

Isabel Aguilar

Major: Family Science

Position Title: English Teacher/Assistant

Organization: Jardín de Niños de Francisco Giner de Los Ríos

Address: Conocido Santa Clara Municipio

Mission of Organization: To provide every child between the ages of three and five with pedagogical attention consistent with the characteristics of age and current program through learning opportunities in a different environment to the family and contributing to the development of all their potential; emphasizing the cognitive, socio-affective and language skills of the girls and boys who attend this level of education.

Supervisor: Rosa Elia Saucedo Mora

Director of Jardín de Niños

Contact Number: 01152-1-443-166-1600

Purpose of my Internship: To acquire new set of skills that I can applied to future jobs. I also want to establish and make connections with teachers and directors; gain and build experiences when teaching in a school setting.

Work Responsibilities: I'm currently in charge of teaching students basic English and assisting teachers with their classroom. There's six classes I help and teach, three pre-school and three kindergartens. Every morning we all participate in exercise warm-ups to get ready to start the day. I then take turns going to each classroom for 50 minutes, I start with the preschoolers because they get off at noon. During my time in the classroom I assist teachers with whatever assignment they are currently working on and the last 20 to 30 minutes are reserved for me to teach the students English. I have acquired several new skills, when I first started I was very nervous and my voice would tremble. I have learned to be comfortable and confident with myself. I have learned different teaching methods (all six teachers, teach differently) and I must adapt to their teaching methods when I'm in their classroom until it's my turn to teach, then I practice my own teaching style. I feel I can self-motivate myself and engage in activities. I have also acquired great communication skills with students, parents and my co-workers. I'm gaining useful knowledge when teaching children, we need to be patient, caring and kind towards them and their parents. Always looking for creative ways to make learning fun for the children.

Critical Moment: My most critical moment was with one teacher that didn't like me, I had to earn her respect and trust. It cost me being uncomfortable in her classroom for at least two weeks. Every day I would greet her and tried to converse with her, but she would shut me off. She made me feel awkward in her classroom when I had to helped, in a way I thank her for being like this with me. I learned to take initiative, and how to lead a class section without her presence bothering me.

Recommendations for future Students: My recommendations for students that will intern in a school setting is to always be prepare with current books, activities, lessons plan do to with students. Also, always act like a professional at all time, we are the student's role model.

Recommend: Yes, I would recommend this organization. In fact, the director wants students from the US to intern in this organization every semester. I'm enjoying and learning new things; every day is different. There's a lot to learn from this organization, things are done differently here in Mexico than the US.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.

Megan Anderson

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Child youth and families

3. Practicum position title.

Teacher in the youngest room of a daycare(16 weeks to 1)

4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

Trinity Childcare at Village Garden

7130 Kentwell Ln, Lincoln, NE 68516, (402)421-0184

<http://www.trinitylincoln.org/childcare/village-gardens-location>

5. Mission of the organization or agency.

Learning is a process that continually takes place as children make new discoveries about the world. We believe in the potential of children and strive to build creative, nurturing and stimulating environments that promote exploration and discovery. We value families and strive to provide opportunities to build a sense of community! Our dedication to children, our facility, qualified staff, curriculum, and quality materials work together to create a wonderful community for children to develop and grow.

6. Supervisor's name and title,

Supervisor's contact number (phone and fax, if available).

Tava Bowman and Jen Nelson, Head teachers of the classroom

(402)421- 0184

7. Describe the purpose of your internship.

To be able to successfully be able to run an infant room. To be able to communicate with parents about what is going on with their child while they are at the center. Keeping the children safe. Provide a comfortable and welcoming environment. Make sure that the child is given their food at the correct time with the correct foods.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

The Majority of the work was spent feeding babies, changing them (on water days in swimsuits and back into clothes) Feeding breakfast, lunch and snack, putting children down for naps, talking to parents and asking questions about their child, cleaning the

room, taking them outside, taking them on buggy rides, writing down everything they ate, when they napped, their BM and playing with the babies

8b.) What skills did you acquire over the course of your internship?

The skills that I acquired were knowing what to do in case of a fire or tornado (which cribs are the emergency cribs and what kids go in them) I learned that there are many types of formula and what kids they go to along with how much. I learned how to change a baby with bad diaper rash, I learned all the parents' names, I learned how to document food, changings and naps, I learned what age sunscreen goes on child, I learned how to call a parent when needing to send them home because of sickness and I learned how to calm each child down (the ways that work best to sooth them).

8c.) What type of knowledge did you gain?

I learned what it looks like to be a head teacher in the infant room, I learned what a typical day looks like. I learned what a good day looks like vs a bad day. I learned how to help when not asked and taking action.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment in my internship was learning about each child and what kind of food they can have and can't have. Along with that getting to know the parents so I was able to comfortably talk to the parents about their day and forming relationships.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My advice is to never get too comfortable. Always double check are you giving the right bottle to the right child with the correct amount. Make sure you have the right dippers and whipes for the child. Be ready to have a day planned but to completely change it depending on their day. Remember some days will be hard but that child is someone's biggest blessing and you get the honor of being with them all day.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes! The teacher in the room I was in were so helpful! They constantly helped me when I had trouble remembering how much formula goes in each bottle. They taught me what methods worked for each baby. I never felt uncomfortable and I always felt like they were there to help me and make me the best person I could be in the room! They were awesome!

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.

Nathan Anderson

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Journalism, Child, Youth & Family Studies

3. Practicum position title.

Staff Writer/ Reporter @ the Norfolk Daily News

4. Organization / agency name,
Organization / agency address and contact number
Organization website if available

Norfolk Daily News
Norfolk, Ne 68701
<http://norfolkdailynews.com>

5. Mission of the organization or agency.

Provide news to Norfolk, NE and the surrounding communities.

6. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).

Kent Warneke
Editor
editor@norfolkdailynews.com
402-371-1020
Fax: 402-644-2080

7. Describe the purpose of your internship.

Working in the newsroom as a staff writer/ reporter on general news assignments and break news. Will write and cover local events, and write about interesting people.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

My Internship will run until August 10. I have already covered local news events, covering press conferences, local politicians and local residents with interesting backgrounds— or those doing interesting things.

8b.) What skills did you acquire over the course of your internship?

I learned, how to write for the Norfolk Daily News' local print style. I have learned how to use the systems required to write, edit and submit the articles (their Scoop program) I've worked on. I have learned how to drop in, and use the correct naming convention of photos I've taken. I have learned, and am still learning to work with those in the newsroom as a team. That means scheduling photographers on stories when necessary, and covering, and writing, stories by deadline. And overall, my writing continues to improve. That alone is a huge success, to me.

8c.) What type of knowledge did you gain?

Similarly to my time in the military, I have learned how to better work with individuals with varying backgrounds than myself, both in the newsroom and from the public. While it's something I've always struggled with, and still do for the most part, I have learned how to better deal with my social anxiety in a way that allows me to strike up conversations with random strangers about my job.

9. What was your most critical moment at your internship? Explain *why*.

At this point in my internship, the most critical moment was receiving positive feedback on the first couple stories I wrote. I have high expectations for myself, and I hate the thought of writing a terrible article. I don't want to disappoint those I'm writing about, and I certainly don't want to discredit the paper. So when I first received some positive feedback from the editor, I breathed a little sigh of relief, and that allowed me to focus more clearly on my next assignments without excessive worry.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Take a chance. Don't let the thought of failure keep you from shooting for your goals.

11. Would you recommend this particular organization or agency to future internship students? Absolutely! The Norfolk Daily News has been an amazing internship, so far. The newsroom is

like family. Everyone is incredibly welcoming, and it's clear that they want you to succeed and learn while you're there.

Why/why not?

1. Braxton Bellamy
2. Child, Youth, and Family Studies with an Emphasis in Family Science
3. Student Enrollment Intern
4. Central Community College
3134 US-34, Grand Island, NE 68801
<https://www.cccneb.edu>
5. Central Community College maximizes student and community success.
6. Janel Walton, Dean of Student Enrollment
(402) 250-2361
7. The purpose of my internship was to learn more about higher education and all the departments that work within it. While all colleges are different, I wanted to learn more about the roles played by the admissions department, financial aid offices, disability service, academic advising among many others. By learning about all these offices, I hoped to be able to narrow down where exactly I would want to work in the future.
8.
 - a. My work responsibilities were constantly in flux just because of how many departments that I was cycled through. I would describe my work responsibilities as getting to know students better through tours and meetings, as well as learning from professionals on how they run their departments and advise students. I spent most of my time in meetings with students or working on PR projects for the college.
 - b. As far as skills go I acquired better communication skills. In order to best understand a student and what they want to do, you need to get to know them better and see life from their point of view. I saw this in action many times in the admissions department and even put it to use when they let me take the reins briefly in student meetings. I also learned more about time management. When you have a lot of students to get through in one day you need to be punctual and on time.
 - c. I gained the knowledge that I want to at least start off in admissions when I start my professional career. I learned not to put too much on students' plate, and there is always a good reason they are struggling. Getting to the bottom of that before we get anything else started is very important and crucial to a student's collegiate success.
9. My most critical a-ha moment came my second day of my internship. We had a student self-disclose that he was going to be deported and wanted to get a degree so he had some marketable skills when he went back to his home country. This kid had lived in that country for three months before his parents moved him here under a protected visa and America was all he had ever known. This kid was sitting there baring his soul to Bob and I was sitting in the

background trying not to let him see that I was crying. This boy had the soul of an artist, but his parents wanted him to be a computer programmer. He was torn between loyalty to his family and loyalty to himself and it was difficult to watch as an observer. Finally, Bob stepped in and talked about auto body painting. A marketable, in need skill that was also very artistic. He found that to be a good compromise. Bob finding a solution out of the chaos is what really solidified me wanting to work with college students in higher education.

10. Just go in with an open mind and expect the unexpected. My first day we advised a recovering meth addict, a homeless student, and a paranoid schizophrenic. It was a lot to handle day one that is for sure, but having an open mind and a willingness to work and listen is all you really need for a position like this.
11. I would definitely recommend CCC to future internship students that are considering higher education. They were very helpful and informative and flexible when it came to my schedule. They sat me down and talked me through things when I did not understand them, and gave me time to learn and grow on my own by helping students under their supervision. I loved my time at CCC and now with all the professional connections I have made, maybe I will be back to work there in the future.

Internship Description Guideline
CYAF- 459-D

1. Madison Blum
2. Family Science
3. Beatrice Community Hospital & Health Center Volunteer
4. a. BCHH- Beatrice Community Hospital & Health Center
b. 4800 Hospital Parkway
Beatrice, NE 68310-6906
c. (402) 228-3344
5. “Beatrice Community Hospital & Health Center is a community, not-for-profit organization dedicated to serving Beatrice and its surrounding communities. As the largest rural hospital in Southeast Nebraska, we provide a continuum of care that includes emergency services, a wide range of inpatient and outpatient services, women's and children's care, orthopedic and general surgery, and family and internal medicine physicians, as well as home care and hospice. We are committed to providing Incredible Care. Incredibly Close.”
6. Nicole Jones, MOT, OTR/L (Occupational Therapist)
phone: (402) 223-6766, Fax: (402) 223-6511
7. To assist the Occupational Therapist, comfort patient, family and friend through therapy process and to grasp a better idea on what the career entails and how the field operates.
8. a) Having people skills and making people feel welcome. Assisting with anything the therapist needs such as getting supplies, setting out obstacles or tools. Knowing the difference in what is needed for an elderly patient or a pediatric patient.
b) I gained confidence in working with people and taking the initiative in conversation. I also learned the importance of different types of therapy.
c) I learned how documentation of medical information into the computer system. I also learned different types of Occupational Therapy patients. I learned how the different hospital staff and different departments work together to keep the operation smooth and organized.
9. The most critical moment was when I really realized I was pursuing a career in the correct area field for me. I think the combination of getting to interact with the patients was a great feeling.
10. My advice is to think about an internship experience in an area that you are truly interested in. Also make sure they are able to give you the full 150 hours before you decide what site to choose. Another important tip is to meet with the agency or place to get a feel for the site and if it will be a good environment for you.
11. I would recommend this site for people interested in continuing their education in OT because this people are friendly and very helpful. There are also many experiences in different types of therapy.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

1. Gabriel Bushnell
2. Human Development and Family Sciences
3. Student Supervisor
4. F St Community Center
1225 F St (402)441-7951
lincoln.ne.gov/city/parks/fstreet
5. Provide a safe space for students in the community
6. Andrea Thompson, Assistant Director
(402)310-5541
7. To supervise the students while at the center.
8. Work responsibilities, skills, and knowledge:
 - 8a.) **I spend my time at the center supervising the students while they play basketball, hang out in the rec room, or the lobby.**
 - 8b.) **I gain the skill of communicating to high school age students, as well as their guardians**
 - 8c.) **I gained a better knowledge of high school students and the complex influences of their self, their peers, their home life, and their community.**
9. I haven't had a super critical moment that sticks out to me at my internship so far. The most important thing for me has just been the experience of attempting to understand and slowly grow in my ability to connect and be a positive influence on the students I work with.
10. I would recommend that others looking into working at F St only apply if they really do care about making the community a better place. I think it is a waste of time if you aren't going to invest and care for these students and attempt to be there for them and be a positive influence.
11. I would recommend working at F St to anyone thinking about it. They always could use help and the community center is a necessary resource for the students in the community of Lincoln. The rec gives the students a safe space to hang out and can really make a difference in their lives. I have really enjoyed working at F St and think the community center could use more people involved to make a bigger difference.

1. Name: Katie Carey
2. Major: Child, Youth, and Family Studies
Minors: Psychology and Education
3. Practicum position title: Victim/Witness Assistance
4. Organization / agency name: Lincoln Police Department-Victim/Witness Unit
Organization / agency address and contact number: 575 S 10th St., Lincoln, NE. 68508.
(402)-441-6518.
Organization website: <https://www.lincoln.ne.gov/city/police/>
5. Mission of the organization or agency: “We, the members of the Lincoln Police Department, working with all people, are committed to providing quality services that promote a safe and secure community.”
6. Supervisor’s name and title: Beth McQueen-Victim Assistance Unit Manager
7. Describe the purpose of your internship: The purpose of my internship was to see if working with victims/witnesses of crime was something that I would want to do as a career. I was also able to gain the knowledge and skills needed to be able to provide victims with emotional support/guidance, answers, and information that they may need.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**
My major work responsibilities included making follow-up phone calls to victims to see how they were doing and update them on cases, assisting victims with protection order applications, and occasionally attending court to be able to provide victims with updates regarding their case.
 - 8b.) What skills did you acquire over the course of your internship?**
The skills I acquired over the course of my internship included emotional support/guidance, communication, how to work effectively with victims, patience, problem solving, and creativity to help find solutions for victims.
 - 8c.) What type of knowledge did you gain?**
I learned about the criminal justice system, the court process, and how to effectively work with victims of crime.
9. What was your most critical moment at your internship? Explain *why*.
My most critical moment at my internship was during a follow-up call with a victim. The person was very appreciative that our unit called to see how they were doing and thanked me for it. It was a critical moment because it made me realize the importance of being able to provide

victims with guidance and emotional support, as well as the importance of helping others in general. This also helped to solidify my future career goals.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I recommend keeping an open mind when working with victims. They are usually under a lot of stress and experiencing a lot of different emotions. It is important to keep an open mind because there is no way of knowing how each person will act when helping them. I also recommend being patient and kind regardless of the specific case you are working with.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

I would recommend this internship to anyone who is interested in helping others as a future career. Being able to help others who are in need of immediate assistance is a very rewarding job. It has been a great experience for me and I've learned a lot throughout my time with the Victim/Witness Unit.

Name: Ann Chavez

Major: Child, Youth, and Family Studies

Position: Sixpence Home Visitor Intern

Internship Site and Contact Information:

Sixpence Early Childhood Program

2508 27th Street

Columbus, NE

402-563-7000 ext. 11768

<http://www.singasongofsixpence.org/>

Mission:

The Sixpence Early Learning Fund is Nebraska's signature effort to put our state's youngest and most vulnerable children on the path to success in school and life. Sixpence promotes high-quality early care and learning opportunities that help parents guide the healthy development of their infants and toddlers. As public-private collaboration at the state and local levels, Sixpence delivers efficiency, fiscal responsibility and measurable results for our investment in the next generation of Nebraska's citizens.

Supervisor:

Jason Harris

Director of Special Education and Student Services

harrisj@discoverers.org

Work responsibilities, skills, and knowledge:

Responsibilities-

- Job shadowing home visits
- Writing observation documentations
- Become familiar with curriculum and assessments
- Disinfect toys and books
- Assist in parent-child activities
- Attend and participate in collaboration meetings
- Organizing & taking inventory of supplies/material in storage closet (making sure we had diapers, toys, books, etc.)
- Schedule home visits (keeping my calendar up to date)

Skills-

- Establishing trusting and appropriate relationships with my clients
- Familiar with child developmental milestones
- Time management (keeping visits scheduled, planning parent socials)
- Communication (communicating with parents, supervisors, coworkers)

Knowledge-

- Familiar with curriculum (Parents as Teachers)
- Learned how to administer ASQ's (Ages and Stages Questionnaires)
- Became familiar with Teaching Strategies Gold
- Learned about risk factors many of the families face, and how we as a program can assist them and connect them to resources in the community
- Community resources available to families in Columbus, NE

Most critical moment:

The most critical moment of my internship experience occurred during the first few weeks. It really had nothing to do with the families we were serving, it had to do with my coworkers. They did not get along at all and I felt very uncomfortable at times. Whenever I was alone with either one of them, they would vent and talk poorly about the other. I felt caught in the middle and awkward because it truly wasn't something I expected during this experience. I really enjoyed the job and the program, but I don't know what that would feel like to not even be able to be in the same room as my coworker. Luckily, things got better because one of the home visitors had resigned so her last day was towards the end of my second week there.

Recommendations for similar positions/organizations:

I would recommend that future interns in similar positions or organizations keep in mind that people come from diverse backgrounds and cultures. The way they parent, might not be the same way you may parent or how your parents raised you. Just because they do things differently, doesn't necessarily mean that they are wrong. I think it's important to be open to different points of view and know that parents are the ones who know their child the best. Obviously, if there are points of concern, please do not hesitate to ask your supervisor their opinion. Along with that, it's ok to not know everything! Even though I have a child development background, I don't know everything that babies are supposed to be doing at their different ages. So it's ok to tell a parent you don't know, but that together you can find an answer or resource.

I would definitely recommend my internship site to others. If you have a desire to work with at risk-families, then this is definitely a place that will help you get your "toes in the water". It's a great program, and there are many Sixpence sites all over Nebraska. They are all about empowering parents to help their children be successful.

Internship Description Guideline

1. Mallory Coleman
2. Human Development and Family Science; Minors in Education and Psychology
3. Assistant Coach for Imperial Softball/Baseball Organization, Not paid
4. Imperial Softball/Baseball Organization
Schroeder Park, Imperial, NE 69033
<http://www.imperial-ne.com/images/catalog.pdf> (under Recreation on page 7)
5. The mission of the Imperial Softball/Baseball Organization is to help children and adolescents learn the fundamentals of softball and baseball from the T-ball level to Legion Baseball for boys and Senior Girls league for girls.
6. Tracy Roesch, Softball Coordinator
(308) 882-6531
No fax number available
7. The purpose of my internship with this organization was to gain experience working with children over 5 years old to young adolescents to see if I would enjoy working with that age group in my future career. I also wanted to be able to apply what I've learned throughout my college courses to real life children to see if they've hit the various developmental milestones that I've learned about.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

My responsibilities included assisting the coaches at softball games and softball practices. I helped run drills, lead practices, and assisting the girls with their needs. To achieve my internship goals, my internship experience consisted of mostly observation, while also being in charge of those responsibilities.
 - 8b.) What skills did you acquire over the course of your internship?**

Throughout my internship, time management and organizational skills as I had to juggle more than one team. I also gained communication skills and leadership skills, as I was in charge of leading practices and communicating to the parents when the head coaches were unavailable. I also learned adaptability skills and conflict resolutions skills when practices or games had to be rescheduled. Lastly, my decision making skills also improved tremendously.
 - 8c.) What type of knowledge did you gain?**

Unfortunately, I don't think I gained a lot of knowledge that will apply to my future career, as this internship helped me see that I think I would like to work in a job where the primary setting is an office, like Human Resources, instead of a social worker working on site. However, throughout my internship I became better at identifying Piaget's, Vygotsky's, and Kohlberg's developmental stages and milestones in the girls and young women. Overall, I'd say I gained a

lot of knowledge in child and adolescent development, which was a great way to round out my degree in Human Development and Family Science and give me experience to back up my degree.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship was when I noticed a girl wasn't feeling well at practice. When I asked her what was wrong, she said she felt weak because she hadn't eat in a few days. When I asked why she hadn't eaten, she said that she had been home alone for about three days. To me, she seemed a little young to be home alone for that long, and to not have food for that amount of time was a huge red flag. I let my supervisor know of the situation, she then let the appropriate person know, and eventually the matter was resolved. This was very critical because this isn't something I expected to witness and be involved in during an internship in a softball program. Living in a small town, you think you know everyone's business, but that is just not true all the time. Also, if I were to still become a social worker, these are the kind of situations I may witness all the time, so while it was a bad situation, it is good that I had a part in resolving this situation.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

In reference to my answer to the previous question, I would recommend expecting the unexpected. You might think you're just going to another softball practice only to help kids improve their batting and catching, and end up helping save a child's life. It might not always be that extreme, but if you are encouraging kids to participate in these extracurricular sports and helping them at games and practices, you are working to keep these kids active and out of trouble, which is better for their health overall.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

While it has been a fun place to intern, I would not recommend this type of internship to other students, unless you are planning to coach in the future. If you are wanting to observe the development of children for your internship, I would recommend interning at a daycare or being a nanny. I only got a small glimpse into these girls' lives at games and practices, and it was hard to observe them in a sports setting. Working as a nanny or at a daycare would allow you to also get to know the children's' parents and spend more time with the child making the observations longer and more accurate. However, if you plan on coaching in these types of organizations or just coaching on the side, this would be a great and rewarding place to gain coaching experience.

Internship Description Summer 2018

1. Your name: **Carlos Antonio Davis**
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...) **Human Development/Psychology**
3. Practicum position title: **volunteer staff member**
4. Organization / agency name: **Light House**
Organization / agency address and contact number: **2601 N Street Lincoln NE, 68510/402.475.3220**
Organization website if available: <https://lincolnighthouse.org/>
5. Mission of the organization or agency: **The mission of Lighthouse is to promote the mental, physical, emotional and spiritual well being of adolescents.**
6. Supervisor's name and title: **Falah Al-Hirez/ Facility manager/volunteer coordinator**
Supervisor's contact number (phone and fax, if available): **falah.alhirez@lincolnighthouse.org**
7. Describe the purpose of your internship:
Going into this I would have had no idea what my purpose was but that has definitely changed. I believe my purpose is to make an impact on these kid's lives. They know that I am volunteering and will only be there for a period of time. Leaving an impact on them through talking to them, playing board games, reading, or whatever it is going stick with them the most. I will also learn from them as well as I learn about them more.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**
During lunch we shut the rest of the house off so nobody can go wonder off and be by there selves. We eat together in one room and when you are finished you are allowed to be in the living room, which is connected to the kitchen. This is when they are the rowdiest. I spend my time eating with them and conversing.
 - 8b.) what skills did you acquire over the course of your internship?**
I am not yet finished but I have learned to ask for help when I need it. Most of the time I try to figure it out by myself but found that it is more efficient asking for help.
 - 8c.) what type of knowledge did you gain?**
The most important thing I have learned is that things really don't go as planned when dealing with kids. You have to know how to respond when it doesn't or they will eat you up.
9. What was your most critical moment at your internship?

I've only been there a couple days so I don't really have a critical moment. If I had to choose one out of the time that I have been has been learning all the dos and don'ts with the children. I say that because It was really eye opening to me to learn that stuff and how professional you have to be while working with kids

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

Be open to new things. You never know what your going to get while working with the kids. The relationships you make with them will be worth more than any bad day you have with them so its worth it.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

Yes I would because they are willing to work with anybody. They are very professional and flexible with your schedules and really want the best for you. Its very diverse atmosphere and very family like.

1. Khalil Davis
2. Family Science Major, Minor in education
3. Volunteer
4. Lighthouse: 2601 N St, Lincoln, NE 68510: LincolnLighthouse.org, (9402-475-3220)
5. Mission: Promote the mental, physical, emotional and spiritual well-being of adolescents.
6. Falah Al-Hirez (Facility Manager/volunteer coordinator)
(402-475-3220) falah.alhirez@lincolnLighthouse.org
7. The purpose of my internship would ultimately be interacting with the kids. We are supposed get to know the kids as well as we can. Whether it's talking to them, playing video games, card games, or basketball we just need to be interacting with them some way. Some task that come along with being a volunteer are preparing evening meal and snack for the kids, tutoring, projects, and teaching a class.
8. I would say that my major work responsibilities would be to interact. I know that sounds silly but my supervisor never wants us to be just sitting and not doing anything. He wants us to spark a conversation, play a game, speak to a person you don't know and things of that nature. I am supposed to help with preparing dinner and snack, cleaning, and interacting pretty much. I spend my time interacting with the kids because that's what makes my day fun. I acquire a lot of social skills from doing this which is one of my weaknesses so I get to work on that all day. I learned how to speak to kids in ways that I haven't seen. For example, one of the staff there, his name is Tim can switch up a conversation and turn it good if it ever started to become inappropriate.
9. I would say the most critical moment was when I was playing basketball video game with the kids. One of the kids started to say mean things to another kid and I didn't really hear it the first time. He said something again and I was able to switch up the conversation to kind of derail the name calling. It was exciting for me because I wasn't able to do that when I first started working. Before I would kind of say hey stop which wasn't effective. It was also critical for me because it was the first time I saw bullying going on. That situation has caused me to watch out for more problems like that down the road.
10. I would tell the future intern students to really figure out where you want to do it because it will help you tremendously in the future. Then I would tell them to make the most out of it even if it's not what you want to do.
11. I would definitely recommend lighthouse to future students. I would because it's a great place to volunteer or work early in your career. If you love having fun with kids this is where you want to be.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Victoria Davis
2. Child, Youth, and Family Studies
3. BKR Extension Office Summer Intern
4. BKR Extension Office
Address: 148 West 4th Street, Ainsworth, NE 69210-1696
Phone: 402-387-2213
Email: bkr1@unl.edu
Website: <http://extension.unl.edu/statewide/bkr/brown-keya-paha-and-rock-4h/>
5. “The goal of 4-H is to develop citizenship, leadership, responsibility, and life skills of youth through experiential learning programs and a positive youth development approach.”
6. Chandra Murray
cmurray3@unl.edu
Phone: 620-388-7157
7. The purpose of my internship was to put on different workshops to teach youth in the community, life skills.

8. Work responsibilities, skills, and knowledge:

For the majority of my internship hours, I was planning and facilitating summer workshops. Since I was considered an adult, there were a few times that I was asked to sit in on other intern’s workshops. I was also asked to help with cooking classes, shooting sports, and the county fairs. The skills that I acquired were how to work with youth, time management, and classroom management. Some knowledge I gained during my internship is what experiential learning is and how to apply it. I also learned that children learn best when they are moving and working hands on.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship was after I put on my first workshop. My supervisor was there and she said to me, “You did really great. I can’t think of anything to tell you to change.” This was so critical for me because it gave me a major confidence boost. I was no longer nervous to teach and I felt like my students got more out of me after that moment.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend to call your supervisor instead of trying to contact them through email. It took a couple weeks for me to solidify my internship because they missed my email. I would also recommend for you to keep in contact with your supervisor and ask any questions you may have. Extension Educators are very busy people so it's easy for them to overlook you if you're not willing to speak up.

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

Yes, I would recommend an extension internship to future students. For my particular internship, the intern had to be from Brown, Keya Paha, or Rock County, however there are extension offices in almost every county. As an extension intern, you get to do something different every single day, work with new children constantly, and teach youth things that they probably wouldn't learn in school. Along with that, my supervisor was super helpful and kind and I feel like I will leave the organization with more networks and confidence in my abilities.

1. Tessa Dunse
2. Family Science (Child, Youth, and Family Study)
3. School Age Lead Teacher
4. Sheridan Lutheran Church- Sheridan Child Development Center
 - a. 6955 Old Cheney Rd, Lincoln, NE 68516
 - b. <http://sheridanlutheran.org/about-us/scdc/>
5. We know your child is God's special gift. As your child ends their day with us, we want them to leave with a sense of knowing the right thing to do and that Christ is always in their heart. We promote values, manners, morals and respect in a nurturing, caring environment.
6. Rachel Poppert, Assistant Director
 - a. 402-423-5037
7. The purpose of my internship was to solidify my desire to work with children as a physical therapist. Before starting my internship, I was confident that physical therapy was what I want to do as a career, I was just unsure if I wanted to work in the pediatric field. I wanted to also be able to expand my network and solidify my communication skills between the children and parents.
8.
 - a. My major responsibilities for my internship were to create lesson plans that were engaging and educational for my students. I was also expected to interact with them by playing games, reading and talking with them. I was expected to be a reliable resource for them to come to if something was wrong. In addition, it was my responsibility to provide transportation when necessary, for not only the children I was immediately responsible for, but any other class that needed my assistance as well. I spent the majority of my time interacting with my students, creating lesson plans, and helping them learn by incorporating daily reading and journaling. The children were given writing topics relating to the week's theme.
 - b. I was able to strengthen my communication skills as it was necessary to be as efficient as possible when working with parents of several children. I also learned how to manage my time more efficiently than I have been prior to this internship. I learned that the best way to do so was to focus on one week at a time and prioritize the things that I had going on. This proved helpful with all of the responsibilities I had for work, the homework due every week, and my personal life. I also was able to accomplish my skill goal I set for myself and was able to become a reliable bud driver for the daycare center. This goal was time consuming, but very worth it. I felt as though it was a huge responsibility for me to transport children, and I was honored to be trusted with such a responsibility. It showed me that my boss and the parents that I interact with feel they can rely on me to be safe and trustworthy.
 - c. I was able to gain some more knowledge as to the motivate for children. I talked with my mother, a reading teacher of 25 years, and she was able to tell me that the students she taught were motivated by encouragement and a huge amount support. Sometimes it takes an adult, besides a parent, to show the child that he or she is capable of anything. I have seen first hand that this motivation is indeed relevant. I have students that act completely different at daycare than they do at home and it is all because of how I encourage them and go about supporting their ideas and

dreams. Sometimes children think that their parents just say they can be or do anything because they are obligated to, however, if I show the same encouragement they take it to heart.

9. The most critical moment in my internship happened this week. There is a boy whom we have been having difficulty with regarding his behavior around his friends. This boy gets frustrated and overwhelmed easily and he reacts by trying to get one-on-one time with a teacher and to get quite time. After I learned this, I was able to talk to him and figure out what he enjoyed and I found out that learning was a big motivator for him. He loves to read and learn new facts. So the other day he was starting to behaving poorly and I was able to incorporate learning a random fact based on the situation that was overwhelming him. By doing so, he was able to find the situation fun and I was able to keep the environment positive instead of having to punish him for poor behavior. This was such a rewarding situation because I love working with children and they are capable of amazing things. I said early on that finding children's motivation was something I found interesting and to be able to do so and apply it to a specific child's needs made me feel as though I was really making the most of my internship.
10. I recommend keeping an open mind and put yourself into a situation where you are both comfortable and uncomfortable at the same time. Before diving in and interacting with a large group of children, it would be beneficial to start with one or two children if you aren't very comfortable around them when you start the internship process. At the same time, it is a good idea to make sure you don't stay in a completely comfortable situation for too long. What I mean by that is that I can learn a lot by being in an uncomfortable situation if I look at it as a learning opportunity. I want to grow as an individual and to do so I have to continuously push my boundaries and learn new things by being in different situations that I am not necessarily familiar with. One of the biggest recommendations I can make is to keep an open mind and be willing to try something new.
11. I would recommend Sheridan Child Development Center to anyone who wants to work with children. My supervisor and coworkers are so supportive of each other and they are welcoming to new people. The supervisor is more than willing to work with people's schedules and she was always available when I needed something. The environment is incredibly positive and warm. If you have questions or need anything the people at SCDC are more than willing to go out of their way to help you. It doesn't feel like I have coworkers there, they are my friends and I know that I can rely on them for anything. Everyone in the center has strong morals and they have love for children that is unmeasurable. The amount of support I have had from my coworkers and my supervisor is astounding and I couldn't have asked for a better place to complete my internship.

1. Kate Engle
2. Family Science
3. Prevention and Education Intern
4. Women's Center for Advancement (WCA)
 - a. 1308 Harney St. Omaha, NE
 - b. 402.345.6555
5. Assisting victims of domestic violence and sexual assault and their children to achieve safety and empowering them to lead self-determined lives.
6. Sara Eliason, Prevention and Education Manager
 - a. 402.332.6237 (cell phone)
7. The purpose of my internship was to gain knowledge about domestic abuse, sexual assault, human trafficking, and stalking. I was then to apply what I learned to the community and teach them all of the things I did.
8. (a) I was responsible for a lot of research on the topics at hand. The organization I worked for really want to make sure I was as knowledgeable as possible about the topics at hand. If I was ever not busy I was constantly looking up new local stories about domestic abuse and sexual assault. Since my internship was in the summer in Omaha I had to stay educated on the human trafficking issue at the College World Series. I also spent my time in the community educating others on sexual assault and domestic abuse. I was always telling others about our services and what we can do to help in a time of need.
 - a. (b) I developed time management skills. My coworkers taught me tips and tricks to keep my work organized and how to get my projects done on time.

- b. (c) I gained an immense amount of knowledge on domestic abuse, sexual assault, human trafficking, and stalking. I learned an incredible amount of things that I did not know before. I was always learning something new.
9. The most critical moment at my internship was when I was in the community working with the homeless community making sure they know what our services are and how we can help. We also gave them supplies such as granola bars, water, personal hygiene products, (soap, socks, face wipes, etc.). I think this was a critical moment(s) in my internship because I was getting to work hands on with the less fortunate, which I have always had a passion for.
10. I think for future students the best advice I can give is to go in with an open mind. I have never worked with this population before and it was one of the most rewarding jobs I have ever done. I was able to go out into the community and directly help those in need.
11. I would absolutely recommend this organization for future internship students. My supervisor was incredible to say the least. My coworkers were amazing as well. Everyone at the WCA wants to see you do well and succeed at whatever you set your mind to. They are always more than willing to help you. I could not have asked for a better internship opportunity and I will forever be thankful this organization helped point me in the right direction for my future career plans. I am hoping that they could be a potential employer after I graduate!

Internship Description

1. Alli Frankowski
2. Child Youth and Family Studies
3. Summer Camp Counselor
4. YMCA Elliott CLC
225 S 25th St Lincoln, NE 68510
(402) 436-1136
<https://wp.lps.org/clc/elliott-elementary/>
5. “Community Learning Centers build smarter kids, thriving families, and stronger neighborhoods.”
6. Kristi Chambers
Elliott CLC School Community Coordinator
Phone: (402) 436-1564
7. The purpose of my internship is to enrich the children’s lives through play, adventure, work and structure. The CLC I work at also strives to get these children involved in bettering and enhancing their own communities.
8. A) A typical day for me starts with serving about 90 students lunch, during this time we converse about their day at summer school and I eat alongside them. We then split up into our smaller groups where I am responsible for about fifteen kindergarten through second graders. On an on-site day we do two main learning activities a day. They often involve nature so we are able to spend a lot of time outside during the day. The focus for my group this summer is cleaning up our community, so often we are outside picking up trash to recycle into new projects like bird feeders. For off-site days we walk the children to local facilities; for instance the local high school pool where we teach them how to swim, the Lincoln Children’s museum where they are able to play and create with one another, the Lincoln Zoo where they learn about all sorts of animals and also how to behave and stay safe in large public places.
B) One important skill I have acquired is how to problem solve for children with developing brains. All day long I am confronted with problems the kids are having with each other and it’s my responsibility to not only resolve the problem but to see the children through their emotions and actions. It is not always easy to reason with a six year old but I am getting better and better each day. Another skill I have learned and really appreciate is how to work as a team with my coworkers. I have never worked in an environment that went so smoothly as the one I am at now. I have learned how to communicate my frustrations and concerns with my fellow counselors without even having to speak. They know exactly what to do in any given moment and they have also taught me how to do the same for them. A crucial characteristic of the CLC I work at is that they are lacking many resources. Because of this I have also learned how to get by with the bare minimum given to us and to make it work for the kids. I am more able to adapt to situations that don’t go exactly as planned.
C) I have gained a lot of knowledge about Lincoln CLC’s. In particular I have learned about what, to me, seems to be a completely unequal distribution of resources. For instance, Elliott only gets one month of summer camp compared to other schools who are

all summer long, also I noticed other Y locations get their own personal vans to drive to field trips while my kids only get to go to places in walking distance. While I don't particularly know the reasons behind the inequality, it has definitely made me more aware of how the public school system works. Another major thing I have learned is laws and regulations regarding children. I've learned how and when to report instances and how to manage them.

9. The most critical moment in my internship was the first time my "go to" kid cried. This student helped me with attendance and how to say names when I first started, she would translate for me when I wasn't getting through to the non-English speaking students, she knew where everything was and who to go to for any situation. She never gave me any problems and was always willing to help me out. I counted on her probably way more than I should have. And then one day she cried. For some silly reason probably a disagreement with one of her friends, but when she started crying I realized that she is just a kid. Not in a bad or demeaning way, but I just finally realized that a kid is a kid is a kid. They have emotions and bad days, they get sad, they get mad and sometimes they will literally just scream in your face. I realized I can't put that much pressure on her or any other of my students and that I need to be there for them more than they are for me. I need to be a constant for them, they need to always be able to count on me on their bad days.

10. I would recommend to really be open to your coworkers who have been in your position before. Be honest with them so they can really help you, everything goes smoother when you work as a team.

11. I would definitely recommend the YMCA Elliott CLC. I couldn't speak higher of the people I work with and I genuinely love going to work every day. The kids I work with are fantastic as well, they are always looking out for each other it really is like one big family. Aside from having a lack of resources I couldn't ask for anything more at my job.

1.) Your name.

Michelle Haase

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Child Youth and Family studies with a Minor in Education

3. Practicum position title.

Assistant Director

4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

Little Wonderland Daycare

2615 Timber Lake Drive, Lincoln, Nebraska 68522

402-904-4583

5. Mission of the organization or agency.

Provided a safe and nurturing environment to help children grow and play.

6. Supervisor's name and title,

Supervisor's contact number (phone and fax, if available).

Cheryl Dubas (Owner)

402-202-1768

7. Describe the purpose of your internship.

The purpose of my internship was to learn the management role behind the daycare industry.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

At my site internship, a consistent schedule was key to be able to get all of my duties done on time and not to forget a step in my day. Every day my morning would start off the same by greeting everyone good morning and asking about there nights. Then Cheryl and I would have a meeting in that meeting we would talk about concerns, things that happened the day before, and any new task that needs to get done today apart from our normal schedule. Next, I would prepare the daily sheet schedule and the chore sheet. I would then do morning breaks and start morning chores. During this time I would be clocking in children as they come in and greeting the parents. Once morning duties were done I would then run all the payments for that day. Around this time is when lunch would happen and I would dismiss employees to their lunch break. After lunch is when tour and interview would take place if there were any that day and if not Cheryl and I would talk about lesson plans and help staff with their lesson planning. Right before pick up would start I would set up the clocking out system and pick up the school kids from their field trip that day. My afternoon duties varied on the day but usually consisted of talking to parents about their child's day and releasing staff to go home.

8b.) What skills did you acquire over the course of your internship?

I acquired great leadership skills and communication skills. One thing I realized while working, as the assistant director was that everyone communicates and accepts directions differently. I had to learn each of my employee's way of communicating and accepting direction. Once I was able to do this being a leader became a lot easier.

8c.) What type of knowledge did you gain?

I gained immense knowledge from my internship site. I learned how to work with parents, how important working as a team is when working in a daycare, and also how to manage my time effectively.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my site internship was when the state came to visit the daycare. I was very nervous when they came. The State is an intimidating thing when it comes to working in the daycare industry. They can literally shut you down if they want. I am so very glad I did get to experience working with the state during my internship though. I truly learned so much from when they came and visited. I also realized that the state is there to help and they are a great resource to use for anything daycare related.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

I would tell future students preparing for a similar internship to be organized and know that rules that needed to be followed in a daycare. Being organized makes your job so much easier at a daycare. You do not realize how much paperwork and task you will have in a day until you experience it but being organized is key to being successful. Also when working at a daycare you have someone child's lives in your hands for a majority of the day. I think it very important to know the rules of the daycare because those rules are in place to keep the children safe.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes, I would recommend this internship site for future students. I would do so because Cheryl Dubas is a great supervisor that has a passion for teaching the daycare industry and a passion for kids. My site was very constant on what is expected of you. It was nice to have that constancy because it allowed me to learn fast and feel comfortable quickly. If you are interested in Cyaf area for a career I think this site gives you great opportunity to work with kids, parents, and families. At this site, you will learn how to become a good communicator and a good listener.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten
Pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name. **Aniya Hankins**
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Childhood Educational Studies with Ethnic studies
3. Practicum position title.
Mental Health technician intern
4. Organization / agency name: **Center Pointe/ Community Transition**
Organization / agency address and contact number: **2039 Q Street Apt#202, (402)-904-4320**
Organization website if available:
<http://www.centerpointe.org/programs/rehabilitation.html/title/community-transitions>
5. Mission of the organization or agency: **Center Pointe helps the people we serve get better, sooner, for longer.**
6. Supervisor's name and title: **Stephanie Mcclees, Program Director**
Supervisor's contact number (phone and fax, if available): **Phone: (402)-904-4081, Fax: (402)-904-5098**
7. Describe the purpose of your internship: **The purpose of my internship to get a sense of working with recovering Mental Health Board patients and helping them learn how to become socially, mentally and physically ready to transition back in society.**
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?** I plan social skills, living skills, and Illness Management and Recovery group for the technicians to present within their groups. I also travel and sit in on client recovery and treatment plan assessments. I also fill out client incident reports when clients display disruptive behavior at the facility. I also sit in on health and wellness meetings with the supervisors and nurse within the facility.
 - 8b.) What skills did you acquire over the course of your internship?** Time Management skills, Organization and Critical thinking.
 - 8c.) What type of knowledge did you gain?** I learned how to plan different group material, I learned how to manage my time better when dealing with different work responsibilities. I also gain knowledge with becoming more comfortable with being outspoken and speaking my ideas within meetings and with presenting group material.
9. What was your most critical moment at your internship? Explain *why*. **The most critical**

moment within my internship experience was when we had a client run away from day program. We had to call the cops, report an AWOL procedure documentation. I had to fill out a client incident report to describe what happened with the client leaving his day program. It was scary because I have never witnessed filling out an incident report on a client before and we had to give a missing person description to the police which made me feel uncomfortable.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization. Come into the internship with an open mind and be ready to learn new techniques and new methods to help make a positive effect on Mental Health patients. Also there will be times when things are slow within the office, so make sure you stay busy and ask the supervisor if there is anything that needs to be done; this is so you are just not sitting the entire time not gaining anything from the facility. Make sure to be creative and open to new ideas for group, because that is the main job that you will do for the program.

11. Would you recommend this particular organization or agency to future internship students? Why/why not? Yes, I would recommend this facility to other internship students, simply because it is a very work friendly environment. Where they will have the opportunity to grow and learn different skills to have within the Mental Health field. You will gain so much confidence with speaking and organizational skills. Students will also have the opportunity to witness how to interact with clients and learn different methods to help them prosper with their treatment plan goals and mental illness.

1. Natalie Henton
2. Family Science major, Psychology and Women's and Gender Studies minors
3. CLC Summer Program Staff
4. YMCA Pershing CLC
 - a. 6402 Judson St Lincoln, NE 68507
 - b. 402-436-1160
 - c. <http://wp.lps.org/clc/pershing-elementary/>
5. "The Pershing Community Learning Center is a place where students have the opportunity to learn, grow and have fun with peers before and after the school bell. With the [Northeast YMCA](#) as the lead agency for the Pershing Community Learning Center, we have a strong support system to create opportunities for youth that they may not get on their own. With the collaboration between [Pershing Elementary](#) and Pershing CLC, we provide numerous club opportunities for all students, family engagement nights, and support for academic improvement. Pershing CLC is a part of the 21st Century Lincoln Community Learning Center Initiative, with the same goals to create enhanced opportunities and support for the families, students, and community of Lincoln."
6. Emilee Meints - Site Supervisor
 - a. 531-220-1853
7. The purpose of my internship is to give children a safe and fun environment during the summer. My purpose here was to gain experience working with children and their families and gain knowledge about my future within my career.
8. My major responsibility during my internship is to assist the children in creating a structure to each day. Each day, we have a planned out schedule full of clubs, field trips, activities, downtime, meals and so much more. My job was to help the children be successful during these times by encouraging them with my enthusiasm and helping to redirect them when they are having a hard time. I spend a lot of my time planning for my daily club which is a DIY craft club. I have to carefully come up with activities that will keep them engaged the whole hour. I also spend a good amount of time playing games with the kids whether it's board games, gym time, making up handshakes or even just talking with them while playing with legos. On days where we leave the building for field trips, I encourage them to behave well and help my coworkers if there is a problem with a certain child. I also help with serving breakfast and lunch to the kids and I usually eat and talk with them.
 - a. I think I have learned how to get children to respond well to you. My coworkers and I have spent so much time with these kids that we know what to say to different kids to help them to turn their day around and get them to respond with good behavior. I think I have also learned how to better communicate with parents as well as my coworkers and site supervisor through our meetings and just spending time with them. I have definitely become better at my own self-care routine as well throughout this internship as I am now holding myself accountable

to go to bed early so I can wake up and be ready to work with all of the kids. I have been journaling a lot more about my time here and it helps me wind down at the end of the long day and I have found that I do not get emotionally involved in issues at work as easily. By this, I mean that when a child is angry or getting worked up, I have really learned how to slow down, breathe and respond in a positive way rather than taking things personally and yelling at them.

- b. I gained knowledge on what it would be like to work in a career field like this. I have realized that I am great with kids and I would love to find a career that involves them. I think a ton of the knowledge I have gained has been from the course materials during this internship and applying them to my daily life at work. I have really enjoyed learning how to avoid and deal with conflict in the workplace, how the ethical system works within this career and recognizing and identifying the stages I am in my internship. These materials have challenged me to raise questions I never would have thought to ask my supervisor or experienced coworkers.
9. The most critical moment of my internship so far was within this last week. This past week, it rained almost every day. This meant that we were unable to take the kids to the places we had planned such as the park, library, pool, playground and The Haymarket. We were all challenged this entire week because we were stuck inside. I think the most critical and hard moment for me was when I found myself getting really fed up with how loud and rowdy the kids were getting. Being unable to do anything we had planned, the kids were upset, moody and restless. There were a lot of behavior problems. I was having a really hard time keeping my cool and trying not to yell at them when a situation occurred such as a child being aggressive to another in the gym. At one point, I realized that I was getting emotionally involved in the situation going on and I knew from my training that I had to walk away just for five minutes to breathe. I took a little walk around the school and by the time I came back, I was more able to address the behavior problem with the student in a much more calm setting and demeanor. I was able to trust my coworkers to watch the kids while I stepped out and they understood that. It was critical for me because I actually could feel myself starting to get angry even though I really wasn't mad at all. I just wanted to be right. Everything that was going on was starting to stress me out so much that I had to realize that it's just a game and the kids are just restless inside. I put myself in their shoes. This helped me to solve this problem. This technique of walking away to breathe and calm down is something that I have been teaching the kids to do as well.
10. If I were recommend this internship to another student, I would tell them it's definitely worth the hard work you put in! A position like this can be super rewarding if you put forth the effort from the start. Some advice I'd give would be to always engage with the kids and never turn away from them when they want to engage with you. They will respect you, look up to you and listen to you so much more if you express a genuine

interest in them everyday and make the effort to get to know each one. I would also say to not take things personally because kids will say things to you and sometimes you want to get angry. Know your limits and when you need to take a break. Another thing I have learned is to be okay with things not going perfectly as planned everyday. Some activities will fall through and not turn out to be as engaging as you thought it would be. Always have a backup game or plan incase something doesn't work out. My last piece of advice would be to be okay with acting like a kid and not taking everything so seriously. The kids respond well to silliness and playfulness as it is in their nature. I have learned that this approach works much better in getting a group to cooperate.

11. I would recommend this internship to students in this course. I think it is a great environment with great people. Though the long hours may be tough, it is always rewarding to know that you are looked up to by the kids and all of us working together make their day everyday. I think the organization is perfect for someone who would like more experience working with kids in a laid back setting. It is also really helpful because I have learned a lot about communication and planning out my days as well.

1. Taylor Huhman
2. Child Youth and Family studies with a minor in Education
3. Lead infant room teacher
4. Bubbles and Blocks
 - a. 4930 Lindberg St. Lincoln NE 68516
 - b. <http://www.bubblesandblockscdc.com/>
5. To give the best care to all children
6. Nicole Peck Lead director
 - a. 402-488-0024
7. The purpose of my internship was to learn how to manage a classroom as a lead teacher and also learning how to give the best care to each child while following the state guidelines.
8. To feed, change and take care of each child, while also lesson planning and finding activities for the children to do in order to meet sensory goals.
 - a. I spent my time with my children on the floor playing and learning, reading books and doing art activities. I also did the basic things to take care of an infant, bottle feedings, diaper changes, feeding baby food, giving naps and feeding table food when they got to the right age.
 - b. I learned how to better run a classroom, I really learned a lot about lesson planning and making sure that the children are getting sensory play because as we learn, babies learn through their senses.
 - c. I gained knowledge on state rules and regulations when it comes to children of that age. I learned things about handling breast milk properly and I learned ratios and age group rules like what age children are allowed to have certain foods.
9. I think the most critical moment of my internship was learning to get along with everyone even if personalities clashed. I was in a room with six females and there was a lot of drama in the classroom and at first it made me super uncomfortable but as time went on I learned how to separate myself from the drama and focus on why I was there. Which of course was to give the best care to the children and also learn through my internship, which I feel as though I did.
10. I would recommend that you make sure you put aside a few hours a week to sit down and make sure you stay caught up with all of your assignments for your internship. The eight weeks really fly by and if you aren't up to date on your assignments it can be very easy to fall behind. I also think you should shop around a little harder for an internship site because just choosing a random site might end up not working out. I think if I had the extra time to shop around I would have found something that better fit my personality. Also lastly, have fun and make connections, you never know when you may need someone as a reference or even just basic networking.

11. I would not particularly recommend this site to other students. It was a very drama filled center and if your personality is not the type to want to talk bad about people I feel like you would probably feel uncomfortable. The director is amazing though and she is certainly someone you can go to for any of your problems and she will work with you on them.

Internship Description Guideline

1. Alaina Huls
2. Family Science and Education
3. Summer Day Camp Site Supervisor
4. Copple Family YMCA
8700 Yankee Woods Drive 68526—402-327-0037
<https://www.ymcaincoln.org/location/copple-family-ymca>
5. To put Christian principles into practice through programs that help healthy spirit, mind and body for all. Core Values: Caring: to demonstrate a sincere concern for others, for their needs and well-being.
6. Meagan Nelson, Youth Teen and Family Director
531-289-7864
7. The purpose of my internship is to determine if being a Youth, Teen, and Family director is something I want to pursue as a career. In my internship, I am learning a lot about handling children, their parents, and their needs. I am also learning the office side of being a director of a youth program.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Getting the day to day schedule ready, making sure staff is following the schedule, know dietary and behavior needs of all campers, communicating with parents, knowing special drop off and pick up times, communicating with staff about need to know things about the campers, making sure ratio is in place, giving medication to the campers who need them, making sure staff is on time and in the correct attire**
 - 8b.) Time management, communication, organization, taking on many tasks at a time, leadership skills**
 - 8c.) The most important knowledge that I have gained at my internship so far is getting to connect with the kids who either aren't connecting with others or are behavior kids and just need that extra positivity in their day.**
9. In the past four weeks at camp, a little boy in our youngest group has a difficult time listening, staying focused, and keeping his hands and feet to himself. His counselors would have me talk with him multiple times throughout the day about things he has done. Last week, he finally had a day where he listened to directions, participated in all of the activities, and had not harmed someone throughout the whole day!! I was so proud of him for accomplishing something so little, which was so big for him. To see that my daily talks and reminders in the halls and in his classroom, was finally getting through made the tough moments all worth it!
10. Be very open-minded. You are going to have weeks where you want to quit and never come

back. But you are also going to have weeks where you never want to leave. Each day can be so different, which keeps things interesting. Parents can be somewhat overwhelming so build relationships with them also and that will make communication a lot easier!

11. I would recommend the YMCA to future internship students because every day I go to work, I feel like I am at work with my family. Everyone is so welcoming from the front desk staff, to maintenance staff, and the YMCA members.

1. Bailey Jex
2. Child Youth and Family Science- Human Development
3. Summer Day Camp Leader
4. Lincoln Parks and Recreation
(Irving Recreation Center) 2010 Van Dorn St. (402) 441-7954
<http://lincoln.ne.gov/city/parks/irving/daycamp.htm>
5. “At Irving Recreation Center we take pride in our longstanding reputation for providing quality summer recreation experiences for children and youth in our community. This summer at Lincoln Parks and Recreation, participants will experience as part of our **“FUNDamental Healthy Me”** day camp program:

- Recreation and Leisure Skills
- Physical Fitness Through Active Play
- Social Development
- Nutritional Awareness
- Nature Interaction

As always, parents and participants can expect:

- A focus on large group games and active play
- Skill building with challenging activity levels
- Site-based activities and city-wide field trips
- Individual exploration of interests through a wide range of activities offered.”

Found from Irving Recreation Center website

(<http://lincoln.ne.gov/city/parks/irving/daycamp.htm>)

6. Rick Lingard, Center Director
(402) 441-7954 / rlingard@lincoln.ne.gov
7. My internship purpose was to help further and develop young adolescent minds during the summer. I and other staff help create lessons to further learning during summer break and to make sure youth do not decline on mental and physical health.
8. Work responsibilities:
 - a. My main focus at my internship was helping at the front office of the recreation site. I helped with general customer service with helping parents and children who are part of the summer camp program. I helped with any questions parents had about the camp, along with help take payments for the summer camp. I also helped in between our small camp groups by rotating with staff to take lunch breaks. Then by the end of my shift I would be a closer and stay to clean up and close down the site.
 - b. During my internship, I worked a lot of my communication skills. I was greeting and interacting with parents most of my time during my work hours along with their children. I also acquired more teamwork skills during the course of my internship. Because I was working the front office area I was not stationed with a specific age group at the camp. But this allowed me to work with all of the camps by floating in and out and helping when need be. This allowed me to be flexible and learn how to work with smaller sized teams in our camp. I was able to be a team leader during the day with helping teams organize where to go and what to do. While also being able to sub in as a team member and follow another’s directions. This made my teamwork skills improve by being flexible between leader and follower, and also switching between types of groups.
 - c. I gained a lot of knowledge about the inside working of how summer camp is run and what all is needed to make things run smoothly. There is more work than coming to camp and just

playing games. There is weekly planning, and scheduling. Along with communication with other groups to make sure no two groups are scheduled to be in the same area or doing the same activity at once. I also learned a lot about our online system and what all parents see and have access to and how to operate and communicate with parents about the system. The system we use it to allow parents to check in and out their children, register and pay, along with look at a weekly view of what is planned for individual camps such as games and activities.

9. My most critical moment at my internship was when I was the top staff on duty during a major crisis. To explain shortly, there was an incident between a couple of girls in one of the older camp groups. Because the incident was a big deal, I needed to stop what I was doing and deal with the situation. But because I was the only one at the office at the time, I needed to find another staff to help me. It was towards the end of the day and most of the staff had gone home, or they did not know how to run the front desk for when parents come. Luckily, I was able to find a staff to come help parents who were picking up and then situate another staff to go to the gym and help monitor the group in there. I was delegating and moving staff around so that way there was ratio for staff to children, but also making sure that staff knew what they would be doing at each station. Trying to move others around and get staff where they needed to be so that I could go and deal with a situation. I was able to sit and deal with the situation and let my supervisor know what was going on. So that it wasn't news to him the next day. And I was able to make supervisor decisions and take control when it was needed.
10. My recommendation for future internship students is to be flexible. In major field with children flexibility is a huge skill. Most day to day activities will never go as planned and being flexible and being able to handle change is what help makes the day go great. If you are a person who is not flexible and is not someone who can go with the flow, maybe working with children is not the best job source for you.
11. Yes. I love working for Lincoln Parks and Recreation, I love working summer day camp, and I most definitely love working at Irving. The site I am working with makes day to day summer camp work fun. I enjoy going into work each and every day and I also love all the staff at my site. This summer camp has only been going on for a few weeks and all of the staff have become family. This is a great site to have fun and also learn a lot. Because this program is through parks and recreation, there is a lot of training involved in the beginning which is great training for anyone looking to work with youth. Parks and recreation is also a great department to grow with for careers. My current supervisor has been with the department for 10+ years. It makes me want to stay with parks and recreation and work my way up. This is definitely a site I would recommend to any Child Youth and Family studies major along with internship students who love children.

1. Mariah Kaup

2. Human Development and Family Science

3. Foster Care Intern

4. CEDARS

6601 Pioneers Boulevard Lincoln, NE 68506

402) 434-5437

<https://www.cedars-kids.org>

5. "It is the mission of CEDARS to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships."

6. Shannon Murphy

402) 810-1069

7. The purpose of my internship was for me to become more knowledgeable in the foster care field. This internship c

8. a.) My major work responsibilities include shadowing my co-workers on home visits, team meetings, court hearings, intakes, and staffings. I also had to stay up to date on the case files. When I was not shadowing, I worked on promoting CEDARS foster care program and looked for ways to find new potential foster parents. This involved researching local schools, churches, community organizations, and other resources that we could use as a way to get our information out to the community.

b.) Although my internship is only halfway complete, I have learned how to fill out case reports, how to communicate better with clients, and how to use their computer programs that they use to document information. I have also become more comfortable talking on the phone.

c.) Over the course of the first half of my internship, I have gained so much knowledge. I now have a better understanding of the foster care system just in general. I have learned more specific things about the foster care system, such as how many months a child is placed in foster care before they can file TPR, which stands for termination of parental rights. I am also more knowledgeable about the court system.

9. One of the most critical moments in my internship was when I got to witness a four year old girl get adopted by her foster mom. Working with foster children can be really challenging at times. It is often really heartbreaking to hear the stories of what these children have gone through. Witnessing the little girl get adopted and seeing the excitement and joy on the girl's face was so rewarding and helped remind me why I wanted to work with children in the first place.

10. When preparing for the internship experience, I would say, first, research the organization so you know more about their mission. I would also make sure you know your responsibilities and duties before starting the internship. I would also say create some goals that you want to achieve during your internship.

11. Yes, I would recommend CEDARS to future internship students. I believe CEDARS is a great organization for students to get an internship with for many reasons. For one, CEDARS has many programs ranging from daycare, foster care, an emergency shelter, to even working with kids on probation. The variety of programs allows students to find the right fit for them. Secondly, CEDARS truly cares about their employees. Before my internship, I was working at CEDARS' daycares. I told my supervisor that I was interested in interning with CEDARS, but they did not have a intern position set up in their new foster care program in Bellevue. My supervisor talked to the foster care program and they ended up setting up a intern position just for me. I think this shows how much CEDARS cares about their employees, even if I am just part time college student. Third, CEDARS understands that we are all college students. They are willing to work with a college student's busy schedule. Finally, CEDARS not only is a great starting point for students to get involved in human services, but they also like to hire on college graduates, who have previously worked at CEDARS, for full times positions following graduation.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
 - Ashley Kirkpatrick
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
 - Child, Youth, and Family Science
3. Practicum position title.
 - Toddler Assistant Teacher
4. Organization / agency name,
Organization / agency address and contact number
Organization website if available
 - CEDARS
 - 1533 N 27th St., Lincoln, NE 68503 (402) 437-8999
 - <https://www.cedars-kids.org/services/early-childhood-and-school-age-programs/early-childhood-development-school-age-programs.html>
5. Mission of the organization or agency.
 - “To help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships.”
6. Supervisor’s name and title,
Supervisor’s contact number (phone and fax, if available).
 - Kate Berry, Program Director
 - Phone: 402-437-8994 Fax: (402) 437-8833
7. Describe the purpose of your internship.
 - My purpose during this internship is to get the most knowledge there is while being at CEDARS. I wanted to understand and relate to toddlers while I got to be with them for almost 5 hours a day. I had responsibilities such as: playing with the kids to broaden their horizon of imagination through play, I wasn’t required to change diapers, but I did that anyway, especially when the room got very busy and the other teachers were busy themselves.
8. Work responsibilities, skills, and knowledge:
 - **8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?** At CEDARS, interns aren’t counted within ratio, so my jobs were limited compared to an actual employee who worked there. My responsibilities were to engage with the kids in different ways. Once a parent dropped off their kid I wanted to let that parent know who I was and what I was doing. So, on the first day, I introduced myself to those kids and parents. After that, I would help pass out breakfast and make sure that their portion sizes are correct, then we got to do free play before we went outside. During free play, it was important to get down to the child’s level

and play and talk to the child to help them stay interested in what they were doing. I was also responsible to keep a head count. I was also responsible for handing out lunch and getting the correct food/milk to the correct child.

8b.) What skills did you acquire over the course of your internship? I learned a lot on how to redirect the kids when they seemed to get restless or irritated at times. CEDARS work hard on not putting kids in timeout because they want the kids to know that they can still play with toys but maybe at a different center in the room. I also learned new techniques that CEDARS use for lunch or breakfast. Like if a child is done with their meal, we tell them to “clear” meaning, they put all of their food in the dump bucket and then put all of their silverware and plates into a different bucket.

8c.) What type of knowledge did you gain? I gained a lot of knowledge from this internship. I learned that it might take a lot of patience to teach a child a certain task like maybe washing their hands after every meal or going up the stairs and down the slide when on the playground. I also learned that if the teachers are consistent with what they do every day, the kids will become acquainted to it and they will learn that the task they’re doing is important for that room they’re in.

9. What was your most critical moment at your internship? Explain *why*.

- The most critical moment during my internship would probably be the kids that were in my room. There were some tough kiddos there and I loved helping them every time they needed the help. If they were getting upset because they wanted a toy another friend had, I loved helping that kid and talking to them about waiting their turn and maybe working on something else. Because by the time that other child was done with the toy and gave it to the friend who wanted it, it was that priceless moment of how much joy the child had on their face. Those are the moments that I will miss.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- My recommendation for future students would be to get all the knowledge you need to know about the internship you are wanting to go with. I loved working at CEDARS and I wouldn’t change it up. But I currently work at a childcare center and interning at another childcare center, I saw a lot of similar things and I almost should’ve gone with a different route. I won’t regret it though because I learned so much.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

- I would highly recommend CEDARS at North Bridge because it’s so rewarding to be able to work with kids this age. You will also learn so much by watching and interacting with kids, staff, and parents! I have learned so many good things about CEDARS in general. The staff is always so kind and thoughtful and they’re there to answer questions. So make sure to always ask if you have a question about something!

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.

Kaelyn Klaasmeyer

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Major: Child, Youth, and Family Studies

Minor: Elementary Education

3. Practicum position title.

CLC Youth Intern

4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

CEDARS Youth Services

6601 Pioneers Blvd #1, Lincoln, NE 68506

<https://www.cedars-kids.org>

5. Mission of the organization or agency.

“ It is the mission of CEDARS to help children who have been abused, neglected, and homeless achieve safety, stability, and enduring family relationships”

6. Supervisor’s name and title,

Supervisor’s contact number (phone and fax, if available).

Katie Christiansen

kchristiansen@CEDARS-KIDS.ORG

7. Describe the purpose of your internship.

The purpose of my internship is to gain experience by working with children that experience poverty, neglect, abuse within their homes, and trauma. This internship has been a good eye opener for what I should expect in my future career path.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

During my internship I worked as an assistant teacher for a summer program (CLC). I helped my assigned teacher with teaching various lessons and helping with behavioral issues. Typically we would spend our time in the classroom teaching different material to students such as how to

treat others. I would also go on field trips with the students to various locations in Lincoln. One of my major responsibilities during my internship was to make sure they keep the children safe and provide a safe environment for them.

8b.) What skills did you acquire over the course of your internship?

Throughout my internship I have acquired a lot of different skills. The one skill that I have acquired and that will be beneficial in my future career choice is how to deal with crisis. In my internship I have had to deal with a lot of little crisis. Before starting my internship I was not confident or comfortable when dealing with crisis, but now I have gained the knowledge I need to be more confident when dealing with crisis.

Another skill that I learned throughout my internship was how to form boundaries. In this line of work keeping boundaries is very hard. This is something that I struggled with at first because I wanted to get to know the children on a personal level and gain trust with them but at the same time set a professional boundary.

8c.) What type of knowledge did you gain?

Through my internship I gained a lot of knowledge with it comes to working with children. I learned what it takes to work with children that come from low poverty and neglect. My supervisor did a great job of showing me what it takes to work with these children. I am thankful for this internship experience because it has prepared me for my future career.

9. What was your most critical moment at your internship? Explain *why*.

Since I just started my internship the first week of June I am not yet done with my internship experience and I have not yet experienced a critical moment. But I am sure that I will soon experience a critical moment in my internship.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Some recommendations I would give to a future internship student when preparing for an internship like mine would be learn how to not take your work home with you. This was one thing that I had a hard time with. There were a couple of times that my students would tell me things that happen at home and I would let it get to me.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend this internship at CEDARS to a future internship student. During my short time working at CEDARS I have learned so much and now I view the world differently. This internship experience has defiantly opened up my eyes. I think this is a wonderful organization to work for if you are wanting to go into social work, counseling, or just in the helping profession.

Internship Description Guideline

1. **Your name:** Natalie Kraft
2. **Major area of study or focus:** Family Science
3. **Practicum position title:** Foster Care Specialist
4. **Organization / agency name:** Better Living Counseling Services
Organization / agency address and contact number:
7100 s 29th St Suite B
Lincoln, NE
68516
Organization website if available
<http://www.betterlivingcounselinginc.com/>
5. **Mission of the organization or agency:** “Strengthening and improving family functioning by cultivating growth and change.”
6. **Supervisor’s name and title:** Greta Shanahan
Supervisor’s contact number: 402- 641 - 3617
7. **Describe the purpose of your internship:** The purpose of my internship was to gain a better understanding on how to serve the children and parents who are in the foster care system or who are moving towards adoption, reunification, or termination of parental rights.
8. **Work responsibilities, skills, and knowledge:**
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

I spent a majority of my time shadowing home visits, attending court cases, and adoption ceremonies. I also sat in on what they call “staffing” where the therapist of the company (my supervisor) would help the staff process difficult cases they were encountering.
 - 8b.) What skills did you acquire over the course of your internship?**

The main skill I acquired was problem solving. Many of the cases that I was a part of in my internship had to deal with a child who was a state ward and they were in between foster care and going back to living with their biological parents. Throughout the meetings with the children and their foster parents, I witnessed my co-workers asking difficult questions that would help the child and the parents move toward the healthiest direction for both parties.
 - 8c.) What type of knowledge did you gain?**

I gained knowledge in understanding how to work with parents and children who have experienced some sort of severe childhood trauma. I also gained knowledge in the human service field as a whole. For example different court terms or different laws for adoption and foster care.
9. **What was your most critical moment at your internship? Explain why.**

For my internship, I didn’t experience many critical moments because I was on the

“better” side of the field. I got to witness very good and healthy things for the children because the children have been removed out of their home and into a safe foster care home. One critical moment that does come to mind would have to be a court case I attend. The biological mom and dad had separated and the mom was getting healthy and recovering from her addiction and the dad was not. The dad however wanted to have equal rights just like the mom but was not putting in the effort to receive those rights. The court room got pretty heated with lawyers and different representatives going back and forth with each other. It was very eye opening and a cool yet intense experience.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

- Have an open mind
- Ask a lot of questions
- Be flexible
- Attend trainings that are offered
- Don't just apply to one place and settle – look at as many options as you possibly can
- Prepare to separate your emotions when working with kids who have severe trauma and fight for them

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Absolutely! Better Living has been a great place to intern. Specifically because of the training they offer, the people that work there, and my supervisor. My supervisor was always so engaging with me and was always willing to take me to different events with her to grow in my understanding and knowledge of this field. You witness some pretty difficult stuff but it reveals if this is the field for you or not.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name. Delainey Landreth
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...) Child, Youth, and Family Studies
3. Practicum position title.
Assistant Teacher
4. Organization / agency name, Little Brooklyn
Organization / agency address and contact number 130 Fallbrook Blvd, Lincoln, NE 68521
Phone: [\(402\) 742-0363](tel:4027420363)

Organization website if available

5. Mission of the organization or agency.
Provide daytime child care for 6 weeks – 12 years
6. Supervisor's name and title, Cheryl Dubas, Owner
Supervisor's contact number (phone and fax, if available).
402-202-1768
7. Describe the purpose of your internship.
To experience working with every age range.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time? I was one of the main school age teachers and float teacher when needed. Chaperoned field trips and made schedule for the school aged group.**
 - 8b.) What skills did you acquire over the course of your internship?
Working with school aged children. Gained class maintenance skills, was able to facilitate activities and chaperone field trips successfully.**
 - 8c.) What type of knowledge did you gain?
I gained a lot of knowledge on how to take care of children. I am confident when working with a large range of ages including infants through middle school.**
9. What was your most critical moment at your internship? Explain *why*.
My most critical moment was talking with my site director about possible promotion and long term positions. I don't see myself staying at this site without gaining more responsibility to further my career aspirations.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Daycares vary widely. Although I loved my location and the relationships I made there, I believe child care teachers should be able to find a daycare that is the perfect fit for them personally.

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

If you like more of an unstructured, make-it-up as you go kind of day, then you will definitely have fun here.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: Molly Lewis
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...): Child Youth and Family Studies and focus in Family Science
3. Practicum position title: Child Life Practicum Student
4. Organization / agency name,
Organization / agency address and contact number
Organization website if available:
Children's Mercy Hospital Kansas
2504, 5808 W 110th St, Overland Park, KS 66211
<https://www.childrensmercy.org/Kansas/>
5. Mission of the organization or agency:
Improve the health and well-being of children by providing comprehensive family-centered health care, committing to the highest level of clinical and psychosocial care, and exhibiting research, educational and service excellence.
6. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available):
Dawn Gasser, BS, CCLS, Manager
P: (913) 696-8161
7. Describe the purpose of your internship:
The purpose of my internship is to begin to increase my knowledge of evidence-based, developmentally-appropriate interventions, which includes therapeutic play, preparation and education that support and reduce fear, anxiety and pain for infants, children, youth and families as they cope with the hospital stressors. In addition, enhance knowledge of the child life profession.
8. Work responsibilities, skills, and knowledge:
8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?:
My major responsibilities are to observe and ask questions during procedures and consults. I follow a Child Life Specialist during every shift, and gain knowledge and information on

what I am observing in the hospital. In addition, I am able to interact with patients, but slim amount.

8b.) What skills did you acquire over the course of your internship?:

I have learned how to chart, and carry out play interventions.

8c.) What type of knowledge did you gain?:

I have acquired identifying factors that affect a child's ability to cope with illness/hospitalization, become knowledgeable in health care play

9. What was your most critical moment at your internship? Explain *why*:

The most critical moment in my internship was when I was allowed to prep a child for same day surgery. This was very critical because I had to take all my skills, readings, and lessons from my supervisor and show off how well I have retained and comprehended. This skill is very difficult, and I was very nervous because this was a big evaluation. I had to present to the patient and the parents, and be able to answer any questions they have, which is all related to information about before, during and after events for the patients surgery.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.:

My recommendation for future internship students is to come prepared with knowledge on medical terms and procedures. It will make things easier to learn and comprehend as you are seeing it happen in real life. In addition, be prepared for times when it is not busy, the hospital cannot be busy, but it is a good time to ask questions you have about something you saw or wish to learn more about in the child life field.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?:

I would recommend Children's Mercy Hospital to future internship students for their practicum. I personally enjoy having a smaller environment and more of a clinical focus. However, I would advise previous students to be aware that it is not like the bigger hospitals in the cities. On the other hand, the hospital is very accommodating, and you are one of the two practicum students, so you get a lot of focus and attention to help you succeed and learn. All the workers at the hospital are kind, welcoming and happy to teach us students even if they are not CCLS.

Internship Description Guideline

1. Your name.
Zimeng Liu
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Second language education of English.
3. Practicum position title.
Teaching assistant.
4. Organization / agency name: YENR.
Organization / agency address and contact number: Jinan, China, 86-0531-88711319.
5. Mission of the organization or agency.
Cultivate interest of learning English for students from age 5 to 15 and teach them several learning methods to understand their second language as much as they can.
6. Supervisor's name and title: Hanna Zhang.
Supervisor's contact number (phone and fax, if available): 86-0531-88711319.
7. Describe the purpose of your internship.
I want to learn some effective approaches of teaching English for Chinese students and stimulate my own understanding of how to help student establish their interest before they involve in.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**
Being a co-teacher or teaching assistant in the classroom distributed to me to help other teachers manage the students and guarantee none of our students will be left behind.
 - 8b.) What skills did you acquire over the course of your internship?**
The perspective of the individual diversity and some communication skills.
 - 8c.) What type of knowledge did you gain?**
During the class, I learned that students' learning efficiency cannot be compelled to improve; in order to help them concentrate on study, the encouragement and interaction from their parents is very necessary as well.
9. What was your most critical moment at your internship? Explain *why*.
The most critical moment for me would be the first day of work. Because we were totally unfamiliar with each other and there were lots of connection, relationship, and boundaries that needed to be established. It was also very challenging for me as anything would happen during the class and the lack of previous working experience did provide me much space for self-improvement.
10. What are your recommendations for future internship students for preparing for the

internship experience in a similar position or organization.

I would recommend students that prepare for the similar internship to be confident, modest, and open-minded all the time. I would also encourage them to communicate with others you are working with to exchange more working experience and explore the most effective ways to deal with the problems and concerns.

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

I would definitely recommend my current organization to future internship students. There are three main points that are really needed to be considered: the warm atmosphere in teachers, students, and their families; advanced facilities and progressive education approaches; and the great amount of potential development prospect.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Michaela Loebel
2. Child, Youth, and Family Studies
3. Instructor/coach to preschool aged kids
4. Happy Feet / Happy Feet International / 9701 W. 67th St. Merriam, KS 66203 P.O. box 3039 Shawnee, KS, 66203-0039
402-671-5907
<https://www.lincolnhappyfeet.com/our-approach-1/>
5. “Our #1 mission is to help your child experience and develop a true passion and love for physical activity and team sports, to take joy in new challenges, to boost self-confidence, to reveal their true creative spirit, and to build a foundation for life-time involvement in the world’s #1 most popular sport...soccer!”
<https://www.lincolnhappyfeet.com/our-promise>
6. Sandy Kaup
Lincoln Program Director
402.671.5907
7. The purpose of my internship was to learn and experience what working with preschoolers is like to consider the potential of working with this age-group in a career on day. I also got to see plenty of different daycare settings to see different styles of daycares and to see if potentially working in a daycare setting would be fitting for me. I also got hands on coaching soccer with this age group and was able to see what a potential coaching career could lead to. Lastly, I got to discuss the ins and outs of being a program director with my supervisor and hear about her experiences in her field and other careers she had before this one. The purpose of this internship was to better understand my own interests and seek out further ideas for a career post-college.
8. Work responsibilities, skills, and knowledge:

I taught thirty minute sessions at various daycares and on the weekends coached preschooler aged teams playing soccer. We used soccer as a way to get the preschoolers engaged and active, telling stories and playing games. I helped my supervisor send out emails and learned about her role as a program director. I held parent nights where I would tell parents about Happy Feet and

try to get them to sign up.

I learned how to be comfortable talking to kids and not being embarrassed about looking silly to a watching eye, basically sacrificing my ego for the betterment of the group I was teaching. I learned how to engage preschoolers and keep them engaged, how to get uninvolved participants involved, how to stop the bad kids from doing the naughty behaviors, and how to structure thirty minute sessions in a fun, creative way.

I gained knowledge and insight on the career of a program director, I gained knowledge on the pros and cons of being a boss and dealing with staff members, new hires, planning, organizing, dealing with parents, the financial side of it.

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship was at Southeast Community College daycare with a group of very loud and crazy kiddos who were not very good at listening and it was a difficult experience to do weekly. I would go into it knowing it was going to be difficult and still would struggle week after week seeking different ways to get the kids to cooperate. I learned different methods and the difficulty it takes to handle preschoolers when they don't want to listen.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend going into the internship with specific goals and outcomes that you want to get to through your internship, as with my internship and I am sure many if not all others, it goes by fast and it can be easy to not have determined goals if you are not set yet on a career post graduate. Seek what you want out of it before you commit to it, so you know what you are getting yourself into.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend this internship to someone who is flexible in terms of career possibilities and to someone who is curious about what working with preschool aged kids is like. This is a great internship if you are wanting to explore different daycares, as through this internship I got to go to almost all Lincoln's daycares. I wouldn't recommend this internship if you do not want to work with preschool aged kids or if you would feel uncomfortable being silly with kids. A lot of the sessions with the kids involved being goofy and not caring about sounding silly to keep them engaged. It overall was a good experience and helped me get experience with this age group.

Internship Description Guideline

Name: Katie Mahar

Major area of study or focus: Child, Youth, and Family Studies (Human Development & Family Science)

Practicum position title: Advocacy Intern

Practicum location:

CASA for Lancaster County (Court Appointed Special Advocates)
1141 H St., Suite C
Lincoln, NE 68508
(402) 474-5161
www.casa4lanaster.org (county website)
www.casaforchildren.org (national website)

Mission of the organization or agency: CASA for Lancaster County provides a voice for abused and neglected children in the court system so they can thrive in safe, permanent homes.

Supervisor's name and title: Krista Birks, volunteer coordinator

Supervisor's contact number: (402) 474-5161

Describe the purpose of your internship:

The purpose of my internship was to gain experience in human services, the foster care system, and the justice system. I chose CASA as my internship because I had a CASA when I was a kid. Going through the court system as a young person is very confusing and sometimes isolating, so the purpose of CASA is to be someone who not only advocates for these children, but also can be the one person who is a constant in their lives. Foster children are in and out of different foster homes and even their own home. Sometimes they don't know the next time they're going to see their parents because they disappear to go on drug binges, or maybe their parent has a mental illness that hinders them from being able to take care of their children. As a CASA, you get to be their advocate, mentor, and friend. This internship is helping me decide if this is the population I want to work with.

Work responsibilities, skills, and knowledge:

My main responsibility at CASA was to research different things related to child welfare. For example, I researched childhood mental illnesses, substance abuse, the foster care system, and more. I also did research on the community (Lancaster county), like what events are happening that volunteers or CASA kids/families could attend such as free events, workshops, seminars, panels, conferences, etc. I also did research on different community groups that my supervisor could speak to regarding becoming a volunteer. Another main responsibility I had was to work a case. After I completed training, I got to look through the waitlist of cases and choose one for myself. It is required that a volunteer see his or her CASA kid(s) at least once a month. Along with visiting my

CASA kid, I also had to contact people who were involved with the case including the parents, the case worker, and other family members who were involved. I also had to complete the mandatory trainings before being able to be assigned to a case, file and create new files, update current files, and attend court hearings and meetings.

Through these responsibilities, I gained a better understanding of the foster care system and the court system, what a CASA does, and various workplace skills such as organization, communication, task delegation, etc. The thing I learned most about was the court system. I knew there was a legal side to CASA, but I had no idea what it was or how it worked. Through CASA I have learned so much about the court system, and now it's seriously my favorite part of the job (other than seeing my CASA kid).

What was your most critical moment at your internship? Explain *why*.

The most critical moment at my internship was probably when I met my CASA kid for the first time. Before meeting him, I was extremely nervous. I was afraid that he wouldn't like me, I wouldn't know how to help him, and also that I wouldn't be able to make a connection with him. It was a very nerve wracking situation, but after meeting him all of that anxiety melted away. He is such a happy kid considering that he's in the system, and we connected almost immediately. He wanted me to play with his toys and he was so chatty. I think that sometimes I am too hard on myself and I lack self-confidence, which really holds me back sometimes.

What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend that future interns always come prepared. Bring your resume, a notepad, and some questions to your interview. When you start your internship, make sure you have a notebook or binder and a pencil. You never know when you'll need to remember something or take down information. Other than that, be sure to have an open mind. Before starting my internship, I had no idea what to really expect, which helped a lot because I wasn't getting my hopes up. While it is important to have set ideas of what you want to learn and skills you want to develop, you should try not to think about the exact tasks you might be doing such as expecting to spend 90% of your time with your CASA kid. If you have a specific idea of what you are going to do at your internship, you could be disappointed if you're not doing those things, but just about everything you do has a purpose!

Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend CASA to anyone who wants to learn more about the foster care system, the justice system, and what it's like working with families. CASA is really good at exposing you to families who have issues with mental illness, substance abuse, and abuse and neglect. You have to have thick skin and a caring heart, but you should also be able to handle being exposed to these issues because sometimes it's really sad and hard to watch. While it's really upsetting at times, it can also be very rewarding. Just in the course of one case, you could see a child being taken out of an abusive home, placed in a foster home, and adopted. The cases can get dark, scary, and sad, but with the help of a

CASA, the case could turn out better than you imagined. CASA is for someone who wants to help people. I personally really enjoyed my time at CASA, and I enjoyed the work I was doing.

CYAF 497D

Internship Description

1. Bralyn Manyara
2. Child Youth and Family Studies
3. Gymnastics Coach
4. Nebraska School of Gymnastics
Phone number: 402-472-2566
Email: nebraskaschoolofgymnastics@gmail.com
Address: 315 Mabel Lee Hall, Lincoln, Nebraska 68588
<https://nebraskaschoolofgymnastics.com>
5. "Nebraska School of Gymnastics seeks to provide a fun, safe, and high-quality gymnastics program to all ages and levels in Lincoln, Nebraska. At NSG it is our duty to give your child- no matter their capability- positive and helpful instruction in the sport of gymnastics. NSG strives to help all participants reach their full potential mentally and physically. We uphold a fun and creative environment in which your child will know how valued they are as a part of our program. With the help of a state of the art facility, thanks to the University of Nebraska Gymnastics program, and our highly successful team of coaches, we will provide an environment that cultivates positive life skills of confidence, trust, teamwork, and responsibility. NSG will evoke a sense of pride in both the parent and child with all their accomplishments. We hope that after your child moves on from their gymnastics career at NSG, they are able to take away the lifelong benefits that our program provided."
6. Supervisor: Kelly Mitchell
Phone number: 402-525-2798
7. The purpose of my internship was to gain the skills and qualifications to be a gymnastics coach for various levels. I was a gymnast growing up and with that background I am extremely passionate about gymnastics as well as coaching. I have always known that no matter what I chose as a career I would always coach as well. Not only have I gained the knowledge and ability to successfully coach gymnastics on my own, but I have also gotten experience working with children of all ages. I coach gymnasts from ages 4 to 13 and that is the age range I will most likely be working with as a pediatric counselor. I learned how to communicate well with children and I have a lot of new perspective on how to work with children.
8. Work responsibilities: Most internships don't allow interns to take on the tasks of main employees right away but I was able to learn the coaching skills quickly. It helped immensely that I had a gymnastics background. I coach every night during the week and I coach a majority of the classes on my own. While coaching, my job is to execute the lesson plan to the gymnasts on each event. My responsibility as a coach is to monitor my students as they attempt the skills, spot them if needed, and to follow the schedule that is set for each class.
I spent all my time at NSG coaching. I shadowed the current employees for two weeks before I was scheduled to coach my own classes. The levels I coach are preschool, mini

tot, intro, bronze, silver, gold, d-team, and pre-team. I feel that it is a great accomplishment that I have shown the ability to coach high level classes and the ability to coach on my own. There are a lot of aspects that go into coaching and I have been able to acquire those qualities and successfully help gymnasts develop in their skills. The skills I acquired over the course of my internship are coaching skills, effective communication skills with students, parents, and co-workers, adaptability, punctuality, and organization.

The knowledge that I gained had a lot to do with my ability to work with kids and how well I could do so. At first I felt very overwhelmed with the amount of responsibility that I was given in a short amount of time. I didn't fully trust my ability to uphold the reputation of a successful gym and do my job well at the same time. I always give everything that I do 100% and more so I was very determined to find methods that helped strengthen my skills and knowledge. I am now at a point where I am very confident in my coaching and I know my supervisor can count on me for anything.

9. The most critical moment at my internship was coaching on my own for the first time. When I shadowed or assisted other coaches I found the experience to be very simple and I didn't feel any pressure. Once I began coaching on my own I felt very anxious and I wanted to succeed but I wasn't completely sure how. I just needed to trust my training and my ability to execute everything that I was taught. It was a tough moment to overcome but it made me a stronger coach.
10. For future internship students aspiring to be a gymnastics coach I would highly recommend taking the training seriously. Gymnastics is a very intense sport that requires a lot of skill not only for the gymnasts but for the coaches as well. As long as you take the time to improve their knowledge of the sport and how to properly coach, they should pick up the skills required to be a gymnastics coach.
11. I would recommend interning at Nebraska School of Gymnastics because not only do you learn how to successfully and properly coach but you also learn a lot of other skills that will help with your career choice. I also recommend this internship to anyone who wants to work with kids of all ages.

Internship Description

1. Zoe Marek
2. Family Science/Social Work
3. PRACTICUM POSITION TITLE
4. AdopteeBridge LLC.

2353 Rice St. #103 Roseville, MN 55113

Christine Heimann – Director

651-491-9661

www.adopteebridge.org

5. The mission of AdopteeBridge is to reunite adoptees with their birth land, specifically South Korea. They work with families that have adopted through Eastern Welfare and Holdt. Christine, the director, works with families to also have a day of post adoption pathways. These allow the adoptee to receive more information on their family and possibly even meet siblings, parents and foster parents. Along with the serious side of these trips they always work to make sure you get a chance to travel the country and engage in cultural events to learn about the culture hands on. They are able to set up meetings and events for these travelers that develop private experiences and knowledge.
6. Christine Heimann 651-491-9661
7. The purpose of this internship for me is to gain more experience working in the international adoption industry. Christine has been working with me to make sure that I

am getting the most of each experience and trip. I think a large part of this is also leaving the country and home to learn more about something I wish to do for the rest of my life. I don't think you can jump into international adoption without going out of the country to get the whole picture of what it all takes.

8. I have not yet started my internship however I can give a general idea:
 - a. I will be working with Christine and interviewing the adoptees and families on the trip. Working with to understand why they are choosing to go on this trip and gain knowledge of the different reasons people adopt. I think it is important to start at the base before doing the actual work. I will also be spending my time at the agencies and traveling with the group. Being attentive to how the trip is running and what people need. This trip for me is a personal experience along with fulfilling internship requirements.
 - b. I hope to acquire international development skills. I would love to learn how to do business with people who are 14 hours a head of us and don't speak English. I would love to learn the ins and outs of a international agency.
 - c. I hope to learn how to value cultural ideals and be able to respect both.
9. I believe the most critical part will be working at the agency visits and reuniting families. I am unable to say why since I have not experienced it yet and am just assuming.
10. Make sure you take everything in. You will learn so much more when you open your mind to all the different possibilities.

11. No, I would not. I got tied into this internship through a personal connection with my family. For people who don't have a adopted sibling or understand the works of the agency it may be very difficult to use this agency.

1. Regan Mergele
2. Child, Youth, and Family studies
3. YMCA youth sports intern and site supervisor
4.
 - Agency name: YMCA youth sports
 - Agency address: 570 Fallbrook Blvd Unit 210 Lincoln, NE 68521
 - Contact number: (402)434-9217
 - Website: <https://www.ymcalincoln.org/ymca-youth-sports>
5.
 - This organization provides recreational activities for kids and adults to participate in year-round. They set up camps, clinics and leagues for almost every sport.
6.
 - Troy Pekas, he is the director of Rec soccer, baseball/softball, flag football, lacrosse, rec basketball, HS basketball, cheerleading, spirit soccer, micro soccer, and summer league soccer.
 - Troy Pekas phone number: (402)580-2814
7. The purpose of my internship is to learn the ropes of how to set up the camps, clinics and leagues for the children. My internship does involve a lot of not so glamorous work but the tedious work is part of the job that I will in the future have to do. It also involves a lot of working with teams and parents to make sure everything is running smoothly and that parents are happy.
- 8a. In office I did a lot of sorting and filing of kids who signed up for the camps, clinics, and leagues. I mailed out uniforms and helped the directors of the certain sports look over schedules to make sure there were no conflicts. Out of office I was at YMCA Wright park site supervising which if there are any conflicts they come to us and we make sure everything is going smoothly at the park.
- 8b. One skill that I am most proud of that I required is how to work on the computer when they give me certain tasks, I am not a big computer or technological person so the fact that I am comfortable with computer tasks is huge.
- 8c. I have gained knowledge in how to run and set up children's camps, and clinics and how to handle parents if there is any trouble that has come up. Parents and sports there will always be someone unhappy.
9. I think the most critical moment at my internship was when I had to get all the uniforms and hats for the teams sent out and it was extremely stressful for me because there was so many and I didn't want to mess up, but besides that I have handled everything thrown at me very well.
10. If you would like to work in the field that I am intending on working in then I would recommend this internship. I didn't work with the children as much as I would have hoped but I did site supervise and work camps where I encountered a lot of kids.
11. I would recommend it because they let you handle all the tasks that are needed in order to run and set up the camps and leagues, they show you everything you have to so you do learn the ropes pretty well. It might not all be glamorous and fun but it is the job. Also, I have learned you can have as much interaction with the kids as you want. Some of the directors are out at the events helping with camps and clinics for the little ones so it is not just all office work.

1. Natalie Mickelson
2. Major: Family Science; Minors: Psychology, Humanities in Medicine
3. Nurse Aide
4. Lancaster Rehabilitation, 1001 South St, Lincoln, NE 68502, 402-441-7101, <https://lancasterrc.com/>
5. "To be the premier choice for compassionate care and provide the highest quality of life possible for those entrusted to us."
6. Jessica, 402-441-7101
7. The purpose of my internship is to become more familiar with what nurses do on a day-to-day basis. I learn the different type of treatments they perform such as wounds, applying creams, giving IVs, drawing blood, etc.
8. Work responsibilities, skills and knowledge:
 - a. Since this is my job as well, my main priority is to work as a nurse aide but the nurses there as well know that I am doing my internship so whenever they are performing some treatment they will let me watch and teach me step by step how to do it.
 - b. I have learned how to apply creams, give a bladder scan, prepare tubing for a NPO (nothing by mouth) patient, draw blood, and distribute medications.
 - c. I have gained a wide variety of knowledge not only on how to perform these treatments but about healthcare as a whole such as how insurance works, where you should and shouldn't work as a nurse for your first job, how to go about continuing my education with becoming a nurse practitioner, and how to work with families and patients on a personal leave.
9. I think the most critical moment at my internship was when I had shown up to work one day and found out one of my patients had passed away the night before. I am a loving, caring person and very passionate about my job and patients so sometimes I tend to get a little attached to my patients because just want the best for them.
10. If you are becoming a nurse and not quite sure what kind of nurse you want to be I would recommend doing your internship at a hospital where you will get to see a variety of different things. Now, if you know what kind of nurse you want to be you can specifically pick somewhere that has your specialty such a wing on orthopedics or oncology.
11. I would say this is a good place to do your internship, now I'm not sure how good it would be if you were just shadowing a nurse, I would imagine better because you are with the nurse 24/ but I am not sure if they offer that. I was working at the same time but I did learn a lot of valuable skills that I will use in the future. Also, when I had my interview, I told them about my internship and if this would be okay and they said they have students all the time who come here for internships!

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name:
Tiffany Mick

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...):
Human Development and Family Sciences

3. Practicum position title.
Intern

4. Organization / agency name,
The Child Advocacy Center
Organization / agency address and contact number
5025 Garland St. 402-476-3200
Organization website if available
Smallvoices.org

5. Mission of the organization or agency.
To provide a coordinated, multi-disciplinary approach to the problem of child abuse. The Child Advocacy Center establishes a safe, child-friendly environment for interviews and medical examinations of the child victim and offers continued support to the child and non-offending family members.

6. Supervisor's name and title,
Maja Cartwright/Program Director
Supervisor's contact number (phone and fax, if available).
402-476-3200

7. Describe the purpose of your internship.
To determine if working with abused and neglected youth is what I want to do.

8. Work responsibilities, skills, and knowledge:
8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?
Right now, I am only in my first rotation of my internship as I am doing 300 hours. So far, my major work responsibilities have been to watch live interviews or recent interviews and write the forensic summaries on them. I have also helped cover the front desk, answering phones, and helping with the children who come in.

8b.) What skills did you acquire over the course of your internship?

I learned how to “shut off” my emotions when needed. I have so far learned how to right a forensic summary.

8c.) What type of knowledge did you gain?

I have learned that even if a child discloses that doesn't mean that the perpetrator will be arrested. I always thought that if the child came forward that there was an arrest. If there isn't enough evidence to corroborate the allegations then law enforcement cannot do anything. I have learned that there is no statute of limitations on rape. Also, there is a lot more abuse and neglect that happen within our community than people even realize.

9. What was your most critical moment at your internship? Explain *why*.

I haven't finished my internship yet as I am doing 300 hours, so I honestly don't think I have come across my most critical moment yet. I have only been in my rotation of forensic interview and will be moving on to the victim advocacy portion soon. After that I will two more rotations to complete which will be in case coordination and training and prevention.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I think my recommendations for future internship students would be to make sure that you choose the CAC only if you understand you will be exposed to children who have been abused in a multitude of ways. You will hear things you didn't think you would ever hear a small child say. I have heard kids talk about drug use, using vulgar language to describe sexual abuse, and some kids just completely shutting down because they didn't want to talk about it. It isn't a walk in the park, so you have to make sure this is exactly what you want to do.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I absolutely would recommend the CAC as an agency for future students who are wanting to work with youth that are or have been abused. The CAC is a great way to see what children have to go through from telling their story possibly their first time all the way to possibly testifying in court. You are exposed to so many great people within the community advocating for these kids. The employees who work there are great and have a good sense of humor although they deal with a heavy load 40+ hours a week. I highly recommend the CAC for a future student.

Internship Description

1. Tiffany Neukirch
2. Child Youth and Family Studies, minor in Psychology
3. Child Behavior Aide
4. Behaven Kids
1145 High Street, Lincoln, NE 68502. 402-423-6464
behavenkids.com
5. To passionately teach effective skills that change children's lives and ultimately changes our future.
6. Katie Mandelko, Program Coordinator
7. The purpose of my internship is to assist the Child Behavior Specialists within their classrooms, by using positive reinforcement, enforcing Behaven Kids rules and regulations, and using appropriate consequences.
8. My major work responsibility is to assist the Child Behavior Specialists in each classroom setting. I work with a variety of ages (18 months to 8 years), and I change age groups and settings throughout each day. My major responsibilities are to use lots of positive reinforcement, follow the Behaven Kids model, enforce the rules, use appropriate consequences, and assist in the "time-out room." I spent my time mostly with the older kids, but I have also spent time with the young ones. I spent time in classrooms assisting the kids with learning activities, reading books, working on homework (if applicable), eating meals and snacks, and playing outside. I gained the skills to use verbal, tangible and touch forms of positive reinforcement (30 per every 5 minutes). I also learned the "Mini Methods" model of behavior management, which included training on how to use the time-out room. I gained time management and organization

skills as well. I gained knowledge on what working with young children is like, and how to advocate for children with behavioral and mental disorders.

9. The most critical moment in my internship was my first time with an aggressive child in the time-out room. This was the most critical for me, because when I first started I was very intimidated by the very structured model that Behaven Kids follows. And mostly, I was very nervous about going into the time-out room solo. The first time I went into the time-out room with an aggressive kid, my supervisor came with me and talked me through everything, and even took over for me at the beginning, so I could observe her first. This made me feel way more relaxed and less intimidated by the whole experience, because I realized I had been building it up to be worse in my mind than it actually was. And she also followed it with lots of feedback and pointers, not only for the time-out room, but for all other aspects of my experience thus far, and that day made a huge difference in my level of comfort and confidence in myself.
10. My recommendation for future internship students preparing for their internship experience in a similar organization/position, is to have an open-mind and know that it will get easier each day. And before long, you will feel much more comfortable. It is actually really relieving to be at an organization that has a very structured model and guideline to follow, because there is nothing up to question.
11. I would definitely recommend this organization to future internship students, because it is very rewarding and it gave me a good sense of my future career goals. I would also recommend this organization, because they are very flexible and willing to work with you on your internship in any way that you need.

Name

- Cassie Novak

Major area of study or focus

- Child Youth and Family Studies

Practicum Position title

- Assistant Director intern

Organization name, address, contact number, and website

- Son-Shine Child Care Center
- 400 W G Street Elmwood, Nebraska 68349
- 402-994-2384
- <https://www.facebook.com/sonshineccc/>

Mission Statement

- Our mission is to provide a safe, nurturing and developmentally appropriate educational Christian environment for the youngest members of our community.

Supervisor name and title

- Katy Drake, Director
- 402-440-2503

Purpose of internship

- To learn and gain experience of how daycare centers run from a management position.
- See if I like working with kids or management more
- Recognize if opening a daycare was what I wanted to do

Work responsibilities, skills, and knowledge

- Open center, cook breakfast, learn food program, work with children in classrooms, create break schedule, and give staff breaks
- Leadership skills, team work, adaptability, and time management.
- I learned what rules and regulations are required to run a daycare center, the food program and how to enter in the data, making themes and outline of lesson plan templates, and how to manage staff

Critical moment

- When the director gave me a copy of the Nebraska guideline and regulations for centers
- This was a big moment because before this I felt I wasn't getting as much out of it as I wanted but when I got that and my own copy to keep it made me excited to plan my daycare and like the director had been listening when I told her about my goal.

Recommendations for preparing

- Prepare for early mornings and doing things you might not expect
- Be prepared to step out of your comfort zone this is your experience take control of it
- Everyday is different don't have expectations

Recommend agency

- Yes if you like working with kids and getting to be with a variety of age groups everyday
- No if you really want to see the ins and outs of a daycare setting
- Yes if you want to be a classroom teacher
- Yes if you want to get paid

Alexander Pelster
CYAF 497D
Internship Description
20 June 2018

1. Alexander Pelster
2. Family Science
3. Summer Camp Leader
4. Lincoln Parks and Recreation/ Irving Recreation Center
Lincoln Parks and Recreation/ Address: 2010 Van Dorn St. Lincoln, NE 68502, Contact
Number: (402) 441-7954
Website: lincoln.ne.gov
5. To provide quality parks and recreation systems that are fundamental to youth
development, active living, neighborhoods and families, special places and community
events, and economic development.
6. Rick Lingard, Center Director
(402)441-7954
7. The purpose of my internship is to teach 2nd through 4th graders the importance of having
a physically, mentally, and socially healthy lifestyle through games and other activities.
8. A) My major work responsibilities included teaching kids rules and expectations about
proper behavior in different settings and situations. I also helped lead different games and
activities. I taught kids about the importance of exercise and proper nutrition as well. I
spent most of my time with the kids, teaching them about the importance of a physically,
mentally, and socially active lifestyle.

B) Some skills that I acquired included communicating with kids and their parents. I also
acquired leadership skills as I had to teach and demonstrate different games. I also
developed professional skills when it comes to handling multiple different situations that
the kids threw at me.

C) Knowledge that I gained included having patience with the kids. They can definitely
be a handful, so patience is key when dealing with difficult situations. I also know that
leading by example is important when working with kids because they do look up to me.
Most importantly, I now know that I need to have fun and not be completely serious all
the time when working with kids. Being a kid is supposed to be fun. So as a leader, I have
to show the kids that having fun is essential.

9. The most critical moment at my internship is when I actually made a kid cry, not once, but twice. This definitely was the most challenging moment of my internship, because I had never been a part of a similar situation. I learned that the most important thing that I can do as an adult leader is comfort a kid and support them, no matter how hard of a situation I may be in. I also learned that giving a kid time to recover and giving them their space is important. After I apologized to the kid and comforted him, I actually made him laugh. Since that moment, me and the kid have formed an awesome relationship, and we get along well.
10. For students preparing for a similar internship, my main recommendation would be to have fun and don't take anything too seriously. Working with kids will test your patience and will be stressful at time. You were a kid once, so you know what it's like. You have to show that you are having fun, and the kids will love you because of it. Another recommendation would be to lead by example. These kids look up to you every day, so setting a good example is important.
11. I would recommend this particular organization to future internship students. Working with children is a blessing. It will be difficult at times, but that's just part of the job. The relationships that you form with these kids is something that you will never forget. Being a leader and making an impact in the lives of these kids is a special and humbling experience.

Internship Description Guideline

1. Lan Portnoy
2. Human Development and Family Science
3. Child Advocacy Intern
4. Child Advocacy Center,
5025 Garland St, Lincoln NE 68504
402-476-3200
www.smallvoices.org

5. “The mission of the Child Advocacy Center is to provide Lincoln, Lancaster County and Southeast Nebraska with a coordinated, team approach to the problem of child abuse. Our goals are to reduce trauma, seek justice, and foster hope and healing for children and their non-offending caregivers. The Child Advocacy Center establishes a safe, child friendly environment for interviews and medical evaluations for the alleged child victim and offers continued support to the child and non-offending family members. We also promote specialized training for professionals as well as public education and prevention efforts.”

6. Maja Cartwright,
Program Director
Lead Forensic Interviewer
maja@smallvoices.org
402-476-3200

7. The purpose of my internship was to build experience with families and children who are dealing with sequelae of sexual abuse and/or extreme child neglect, or of witnessing a crime. The experience has provided me with opportunities to engage in child advocacy, education, shadowing professionals, and various other hands-on experiences while working in a non-profit agency. Through my internship, I wanted to know if working with this population was the right fit for my future career and I was able to conclude that this type of population and work is, indeed, the right place for me.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

The major work of my internship was to sit in on non-offending caregiver meetings and write a summary of the meeting. Other responsibilities that were required were to watch children in the lobby, work with the desk receptionist to make sure that all organizational work was done, and educate families about abuse. I spent my free time getting to know all of the employees at the Child Advocacy Center, seeing if there was anything else that the employees wanted me to do, as well as work on homework.

8b.) What skills did you acquire over the course of your internship?

The skills that I have acquired over the course of my internship involve being able to work with the different personalities and styles of families and still be able to provide them the support and encouragement that is needed. I have developed my abilities in writing case summaries, networking in a professional environment, and being able to communicate with a variety of children, families and professionals.

8c.) What type of knowledge did you gain?

The knowledge I have gained from this internship is primarily in how to support families, and educate families and the community about sexual abuse and related concerns. The Child Advocacy Center provides training in how to support child assault victims, body safety, and how to report and respond to child abuse. These trainings have helped me to become more educated about child sexual abuse. The training about body safety was important to me, in that it better prepared me to educate families in the future about this important primary prevention topic. I also have gained knowledge about the court system and how the process can be both very long and very frustrating.

9. The most critical part of my internship was my mentor-mentee relationship with the advocate, Aubrey Yost. She has provided a very positive experience for me, was an excellent role model, and helped me to benefit from and enjoy the work that I was involved in. Aubrey took me under her wing and has provided me with experiences that I didn't think I would have the opportunity or the ability to do. She took me to a practice disposition, court school, and a trial. I have been able to follow this specific case to its completion, including sentencing. I admire the hard work of the advocates in working with different families in different situations that could lead to conflict. The internship has helped me develop skills that I can and will use in the future. Perhaps as important as the newly acquired skill base is the fact that being able to work with Aubrey has helped me to gain confidence with working with families and children who have experienced sexual abuse.

10. When preparing for a similar internship, whether it is working with children who have been sexually abused, or who have witnessed a crime, I believe that it is important to think about one's position in life and how well one can deal with second-hand (vicarious) trauma. Working with this type of community can bring a lot of stress to your life, so having a good support system, such as the people at the Child Advocacy Center, can help to process the difficult feelings that inevitably arise when dealing with such cases.

11. I would recommend this internship setting for future students, because I believe the Child Advocacy Center was able to provide me with invaluable resources for my future career, as well as experience with the court system and different areas involved in working at a non-profit agency. Throughout my time at the Child Advocacy Center, I was able to create new professional relationships and expand my knowledge, which ended up more than meeting my goals for this internship experience.

Internship Description Guideline

1. Camille Quinn
2. Major: Family Science/Pre-Physician Assistant (Minor: Psychology)
3. Summer Youth Supervisor
4. Boys Town,
13603 Flanagan Blvd.
Boys Town, Nebraska 68010
<https://www.boystown.org/Pages/default.aspx>
5. Mission: “Changing the way America cares for children, families, and communities by providing and promoting an Integrated Continuum of Care that instills Boys Town values to strengthen body, mind, and spirit.”
6. Site Supervisor: Brooke Williams, Director of Summer Enrichment Program
Telephone: (402) 498-3031
7. Purpose: As a summer youth supervisor at Boys Town, my purpose is to teach the youth living in the family home program during the 10-week summer enrichment program both proactively and correctively as well as giving them effective praise. Teaching to both the youths negative and positive behaviors shows them what is appropriate and inappropriate in the real world. The youths in this program have either been court-ordered there, are in foster care or were sent by their parents for their own good. As supervisors, our purpose is to teach a variety of social skills to the youths that they can properly use for when they transition into independent living.
8. Work responsibilities, skills, and knowledge: The responsibilities of a summer youth supervisor at Boys Town includes interacting directly with the youth in my specific group as they rotate each week by providing them with support and guidance in each activity. Each day of the week is spent doing different team building activities to help teach the youths how to strengthen their peer relation skills. I also assist in monitoring lunch as to prevent any kind of negative behaviors and correctively teach to them. Overall, I am responsible for supervising youth, managing and documenting youth behaviors as well as organizing and implementing a pre-designed curriculum. During this internship, I have accumulated so many skills that I had been previously struggling with including confrontation, leadership and confidence. Gaining the knowledge of how to confront a youth about their behavior or reporting a concern to a director has taught me how confrontation is both beneficial and for the good of all parties involved. Learning how to lead youths in daily activities has strengthened my leadership skills immensely. Lastly, this internship has given me more confidence as an individual in my abilities to be a leader.
9. The most critical moment at my internship was when there was a youth in my group who was chatting with his friends and brought up a very dark story from his past. The boys somehow got on the topic of near death experiences, but talking very lightly and casual about it as if it was no big deal. One of the youths then brought up a story of how he almost overdosed before he was admitted to Boys Town and all of the other boys were instantly speechless because they didn’t know what to say. I knew immediately it was critical that I step in and teach to him about how that is an inappropriate conversation story when lightly chatting with his peers. I pulled him off to the side and explained to

him the heaviness of that story and while it may be a big part of his past, it is important to keep that kind of information to himself, his family teacher and his therapist.

10. When preparing for an internship that involves working with troubled youth, the best advice I can give any future students is to learn patience. It is really hard to remember that troubled kids have most likely never learned any kind of appropriate social skills when you are in the middle of corrective teaching. It is easy to lose your cool when a kid is fighting back as you're trying to help them understand that their behavior is inappropriate. In Boys Town specifically, there are always people around to help you if you ever find yourself struggling to teach a youth. Family teachers, assistant family teachers and senior assistant family teachers are constantly walking around campus to intervene if you ever need help. They are very supportive and are always willing to give you pointers on how to improve your teaching skills.
11. I would 100% recommend working at Boys Town. Not only are you doing good work for the youths that live there, but the staff are amazing to work with and you make great friends with the fellow summer youth supervisors. Once you get the hang of how to build rapport with the youths, it is extremely rewarding to go to work everyday and have them remember you and like you while still respecting you. You are much less likely to encounter negative behaviors if the youths like and/or respect you as a supervisor.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Samantha Rawlings
2. Family Science
3. Program Support Specialist (Family Service Worker)
4. Better Living Counseling Services
7100 S 29th St B, Lincoln, NE 68516 402-476-0104
Organization website if available
5. Mission: Strengthening and improving family functioning by cultivating growth and change
6. Tricia Kingsley, Program Support Supervisor
402-476-0104
7. My purpose as a program support specialist was to keep clients safe and help families achieve goals towards reunification.
8. Work responsibilities, skills, and knowledge:
 - 8a.) My major responsibilities were Facilitating supervised visitations, drop-ins, and other services provided by Better Living. I transported children from their foster homes and provided supervision during the visits with the parents. I redirected parents when needed to help them improve their parenting skills.
 - 8b.) The biggest skill I learned over the course of my internship was being confident and bold in providing direction to parents. I learned time-management as I had to figure out when and where I needed to be myself. I learned to handle stressful situations calmly and effectively.
 - 8c.) I learned that not everyone has the knowledge that I do and that most people want to be good parents but don't know how. I also learned that children who have been through trauma are often the kids who we give the hardest time for misbehaving. I learned that we need to have empathy and understanding in order to help facilitate change.
9. I would consider my most critical moment to be when I was in a visit and a parent was arguing with me about the rule that she could not go into the bathroom with her child alone. I had been taught that parents are never to be left alone with their children, yet she seemed so confident in her position and that others had let her do it that I doubted where I stood. I realized that I need to do my best to do what is right regardless of what others around me are doing and that my supervisor is always available to answer questions. I also learned that I am capable of

reacting calmly and effectively in stressful situations and have the influence to direct these parents and children towards healthier behaviors and attitudes. I told her that I was sorry but it was a rule for a reason and my primary purpose was to keep the children safe. I also told her that I know she was a good mom and did not let her frustration upset or bother me and continued to react positively towards her.

10. My first recommendation is to make sure that you are really up for the time commitment especially on the evenings and weekends. It is a rewarding opportunity but does require a lot of flexibility. The second recommendation is to be open-minded and look for the good in parents and families.

11. I would recommend Better Living. They have a variety of opportunities for interns, both paid and unpaid. They have great, supportive staff and are willing to work with you as long as you are willing to learn and ask questions.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
 - a. **Aaron Riley**

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
 - a. **Child, Youth, and Family Services, Minor Education**

3. Practicum position title.
 - a. **Outreach and Care Intern**

4. Organization / agency name,
 - a. **Charles Drew Health Center/ Omaha Healthy Start/ Fathers For a Lifetime**Organization / agency address and contact number
 - a. **2912 Manderson Street Omaha, Ne 68111 402-453-5300**Organization website if available
 - a. <http://www.fathersforalifetime.org/contact-us/>

5. Mission of the organization or agency.
 - a. **Helping men become the fathers they want to be**

6. Supervisor's name and title,
 - a. **Paul Burnett Outreach and Care Coordinator**Supervisor's contact number (phone and fax, if available).
 - a. **402-453-5300 ext. 2401**

7. Describe the purpose of your internship.
 - a. **The purpose of my internship is to gain experience working different demographics in need of services. Learning the community and learning the resources that are available that not many utilize but can benefit from.**

8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**
 1. **During my internship some of my major responsibilities would be keeping track of new and potential clients that would come in and seek our services. I would answer the phone, process and file all of the information that would come my way. I also set up and prepared course work and information that would be presented during classes that were offered.**
 - 8b.) What skills did you acquire over the course of your internship?**
 1. **Through my internship I learned how to properly conduct myself in a**

professional setting while dealing with potential clients and other professionals in the work place.

8c.) What type of knowledge did you gain?

1. I am currently learning how the program is funded and what steps need to be completed to make sure we meet certain requirements to remain in operation.

9. What was your most critical moment at your internship? Explain *why*.

a. My most critical moment at my internship was this past week when assisting with the graduation ceremony for the fathers who completed the program. Even though I started helping halfway through the program it was really great seeing, listening, getting to know the fathers talk about how proud they were that they completed the class, even through all the odds put up against them.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

a. I would definitely recommend this internship if you have a passion for social and legal work. Coming in I did not really know anything about the law and social work and working with clients who are seeking a better life but this has definitely opened my eyes to what all is out there. Preparing for this internship I would say to come into it with an open mind and a willingness to work. People from all different backgrounds come through the doors searching for help and we have to do everything we can to provide the services that they seek.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

a. I would recommend this internship to others if they love to help people. If you are looking for something easy or exciting this isn't for you. If you are looking for something that will have a lasted effect on people's lives then this organization will be a great fit. At times it has been boring but then the next day will be really stressful with lots going on.

Lydia Schieuer
CYAF 497d/897d
Internship Description
Due Sunday, June 24, 2018

1. Lydia Schieuer
2. Human Development & Family Studies with a minor in Education
3. Family Services intern
4. [QLI \(Quality Living, Inc.\)](#)
 - 6404 N 70th Plaza, Omaha, NE 68104
 - (402) 573-3700
 - QLI@qliomaha.com
5. [“...QLI’s mission has been to deliver life-changing rehabilitation and care for individuals with brain injury, spinal cord injury, or other severe neurological disability.”](#)
6. Laura Bergevin, Family Services Coordinator
 - (402) 680-2614
 - lbergevin@qliomaha.com
7. The purpose of my internship was to observe how QLI’s family resources department functions and learn about what it does to better the lives of QLI’s residents and their family members.
8. **Work responsibilities, skills, and knowledge:**
 - **Describe your major work responsibilities at your internship.**
 - My major responsibilities included creating a new monthly family events calendar, refining and updating a list of recommended therapists, beginning a list of resources that residents’ family members could look into to learn more about their loved one’s injury, listening in on meetings about residents, reading new residents’ basic information files, and visiting with residents in one of the houses (House 2).
 - **What skills did you acquire over the course of your internship?**
 - Over the course of my internship, I began to develop better communication skills, primarily in visiting with residents and their families and sharing my own brain injury story.
 - I also gained some new skills in modifying things such as calendars, therapist contact lists, etc. into cleaner, more readable formats (for example, I was given the task of updating and organizing QLI’s current list of recommended therapists, which was, to say the least, a hot mess and difficult to navigate).
 - **What types of knowledge did you gain?**
 - I gained some knowledge in various types of brain and spinal cord injuries and some of their side effect, such as incontinence, apraxia, ataxia, aphasia, mood changes, visual impairments, memory loss, etc., as well as how an injured individual’s family I is impacted, such as feelings of guilt, grief, hopelessness, financial stress, etc.
 - I gained some new knowledge in HIPAA and professional privacy.
9. **What was your most critical moment at your internship?**
 - I am having trouble coming up with one particular critical moment at my internship, but I can certainly think of a few poignant moments:

- Learning that a brain injury resident had left after telling his wife that an employee had been verbally abusing him (this is currently under investigation, but due to the resident's brain injury, it is difficult to determine his validity in the accusation)
- Listening in on a phone call to a resident's daughter who shared that her mother may be using illegal drugs in the home of her young children and potentially verbally abusing the children (this led to a meeting with one of QLI's neurologists, who decided that with such little evidence, we were not obligated to call Child Protective Services. I felt very conflicted about this)
- Sitting in on family support group meetings and listening to residents' family members talk about their own struggles after their family member's injury
-

10. What are your recommendations for future internship students in preparing for their internship experience in a similar position or organization?

- I would tell future internship students that, in preparation for an internship experience in a position or organization similar to my own, it is important to continue asking questions to your supervisor and other employees. It is also important to learn about residents and their backgrounds, interests, and injuries so that you can better understand their situation as well as their families'.

11. Would you recommend this particular organization or agency to future internship students? Why or why not?

- I would absolutely recommend QLI to future internship students. It offers many opportunities—including family services, various kinds of therapy, etc.—to people of many career interests. QLI is praised for being one of the best places to work in Omaha, as well. Additionally, the environment is very positive and supportive, and it seems that everyone working there is there because they have a passion for helping others.

Internship Description Guideline
Due: Sunday, June 24

1. Dayna Schultz
2. Child and Youth Family Studies
3. Caseworker inter
4. Department of Health and Human Services
5220 S. 16th St
Lincoln, Ne 68512
<http://dhhs.ne.gov>
5. Helping people live better lives
6. Amy Lauritsen
Child and Family Services Supervisor
402-471-1952
7. To gain knowledge within the child and family services program within the Department of Health and Human Services
- 8.

Most of my major responsibilities at my internship is documenting papers and home visit. Every meeting, court hearing, or basic conversation with family members needs to be documented. I also spend a lot of my time shadowing different individuals throughout the child and family services program.

The skills that I have acquired over the course of my internship is learning different programs within the Department of Health and Human Services while also learning different services throughout Lincoln how they work with the Department of Health and Human Services and how they help others on their own. I have also acquired skills within how to talk to clients whether that be children or adults, how to take notes during meetings, and what questions to ask my clients and my supervisor.

The knowledge I have gained over the course of my internship is the different titles of individuals. When I involved in a case where I need to go to court, I had to know who is the attorney for the child, the attorney for the adults, and the attorney for the school. Alongside different services workers from DSN, CASA, Lincoln Lutheran Services. All of these individuals go by different titles, I have learned which title means what and how they interact with our clients. I have also learned about different services around Lincoln what they offer and what I can tell my clients about the services. Matt Talbot Kitchen and Outreach, People City Mission, and Food stamps play a big part in our clients lives and I have learned the services that they offer for our clients.

9.

The most critical moment at my internship thus far is home visit, at once location that I visited I could not believe that people actually lived this way. Living in a clean environment is very important to a child's safety. This is a learned way of living and is past on from generation to generation. I am reminded everyday even through the smallest things like the house you live in can make a huge change throughout your entire life. I am also reminded every day how lucky I am not to grow up in a huge house but to grow up in a safe and healthy household.

10.

I would recommend to always wear closed toed shoes, to never judge your clients, and to always do what is best for the child. The Department of Health and Human Services is a very fast moving quick environment and the inter must ask a lot of questions to stay on top of the situation but also to learn. I would also say that short time periods with the Department of Health and Human Services will not help you learn, there are many things that happened within just one day and it is nice to see what happens from the start to the end of the day.

11.

I would recommend this organization to future internship students you learn a lot in a little bit of time and if you put yourself out there you will be exposed to many opportunities.

Assignment: Follow the outline below; complete the assignment in outline form- not paragraph form!

1. Ashley Schumacher
2. Child Youth and Family Studies with a focus on the Psychology aspect, minor in Sociology as well
3. Human Resources Intern; Receptionist
4. Parallels Counseling
1640 L St, Suite C Lincoln NE, 68508 Phone: (402) 489-9792
info@ParallelsLincoln.com
www.ParallelsLincoln.com
5. *Mission: Parallels is committed to the community. We will provide professional services to individuals, families, employers and employees in the areas of mental health, substance abuse and human resource development. Our commitment to the community will include the education, training and mentoring of mental health and substance abuse professionals.*
6. Supervisor's name and title: Ashley Porter, Human Resource Director
Phone: (402) 489-9792 Email: Ashley.Porter@ParallelsLincoln.com
7. The purpose of my internship is to get better knowledge of how a private practice is set up. Including sitting in on sessions, grading evaluations, and faxing and filing paperwork.
8. Work responsibilities, skills, and knowledge:
8a.) Most of the time I am creating files for new clients, scanning papers over to an email, calling clients to make appointment reminders, scheduling appointments, printing papers, and printing packets, and cleaning.

8b.) I'm not sure what kind of skills I have acquired, probably the grading evaluations, however I do not get told what the scores mean, I just score them.

8c.) The knowledge that I have gained, is the process of an evaluation, along with how a session takes place, recently I have started learning about how a Play therapy session will take place.

9. What was your most critical moment at your internship? The most critical moment of my internship was being allowed to work with the substance abuse clients. When I was allowed to prepare some of the group discussions, as well as create assignments, based on the topic of discussion. I felt like a teacher and I felt like I finally had a purpose, rather than just being the intern.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization. My only recommendations, is to find something that has a little of everything you are interested in learning about. Also find a place that allows you to do stuff, and has stuff planned out for you every day. Sometimes at my internship, I come in with nothing assigned to me to do, and so I will sit there. I utilize the time to work on homework or what not, but It would be nice to always have a list of things to do every day. Also to try their hardest to find an internship that pays. It really sucks having to go to an internship for 300 unpaid hours. I think its borderline unethical. I am spending a large amount of time at my internship and a significant amount of time at my job and I don't get much free time for anything else, which really drains me physically and emotionally. If my internship was paid, I wouldn't have to spend as much time at my job, and I could dedicate my time to my internship, while not having to worry about meeting deadlines or if my bills will get paid this month.

11. Would you recommend this particular organization or agency to future internship students?

As far as recommendations, I had kind of a love hate relationship with Parallels; again I wish I could have gotten more experience or more valuable information out of it. I was the only undergrad that they have ever allowed to intern here, due to my past experience with working in mental health facilities, so its kind of a special situation there too. I think it would be a great place to intern as a grad student, because there would be more opportunities offered to them as well as actually being about to counsel clients rather than be a peers support or receptionist.

1. Ashley Starr
2. Human Development and Family Science
3. Daycare Worker
4. Daycare / Little Sunshine,
1305 Broadway Imperial, NE
308-883-5916
5. Mission of the organization is in the process of being changed due to new owners.
6. Daycare Director: Fabiola Castillo
308-883-0152
7. Take care of children

8. Work responsibilities, skills, and knowledge:

8a.) For the majority of the time at Little Sunshine I was entertaining children. We usually did a craft or some sort of lesson in the morning. In the afternoon we spend a lot of time outside playing or in the big room playing.

8b.) One skill that I think I really gained throughout this internship was being able to handle highly emotional children.

8c.) I learned a lot about working with different types of parents. Parents are only there when they drop off their children and pick them up. Most parents are very concerned about their children. So, in the little period of time that they are there parents want your full attention to make sure that you are meeting their every want and need.

9. I think the most critical part of my internship was the first few days. This time was important because the children were getting to know me and how I would respond when they misbehaved. Also it was an important time because the staff was getting to know me. If I want this to be a future career I had to make a good impression.

10. I think that it is important that future intern student who are going to be working with children to have a good personal morning routine. The children are wild in the morning. I had to make sure that I had some coffee or I would have been very irritable.

11. I would recommend Little Sunshine to future interns. It was a relaxed environment with great children.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. McKenzie Stevenson

2. Family Science with a Concentration in Nutrition

3. OnPoint Promos - Sales

4. OnPoint Promos

1300 Athens Ave. Suite #210

Lakewood, Ohio 44107

<https://onpointpromos.com> | 877.403.6723

5. Mission of the organization or agency.

OnPoint's Mission Statement is: To better serve the needs of the B2B market. Today, we work with organizations ranging from non-profits and small businesses to professional sports teams and large corporations, regional clients near our Lakewood, Ohio, headquarters and across the country.

6. Emma Wilcox | Jim Lampros

877.403.6723

7. Describe the purpose of your internship.

The purpose of my internship is to determine if working for this company is for me. I have grown my love and passion for sales this last year and took it to the next level by interning with OnPoint. I have been able to do all of the roles each employee holds and shadow them often. I have completed projects ranging from organizing Campus Manager (CMs) Excel Sheets of who used to work here, reach out to graduated CMs and created customer links for Jim. In the next month I will be creating a marketing box with the marketing team so OnPoint can take to customers during their meetings. I will also practice buying good, better, best products and determine why each one is labeled as it is. This is valuable to every customer so they have a better understanding of what they exactly want, and the quality of the product.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

Every day I came into work at 9:00am – 5:00pm. It's a challenge being on a full time

schedule and being away from home, but I have learned to adapt to the change. Over the course my responsibilities included shadowing departments from marketing, sales, to artist and print shop. It has been crazy to see all of the different departments this company has to make it successful as it is. I have created skills through the last couple weeks. I learned how to do excel a lot more than I already knew how. Excel is one of the biggest things to know in the company and I used to have a ton of anxiety with it. Until I took baby steps, I have thoroughly enjoyed learning everything excel has to offer. I even paid for an online course, and will watch it with other employees before work starts weekly. My knowledge here has improved drastically. I did not know anything about OnPoint until I started. I knew they were a promotional company but I never understood how everything works, operates and functions. It has been a fun learning experience to engage with the team, customers and CEO.

8b.) What skills did you acquire over the course of your internship?

Over the course of the internship I have learned a lot about myself, career goals and what it takes to build a team atmosphere. I have not always been super confident in myself and believing I can achieve high setting goals. I usually put off setting goals because I'm afraid to fail. Since interning here thus far I have learned how to properly set goals and believe I can push myself to do better. For Career goals, I have discovered how much I love being here with OnPoint and the company all together. There is so much passion and drive inside this office it doesn't even feel like I am waking up to go to work. I overall feel so comfortable with everyone here and love atmosphere. Everyone here works towards 1 goal and sets team goals. Everything is a team effort, but also an individual effort to push teams to the next level. I have also learned how to do excel and learn all the ins and outs to it. I am nowhere near a master, but it's a start. I also believe there is no stopping point to learning something. There is always something to learn and get done.

8c.) What type of knowledge did you gain?

I have gained a ton of knowledge about OnPoint and how they work as a team. OnPoint values its customers so much that they would do anything to not lose a customer. Having competitive pricing is a huge hit for OnPoint. This helps customers find reasons why OnPoint is the best company. They also value its customers and provide top notch customer service. I have learned that working in sales means each person needs to be likeable for the most part, understanding, resourceful, selfless and loyal. Each of these values are important to get the job done.

9. What was your most critical moment at your internship? Explain *why*.

I would say the most critical moment at my internship was OnPoint got a complete new ordering system called BirdBank. This is entirely a new way they run their orders and they are still learning how the whole process works. I have been a long the journey with them to figure it out and help everyone get on the same page. It's mostly challenging because while they are doing this and learning a new system, they are still working with customers and placing orders on the other system. Overall it has been a smooth transition but can be hectic at times.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend interns to go into each experience open minded and be ready to give

your input and feedback. It shows that you care a lot about the internship and are there for a reason vs. adding something to your resume. I would recommend anyone who is interning for a company like the one I did, I'd say get excited and ready to have a ton of fun and learn a ton of information. There is so much to making a business run and a ton of it is behind the scenes. I truly believe this internship has been eye opening and showed me how much potential there is in the sales world. I'm super excited for what's to come and would recommend OnPoint to anyone interested in this field.

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

I would recommend anyone who is a graphic design major, business- sales, marketing or for anyone who thoroughly enjoys working with people. Every day you get to interact with re-occurring customers, new customers and an entire team who is motivated every day to push the company farther than the day/year before. I have gained a ton of friendships and people I want to continue surrounding myself with daily. These people have pushed me to be a better person and a better friend.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten
Pages using the format below.

1. Megan Stolz
2. Child, Youth, and Family Studies
3. Program Support Specialist
4. Better Living Counseling Services
7100 S 29th St B, Lincoln, NE 68516 (402)-476-0104
<http://www.betterlivingcounselinginc.com>
5. Strengthening and improving family functioning by cultivating growth and change
6. Tricia Kingsley and Program Support Supervisor,
(402)-476-0104
7. The purpose of my internship is to support client's well-being by providing resources, educating families, and maintaining client records.
8. Work responsibilities, skills, and knowledge:
 - 8a.) During my internship the major work of my responsibilities was to ensure the safety of the children and redirect anyone on the visit from bad behavior if needed. I did parenting time supervised visits by myself. I also had to completely document what went on during each visit.**
 - 8b.) I gained a lot of patience during this internship. You have to be very patient with understanding that parents are still learned effective ways to parent and to give them the time and resources to do it. I have also improved my communication skills. Before this internship I hated talking on the phone and now I call at least two people everyday I work to ask questions and confirm things.**
 - 8c.) I gained knowledge on how to work with special populations, how to effectively write documentations, and gained knowledge about resources available to provide to clients.**
9. My most critical moment in my internship was when I found out more about a clients life and how she got into the position she is with her children taken away. I was really frustrated at this mother for never communicating to me about anything going on and the way she act sometimes towards her children. She told me that she grew up in the foster care system so she never learned how to parents and taught herself as she had children. She also told me about some mental disabilities. I felt so bad for judging this mother because she never got the tools to learn how to parent right and if she did she would've never been in this situation. I have been able to

teach her skills for what to do in certain situations and it is awesome seeing her apply those with her children. This was critical to me for having a new understanding of the families that I am working with and that I need to just provide resources and tools to help them succeed.

10. I would recommend making sure you take time for self care. You experience situations where you witness a child being abused/neglected or how people live in such bad conditions and don't even mind because that is their normal. It takes a toll on you so making sure you take time for yourself is very important. I also would recommend going into this internship with a very open-mind and not being judgmental. It can be hard in a lot of situations, but there are so many other things that happen that get these parents and families into these situations.

11. I would recommend Better Living Counseling Services for future internship students that don't have children. This job has a high turnover rate and so you could be working over 50 hours a week sometimes. It is hard to do that and spend time with your children especially if they are young. If you don't have a family then I really recommend it. I have learned so much through my experiences so far and everyone is really supportive on helping whenever I had questions. You do two weeks of training before you go out on your own and they don't start you on your own until you feel ready.

1. Megan Teiken
2. Child, Youth, and Family Science
3. Provider Experience Intern
4. Sanford Health
Multiple Locations - My location is 736 N Broadway Fargo, ND. (701) 234-2000
<https://www.sanfordhealth.org/>
5. Mission - Dedicated to the work of health and healing
6. Aaste Campbell - Director of Provider Experience
7. I am here to help Aaste with different projects. Such as, creating a "Fargo relocation packet". For this I have been interviewing multiple providers and other individuals who work in the Sanford Health organization and it has been great networking. I am also working with the Patient Experience team to come up with Culture Guides for the employees at Sanford. These guides help to explain how to treat people from other cultures and also how they practice medicine in their cultures.
8.
 - 8a. Like I previously mentioned, I have spent my time creating a relocation packet and culture guides. I have also sat in and then recently have been able to start participating in meetings.
 - 8b. I acquired confidence in how to carry myself professionally. I am now able to do things on the computer I was not able to do when I first came to Sanford. I think it has been a really good character building experience for me.
 - 8c. I really figured out what I want to do for my future career. I am really excited that I have come to the conclusion and finally realized where my strength and passion lies.
9. I think when I realized I wanted to be a Behavior Analyst. I was talking with a pediatric physician and we were talking about how much that is needed in the health system. I do ABA therapy with a young man with autism currently, and I realized that I could bring things to that career and I know what needs to be done and implemented in the system in Fargo.
10. I would recommend applying for multiple internships. This was not my top choice right off the bat, but it has been an amazing experience. Even though the work I am doing hasn't been my favorite, being able to network, make future connections, and discover what I want to do are all the things I wanted in an internship.
11. YES! I think Sanford is a really strong organization. They are huge so there are always opportunities. The employees are wonderful and everyone is there because they believe in the organization and want to make it better.

1. Griselda Torres
2. Child, Youth, and Family Studies
3. School age teacher
4. Bryan Child Development Center,
Bryan Health / 1600 S 48th St, Lincoln, NE 68506
Organization website if available- N/A
5. Bryan Health's mission is to advance the health of individuals in our region through collaboration with physicians and communities.
Bryan CDC's mission is to support the employees of Bryan Health and their families
6. Sharon Kimmons, Manager
(402) 481- 3914

7. The purpose of my internship is to gain new skills, enhance my knowledge on children development, and help me solidify whether this is what I want as a future career.

8. Work responsibilities, skills, and knowledge:

8a.) My major work responsibilities at the internship site in the mornings were to arrive each day by 8 a.m. and help check kids in, clean the tables after breakfast, and take a group of 15 kids to a different room if we were going above ratio, 30 kids. Once this was done, the other lead teacher would bring the last group of 15 kids to the school age rooms by 8:30. We'd then split into our groups, mine being group 2. We spent the rest of our mornings playing with toys, going to a school's playground, a field trip, or doing an activity. In the afternoons, we'd go outside again at 12:30 then we'd do another craft activity or play toys again. After a long busy day, we'd have D.E.A.R time which is the time kids get to take a small nap, read a book, or relax. D.E.A.R time is 30 minutes and no one is allowed to talk. During this time, we got our plan times. I would get things ready for the next day, make phone calls if needed, check emails, etc.

8b.) The skills that I've acquired over the course is learning how to properly develop my own lesson plans, send out professional emails to parents, patience, and organization skills. Having planned activities ahead of time for each day makes my internship a lot easier. So far, we've only had to reschedule a field trip once due to the weather, but my co-worker and I were able to work together and shift things around since we didn't have an activity for that day. This is where my patience was tested as well as my organization skills.

8c.) Aside of the skills I've acquired, I've also gained knowledge about what it truly takes to become a teacher, the development of the age group I work with, and more information on ADHD and serve allergies. Throughout this experience, I've learned that teaching isn't an easy profession. It really takes a lot of time, commitment, and effort. The children I work with are entering 1st grade so their development and scope of things is still processing. They're really intrigued by many things and love crafts and telling stories. I have two children in the classroom that have "Behavioral issues". I've learned how to manage challenging situations more efficiently and their triggers that cause their outbursts.

9. The most critical moment at my internship was when one of the full-time teachers had to leave for the morning and I was left with some of her kids, one of which happened to be the child with ADHD. This was a critical time because we had only been a week into the program and we were still figuring out our kids. Since she works more closely with “Bob” (pretend name), I didn’t really know what to expect or what to do if he had an outburst. Well this particular day I had him, he had been physically aggressive with one of my students. I had to call their parents and tell my supervisor. Luckily, the child he hurt was fine, but the parent was very upset. This hasn’t been the first and only incident he’s had, so my co-worker, supervisor, and I have brainstormed different ways of helping him keep his hands to himself. He now holds a stress ball when we line up, have long periods of waiting, or when sitting down near others. So far it has worked!

10. I would recommend coming into an internship experience with a clear, positive mind set. I was really nervous and negative at the beginning of my internship. I wasn’t 100% sure that I wanted to do keep my internship because I was afraid of being a lead teacher. However, after the first week, I really learned to enjoy it and have learned so many things about teaching and children because of this experience. I would recommend that students research an organization that really speaks to their interests and check it out beforehand if possible. Don’t wait until the last minute and intern at a place that won’t benefit you! The whole purpose of this experience I believe is to learn about our interests, be certain for our future, and develop positive relationships.

11. I would definitely recommend interning at Bryan Child Development Center. Regardless of my past experience with Bryan, I felt welcomed and guided all over again by staff when I accepted this internship position. The full-time staff that have been working with the school age kids for the past 2-4 years make you feel appreciated and help you whenever you need it. The communication between supervisors and staff is great! My supervisor always comes in to check on us and asks if we need anything to do our jobs. I wouldn’t have chosen Bryan if they didn’t have all these positive aspects. There’s also a bonus to interning here, you get paid!

1. Cheyenne Townsley
2. Human development & family science
3. Case Aid Intern
4. Fresh Start
 - a. 6433 Havelock Ave., Lincoln, NE
 - b. (402) 475-7777
 - c. Freshstarhome.org
5. Fresh Start is a transitional home for homeless women focused on advocating for the women, helping them to become self-sufficient and empowered.
6. Marla Nelson, lead case manager
 - a. (402) 475-7777 (office)
 - b. (402) 475-7779 (fax)
7. The purpose of my internship was to get to know more about the homeless population in Lincoln, as well as to learn the ins and outs of what being a case manager in a social services occupation looks like. I wanted to better understand the logistics of case management in a homeless shelter, as well as simply just get a better feel for what Fresh Start does for the residents that live here and the homeless community in general.
8. Responsibilities, skills, & knowledge:
 - a. I did a lot of answering phones. Fresh Start gets tons of calls everyday whether it be from people wanting to know more about the services we provide, dropping off donations for their thrift store, or wanting to apply or know their status on their waitlist. I also was in charge of creating and planning my own group session, which is basically a mini class in which the residents can learn more skills to

move them towards self-sufficiency. My group was about self-esteem. There were also a lot of just general office tasks to do: making copies, updating documents (we keep a detailed log of what goes on in each shift so that each staff member can know what is going on during the times they aren't here), doing walkthroughs to make sure everyone is safe, prepping for community events, taking in and sorting donations. Also just being available for the residents, taking the time to get to know them as people, not just their case files. Each day tends to vary in what my tasks and responsibilities are for that shift.

- b. The biggest skill I developed was definitely patience. There is a lot that happens over the course of each day, and it is easy to get frazzled or impatient with someone very quickly, especially with new residents. There are women coming from all sorts of different backgrounds and you need to be patient with them because they are in a circumstance where often you are the only person advocating for them and that can result in a multitude of different attitudes, sometimes making your job tougher, but in the end it's worth it because you're helping them help themselves. I've also developed good reflective listening skills during meeting with the women in case meetings and such, which has helped me become a better problem solver.
- c. I think the knowledge I gained was definitely knowledge about real life. I have been fortunate enough to have a pretty decent life growing up, and even into adulthood. So coming into this environment where I am exposed to so much that I hadn't really had to ever acknowledge happens right in my own backyard was the most eye-opening think I learned. I also gained knowledge about a brand new

field of work that I hadn't really been too aware of before this year and it's something I've come to grow passionate about.

9. I think the most critical moment of my internship was the day I did my group session. I think that was kind of my turning point not only with the residents that came to my session but also in my confidence in myself that this is something I do have the ability to accomplish. While I was prepping for my group I had definite doubts that I wouldn't do the group well or no one would show up, but the whole time during group the residents in attendance were great in telling me what was helpful to them and what could be worked on. We even scheduled a second group to check in and see how the activities were helping. I think that this was a huge turning point in my relationship with the residents and also within myself.
10. My recommendations for future students getting ready to do their internship is be as open as you can to uncomfortable situations. With any job in human services, you're going to be exposed to new situations that will make you feel uncomfortable, you may be asked to do tasks that you've never had to do before that you don't necessarily feel confident in, but as time goes on, as long as you're open to suggestions and advice from your supervisors, you'll do fine. Another thing is ask as many questions you can. That's the only way you're going to really learn what you want to learn. By asking questions you're not only getting to know the environment, but you get to know the people you'll be surrounded by daily, and that can make or break your experience.
11. YES I would 100% recommend this organization to future students. The staff here are some of the most wonderful, honest, caring people I have ever met. They are all super passionate about what they're doing. The care that these women put into their case

management is astonishing. I have never seen a group of people who love their job so much. The residents are also great, and getting to know them is a really rewarding experience. There's also really great, career applicable experiences you get to have, the team at Fresh Start will include you on important events going on with the residents, ask for your opinions, and really treat you like you're a member of the staff too. It's a great learning experience.

1. Toni Tupper
2. Human Development and Family Science
3. Lead Camp Counselor
4. University of Nebraska at Lincoln Rec Center, 841 N 14th St, Lincoln, NE, 402-472-3467, <https://crec.unl.edu/crec>
5. "Campus Recreation is committed to enhancing the educational experience and promoting lifelong wellness through excellent recreation programs, services and facilities."
6. Brian Stelzer, Assistant Director of Sports Clubs and Youth Activities, 402-472-8869
7. The purpose of my internship is to gain knowledge about the job of working with children and also possibly finding career opportunities.
8. A) My major responsibility of my internship was supervising children and other counselors. I am also responsible for leading the children in various physical activities. I am also responsible for making sure the children are maintaining the 6 character pillars-respect, responsibility, trustworthiness, caring, fairness, and citizenship. I spend my days watching the children and playing games with them.
B) I acquired the ability to think on my feet when situations don't go as planned. There were many times during my internship where things didn't go according to schedule so I would have to improvise in order to fill time for example. I also learned how to come out of my shell and speak to others more easily. I tend to be pretty shy and this camp has helped me be able to speak to the children and my coworkers easier.
C) I gained knowledge of how to run a camp effectively and also how to discipline children effectively.
9. The most critical moment at my internship was when a child was in the bathroom but us counselors didn't know that and so we thought they were missing. This was a very critical moment because we didn't know if we had lost a camper or not. The child didn't tell us they were going to the bathroom so we thought they possibly ran away. I have never been so nervous in my life.
10. I would recommend future students to reach out to those children who are shy and seem to not make friends easily. This will make them feel like they matter and make camp more enjoyable for them. It's also a good way to build relationships with the campers.
11. I would recommend it. It is a fairly easy and simple internship and you get paid! It's great to be able to work with kids everyday and be able to play the games with them. It is a very fun camp to work and makes it seem like you're not doing an internship at all. My supervisors and coworkers are also super fun to be around and they make camp a fun time.

1. Sarah Van Ert
2. Child, Youth, and Family Studies
3. Nanny/Co-leader of Bible Timeline Class
4. FOCUS
603 Park Point Dr. –Suite 200
Genesee, CO 80401
Main office: 303-962.5750
FOCUS.org
5. To know Christ Jesus and fulfill His Great Commission
6. Brendon Pond, FOCUS Regional Director
(402)-853-2973

7. The purpose of my internship is to nanny two girls while observing how a family functions living on a college campus for 6 weeks. Another purpose of my internship was to learn how to plan and develop a bible study class for all the children three times a week.

8a. The major responsibility that I had was to nanny two girls. One of the girls is almost three and the other girl is one. Their parents were on a college campus for six weeks for staff training, so I would spend time with the girls figuring out activities to do with them. On Monday, Wednesday, and Friday mornings, all the nannies would come together with their children and I helped the head nanny lead and develop a bible study class for the children. These classes would include reading a story, dancing and singing, acting out skits, creating a game, making a craft, and then eating a little snack. Every activity that we did pertained to what they learned from in the story. In the afternoons, I would take the girls back to the apartment and we would usually read and go down for a nap. This schedule soon became a routine, so we tried to incorporate other activities for them to do in the town of Bismarck on Tuesday's and Thursdays. These activities including going to the public library for story and wiggle time. Other times we would go to the Heritage Museum and the Dakota Zoo.

8b. Over the course of this internship, I acquired many skills. Some of these skills time management, decision making, and confidence in leadership among children. For example, I had to plan my days because besides helping plan the bible studies, I am also trying to study for the GRE. To do so, I had to block out a couple of hours sporadically throughout the day to accomplish this.

8c. Going into this internship, I was not sure what kind of knowledge I was going to gain. I know what goals I had and my own idea of what knowledge I wanted to gain, but some of those did not align with each other. The knowledge I gained at my internship includes how families adapt to new situations and moving for a short amount of time. There is a lot of adjustment that has to take place. I also learned how to lead a bible study for children and how to keep them engaged while helping them retain the information that they learned.

9. I would say that the most critical moment of my internship so far has been forming an attachment with the girls that I am Nanning. Once that attachment was formed, the day just seemed to flow a lot better. The girls did not get as cranky and they listened easier. It took about a week for that adjustment to be made and for that trust to be gained.

10. Being around children almost every single day, all day is exhausting. One piece of advice that I would have for someone who might have a similar position as mine would be to be open to what children can teach you. Children teach you how to be patient, how to go out of your comfort zone, and how to be depended on. You will learn more about them and yourself when you are around them for an extended amount of time.

11. Yes, FOCUS provides so many great opportunities for students. They also have other internship positions besides being a Nanny. I was able to mold my job into an internship just by contacting them and explain my situation and my class. They accommodate to families and truly want you to be part of their organization. For the past six weeks, I have been surrounded by children, families, missionaries, and religious life, so there is always someone to talk to and share experiences with. FOCUS values families that they allow their staff to bring them and they help with the costs of doing so. Being able to observe and witness family life first hand (almost constantly) was a valuable experience to me.

Internship Description

1. My name is Kyra Werner.
2. I am a Family Science major with a minor in Education and English.
3. My practicum position title is Site Supervisor of the Lefler Community Learning Center and Den Days Program.
4. The name of my organization is both Lefler Middle School, (Lincoln Public Schools), and the YMCA of Lincoln.

The contacts for these organizations are as follows:

Lefler Middle School, 1100 S. 48th St. in Lincoln, NE 68510. Phone number: 402-436-1565.

<https://lefler.lps.org/>

Northeast YMCA 2601 N 70th St, Lincoln, NE 68507. Phone number: 402-434-9262

<https://www.ymcalincoln.org/location/northeast-ymca>

5. The mission of Lefler Middle School is “We are building a community of learners so all students and staff can collaborate to learn, improve, and achieve through engagement, effort, and self-efficacy.”

The mission of the YMCA is “To put Christian principles into practice through programs that build healthy spirit, mind and body for all.”

The mission of our Lefler CLC Program is combining these missions “to improve student learning and development through academic support, physical fitness, character development, and enrichment activities.”

6. Emmary Grieger, Program Director of YMCA Lefler CLC Program is my supervisor. Her phone number is 402-436-1565. Email is emmary.grieger@lps.org

7. The purpose of this internship is to help families provide care to their children while they are at work during the summer and into the school year.

8. Work responsibilities, skills, and knowledge:

8a.) My responsibilities for this summer include providing meal care to 6th-8th grade students during Den Days (summer school) and helping to tutor students one on one if they cannot be in the classroom with their peers. I am also getting the CLC classroom ready for the program this August by organizing, filing and cleaning. My internship will continue into a part-time position during the school year as the Site Supervisor of the CLC program. I will be running the after-school program, talking to parents about their children’s behavior and providing activities for them to do afterschool. I also will be managing my own staff and providing training.

8b.) The skills I gained during this internship and will gain include time management, networking, collaboration, management and organizational skills.

8c.) The knowledge I will gain from this internship is knowledge of the LPS school system, behavioral skills, First Aid and CPR certification, and special education knowledge for those in the program that have special needs.

9. The most critical moment in my internship was when I was taken from Lefler middle school and put into Pershing Elementary because their staff was severely lacking in their summer program. It was nerve-wracking because I had already become comfortable at Lefler and made relationships with those around me and then I had to go somewhere new for a couple weeks. It all worked out thankfully, and even made me grow and increase my networking skills even more.

10. I recommend making relationships to future interns in this organization or position. Make relationships with your supervisor, coworkers and peers taking the class as well. It helps to make connections and makes it easier to collaborate and speak your opinions when you have some sort of a background with the person.

11. I would recommend this particular organization or agency to future internship students because you are able to work directly with students of all ages depending on the site and you get to network and collaborate with both LPS staff and YMCA staff. It helps you later when asking for recommendation letters, a reference and in making friends. It is a great and flexible place to work and gain experience, as well as move up in the agency. I would highly recommend it.

1. Nicole Wieberdink
2. Child, Youth, and Family Studies
3. Cabin Leader
4. Timberlake Ranch Camps
2709 North S Rd. Marquette, NE 68854
timberlake.org
5. To share the 'good news' of Jesus Christ
6. Levi Landrigan, Program Director
308-946-3871
7. The purpose of this internship was to learn more about myself and what I want to do with my life in the future. As for what the camp was wanting, my purpose was to share the Gospel with each and every child that came through camp to further God's Kingdom.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

I spent the majority of my time with my campers. We average at about 7 kids per cabin and we would do different activities in the mornings including boats, crafts, obstacle course, and sometimes a high ropes course. We would also spend some time doing Bible time. In the afternoon we went to the camp store and went swimming. The evenings were usually filled with different camp wide games and camp fires.

8b.) What skills did you acquire over the course of your internship?

I learned so much throughout the course of my internship. I would say the thing that I got the most out of it was patience. When you are with 6-15 year olds all day every day, it takes a toll. Sometimes you just need to be around people your age or no people at all, but through this internship I was not always able to do that. Patience is key when it comes to summer camp. I also learned some technical skills like running the high ropes course and keeping everyone who is climbing safe! I was also taught the basics of lifeguarding and what to do in different situations.

8c.) What type of knowledge did you gain?

At camp you are always learning something. I would say most of the knowledge I learned was stuff that came from the Bible. We have chapel every night and I continued to learn more and more about God through that. I also learned how to set up a sounds system in a crazy turn of events when the one who usually does it got sick and we had to figure it out on our own. Like I said there is always a lot of knowledge to take in at camp.

9. What was your most critical moment at your internship? Explain *why*.

I think the most critical moment of my internship was the day my boss asked me to be a part of the discipleship team. This meant that I was going to be one of six people on staff who would

help mentor the rest of the staff. I was given 4 girls to check in on throughout the week and make sure they were doing okay. I definitely grew in this because I have always been really nervous about how good I am at being a good encouragement. To me it is critical because I want to be a mentor and encourager to parents and families in the future, so it has only helped me to be more confident in myself.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

My recommendation is to go all in and hold nothing back. Never turn down an opportunity to do something great, because in the end you will grow from it whether you enjoyed it or not.

11. Would you recommend this particular organization or agency to future internship students?
Why/why not?

I would definitely recommend Timberlake. Everyone here is so kind and loving and you get paid too! It's not a lot, but it's better than nothing. The hours are really easy to get done – because you are basically working 24 hours a day and who doesn't want to work at a summer camp and experience God in nature!?

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name

- Duanita Williams

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

- Child, Youth, and Family Studies

3. Practicum position title.

- Student Intern

4. Organization / agency name,

Organization / agency address and contact number

Organization website if available

- The Stephen Center
- 2723 Q Street, Omaha, NE, 68107
- (402)-715-5442
- <https://www.stephencenter.org/>

5. Mission of the organization or agency-

- “Stephen Center partners with the community, families and individuals to overcome homelessness, addiction and poverty.”

6. Supervisor’s name and title,

Supervisor’s contact number (phone and fax, if available).

- Amanda Yarbrough, Assistant Director- Marketing/Development
- (402)-715-5445

7. Describe the purpose of your internship.

- The purpose of my internship was to learn more about different career opportunities, gain experience, and to also learn about different resources available for individuals and families experiencing homelessness.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

- During my internship I moved to different areas of my agency, so I was able to experience working in different areas. I worked in the Emergency Shelter, first, where I was able to interact with clients, answer phones, perform intakes, phone screens, and urinalysis. I worked in the Addiction Recovery program also, where I mostly answered phones and client questions. I will also get a chance, later, to work in the Permanent Supportive Housing area.

8b.) What skills did you acquire over the course of your internship?

- Over the course of my internship, I have learned many things. I have learned how to perform client intakes, how to write up the urinalysis results, and how to perform phone screens. I learned how create boundaries for the clients.

8c.) What type of knowledge did you gain?

- Over the course of my internship, I have gained a little more knowledge on the homeless population. I was able to learn about the barriers that the homeless population are affected by, and I was also able to gain knowledge about the resources available to people experiencing homelessness and addiction recovery.

9. What was your most critical moment at your internship? Explain why.

- The most critical moment of my internship was the first day. The first day, I was monitoring the entrance to the door, and many of the clients would come up and ask questions that I did not know. It was a hectic day and the other staff was busy, so I could not ask them for help. It was a frustrating situation for the clients, as well as myself. They wanted answers to their questions, but I did not know what the right answers were. I was nervous because I did not want to tell them anything wrong that would possibly jeopardize their stay at the shelter.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- My recommendations for future internship students for preparing for a internship in a similar position, would be to create boundaries for clients. I found this to be very important working at the shelter. Another recommendation would be to not be afraid to ask questions. It can sometimes be a little overwhelming to not know what to do, but in those moment the best thing to do is to ask for help.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

- Yes, I would recommend the Stephen Center to future internship students. My reasons for this is because they will be given the chance to interact with clients daily and get a hands on experience. At the Stephen Center, future students would also have a chance to move around and experience different areas of the agency. Another reason that I would recommend the Stephen Center to future internship students because, the staff are very helpful and welcoming. They are more than happy to answer any questions and help when problems may arise.

Morgan Williams
June 24th, 2018
Dalla
CYAF 497D

Internship Description

1. Morgan Williams
2. Child, Youth & Family Studies. Minor in Education.
3. Preschool Teacher/Daycare Provider
4. Kosmicki Family.

128 Santa Fe Trail, Lincoln, NE 68521. (402) 641-9541

5. No mission.
6. Chelsey and Eric Kosmicki. (402) 641-9541
7. The purpose of my internships is to prepare the children (age 4) for Kindergarten, which they will be starting in the fall. This includes communication skills, teamwork skills, writing skills, verbal skills, etc.

8.

8a) My major work responsibilities in ensuring the children know and understand the skills needed to succeed in Kindergarten. A lot of my time outside the internship I am preparing lesson plans/activities for the children to do every day when I am there. Doing lesson plans for children can be tricky because one of the children in not going into Kindergarten. I also spend my time teaching the children how to play with others in a nice and kind matter. With being siblings, they tend to fight more.

8b) The skills I acquire over the course of my internship vary. I am still working on my time management skills, which I believe will be a fight I will battle for while. Another skill I have always had but this internship has better it is my organization skills. With lesson planning, doing the activities organization is such a handy tool to always have. My last skill that I have aquired is my level of patience. I have never worked with such a young group of children and with them being four years their attention span is very limited. So when trying to teach the lessons, I have to be very careful of not showing my frustration if they do not understand it right away.

8c) The knowledge I gained is finding out that children even if they are twins, are different. When teaching the lessons, one child may get the subject more quickly than the other. And that's okay. Just because the children are the same age does not mean they are developmentally or even emotionally the same.

9. The most critical moment at my internship was the first week I started the internship. Children are more smart than they look. So establishing who was in charge was very important the first week. Gaining trust and respect from the children was critical. Just because someone is younger than you does not mean they should not get the same respect as anyone else. Respect goes both ways. The first week also was critical because I needed to gain trust from the parents as well. They trust me to teach their children so making sure they can see progress was critical.

10. My recommendation for anyone wanting to be a preschool teacher is to have an open mind to new ideas and trying those things. Like I stated not all children are at the same developmental stage. So some lesson plans might not work and at that point you

Morgan Williams

June 24th, 2018

Dalla

CYAF 497D

have to come up with a new idea to help that child succeed. Because that is your job. I also think that having a positive attitudes at all times is something you should have. Children know when you are in bad mood whether you tell them or not and sometimes that could really affect a child. Especially if that child does not get the attention or positivity at home.

11. I would definitely recommend anyone to the Kosmicki family, if they are looking to teach the littlest one the skills he needs before Kindergarten. They are wonderful family, that allows and trusts you to teach their children. They trust you knows what is best for the children and do not question it. I also think they teach their children values that some children are not taught until they reach school. The children are mostly cooperative and respectful. They know what is expecting from their parents.

1. Paige Young
2. Child Youth and Family Science
3. Lead Summer Staff – Kindergarten Room
4. Willard Community Center,
1245 South Folsom St, Lincoln, NE
willardcommunitycenter.org
Phone: 402-475-0805
5. Willard Community Center has always been here to support the community it serves. "We help area residents grow, connect and contribute to our community"
6. Dani Jurgens, Advancement and Program Assistant Director
email: dani@willardcommunitycenter.org
Phone: 402-475-0805
7. The purpose of my internship was to get a better understanding of what I want to do post graduation. Through my internship with Willard Community Center I have learned that I like working with older kids as opposed to younger.
8. Work responsibilities, skills, and knowledge:
 - 8a.) I was responsible for the Kindergarten classroom and the staff that worked in that room as well. I was in charge of leading/creating lessons, driving the kids to and from field trips and swimming and in charge of parent communication.
 - 8b.) The skills I obtained at Willard were talking to parents about concerns or comments about their child, leading a classroom as a lead teacher, and managing people underneath me.
 - 8c.) I gained a lot of knowledge while at my internship, but mostly the ability to professionally talk to parents and my fellow staff members.
9. My most critical moment at my internship was a lice outbreak. It was a stressful situation and in doing that I learned how to treat, look for, and diagnose lice. In this process, I also learned how to appropriately contact parents and tell them of their child's situation.
10. My recommendations are to be prepared for anything. There are many roles I took on this summer that I had not originally planned on doing. I unclogged toilets, mopped, searched 30 or more heads for lice, and talked to countless angry parents.
11. I would recommend this organization to future students who are in this class because there are so many different programs associated with Willard that you can really do anything there. They do everything from preschool and pre-k to teens and senior citizens. I had such a vast majority of roles, which at times was overwhelming, but I think it really helped me to see all the unexpected challenges that can arise within a new position. The directors at Willard are also really helpful in answering questions and guiding you through the process. They had so much patience with me when I was just starting out and trying to figure everything out what my role exactly was. That was really reassuring and helpful.

Internship Description Guideline

Due: Sunday, June 24

Describe your internship in 1-2 single-spaced, typewritten pages using the format below.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: Curiosity Young
2. Major area of study or focus: Elementary Education
3. Practicum position title: Training and Outreach Intern
4. Organization / agency name: Ponca Tribe of Nebraska
Organization / agency address and contact number:
 1. 1701 E St, Lincoln, NE 68508
 2. 402-438-9222Organization website if available: <https://www.poncatribene.org/>
5. Mission of the organization or agency: Foster fully-integrated, culturally-sensitive, trauma-informed response to victims of domestic violence and sexual assault.
6. Supervisor's name and title: Barbara Buttes, Training & Outreach Specialist

Supervisor's contact number: 402.830.5339 – Cell
7. Describe the purpose of your internship: Provide crisis/emergency services for the victims of domestic violence.
8. Work responsibilities, skills, and knowledge:
 - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?** Constructing reliable tables of data and developing a glossary of accurate meanings for the terms it contains through research.
 - 8b.) What skills did you acquire over the course of your internship?** Be attentive to detail, technical skills, and develop proper slides for effective presentations.
 - 8c.) What type of knowledge did you gain?** gain experience in a professional environment and learn the necessity and value of pure research.
9. What was your most critical moment at your internship? Explain *why*. Going to tribal court for a domestic violence dispute. This was critical for me because I was able to see just what the organization focuses on. I was able to work side by side with my internship supervisor and gain knowledge on how tribal court works. The background stories of these individuals are very sad but they strive to do better despite their circumstances. I really empathized with them during the few weeks we monitored their case. It made me think differently and appreciate the little things in life.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization. If you have a passion for helping individuals seek help in regards to domestic violence, elder abuse, dating violence, sexual assault, and stalking this will be a great plan to do your internship. It also provides independent work if that suits you best.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?* Yes, working for an organization that makes it their mission to provide services to help others will always make you feel good inside. Ponca Tribe of Nebraska has friendly staff that are so willing to help whoever is in need.

Yiling Zhang

CYAF 497 D

Internship Description

1. Yiling Zhang.
2. Child, Youth and Family Studies, *Specialization* family Science.
3. Second language (English) teaching assistant.
4. Longshan Primary School.
No. 70 Xunyangdonglu Street, Xunyang District, Jiujiang City, Jiangxi Province, China, 332000, +(86) 07928500370.
5. The public primary school in China worked with children aged 6 to 13.
6. Jing Wen, The president of Longshan Primary School, The dean of Foreign Language Teaching department.
+(86)13970269425.
7. The purpose of my internship is to learn working as a bilingual educator in Chinese educational environment, to learn about learning habits of children, to find out whether I am interested in focusing on bilingual education in China, and to develop my teaching skills.
8. Work responsibilities, skills, and knowledge:
 - a) I am the English teaching assistance of third grade in this primary school, and my major responsibilities will be teaching Chinese students of third grade in this school to pronounce the English words about basic foods and common stuffs correctly and to practice the daily English conversation in class with them. My duties would include the teaching of new English words and sentences. I spend most of my time to observe the English teaching class and to receive the training of educational psychology of second language teaching for the first one week. After the training period ended, I spend most of my working time on English teaching and English assignments grading, there were also weekly meetings for teachers to communicate English teaching experience.
 - b) I learned how to teach English by using cards, videos and slides made by my own. I also acquired the methods of second language teaching and the process of the English teaching including the tips of time management and class management. I learned the educational psychology about second language teaching and learning, which helped me better understand and deal with the difficulties that these Chinese students will meet when they are studying the second language.

- c) During the internship, I learned so much about how to attract students' attention, how to manage time of class, and how to communicate with students and their parents. In other words, I learned the knowledge about communication, class management and teaching technology.
9. The most critical moment at my internship should be the first meeting with students in my class because I believe that the first impression is very important for both teacher and students. The first meeting is important for me to express my teaching attitude to students, and it was also a great opportunity for me to learn about students. I would never forget how amazing it is when these children called me 'Teacher Zhang', and I remember how nervous I am when I introduced myself in the class. I believe that the great opening would lead me to the successful result.
10. I would suggest future internship students to talk to the site supervisor before the internship start to learn more about the supervisor's coaching style and working needs clearly. I believe it is the best way to make sure that internship students can find the working position that they really want, which will also be very helpful for them to improve their career plan.
11. I would recommend the Longshan Primary School in China to future internship students, especially for students who are interested in bilingual education. My experience of internship in this school is awesome because my site supervisor really trusts me to try new things. All the educators I know in this school are all very professional, and they are willing to try new things with open mind and patient which is really good for internship students.