

Curriculum Vitae

Personal information

First name(s) / Surname(s) **Izabela Zych**
Address Universidad de Córdoba
Facultad de Ciencias de la Educación
Avda. San Alberto Magno s/n, 14004 Córdoba. Spain.
Telephone(s) +34 957218412; Fax. +34 957 21513
E-mail(s) izych@uco.es
Nationality Polish
Date of birth 20/07/1983
Gender Female

Work experience

Dates From October 2015- present
Occupation or position held **Reader in Psychology (“Profesora Contratada Doctora”, with accreditation for Associate Professor “Profesora Titular”)**
Name of employer University of Cordoba, Facultad de Ciencias de la Educación, Avda. San Alberto Magno s/n, 14004, Cordoba, Spain

Dates From May 2015 – June 2015; June 2016-July2016, October 2016 - November 2016
Occupation or position held **Visiting Scholar in the Institute of Criminology**
Name of employer University of Cambridge, United Kingdom

Dates From April 2011 – September 2015
Occupation or position held **Lecturer in Psychology**
Name and address of employer University of Cordoba, Facultad de Ciencias de la Educación, Avda. San Alberto Magno s/n, 14004, Cordoba, Spain

Dates October 2010– October 2011
Occupation or position held **Lecturer in Psychology**
Name and address of employer University of Huelva, Facultad de Ciencias de la Educación, Campus El Carmen, Avd. Tres de Marzo, s/n, 21071 Huelva, Spain

Dates May 2008-September 2012
Occupation or position held **Private practice in psychology**

Education and training

Dates November 2009
Title of qualification awarded PhD in Psychology
Name and type of organisation providing education and training University of Granada, Spain

Dates 2011
Title of qualification awarded Master in Childhood and youth psychology
Name and type of organisation providing education and training Asociación Española de Psicología Conductual, Spain

Dates 2008
Title of qualification awarded International Master in Clinical Psychology
Name and type of organisation providing education and training Asociación Española de Psicología Conductual, Spain

	Dates	2008
	Title of qualification awarded	Master in Research Design and Application to Psychology and Health
	Name and type of organisation providing education and training	University of Granada, Spain
	Dates	2007
	Title of qualification awarded	Degree in Psychology
	Name and type of organisation providing education and training	University of Granada, Spain
	Funded Projects – Principal Investigator	<p>2014-2016 "Addiction to new technology: the role of emotional Cyber-competencies and Emotional Intelligence" granted by Mapfre Foundation (international call), BIL/14/S2/163.</p> <p>2016-2019 "E-Intelligence: risks and opportunities of the emotional competencies expressed online" granted by the Spanish Ministry of Economy and Competitiveness within the I+D+I 2015 National Programme for Research Aimed at the Challenges of Society (RETOS), PSI2015-64114-R.</p>
	Funded Projects – Research Team Member	<p>2014-2016 "Study of the competency for social relationship management and its stability in students from primary and secondary education", granted by the Government of Andalucía, PRY040/14. Principal investigator: Dr Eva Romera</p> <p>2013-2014 "School and youth violence: risks of dating violence, sexual violence and cyberbullying", granted by the Spanish Ministry of Economy. Principal investigator: Professor Rosario Ortega-Ruiz.</p> <p>2012-2013 "Cultures, Policies and Practices for inclusion in Higher Education: Voices of Educators of future Educators", granted by the National Council for Science and Technology of Brazil, Principal investigator: Dr Mónica dos Santos</p> <p>2009-2010 "Happiness, optimism and wellbeing: towards the model of wellbeing from the positive psychology perspective", granted by the University of Santiago de Chile, Principal investigator: Dr Pablo Vera-Villarroel</p> <p>2006-2007 "Analysis of the quality, internationality and impact of the scientific journals in social sciences: relationships among indexes", granted by the Spanish Ministry of Education, Principal investigator: Professor Gualberto Buela-Casal.</p>
	Awards	Extraordinary Award 2009/2010 for the best PhD dissertations – University of Granada (Spain).
	Professional affiliations in relation with Academic Activities	<p>2015 – Co-editor of a Special Issue of Aggression and Violent Behavior on Bullying, Cyberbullying and Youth Violence: Facts, Prevention and Intervention</p> <p>2016 – Co-editor of a Special Issue of Psicología Educativa on Cyber Behavior and School Education: challenges and risks.</p> <p>2013 Co-editor of a Special Issue of Apuntes de Psicología on School Climate (convivencia) and Prevention of Violence.</p> <p>2015- Member of the Scientific Committee of the International Observatory of Violence in Schools</p> <p>2006 –2010 Spanish Translation Consulting Editor for International Journal of Psychology (JCR)</p> <p>2006 –2013 Editorial Assistant in International Journal of Clinical and Health Psychology (JCR)</p> <p>2008 – Reviewer of the following scientific journals (during different academic years):</p> <ul style="list-style-type: none"> - International Journal of Clinical and Health Psychology (JCR) - Scientometrics (JCR) - Revista de Psicodidáctica (JCR) - Psicológica (JCR) - Revista Latinoamericana de Psicología (JCR) - International Journal of Psychological Research - Aggression and Violent Behavior (JCR) - Ansiedad y Estrés - Infancia y Aprendizaje (JCR) - The European Journal of Psychology Applied to Legal Context (JCR) - PLOS One (JCR)2012 – 2014 <p>Associated Editor of Apuntes de Psicología.</p> <p>2012– Member of the Research Team "Laboratory of Studies about Convivencia and Prevention of Violence" (LAECOVI) led by Professor Rosario Ortega at the Universidad de Córdoba, Spain.</p>

Organizational Skills and competences

- Languages: English (C2), Polish (C2), Spanish (C2)
- Informatics: Office (High), Photoshop (Intermediate)
- Data analysis: SPSS (High), AMOS (High), EQS (High), LISREL (High), Comprehensive
- Meta-analysis (High), SAS (Intermediate)

Publications (selection)

Journal articles (systematic reviews highlighted)

1. Zych, I., Baldry, A.C., Llorent, V.J., & Farrington, D.P. (submitted). Are children involved in cyberbullying low on empathy? A systematic review and meta-analysis of research on empathy versus different cyberbullying roles.
2. Zych, I., Ortega-Ruiz, R., & Llorent, V.J. (2017). Nature and Dynamics of Peer Violence in Polish Upper Secondary Schools. *Social Psychology of Education*, in press (accepted).
INDEXING: Journal Citation Reports, Impact Factor 0.86 (2015) ranking 43/57 in PSYCHOLOGY, EDUCATIONAL
3. Zych, I., Ortega-Ruiz, R., & Marín-López, I. (2017). "Emociones en el ciberespacio: Cuestionario de E-mociones y su relación con inteligencia emocional y dificultades emocionales. *Psicothema*, in press (accepted).
INDEXING: Journal Citation Reports, Impact Factor 1.25 (2015), ranking 57/129 in PSYCHOLOGY, MULTIDISCIPLINARY
4. Zych, I., Ttofi, M.M., & Farrington, D.P. (2017). Empathy and callous-unemotional traits in different bullying roles: A systematic review and meta-analysis. *Trauma, Violence and Abuse*, online first.
INDEXING: Journal Citation Reports, Impact Factor 3.19 (2015), ranking 3/57 in CRIMINOLOGY & PENOLOGY and 1/41 in SOCIAL WORK
5. Llorent, V. J., Ortega-Ruiz, R., & Zych, I. (2016). Bullying and cyberbullying in minorities: are they more vulnerable than the majority group?. *Frontiers in psychology*, 7, 1507.
INDEXING: Journal Citation Reports, Impact Factor 2.46 (2015), ranking 29/129 in PSYCHOLOGY, MULTIDISCIPLINARY
6. Zych, I., Ortega-Ruiz, R. and Marín-López, I. (2016). Cyberbullying: a systematic review of research, its prevalence and assessment issues in Spanish studies. *Psicología Educativa*, 22, 5-18.
INDEXING: SCOPUS, Scimago 0.14 (2015), ranking 258/283 in DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY
7. Ortega-Ruiz, R. & Zych, I. (2016). La ciberconducta y la psicología educativa: retos y riesgos. *Psicología Educativa*, 22, 1-4.
INDEXING: SCOPUS, Scimago 0.14 (2015), ranking 258/283 in DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY
8. Zych, I., Ortega-Ruiz, R. and Sibaja, S. (2016). El juego infantil y el desarrollo afectivo: Afecto, ajuste escolar y aprendizaje en la etapa preescolar. *Infancia y Aprendizaje*, 39, 390-400.
INDEXING: Journal Citation Reports, Impact Factor 0.317 (2014), ranking 53/55 en PSYCHOLOGY, EDUCATIONAL and 67/68 in PSYCHOLOGY, DEVELOPMENTAL
9. Beltrán-Catalan, M., Zych, I. and Ortega-Ruiz, R. (2016). El papel de las emociones y el apoyo percibido en el proceso de superación de los efectos del acoso escolar: un estudio retrospectivo. *Ansiedad y Estrés*, 21, 219-232.
INDEXING: SCOPUS, Scimago 0.17 (2014), ranking 367/494 in PSYCHIATRY AND MENTAL HEALTH
10. Zych, I., Ortega-Ruiz, R. and Del Rey, R. (2015). Systematic review of theoretical studies on bullying and cyberbullying: Facts, knowledge, prevention, and intervention. *Aggression and Violent Behavior*, 23, 1-21.
INDEXING: Journal Citation Reports, Impact Factor 1.91 (2015), ranking 37/129 in PSYCHOLOGY, MULTIDISCIPLINARY and 11/57 in CRIMINOLOGY & PENOLOGY
11. Zych, I., Ortega-Ruiz, R. and Del Rey, R. (2015). Scientific research on bullying and cyberbullying: where have we been and where are we going. *Aggression and Violent Behavior*, 24, 188-198.
INDEXING: Journal Citation Reports, Impact Factor 1.91 (2015), ranking 37/129 in PSYCHOLOGY, MULTIDISCIPLINARY and 11/57 in CRIMINOLOGY & PENOLOGY
12. Espinar, E., Zych, I. and Rodríguez-Hidalgo, A.J. (2015). Ciberconducta y dependencia emocional en parejas jóvenes. *Psychology, Society, & Education*, 7.
13. Rodríguez-Hidalgo, A.J., Ortega-Ruiz, R. and Zych, I. (2014). Peer victimization and ethnic-cultural peer victimization: Self-esteem and school relations between different cultural groups of students in Andalusia, Spain. *Revista de Psicodidáctica*, 19, 191-2010.
INDEXING: Journal Citation Reports, Impact Factor 1.31 (2014), ranking 28/55 in PSYCHOLOGY, EDUCATIONAL
14. Ortega-Ruiz, R. and Zych, I. (2013). Profesionales de la psicología y formación universitaria: buscando referencias para el título de Grado en Psicología. *International Journal of Psychology and Psychological Therapy*, 13, 83-96.
INDEXING: SCOPUS, Scimago 0.45 (2013), ranking 27/93 in CLINICAL PSYCHOLOGY
15. Zych, I., Buéla-Casal, G., Bermudez, M.P. and Sierra, J.C. (2013). Is Psychology a Health Profession? An Opinion of a Sample of Psychologists Worldwide. *Universitas Psychologica*, 12, 157-171.
INDEXING: Journal Citation Reports, Impact Factor 0.54 (2013), ranking 94/126 in PSYCHOLOGY, MULTIDISCIPLINARY
16. Zych, I., Buéla-Casal, G., Sierra, J.C. and Gomez-Rodriguez, S. (2012). El conocimiento y la difusión de las terapias conductuales de tercera generación en psicólogos españoles. *Anales de Psicología*, 28, 11-18.
INDEXING: Journal Citation Reports, Impact Factor 0.55 (2012), ranking 93/126 in PSYCHOLOGY, MULTIDISCIPLINARY
17. Buéla-Casal, G. and Zych, I. (2012). How to measure the internationality of scientific publications. *Psicothema*, 24, 435-441.
INDEXING: Journal Citation Reports, Impact Factor 0.96 (2012), ranking 61/126 in PSYCHOLOGY, MULTIDISCIPLINARY
18. Buéla-Casal, G. and Zych, I. (2012). What do the scientists think about the impact factor? *Scientometrics*, 92, 281-292.
INDEXING: Journal Citation Reports, Impact Factor 2.13 (2012), ranking 7/84 in INFORMATION SCIENCE AND LIBRARY SCIENCE
19. Buéla-Casal, G., Olivás-Avila, J.A., Musi-Lechuga, B. and Zych, I. (2011). The h Index of the presidents of the American Psychological Association (APA) through journal articles included in the Web of Science database. *International Journal of Clinical and Health Psychology*, 11, 95-107.

- INDEXING: Journal Citation Reports, Impact Factor 2.79 (2011), ranking 21/110 in PSYCHOLOGY, CLINICAL
20. Zych, I. and Quevedo-Blasco, R. (2011). A decade of the International Journal of Clinical and Health Psychology (2001-2010). *International Journal of Clinical and Health Psychology*, 11, 549-561.
INDEXING: Journal Citation Reports, Impact Factor 2.79 (2011), ranking 21/110 in PSYCHOLOGY, CLINICAL
21. Vera-Villarroel, P., Celis-Atenas, K., Córdova-Rubio, N., Zych, I. and Buela-Casal, G. (2011). Chilean validation of the posttraumatic stress disorder checklist-civilian version (PCL-C) after the earthquake on February 27, 2010. *Psychological Reports*, 109, 47-58.
INDEXING: Journal Citation Reports, Impact Factor 0.44 (2011), ranking 95/125 in PSYCHOLOGY, MULTIDISCIPLINARY
22. Vera-Villarroel, P., Buela-Casal, G., Zych, I., Cordova-Rubio, N., Celis-Atenas, K., Zepeda, L. and Spielberger, C.D. (2010). Chilean experimental version of the state-trait depression questionnaire (ST-DEP): state subscale (S-DEP). *Psychological Reports*, 106, 65-77.
INDEXING: Journal Citation Reports, Impact Factor 0.44 (2010), ranking 96/123 in PSYCHOLOGY, MULTIDISCIPLINARY
23. Zych, I. and Buela-Casal, G. (2010). Internacionalidad de las revistas de psicología multidisciplinar editadas en Iberoamérica e incluidas en la Web of Science. *Universitas Psychologica*, 9, 27-34.
INDEXING: Journal Citation Reports, Impact Factor 1.28 (2010), ranking 51/120 in PSYCHOLOGY, MULTIDISCIPLINARY
24. Buela-Casal, G. and Zych, I. (2010). Analysis of the relationship between the number of citations and the quality evaluated by experts in psychology journals. *Psicothema*, 22, 270-276.
INDEXING: Journal Citation Reports, Impact Factor 0.94 (2010), ranking 70/120 in PSYCHOLOGY, MULTIDISCIPLINARY
25. Zych, I. and Buela-Casal, G. (2009). The internationality index: Application to Revista Latinoamericana de Psicología. *Revista Latinoamericana de Psicología*, 41, 401-412.
INDEXING: Journal Citation Reports, Impact Factor 0.39 (2009), ranking 89/112 in PSYCHOLOGY, MULTIDISCIPLINARY
26. Buela-Casal, G., Zych, I., Medina, A., Viedma Del Jesus, M. I., Lozano, S. Torres, G. (2009). Analysis of the influence of the two types of the journal articles; theoretical and empirical on the impact factor of a journal. *Scientometrics*, 80, 265-282.
INDEXING: Journal Citation Reports, Impact Factor 2.17 (2009), ranking 10/66 in INFORMATION SCIENCE AND LIBRARY SCIENCE
27. Zych, I. and Buela-Casal, G. (2007). Índice de internacionalidad de las revistas iberoamericanas de psicología incluidas en la Web of Science. *Revista Mexicana de Psicología*, 24, 15-22.
INDEXING: Journal Citation Reports, Impact Factor 0.5 (2007), ranking 66/102 PSYCHOLOGY, MULTIDISCIPLINARY
28. Buela-Casal, G., Zych, I., Sierra, J.C. and Bermudez, M.P. (2007). The internationality index of the Spanish psychology journals. *International Journal of Clinical and Health Psychology*, 7, 899-910.
INDEXING: Journal Citation Reports, Impact Factor 2.95 (2007), ranking 10/87 in PSYCHOLOGY, CLINICAL

Books

- Zych, I., Farrington, D., Llorent, V.J., Ttofi, M.M. (2017). *Protecting children against bullying and its consequences*. New York: Springer.
- Ortega-Ruiz, R. and Zych, I. (Eds.) (2016). *Convivencia escolar: manual para docentes [School-climate: A handbook for teachers]*. Madrid: Grupo cinco.
- Zych, I. (2011). *Cómo sobreponerse a la ansiedad [How to overcome the anxiety]*. Madrid: Pirámide.
- Zych, I. (2010). *SOS...Cómo recuperar el control de tu vida [SOS... How to control your life]*. Madrid: Pirámide

Invited speaker at international conferences (selection)

- Zych, I. (2017, January). Multicultural schools facing bullying and cyberbullying: strategies for prevention and intervention. Invited conference presented at The young people and cyberhate: victims, witnesses, perpetrators? International comparisons, Nice, France.
- Zych, I. (2016, November). Convivencia en las escuelas multiculturales – riesgos y oportunidades. Invited communication presented at 4 Congresso Internacional de Serviço Social, Lisbon, Portugal.
- Zych, I. & Ortega-Ruiz, R. (2016, June). Prevalence and evaluation of cyberbullying in Spain: A systematic review. Invited communication presented at VIII International Congress of Psychology and Education, Alicante, Spain.
- Zych, I. (2015, November). Competencias emocionales e inteligencia emocional: el escenario de las nuevas tecnologías y las redes sociales [*Emotional competencies and emotional intelligence: new technologies and social networking*]. Invited conference presented at Seminario Internacional de Inclusión, Talca, Chile.
- Zych, I. (2015, April). Convivencia escolar en la educación básica: de la violencia al desarrollo de las competencias socioemocionales. [*School climate in compulsory education: from violence to the development of social and emotional competencies*]. Invited conference presented at 9th ISPCAN Latin American International Conference Child Abuse and Neglect Systems for Protecting our Children, Toluca México.
- Zych, I. (2014, May). *Convivencia como clave para la prevención de la violencia escolar y juvenil [School climate as a key to prevention and intervention in violence at school and in youth]*. Invited conference presented at III Simposio internacional en ética y humanidades: clima escolar [III Symposium international on ethics and humanities: school climate], Túnja, Colombia.
- Zych, I. (2014, February). *Competencias para la gestión de la convivencia y prevención de la violencia escolar y juvenil [Competencies for management of school climate and prevention of violence at school and in youth]*. Invited workshop presented at 2º Congreso Internacional Sobre Maltrato, Abandono Infantil y Convivencia Escolar [2nd International Congress about Childhood Abuse, Abandonment and School Climate], Toluca, Mexico.
- Zych, I. (2014, February). *Formación del profesorado para la gestión de la convivencia escolar [Teacher training for management of positive school climate]*. Invited conference presented at 2º Congreso Internacional Sobre Maltrato, Abandono Infantil y Convivencia Escolar [2nd International Congress about Childhood Abuse, Abandonment and School Climate], Toluca, Mexico.
- Zych, I. and Llorent, V.J. (2013, May). *Educación inclusiva y atención a la diversidad en la universidad. Propuestas y opiniones desde la Universidad de Córdoba (España) [Inclusive education and attention to diversity at the universities. Proposals and opinion from the University of Córdoba (Spain)]*. Invited conference presented at Seminario Internacional Inclusao Em Educacao: Universidade E Participacao [International Seminar on Inclusion in Education: Universities and Participation], Rio de Janeiro, Brasil.

10. Zych, I. (2013, April). *La influencia de los medios de comunicación en la imagen de Marruecos. Visiones desde la otra orilla [Influence of the communication media on the image of Morocco. Vision from the other shore]*. Invited conference presented at Congreso Internacional Hispano Marroquí "Imagen Mediática de Marruecos en España" [International Spanish-Moroccan Congress on the "Image of Morocco in Spanish Communication Media"], Tetuán, Morocco.