Bullying Research Network



Dear BRNET Members and Friends of BRNET:

Thank you for being a part of the Bullying Research Network! In our November newsletter, you will find updates from the network.

Be sure to check out our website at <u>http://cehs.unl.edu/BRNET/</u> for additional resources and announcements.

Researcher Spotlight—Dr. Patricia Hawley

Dr. Patricia Hawley, Ph.D., is a professor in the College of Education at Texas Tech University. Her background is interdisciplinary, with her Ph.D. in Psychology with emphases in quantitative methods, developmental science, and animal behavior. She was five years as a postdoctoral scholar and the Max Planck Institute of Berlin, Germany. There she began her decades-long work on power and aggressive in human groups, including spearheading a project at the preschool where young children were filmed and coded for gestures associated with power, aggression, and social competence. From this work came her Resource Control Theory which challenges the idea that aggression is an indicator of social incompetence. In contrast, she has suggested that aggression can be associated with social competence as long as it is enacted in a quest for power (Hawley, Little, & Rodkin, 2007). This fact has important implications for how it is 'treated' in the classroom.

In the meantime, Dr. Hawley has interfaced this work to theoretical frameworks and social processes found in social psychology. The theory of planned behavior, for example, has long be applied to other health related phenomena (e.g., smoking cessation), but had not been used in other public health domains in schools, such as bullying. She and a colleague (Dr. Anne Williford) presented this novel approach in a special volume of the *Journal of Applied Developmental Psychology* (2015).

To remedy this gap in the chain of bullying prevention, Dr. Hawley and school psychology students recently developed a full-day pre- and in-service teacher training workshop designed to support teachers in their attempts to mitigate bullying in their classrooms, independent from or in preparation for formalized bullying intervention programs in their schools (Hawley, Carpenter, Coffey, & Stewart, 2016).

The curriculum deliberately targets teachers' self-efficacy when it comes to actively managing the social processes in their classrooms, or in other words, becoming "the invisible hand".

Initial work on nearly 250 pre-service teachers suggest that the curriculum they developed was not only desired and valued by the teacher candidates, but it also honed their perceptions of power related phenomena that take place daily right under their noses. In turn, the lessons markedly increased their self-efficacy for mitigating situations that normally give rise to negative power behavior in humans, even if those situations are often invisible to us.

Selected Recent Publications

Hawley, P.H., Carpenter, J.F., Coffey, N.G., & Stewart, T.K. (2016). *Bullying and social dynamics in the classroom: A guide for pre- and in-service teachers*. Lubbock, Tx: Texas Tech University. Workbook to accompany full-day anti-bullying workshop for pre-service teachers designed to aid them in managing their classroom ecologies.

Hawley, P.H., Little, T.D., & Rodkin, P. (Eds.) (2007). *Aggression and adaptation: The bright side to bad behavior*. Hillsdale, NJ: Lawrence Erlbaum and Associates.

Hawley, P. H., & Williford, A. (2015). Articulating the theory of bullying intervention programs: Views from social psychology, social work, and organizational science. *Journal of Applied Developmental Psychology*, *37*, 3-15.

BRNET New Members!

BRNET has a current total of <u>199 members</u>! Welcome to the BRNET, **Drs. Danielle Law**, **Stephanie Secord Fredrick**, and **Lyndsay Jenkins**.

Please send recommendations for potential BRNET members (i.e., faculty, researchers, and clinicians who are conducting research on bullying or related topics) to Drs. Shelley Hymel, Susan Swearer, or to bullyresearchnet@gmail.com.

If you have recently joined BRNET and have not yet provided your information, please send the following to bullyresearchnet@gmail.com.

- 1) contact information that can be posted on the website;
- 2) a brief biography of you and your work;
- 3) a list of current/ongoing projects in this area;
- 4) an annotated bibliography of your work in this area (i.e., full reference plus a few sentences about the work), and;
- 5) relevant web-based links you would like to share.

Friends of BRNET

Friends of BRNET is a group of graduate students, administrators, parents, and individuals who are interested in learning more about the Bullying Research Network. Friends of BRNET receive our monthly e-newsletter. If you are interested in becoming a Friend of BRNET or want to refer someone to Friends of BRNET, please email Ana Damme, the BRNET Coordinator, at <u>bullyresearchnet@gmail.com</u> with the following information: name, title, address, and email address.

BRNET Member Grant/Funding Announcements

Receipt of funding facilitates the BRNET mission to conduct interdisciplinary research related to bullying and aggression, with particular attention being paid to the link between basic and applied research. Thus, the BRNET directors are excited to offer members a new opportunity to share grants (and other sources of funding) they have received for their research projects.

Funding varies across countries and is not limited to federal grants. If you are interested in sharing your grants or funding with other BRNET members, please send an abstract of the research funding along with the funding source to <u>bullyresearchnet@gmail.com</u> and we will post the information on our website.

BRNET MEMBER ANNOUNCEMENTS

(1) The Empowerment Initiative at the University of Nebraska—Lincoln is Recruiting Students

Please help us spread the word! The University of Nebraska—Lincoln is currently recruiting motivated, bright, hard-working undergraduate students to the developmental, neuroscience, and translational research graduate specializations in the Department of Educational Psychology. **Please see the attached flyer.** Interested students can apply here: <u>http://cehs.unl.edu/edpsych/how-apply</u>.

(2) PREVNET's 9th Annual Conference

You are invited to Canada's premier conference on bullying prevention and promoting safe and healthy relationships for children and youth. The conference objective is to ensure that all adults involved with children and children (e.g., educators, mental health professionals, parents, volunteers) have evidence-based knowledge, strategies and tools to promote children's well-being and prevent bullying. Together we can make a difference in the ongoing efforts to stop bullying in Canada and to promote well-being for all Canadian children and youth. Conference highlights include:

- November 15—Evening Wine and Cheese Reception at the Canadian Museum of History: Hosted by PREVNet's Scientific Co-Directors Dr. Debra Pepler and Dr. Wendy Craig
- November 16—Conference Keynotes by Shelley Cardinal (Canadian Red Cross), Dr. Jean Clinton (McMaster University), Lisa Wolff (UNICEF), Drs. Debra Pepler and Wendy Craig (PREVNet) and a choice of 7 morning and 7 afternoon workshops
- November 17—Additional Professional Development Training Opportunities: PREVNet is offering a choice of two full day workshops to bring state-of-the-art knowledge to your setting and promote healthy relationships and a positive social climate with children and youth: Healthy Relationships Training and PREVNet's Bullying Prevention: Tools for Schools

Register soon—early bird rate ends October 5th! See the attached flyer and following website for more information: <u>http://www.cvent.com/events/canada-coming-together-to-promote-children-s-well-bring/event-summary-dbeb9c409d72476ca25bb0f36d5f8b6b.aspx</u>.

(3) PREVNet's National Youth Advisory Committee Initiative to #SpreadKindness

PREVNet's National Youth Advisory Committee has been working very hard for the past year to create six integrated campaigns that encourage youth, parents and caregivers to #SpreadKindness. The planned launch is on November 15th at 4:30pm EST in Ottawa at the live and virtual Youth Town Hall.

In partnership with Facebook Canada, the town hall discussion will feature virtual and live components, allowing youth voices from across Canada to participate in this important conversation on what healthy relationships look like and how they can be supported. Additionally, PREVNet's National Youth Advisory Committee will officially launch their evidence-based, public education

campaign, *#Spreadkindness*, about the importance of healthy relationships. Youth will have the opportunity to provide feedback on the campaign and discuss ways that they too can be part of this initiative in their own communities. Instagram will also be sharing strategies for youth about digital engagement and how to build kind communities. See attached flyer for more information.

(4) So You Want to Study Bullying? Recommendations to Enhance the Validity, Transparency, and Compatibility of Bullying Research

Dr. Anthony Volk, Dr. Rene Veenstra, and Dr. Dorothy Espelage recently had their manuscript accepted to the journal of *Aggression and Violent Behavior*. The paper aims to promote thoughts and insights about the critical issues and concepts facing those who seek to gain a better understanding of bullying. The researchers advocate that bullying researchers produce data that are more easily communicable to the broader community. **Congratulations!**

(5) Bullying in Australian Schools: The Perceptions of Victims and Other Students

Dr. Ken Rigby is currently an Adjust Research Professor in the School of Education at the University of South Australia. He also conducts research through the Hawke Research Institute and he recently published *Bullying in Australian Schools: The Perceptions of Victims and Other Students* and he requested to share the article with fellow BRNET members. https://link.springer.com/epdf/10.1007/s11218-017-9372-

3?author_access_token=QXg_KcSd6flbjIjPRJDE5ve4RwlQNchNByi7wbcMAY5KylYDl11sa4xcGhPO qoZ_c-EY_W2t7YY7zRuxTFWKo173gi8sGjdBv1Ve4EGKb45CEW_vuISg-TugYRzADiiRHjCqStJAxE_yJYPmrRlD1A

(6) Cyber Bullying: A Critical Overview by Dr. Dan Olweus

Dr. Olweus has a new book chapter (position paper), *Cyber Bullying: A Critical Overview*, that you might be interested in reading. A shortened version of the paper with Dr. Sue Limber as co-author is in press in Current Opinions in Psychology. The following aspects are highlighted in the book chapter:

- research on cyberbullying is plagued by inconsistent findings and exaggerate claims;
- a consensual definition is important to build a coherent body of knowledge;
- cyberbullying greatly overlaps with traditional bullying;
- it is important to measure cyberbullying in a bullying context, and;
- cyberbullying should (tentatively) be regarded as a subcategory of bullying.

If you are interested in getting a copy of the book chapter, you can send an email to <u>olweus@uni.no</u>.

(7) National Initiative for Transforming Student and Learning Supports in 2017

The Center for Mental Health in Schools at UCLA has developed two new major resources to aid school improvement planning for addressing barriers to learning and teaching and for re-engaging disconnected students. They are called, *Addressing Barriers to Learning: In the Classroom and* Schoolwide and *Transforming Student and Learning Supports: Developing a Unified, Comprehensive, and Equitable System.* To access these resources as well as other **free** resources, visit this website: http://smhp.psych.ucla.edu/.

(8) Research Scientist Position Available at Committee for Children (CFC)

Committee for Children (CFC) is a nonprofit working globally to prevent bullying, violence, and child abuse. They developed research-based social-emotional learning programs that are used in more than

25,000 schools in 70 countries around the world. CFC is looking for a **research scientist** to join their team in Seattle! Visit this website to learn more about the ideal candidate, primary responsibilities, qualifications, and how to apply. <u>http://www.cfchildren.org/about-us/contact-us/job-opportunities/research-scientist</u>.

Thank you for your involvement in the Bullying Research Network! If you have any news, information, research, suggestions for new members, or other materials that our members would find useful, please do not hesitate to email us at <u>bullyresearchnet@gmail.com</u> and we will include it in our newsletter and/or on our website.

Most sincerely,

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Dr. Shelley Hymel University of British Columbia BRNET Co-Director

Ann Annu

Dr. Susan Swearer University of Nebraska - Lincoln BRNET Co-Director