

1. Yosivel Alvarado

2. Major: Family Science

3. Practicum position title: Intern

4. Behaven Kids

1145 High Street

Lincoln NE, 68502

<http://www.behavenkids.com/main/contact-us/lincoln/>

5. Behaven Kids mission is to passionately teach effective skills that change children's lives and ultimately changes our future.

6. Katie Mandelko, Program Coordinator

Phone: 402-423-6464

Fax: 402-423-6465

7. The purpose of my internship was for me to gain skills that I will need to be later successful in my future desired career as a therapist. At Behaven Kids I work with a population of children whom are under a treatment plan and I aid in reinforcing positive behaviors and helping expand their social skills.

8a. My major work responsibilities were to be an extra aid in the classroom out on the treatment floor by helping reinforce the Applied Behavior Analysis with the children. I work with children by helping them apply skills like sharing, independent play, eating, sleeping, listening, and positive skills needed for them to be successful in the future. I help by reinforcing positive behaviors and by making sure to really expand on their skills they have learned at the center.

8b. The skills that I acquired were good communication skills, I learned how to ask questions when unsure I learned how to use correct terminology when working in the therapy field. I gained skills in professionalism, I learned how to develop and talk to my supervisors and the specialists I was working with. I gained the skills in applying positive reinforcement with the children in the classroom on the treatment floor.

8c. The knowledge that I gained that will really help me in the future is using the Applied Behavior Analysis, the children seemed to really succeed when having their positive behaviors reinforced. I gained the knowledge of using the correct terminology when addressing positive or negative behaviors. I gained knowledge from being able to see how some group therapy was conducted with the children by sitting in a couple of sessions.

9. The most critical moment at my internship would have to be around mid-semester, I realized that I really enjoyed it and I was learning so much. I had gained this knowledge of positive reinforcement and using correct terminology that I also started using this at my other job. I work at an after-school program with children also and before I lacked in positive reinforcement. Then being at my internship I noticed how I gained these skills and started to use more positive reinforcement at my job also. It has helped so much by starting to give those positive comments and has really helped me grow as a person. That is when I realized that I was really enjoying my internship and was actually gaining a lot knowledge that can be used in my life also.

10. My recommendations for those who will be starting their internship experiences is first, ask questions when unsure of something. I remember at first I would be a little shy to ask questions but then I realized how will I ever learn if I do not ask questions? It is better to be safe and always double check and see if you are doing the correct thing. My other recommendation is try

to actively participate, do not just observe really try and build relationships with the population and the co-workers you are working with. This will really help you grow as a person and make your internship experience run a lot smoother.

11. I would definitely recommend Behaven Kids to future internship students, I sincerely enjoyed it there. I was so glad that I chose this organization because I can truly see it making a difference on the children's lives. It gives you so much happiness to see the children succeed and see them have a good day because it is a huge accomplishment for them. I loved being able to share that experience with the children, I gained a lot knowledge and skills and really felt that I picked a great place for my internship.

CYAF497D – Internship Description

1. Brianna Bailey
2. Family Science with a Nutrition Emphasis
3. Position: Kitchen Intern
4. Cedars – Pioneers Center Kitchen
6601 Pioneers Blvd #1
(402)434-5437
<http://www.cedars-kids.org>
5. It is the **mission of CEDARS** to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships.

6. Supervisors:

Kerrie Saunders
Director of Health and Production?

Andrew Kobza
Head Kitchen Chef

Bridget Olson

Volunteer/Internship Coordinator

****start with an internship application online if you are interested and then you will coordinate with Bridget before the 2 kitchen supervisors**

7. Purpose of the Internship

- To gain as much knowledge, skills, and techniques to food preparation, USDA food guidelines, kitchen utensils/appliances, and easy but healthy options to serve to groups of children.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

- I worked 9am-noon Tuesdays-Saturdays. My responsibilities included selecting and preparing an afternoon snack and evening snack that meets USDA guidelines for the children of Cedars, instructing a weekly cooking group with the kids, and helping prepare/serve/clean up for lunchtime.

8b.) What skills did you acquire over the course of your internship?

- I acquired skills of chopping/slicing/dicing many vegetables and fruits, specific cooking methods that work best for different foods, substituting items in recipes that are not available on hand, and how to utilize products that are already there instead of having to purchase new items frequently.

8c.) What type of knowledge did you gain?

- I gained knowledge of what temperature certain food items should be cooked to, USDA guidelines of the National School Lunch Program for both meal and snack times, recipe substitutions, and a wide variety of preparing meals and snacks.

9. What was your most critical moment at your internship? Explain *why*.

- At first, I was somewhat of an assistant to the head chef, but after working a couple weeks, but high quality work, passion, and work ethic must have come through and I was asked to just take the reigns on selecting and choosing snack for the kids and to implement a cooking group. This was the most critical moment where I realized I was valued, trusted, and treated as if I was a kitchen employee.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- Keep an open mind and approach each task with a positive attitude and give 110% effort, even if you are asked to prepare something you do not like or want to.
- Do not be afraid to randomly ask any and every question you have. Drew is awesome and is very willing to answer and help. I still ask randomly ask questions throughout my shifts so I can gain as much knowledge and skill as possible.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

- I would definitely recommend an internship at Cedars Youth Services – Pioneers Kitchen. Working with Drew, the head chef, was great I learned so much valuable knowledge and skills from him. Kerrie only visits the kitchen even now and then, but is also very nice and knowledgeable to answer any questions

Hannah Beiermann

Major: Family Science

Position Title: Healthy Lifestyles Coordinator

Internship site: Clyde Malone Community Center- 2032 U St. Lincoln, NE 68503-402-474-1110

Website: www.malonecenter.org

Mission:

The Malone Community Center mission is to honor and strengthen the African American community in Lincoln and Lancaster County by serving as a cornerstone for educational, cultural, and advocacy programs for all people.

Supervisor/Title: Julianna Grabianowski, Director of Finance

Supervisor phone: 402-474-1110

Purpose of Internship:

The purpose of this internship was to gain a better understanding of the backgrounds that children come from, to understand why children act the way they do, and to learn how to help these children regarding their behavior and health. Most of all, the purpose of this internship was to open my eyes to future possibilities regarding career choices.

Work responsibilities, skills, and knowledge:

a. Major work responsibilities of internship:

At the Malone, I spent most of my time planning and preparing healthy meals, interacting with the children, and grocery shopping.

b. Skills acquired over the course of the internship:

Over the course of the internship, I acquired time management skills, cooking skills, improvisation skills and new skills to discipline children in an effective manner.

c. Knowledge gained:

I gained knowledge of healthier choices, ways to deal with children's behavior, government regulations about portion size and food that the government will reimburse for, and knowledge about how the foster care system works.

Most critical moment:

I would say that the most critical moment at my internship was the hour before every meal or snack was to be served. There were many times that I had to change food plans because we did not have all the ingredients, there were more children in attendance than planned, and not all of the government required elements were included when the meals were planned. This required that I be flexible with what I had planned, and be on my toes for any changes that came my way.

Recommendations for future internship students for preparing for the internship experience in a similar position or organization:

I would recommend that you see how well your class schedule will fit in with the things needed at the internship site.

Example: I had class at times that were close to breakfast, lunch, and snack, so this required me to do a lot of food preparation ahead of time, stressed me out more than should have been necessary, and put more pressure on my coworkers to prepare food.

Recommend the Malone Center, or not:

I would recommend the Malone Center as an internship site. I would not recommend holding the Healthy Lifestyles Coordinator position, however, due to the fact that the work to be done is not very flexible with time. I would also recommend that you get a good connection with Nate Woods, the assistant director. He was very helpful and laid back, and has good connections with other nonprofit organizations.

1. Tiffany Benoist

2. Family Science

3. Intern/tutor

4. Lincoln Literacy

- 745 S. 9th street, Lincoln, NE 68508
- 402-476-7323
- www.Lincolnliteracy.org

5. To assist people of all cultures and strengthen our community by teaching English language and literacy skills.

6. Clay Naff – 402-476-7323

7. The purpose of my internship is to help non-English speaking students learn English and to help provide them with the skills to be comfortable speaking and/or writing English.

8. a. My major work responsibilities were tutoring students. I taught 5 classes a week. Each class is an hour to an hour and a half long. Besides teaching, I also spent my time lesson planning each week. I had to do one hour of office work as well which ranged from addressing envelopes to hanging flyers.

b. Skills I gained from my internship are being more flexible and how to manage my time better.

c. I have gained knowledge on how to better understand cultures and what goes in to running a non-profit organization.

9. The most critical moment at my internship is every time I teach a class because it's important to teach someone correctly and make sure they understand the material.

10. I recommend future internship students to be flexible and have a true passion for this position or a similar position. It is fun and rewarding but you have to be passionate about helping people in order to successfully complete the internship.

11. I would definitely recommend Lincoln Literacy to future internship students. Everyone that works for Lincoln Literacy is laid back and they seem to be very happy with their jobs. It isn't a stressful environment and it's rewarding to teach English language learners. The internship is unpaid but it has many benefits. I was able to schedule all of my school classes around Lincoln Literacy classes because they offer so many during the week. The supervisors are super helpful with any questions and they are very welcoming. There are a few trainings to do before starting the internship but they only last a couple of hours.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name. **Kelly Betts**
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Family Science
3. Practicum position title. **Program Support Worker**
4. Organization / agency name, **Better Living Counseling Services**
Organization / agency address and contact number **7100 S 29th St, Lincoln, NE**
(402)476-0104
Organization website if available **www.blcsne.com**
5. Mission of the organization or agency. **"We seek to strengthen and improve current family functioning by cultivating growth and change in order to preserve the family unit."**
6. Supervisor's name and title, **Justine Leathers; Program Support Worker Supervisor**
Supervisor's contact number (phone and fax, if available). Cell phone: **(402)640-6739**
7. Describe the purpose of your internship. **Reunify parents with their children, help strengthen families and the family environment**
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time? **Transport children to and from visits with their parents, view parent/ child interaction during visits, document interactions between parents and child, communication source between foster family and biological parents.**
 - 8b.) What skills did you acquire over the course of your internship? **Time management is mandatory for this job. Also, being able to communicate between CFFS case worker, foster parents, lawyers, supervisors, and biological parents.**
 - 8c.) What type of knowledge did you gain? **I gained the ability to properly communicate. I have also strengthened my time management skills and organization.**
9. What was your most critical moment at your internship? Explain *why*. **The most critical moment I found myself in at my internship was when I had to call the CPS hotline and the**

Lincoln Police department to report child abuse. I found myself in a situation where a child was report abuse. I had to make many reports between CPS, the police department and my agency. This was really had time for me emotionally.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization. **This is a paid position. I would only recommend this position to a person who wants a job/career and not to someone who is only looking for an internship positon. There are a lot of hours and tasks to perform for this job. I would only recommend this to a person who can handle many duties and school at once. I now have a lot of great experience for future job opportunities!**

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?* **I would recommend this agency if you are looking for a job. This is not a place you can go just to complete 150 hours for this class. The downfall is I feel sometimes this agency forgets that they have students and gives them large tasks loads to complete at once. It was hard managing school and work. On the plus on side, this is a very rewarding job. You get to work hands on with your clients to better their family environment. That's why I loved this internship. The agency itself is great as well. The supervisors and staff are always will to help.**

Internship Description Assignment

- Name
 - **Emily Broderick**
- Major area of study or focus
 - Family Science, minor in Psychology
- Practicum position title
 - Resident Services Intern
- Organization/Agency Info
 - Name: Lincoln Housing Authority (Specifically, Mahoney Manor Apartments)
 - Address and Contact Number: Main Office- 5700 R St., (402) 434-5500, my specific location- 4241 N. 61st St., (402) 434-5570
 - Website: <http://www.l-housing.com/>
- Mission of Agency
 - Provide affordable housing to residents of Lincoln, Nebraska.
 - This is done by having over 1,400 units of rental housing, administration of Section 8 Rent Subsidy Program, operation of two home ownership programs, tenant support services, and community partnerships with other providers of housing and social services
- Supervisor name title, contact number
 - Linda Hecht, Resident Services Assistant, 402-434-5570, no fax available
- Purpose of internship
 - Provide assistance to the Resident Services Assistant at our facility, keep track of activities for the grant that pays our positions, deal with concerns of residents.
- Work responsibilities
 - Responsibilities include writing work orders, tracking attendance of activities, updating, typing and delivering emergency forms, keeping track of money for different events, working in a database that keeps track of activities for our grant, handling resident issues and concerns, being a friendly face for the residents.

- I acquired the skills of time management, typing efficiency, fixing technology issues, effective communication, reflective listening.
- I gained lots of professional knowledge about how to work with others in an office setting, what business casual clothing entails, lots of information about medications for different conditions, and gained insight about how the elderly deal with loss.
- Most critical moment at my internship
 - I was asked to speak in front of all of the residents on my very first day, what happened to be when the board meeting took place. I was nervous but I stood up and told them about myself. I told them my door is always open and after that, everyone was incredibly welcoming to me.
- Recommendations
 - Be specific about what you want to gain professionally
 - Be open-minded to new organizations
 - Don't be afraid to ask questions about the job
 - Make positive connections with coworkers and clients
- Would I recommend Lincoln Housing Authority?
 - YES!
 - Supervisor is focused on my personal success
 - My values and goals are very similar to LHA
 - Flexible scheduling
 - Pay is good
 - Bonds formed with the residents are incredibly rewarding

1. Name: **Pollyanna Carlson**
2. Major area of study or focus: Child, youth and family studies (Family Science)
3. Practicum position title: Teaching assistant
4. Organization / agency name: Anubhuti English Medium School – Jalgaon, India
Address: Visanji Nagar, Behind Balgandharva Pen Theatre, Jalgaon – 425002. Maharashtra (India)
Phone: 0257-2240011 / 12
Email: pblengmedium@anubhutischool.in
Organization website: <http://www.anubhutischool.in/>

5. Mission of the organization or agency.

The mission of Anubhuti English Medium School is to equip students with an experiential style of learning through activities such as drama, art, and dance. They seek to educate the whole child extending beyond the classroom. Anubhuti English Medium School is a private school that provides free tuition, meals, and school supplies to some of the poorest families in the Jalgaon region of Maharashtra, India.

6. Supervisor's name and title: Richard Bischoff, CYAF Department Chair
Supervisor's contact number: (402) 472-5801

**The internship with Anubhuti English Medium School is through a partnership with the CYAF department.

7. Describe the purpose of your internship.

The purpose of the internship with Anubhuti English Medium School is to gain educational and cultural experience through observing, participating in, and implementing various activities and by immersing one's self into the Indian culture.

8. Work responsibilities, skills, and knowledge:

- a) Responsibilities: I was responsible for attending school Monday-Friday from 9:00a-4:00p, communicating with teachers who I was working with, observing in the classroom, and coming to school prepared with my own lessons if I was given an opportunity to teach during the day.
- b) Skills: Skills that I learned include planning, organizing, and teaching educational activities, commanding a classroom, and professionally communicating with other teachers and faculty.
- c) Knowledge: I gained specific knowledge of the educational system in India and Indian culture in general. I also gained personal knowledge about how I adapt in different situations and view challenges.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship was at the beginning. Not only did I have to adjust to a new internship, but I also had to adjust to a new home halfway around the world. I knew things would be different in another country, but no amount of knowledge could have prepared me for

the actual experience. However, naturally with time, adjustment, and relationships that were formed, India became a second home.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend having a repertoire of prepared lessons or activities to do with the students because there will be occasional opportunities where teachers will turn the classroom over to the teaching assistants to teach a lesson or activity.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

Absolutely! Working with the Anubhuti schools is the experience of a lifetime and has definitely changed my life. Not only do you learn about education, which is a very important part of life no matter what profession, you also learn about culture and yourself. My global awareness has been expanded, I know what it feels like to be a minority, and I have learned how I react to differences and challenges.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Name - Alexandria Cockerill
2. Major area of study - Family Science
3. Practicum position title - Resource Development Intern
4. Organization- Department of Health and Human Services
Address- 5220 S 16th St Lincoln NE 68512
Website- dhhs.ne.gov
5. Mission- The mission of Nebraska Department of Health and Human Services is to help people live better lives through effective health and human services through communication, cooperation, collaboration, customer services and confidence.
6. Supervisor - Matt Dvevo Resourse
Development Supervisor
402-730-7519
7. Describe the purpose of your internship - Working under the direct professional supervision of a case manager and conduct face to face interviews and assigned tasks to assist in supporting the day to day activities of program case managers to get hands on experiences.
8. Work responsibilities, skills, and knowledge - The days at my internship varied in my tasks from making reference interview phone calls, typing up case studies from potential foster parents, making home visits, meetings with the RD department, to specialized meetings with Native Families for Native Children and SENNAC. At the meetings and home visits I would mostly observe and ask questions. The case studies and most interviews I did in my own cubical and a supervisor would check over the work when it was finished. The internship came with a lot of independence and trust from my coworkers. My typing skills have improved tremendously along with my interviewing skills. By the end of my internship I could type up a case study in a fraction of the time and conduct full interviews on my own on various topics such as updating a case study, references, and children to give an out of state case worker a summary of what has

been going on the last few weeks with them. I know how to do just about anything with licensing a foster family and creating the case studies that people use to get to know the family, like judges. And if I do not know something, I know who to ask to help get an answer. I learned a lot about the foster system itself and how it all works and how ever changing it is.

9. What was your most critical moment at your internship? - When I felt that I had a good handle on RD and the tasks I was asked to do. At first I was uneasy about the independence and trust they had in my abilities but that went away when they praised me for helping and talked to other sections of DHHS about the work I was doing and having those people talk to me. After I felt comfortable in what I was doing, it all just came together.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization? - Get to know the state rules and regulations on child safety and foster care. These are changing often it seems and you use them almost on a daily basis, so having an idea about what the rules and regulations are gives you a foot in the door.

11. Would you recommend this particular organization or agency to future internship students? - Yes, I would recommend DHHS for future internship students. I had a great learning experience and have relationships with coworkers that will come in handy in the future.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. **Danielle (Ellie) Connely**

2. Child Youth and Family Studies, Pre-Occupational Therapy

3. Volunteer with the Case Management Department

4. St. Elizabeth Regional Hospital
555 S 70th St, Lincoln, Ne, 68510
<http://chihealthstelizabeth.com/>

5. Mission: "The Mission of Catholic Health Initiatives is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities.

6. Volunteer Coordinator: Becky Wright
bwright@stez.org

7. At St. Elizabeth I am a volunteer for the Case Management Department. When I arrive at St. Elizabeth the workers in the Case Management Department usually put patient Medicare forms on my desk. I then go into the patient's rooms where I inform them about the form that I need them to sign. I usually answer any questions that they may have. I also help the Case Management Department with any additional work that they need done.

8. Work responsibilities, skills, and knowledge:

8a.) My main responsibility was to go into the patients rooms and have them sign paperwork that the Case Management Department needs to be signed. In order to go into the patient's rooms I had to organize the paperwork and make sure that I had their necessary forms ready.

8b.) Throughout my internship I learned how to interact with patients at their bedside and I was often faced with uncomfortable situations which enabled me to figure out how to

react in certain circumstances. This internship forced me to stay determined, empathetic, and respectful.

8c) I was able to learn how to speak with individuals about the Medicare paperwork in order to make sure that they have a good understanding of what is occurring. I also learned how to work with multiple supervisors. This was extremely interesting because it required good communication skills. I also gained knowledge about Medicare in general.

9. There were many critical moments during my internship that made me glad that I choose to be at St. Elizabeth, however there is one day that I will never forget. I entered into a patient's room and he had such a fun and bright personality. He began making jokes with me instantly and I thoroughly enjoyed him. After he signed his paperwork I left. A few days later I realized that he was on my list again. I was very excited to see him because I knew that he would give me a fun "break" in my day. When I entered his room I saw that he was talking on the phone and crying. I decided to give him space and I reentered again later. While having him sign his paperwork he began crying and he grabbed my hand. He then informed me that just a few minutes before I entered he found out that he had cancer. In that moment I was challenged to figure out what to say to someone who was coping. I think this was a critical moment because this patient taught me that there will be some good days and some bad days. He challenged me to recognize how I am able to react in both good and bad situations. I believe that I learned a very valuable lesson that day.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I recommend that you prepare to look for internship positions in hospitals as early as possible. Many hospitals are strict about allowing students to volunteer or work during certain times of the year. Luckily, St. Elizabeth was able to find a wonderful position for me. Most hospitals are unable to give 150 hours of work so be sure to find somewhere that can give you the amount of hours you need. Also, consider volunteering or working at a smaller organization so it is more personal. If you do work at a large hospital be sure to be in a specific area of the hospital where your co-workers and supervisors know you.

11. I have enjoyed my internship, and I think it is a great way to be able to experience what it may be like to work in a hospital. I sometimes feel as though my work is repetitive and sometimes it can be exhausting when there isn't much change up in the work presented. However my supervisors have been wonderful and I enjoy everyone I work with. I would recommend this internship to someone who has not had much experience with patients, but who would enjoy learning about basic bedside skills and communication.

Internship Description

1. Rebecca Cornelius
2. Major: Family Science
3. Intern
4. First Step Recovery
300 South 68th St. Place, Suite 500
(402) 434-3970
<http://firststeprecovery.com>
5. Mission Statement:

"We are patient centered and outcome driven, providing quality assessment, education, and treatment for individuals and families suffering from the effects of alcohol or drug issues, mental health issues, relationship difficulties, distress from medical issues, domestic violence, compulsive gambling and other problem behaviors. Evidence-based and cost-effective treatment methods provide flexible, individualized and integrated care within the context of the patient's life focusing on strengths and positive changes.
6. Supervisor: Kerry Ropte MA, LIMHP, LADC
(402) 434-2730
7. The purpose of my internship was to be a part of a counseling team, being able to learn how professionals in the mental health and substance abuse related fields interact with, teach and support clients.
8. Responsibilities, skills and knowledge
 - a) My major work responsibilities included sitting and interacting in group, working on evaluations and sitting in on sessions with counselors. I spent the majority of my time working with the counselors and helping them with evaluations and sitting in on groups and during one on one session.
 - b) I gained many skills working at First Step. The most important skill I learned was being professional. Being around professionals made me work harder at working on my own professionalism with clients and the way I acted as well.
 - c) I learned a lot during my time at First Step. I learned a lot about individuals struggles and how everyone is at a different place in their life. I learned that not all treatment plans are the same and that there is a lot of hope for individuals struggling with addiction.

9. I think the only real critical moment I had during my internship was getting all of my hours in. It was a stressful semester, so I would recommend making sure that you have the time to put into your internship!

10. My recommendations for future internship students that are preparing for their internships who want to be in a similar position is to go in with an open mind. A lot of times people do not understand mental health and substance abuse and go in judging individuals for their problems. It is important to go in with a non-judgmental attitude and open mind.

11. I would absolutely recommend First Step as a place to do your internship. If you are interested working in a social services field this is a great place to start if you do not have a focus. I loved working with the counselors. They were all friendly and willing to answer any questions that I had.

1. Amalia Dejka

2. Family Science

3. Student Employee

4. UNL Children's Center

2225 "W" Street Lincoln, NE 68588

402-472-2009

5. To educate children about the wonderful aspects each of them has to offer and to teach each child to respect others and themselves

6. Brittnee Benjamin, Lead Teacher

402-472-2009

7. Purpose: to gain skills working with children ages 1-3 and understand their developmental levels

8. A) My main responsibilities were assisting with lunch by helping the kids serve themselves, playing with them, and putting them down for nap. Other responsibilities included reading to them, comforting them when needed, helping them wash their hands, changing diapers, and cleaning the room.

B) The only skill I gained over the course of my internship was how to change a diaper.

C) I gained a little bit of knowledge on the developmental level of children ages 1-3 and their abilities in this age range.

9. My most critical moment at my internship was when I received my evaluation. They evaluated me on my personality rather than my strengths and weaknesses. Under the "strengths" section, the only thing that was listed was that I show up on time and wear the appropriate clothing. This was a critical moment for me, because I realized that this

wasn't a good fit for me given the way my supervisor evaluated me. The outcome of this moment was that I switched my internship to a different site to complete my hours.

10. Recommendations: If you are an outgoing person with a big personality, the Children's Center will view you in a positive light. If you are a little more reserved with a quieter personality, you will have a harder time being accepted as a good employee.
11. I would not recommend this particular organization to future internship students, because they are very inconsistent in their evaluations and unfortunately evaluate their employees based on their personalities rather than their skills. They don't put a lot of effort into getting to know their employees and expect them to know what to do from day one.

Anne Driewer

Major area of study or focus: I am a graduate student in Human Family Services Administration.

Practicum position title: Women's Advocate Intern

Agency name: Friendship Home: Safe Shelter and So Much More

Agency address and contact number: P.O. Box 85358, Lincoln, NE 68501

Phone number: (402) 437-9302 or info@friendshiphome.org

Website: friendshiphome.org

Mission of the agency: Friendship Home exists to support, shelter, and advocate for victims of domestic violence and their children. Friendship Home provides a continuum of safe, confidential shelter options ranging from emergency shelter at a hotel, shelter in the communal living environment, shelter at single family units, and potentially shelter through a transitional unit. Friendship Home also provides a rich array of crisis intervention services and case management options. Friendship Home provides emotional support to those in shelter or transition as well as those who are waiting for shelter. Friendship Home seeks to help victims rebuild their lives free from fear.

In addition, Friendship Home attempts to address the many complexities and barriers that are part of domestic violence and sexual assault. These are addressed at the community level as well as the individual level. Friendship Home continues to reach out to survivors through advocacy, emergency case management, support groups, and post-shelter advice as well as transitional housing. Friendship Home encourages survivors to feel welcome and share their stories and wisdom with others. Friendship Home operates on a strengths-centered advocacy philosophy.

Supervisor's name and title: Leah Droge, Intern/Program Coordinator

Supervisor's contact number: leahd@friendshiphome.org or (402) 437-9312

Purpose of the internship: The purpose of this internship is to expose the intern to the mission, purpose, and values of Friendship Home. In return, the intern will assist case managers and residents wherever called upon. The women's advocate interns help the staff in providing support to women in the following areas: responding to "request for service" calls; checking women into and out of shelter; providing one-on-one support to women; safety planning; and helping facilitate women's support groups.

Work responsibilities, skills, and knowledge: I went into the internship experience at Friendship Home with the attitude of wanting to help in whatever ways were needed and to try to learn as much as I could through the experience. I was able to help facilitate the Wednesday night support group about domestic violence with the on-staff counselor. I was able to ride along with some of the case managers several times to check on different families in transitional housing as well as the single family shelters. I responded to and followed-up on several "request for shelter" calls. I prepared rooms for incoming residents and helped clean the rooms for residents who had moved on. I spent time with the children in shelter either reading books to them, playing with them outside, making brownies with them, or having them help me clean the

toy room. I did whatever was asked of me by the case managers. I tried to leave the shelter better than when I came each time so this meant sometimes cleaning the kitchen, folding a lot of laundry, putting things away, or just spending time listening to residents.

The main skill I acquired over the course of my internship was confidence in taking on new challenges in situations that I wasn't sure about. If I didn't know how to do something, I asked. If I didn't know exactly what to say or the process when taking a "request for service call," I put the caller on hold and asked and proceeded forward.

Friendship Home provided a total of 24 hours of training over the course of a month prior to us serving at the shelter. This gave a lot of information about domestic violence, trauma victims, expectations of mothers, communication skills, community resources, and working with the residents. Friendship Home put a lot of time into the trainings, and I learned a lot about working in this population and branch of service.

Critical moment: The most critical moment at Friendship Home for me was my first night working. That night was the largest turnover I experienced in my time there. Three families were moving in. One of those families wasn't expected but was brought in by the police. The staff were *busy*! I just jumped in and helped clean three rooms. I made fourteen beds up with new sheets that night. I sat in on an in-take process for the mom who was brought in by the police and who was hurt. I tried to watch her one-year-old baby. I also took my first "request for service" call, which turned out to be a critical/intense one by all standards. It was a "baptism by fire" that night. I did not experience such a hectic night like that any other time working in shelter, but it was a good experience overall. It showed me the value of everyone working together. It showed me how much services are needed in Lincoln! It showed me how grateful I am and should be for my life of safety and consistency.

What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization? I would recommend that future interns go in with an open mind. Only victims know their entire story. They are most in charge of their future and know their lives and situations the best. They don't need judgement; they need support.

Go in with the mindset of being a servant-leader. Have the confidence to do what needs done and what you've been trained to do in order to help in whatever way possible. Be professional. Don't gossip; instead, seek to understand. Ask questions and ask for help if you need it. Learn all you can, as each situation will present a learning opportunity. Realize you are an intern and that those who already work there know more than you.

Would you recommend this agency to future internship students? I would definitely recommend Friendship Home as an internship site! The staff there are very willing to help you learn and are positive and supportive. Because you would be working with a variety of individuals with a whole range of needs, you would get many different experiences. The 24 hours of training before you start working at the shelter are really important and give a good overview of domestic violence and this population. No day at shelter is like another; there is always something going on. You are needed – even if this means stepping up and washing dishes or vacuuming or playing with the children there.

1. Emily Elliott
2. Family Science
3. Shadowed a Midwife
4. Integrated Women's Health
7001 A St. Suite 200, Lincoln Ne 68510 / 402-484-3199
lwhdocs.org
5. Their mission is to provide the finest patient experience and improve the health of our community by providing exceptional care during pregnancy and delivery and a focus on lifetime wellness.
6. Jeralyn Schumacher CNM
402-484-3199
7. The purpose of my internship was to gain some knowledge and experience in the nursing field before I start nursing school next year. I plan on specializing in labor and delivery which is why I chose to shadow a midwife.
8. a). My major responsibilities included shadowing the midwife during her appointments with either pregnant women or women who came in for their annual exams. During the appointments with pregnant patients I got to practice using a Doppler to listen for fetal heart rates, measure the mom's belly, and do medical history reports.
b). Some of the skills that I acquired during my internship here included learning to use a Doppler for fetal heart rates, how to properly measure a mom's tummy using a tape measure, and how to professionally interact with all types of patients and personalities in different situations.
c). I gained a lot of knowledge, skills, and confidence during my internship. But the experience that I gained just from seeing what a midwife and labor and delivery nurse does on a daily basis really helps me feel more confident going into nursing school.
9. Probably the most critical moment in my internship was when I was able to go watch a live cesarean section. It was definitely the coolest part of my experience and it really solidified my career path for me.
10. My biggest recommendation for future internship students would be to choose an internship that you're really interested in. It will make your experience a lot more fun and meaningful and will help you gain solid connections for your career choice once you graduate.
11. I would strongly recommend this organization to a future student but only if they are interested in going on to nursing school and specializing in something such as labor and delivery or midwifery. It's definitely a hands on experience and you will gain great experience from the midwives there. If you aren't interested in going into nursing I would advise that you choose something else focused more on your future career choice.

Internship Description

1. **Erin Field**

2. Family Science

3. Program Support Worker (PSW)

4. Better Living Counseling Services
7100 S. 29th Street/ (402) 476-0104
www.betterlivingcounselinginc.com/

5. "We seek to strengthen and improve current family functioning by cultivating growth and change in order to preserve the family unit"

6. Abby Etherton/ Program Supervisor
(402) 432-0923

7. The purpose of my internship is for me to learn how to appropriately redirect parents and help them learn new parenting techniques in order to have successful relationships with their children. My internship also helps me learn how to work as a team with my co-workers.

8. Work responsibilities, skills, and knowledge:

8a.) My major responsibilities were to work with children and families who are currently involved in the juvenile justice system for abuse/neglect. My main role is to supervise visits between parents and their children and to take documentation on them. During the visits I have the responsibility to redirect as necessary and to maintain safety while providing parenting skills and community resources.

8b.) Some of the skills I have acquired during my internship include learning how to be assertive but also kind towards parents. I have learned how to give advice to how to parent better and to advocate for the children. I have also learned how to take proper documentation.

8c.) The knowledge I have gained during my internship include knowing how to be trauma informed to each family situation, how to provide "Nurturing Parenting" curriculum to the parents, and how to inform parents on proper child development.

9. My most critical moment at my internship would probably be when I was faced with a situation where I was faced with a situation where I had given a suggestion to a mother but the mother got upset and began to curse and yell. In this situation I had to choose between remaining calm and helping the mother calm down or possibly escalating the situation and likely having to end the visit. I chose to stay calm while making sure the child was still safe. Because I stayed calm and allowed the mother to express where she was coming from I was able to build rapport with her and gain her trust. By doing this, the mother was more willing to listen to my suggestions and follow through with doing what was suggested.

10. My recommendations for future students would be to make sure they don't overwhelm their schedule with too many commitments. It is important that you are able to invest your time into your internship but also have time to reflect during it. I feel like reflecting on my internship throughout it is something I could have benefitted more from but found myself getting busy with other things instead. I would also recommend asking your supervisor to get you involved in as many various types of cases rather than just sticking to one. I feel like I learned a lot by being exposed to different types of families and situations and am glad that my supervisor has exposed me to so much.

11. Yes, I would definitely recommend this organization to future students. One of the best benefits for doing this organization is that they pay all of their interns. Even if they did not pay me I would recommend doing an internship through this organization because of the support I had felt throughout the semester as well as the wide variety of experiences I had gained. I also received a large amount of training so I feel like I was very prepared to go out into the field on my own.

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(Email to Instructor on or before Friday, April 8th)

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. **Elise Greedy**
2. Family Science, Gerontology
3. Volunteer Intern at Tabitha
4. Tabitha Health Care
Main Campus - Lincoln
4720 Randolph St. Lincoln, NE 68510
402.486.8520
<http://www.tabitha.org/>
5. Mission of the organization or agency.
"Motivated by Christian compassion, Tabitha delivers a continuum of exceptional and innovative Elder Care services that promote the dignity, independence and well-being of older adults."
6. Kimberly Goins
Director of Volunteers
Office: 402-486-8564
Fax: 402-484-9609
7. The purpose of my internship was to experience a variety of positions within Tabitha and to gain skills and knowledge from these experiences.
8. Work responsibilities, skills, and knowledge:
8a.) In the Meals on Wheels section of my internship I assisted with mostly clerical work, answering phone calls, listening to voicemails, recording cancellations and preparing route sheets and other documents. The Long-term care/Hospice section of my internship was far more hands on. I assisted the Activities Director with various activities with the residents such as baking, crafting, exercise, balloon toss, games, and one-on-one conversations. I also assisted with lunch, taking meal orders, passing out plates, and

feeding some residents who required assistance.

8b.) Through the clerical work I became more efficient at learning different computer programs, how to efficiently take messages and relay them and so on. At Long-term Care/Hospice I acquired more experience in interacting with all different individuals with varying abilities. These experiences further developed and strengthened my skills of patience and encouragement.

8c.) The main knowledge I gained was the importance of the work. Meals on Wheels is so crucial for so many individuals across the Lincoln Community and it takes a lot of volunteers and workers to pull it off everyday. Each portion of the work is important to ensure these individuals get meals because for some it may be their only meal that day. The work at the Long-term care and Hospice facilities is also very important because the residents need to be given opportunities for engagement and recreation or to converse each day for their well-being and happiness. At this facility I gained knowledge on all the unique residents, their likes and dislikes on food, games and more. I gained more knowledge on how to interact with them all individually as individuals.

9. What was your most critical moment at your internship?

During the Meals on Wheels section of my internship I was able to create a survey that was sent out to individuals across the Lincoln community who may not have enough food each month. The surveys purpose was to find the individuals who have a limited food supply and sign them up for a program that delivers extra food each month for free. This was so critical because it was a step in a project that would really help people and improve their daily lives. At Long-term Care/Hospice my most critical moment is very difficult to choose. There are a few small but important moments that I find critical; such as getting a resident who is normally shy and disconnected to participate in activities or listening to the residents talk about their family members or their past. But the most critical, I think, is learning to play the card game pitch from three residents. They really seemed to enjoy being able to teach and guide me in something new, versus the other way around.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My main recommendation would be to do research on all the various sectors within the organization and select a few you would be most interested in dedicating your time to. This way you can have a positive internship experience that incorporates in your own areas of interest or sections you would like to gain more knowledge of.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes I would. The Volunteer Coordinators are willing to work with you and want you to spend your time where it will be most useful, with your interests and strengths in mind. They won't simply put you at a desk to do paperwork because it needs done, they strive for each individual to appreciate their time volunteering and to want to come back.

1. Sydney Gress
2. Family Science
3. Assistant teacher, observer, cultural learner
4. Jain Irrigation/Anubhuti English Medium

Jalgaon, Maharashtra, India

5. Mission: Create a learning environment conducive to nurturing the learners and educators to be creative, capable, compassionate citizens of character with global outlook.
6. Rashme- Principal of Anubhuti English Medium
7. The purpose of my internship: Gain cultural experience, gain new relationships.
8. a. I split my time between two classes at Anubhuti English Medium, Class 4 and Class 1. In Class 4 I worked on building relationships with the students and getting to know them. I also taught the class games that helped them with their English. In class 1 I helped teach English lessons and activities that went with the lesson, I worked one on one with the students that needed extra help.
b. During my internship experience I gained cultural knowledge. I learned how to teach a classroom full of kids,
c. I learned how to work with people from a different background than my own. I learned about the Indian culture. I gained a new perspective of my own culture and where I come from.
9. The most critical moment of my internship was when we visited the students' homes. Seeing where they came from gave me a whole new perspective of my students. I felt like I could teach them better and form better relationships with full knowledge of who they are.

Seeing the conditions they lived in made me want to be a better teacher and better person for them.

10. My recommendations for future interns is to have some English activities prepared to teach. You will be asked to teach a game/ song on the spot so always be prepared. Keep an open mind and be willing to get out of your comfort zone. Things will be very different but by being open to it you will learn the most.

11. If you are interested in learning about different cultures and/or teaching I would definitely recommend it. I gained so much knowledge about the Indian culture and about teaching. You can not go wrong with this internship.

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(Email to Instructor on or before Friday, April 8th)

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. **Your name.** Nicole Grubaugh
2. **Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)**
Family Science
3. **Practicum position title.** Teacher's assistant
4. **Organization / agency name,** St. Peter's Catholic School
Organization / agency address and contact number 4500 Duxhall Dr, Lincoln, NE 68516
Organization website if available: <http://saintpeterslincoln.com/youth/st-peters-grade-school/>
5. **Mission of the organization or agency.** "Responding to God's call, we the community of St. Peter Catholic School dedicate ourselves with love to the spiritual growth, and academic excellence of our children to prepare them for the journey through this life to the Kingdom of Heaven.
St. Peter Catholic School promotes the Christian growth and development of the whole child. Saint Peter Catholic School is operated by Saint Peter Parish primarily for the members of the parish and is open to all children of any race, sex, color, national or ethnic origin." (St. Peter Catholic School policy binder).
6. **Supervisor's name and title,** Mrs. Colson and Mrs. Kanost, Kindergarten teachers for KA and KB classrooms.
Supervisor's contact number (phone and fax, if available).

7. Describe the purpose of your internship.

To gain knowledge of how the kindergarten classrooms operate through observing the teachers and their interaction with the students. Also to gain experience working with kindergarten students individually and in small groups.

8. Work responsibilities, skills, and knowledge:

8a.) **Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?** One hour of my time was spent working with the KB students. I usually worked with them one on one with a learning activity. The next hour was

spent working in the KA classroom participating in more group related activities. Sometimes I read a book, lead a series of Q&A about the book. Other times I practiced “listening skills” by demonstrating an activity before the students started the activity. Listening skills helps when working with a group of students, so they know how to listen and follow directions.

8b.) What skills did you acquire over the course of your internship? I learned how to engage with kindergarten students in a learning environment. I took steps to learn how to conduct myself as a teacher figure. I learned appropriate skills for kindergarten students; these include social skills, listening skills, and educational skills.

8c.) What type of knowledge did you gain? I learned the different ways kindergarten teachers can engage their students to learn. I saw the teachers demonstrate creativity, organization, discipline, expectations, praise, and encouragement.

9. What was your most critical moment at your internship? Explain why. The days when I saw how the teachers adjust or was flexible to an unforeseen circumstance.

I personally had a couple days when the teacher asked me to do something with the entire classroom I had not anticipated ahead of time. I did not feel prepared or qualified for the task, but I didn't want to tell the teacher no, so I tried it. It went well and knew afterwards, I really didn't need to be worried or afraid.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Be prepared to work with wonderful people. When I talked to the principle, Sr. Mary Michael I told her I wanted to help in some capacity in one of the classrooms, but I wasn't too specific. She found a classroom that ended up being a good fit even though I did not have much experience with young children.

If there is something I could have recommended to myself before starting out, I would have said, “It's okay to make mistakes. Be forgiving of yourself and move on. Also, the people at the school are willing to help, don't be timid about talking with them.”

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

The internship was a wonderful experience for me. Before the internship, I did not have much experience working with younger children. The faith filled school environment made me feel connected to the people working there. I felt a sense of community among the workers and among the students. I would recommend interning at St. Peter's because the Principle and Kindergarten teachers were very accepting of my help. It was not a paid internship, but the encouragement and experience I gained was worth it. I feel that I have a better idea of the kind of work I will pursue after graduation.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.

Jing Gu

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Early Childhood Education

3. Practicum position title.

Assistant teacher

4. Organization / agency name,
Organization / agency address and contact number
Organization website if available

University of Nebraska Lincoln Children's Center

2225 "W" Street

Lincoln, 68508

www.childcare.unl.edu

5. Mission of the organization or agency.

The mission of the Children's Center is to provide high quality early childhood education for children 6 weeks to Kindergarten.

6. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).

Kim Breyer Lead Teacher of Yellow Preschool

402-4728615

7. Describe the purpose of your internship.

Learn how to manage preschool classroom, maintain a warm successful learning classroom environment . Learn how to interact with preschool children and co-workers. Understand the children's cognitive and social emotional development . Learn skills about how to write lesson plan, incident report, how to manage classroom. Also gain the strength about being more professional daycare teacher. Also learn how to communicate with parents, know the boundaries when interact with them.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

My major work responsibilities are:

Help lead teacher set up breakfast, lunch and snack, clean tables, sweep floor, guide children how to eat food during meal time;

Help lead teacher set centers for children, set materials they need, guide them how to do the centers;

Read books, guide them how to play new toys, explore new things with them;

Help lead teacher start class and help teachers do daily cleaning, (tables, chairs, Windows etc)

Assist lead teacher to have outdoor activities .

8b.) What skills did you acquire over the course of your internship?

Have ability to interact with children properly.

Provide basic care and caregiving activities

Use a wide range of teaching methods (stories, media, indoor or outdoor games, drawing etc) to enhance the child's abilities

Evaluate children's performance to make sure they are on the right learning track

Remain in constant communication with parents and update them on the progress of their children? Observe children's interactions and promote the spirit of concord.

8c.) What type of knowledge did you gain?

Plans, adapts and schedules age appropriate curriculum involving various activities to stimulate children' cognitive skills, abilities and development.

Maintains Center, rooms and play areas in a clean, orderly, and safe condition; sets up rooms and areas for various activities such as lunch, naps, games, etc.

Maintains accurate attendance and enrollment records; maintains appropriate confidential records.

Records daily observations of children's behavior and activities; monitors behavioral patterns and develops assessment and profiles.

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment was when I got very upset with some children with very bad behaviors, hitting other friends, using bad words, at that moment I was not sure about my teaching strategy would work o

For them or not, they didn't listen very well sometime because they knew I am not real teacher.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position

You have to love children and have a lot of patience; You are responsible and well organized;

you are creative and imaginative; you have excellent listening and communication skills; you are open-minded; have sense of humor; you should have well developed emotional literacy.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes, definitely I will! UNL childcare center is an excellent place for students who major in early childhood or family science, who wants to work with children and their families. They have all different age groups of classrooms, well organized environment and well trained staffs, supervisors are very friendly and helpful. Their golden teaching strategies are very useful for all classrooms. They have professional training available for staff and students, you will build your future career from here!

Jing GU

Internship Description

1. Stacey Keys
2. M.S. Youth Development
3. 4-H Extension Assistant
4. Nebraska Extension in Thurston County
PO Box 665
415 Main St
Pender, NE 68047
402-385-6041
www.thurston.unl.edu
5. "Helping Nebraskan's enhance their lives through research-based education."
6. Jennifer Hansen, Extension Educator, 4-H Youth Development
402-385-6041, fax: 402-385-6042
7. The purpose of my internship was to first expose myself to workings of Nebraska Extension both on the county level but also on the regional and state levels. I was to help with the daily goings on within the office but specifically work with the youth in Thurston County.
8. A) The main responsibilities I had were to keep track of the daily goings on of the office. But also do some teaching of youth programs and professional development.
b) The skills that I acquired were confidence in my abilities and becoming more comfortable in my role as a professional that has lots of different things to do at the same time.
c) I gained knowledge in the field of youth development but also about organization and time management and working together as a team.
9. The most critical moment of my internship was I was allowed to teach a program to third graders on my own. I made me realize that I have the ability to do this on my own but also showed me that my supervisor has confidence in my abilities.
10. I would recommend that you take full advantage of all the opportunities that are given to you. And realize that Extension is kind of like a big family, they all just want to help you and for you to do your best. But the organization does have high expectation for those who work for them.
11. I would completely recommend an internship with Nebraska Extension. They are an organization that is very committed to education and teaching their own how to become better, more effective teachers for the future leaders of tomorrow.

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Lauren Koll
2. Child, Youth and Family Science
3. Practicum position title. : Chief Peer Advisor / Intern
4. Education Abroad Office
110 Love South
Lincoln Ne 68588-4107
Phone: 402-472-5358
Fax: 402-472-5383
educationabraod@unl.edu
5. The UNL Education Abroad Office (EAO) aims to foster students' global awareness and personal, academic, and professional growth by offering a variety of study, internship, research, and service learning opportunities outside the U.S. The EAO values collaboration, academic integrity, accessibility, safety, and fiscal and administrative accountability. The EAO staff:
 - Provides students with specialized services and resources before, during, and after the experience abroad, throughout the processes of outreach and advising, program selection and application, course registration, budgeting and payment, pre-departure preparation, and academic credit transfer.
 - Supports UNL faculty and units in their efforts to develop, promote, coordinate, and evaluate for-credit opportunities; identifies external programs to expand students' options; administers education abroad scholarships; and reports on student participation to campus partners and professional organizations.
 - Facilitates the short-term non-degree study at UNL of international students supported through exchange agreements with foreign institutional partners.
 - Develops, communicates, and implements education abroad policies and procedures, striving for compliance with UNL and Nebraska policies and the *Standards of Good Practice for Education Abroad*.Manages risk and advises on health and safety by procuring and managing international insurance, maintaining a travel registry of all UNL-sponsored international travel, and coordinating UNL's response in the event of an emergency.

6. Haley – French Sloan
Education Abroad & Exchange Student Coordinator
Love Library 110 D
Lincoln Ne
68588-4107
402-472-5731 On-campus 2-5731
hfrenchsloan@unl.edu
- Exchange Management and Advising
- Advising, Outreach, and Program Implementation
- Education Abroad Returnees
- Gilman and Boren National Scholarships.

7. Describe the purpose of your internship.

- The purpose of my internship is to gain additional knowledge regarding the services and opportunities that the University of Nebraska Lincoln Education Abroad Office (EAO) offers to students.
- The development of a better understanding of the process that EAO undertakes in determining the value and suitability of study abroad experiences.
- Increased knowledge and understanding of how EAO assist students with program selection; course registration & credit transfer, and travel budgeting.
- To gain specific knowledge of the resources that are available to students who are traveling abroad.
- Develop the skills necessary to assist potential students traveling abroad.
- Increased knowledge of how exchange agreements are developed and implemented.
- Through observation to better understand the dynamics of the EAO office and to develop a better understanding of successful office practices.
- Development of a better understanding of the risks of operating the EAO as well as developing an understanding of the insurance needs of the organization as well as developing an understanding of how the EAO responds in the event of an emergency.

8. Work responsibilities, skills, and knowledge:

- Responsible for peer advisement of UNL students who are interested in study abroad.
- Knowledge of how the EAO operates and how it interfaces with affiliate organizations such as ISA.
- Understanding the desires and concerns of students who are considering an education abroad experience and be able to alleviate those concerns.
- Ability to work on multiple simultaneously on different projects.
- Participate in weekly staff meetings.
- Possess strong verbal communication skills and present a pleasant, professional demeanor.
- Take walk –ins and answer various program questions and concerns about going abroad.

- Always working on improving your workplace knowledge through questions, observations and literature.

a. Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

Initially, I spent my time coming up to speed on the EAO and understanding their expectations. After I understood my focus I began to work with students who were interested in studying abroad. I would answer questions, sometimes share my international travel experiences, and direct them toward the appropriate program(s). I would allay some of their concerns and talk about the positive aspects of travel and the value of seeing and experiencing another culture. I was assigned specific projects from the department and I would focus on completing the tasks in a timely manner. As the Chief Peer Advisor, I would work with other advisors to assist them and ensure that we consistently the same information.

b. What skills did you acquire over the course of your internship?

I have also developed a better understanding how EAO interfaces with organizations such as ISA. I believe that I am a better leader as a result of the internship. I also believe that my organizational skills and communication skill were enhanced as part of this job.

c. What type of knowledge did you gain?

I believe that I truly have a strong understanding of how the EAO and its objectives. I have a much better understanding of the importance of communicating the mission and opportunities of the EAO to the students of the university. The importance of someone being in the office for students who drop in and inquire about travel abroad activities. It became clear to me that the more that you know about EAO the better position you are in to support the students.

9. What was your most critical moment at your internship? Explain *why*.

I believe that the most critical moment for me in the internship was organizing the International Opportunities Abroad Faire. This event was one of the highlights of the internship because it was deemed to be so successful. Prior events lacked sufficient attendees and I was told that I should not to be discouraged. However, this time things were different, the International Opportunities Abroad Faire, actually had the most attendees it has ever had. This made a huge impact in my internship and provided me with a great deal of confidence. The event supported the adage that hard work does pay off.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

One recommendation I would give is that you need to be a good communicator as well as listener. You need to be able to follow through on assignments. You need to be a team player. The staff and my supervisor are awesome to work with and were always very helpful.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would definitely recommend this organization to future internship students. I am very passionate about travel and hopefully one day work in this field so this was the perfect internship for me. Like I said above the staff and my supervisor are phenomenal to work with, and they want you to be successful.

1. **Kenzee Kucera**
2. Family Science
3. After-School Specialist
4. Lincoln Lighthosue
Lighthouse, 2601 N Street Lincoln, NE 68510, 402-475-3220
<http://lincolnlighthouse.org/>
5. Lighthouse's mission is to increase the likelihood of high school graduation of middle and high school-aged youth by providing high quality programming. Some of the programs Lighthouse provides is: academic support, evening meals, and recreational activation during non-school hours Monday-Friday, 12 months a year.
6. Falah Al-Hirez, Facility Manager/Volunteer Coordinator
402-309-9679 (Cell), falah.alhirez@lincolnlighthouse.org
7. The purpose of my internship was to develop close meaningful relationships with the youth who attend Lighthouse. I worked one-on-one with many of the youth to help them accomplish academic and personal goals. I participated in the recreational activities with the youth encouraging them to meet their personal best. My main purpose at lighthouse was to be a positive adult role-model who cared for each child at Lighthouse and to help them become the best person they can be.
8. **Work responsibilities, skills, and knowledge:**
 - 8a.) My major work responsibility was spending time with the students at Lighthouse. I generally bounced around the various activities Lighthouse offers such as homework club, the game room, the gym, running club, etc. My main responsibility was getting to know the students and spending quality time with them. Occasionally, I would help in the kitchen with meal prep, setting the table, and mopping and sweeping!
 - 8b.) I gained valuable communication and relationship building skills for working with middle and high school students. I learned how to be flexible and adaptable to many different situations. The biggest skills I gained was getting outside of my comfort zone and having a sense of humor in all situations. Learning to let go and being more in the moment has helped me to be more intentional and to form better relationships with the youth at Lighthouse.
 - 8c.) I gained knowledge in working with at-risk youth and after-school programming. I learned how to better relate to middle and high school students. I learned how to motivate and push youth to reach their goals. I learned whether or not I enjoyed working in a more structured environment or less structured environment. I gained a lot of work related experience in working with adolescents that I will be able to take with me as I become an

Kenzee Kucera
497 D

educator and as I apply for jobs working with youth. Overall, the biggest knowledge I gained was understanding. I grew up in a great small town with very involved parents and an awesome school system. I gained an incredible amount of knowledge about the home, school, and community life of kids living in poverty in Lincoln. Through this knowledge I will better be able to relate to kids who are struggling with issues associated with poverty and difficult home lives.

9. What was your most critical moment at your internship? Explain *why*.

There were many moments that I enjoyed at my internship, which makes it difficult to choose just one critical moment. For me one of my critical moments was during running club. Every Tuesday and Thursday Lighthouse has running club for the students at Lighthouse. On this particular day one of the students, whom I really close with at Lighthouse, asked me if I would run with him. As we were running we started chatting about school, home, etc. At one point in the conversation this particular student expressed to me how he is struggling to handle his emotions. Specifically his emotions of feelings sad and unsure of himself. This was such a critical moment for me because it was the first time one of the students has confided in me about something deeply personal they were struggling with. I told him that I was happy that he shared with me how he was feeling and that he could come to many anytime he needed someone to talk to. This was critical to me because I was able to have a hands on impact in the life of this child, which meant everything to me.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Be prepared to get out of your comfort zone in order to connect with the youth at Lighthouse. If you want to build meaningful relationships with the youth you may have to play a few basketball games, learn how to play NBA2k15, or even broaden your music selection! Before Lighthouse I had never listen to Fetty Wap or Tupac, now I listen to it nearly every day before I attend Lighthouse. By playing the games they enjoy or being able to have conversations about the music they enjoy you will make yourself more accessible to the youth at Lighthouse! Jump in and get involved in the programs lighthouse has to offer such as Girl Power and Guy Power, running club, and homework hours.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Absolutely, heck yes! There have been so many moments that I will forever be thankful for. I have had a blast working at Lighthouse with the youth and the staff. Everyone at Lighthouse embodies the qualities that individuals who work with youth should. They are fun, loving, and want the best for each and every student. I have no reservation in recommending Lighthouse as a place for someone who enjoys working with middle and high school students.

1. Tessa Kurtenbach

2. Family Science

3. Child Life Practicum Student

4. Children's Hospital & Medical Center

8200 Dodge St., Omaha, NE 68114

www.childrenomaha.org

5. So that all children may have a better chance to live...

6. Christina Schumacher, BS, CCLS

(402)

7. The purpose of my internship was to complete a Child Life Practicum, which was an opportunity to gain insight into the Child Life profession.

8. A) I was able to observe Child Life Specialists in their jobs and also help with patient activities and implement developmentally-appropriate care for the patients. I observed dozens of procedures and the preparation and distraction provided by child life as well as completing many weekly assignments to better understand the link between developmental theory and Child Life.

B) During my time at Children's, I acquired the skills of professionalism in a hospital environment, maintaining a calm disposition in stressful situations, and quickly determining how developmental levels of patients would impact the type of care they receive.

C) At Children's Hospital and Medical Center, I gained knowledge about the child life profession and what a day in the life of a Child Life Specialist looks like. I gained knowledge about which different settings child life is used in, different patient

populations that Child Life Specialists work with, and the variety of work that is incorporated in the job of being a Child Life Specialist. I also learned how to better prepare my self to become certified and be able to practice child life.

9. For me, the most critical moment at my internship was almost a weekly or bi-weekly decision to step up. I rotated departments with each rotation either one or two weeks. In each department, I had to learn the environment and learn my role. I needed to be able to accommodate quickly so that I could push myself outside my comfort zone and learn as much as possible in such a short period of time in each department.
10. If you are planning on doing a Child Life Practicum for this class, I would be prepared for a significant amount of homework. Along with completing around 180 hours at the hospital and completing assignments for CYAF 497D, I had to complete weekly assignments to be turned in to my supervisors. This was a large time commitment and was much more than I had anticipated. That being said, if you love child life, it is enjoyable homework, but homework nonetheless.
11. I most definitely would recommend this to other students, but only ones who are serious about pursuing a career in child life. This is also a position that must be applied for many months in advance and is very selective. They only accept one student per semester. If you are unsure about child life, I would recommend pursuing a different internship, specifically because it is very competitive and a lot of work only geared toward those who truly want to become a Child Life Specialist.

Name: **Sheng-Tzu Lim**

Major: Family Science

Internship: Student Staff/Intern

1. Organization: Cru (Campus Crusade for Christ)
 - a. (610) 308-1501 (number of Nebraska Team Leader Andy Allan)
2. Mission of the Organization: Win Build Send
Win People to Christ
Build People Up in Christ
Send People Out to Win, Build, Send
3. Supervisor: Sara Allan (Nebraska Team Leader) (402) 310-2798
Trainer: Leslee Damrow (308) 882-6038
4. Purpose of Internship
 - a. To work with college students at UNL and help with their spiritual growth
5. Work responsibilities
 - a. Mentoring students in leadership, life skills and spiritual things
 - b. Leading small groups, helping students work through personal issues and conflict resolution skills
6. Skills
 - a. Training students in curriculum
 - b. Training students in how to lead Bible study
7. Knowledge
 - a. Training while on staff was part of my internship so I was equipped to train other students

b. I was also studying the Bible and going Bible studies with Cru staff

8. What was your most critical moment at your internship?

a. I was asked to be a part of organizing Nebraska Cru Womens' retreat. I was in charge of the worship portion and that was fun and challenging for me. Music is a passion of mine and I was able to use that gift and passion to lead other girls into worship. I also able to use this to connect with girls at retreat and to talk music and ministry. Leading the worship component was hard. I had to pick the songs and arrange them so that it would relate well with the topics

9. Recommendations for future internship students for preparing for the internship experience in similar position or organization

a. Don't be afraid to admit that you are struggling. Be brave to be honest.

b. Think about what your passion is and how you can use your passion to be a part of your internship. This will make your experience more memorable and fun!

10. Would you recommend this particular organization or agency to future internship students? Why/why not?

a. I would definitely recommend this organization! I love God and I want to make Him known. This internship challenged me to get of my comfort zone and to be willing to seek others and put others before myself. You can set your own hours so it is flexible for college students!

Ben Mellema
CYAF 497D Community Internship
April 8
Internship Description

1) My name is Ben Mellema, I am a senior here at UNL.

2) My major is Family Studies, and I minor in Education.

3) I am an Intern at Vital Services Inc.

4) The company is Vital Services Inc.

They are located at 6400 Cornhusker Hwy Lincoln Ne, 68521

Their phone number is: 402-465-5664

Their website is: www.vitalservices.org

5) Vitals' mission statement is: VITAL Services, Inc. is committed to providing quality residential, vocational, and respite supports. Our objective is to provide opportunities for interdependence, self-advocacy, and community integration for all.

They provide multiple services for individuals with intellectual, and developmental disabilities, such as vocational, community, and residential services.

6) My supervisor for my internship is Josh Bumgardner.

He is Employee Development Manager at Vital Services.

Phone is 402-465-5664, Fax is 402-465-4065

7) The purpose of my internship is to gain knowledge, in the social work field, while gaining hands on experience in management positions. Also gaining additional experience in working with the developmentally disabled population.

8) a) I intern under various people in management positions, such as; a residential manager, vocational manager, and employee development manager. I spend time observing them and their management techniques. I also spend time assisting in direct support of the individuals.

b) I have learned different management techniques, as well as different methods of recording and inputting new individualized data.

c) I have gained understanding of management positions in this field, where before I have primarily worked in the direct support aspects of this field. I have gained knowledge in discipline/rewarding staff in an appropriate manner as well.

9) A big moment at my internship was when I sat in on a meeting with my internship supervisor, and a supervisor at another company. The meeting was about negotiating a price for a service. The meeting was an interesting look at some of the things that are necessary for a place like vital to do business effectively. I was able to learn a lot from that meeting.

10) I would tell students who are looking at a similar internship to make sure to ask a lot of questions. Ask why your supervisor may be doing something a certain way. That way you can get the most out of your internship instead of just sitting back and not participating.

11) Yes. I would recommend Vital to any student who was interested in pursuing a career in the developmentally disabled field, or in a social work related field. I have had a great experience there and have learned many things that I can use as I go forward into my career. Everybody at Vital has been very helpful to me and willing to share knowledge with me.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name
 Esmeralda Montelongo
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
 Child, Youth, and Family Studies, *Specialization* in Family Science
3. Practicum position title.
 Family Support Worker
4. Organization / agency name, Organization / agency address and contact number, Organization website if available
 Jenda Family Services,
 914 L Street, Lincoln, NE,
 402-474-0011
5. Mission of the organization or agency.
 The mission is to "Help Families Grow the Next Generation of Parents". Jenda views the family as the greatest asset for a child, and strives to work with each family in the way that best meets their needs.
6. Supervisor's name and title, Supervisor's contact number (phone and fax, if available).
 Julie Geise, Service Supervisor,
 402-480-2393 (Personal), juliegeise@jendafamilyservices.com
7. Describe the purpose of your internship.
 The purpose of my internship is so provide family support services to families. This entails providing supervised visitations and making sure the parents are engaging in risk free and proper interactions. The children that I work with have been placed in foster care, therefore the number one priority is their safety. The goal is to help parents become better parents in order to regain their parenting rights and help children grow. As a family support worker I am also assigned family support cases. These entail helping families connect with resources such as food stamps, housing, jobs, and making sure their basic needs are being met.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

Since beginning my internship, most of my responsibilities have been provide supervised home visits. I was responsible for picking up children at their foster homes and transporting them to their biological parent's home, where they would have visitation for a few hours. During the visit I would supervise family interactions and making sure the parents are achieving their goals that the court has placed as their terms. For example, parent A should provide the children's basic needs such as food, clothing, etc. during visitations. A lot of my work responsibilities occurred after the visitations with documentation. Documentation is an essential and important part of the job. After visits I was responsible to document what I observed during visitations and indicate what goals the parents achieved or didn't achieve. Documentation allows the court and other individuals that are a part of the parent's case to see if there are any potential risks and family progress. Documentation takes some time to do and can be a little overwhelming if your school work and work priorities are not organized. It's important to plan ahead because documentation can take up time where you could have been doing homework.

8b.) What skills did you acquire over the course of your internship?

I definitely acquired the skill of reaching out and contacting resources for the families. This is something that I've never done before and at first it was a little nerve wrecking for me. However, my co-workers and supervisors are a strong support at Jenda and gave me insights on who and how to contact certain places. Professional communication skills is an area I've seen myself grow in. Another skill that I've seen myself acquire would be my observation skills. Observing individuals interact is something I've done through practicums at UNL. Working at Jenda has really helped me observe in a more efficient manner while paying attention to important details. Documenting visits has helped with my observation skills because it helps me recall what happened during the visit. Throughout the semester I have been able to attend to the children and parents, while still storing away important details. Although visits can be chaotic during some visits, I've seen myself improve in this area.

8c.) What type of knowledge did you gain?

Became more cultural competent- working with various families can be challenging but rewarding. It has opened my eyes to various issues that families may be facing and how a family's circumstance impacts the children with their personality, behavior, emotionally, and with their motivation. Not only has this job opened my eyes to different types of families, but it also helped me work around my own biases and understanding in order to provide efficient services to the families. It's important to meet the families, "where they are".

8. What was your most critical moment at your internship? Explain *why*.

I don't believe I've had a "critical moment" at my internship this semester. A lot of the families that I have worked with have made progress before I've been assigned the cases. Therefore, a lot of the parents that I work with understand their responsibility during visits and their boundaries with their kids.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Students need to understand beforehand that it's important to meet the families and individuals who they're working with "where they are". This means that a lot of families may not know what they don't know, and as a college intern, it's important to understand their perspective. Going into the field similar to a family support worker without having a sense of cultural competence can lead to distress and an unbalance within the person's personal life and work life.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

I would recommend applying at Jenda Family Services if a student understands the job description and responsibilities. As previously mentioned, a family support worker does a lot of observation during visits and let the parent and child interact. Throughout the semester there were times where I felt that my job wasn't what I was expecting. I wanted to interact more instead of doing a lot of observing. I think it's important for each student to know what the role is and what they're hoping to do after graduation before applying at Jenda!

VIII. A) The majority of my time was spent with the Activity Department. We planned and participated in exercise events such as big ball, Tai Chi, and Wii Bowling. We also went on outings to lunches, shopping, an Easter egg hunt at a day care, and the circus in Iowa! There were holiday events and games, meals and paper work. Along the way I was encouraged to interact with and get to know each member and contribute just as if I were an employee or part of their team.

B) The skills I acquired as part of this internship were:

- How to load and seatbelt people in wheelchairs onto a bus. (I also learned how to get them off of same said bus!)
- I learned how to assess and admit a member into a LTC facility.
- I learned how a care plan team management meeting operates.

C) The types of knowledge that I gained were:

- I learned that Activity people need to know people's dietary needs if they take them to lunch! Some people need their drinks thickened or food finely cut in order to consume their meal.
- I learned that just because a store says it is handicapped accessible and they put a ramp outside doesn't mean they have made their store handicapped friendly. Maneuvering a wheelchair through a department store like JC Penney to help a man find socks is quite a chore!
- I learned the importance of the memorial ceremony and what a gift it was to be a participant!

I. Terri O'Brien

II. Major: Child Youth & Family Studies

Minors: Gerontology & Psychology

III. My "Title" was – Student – I interned in the Activity Department

IV. Internship Site- Eastern Nebraska Veteran's Home

12505 South 40th Street

Bellevue, NE 68123

(402) 595-2180

V. Mission: Eastern Nebraska Veteran's Home is an Assisted Living, Long Term Care, and Alzheimer's Care Facility for US Veteran's and their spouses. Their mission Statement is; Taking Care of America's Heroes!

VI. Supervisor: Sarah Ryan – Activity Supervisor

(402) 595-2180

Sarah.Ryan@nebraska.gov

VII. My internship served a dual purpose. It satisfied 3 CYAF credit hours and 3 GERO credit hours. After graduation I want to work with military families in crisis. This internship allowed me to familiarize myself with area families and make some contacts within the military community. In fulfilling the gerontology qualifications, spending time with the Veteran's and getting to know them was a gift. The hardest part was leaving!

- IX. There were several important moments in my internship. But “critical” would have to be the human and professional connections that I made. I met a person who is involved with Veteran’s Homes State wide who asked for a copy of my resume’. He said you never know when you run into someone who is looking for someone with my skill set and he would like to have my application on hand. This was not only flattering, but it gave me a ton of self-confidence and motivated me to keep going.
- X. My advice for future students would be to keep an open mind. If you try not to have too many expectations you will be happier with your experience. Also, do everything you are asked and be joyful about doing the task.
- XI. This is an AMAZING facility and I would recommend this organization, ONLY if you are interested in working with the military population AND you don’t mind the COMMUTE. (It’s over an hour drive one way!) It’s a lot of driving and someone DID run into my car. (It still runs and doesn’t look too bad.) However, there is no money to pay for it until after graduation when I have a job. (Deductibles matter!)

Internship Description

1. Ingrid Olsen

2. Family Science, with minors in business and education

3. DomestiPUPS intern

4. DomestiPUPS

1541 Center Park Road, Lincoln, NE

www.domesti-pups.org

1-866-515-PUPS

5. "Our mission is to improve the quality of life for persons with special needs through the assistance of animals, and to promote awareness through education"

6. Michelle Ashley, Executive Director

mashley1@outlook.com

7. The purpose of my internship is to assist with anything that is needed to accomplish DomestiPUPS mission. DomestiPUPS is a nonprofit that provides service and therapy dogs for persons with disabilities.

8. a. Most of my responsibilities revolve around social media and marketing, whenever there are events I am there to take pictures and organize posts. I also have worked with some sponsors and organized lists of possible sponsors for upcoming events.

b. Along with basic office skills I think I also acquired stronger communication skills. I am more confident in my ability to communicate with people in the workplace and also feel more confident in my interview/ job application abilities.

c. I gained a lot of knowledge surrounding the organization of non-profits and how organizations like DomestiPUPS operate. I came in with little information on this topic and

appreciate having a better understanding of the overall set up. I think this will be valuable information to use in the future.

9. I don't know that there was necessarily an especially critical moment, but there were definitely a few times that things we were working on had to be rushed and there needed to be a decision made quickly. I learned to act with a sense of urgency and that it is important to be ready to jump on a task.

10. I think my advice would be to be ready to have a different day everyday, you most likely won't be doing the same tasks day to day, and there may even be schedule changes- so be prepared to have some flexibility!

11. I would recommend this organization to future internship students, I have enjoyed my time there. I think one thing that I enjoyed is that I was able to make my experience my own. My supervisor was open to me bringing my ideas to the table and I was able to take on projects and assignments that interested me.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

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Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Katey Rehm
2. Child, Youth, and Family Studies
3. Staff Assistant and Researcher
4. American Historical Society of Germans from Russia
631 D St. Lincoln, NE Phone: 402-474-3363 Email: ahsgr@ahsgr.org
www.ahsgr.org
5. Mission Statement states "The American Historical Society of Germans from Russia is an international organization dedicated to the discovery, collection, preservation, and dissemination of information relation related to the history, cultural heritage and genealogy of Germanic settlers in the Russian Empire and their descendants."
6. Supervisor's name: Diana Wilson Title: Librarian
Supervisor's contact number: 402-474-3363 Email: dwilson@ahsgr.org
7. The purpose of my internship was to get the feeling of what goes into genealogy.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

Mainly my responsibilities were in the library that is located in the basement. This is where the majority of the time I scanned photos that were in the vault. These pictures were scanned and put on an excel sheet with a hyperlink. Sometimes I got to work with a volunteer with finding people's names that their relatives were looking for. I also got to work with the museum's committee. With them I got to help with the displays in the museum.
 - 8b.) What skills did you acquire over the course of your internship?**

The one of the biggest skills that I acquired during my internship would have to be getting use to using the Adobe scanner. This scanner can scan large and small documents with one sweep and then goes on the computer. Most of the other skills were merely enhanced then acquired. For one, my excel skills have been lacking since freshman year of high school and at

the museum they used it a lot to organize. Another skill I acquired would be working with different types of people, for example, a year older than me to people in the early to late seventy.

8c.) What type of knowledge did you gain?

Professionally: I learned what goes into genealogy and how to research a family's history through censuses and other documents that other relatives have left in the library as collections.

Personally: I gain an insight on a how a different immigrants came about in a different land and suffered during disparate times in Russia and came to find a new "home" in United States and Canada, some even made it to South America.

9. What was your most critical moment at your internship? Explain *why*.

I most critical moment in my internship would have to be when my supervision let me work with one of the volunteers that works in the library, whose helps researches the family's for people who ask for information about the relative that they are looking for. I picked this, because this was my firsthand at researching for person's relative. I did find the person that we were looking for. It was really cool to find out that the person that I researched for was happy with what we found for him.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

One recommendation would have to be is to became part of the organization, because it brings your experience up a notch. Emerging yourself in the internship brings not only a professional insight on how the job goes, but also an insight on the life of those people that the museum is about.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend AHSGR for future internship students, because the staff is very accommodating for what you need. You also are not limited to the library; I got to do things such as set up displays with the committee of the museum. Be ready to learn a lot about Germans from Russia and some history about Lincoln.

CYAF 497D Internship Description

1. Sarah Russell
2. Family Sciences, minor/certificate in Gerontology, minors in Psychology and Spanish
3. Student Intern and Group Facilitator
4. **Mourning Hope Grief Center**
4919 Baldwin Ave Lincoln NE 68504 402-488-8989
<http://www.mourninghope.org>
5. Mourning Hope companions grieving children, teens, young adults and their families when someone significant in their lives has a serious illness or has died. Mourning Hope provides support groups, community education, grief resources and referrals.
6. Lauren Patton; Program Resource Coordinator
402-488-8989
7. The main purpose of my internship was to understand how families and children grieve the death of their loved ones and how to companion them.
8. **Work responsibilities, skills, and knowledge:**
Most of my time was spent doing research and small projects for my supervisor. For example, one of my projects was to research activities for each of the 6 needs of mourning and companioning those grieving and categorize them for age groups. I also trained to be a group facilitator for the support groups that Mourning Hope provides for families and their children that have had someone significant in their live die. Over the course of this internship, I acquired leadership skills when working with young children as a group facilitator. I also gained empathetic skills and how to respond with empathy towards grieving children and teens. The main knowledge I gained while working with Mourning Hope was how to be a companion, whether it is in a situation where a friend is going through a tough time or companioning someone I do not know that has had a significant death.
9. I believe the most critical moment at my internship experience is realizing that when being a facilitator, I am not a therapist and that it's okay. My main purpose as a facilitator was to be a companion to those who were grieving. Although this can be very draining and heavy on an individual emotionally, learning that I can companion someone who is grieving is a very rewarding feeling.
10. When preparing to work as a student and facilitator with Mourning Hope, you need to remember that you will be working with families that are going through a lot, and are grieving. It is very important to understand empathy while working with these children and families. You need to also have a strong ability to stay somewhat composed in very emotional situations.
11. I would definitely recommend Mourning Hope to students. It is an amazing learning experience being able to learn how to companion others through grieving. The staff at Mourning

Hope becomes your family, you can go to anyone and they will be there to let you vent, cry, and laugh about anything.

1. Jenna Schommer
2. Family Science
3. Activities Coordinator/Volunteer
4. Madonna St. Jane de Chantal Long-Term Care Services
2200 S 52nd St, Lincoln, NE 68506
(402) 413-3000
<http://www.madonna.org/jane-de-chantal/overview.html>
5. Madonna's Mission Statement: "Madonna Rehabilitation Hospital is a Catholic hospital that provides physical medicine and rehabilitation services to children and adults throughout the nation. We rehabilitate those who have sustained injuries or disabling conditions so they can fully participate in life. We lead research to improve outcomes. And we prevent physical disabilities and promote wellness through community programs."
6. Doris Lewis – Clinical Supervisor, Recreational Therapy
(402)-413-3716
7. The purpose of my internship is to help elderly and disabled individuals enjoy their lives by participating in individual and group activities.
8. A) My major work responsibilities were to assist the residents in activities that they enjoyed and to help plan and implement group activities for the residents. I spent most of my time doing one-on-ones with residents by reading to them, helping them with their emails, or even just talking to them. I also spend time assisting with the group activities which include exercise and several different crafts. After any activity is done by a

resident, I have to document on it and explain their independence level and what they did.

This helps later with evaluating and adjusting the residents care plan.

B) I acquired several skills while interning at Madonna. I learned how to document on the residents activities as well as complete a Minimum Data Set (MDS). This internship allowed me to improve my professional skills and I now believe I am better at communicating, team work, and documenting.

C) I gained an enormous amount of knowledge during my internship at Madonna. I learned how to work with all kinds of individuals. I now understand the lives of the elderly and disabled better. I learned how to communicate with a resident who has ALS by using a letter chart and watching his eye movement. I learned a lot about different chronic diseases and how they affect individuals. Most importantly I learned how to keep these individuals involved and ways to adjust their favorite activities so they are able to continue participating.

9. My most critical moment in my internship was when I was assigned to work with a resident who had ALS. I was very nervous because he had lost almost all of his nerve muscle and only had a little bit left in his face. He was able to move his eyes up and down and side to side to communicate yes and no. I had to use a letter chart to hold conversations with him. I was very nervous at first to work alone with this resident, because I was afraid I would not know what he wanted or needed. I had never been in a situation like this before, but I was able to overcome my nerves and met with him every single week. He shortly became my favorite resident to visit and I love my weekly conversations with him. My most critical moment ended up turning into my favorite memory.

10. To any future internship students who are preparing for the internship experience, I recommend that you do not let your nerves overcome you. It will be nerve-racking at first, but it will end up being a great experience that teaches you many valuable life lessons. Also, get to know your coworkers and supervisor, because they will be great connections to have in the future. Make sure to enjoy your time interning; it goes by very quickly.

11. I would recommend Madonna to future internship students, because this organization allows you to work with a diverse group of individuals who will put a smile on your face every day. The residents greatly appreciate the help they receive and make you feel important and valuable to them. Every time that you go in to work you will realize how precious and fragile life is. It really makes you appreciate your health and the people in your life.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Rachel Schroeter
2. Family Science
3. Student Staff
4. UNL Children's Center
2225 W St, Lincoln, NE 68503
402-472-2009
<http://childcare.unl.edu>
5. "The mission of the Children's Center is to provide high quality early childhood education for children 6 weeks to Kindergarten"
6. Jenny Nelson, Lead Orange Pre-Toddler Teacher
402-472-8605
7. I choose to work in a Pre-Toddler classroom to help me achieve understand in the field of occupational therapy through teaching large and fine motor skills to young children that will make them more independent such as walking, eating, hygiene, etc.
8. Work responsibilities, skills, and knowledge:
 - 8a.) My main responsibilities were to assist in breakfast routine, which includes promoting self-feeding skills. Also diapering, hand washing, child/teacher ratio count, and interacting with the kids during free play times as well as monitoring their behavior and "redirecting" when they were being unsafe or unkind.
 - 8b.) Positive redirection in response to undesired behavior, large motor development assistance, how to correct utensil use at mealtime, and how to address picky eating.
 - 8c.) Hands on knowledge of working with a young, active population, which desires independence and cannot verbally address many of their frustrations.
9. My most critical moment I would say was when the lead teacher was sick and I had to open

and “act” as the lead for two and a half hours at the start of the day. Though there were many full-time staff around if I had needed them, it was very fulfilling to know that I had learned enough to fill in for that roll and that I was able to keep the classroom in balance.

10. I really recommend that a student evaluate what they are after in their internship and possibly shadow a day before they decided where to complete it especially in a setting with children. I had previously worked at the children’s center so I knew what to expect but when I originally started a few years ago I was startled by the demand, pressure, and staff interaction. So being able to see that ahead of time can be helpful and calming when it comes up again.

11. I would recommend it for students who really love working with kids. Most of the day at the children’s center is spent in Free Play so you really get to develop a relationship with the kids not just see them for a minute or two. As well as not just standing in front of them speaking to them and not with them.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: **Morgan Smith**

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Majors in Psychology and Family Science

3. Practicum position title.
Street Outreach Services and Basic Center

4. Organization / agency name **CEDARS**
Organization / agency address and contact number **6601 Pioneers Blvd**
Bridget Olson at (402) 434-5437
Organization website if available **<http://www.cedars-kids.org/employment/internship/>**

5. Mission of the organization or agency.
It is the mission of CEDARS to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships.

6. Supervisor's name and title,
Bridget Olson RYS & Volunteer-Intern Manager

Supervisor's contact number (phone and fax, if available). **Phone: (402) 434-5437**
Fax: (402) 437-8833.

7. Describe the purpose of your internship.
The purpose of my internship was to gain experience in working in a non-profit organization and working with at risk adolescents.

8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
 - 8b.) What skills did you acquire over the course of your internship?
 - 8c.) What type of knowledge did you gain?

For Basic Center, I worked with the family partner and therapist. We work with adolescents and their family's for 21 days to prevent the adolescent from being either removed from the household and/or being placed on probation. I was able to sit in and help with creating 21-day plans and agendas for the families. I was able to facilitate skill-building groups with the families, create behavioral management plans, complete the intake paperwork with a new family, complete documentation, and work with school social workers and school counselors. I was able to learn how to create appropriate boundaries with clients and their families when working inside of their home. I learned how to create hands on activities and skill-building groups that can help improve family's relationships and interactions.

For Street Outreach Services, I worked with the staff to find and provide resources to children and adolescents that are struggling with homelessness. We would do outreach services with high school and middle school students by providing them with a meal and our contact information. We would also go around to the homeless campgrounds around Lincoln to provide food and our contact information to them. Many clients call Street Outreach for help. We can provide clothes, food, gas vouchers, diapers, and bus passes. If we did not have what they needed we would provide other resources that they can use in Lincoln to get whatever they needed. The knowledge I gained was the ability to learn about the resources and opportunities that Lincoln and Nebraska has for children and families that are struggling with homelessness.

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment of my internship was when we had our first successful Basic Center family. This family was on the verge of kicking their son out of their home because of drug use, sneaking out and refusing to follow his parents' rules. After working with the family for three weeks we were strengthen their relationships and communication with each other. The client was able to abstain from drugs use and was following rules at home. It was a great experience working with this family and it was very rewarding.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My advice for future students is to find an internship that you are interested in and/or see your self working at after graduation because I was able to find a organization that I enjoyed working at and they actually offered me a full time position.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes I would defiantly recommend students to do their internship at CEDARS. I like it is a great organization that have many programs to offer different experiences in Human Services. The staff is very welcoming and friendly. I was able to learn so much about myself and what area I want to work in after graduation.

1. Your name.

Skyler Sullivan

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Family Science with a minor in Education

3. Practicum position title.

Utility Man – do whatever needed to be done

4. Organization / agency name, -

Nebraska Basketball

Organization / agency address and contact number -

236 Hendricks Training Complex Lincoln, NE 68588 – (402) 472-2265

Organization website if available

<http://www.huskers.com/SportSelect.dbml?SPID=24>

5. Mission of the organization or agency.

To win basketball games, and turn boys into men instilling the “right” values

5. Supervisor’s name and title,

Brett Sapp – Administrative Coordinator

Supervisor’s contact number (phone and fax, if available).

Brett Sapp- (402) 521-0128

7. Describe the purpose of your internship.

The purpose of my internship was to help the basketball program in anyway possible.

Whatever they needed on that day is what I did. Sometimes it would be the same types of things (breaking down games, rebounding for players) and sometimes it would be completely different tasks (finding different stats, doing different basketball projects.)

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time? *I spent a huge chunk of my time at my*

internship. Basically, if I wasn’t in class I would be at the office. There were always odd jobs and different things to do. I was also the head manager, so I had control over all managers and my job was to make sure everything ran smoothly. I had to make sure all of the little things are in tact.

8b.) What skills did you acquire over the course of your internship? *During my internship I have acquired a plethora of skills. Skills that immediately come to mind are: mental toughness, concentration, organization, time management, communication, Microsoft excel, Microsoft word, being a leader, synergy film, sports code film, practice drills, and player development drills.*

8c.) What type of knowledge did you gain? *To me I have gained more knowledge in my internship experience than I have gained in school. The experience I have gained is unmatched and I will carry it with me everywhere I go. The coaches here that have guided me and taken me under the wing will forever have an impact on me. I have gained knowledge on how to be a better person as well as basketball and winning culture knowledge.*

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship is very hard to choose. I think for me it might have to be a moment when I was very humbled. One of our coaches was very hard on me but I was able to take it. He would over exaggerate but because he knew I would change. One day he told me how bad I was and how I would never make it in this business and blah blah blah. He told me some things that were not true but also made some valid points. At the end of the day I have changed because of the harshness. I have different working habits and understand what he wants. Today I realize how much better I am because of a few people that have made a huge difference in my life today. I realize that relationships are the most important thing in your job, to accomplish the mission you must have relationships, and in life.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I wouldn't recommend my internship to many if any people. It is a different environment that not many people can withstand. Only a few people are built for it. It just depends how deep you want to dig and be immersed with your internship. I chose to dive in and learned a ton but if you don't want to be a college basketball coach, then there is no reason to do what I did and you shouldn't do it. If students would do it, it's all about how much they dive in, and what the staff at that particular school is expecting in return. Every school and year is different because of the staff changes.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

No, I would not it takes a special person to be a college coach. A lot of times if you are not a former player you will have trouble getting into coaching. It is a very competitive field and you have to start from rock bottom to climb up. You better be sure you know what you want if you get in it. I've seen countless people quit, and even current assistants quit because of the business. It is more than a game in Division 1 basketball. I have personally learned a ton but I knew what I wanted to do out of high school and stuck with it. Looking back, sometimes I wish I would have gone into another major and been a banker or have some type of stable job, I would not recommend this to other students.

Internship Description

1. **Name:** Audrey Swanson
2. **Major area of study or focus:** Child, Youth & Family Studies
3. **Practicum position title:** Family Support Specialist
4. **Organization / agency name:** Cornerstone Families
Organization / agency address: 4630 Antelope Creek Rd, Lincoln, NE
Organization/agency contact number: 402-314-9208
Organization website: www.cornerstonefamilies.org
5. **Mission of the organization/agency:** The mission of Cornerstone Families is to preserve, restore, and strengthen the family, by providing compassionate family centered care and instruction through visitation.
6. **Supervisor's name and title:** Flo Krogman, Director
Supervisor's contact number & fax: 402-314-9208; 888-643-7459
7. **Describe the purpose of your internship:**
The purpose of this internship was to provide me with the skills needed for my future profession as a Family Support Specialist. I have been offered a full-time position with this agency after graduation.
8. **Work responsibilities, skills, and knowledge:**
As a FSS I provide supervised and monitored visitations to families who have had their children removed from their custody. This involved me working in a family's home, my organization's visitation room or out in the community at large. Often I would spend my time observing and cataloging parenting behaviors of the families I was observing. Another important function that I performed in this position was to provide random dropins to ensure the safety of children where the abuse or neglect was not enough to take them out of the home to begin with or they had just been returned to their parents' custody to begin living with them full-time again. I think the most important skill I gained was time management. For this job I had a lot of last-minute shifts come up and I had to make room for work, school and a social life. I learned how to juggle these three things and come out relaxed and at ease with the progress I was making in all three categories. The knowledge I gained was mostly on how to relate and talk with people of very different backgrounds. After this internship I know that I am far more adept at deescalating a tense situation because of the knowledge and skills I gained on how to relate with people.
9. **What was your most critical moment at your internship?**
The most critical moment of my internship is when the documentation that I had been doing for a case actually made a difference in the direction of the case. I had a family where the father was accused of molesting his step-daughters and I could tell on visits he was grooming the 8 year old daughter to become a victim in the future. By documenting this and all of the other negative

parenting behaviors taking place I was able to get visits suspended indefinitely so that the children did not have to go through any more trauma than was necessary. This was the most critical moment because during a lot of the internship I felt like the work I was doing wasn't making a difference at all in how the case was being resolved, but for the first time with this situation I saw the direct influence I was having on the case and it felt good.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Be prepared with techniques to relieve stress! Know your limits and don't commit to working any more than what you know you can reasonably do with the pressures of school and maintaining a social life. Understand that you will make mistakes, but also you will learn from them and come out better because of those mistakes. Know that the work you're doing does matter even if at the time it seems like it doesn't.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes, I would recommend this organization as you can get as many or little hours as you want in. Also it is a paying job which is always welcomed! The supervisor is incredibly nice and very understanding of any time constraints you may have. I would recommend this to anyone who thinks that this is the field they want to work in after they graduate because it can easily turn into a career with this organization as it did for me.

Kelsey Swartz

Child, Youth, & Family Studies

Child Behavioral Aide

Behaven Kids
1145 High St.
Lincoln, NE 68502
402.423.6464
www.behavenkids.com

Mission: To passionately teach effective skills that change children's lives and ultimately changes our future.

Katie Mandelko, Program Coordinator
402.423.6464

Purpose: Working together with families and community to give children a chance; a chance at success, a chance for the future.

Responsibilities, Skills, and Knowledge:

Duties: Facilitate group therapy for children ages 5-9 teaching a variety of social developmental and emotional skills.

Skills: Leading group therapy, learn different strategies on connecting with clients, implement the Behaven model into therapy sessions, and learn more approaches on emotional development

Knowledge: Learned different programs out there for children with Behavioral disorders. Gained an understanding of Behaven's model and how to implement it in a variety of settings.

The most critical moment at my internship was actually dealing one on one with families and issues that came up. It gave me an understanding of different things I would have to deal with in this type of career and I was able to handle them on my own hands on.

Recommendations: This type of job is very stressful at times so it is extremely important to stay positive throughout the entire thing. Develop different strategies to help you unwind from work and disconnect.

I would most definitely recommend Behaven Kids to internship students. My supervisor was awesome and they are extremely flexible with hours. They make you feel welcomed and they really get you doing some hands on tasks that were extremely beneficial for my career.

1. **Tiana Terrell**
2. Family Science
3. Child Protective Services Intern
4. Department of Health and Human Services- Child Protective Services
301 Centennial Mall S, Lincoln, NE 68508 (402) 471-3121
http://dhhs.ne.gov/children_family_services/Pages/jus_jusindex.aspx
5. The Division of Children and Family Services works in partnership with other groups to make sure that the abused, neglected, dependent, or delinquent populations it serves are:
 - Safe from harm or maltreatment;
 - In a permanent, healthy, nurturing, and caring environment;
 - With a stable family;
 - Helped to heal from harmful effects on their lives; and
 - No longer threats to their community.
6. Amy Lauritsen, Children and Family Services Supervisor, (402) 617-7147
7. The purpose of my internship was to gain knowledge of how Child Protective Services works and how this agency runs as a whole.
8. Work responsibilities, skills, and knowledge:
 - My responsibilities were to read case files to help aid the case managers, listen to jail calls and take notes, type out court reports, attend court and team meeting with assigned case manager.
 - The skills that I acquired were typing skills and how to handle situations professionally.
 - The knowledge that I gained was how to type a court report, what the laws are in Nebraska about child abuse and neglect and what other agencies are available to families that need some extra support.
9. The most critical moment at Child Protective Services that I witnessed were being able to see an adoption happen. This was a moment that I will never forget because after reading the case about these children I really wanted them to find a forever home and both the brother and the sister were able to stay together in the same home and now are living a happy life, free from abuse.
10. My recommendations for interning in this field would be to keep an open mind, also stay positive and to be able to multitask. It's a fast pace environment and most of the people that you may be dealing with are not happy with the situation that they are in so being able to keep an open mind staying positive and being able to multitask are the three recommendations I have for someone looking into interning for the Department of Health and Human Services.

11. I would recommend this internship site to anyone looking to work for the State of Nebraska or individuals that are interested in social work.

Internship Description

1. Name: Rachel Theriot
2. Major area of Study or Focus: Child, youth, and family studies with a focus in early childhood education and/or childcare.
3. Practicum position title: Early childhood education intern (preschool). I was in a position where I was more than just a volunteer but less than a student teacher.
4. Organization: Dimensions Education Program
 - a. Location: 2045 E Street (Lincoln)
 - b. Phone Number: 402-476-8304
 - c. Website: DimensionsEd.org
5. Mission of Organization: Dimensions Education Programs mission is to inspire children, families, and educators to connect more deeply with the world around them. The focus of learning is dependent on what they call their nature explore classroom. Children grow and learn socially, emotionally, physically, and intellectually during everyday interactions with the natural world. With a nature explore classroom kids can discover, create, experiment, and use their creative juices to create an imaginative play area outside using yours truly, nature. One of the coolest things is seeing how much nature is around us in our everyday life whether we are inside the classroom or outside and to see kids become innovative thinkers using the resources around them. The nature explore classroom is what makes this organization unique than others. It is a fun and cool twist to an everyday classroom
6. Supervisor: Michelle Zimmer (Director)
 - a. Phone Number: 402-429-6570
 - b. Fax: 402-476-8060
 - c. Email: michellez@dimensionsed.org
7. Purpose of Internship: Purpose of my internship was to put my foot in the door and gain some type of experience of a real life job and the possibility of pursuing a career in this field with children. Going into this internship I had zero job like experiences and knew I wanted to work with kids but didn't know exactly what I wanted to do so this was an experience for me to gain understanding in a possible area of a future career.
8. Work responsibilities, skills, and knowledge
 - a. Major work Responsibilities: I helped teachers provide supervision for children. I interacted with children and families. I would roam the room and help kids innovate their ideas and teach them about the things around them to the best of my abilities. I initiated conversations of discipline at time and reiterated instructions from teacher.

- b. Skills acquired over course of internship: Communicating with adults and children, working with others, flexibility, initiative, and problem solving
 - c. Knowledge gained: I gained the knowledge of the relationship between children and adults and how quality of care and education is high. I learned how to adequately provide assistance to students in a way that makes them respect one another and take responsibility for their actions so that they are the ones trying to solve the problem and not just the teacher telling them what to do. Building relationships within co-workers, children, and family members creates an environment where all want what is best for the children.
9. Most critical moment: One of the most critical moments when I became an intern at Dimensions was how involved the teachers let me be with the kids. I am more than a volunteer but not as high up as a student teacher but they were willing to let me do one on one work with kids and use me to their best ability to create an experience that is best for the children as well as gain experience for myself that was hands on and initiative from me. Little things like letting me have one on one time with a kid to do a project, read, or do activities for the group that suites my strengths. Another powerful moment for me was to hear back from parents and how much their son or daughter enjoyed me around to be a role model and how they appreciated my time with them.
10. Recommendations for future internship students: Take advantage of your opportunities no matter the experience you get as a result of it. Sometimes a so so experience tells someone what he or she does not want in a job and a good experience approves someone of what they want in one. Students should be open-minded and take this opportunity as a time to explore their future possibilities of a career and gain experience.
11. Why recommend organization: I would definitely recommend this organization. I have had a positive experience and gained knowledge into this area of expertise. I believe this is also a unique organization that someone cannot find all the time. This early education program has a big focus in nature and using the outdoors as a place of learning. Students will be treated as one of their own and teachers will make it the best experience for us as well.

Merveille Tshita
CYAF 497D- internship description
04-08-2016

1. Merveille M. Tshita
2. Major: Child Youth and Family studies- Family science
Minor: Biochemistry
3. Case Aide
4. Catholic Social Services (CSS)
2241 O Street; 402-474-1600
5. Mission of the organization or agency.
CSS is a settlement agency. CSS has the mission to help refugee integrate in the United States easier. As case manager and case Aide, we work together to provide assistance to refugee. We work hard to make their life easier.
6. Supervisor's name and title,
Carmen Mariah Lopez; Refugee Resettlement Director
mlopez@cssisus.org
7. Describe the purpose of your internship.
The purpose of my internship is to work hard in order to make the life of refugees easier. It is not easy to move to a country where everything is new and different than what you have been used to. As a former immigrant, I understand better the difficulties and challenges that these families might be going through. Thus, my purpose is to help them to transition/ integrate to the United States easier.
8. Work responsibilities, skills, and knowledge:
8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
As an intern at CSS, I do a lot of what the case manager will do, except handling paper work and money. When there are new families- refugees- arriving in the Lincoln, there are multiples of things that needs to be done in order to prepare for their arrival. First of all, we have to help them find an apartment for them and sign a 12 months contract for them. As soon as the apartment is found, we furnished it for them- couch, bed, kitchen utensils... we also give them food that they can use for the first week or couple days of their arrival. When they arrive in Lincoln, we go pick them up at the airport. These families are eligible to be in the program for 90days. During these 90 days, we do a lot for them. We need to schedule medical appointment for them and take them to these appointment; we enroll the children to LPS school and we help the parent to be enroll in English classes as well. We apply for their social security card; apply for food stamp and Medicaid in their behalf; we help the fathers find a stable job; there are multiple random things that we do for them

during those 90 days.

8b.) What skills did you acquire over the course of your internship?

I have learned to be patient, more sympathetic and more understanding. I have also learned to be open minded and look at other perspective when it comes to making decision.

8c.) What type of knowledge did you gain?

I have learned a lot of what it takes to be a great case manager/ case worker. I learned the different skills that a great caseworker should have. I have also learned that we don't have to be perfect at all time. Making mistakes is just an opportunity for us to grow and learn more.

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment was when I took one of my patient, who was in labor, to the emergency room. I received a call in the middle of the night and my patient, who speak French as well, called me and told me that she was having contraction. Knowing that her due date was a week away, I thought that she was in labor. I woke up that night, at 3:00am. I went to pick her up and brought her to Bryan East. Since I have been working with this patient, I knew almost everything about her and I was a big support for her and her husband that night. When we arrive at the hospital, the doctor said that my patient's cervix was fully dilated and that she would deliver soon. My patient asked me to be in the room with her. I was there the entire time until the baby came out. This is an experience that I will never forget.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I will recommend them to be open minded and to be able to put themselves in someone else shoes. I will also recommend them to shadow a case manager for couple days in order to know exactly what it takes to work with refugees and immigrant. After shadowing, they can decide if it is something they would enjoy or not. It is exhausting to work with people of different background than you. So if you do not enjoy what you do, your time at the agency would be terrible. I will tell them "make sure you know what is expected of you at the agency and make sure it is something you will enjoy doing for an entire semester."

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would definitely recommend this agency to any student who is interested in working with immigrants and refugee. It feel amazing to know that you played a role in the life of someone. When these refugee come to the United States, they don't know what to expect. As a case aide or case manager, I feel satisfy to know that I have helped a family to succeed and made an impact in their lives. It takes a lot of patients and a lot of understanding to work with refugee. Most of the time, we have different ways of thinking about a problem. Thus it takes patience to work with them. I love working there and I love the interaction that I receive with people of different cultures.

1. Name: Tammie Vacek
2. Major area of study or focus:
Child, Youth, & Family Studies - Family Science
3. Practicum position title:
Intern for Child & Family Services
4. Organization / agency name:
Nebraska Department of Health and Human Services
Child and Family Services
5220 S. 16th St.
Lincoln, NE 68512
402-471-1537
<http://dhhs.ne.gov>
5. Mission of the organization or agency.
The mission of the Division of Children & Family Services is to provide the least disruptive services when needed, for only as long as needed to:
 - Give children the opportunity to succeed as adults,
 - Help the elderly and disabled live with dignity and respect, and
 - Help families care for themselves;resulting in healthier families and safer, more prosperous communities.
6. Supervisor:
Leigh Loskill
Child & Family Services Specialist Supervisor
Phone #: 402-471-1951
Fax #: 402-477-0039
7. Describe the purpose of your internship.
To gain a better understanding of how the Child & Family Services interact with the community and the intended or unintended consequences that affect families. I also wanted to have a better understanding of how the state system works since they interact with so many other organizations and my chances of interacting with the state system is very probable.
8. Work responsibilities, skills, and knowledge:
8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
My time at Child & Family Services was primarily spent shadowing Child & Family Services Specialists also known as caseworkers. I would go on in home visits, family team meetings, placements, court hearings, provider visits, removals, and other meetings with those they interacted with. I would take notes and document into the system the interactions between those involved in a variety of meetings and face-to-face visits. I would also help to obtain information on individuals involved in cases so that caseworkers would be able to

write court reports and know the specifics about the children they serve. In many cases I would get a variety of medical, educational, psychological, and behavioral information that would go into the reports. Since there were times when I was not busy with helping a caseworker, I would read policies, procedures, and guidelines used to train Child & Family Service Workers.

8b.) What skills did you acquire over the course of your internship?

During my time at Child & Family Services I was able to evolve my cultural skills and awareness. I was also able to further develop my documentation skills as required in a more formal and legal type setting. I was able to fine tune my ability to multitask and organize case information in detail.

8c.) What type of knowledge did you gain?

My experience at Child & Family Services broaden my understanding of just how prevalent the need for these services are and clarified my understanding of just what they do. I underestimated the amount of legal interactions Child & Family Services Specialists deal with daily. From the court reports to the understanding of the statues and legal proceedings; it can be a little intimidating. I gained an understanding of minimal parenting and even those parents who do the most minimal have rights and separating your own beliefs can be a challenge. I also learned that there is a great need to be compartmentalized in this work. Caseworkers have to care but yet separate themselves from the horrors they see daily to preserve their own mental health.

9. What was your most critical moment at your internship? Explain *why*.

During the course of my internship, I feel that there were many important or critical moments but for different reasons. Being at Child & Family Services provokes a wide range of emotions and reactions to different situations and there can be critical moments that make an impact on you in many different areas. For example, I had only been at my internship for five days but was part of the removal of four children from a father who did not pass a drug test. Seeing what the caseworker has to adhere to and the emotional fall out that the family faced was hard. Figuring out how to balance all of that and all the legal expectations was extremely stressful, but it was not until one of the children asked "So I can never see my father again?" that I realized the emotional strain the children have to struggle with. Another critical moment would have been when I was observing a caseworker while she was discussing a case and she talked about how there was not enough evidence to help this child even though everyone's gut instinct was that she was sexually abused. I realized how the unintended consequences of policies don't always step in and provide assistance without further trauma to gain further evidence. This made me very frustrated and led to my understanding of how the regulations and policies from the state to education to probation and so on, do not work together and can sometimes cause more harm than good.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

Prepare yourself for the emotional rollercoaster that you will experience during your time as an intern. The consequences from policy whether intended or unintended don't always seem fair when you see them applied to real life situations. Understand that you may deal with an

internal struggle of having to come to terms with wanting to help those you interact with and the conflicting rules and regulations that can get in the way sometimes.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

I would recommend Child & Family Services for future internships because it is a great way to gain a vast amount of knowledge. Understanding how this system works helps with understanding of a variety of other human service organizations and how they work together. Being a part of this team even for a short time allows you to learn so much that it can feel overwhelming but is so well worth it. It clarifies so many stigmas and stereotypes about caseworkers, the system, families, and many others.

Internship Description Guideline
(Email to Instructor on or before Friday, April 8th)

You are required to describe your internship in 1-2 typewritten pages using the format below.

A copy of your description will be put in the CYAF "Internship Notebook" and used by future intern students to evaluate sites for completing their internships!!

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
John VonDollen

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Family Science

3. Practicum position title.
Intern

4. Organization / agency name,
Organization / agency address and contact number
Organization website if available
Bryan Community Focus Program
300 S 48th St
(402) 436-1308
<http://wp.lps.org/bryan/>

5. Mission of the organization or agency.
Bryan Community School Mission Statement
Ensuring all students will achieve the necessary learning to be successful up to and beyond graduation
Bryan Community School Vision Statement
The Bryan Community School will provide an environment which allows students to create opportunities to develop trusting connections with one another, develop a sense of purpose, promote self-determination, and strive for excellence in academic achievement.
Bryan Community School Wide Expectations
Respect Intention Self-control Effort
 - We will establish a respectful learning community that embraces individuality by trusting, listening, and showing compassion to one another.
 - We will develop responsibility by holding ourselves and each other accountable for our learning, decisions and actions.

- We will develop a peaceful environment by accepting ourselves and others and resolving differences through communication, seeking and giving support and ensuring fairness.
- We will strive to increase academic achievement by giving feedback, recognizing effort, providing recognition and by encouraging belief in our abilities to be successful.

6. Supervisor's name and title,
 Supervisor's contact number (phone and fax, if available).
 Dr. Mindy Roberts, Principal
 (402) 436-1308

7. Describe the purpose of your internship.

The purpose of my internship is to gain knowledge and experience by observing first-hand how social workers and counselors work with at risk youth and how these students interact and handle life stressors in their learning environment.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

After meeting with my site supervisor, we created a plan for me to attend the classes at Bryan that are similar to the ones that I have taken in the CYAF department. Here I would interact with students and see how they are performing in school. Using what I have learned in my own classes at UNL, I can apply it to my interactions with the students. I also met with the School Social Worker, Drug and Alcohol Counselor, and Licensed Mental Health Therapist to see what their daily work is like and how they help the students inside and outside of school.

8b.) What skills did you acquire over the course of your internship?

I have participated in the Emergency Food Pantry at my site which is available to all students and their families as well as anyone in the LPS system. I have worked with all kinds of people and families in need and helped them to find resources available to them to help provide for their families.

8c.) What type of knowledge did you gain?

Throughout my internship, I have learned about all the different resources that are made available to students and their families to assist them with financial struggles. I have also learned to not be judgmental of any student or family that I come across. In this field it is important to put any biases aside and focus on helping them and doing everything you can to make their lives easier and keep their families' relationships strong.

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment at my internship was when I attended an intervention meeting for a student. Every staff member that either teaches this student or works with him outside of class and his mother attended. It was a wake up call for the student to correct his behavior, attend class, and complete his work so that he can graduate. It was great to see how the staff cared so much about this student and provided resources and extra help for him to catch up in class and to work on his behavior. The mother only knew his side of the story and how we was doing at

home. It was important for her to learn about what her son was really like in school. This was important to me because I really enjoy collaboration and I was able to learn how all of the different staff members worked together to help out the student.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

This site is great for students interested in teaching, social work, counseling, or even learning more about organizations that are involved with the school system. If a student was interested in interning at Bryan, I would recommend that they get involved as much as they can. There are so many opportunities here to discover new interests and professional relationships to improve your experience. There is much more going on here than your typical high school, so there are many ways to get involved and learn about how their system works from an inside perspective.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

I would definitely recommend Bryan as an internship site for future internship students. This site is a fantastic place to interact with not only staff but students as well. The entire faculty and staff is very hospitable and has helped me along tremendously throughout my internship experience. There is plenty of opportunities to meet new people, make connections, get involved with different activities, and to work with students and their families.

- b. Skills acquired over the course of the internship were how to creatively solve problems and work with children effectively while still teaching them about nutrition.
 - c. Knowledge gained was how to be patient when working with children and understanding my population. I had to learn what age groups within the schools would enjoy what activities and how to plan and find activities that fit their skill levels. I also gained knowledge on how to give health assessments and nutrition consultations to members.
9. The most critical moment I had was giving a nutrition consultation. It was critical in that I needed to not only understand the basic aspects of nutrition but also make the material relatable to my client. When doing nutrition consultations I had to be able to dig deep into my clients life and understand how they got where they are now and how I can help them change their outcome.
10. Recommendations to future students is that you have to really love what you're doing and want to help others better themselves. This internship is one where you have to really care and want others to succeed and have the tools in your pocket to help them succeed.
11. I would highly recommend the YMCA to future students. The YMCA was very accommodating to my busy schedule between work, school and an internship. They are more than willing and ready to help you when they can and offer a strong support system. I would choose them a hundred times over if I could. If you are looking for a supportive, caring, goal oriented and driven team the YMCA is the place for you.

Internship Description Guideline

1. **Name:** Miranda Wieczorek
2. **Major area of study or focus:** Family Science
3. **Practicum position title:** WeCook Program Intern
4. **Organization:** 4-H Youth Development/Children, Youth & Families at Risk Grant: WeCook
Office address: 201 Mussehl Hall, Lincoln, Nebraska
Programing locations: Arnold Elementary & West Lincoln Elementary
Contact number: Tara Dunker (402-472-4741)
Website: <https://cyfar.org/project-site/549>

5. **Mission of the organization or agency:** WeCook does not have its own mission statement but follows both the CYAFR mission and Nebraska 4-H mission. The CYFAR mission is to marshal resources of the Land-Grant and Cooperative Extension Systems so that, in collaboration with other organizations, they can develop and deliver educational programs that equip youth who are at risk for not meeting basic human needs with the skills they need to lead positive, productive, contributing lives. The Nebraska 4-H mission states 4-H empowers youth to reach their full potential, working, and learning in partnership with caring adults.

6. **Supervisor's name:** Michelle Krehbiel
Supervisor's title: Positive Youth Development Associate Professor
WeCook Primary Investigator
Supervisor's number: 402-472-9020

7. **Describe the purpose of your internship:** The first purpose of my internship was to create and implement activity day lesson plans that were adapted to weekly healthy living themes. The second purpose of my internship was to create ways to communicate through families.

8. Work responsibilities, skills, and knowledge:

8a.) **Describe your major work responsibilities of your internship?** During the majority of my internship I reviewed nutrition and physical activity curriculum and materials. Then I would adapt the curriculum and materials to the needs of the WeCook activity day lesson plans and family handouts. After creating the activity day lesson plan I also created any corresponding posters, worksheets, and/or other materials needed. A small amount of my time was working with the youth and actually implementing the activity day lesson plans.

8b.) **What skills did you acquire over the course of your internship?** Skills that I acquired over the course of my internship include better communication skills, adaptability, teamwork skills, and last but not least plan, organize, and prioritize work.

8c.) **What type of knowledge did you gain?** Some types of knowledge I gained include how to create a consistent lesson plan template and a better understanding of after school programs.

*and exciting center filled with fun and creative learning
to learn through play and active involvement. With
eas; children have daily opportunities for exploratory
employ a professional staff who acknowledges individual
is an environment that allows children to develop at their
We use appropriate curriculums for each age group
vels of ability and development. The children are involved
eeds in all development areas including social, emotional,*

gain knowledge and experience working with infants and
ion for working with children in an environment where
. I also wanted to be involved in an organization that
earning experience that would prepare me for my future

spent participating in the regular duties that the class
eant feeding, changing, playing with, and consoling the
duties included their daily curriculum, exercise and arts and

ite curriculum to 2 and 3 year olds taught me a lot. They
ly thought- like Spanish, shapes, numbers, and they can
I also learned a lot about how to take care of infants. I
ill" method of consoling a fussy baby, and that every child
; to walk) at different times, so there is no need to panic!

The most critical/ important moment in my internship was when I witnessed one of the infants (she was 14 months old) take her first steps unassisted. I was so extremely excited to be a part of this and wanted to call her mom immediately to tell her of the news. The other teacher in the infant room, Karen, used that as an important teaching moment. When infants spend most of their waking hours in a daycare, parents miss a lot of milestones, like baby Louisa's first steps. Karen doesn't want to take these moments from the parents, so as soon as she sees something like this happen, she mentions something like "it looks like Louisa is going to be walking soon!" when the parents pick them up. This helps the parents feel they are a part of their child's development even though they spend a majority of the day at work. This really hit home to me when I thought about my future as a parent. I want to be able to be a part of all of those major milestones so having someone "let" me be the "first" one to see it happen would be important to me.

I think working at a childcare center for your internship is a fantastic way to spend the semester. The only recommendation I would have would be to ask the site ahead of time if there is a week/ day that they would allow you to create the curriculum and teach it. I think that would be a great learning experience and a good way to test your skills. I was able to teach a few of the lessons that were already prepared, and wish I would have had the foresight to think about making my own!

I would recommend working with Ivy League to anyone pursuing a future career involving infants, toddlers, or preschool-age children. The staff is extremely outgoing and open to answering any questions. They are also extremely flexible with schedules and are willing to make it work for you to get your hours in. They allow you to be hands-on with your experience as well, which I think is the most important part!