



ALL COURSES, SPECIFIED BY COURSE AND NUMBER, MUST BE TAKEN FOR A GRADE

ACE Requirements (32)

COURSE	TITLE
ACE 1. Written Skills	

ACE 2. Communications Skills	

ACE 3. Mathematical, Computational, Statistical or Formal Skills	
*STAT 218 or	Introduction to Statistics or
*EDPS 330 or	Measurement and Evaluation in Nutr., Fitness and Health Promotion or
*EDPS 459	Statistical Methods

ACE 4. Study of Scientific Methods and Knowledge of the Natural and Physical World	
*CHEM 109	General Chemistry I

ACE 5. Study of Humanities	

ACE 6. Study of Social Sciences	
*PSYC 181	Introduction to Psychology

ACE 7. Study of the Arts to Understand Their Contexts and Significance	

ACE 8. Ethical Principles, Civics and Stewardship and Their Importance to Society	

ACE 9. Global Awareness, Knowledge of Human Diversity through Analysis of an Issue	
*NUTR 253	Cultural Aspects of Food and Nutrition

ACE 10. Integration of Abilities and Capacities in a Creative or Scholarly Product	
*NUTR 488	Practicum in Exercise and Health Behavior Planning

Professional Requirements (38)

COURSE	TITLE
NUTR – Nutrition & Health Sciences	
Only grades of C or above count towards graduation requirements for NUTR courses.	
NUTR 100	Nutrition, Fitness & Health
NUTR 150	Found. in Nutrition & Health Promotion
NUTR 244	Scientific Principles of Food Preparation
NUTR 250	Human Nutrition & Metabolism
NUTR 344	Food & Nutrition for Healthy Living
NUTR 384	Biomechanics of Human Movement
NUTR 401	Health Behavior
NUTR 402	Facts & Fiction in Fitness & Food
NUTR 453	Nutr. & Fitness Comm. Strategies
NUTR 455	Advanced Nutrition
NUTR 484	Physiology of Exercise
NUTR 486	Exercise Testing
FITN 180	Intro. to Personal & Group Exercise
FITN 222	Intro. to Personal Training

Supporting Courses (31-34)

COURSE	TITLE
MATH 102 or	Trigonometry or
MATH 103 or	College Algebra and Trigonometry or
MATH 106	Analytic Geometry and Calculus I
BIOC 321 & 321L	Elements of Biochemistry & Elements of Biochemistry laboratory
BIOS 213 & 213L	Human Physiology & Human Physiology laboratory
BIOS 214	Human Anatomy (A grade of C or above is required)
CHEM 110	General Chemistry II
CHEM 251 & CHEM 253	Organic Chemistry I & Organic Chemistry I laboratory
LIFE 120 & 120L	Fundamentals of Biology I & Fundamentals of Biology I laboratory
LIFE 121 & 121L	Fundamentals of Biology II & Fundamentals of Biology II laboratory

Electives (16-19)

COURSE	TITLE

NOTES:

*Signifies where a course will count toward both major and ACE requirements