

Guide to the Medical Family Therapy Ph.D. Specialization
Department of Child, Youth and Family Studies (CYAF)
University of Nebraska-Lincoln
and
Department of Family Medicine
University of Nebraska Medical Center

GUIDE OVERVIEW

This *Guide to the Medical Family Therapy Ph.D. Specialization* is a supplement to the CYAF Ph.D. Handbook and the *Graduate Studies Bulletin*, specifically designed to provide students enrolled in the specialization with additional information about program expectations and requirements. As a supplement, it does not replace these other resources. Students should make themselves familiar with these other materials and abide by the guidelines, deadlines and requirements found therein.

PH.D. SPECIALIZATION OVERVIEW

The doctoral specialization in Medical Family Therapy is program of study leading toward a Ph.D. degree in Human Sciences in the Department of Child, Youth and Family Studies at the University of Nebraska-Lincoln. The specialization is offered in collaboration with the Department of Family Medicine at the University of Nebraska Medical Center. Students began matriculating in the program in August 2009.

The doctoral program in medical family therapy has been designed to accomplish the following purposes: 1) improve health outcomes through collaborative care practice and 2) expand opportunities for collaborative care practice through scholarship, research and advances in the clinical practice of medical family therapy. Students enter the program after completing a qualifying masters degree.

The mission of the program faculty is to provide students with advanced learning opportunities in medical family therapy in which they will apply multi-disciplinary collaborative care principles and research methods to advance the field through scholarship, research and clinical experience.

Specifically, the program is designed to prepare students to:

- Work within medical systems and collaborate with healthcare providers in providing mental health care to patients and their families who are experiencing physical, emotional, relational or spiritual difficulties.
- Work in administrative, research, supervisory, clinical, and/or instructional positions in universities, medical schools and medical residency programs, medical clinics and hospitals, and private and public research firms.
- Teach and train the next generation of medical family therapists for work in a dynamic health care environment.

- Produce scholarly work in research, teaching/training, clinical work, supervision and collaborative health care.
- Critique, interpret, and integrate scholarly work of others in a way that makes the knowledge useful in advancing the field and improving clinical practice.

Expected student learning outcomes are listed and described in Appendix A.

PROGRAM FACULTY

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Degree Requirements

Students with a specialization in Medical Family Therapy must complete the following requirements in order to be awarded the Ph.D. degree in Human Sciences.

- a. Under the direction of the Supervisory Committee, complete a program of study consisting of a minimum of 95 graduate credits. According to the Graduate Bulletin, “[n]ot fewer than 45 semester hours must be completed at the University of Nebraska after the filing of the program of studies.”

Coursework requirements for specialization in Medical Family Therapy:

Program Components	Credits(<i>minimum</i>)
Course work related to Specialization* CYAF 951: Theoretical Foundations of Marriage and Family Therapy (3 credits) CYAF 952: Psychopathology and Dysfunctional Interactions (3 credits) CYAF 953: Issues and Ethics for Family Professionals (3 credits) CYAF 954: Assessment in Family Therapy (3 credits) CYAF 955A: Clinical Family Therapy I (3 credits) CYAF 955B: Clinical Family Therapy II (3 credits) CYAF 956: Human Sexual Dysfunction (3 credits) CYAF 989A: Collaborative Health Care (1 credit) CYAF 989B: Pharmacology and Family Therapy (1 credit) CYAF 989D: Group Therapy (1 credit) CYAF 997: Advanced Practicum in Family Therapy (9 credits) Elective in Human Development Across the Life Cycle (3 credits)	36
Supporting coursework related to the Discipline CYAF xxx: Supervision in Medical Family Therapy (3 credits) FMED 741: Theory and Practice of Medical Family Therapy (3 credits) FMED 742: Families, Health & Illness (3 credits) FMED 743: Applied Medical Family Therapy (3 credits) FMED 744: Practicum in Medical Family Therapy ⁺ (minimum 9 credits)	21
Doctoral Internship CYAF xxx: Doctoral Internship in Medical Family Therapy	2
Research Methodology Selected in consultation with Supervisory Committee (see below)	12
Doctoral Seminar [^] CYAF 995: Doctoral Seminar (emphasis in Research in MFT) (3 credits) CYAF 955: Doctoral Seminar (emphasis in Research in MedFT) (3 credits)	12
Doctoral Dissertation	12
TOTAL CREDITS	95

*The 36 credits listed in this area are courses that meet the requirements for the masters degree in MFT at UNL. Students may bring in equivalent coursework from other institutions. Equivalency will be determined by comparing course syllabi and course descriptions and based on COAMFTE accreditation standards. Students receiving their masters degrees from other programs and/or institutions may have to take additional coursework.
 +FMED 744 cannot be taken concurrently with CYAF 997 or its equivalent.

[^]The two doctoral seminars listed are required. Additional doctoral seminars will also need to be taken.

- b. Document the completion of a minimum of 1000 hours of direct client contact or licensure as an LMFT or LIMFT in the State of Nebraska. Hours of experience obtained prior to entering the doctoral program may be counted toward the fulfillment of this requirement if they are equivalent to that which would be received from a COAMFTE accredited program, or if they were obtained after

the master's degree was awarded, they were supervised by an AAMFT Approved Supervisor or equivalent. All hours of clinical experience brought into the program must be approved by the faculty.

- c. Continuous enrollment until the Comprehensive Examination is passed in FMED 744: Practicum in Medical Family Therapy. Students must obtain a minimum of 9 semester credits of FMED 744. This is a variable credit course (1-3 credits) in which the student is at a practicum placement that meets the requirements for practice in medical family therapy.
- d. Development and defense of a Doctoral Portfolio. The Doctoral Portfolio will meet the Comprehensive Examination requirement. Requirements for the Doctoral Portfolio are found in Appendix B.
- e. Timely preparation of materials for the regular annual review of Ph.D. students (see the CYAF Ph.D. Handbook). In addition to materials for review listed in the CYAF Ph.D. Handbook, MedFT students will be evaluated on progress made with the Doctoral Portfolio. Failure to make satisfactory progress will result in probationary status, and may eventually result of removal from the program.
- f. Formal presentation of one's approach to medical family therapy. Students will prepare a scholarly paper that will accompany the presentation. (see Appendix C)
- g. Completion of a doctoral internship, which will consist of a supervised full-time experience of at least nine months duration, emphasizing the practice of medical family therapy and/or medical family therapy research, administration, and/or training.
- h. Successful defense of a doctoral dissertation.

Appointment of a Temporary Advisor

Upon acceptance into the program, students will be assigned a temporary advisor. The temporary advisor will be the student's point of contact both before their first semester of doctoral study begins and until the student chooses a chair of their supervisory committee.

Supervisory Committee

Doctoral students in MedFT must select a Chair of their Supervisory Committee (also referred to as the major professor, hereafter referred to Chair). The Chair must be identified as a faculty member in the MedFT program and a member of the graduate faculty of CYAF. A MedFT member who is on the faculty at UNMC may serve as co-Chair. The student works with the Chair(s) to identify members of the Supervisory Committee (see the CYAF Ph.D. Handbook for requirements). The majority of the committee must be identified as MedFT faculty. It is the Chair's responsibility to recommend the appointment of the Supervisory Committee to the Dean of Graduate Studies (*Appointment of Supervisory Committee Form*).

Filing Program of Studies

It is the responsibility of the student to schedule a meeting with the Supervisory Committee within 3 weeks of its appointment (filing of the Appointment of Supervisory Committee Form). During this meeting, the student will meet with the Supervisory Committee to designate and subsequently to file in the Office of Graduate Studies a complete program of studies, including any language or research tool requirements and the general area of research for the dissertation. The coursework requirements for the Ph.D. in MedFT are prescribed (see above) and the Program of Studies must be consistent with that outline of courses. MedFT students must complete a minimum of 95 semester hours, including a dissertation. According to graduate school policy, “not fewer than 45 semester hours must be completed at the University of Nebraska after the filing of the program of studies.” (see Graduate School Bulletin, p. 15)

“The time limit on granting the Doctoral degree is eight years from the time of filing the student’s program of studies in the Office of Graduate Studies.” (Graduate Studies Bulletin, p. 15)

Annual Review of Ph.D. Students

In accordance with CYAF procedure, the faculty of the medical family therapy program conduct an annual review of each Ph.D. student to determine if they are making adequate progress toward completion of degree requirements. This review occurs January of each year. Students should submit all required documentation for this review to the Chair of their Supervisory Committee (or Temporary Advisor if a Chair has not yet been identified) by December 15.

During this review, the faculty determine progress based on the following:

- (1) courses completed, grades, grade point average and other performance indicators
- (2) achievement of expected student learning outcomes
- (3) timely selection of a Chair and Supervisory Committee
- (4) timely filing of a program of study;
- (5) progress toward completion of the Doctoral Portfolio
- (6) professional ethics/professional role, including relationships with peers and other professionals (e.g., program and other faculty, physicians and other health care providers)
- (7) maintaining progress within time limits.

Process: Students will submit documentation of their progress toward the Doctoral Portfolio to the Chair of their Supervisory Committee by December 15 of each year. The department of CYAF will send to each student an annual review survey by email. Students will be given one week to complete and return the survey. The MedFT program faculty will schedule a meeting in early January to evaluate student progress toward degree completion. The student’s Chair (or Temporary Advisor) will lead the discussion, which will be informed by the following:

- Student response to the survey
- Student’s current transcript
- Student’s academic file
- Student’s work toward the Doctoral Portfolio
- Faculty observations and other information available to the faculty

Upon completion of review, the student's Chair will prepare a letter summarizing the review that will be sent to the student, with a copy for the student's academic file.

COMPREHENSIVE EXAMINATION

The Doctoral Portfolio fulfills the requirements of the Comprehensive Examination and is required for the Ph.D. in MedFT. The completed Doctoral Portfolio is presented to the Supervisory Committee and the MedFT faculty after the student has completed doctoral coursework and prior to the initiation of doctoral research. In consultation with the Chair, it is the student's responsibility to schedule a meeting with the Supervisory Committee to review the contents of the portfolio. MedFT faculty who are not on the Supervisory Committee should also be invited to the meeting in which the portfolio is defended. The student should come to this meeting prepared to defend the contents of the portfolio, demonstrate knowledge of the fields of medical family therapy and marriage and family therapy, and respond to questions about their work. This meeting may also be used to determine next steps in the progress toward the Ph.D. degree. The student should ensure that each member of the Supervisory Committee and other members of the MedFT faculty have sufficient time to review the materials of the Doctoral Portfolio prior to the scheduled meeting (minimum of 2 weeks). According to CYAF policy, the student shall make the request for the meeting with the Supervisory Committee at least four weeks in advance of the meeting. When each member of the Supervisory Committee and MedFT faculty is satisfied that they have had sufficient opportunity to ask questions of the student about the content of the Portfolio, the student will be excused from the room so that the Supervisory Committee can deliberate with the other members of the MedFT faculty about acceptability of the student's work, knowledge and readiness to be advanced to Candidacy status. The Supervisory Committee shall then vote to determine the acceptability of the Portfolio. A majority vote shall be sufficient for the student to receive a Pass on the Comprehensive Examination requirement. The Dissertation Proposal Meeting shall not occur prior to the successful defense of the Portfolio.

DISSERTATION

Students in the Medical Family Therapy specialization should conduct research for their dissertation that advances the field of Medical Family Therapy. This should be evident in the dissertation.

EXIT SURVEY

Students will be expected to participate in an exist survey on completion of degree requirements. The purpose of the exit survey is to give the student an opportunity to evaluate the program and give suggestions for improvement.

Unsuccessful Progress Toward Completion of the Program

The faculty of the Medical Family Therapy program have a responsibility to the student, the program, and the profession to evaluate on an ongoing basis the appropriateness of your role as a medical family therapist/marriage and family therapist and the progress you are making in all aspects of professional development. Students may be dismissed from the MedFT program if they demonstrate they are not making successful progress toward the completion of the

program. The annual review of Ph.D. students will facilitate evaluation of your progress in the program and your development of professionalism. However, the faculty reserve the right to convene to evaluate the progress and performance of any student at any time. You may be dismissed from the program at any time for the following reasons:

- 1) Failure to maintain the established grade point average and other academic standards (see the Graduate Bulletin).
- 2) Failure to make satisfactory academic progress toward the degree.
- 3) Violations of AAMFT Code of Ethics or participation in illegal behavior or behavior in violation of state regulations governing the practice of marriage and family therapy.
- 4) Failure to complete time limits for the degree as set by the MedFT program, the Department (CYAF), the College (CEHS), and the Graduate School.
- 5) Failure to make satisfactory progress in clinical skills.
- 6) Failure to make satisfactory progress in research skills.
- 7) Failure to resolve personal and/or interpersonal issues that interfere with the delivery of satisfactory services to clients.
- 8) Failure to demonstrate professional and/or ethical behavior with peers, supervisors, teachers, or other professionals.
- 9) Behavior that contributes to a hostile or otherwise unsafe educational or work environment.

A faculty member who has concerns about a student regarding any of the above will meet with the student and discuss the concern. A note to the student file may also be made. If the student fails to make satisfactory progress toward resolution of the concern, the faculty member will bring the issue to the clinical faculty. The faculty will determine specific action the student will be required to take to resolve the concern and inform the student in writing. The student's progress relative to the concern will be evaluated by the MedFT faculty on an ongoing basis. Evaluations of the student's progress will be written in memo format and placed in the student's file and copied to the student. In the event that unsatisfactory progress is made within the time limits set by the faculty, a written notice of dismissal will be sent to the student.

Notice of dismissal may be appealed by the student in writing. The appeal process will follow the same guidelines and policies that apply to the appeal of a grade (see below).

Readmission After Dismissal or Withdrawal

Students who are dismissed from the program or who otherwise drop the program for any reason, may apply for readmission. The procedure for readmission will require the completion of a new graduate application, including the three new letters of recommendation and complete transcripts. Those who reapply will be considered with those who are applying for the first time. In considering the readmission request, faculty will evaluate previous coursework, clinical work, and other activities both in and out of the program. If the student is readmitted to the program, the faculty may require that the student retake some or all of the coursework, clinical work, or other requirements.

Student Grievances

The MedFT Program adheres to the established grievance procedures of the University of Nebraska, the College of Education and Human Sciences, and the Department of Child, Youth and Family Studies. The University has a Student Ombudsperson within the Office of Student Affairs that will advocate for and assist students in their efforts to resolve grievances (phone number 472-9292).

The first step in handling any grievance is to discuss the matter with the concerned individual. If this step is unproductive or, in your judgment, inappropriate, then you should contact the following persons:

- If the grievance is with an instructor concerning a class matter, one of the Program Co-Directors should be contacted (for a UNL class contact the UNL Co-Director; for a UNMC class contact the UNMC Co-Director). If the Co-Director is not able to resolve the matter, the chair of the department of CYAF should be contacted. If the grievance concerns a course that one of the Program Co-Directors is teaching, the other Co-Director should be contacted.
- If the grievance is with the student's Chair, a Program Co-Director should be contacted. If the Chair is one of the Program Co-Directors, you should contact the other Co-Director.
- If the grievance is with a member of the Supervisory Committee, the Chair of the Supervisory Committee should be contacted.
- If the grievance is with the graduate assistantship supervisor and is about matters concerning the graduate assistantship, the Department Chair should be contacted.
- If the grievance is with another student in the MedFT Program, one of the Program Co-Directors should be contacted. That Co-Director will involve the other Co-Director in resolving the grievance. The Co-Directors will decide if the other faculty members should be engaged to help resolve the grievance.

If these steps do not resolve the problem, then you should proceed to the next level of authority. For example, if the Program Co-Directors are unable to resolve the grievance satisfactorily, you should take your grievance to the CYAF Department Chair. Although there may be exceptions, the level of authority generally proceeds as follows:

- a. the concerned individual
- b. the MedFT Program Co-Director(s)
- c. the Chair of the CYAF Department
- d. the Dean of the CEHS College
- e. the Dean of the UNL Graduate School
- f. the Office of Academic Affairs at UNL

If the grievance specifically concerns a grade received in a class within the College of Education and Human Sciences, the following policy applies (as found in the Advising Handbook). Any student enrolled in a course in the College of Education and Human Sciences who wishes to appeal alleged unfair and prejudicial treatment by a faculty member shall present her/his appeal in writing to the Dean of the College no later than 30 days after notice of the student's final course grade has been mailed from campus. The complaint will be forwarded to the Student Affairs Committee consisting of faculty and student representatives. After a hearing, the committee will make a written recommendation to the Dean regarding the appeal. The committee's findings and recommendations shall be binding on the appealing student and faculty member.

If the grievance specifically concerns a grade received in a class within the Department of Family Medicine, the student should contact in writing the Program Co-Director at UMMC no later than 30 days after notice of the student's final course grade has been posted. If the grievance specifically concerns a grade received in a class taught by the Program Co-Director at UNMC, the student should contact in writing the Program Co-Director at UNL. If the grievance cannot be resolved at this level, it will be forwarded to the program faculty.

Personal Psychotherapy

While we do not require students to receive psychotherapy, we recognize the value of psychotherapy and encourage students to participate when necessary. The faculty reserve the right to suggest, and in some cases, require personal psychotherapy for students. Students may request a list of available psychotherapy resources from the Program Co-Directors or from their Chair. It is inappropriate for students to receive psychotherapy from fellow students and from program faculty or supervisors.

FACILITIES

Family Resource Center

The Family Resource Center (FRC), administered by CYAF, is a non-profit facility where student therapists enrolled in the master's degree marriage and family therapy program and the doctoral degree Medical Family Therapy program provide treatment to couples, families and individuals. Treatment is provided from a systemic perspective consistent with the field of marriage and family therapy. Treatments are delivered on-site and at a distance through videoconferencing.

Clinics of the University of Nebraska Medical Center

The Department of Family Medicine operates clinics at the main hospital campus and throughout the Omaha area. Doctoral students will be placed in one or more clinics throughout their training and will provide approximately 5-9 hours of direct client contact per week. Clinical hours will include contact with patients on the Family Medicine inpatient service. Students will collaborate with a variety of health care disciplines in providing treatment to couples, families and individuals.

Appendix A
Expected Student Learning Outcomes

APPENDIX B

REQUIREMENTS FOR THE DOCTORAL PORTFOLIO

Please organize the portfolio according to the following order and headings. Note that the requirements for each section are identified under each heading.

Curriculum Vitae

Requirements:

Publications

Requirements: One article in a peer-reviewed journal and at least one additional article accepted/published or submitted with positive reviews. At least one of these articles must have been submitted for publication after matriculation as a doctoral student. At least one of these articles must be based on research conducted by the student. The student should demonstrate that their contribution to these products is significant and that they took a leadership role in their development and/or in the work that lead to their development. Single or first author on at least one of these publications is encouraged as this will demonstrate that the work and manuscript is student-directed.

Required documentation shall include:

- One page listing all publications and submitted manuscripts (indicate the status) that includes a brief statement of the significance of each article to your scholarship and your contribution to each.
- The most recent version of the manuscript (in the case of a manuscript, not yet accepted, with positive reviews, it should be in a state of readiness for resubmission)
- All correspondence with the journal, including editorial feedback
- Evidence that the journal is peer reviewed (if not apparent)

Presentations

Requirements: Two presentations at meetings of professional/academic organizations. One of these presentations must be at national/international meetings. Poster presentations are acceptable. The student should demonstrate that their contribution to these products is significant and that they took a leadership role in their development and/or in the work that lead to their development. Please also list any other presentations and indicate the significance of these presentations to your scholarship.

Required documentation shall include:

- One page listing all presentations that includes a brief statement of the content, the significance of each presentation to your scholarship and your contribution to each.
- A copy of the abstract and materials submitted for the presentation to be considered.
- A copy of the acceptance letters
- Copy of the listing of the presentation in the conference brochure and conference materials.
- Copies of handouts and presentation materials.
- Copies of participant evaluations.

Teaching

Requirements: Demonstrate professional level performance in teaching/training through two of the following.

- a. Primary responsibility for a course or programmatic series (4-8) of workshops/presentations related to your field of study (medical family therapy/marriage and family therapy) for an agency, school or other organization. The class or presentations must have a defined

curriculum and be evaluated by participants. A peer or supervisor evaluation of the class or presentations is desirable.

Required documentation shall include:

Syllabus or curriculum outline.

Description of how the course or presentations applied to your field of study.

Description of the institution where the course or presentations were offered. If it is not apparent, include a statement of the mission of the institution and how your class/presentations were appropriate to accomplishing that mission.

Participant evaluations

Peer, supervisor or expert evaluation of the quality of the material presented and the presentation.

- b. Full responsibility for at least one course at the University of Nebraska-Lincoln or the University of Nebraska Medical Center.

Required documentation shall include:

Course syllabus

Student evaluations

Evaluation of faculty supervisor that includes a live observation of teaching

- c. Partial, but significant responsibility for a course at the University of Nebraska-Lincoln or University of Nebraska Medical Center. In this option, the student may team teach a course with a faculty member or another student. The student must demonstrate that they were responsible for the development and presentation of class material, and in the evaluation of student achievement. Having influence on the development of the syllabus is desirable.

Required documentation shall include:

Course syllabus

Description of involvement in and contribution to the course.

Copy of at least one class presentation/lecture (power point slides, etc)

Student evaluations

Evaluation of faculty supervisor that includes a live observation of teaching

- d. Clinical supervision of a mental health professional trainee lasting at least 6 months.

Required documentation shall include:

Statement of philosophy and approach to supervision

Case example that illustrates your approach to supervision

Evaluation of your supervision by your supervisor

Evaluation of your supervision by your supervisee(s)

- e. Responsibility for a training group or teaching/training opportunity at UNMC or UNL that does not fit into any of the categories above. The activity must include a defined curriculum, require preparation and the development of a lesson plan or equivalent, occur over time (multiple sessions or teaching events), provide an opportunity to develop and practice teaching, include an evaluation both of participant learning and instructor/trainer performance. Some examples might include: facilitator/co-facilitator of an Integrated Clinical Exchange (ICE) group for M-1s and M-2s, lecture series in the ICE curriculum, teach on the behavior medicine rotation, noon conference presentations, etc.

Required documentation shall include:

Examples of presentations and handouts that demonstrate teaching effectiveness

Description of teaching opportunities and how it will prepare you in your role as teacher/trainer

Student/participant evaluations

Peer evaluation of your teaching/training

Self-assessment of teaching/training

Clinical Practice

Requirements: Students will document their clinical work through the following.

- a. Satisfactory progress toward meeting the clinical hour requirements of the program, including continuous enrollment in FMED 744, which includes a supervised practicum experience in a clinic approved as practice in medical family therapy.

Required documentation shall include:

Official report of clinical hours

Supervisor evaluations from each semester of enrollment in FMED 744

- b. Achievement of clinical competencies for practice as a medical family therapist.

Required documentation shall include:

Self and supervisor/faculty evaluations of achievement of clinical competencies

- c. Statement of philosophy and approach to clinical work.

Required documentation shall include:

Statement of philosophy and approach to clinical work (Theory of Therapy paper)

Leadership/Citizenship

Requirements:

- a. Maintain membership in the American Association for Marriage and Family Therapy continuously since the first year in the program. Maintain membership in at least one additional professional organization (e.g., CFHC, STFM, NCFR).

Required documentation shall include:

List of memberships in professional organizations, including initiation dates

Proof of membership

- b. Participation in leadership and/or professional activities. Document at least two of the following (other similar activities may also be approved in advance by the Supervisory Committee)
 - reviewing proposals for presentations or publications
 - service on departmental, university or professional organization committees
 - membership on professional or service organization boards
 - volunteer work at state, multistate, or national conferences
 - election to office in state, multistate or national organizations
 - appointment or election for committee involvement in state, multistate or national organizations
 - moderation of a session at a professional meeting
 - significant involvement in the departmental or college graduate student organization

Required documentation shall include:

List of leadership and/or professional activities

Official documentation and proof of participation for all activities listed

Other Professional Accomplishments

Although not required for the Doctoral Portfolio, the MedFT faculty recommend that other professional activities also be documented.

APPENDIX C

PAPER AND PRESENTATION OF CLINICAL WORK IN MEDICAL FAMILY THERAPY

Assignment and Criteria

I. ASSIGNMENT:

- a. **Paper:** Prepare a scholarly paper which acts as a foundation for your presentation. The paper should include the following.
- i. Descriptions of how the biopsychosocial-spiritual model serves as a foundation for your work.
 - ii. Descriptions of the theoretical principles that guide your clinical work. This should include your underlying assumptions about change, health, and mental health care in light of the scholarly literature about theory and research. While it is not required that your model be based on a commonly accepted theory of couple and/or family therapy, your underlying assumptions must emphasize the relational functioning of the members of the system. Your paper should address:
 1. Your conceptualization of healthy and unhealthy functioning.
 2. How problems develop.
 3. How problems are resolved.
 4. The role of the therapist (and other health care professionals) in influencing change.
 5. Therapeutic techniques that are illustrative of your work.
 - iii. Descriptions of how you apply the principles of collaborative health care in the treatment of mental health and relationship problems.
 - iv. Case examples that illustrate i through iii.
 - v. An assessment of your strengths and weaknesses.

You must give a copy of this paper to each member of the MedFT faculty and other MedFT doctoral students at least two weeks prior to your scheduled presentation. You may also want to invite other members of your Supervisory Committee, and they should also receive a copy of the paper two weeks in advance of the presentation.

- b. **Presentation:** The 50 minute presentation should demonstrate your clinical work from a biopsychosocial perspective and should emphasize the application of principles of collaborative health care. The presentation must include video of your work with clients. The video excerpts should demonstrate the principles and techniques identified in the paper. You should come prepared to describe how the excerpts demonstrate these principles and techniques.

II. CRITERIA CHECKLIST

- a. **Paper:**
- i. *Organization:* follows outline of assignment, flow of paper allows for easy reading
 - ii. *Professionalism:* strict use of APA standards, only minor, infrequent errors in grammar and spelling
 - iii. *Content:* written in scholarly manner, illustrates knowledge and understanding of systemic approach, theory, and therapy; based on academic/scholarly and

- professional literature; stated in writer's own words with appropriate use of paraphrasing; link or congruency between assumptions of change, health, and therapy, theoretical principles, and techniques; case examples effectively illustrate principles and approach.
- iv. *Knowledge*: accurately demonstrates biopsychosocial-spiritual model, principles of collaborative healthcare, and an relational approach to clinical work.
 - v. *Self-Assessment*: paper illustrates insight and understanding of strengths and weaknesses based on knowledge of good/effective practice, self-reflection, and feedback from supervisors over the course of MFT program
- b. **Presentation**:
- i. *Presentation Style*: the organization and flow of presentation appears planned and practiced, professional in dress, interactions with audience are professional in nature, creativity
 - ii. *Use of Time*: time is used appropriately as evidenced by student's ability to monitor length of time for each component of presentation, all components of the presentation are adequately covered, time is provided for faculty and students to ask question
 - iii. *Organization*: presentation has an introduction that adequately represents goals of presentation, materials are easily accessible as needed, videotapes are cued
 - iv. *Engagement of Audience*: student shows good eye contact with audience, asks for audience participation
 - v. *Appropriateness of Content*: high level of congruency between content of paper and presentation; is at the appropriate level of sophistication for the audience
 - vi. *Video Demonstration of Theory*: selection of vignettes effectively illustrate student's theory of therapy, theory of therapy is relational and considers the biopsychosocial-spiritual issues; commentary on video is appropriate and based on literature and practice
 - vii. *Responsiveness to Audience*: provides knowledgeable feedback to questions from audience