



ALL COURSES, SPECIFIED BY COURSE AND NUMBER, MUST BE TAKEN FOR A GRADE

**ACE Requirements (32)**

| COURSE                       | TITLE |
|------------------------------|-------|
| <b>ACE 1. Written Skills</b> |       |
|                              |       |

| <b>ACE 2. Communications Skills</b> |  |
|-------------------------------------|--|
|                                     |  |

| <b>ACE 3. Mathematical, Computational, Statistical or Formal Skills</b> |   |
|---|---|
| *STAT 218 <b>or</b>   | Introduction to Statistics <b>or</b>  |
| *EDPS 330 <b>or</b>   | Measurement and Evaluation in Nutr., Fitness and Health Promotion <b>or</b> |
| *EDPS 459   | Statistical Methods   |

| <b>ACE 4. Study of Scientific Methods and Knowledge of the Natural and Physical World</b> |                     |
|---|---------------------|
| *CHEM 109   | General Chemistry I |

| <b>ACE 5. Study of Humanities</b> |  |
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| <b>ACE 6. Study of Social Sciences</b> |                            |
|--|----------------------------|
| *PSYC 181                              | Introduction to Psychology |

| <b>ACE 7. Study of the Arts to Understand Their Contexts and Significance</b> |  |
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| <b>ACE 8. Ethical Principles, Civics and Stewardship and Their Importance to Society</b> |  |
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| <b>ACE 9. Global Awareness, Knowledge of Human Diversity through Analysis of an Issue</b> |  |
|---|--|
| *NUTR 253   | Cultural Aspects of Food and Nutrition |

| <b>ACE 10. Integration of Abilities and Capacities in a Creative or Scholarly Product</b> |  |
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| *NUTR 488   | Practicum in Exercise and Health Behavior Planning |

**Professional Requirements (38)**

| COURSE   | TITLE                                     |
|--|---|
| <b>NUTR – Nutrition &amp; Health Sciences</b>  |   |
| <i>Only grades of C or above count towards graduation requirements for NUTR courses.</i> |   |
| NUTR 100   | Nutrition, Fitness & Health               |
| NUTR 150   | Found. in Nutrition & Health Promotion    |
| NUTR 244   | Scientific Principles of Food Preparation |
| NUTR 250   | Human Nutrition & Metabolism              |
| NUTR 344   | Food & Nutrition for Healthy Living       |
| NUTR 384   | Biomechanics of Human Movement            |
| NUTR 401   | Health Behavior                           |
| NUTR 402   | Facts & Fiction in Fitness & Food         |
| NUTR 453   | Nutr. & Fitness Comm. Strategies          |
| NUTR 455   | Advanced Nutrition                        |
| NUTR 484   | Physiology of Exercise                    |
| NUTR 486   | Exercise Testing                          |
| FITN 180   | Intro. to Personal & Group Exercise       |
| FITN 222   | Intro. to Personal Training               |

**Supporting Courses (31-34)**

| COURSE              | TITLE  |
|---------------------|--|
| MATH 102 <b>or</b>  | Trigonometry <b>or</b>   |
| MATH 103 <b>or</b>  | College Algebra and Trigonometry <b>or</b>                         |
| MATH 106            | Analytic Geometry and Calculus I                                   |
| BIOC 321 & 321L     | Elements of Biochemistry & Elements of Biochemistry laboratory     |
| BIOS 213 & 213L     | Human Physiology & Human Physiology laboratory                     |
| BIOS 214            | Human Anatomy<br><i>(A grade of C or above is required)</i>        |
| CHEM 110            | General Chemistry II   |
| CHEM 251 & CHEM 253 | Organic Chemistry I<br>Organic Chemistry I laboratory              |
| LIFE 120 & 120L     | Fundamentals of Biology I & Fundamentals of Biology I laboratory   |
| LIFE 121 & 121L     | Fundamentals of Biology II & Fundamentals of Biology II laboratory |

**Electives (16-19)**

| COURSE | TITLE |
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**NOTES:**

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\*Signifies where a course will count toward both major and ACE requirements