called and checked in after the first half of my hours where done to make sure that I was getting what I wanted out of my time and it just makes you feel good to know that they care to call and ask. My supervisor and I work together to make my schedule for what I want to do or spend more time when the kids are napping or if things are running smoothly. I have done very little paperwork if that is a concern to future students.

Brittany Neville

Family Science & Education

Temporary Relief Specialist

CEDARS Group Homes 8 6601 Pioneers Blvd, Lincoln NE 402-434-5437 www.cedars-kids.org

It is the mission of CEDARS to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships.

Bridget Olson-Program Manager 402-730-5384

The purpose of the RYS is to provide additional staff coverage for CEDARS group homes; including coverage for crisis management, time-off requests and vacant positions. RYS will work on an as-scheduled basis and will be responsible for providing additional staff support and/or coverage during absences of direct care staff.

My main responsibility was to supervise the clients in the group homes. I was responsible for transporting clients to school, doctor's appointments, therapy, etc. Time was spent making appointments for clients, relaying information between caseworkers, probation officers, therapists, schools, etc. I was also responsible for documenting on each client at the end of my shift. On non-school days, I would need to prepare a life skill or program activity for the clients to do and ensure they completed it. The main skill I acquired over the course of my internship was gaining experience working with teenagers with special needs. I learned more about placements teenagers get when on probation or state wards. I worked with a large group of social workers and gained experience working with multiple people.

My most influential moment occurred about halfway through my internship. A case worker and program manager decided of the clients at the girls home needed to move to a different placement. The girl found out the night before it happened, and I helped her pack her belongings. It was difficult to see how little this girl had, not only just in possessions, but also in stability and a home life. Since she was a state ward, she had no real home. She expressed how sad she was that she didn't have a real family, home, and no one wanted to adopt her because she was older and had a record. This was very eye opening to me and made me more aware of the struggles these kids go through. It made me realize how important people who work with these kids are and how forming positive relationships with them is something they need.

I recommend future internship students to choose this agency. I also recommend applying for the job position like I did. Since I was an actual employee of the agency, I got a lot of training and was held accountable like any other employee who worked there. I finished my internship hours within two months of the beginning of the semester but continued to work there. Since the group homes need staff 24 hours a day, it is easy to get hours completed.

1. Your name: Daniel Utter

2. Major area of study or focus: Family Science

3. Practicum position title: Life Skills Center

4. Organization:

**CEDARS** 6601 Pioneers Blvd Lincoln, NE (402) 434-5437 www.cedars-kids.org/

- 5. Mission of the organization or agency: Helping children who face seemingly insurmountable odds is the important work of CEDARS
- 6. Supervisor's name and title Megan Danowski Assistant Program Manager (402) 802-8751

7. Describe the purpose of your internship

The purpose of my internship is to work with children who are currently part of the Juvenile Justice System and teach them different skills and lessons to help them get back on track. We work with kids on helping them get jobs, give them information on the dangers of drugs and teen drinking, and various other group to help them receive further education on the dangers some of their choices have.

8. Work responsibilities, skills, and knowledge:

8a.) The majority of my work responsibilities was planning groups for the day, interacting with the kids, picking up and dropping off kids from school and home, and paperwork. Interacting with the kids during groups that are planned each day was the most important of the day, just because you want them to grasp the information given and hope that they take it all in. The other things that I would do was create progress notes for each kid each day, intake for kids their first day at CEDARS, service plans on what we want kids to gain while at CEDARS, discharges for kids who leave, and filing paperwork.

8b.) What skills did you acquire over the course of your internship?

I think the skill that I most developed while working at CEDARS was being able to talk and connect with the kids. When I first started I was shy when it came to interacting with the kids and did not know how to interact with them. As time progressed I became much more comfortable on talking with them and maintaining a friendly, but authoritative boundary with them. I also became more comfortable working as a team member with the staff. The staff was very helpful and taught me what it means to be a team member and also taught me how to communicate with them as well.

8c.) What type of knowledge did you gain?

I learned a lot about the Juvenile Justice System while at CEDARS. I was able to gain knowledge as to how it works, what hierarchy it present, and a lot of reasons as to what crimes children commit. I was also able to learn about the kids who were at CEDARS and what kind of things inspire them and works well with them and what upsets them and how to manage that boundary.

9. What was your most critical moment at your internship? Explain why.

I think that the most critical moment of my internship was the first time that a kid at CEDARS came up to me and asked if I would be a reference for them for a job. I think that it was the most critical moment for me, because it was one of the first time I realized that some of the kids at CEDARS do not have a lot of people who are there for them and how badly some need positive role models.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend that future internship students do some research on the Juvenile Justice System and CEDARS. I would like them to know that there is not always positive experiences working with the group of kids that Life Skills Center does, but the good times definitely outweigh the negative.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would recommend CEDARS for future interns highly. It has been a great experience and I have learned a lot during my time there. The staff that I have worked with has been amazing and taught me many things that I hope to continue to use after I graduate. I have learned a lot about working with all types of kids and think that is the best thing that I have taken from my entire internship.

- Michelle Wilgocki
- Child Abuse (Forensic Interviewer)
- Intern (4 different rotations)
- Child Advocacy Center

5025 Garland St

Lincoln, NE 68504

(402) 476-3200

http://www.smvoices.org/

- The Child Advocacy Center establishes a safe, child friendly environment for
  interviews and medical evaluations for the alleged child victim and offers continued
  support to the child and non-offending family members. We also promote
  specialized training for professionals as well as public education and prevention
  efforts.
- Cary Simpson-Program Director
   <u>cary@smvoices.org</u>
- The purpose of my internship is to become familiar and get first hand experiences with the child abuse allegation processes. As an intern you will assist with the four positions; Forensic Interviewers, Advocates, Case Coordinators and attending the front desk (secretary). You will also be able to make relationships with the LPD, HHS, CPS and be able to attend different training seminars because they are held in the building next door to the Child Advocacy Center.

- The major work responsibilities varied with each position. With forensic interviewers I would watch the interview live over cameras in the observation room with the LE and HSS and then I would write the summary on NCATrak. With the advocates I would sit in on the advocate and caregiver's meeting. With case coordinators I would write the information and summary that comes with every intake and for the front desk I would answer and transfer the calls. I acquired a full understanding of the process of a case started from the call and possibly ending in court. I also acquired full skills on a fax machine and transferring calls. I gained knowledge with what everyone's jobs are (law enforcement, HHS, interviewers, advocates and coordinators).
- My most critical moment at the internship was when everything started to make sense. At first it was a lot to understand but after working with everyone and experiencing it all it made sense and became a lot more interesting.
- My recommendations for future students are to be sure you are ready for very graphic details of child sexual abuse. It is very sad at times but rewarding knowing that these kids are getting helped now. They usually don't hire because most of the positions take a masters, but you make excellent connections with HHS, CPS and law enforcement. You also get to attend multiple child abuse trainings, which will look great on a resume.
- Yes, because it is very rewarding knowing that you are helping children. I also loved that I was never idle and I was always working on something.

- 1. Zaire Anderson
- 2. Family Science major
- 3. Pod controller
- 4. Child Youth Detention Center

1200 Radcliff

Lincoln, NE 68521

http://www.lancaster.ne.gov/youth/index.htm

- 5. "The Mission of the Youth Services Center is to protect the interest and safety of the community and the resident by providing a secure, safe and structured environment for youth and to offer the necessary educational and developmental resources to a culturally diverse detention population."
- Michelle Sheli Schindler, "Facility Director"
   402-441-7093
- 7. The purpose of my internship is to gain knowledge in the area of dealing with youth, specifically youth from different social economic backgrounds.
- 8. Work responsibility, skills, and knowledge:
  - a. My work responsibilities included making sure the children in the center were behaving and getting along with each other. I also did activities with them like bible study, basketball, and went to court with the inmates.
  - b. The skills that I had acquired over the course of my internship were building relations and interacting with them. Ex: I was able to have a deep conversation with one of the girls that did not have many friends or did not interact with any of the other workers.
  - c. The knowledge that I have gained includes working with different youth from different types of backgrounds and knowing how to treat them different based off of that. Ex:

- Some of the youth were in the center because they were abandoned by their family, and others were there because they had committed crimes.
- 9. One of the most critical moments of my internship was when one of the girls told me that her dad, uncle, and granddad had raped her as a kid. Her being raped made her not able to trust anyone; she also tried killing herself multiple times while at the center. She really opened up to me and one of the staff that works their said she never talks to anyone. I was personally very touched that she thought I was someone that she could talk to; it really made me feel like what I was doing was really impacting others.
- 10. My recommendations for future internship students are to go into the internship with an open mind. There will also be a lot of listening to the inmates stories and how some of the choices that they have made are affected by their intergenerational family patterns. It is important for these youth to have someone to look up to and have as a positive role model. When I get into my career, I hope to be a positive role model for these kids and let them know that I am there for them to talk to.
- 11. I would recommend this particular organization or agency to future intern students who are interested in dealing with youth who have been abandoned by their parents, abused, criminals, or who enjoy trying to motivate youth to get on the right path of their life.

Internship Description

Carlie Christiansen

Major: Family Science

Position Title: CLC After School Instructor

Clyde Malone Community Center 2032 "U" Street, Lincoln, NE 68503 Ph: 402-474-1110 www.malonecenter.org

The mission of the Malone Center is to strengthen the Lincoln community by serving as a cornerstone for educational, cultural, and advocacy programs.

Supervisor: Troy Mack School Community Coordinator <u>tmack@lps.org</u> Ph: 402-436-1347

The purpose of the after school programs is to provide opportunities to extend and expand the school day by providing a safe, energetic, and fun learning opportunities for students. The after school program supports academic, civic, creative, social, physical, and emotional development for students and serves the needs of the families and the community.

Work responsibilities included supervising all participants in a safe environment, greeting parents, and signing-out students.

Skills acquired was becoming an effective communicator with adults and students, and demonstrating and organizing classroom management.

Knowledge gained was being able to take in-class learned material such as, human development and being able to apply it to real life situations.

The most critical moment was helping a parent and student resolve interpersonal relations with each other and another student. It was critical because I helped the student understand that the other student was "not a good friend" with support from the parent.

I would recommend to not be afraid of middle school aged children. They are challenging, but also wonderful. They need guidance and support to be successful in school and life. It is a wonderful opportunity to be a mentor and teacher to young people who deserve and need it the most.

I would highly recommend Culler Middle School. It was a great experience and provided so many learning opportunities. They were very flexible with my school schedule and responded well to my internship needs.

- 1. Makeal Miller
- 2. Child, Youth and Family Science
- 3. Early Head Start Intern
- 4. Community Action Early Head Start, 210 O Street, (402) 471-4515, <a href="http://www.communityactionatwork.org">http://www.communityactionatwork.org</a>
- 5. The mission at Early Head Start is to empower families and people struggling in poverty to reach their full potential in life.
- 6. Supervisor- Lynne Cook, Family Educator supervisor, lcook@communityactionatwork.org
- 7. The purpose of my internship is to get a hands on experience with working with low-income families.
- 8. The major responsibilities at this internship is being able to develop and plan home visits, document and keep notes of certain information during the visit and also being open to any tasks that may need done in the office. Tasks such as organizing and putting together props for a community play group, organizing and developing an informative flyer or brochure for the families on certain events that are taking place in the community, etc. The skills that I have acquired over the course of this internship would be the amount of knowledge I have learned about the processes that go into helping low-income families. There are many opportunities that are offered and I have learned so much about the efforts from the community that plays in the overall development of these families. Another skill that I have gained over the semester has been the confidence when it comes to independently working with the families. I have learned a lot of different teaching strategies and ways to go about working with the different needs of the different families.
- 9. The most critical moment at my internship was the experience I had to be a part of an adoption. I had been on several home visits with this family and grew really close with them. She was fostering these three children and had been hoping to finally make the adoption official. I was able to attend court and witness this process and it was a very critical and moving experience for me.
- 10. One of the biggest recommendations I would have for future students would be to be you and be confident! That is the strongest quality these families are looking for and it is so important for these families to be comfortable with you. A lot of issues discussed aren't always pleasant issues and it is really comforting to not only you, but for the families to know someone is there

who cares and is a true, understanding, helpful person. Go in with confidence and you will get a lot of amazing opportunities out of the internship!

11. I would highly recommend this organization to students! The staff is wonderful and the supervisors are all very helpful. The family educators all take you right under their wing as if you are another employee in training. They are very welcoming and do whatever they can do help you grow into the profession or goals you are aiming towards. You have your own little the profession or goals you are aiming towards. You have your own little desk in a cubicle and they treat you just like another co-worker! It is very desk in a cubicle and they treat you just like another employee and awesome to fit right in and feel as if you are just like another employee and it to not just a student. It is a great place to be and I would highly recommend it to anyone who is interested in working with low-income families or pregnant mama's! ":)

Sanida Lipnicevic

Family Science & Education

Children and Family Services Division

Department of Health and Human Services 5220 S. 16<sup>th</sup> Street Lincoln, NE (402) 471-3121 http://dhhs.ne.gov/

The mission of the Department of Health and Human Services in helping people live better lives.

Amy Lauritsen- Child and Family Services Specialist Supervisor 402-617-7147, 402-477-0039 fax

The purpose of a Children and Family Service Specialist is to assist families who are court ordered by the judge to work with the Department of Health and Human Services. As an intern you will assist caseworkers in completing various tasks such as making phone calls, scheduling appointments and filing.

My main responsibilities were to shadow Child and Family Services Specialists while they did their face to face contacts with children, parents, and any out of home placement providers. I was also able to shadow family team meetings, Court proceedings, and other meetings. I also observed Child and Family Services Specialists completing Court Reports, doing their documentation, and helped with filing. At times I would make phone calls for caseworkers to schedule doctor appointments and get students enrolled in school. I acquired great communications, and organization skills while filing and making phone calls for caseworkers. I gained lots of knowledge through court cases. I learned all the services that DHHS provides and learned lots of laws through the court system.

One of the most critical moments in my internship happened in the second week of my internship. The caseworker got a call from the drop in worker that the father and mother were not following the court order with having visits with both parents there. We had to call the judge who signed the court order before we went over there to remove the children. The caseworker and I went to the house to see if this was true. It was one of the hardest and longest rides to the house that I have ever been on. We had to remove the children from the home and take them to a foster care. This was very eye opening to me and made me realize that this was actually better for the children and the judge had put in a court order for a specific reason. It made me also realize how hard caseworkers work to find a foster care placement for children who are removed from the home.

I do recommend future internship students to choose this agency. I got a lot of face to face interactions with clients and this is was the most beneficial. It was also a pleasure to attend court hearings and be a part of many cases. It was great being able to go out of town with caseworkers and do visits with families and attend other courts out of town. The best feeling was being part of a case where the parents got reunited with their kids. This was my most favorite part of all.

# Internship Description Guideline (Due Friday, April 4th)

# You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

**Assignment:** Follow the outline below; complete the assignment in **outline form-** not paragraph form!

- 1. Raquel Torres
- 2. Major: Family Sciences
- 3. Children and Family Services Specialist (Caseworker)
- Department of Health and Human Services 5220 South 16<sup>th</sup> Street Lincoln, NE 68512 (402) 471-3121 http://dhhs.ne.gov/Pages/default.aspx
- 5. The mission of the Department of Health and Human Services is to help people live better lives through effective health and human services.
- Supervisor: Jamie Bahm, MS; Children and Family Services Specialist (402) 917-7012
   Fax: (402) 477-0039
- 7. Describe the purpose of your internship.

My purpose for doing my internship at Department of Health and Human Services was just to get to know the field a bit more. Going into this I had no idea what exactly I wanted to do with my degree and I thought that working with a caseworker could help orient me a bit. I ended up with a caseworker who deals with juvenile delinquents which was an age population I have never worked with; thus, it gave me some experience as well.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

Attended court hearings, family team meetings, re-entry meetings at the Lincoln Public School District Office, visiting youth at the detention center, and documenting team meetings.

- 8b.) What skills did you acquire over the course of your internship? Some skills I acquired were learning how to set goals or know what services are needed for a family depending on their case. Further, I also learned more professional skills as to what's okay or not okay to do or share with a family.
- 8c.) What type of knowledge did you gain? Overall, I gained general knowledge about working with youth/teenagers. I learned that many of these youth who are in the system have often experienced or witnessed domestic violence, sexual abuse, child abuse, or suffer from mental disorders. There are obviously cases where these youth have been living in a healthy family/environment and they are just youth that don't want to follow rules, but many cases do involve the above situations.
- 9. What was your most critical moment at your internship? Explain why. I'm not sure if I had a specific critical moment. Overall, I valued all the time I spent at the internship because it gave me more experience with working with families.
- 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

A recommendation I have would be to always be comfortable about asking questions. There are so many abbreviations being used constantly and if you don't know what they signify most likely you're going to be lost. Lastly, another thing I would also recommend would be to be emotionally prepared for the amount of sad cases you will come across. I knew that I would be interning at a place that deals with families who have undergone domestic violence, sexual abuse, and drug abuse. However, it's a much deeper experience once you actually get to meet these families.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would recommend this site because it gives you a different perspective about working with families. Overall, it lets you view the legal process which these families go through and the variety of services they must attend before being able to get removed from the system.

- 1. Jaclyn Long
- 2. Major: Family Science
- 3. Women's Advocate Intern
- 4. Friendship Home

Friendship Home – 402-437-9300 P.O. Box 30268 Lincoln, NE 68503

http://friendshiphome.org/

- 5. Friendship Home exists to support, shelter and advocate for women and children who are victims of domestic violence.
- 6. Leah Droge, Internship Coordinator leahd@friendshiphome.org 437-9312
- 7. I chose to be an internship at Friendship Home because I had multiple friends who told me that it was a great place to work and was full of opportunities to learn more about what goes on in a domestic violence shelter, and to become more intimate with the details of domestic violence.
- 8. Work responsibilities, skills, and knowledge:
- 8a.) The major work responsibilities of my internship include answering the phones and crisis lines, processing requests of women seeking shelter, assisting women and children currently in shelter with requests for food and clothing, finding them information for other resources if we don't have the items they need, resolving conflicts between residents, and having current knowledge of who is in shelter and what is happening in shelter.
- 8b.) Over the course of my internship I learned how to effectively deal with confrontation, how to use complex phone lines, and how to separate emotions/preconceived ideas/personal beliefs from helping women do what they think is necessary to move to the next step of getting where they want to be, even if you don't agree with it.
- 8c.) I gained professional knowledge about what are acceptable boundaries between clients and staff, how to handle tense situations where you're expected to be a mediator, and how to help people in the middle of a crisis situation. I also learned personal knowledge about some of the terrible things that can happen in abusive relationships and because of abusive relationships.
- 9. One of the most critical moments for me at my internship was one of my first shifts I attended. One of the women had drank some pine-sol on accident because she thought it was apple juice, and she became very agitated and escalated, because she was worried. One of the staff members called poison control, and we (staff) eventually calmed her down enough to tell her what she should do, and in the end it turned out fine, but it was very critical moment before

we knew the possible outcomes from her drinking pine-sol.

- 10. Don't be afraid to go out and interact with the clients as soon as possible. The sooner you start the better, because the more experience you'll gain and the better the experience you will have. Also, don't feel silly about asking questions or asking for help, the staff you work with are great at giving advice and help, you just need to ask.
- 11. I would definitely recommend this site for future students seeking an internship. The experience is extremely rewarding and you get to work with phenomenal women who are great teachers (not just the staff but the women in shelters as well). The work you do is helpful for future jobs you may have.

# Internship Description Guideline (Due Friday, April 4<sup>th</sup>)

# You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

**Assignment:** Follow the outline below; complete the assignment in **outline form-** not paragraph form!

- 1. Alexandra Stachiw
- 2. Family Science
- 3. Position: Women's Advocate Intern
- 4. Friendship Home 402-437-9302P.O. Box 85358 Lincoln, NE 68503 www.friendshiphome.org
- 5. Mission of Friendship Home: Friendship Home exists to support, shelter, and advocate for women and children who are victims of domestic violence.
- 6. Supervisor: Leah Droge, Intern/Program Coordinator 402-437-9312
- 7. Purpose of internship: To learn how to interact with women and children who are victims of domestic violence and help advocate for them.
- 8. Work responsibilities, skills, and knowledge:
  - 8a.) Work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
    - Answer crisis line
    - Interact with clients within shelter
    - Stock supply closets
    - Clean around shelter
    - Play with kids when mom needs a break or has counseling appointment
  - 8b.) What skills did you acquire over the course of your internship?
    - How to initiate conversations with women within the shelter setting
    - How to answer the crisis line and take a request for shelter
    - How to solve ethical dilemmas

- How to listen and process domestic violence with victims
- How to interact professionally with colleagues

8c.) What type of knowledge did you gain?

- Learned more about domestic violence and broadened my understanding of it
- Learned why women who are victims act the way they do
- Learned that communal living for domestic violence victims may not be the best
- Learned that in order for shelters to be successful everyone must work together and
- 9. What was your most critical moment at your internship? Explain why. The most critical moment in my internship was when I met with my advisor for my first evaluation. This was very critical because my advisor pushed me to go outside of my comfort zone and achieve more during my time at Friendship Home. She encouraged me to not stay in the office during my shifts and interact more organically with the women and children in shelter. She also stressed becoming more comfortable with answering the crisis line and expressed her confidence in me that I could handle it.
- 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would highly recommend several things to students who are preparing for this internship. First, I would highly suggest doing some basic research of domestic violence and victims. Also, I would practice interacting with new people such as in public or in your classes. This will help you be more comfortable working with and interacting with new clients.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

Yes, I would definitely suggest my internship. I would suggest it because of all the skills and knowledge I've gained in my three months so far. All the staff are very supportive and welcoming to each other and interns. I never felt below any of the staff and always received

#### Internship Description April 4, 2014

- 1. Stacy Luedtke
- 2. Family Sciences
- 3. Program Director
- 4. High Plain's Alzheimer's Special Care

5601 South 84th St

Lincoln, NE 68516

(402) 413-0465

- 5. Committed to being the leader in providing quality personal services for our residents, while honoring the experience of aging.
- 6. Emily Gossard -- (402) 413-0465
- 7. The purpose of my internship was to work with senior citizens with Alzheimer's disease. I was assigned to the Activities & Program Development department; at High Plain's their residents are not just placed in front of a television all day, they are encouraged to attend multiple activities on a daily bases, an average of 4 activities a day. My job consisted of monitoring breakfast and helping those who need help, leading activities like coloring, artwork, puzzles, golf, basketball, and other stimulating activities, leading exercise and also playing catch with a beach ball (which is their favorite thing and can get crazy).
- 8. From the time I get there until the time I leaving I am consistently on my feet interacting with residents, conducting and implementing all different kinds of programs. Multiple skills are acquired during my time at this location, from

- becoming very personable, and development more and more responsibility, to gaining a vast knowledge of dementia, and the Alzheimer's disease in general.

  Alzheimer's is a very interesting and serious disease, and although you can learn all about it through books, the knowledge that is gained through my experience at High Plain's is nothing like reading a book.
- 9. I would say the most critical moment at my internship what the first time one of my residents past away. Understanding death and coping with death is impossible, but throughout my time at High Plain's I really began to develop my own personal way of coping with the death of someone whom I truly began to develop a relationship with. The first death was of a lady that was just such a wonderful, bright, and cheerful individual, and not only do you develop relationships with the residents but also with their family. Also helping them through this loss is just as emotionally entailing. It became a critical moment in where I knew what I wanted to do with my life and being with these special people was just that.
- 10. My recommendations would be to make sure you are on a schedule and are extremely organized. Not only is it easier for you but also it's so much easier for the residents to remember who you are if they see you at the same time each day. It's also important for you to not easier get embarrassed or offended; these residents don't really comprehend what they are saying and often times they will just forget any incident that happens. Don't sweat the small stuff.
- 11. I would most definitely recommend this location for an internship, however make sure you are available there in the afternoons, mornings are very slow and often times it hard to really get any activities done. If you want to work with persons with

Alzheimer's or dementia, or just senior citizens in general than this is the place for you. I will tell you also that working with senior citizens with Alzheimer's is seriously like working with children at times, fun and stressful at the same time.

Chancellor Smith

Child, Youth, and Family Science

Mentor

Indian Education (LPS)

The mission of Indian Ed is to work towards educational progression and attainment for all Native students in the Lincoln Public School Systems.

Valery Copeland Native Advocate

402-612-3348

The purpose of my internship is to provide academic assistance for Native youth in LPS, in an effort to work towards combating other factors that may be hindering the educational experience for the mentees. Outside of the academic assistance there is a purpose of building a relationship and friendship between mentor and mentee. I am more than someone who helps them with school relater materials I have grown to be a role model and a true friend to my mentees which is more important because that last forever and is a primary focus of the mentoring experience.

My major responsibilities are driving to schools meeting with my students and helping them with whatever work their teachers may have for them or missing work they may have. Once we finish the work we talk or I will let them use my computer or phone to play games for my younger mentees. With some of my older mentees schools have been nice enough to allow me to play sports with them in the gym and engage in playful activities also. I spend a nice amount of time talking to the students I mentor also just seeing how home life is how their day is going along with various other topics, conversation is a big part of my work.

I acquired better homework assistance skills considering it had been awhile since I was required to do the work my mentees are given. I feel I also learned a lot from the teachers in classrooms of how they lesson plan and how they run their classrooms. I also learned how they dealt with children who were being disruptive and or not participating in class. So I feel I learned little skills and methods that will help me as I work towards being a teacher myself.

I gained classroom management knowledge for the times I spent in class with specific mentees. I gained knowledge on the Native American culture and their treatment in the school systems today. I also gained knowledge on the lack or representation and the work that my manager puts into trying to reach as many of the students as possible and help them in any way she can. I also gained knowledge on what it takes to get to know how a specific race is treated in the world. Through my time mentoring I have seen some of the injustices and disparities in the Lincoln schools systems in regards to Native Americans in which I was unaware of beforehand.

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My most critical moment was when I found out a High School student was arrested for an attempted murder charge. Just a few weeks ago I received a letter from him and he let me know how much it meant that I was willing to help him. It really inspired me to continue to do this type of work because the students really appreciate a role model especially a male role model as many of these children I mentor are in foster care in and out of homes and have no male figure outside of teacher they may not trust or like. It was also critical for me to find out he was going to jail because now he falls into a statistic and another Native male trapped in the system with an ongoing struggle to overcome once his release.

I would just tell them to be prepared to see some injustices and situations you will want to change but you cannot. Also to be themselves and show that they care because kids can realize that quickly I would also say to give it your all and don't short change the youth help them as much as you can in any way that you can. I would recommend this organization to future students because Natives are overlooked in our world and honestly they need more mentors yet many only do it for class requirements and not just because they want to help the students. It feels wonderful to know I am helping a group of people that need it and that I am making a positive change for a race of people who have been mistreated for years and still deal with mistreatment to this day.

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# Internship Description Guideline (Due Friday, April 4th)

# You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in outline form- not paragraph form!

#### 1. Your name.

Allie Daro

# 2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...) Family Science

### 3. Practicum position title.

Youth worker

### 4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

Lighthouse

2601 N Street Lincoln, NE 68510 (402)-475-3220

www.lincolnlighthouse.org

### 5. Mission of the organization or agency.

"To increase the likelihood of high school graduation of middle and high school-aged youth by providing high quality programming."

### 6. Supervisor's name and title,

Supervisor's contact number (phone and fax, if available).

Falah Âl-Hirez, Volunteer Coordinator (402)-475-3220

### 7. Describe the purpose of your internship.

The purpose of my internship is to learn how to interact with youth in a positive, pressure-free environment. I am supposed to learn how to deescalate conflict between youth, offer advice, and be a positive role model to the youth.

### 8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

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Most of my time is spent interacting with the youth whether it be playing sports in the gym, helping them with their homework, or just sitting and talking with them. Once or twice a week I will help in the kitchen to prepare dinner for the kids. Sometimes I go on outings with the kids and staff, such as going to Morrill Hall or the zoo.

8b.) What skills did you acquire over the course of your internship?

One of the skills I gained was learning how to interact effectively with the kids. At first I was hesitant and didn't know how to talk to them but after a couple weeks I learned how. Also, I learned how to pick up on each kid's different personality style and how to interact with each kid individually. I also learned a lot of cooking and kitchen skills from helping out in the kitchen so often. Another skill I learned was how to be stern and appropriately handle conflict with the youth. At first they didn't take me seriously when I told them to stop doing things but after watching the staff handle situations and by me asking questions, I learned how best to handle different situations.

8c.) What type of knowledge did you gain?

I gained a lot of knowledge about how teenagers are these days. Although I wasn't a teenager all that long ago, things have significantly changed since I was in high school. Also, I learned a lot about how the kids' pasts have shaped and influenced their lives and how they handle different things. I also learned a lot about the kids' expectations for themselves. For example, if their parents didn't go to college, a lot of them don't have any intentions or desire to go to college.

#### 9. What was your most critical moment at your internship? Explain why.

The most critical moment at my internship was when one of the kids took my bracelet and refused to give it back. He thought it was funny and was running around with it and wouldn't listen to me when I would ask for it back. Finally, I had to involve a staff member who ended up getting it back and the kid got in trouble for it. It was so critical to me because this was near the start of my internship and I didn't know how to handle the situation. He wasn't taking me seriously; it took a staff member to get him to give the bracelet back. The moment sticks out to me because it was very awkward and uncomfortable both at the moment and for a few weeks after because the kid was holding a grudge for me "getting him in trouble". So for the next few weeks he would just glare at me and not talk to me which the staff kept reminding me was normal and that he would come around but it was still very uncomfortable.

## 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Always remember that you can't save the world. In other words, remember that you can't help or save every single teenager. I went in with these high hopes of having a positive impact and changing the lives of all of the adolescents at Lighthouse. After a few weeks, you come to the realization that that isn't possible; some kids don't want to talk or open up and other kids think their poor behavior is cool and won't even give the time of the day to try to help them see differently. It's great to still try, but just don't get discouraged when you can't seem to reach certain kids. Also, it's important to be laid back and never act like you're above them. I always went in with a relaxed attitude and took the kids seriously when they spoke to me, even if in my head I thought it was a bunch of bologna. They appreciate being taken seriously and listened to by adults. That's one of the greatest things I think I could have done for them!

11. Would you recommend this particular organization or agency to future internship

students? Why/why not?

I absolutely would recommend Lighthouse to future internship students because it is such a welcoming, loving place to be. Even when I was stressed out or having a bad day, the happiness and positivity there is contagious; it's almost impossible to stay in a bad mood once you get there! Also, it's very low-key and laid back as far as the workload goes. Most of the time you are playing games or interacting with the kids, not taking phones or doing paperwork all day. Also, the staff there is so great! They're a very close-knit group of people but they always included me and made me feel welcome. and made me feel welcome.

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#### - Dan Kiser

- Family Science
- Position- Premarital/Family Life Intern
  - o Lincoln Berean Church
  - o 6400 S 70<sup>th</sup> St. Lincoln NE, 68516
  - 0 402-483-6512
  - o www.lincolnberean.org

#### - The mission

 To spread the Gospel around this city, country, and world while offering services to members and non-members such as counseling, financial advisement, support groups, etc.

#### - Supervisor

- o Kyle Helmink-Premarital Pastor
- o 402-483-6512 (ask for Kyle Helmink)

#### - Purpose

- To be trained in ways that will benefit the future career of someone going into family life ministries, family/couple counseling, or possibly pastoral ministries.
- Responsibilities, skills, knowledge
  - <u>Duties may include but are not limited to</u>: assisting with premarital classes, assisting any member of the family life team, going through trainings, attending different classes, reading materials, attending staff meetings, guiding couples through premarital assessments, interviewing staff for views on your future career
  - Skills you may acquire: teamwork, training in the PREPARE/ENRICH program, pastoral training, certification/training to perform wedding ceremonies, basic knowledge on how to teach parenting, premarital, marriage, and recovery type classes.
  - Knowledge you may acquire: how families/marriages should be help together and what makes them tick, how to deal with clients in a professional manor, what it looks like to work in ministry
- The critical moment

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o For this internship the most important moment in my belief is when trying to decide where your internship will be. The family life ministry is large with areas anywhere from premarital, singles, women's, to anywhere you can imagine across the board of children. That being said there is usually a director of each area and the key is choosing which one will be your supervisor which will change how your internship will look for the whole semester.

### - Recommendations

- This internship is almost strictly for people who want to work in some area of the church or through ministry. If that is where your passion lies than it can't hurt to see whether or not someone at Berean would be willing to offer you an internship. The only thing is that these internships don't usually exist on their own, they're something that you have to ask the church/department to make. Also if you're really wanting something out of this internship don't be afraid to ask. I wanted to be licensed as a pastor so that I could perform my friend's wedding as well as others and that happened because I was willing to ask.
- This is a great place to work and it is very flexible with students. My schedule was my own, my supervisor was amazing and he really tuned the internship to my desires, and if you're wanting to go into counseling this is the only position that you may actually have face time with clients before you get into a master's program.

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- 1) Melissa Kline
- 2) Family Science
- 3) Daycare and Preschool caregiver
- 4) Organization: Little Leaf learning Center Address and contact: 2317 South 135th Avenue, 402-515-7234 Website: mylittleleaf.org
- 5) The mission of this organization is to provide an inclusive and safe center for children of all abilities. We are committed to strengthening the educational, behavioral, social, gross and fine motor skills of children, including those with developmental disabilities.
- 6) Supervisor: Kim Yaeger, Program Director 402-515-7234, kim@mylittleleaf.org
- 7) The purpose of my internship was to figure out if working or starting my own daycare was what I truly wanted to do for my career.
- 8) Working responsibilities, skills, and knowledge
  - 8a) My major responsibilities were helping with preschool lessons, helping to get lunch ready for the kids, put the daycare kids down for nap, clean, play with the kids and get them a snack for after nap.
  - 8b) I gained many skills such as getting hands on experience with kids who have disabilities, becoming certified in CPR and first aid, creating activities for the children during preschool, and helping out with the tutoring sessions in the afternoon.
  - 8c) The knowledge that I gained includes learning sign language, learning about the different kinds of Down syndrome, learning to effectively communicate with children who have disabilities, as well as learning more about autism. My knowledge also grew in the requirements of a daycare and rules, as well as the food program that the organization used.
- 9) I feel that my most critical moment at my internship was becoming an authoritative figure to the children, because in the beginning I was only seen as another playmate to the kids, which made it really difficult when I needed them to listen to me and to follow directions. It was a challenge in the beginning but it take me new ways to communicate with kids in order to get them to listen and take me seriously as a teacher and adult that they need to listen to. It was a challenge that I needed to learn how to handle for the future if I want to work with children.

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- 10) My recommendations for future students looking to intern at similar organizations would be to expect some chaotic times, and do not get upset over the little things. Kids can be unpredictable and you just have to go with the flow and accept that everything cannot be perfect with children around.
- 11) I would absolutely recommend Little Leaf Learning Center to future internship students because I learned so many new things and I feel extremely confident with my knowledge. The supervisor was great in helping me with anything I needed as well as giving me some independence to thrive on my own with the children. Students will not be disappointed if they choose this site, and every day is a little bit different so you are always getting to experience something new. Plus the kids really keep you moving, which is great if you do not want to sit at a desk all day.

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- 1. Tina Johnson
- 2. Child, Youth and Family Science and a minor in Education
- 3. Assistant teacher for ages 6months- 12 years old.
- 4. Little Munchkinland Dayeare/4440 N. 24<sup>th</sup> Street (402) 742-4776/Litlemunchkinland.com
- 5. The mission of the organization is to keep children active and engaged so that they will learn and have fun while they are way from their parents. Also, their mission is to play, learn and grow...Together.
- 6. Cheryl Dubas is the owner of Little Muchkinland, Little Brookland and Tiny Tots.
- 7. The purpose of my internship was to learn more about daycares and how they are run a long with teaching and playing with little children. Throughout the time at Little Munchkinland some of the main purposes is to keep excited and learning new material that they are going to have to keep with them for the rest of their lives such as, learning how to count numbers, their ABC's, shapes and colors.
- 8. A. For the most part of the time when I was at Little Munchkinland I worked with the two's, three's, four's and the school agers. Throughout that time their was different responsibilities for each group such as, when it come to the two's you have to make sure that they are in the right area, that they get changed and don't get into anything that is dangerous. Most of the time when I was with the two's I would read to them, color, take them outside, change their diapers and watched them play. When it came to the three's and four's I would let them color, watch them outside, read to them and play with playdough. If I was with the school agers I would watch them play, take them to the gym or outside.
  - B. Some of the skills that I acquired are that two's do not have a big attention span but they like when you read to them or take them coloring. Also, I have learn that if a four year old does something then everyone else that age will follow what they do even if it is something that they are not suppose to do.

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- C. The knowledge that I have gain is how to talk to younger children and that they are not all the same and sometimes time out is not the best solution for some children.
- 9. One of my most critical moments was when another child got into a fight over markers, which that was critical because they got into a big flight all because they didn't want to share. Therefore, I had to separate them and put them in time out.
- 10. Some of the recommendations that I would have for future internship students is to go into the daycare with an open mind and don't be afraid of the children. Also, come up with some activities or events to do with them because if they are bored then you will be too.
- 11. Yes I would recommend this site to someone that is interesting in working with children and/or daycare because the children are great and they care about you as much as you care about them and they are fun to be around.

Christy Rohe CYAF497D Internship Description Guideline April 4, 2014

- 1. Your name: Christy Rohe
- 2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...):
  - Family Science
- Practicum position title:
  - Marketing and Communications Intern
- Organization / agency name:
  - Nebraska Children and Families Foundation

Organization / agency address and contact number

- 215 Centennial Mall S #200 Lincoln, NE 68508
- 402-476-9401

Organization website if available

- http://www.nebraskachildren.org/
- 5. Mission of the organization or agency:
  - Nebraska Children and Families Foundation supports children, young adults and families
    at risk with the overall goal of giving our state's most vulnerable kids what they need to
    reach their full potential. We do this by building strong communities that support
    families so their children can grow up to be thriving, productive adults.
- 6. Supervisor's name and title:
  - Kelly Medwick, Chief of Staff

Supervisor's contact number (phone and fax, if available):

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Christy Rohe
CYAF497D
Internship Description Guideline
April 4, 2014

- 402-617-0348
- 7. Describe the purpose of your internship.

I believe the purpose of my internship was to help me realize what skills sets I strive at in a professional setting. It taught me a lot about what I liked to do and did not like to do. It served as an awesome networking opportunity and I learned about a lot of other organizations. I was lucky enough to get hired on with my internship as a job after graduation.

- 8. Work responsibilities, skills, and knowledge:
  - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
    - O My work responsibilities changed on a daily basis. I rarely have found myself doing the same thing. Overall I helped organize a lot of things that the marketing and communications department used on a daily basis. I also acted as a helping hand with funding and development, database management, promotional pieces, and event planning. I have written blogs for our website, speeches for important voices in Lincoln, and did a lot of note taking.
  - 8b.) What skills did you acquire over the course of your internship?
    - I learned how to make changes to websites, write a blog, use many different functions in excel, and how to use two different contact databases.
  - 8c.) What type of knowledge did you gain?
    - I have gained a lot of knowledge about how non-profit organizations operate. I now understand how grants work and where funding for non-profit comes from. I have also become more familiar with our government officials and what kind of things they are doing to help child welfare.
- 9. What was your most critical moment at your internship? Explain why.
  - I don't know that I had a specific moment that I consider critical. It has been a process. I learn something every day. The more understand things the better at my job I have become. The most awesome moment at my internship is when I got to hand deliver a note from one of the richest men in the country to all the senators.
- 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?
  - I thought that I wanted to work hands on with children and families to make a difference in their lives. I have learned through this internship that you can work in a lot

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Christy Rohe
CYAF497D
Internship Description Guideline
April 4, 2014

of different fields to make a difference. I was able to look at the bigger picture in this internship. My advice would be to not rule out a more business level approach in the field that we have studied.

- 11. Would you recommend this particular organization or agency to future internship students? Why/why not?
  - Yes, I would. I loved it. The people are amazing and the organization is amazing. I have learned a lot and can't wait to continue a career with them. Not only that, it was a paid internship and a pretty good paying one at that. It is a very flexible and relaxed environment. Everyone is very helpful and kind and you meet a lot of people from other organizations as well. It is a great networking opportunity and people that can get your foot in the door in many different places.



- 1) Courtney Harpham
- 2) Family Science
- 3) Initial Assessment Case Worker
- 4) Nebraska Department of Health and Human Services (DHHS)
  - a) (402) 471-3121
  - b) 301 Centennial Mall S, Lincoln, NE 68508
  - c) Nebraska Department of Health & Human Services P.O. Box 95026, Lincoln, Nebraska 68509-5026
- 5) The DHHS plays many roles in our community. Their main mission is, "To help people live better lives." To assure this happens, they work with a variety of people and other organizations to improve our overall community's wellbeing. The populations they work with include troubled families, the elderly, low income and disabled people, and other public health organizations. They really value the needs of others, and make efforts to our public advance.
- 6) Julie Zegers
- 7) My internship position was within the Division of Children and Family Services. This department strives to help and improve the lives of children and families in the Nebraska area. They work with families who have history of domestic violence, sexual abuse, child abuse, child neglect, as well as drug abuse. There are a number services this department works with such as foster care, adoption, juvenile services, child support enforcement, and many more that relate. Their sole purpose is to make sure that families and children are receiving the help they need to lead healthy and happy lives.
- 8) My time interning with the Division of Children and Family Services brought on many new experiences and responsibilities.

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- a) It's the responsibility of the intern to gain as much knowledge as possible by helping out when needed by documenting certain cases, shadowing on visits, sending out faxes to different organizations, and jumping into help whenever possible.
- b) I acquired skills in learning how to asses family's risk levels on cases, how to conduct interviews with children and families, how a safety plan works, and how to remain professional in difficult situations and conversations.
- c) During this internship I also learned how long the court system can take on making decisions on cases, I learned about many different organizations that reach out to help families in need, the process of the removal of children, and how the legal process just works in general in many different aspects.
- 9) The most critical moment in my internship was all of the children and family interviews. This seems to be a very important part of the job because there is a lot of time spent doing this.
  This was also the most interesting and rewarding part of the job as well.
- 10) I would advise future internship students to go into this experience very open minded. The DHHS works with a variety of different types of families, and some of the cases you read or experience firsthand can prove to be very difficult to deal with. Mainly just go in there expecting to have to deal with disturbing things, and remember that you are there to help the people in need.
- 11) I would recommend this internship to anyone who want to, or is will to, help families that have issues beyond their control. I enjoyed this experience mainly because it was always rewarding at the end of a day because you know you are doing something for the good of others, and that is a great feeling to have!

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# Internship Description

### Name:

Natalie Lewis

Major Area of Study or Focus:

• Child, Youth, and Family Studies

### Practicum Position Title:

- Community Learning Center Assistant Teacher
- Food Distribution Coordinator

## Organization Name/Address/Website:

- Northeast Family Center
- 6220 Logan Avenue
  - o Lincoln, NE 68507
- www.nfclincoln.org

## Mission of the Organization:

 Northeast Family Center is committed to building strong families and vital neighborhoods by educating, supporting, and advocating for the diverse children and families of our community.

## Supervisor's Name and Title:

- Tonya Beckenhauer- Executive Director
  - 0 (402) 471-3700

### Purpose of Internship:

- Provide me with a wide variety of experiences of working for a non-profit.
- Provided me with knowledge and ways of adapting to many different situations, such as:
  - working with families
  - o children
  - o others in the community

## Work Responsibilities, Skills, and Knowledge:

- Major work responsibilities:
  - The majority of my time was spent working with the students in the afterschool programs.
    - Made the lesson plans
    - Worked with the students to complete the plans that were made.
  - Worked with the children in the daycare
    - Helped with their daily routines.
  - Helped once a week with the food distribution program,
    - Provides bags of food to those within the community who are in need.

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- o Some office work, such as:
  - Recording food distribution information
  - Other office related tasks
    - Filing papers
    - Recording information
- Skills Acquired:
  - Lesson plan making
    - I learned how to make effective lesson plans, and implement them.
  - Working with children and families
    - Gained knowledge of how to get on the child's level to better understand their needs
    - Help parents understand the needs of their child/children
    - Educate parents on how to better care for their child/children
  - Working with people in the community
    - Able to better understand how to meet the needs of those within the community
- Knowledge Gained:
  - Learned every aspect of running a successful Creative Learning Center after school program
  - O Shown what it takes to run a non-profit business
  - Given advice about and shown how to understand each child or family's unique situation
  - Learned about the different needs within the community and given the knowledge on how I can help make a difference in the lives of many

### Most Critical Moment:

• My most critical moment was when NFC was going through some staffing changes. They had a few positions open up unexpectedly, and I stepped up to help out as much as I could. This experience put me to the test and tested my true abilities, but also made me feel proud to be helping out in their time of need. This time may have been my most critical, but it was also a very valuable experience.

#### Recommendations:

- Learn about the business beforehand
  - Know what services they offer and what you are most interested in helping with
- Be open to learning new things

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- Go in with an open mind and try new aspects of the business, even if it may not be exactly what you want to be doing
- Take every opportunity that is presented to you, if possible
  - o Gaining a wide range of experiences will be very beneficial when deciding what you really like, and what you may not be as interested in.

Would you recommend this particular agency to future internship students?

I would definitely recommend Northeast Family Center to future internship students. They provided me with a wide range of opportunities, each which were very valuable in my career decision making. NFC was flexible with my school schedule, and still provided me with many valuable experiences.

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- 1. Blakelee Brazda Internship Description
- 2. Major Family Science, Option A (Human Services)
- 3. Title Foster Care Specialist Intern
- 4. NOVA Treatment Community
  - Omaha Office: 8502 Mormon Bridge Road, Omaha, NE 68152 (402) 455-8303
  - Lincoln Office: 3140 O st. Lincoln, NE 68510
  - Website: http://www.novatc.org/
- 5. Agency Mission "NOVA Treatment Community is passionate about providing treatment services, education programs and foster care services for children, adolescents, adults and families. We are committed to helping empower individuals and families to experience a life without substance use, family turmoil and other problems that adversely affect their lives." - Quoted from NOVA TC website.
- 6. Sharri Gregg, Foster Care Supervisor (402) 440-2153
- 7. Internships, especially for the Lincoln office, are relatively rare for NOVA and because of this, the definitions and procedures of the internship are very flexible. The overall goal of the internship is to provide the intern with practical knowledge and experience in the foster care field. You get to accompany the Foster Care Specialists as they attend home visits, team meetings, court dates, etc. and learn about how they serve and advocate for foster parents within the confusing foster care system. The flexibility of this internship is really helpful because it allows the intern to have a say in what aspects of the job they want to focus on and how in-depth they may want to learn about each aspect of the job.
- 8. Work responsibilities, skills, and knowledge:
  - 8a.) A lot of what I did in this internship was simply shadowing the foster care specialists as they completed their duties. I got to accompany them as they attended team meetings, which are the meetings that take place between all involved in the case (biological parents/family, parents lawyers, guardian ad litem, case worker, etc.) to discuss progress, issues, etc., attended court dates, conducted home studies and home visits, etc. I also spent some time helping in the office with organizing foster parent files, foster child files, etc.
- 8b.) This internship has helped me to hone my organizational skills, especially by learning new ways to facilitate organization and how to organize a much larger amount of information than I do as a student. Also, this internship helps you learn how to interact/communicate with a variety of people. For example, I had to be comfortable speaking with foster parents about their needs and how the relationship between their family and the foster child was going.
- 8c.) Most of the knowledge that I gained was simply taking concepts about families, how family systems work, the foster care system, how foster care effects children, etc. and learning how these concepts are applied in the practicality of the job.

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- 9. I think that the most critical moment of my internship were the moments when I had to interact with the families. As an intern, there was not much responsibility ever placed on me but when I was interacting with the families, I was presenting myself and the company which was a little nerve-wracking. The whole point of this career is to help foster kids and foster families work well together and so I think that the interaction with the families is always going to be the most critical part of the job.
- 10. There is not a lot that you can do *before* the internship to prepare for it I think that working with foster families, so much of the decisions are based on individual situations and interactions that I don't think you can ever be completely prepared for it. I would say be ready to interact/meet a lot of new people, be friendly and open, be willing to learn and try new things and new situations, and ask a lot of questions of your supervisor throughout the internship.
- 11. I would absolutely recommend NOVA as an internship site. I did my internship at the Lincoln office, which is very small and the workers there are extremely friendly and supportive. I learned a lot about how the foster system works and since my internship was so flexible, I was able to focus more on the things I wanted to learn about or needed more instruction in and less on other things. Also, the work is very fulfilling working directly with the foster families, you have a direct impact on supporting the foster families and the foster children while they are going through this time.

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- 1. Whitney Messersmith
- 2. Child, Youth, and Family Studies
- 3. Intern working at the mission
- 4. People City Mission Homeless Prevention Center 2615 O Street

Lincoln, NE 68510 Phone: 402.475.6888

http://www.peoplescitymission.org/index.php/distribution-center

- 5. The Homeless Prevention Center is a place where people can go to get food, household items, clothing, and personal care at no charge to the individuals that need these services.
- 6. Nora Ragon: Volunteer Coordinator nragon@peoplescitymission.org 402.475.6888
- 7. The purpose of my internship was to interact with individuals and provide the services that theses individuals needed.
- 8. My major responsibility at the mission was to sort different items. We would get donations in which need to be put out in the store for the people to have. Also, I worked in the front a lot which is where the food was distributed. I would sort the food that came in and organize it for the people. When shopping time came around I helped the people in directing them how much they could take of a certain item. Also, keeping it stocked for the people. In a matter of 4hours we on average see over 80 people. Another aspect that I liked was working on the weekends when we would have different volunteer groups come in. I would help instruct them on information about t the mission. And what they would be working on with the time we had.

Skills that I acquired were better communication skills. Because some of the people come in and do not speak English you learn different ways of communicating. Also, communicating with the people that I worked with I needed to know how much food we were putting out and what food we were putting out. Another skill that I acquired was better leadership skills. When the volunteer groups did come Nora my supervisor would often times take a group and I would take the other group. This gave me the opportunity to be a leader and give direction to individuals, a lot of the times they were older than me. Which was intimidating to me, but it gave me an opportunity to step up and show that I can be a leader.

Knowledge that I gain included a better understanding of people. Especially lower economic statues individuals that are trying to better themselves. I gained a better understanding that lower economic individuals are not lazy they are trying but the way the system is set up causes a lot of cards to be set against them. Because of my time at the mission I have become more knowledgeable in working with people and serving people.

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- 9. My most critical moment at my internship was when people would tell me thank you. It was not like I was doing anything spectacular for these people. I was handing out food and telling them what they could have. But when I though more about it, a lot of these people the food I was handing them was there only source of food. It became more than just handing out food. I was an active part on these people daily lives.
- 10. My recommendation for future students in a similar position as me is to know that it is a lot of hard work. Lifting food boxes and other heavy items I did on a daily basis. Which did not bother me; I really enjoyed working with the staff at the prevention center. Also, to know that it is a Christian based place, we open every morning with a prayer with the people that we serve.
- 11. Yes, I would recommend this for students for an internship. Working at the mission has allowed me to grow in ways that I cannot explain. You become a lot more aware of what you buy, because you see people that go with less than what you have daily. Also, you are serving people in need which is in itself a great feeling. Lastly, the staff at the mission truly care about you and are great people to work with and easy to talk to if you need information.

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Kristen Fisher
Child Youth and Family Studies: Family Science

Political Field Team Representative

Sid Dinsdale for US Senate Evan Stewart – Political Director 402-905-9412 20330 Veterans Drive, Suite 6 Elkhorn, NE 68022 http://www.sidforsenate.com/

"I am a Pro-Life, Pro-Family Conservative who passionately supports policies that promote the family, and I will fight for these rights in the US Senate."

Hannah Lysone — Lincoln Political Site Director 402-779-6015

The purpose of my internship was to push the name and ideals of Sid Dinsdale out into the public in order for people to recognize and understand him and his stance on topic during his run for the US Senate seat.

Work responsibilities and knowledge:

- My main responsibility was making phone calls in the office that pertained to providing information to the public as well as asking members of the public their stance on certain topics and if they were interested in gaining more knowledge about my candidate and if they were comfortable with expressing who they were possibly going to be voting for in the upcoming May 13<sup>th</sup> Primary. Along with phone calls, I also made what are called knock-arounds, which is where people on the campaign walk around the different precincts of Lincoln, knock on doors and ask registered voters (Republican voters for this campaign) if they were interested in supporting Sid Dinsdale.
- Patience is the main skill that I gained over the course of my internship. It's something that I learned from making countless phone calls day after day, hour after hour. Another skill that I feel that I gained was the ability to not take things too personal. Some of the phone calls that I have made were to some people that weren't the nicest or most respectful people over the phone, and it definitely made me understand and have patience with people that have to make surveys over the phone.
- I gained a lot of knowledge on the political front, which is something that I definitely wanted and was interested in. I recommend to anyone, interested in politics or not, to get involved with a campaign because of the knowledge of not only how political campaigns work but the knowledge I gained on and about topics within the political realm was something that I'm extremely happy with.

The most critical moment within my internship was when my office had to switch sites a couple weeks into the semester because of the location being one that wasn't as close to campus as the Political Director liked. It was a challenge because we had to do work about the campaign out of the office; lots of research about districts, political history within districts, information about polling stations and

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polling history, and even population break downs of all the counties in Nebraska and organizing it onto a spread sheet.

Something that you need to keep in mind if you're interested in being an intern on a Senate campaign trail is that you need to be able to be an open communicator with what's on your mind about the campaign. Don't ever be afraid to voice your opinion, even if you feel like it's wrong, because the directors would much rather have to explain their reasoning for what they're doing than have to retrace their steps and do something different in the long run. It might seem daunting to approach your candidate but the candidate you're working for is just like anyone else, a person. He or she is running for political office because they care about the public and they love working and bettering the state or district that we live in, which means that they'd love to talk to you about whatever you want campaign related or not.

I definitely recommend for someone to become more involved within the realm of a political campaign. This candidate more than likely won't be occurring after this primary, but that does not mean that you will not have another opportunity to intern or volunteer on a campaign. There will always be someone running for a position; Senate, Governor, Precinct, Mayor, etc. Politics are important. They shape us as a nation, and who ever says otherwise is wrong. Working with people who can have a voice with where this wonderful nation of the United States of America can expand and develop for the better is something that never should be taken for granted. These candidates need the public's support more than ever, and having a University student stand behind them shows that not only are you interested in politics, but that you yourself are interested in become a leader in the near and up and coming future.

### Internship Description

- 1. Alaina Higgins
- 2. Family Science
- 3. Part-time Child Care Worker
- 4. Trinity Child Car

  1345 South 16<sup>th</sup> Street

  402-475-9731

  http://www.trinitylincoln.org/childcare/downtown-location
- 5. The mission of Trinity Child Care is to provide quality childcare for children from 6 weeks to 12 years old as they learn through meaningful experiences that enhance their spiritual, social, emotional, cognitive, and physical developmental stages.
- 6. Deanna Turner, Director 402-475-9731
- 7. The purpose of my internship is to develop an understanding of what it looks like to work in a childcare facility: working with children, families, other staff members and supervisors.
- 8. Work responsibilities, skills, and knowledge:
  - My major work responsibilities were communicating with families as they dropped off their children, monitoring free play, modeling the correct way to interact with other children (i.e., saying "please" and "thank you"), suggesting activities for children to engage in, assisting with potty training, serving breakfast, preparing for time outdoors (i.e., coats, hats, mittens or sunscreen) and making sure the play area for children is safe.
  - The skills I acquired over the course of my internship included: patience, teamwork, respect from families different than my own, interpersonal skills, responsibility, kindness and time management.
  - The knowledge I gained at Trinity Child Care included: Trinity having a Kindergarten program that follows the same curriculum as Lincoln Public Schools, developmentally appropriate activities for particular age ranges, and creative ways to get the attention of a classroom.
- 9. The most critical point during my internship was switching over from assisting a lead teacher in a classroom to managing a classroom on my own. I began working with two year olds, which meant I was assisting another teacher with 12 children in the class. My supervisors saw that I was able to handle responsibility and knew that I was interested in working with elementary aged children, so they moved me to the five year old room where I was on my own with 12 children. This was a critical point because I was able to gain confidence while working and it also inspired me to consider pursuing an elementary teaching certificate.

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- 10. My biggest piece of advice for internship students preparing to work in a childcare facility is to be a learner. As you go into your internship site be willing to learn new skills and grow in your knowledge of working with children. I would also suggest being flexible regarding the ages of kids that you work with so you get to experience a variety. Also, ask the full-time teachers questions and advice for furthering your knowledge about children ages 6 weeks to 5 years they have many stories!
- 11. I would highly recommend Trinity Child Care to future internship students. Not only are you able to gain hands-on experience working with children and other staff members, but it is also a paid internship/part-time job. Another great thing about Trinity Child Care is that they are very flexible working with students' schedules and they try their best to accommodate you to work with the age group you desire.

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- 1) Abby Endebrock
- 2) Area of Study
  - a) Family Science
- 3) Practicum Title
  - a) UNLCC Student Employee
- 4) Organization
  - a) University of Nebraska-Lincoln Children's Center
    - i) 2225 W Street Lincoln, NE 68588 (402) 472-2009
    - ii) childcare.unl.edu
- 5) Mission
  - a) "The mission of the Children's Center is to provide high quality early childhood education for children 6 weeks to Kindergarten."
- 6) Contact
  - a) Jaci Foged Director (402) 472-2115 <u>ifoged2@unl.edu</u>
  - b) Jenny Fleming Assistant Director (402) 472-2102

jfleming4@unl.edu

- c) Melanie Peterson Green Pre-Toddler Lead Mbecker2@unl.edu
- d) Samia Moreland Green Pre-Toddler Assistant Teacher <u>Sassad2@unl.edu</u>
- 7) Purpose of Internship
  - a) There are many different aspects in this internship including becoming familiar with the developmental domains of the age (1-2 years old), appropriate modeling (eating, art, dancing, etc.) serving food, changing diapers the list goes on. It is also important that as a Student Employee individual's follow specific steps and guidelines (i.e., changing a diaper correctly) in order to meet the criteria of NAEYC and state licensing.
- 8) Work Responsibility
  - a) My major work responsibility started with doing what the Lead and Assistant Teacher's ask of me, and then turned into doing tasks on my own without direction. The biggest responsibility was making sure that all of the children in the classroom are being safe to themselves and to others in the room.
  - b) Over the course of my internship, I really acquired the skills to care for an age I haven't normally worked with to this extent. Most importantly was the skill I gained of how to cut up their food a 1 year old will need their food cut up much more than one of the 2 year olds in the room, as well as the different ages that still drink a bottle of formula.
  - c) The knowledge that I gained from this internship was extremely valuable. I am very familiar with older ages at the Center (Toddler and Preschool) so being around these children so much really allowed me to understand their developmentally appropriate behaviors.

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9) Critical Moment

a) I think the most critical moment was when the Assistant Teacher was going through a very personal, emotional, and difficult time. She shared things with me and it really gave me the realization that I was as crucial of a part of their day as they (Assistant and Lead Teachers) were to mine. This wasn't just an internship or a job; it was an opportunity to make meaningful relationships.

10) Recommendations

a) My number one recommendation for future internship students is to take initiative and trust yourself. The Lead and Assistant Teacher would sometimes complain about other student employees who seemed "lazy" or like they needed someone to hold their hand through every move. If you have questions - ASK! But remember to trust your instincts.

11) Reasons to Intern at UNLCC

a) I would absolutely recommend a student to work or intern at the UNL Children's Center. The best part about the Center is that it involves children ages 6 weeks to 5 years old, so you will most likely find an age you enjoy working with. The Center is also fairly new (almost 5 years old) so it is very up-to-date, clean, and an amazing environment for all involved!

## Internship Site Description

Brian Anthony Wing
Dr. Rochelle L. Dalla
CYAF 497D
4/4/2014

- 1. Brian Anthony Wing
- 2. CYAF-Family Science
- 3. Dept. of Veterans Affairs Work Study Program (VAWS)
- University of Nebraska Student Veterans Organization
   Room 310 Jackie Gaughan Multicultural Center (JGMC)
   1505 S Street Lincoln, Ne 68588 (402) 472-8306
- 5. The purpose of this internship is to help student veterans with issues associate with obtaining an education at the University of Nebraska. UNSVO shall conduct activities associated with the following: (a) share information and resources pertinent to student veteran educational advancement; (b) to provide advocacy for student veterans; (c) to provide a setting for veterans to get to know other veterans and promote camaraderie between them; (d) provide a support network for student veterans.
- Thomas Allison, Assistant Director UNL Career Services
   Room 230 Nebraska Union, 472-9310
- 7. The Purpose of this internship is to not only assist veterans attain their educational goals but to also increase awareness of veterans on campus by completing activities on and off campus.
- 8. A person should have a solid knowledge of VA Ed processes, general UNL campus information, and also be comfortable working with people and talking to groups. 8a. The major work responsibilities include preparing for meetings by completing quality agendas and informing the attendees when and where the meetings will be located. The responsibilities also include coordinating events on an off campus which include liability insurance forms, event planning requests, SOFS's accounting for finding, and vehicle rental if applicable. A great deal of time was also spent adding information into the SVO Book which includes write ups for campus services and other useful information for student veterans. 8b A great deal of coordinating skills were learned at this site; organizing events at UNL is not an easy or quick process and it was beneficial to see how things are undoubtedly going to work in the 'real-world.'8c I gained a great deal of

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- knowledge about programs available to veterans and their families. There are numerous programs that I didn't even know existed and I felt fortunate to meet and work with these individuals.
- 9. The most critical moment of my internship is currently happening. I am coordinating the first ever UNL Student Veterans Organization Ping Pong Tourney and I am quite worried about the number of people that will attend. I have done flyers, social media, an advertisement in the DN, a booth in the Union, as well as flyers all over campus. However, I have learned that it is not always about the numbers. My boss informed me that if only a small group of people attend and have a good time then it was a big-win.
- 10. There is a special class that is necessary to become a guide for New Student Enrollment. For now, we do not have any members that are qualified to show groups around campus. We only get about 30 minutes to speak with the veterans during NSE and we want to change that ASAP. We want veterans to feel welcome from day one and that involves giving them the tour of campus on their first day.
- 11. I would recommend this internship; and not just for people who plan to work with veterans in the future. Being part of a Recognized Student Organization RSO does many beneficial things for students: promotes morale and welfare, increases chances of academic success, and provides a location where student veterans can quietly study or receive information about veteran related issues. It was a pleasure to work with veterans once again; we all share common goals, values, and customs and it was beneficial to meet these students and assist them.

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### Internship Description Guideline

- 1. Megan Brooks
- 2. Family Science
- 3. YMCA after school student helper
- 4. YMCA
- 5. Provide a safe environment for students to develop and use skills and knowledge to participate in activities provided by the YMCA at no cost before and after school.
- 6. Kristi Chambers
  Elliott CLC Director
  225 S. 25th St.
  Lincoln, NE 68510
  402.436.1564 / www.ymcalincoln.org
- 7. The purpose is to provide guidance, supervision, and learning opportunities to students K-5 and make them want to be off the streets and in the care of myself and the other workers.
- 8. Work responsibilities, skills, and knowledge:
- 8a.) Major parts include supervision and lesson planning, depending on the day and clubs offered that day. Behavior correction is a big part of it and being a good leader.
- 8b.) Skills I have acquired include leadership, team building with my own peers/other works, and a lot of patience to deal with many personalities and behavior issues.
- 8c.) I learned the specific policies for working with the K-5 demographic and how to handle situations such as suspecting abuse/neglect to reporting injuries and major behavior problems. Many students require special attention.
- 9. Honestly the most critical moment at this site happens each day and it is being present because there are always so many students and so much going on that just keeping everyone on the same level becomes a challenge. Many of the children have aggressive personalities and a lot of learning moments come from figuring out if it is a situation I can handle or a situation I need to send a child to the office for.
- 10. I would recommend this site only to someone who has a passion for working with young elementary aged students and has a lot of patience. Since there are paid workers, your job as an intern is mostly assisting/supervise but there is room to interject ideas if you have them, but this job isn't a good one for someone who bores easily.
- 11. As someone who is easily bored and does not have a lot of patience for students who don't listen, I don't recommend this internship site. It's a struggle to get a moment with the supervisor to discuss things as it is always busy in the office with students who are sent there for issues. It would be a good job if you wanted to get paid and only work for a few hours after school, but it is not a very fun or interesting job to do for free, although you do learn a lot about what you do/don't want to work with in the future and develop many skills such as leadership and patience.

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