

Abril Rangel-Pacheco, MA, PLMHP

Curriculum Vitae

Department of Educational Psychology
35 Teachers College Hall, Lincoln NE 68508
University of Nebraska-Lincoln
arangel-pacheco2@huskers.unl.edu

EDUCATION

Doctor of Philosophy – School Psychology

University of Nebraska-Lincoln, Lincoln, NE
APA and NASP Accredited School Psychology Program
Advisor: Beth Doll, Ph.D.

Anticipated Graduation: 2025

Master of Arts – Educational Psychology

University of Nebraska-Lincoln, Lincoln, NE
APA and NASP Accredited School Psychology Program
Advisor: Beth Doll, Ph.D.

May 2021

Bachelor of Science - Psychological Science

Creighton University, Omaha, NE
Magna Cum Laude
Minors: Biology, Spanish and Hispanic Studies
Included a summer session at International House Madrid in Madrid, Spain, and a Winter session in Omaheke, Namibia
Advisor: Alicia (Klanecky) Earl, Ph.D.

May 2019

PROFESSIONAL LICENSURE

Provisionally Licensed Mental Health Practitioner

Nebraska Department of Health and Human Services
License # 12652
Expires: 06/11/2026
Supervisor: Mathew Gormley, Ph.D., L.P.

CLINICAL EXPERIENCE

Outpatient Therapy Intern

HopeSpoke (formally Child Guidance Center) – Lincoln, NE
Supervisors: Natalie Massie, LIMHP, Wendi Anderson, LIMHP, LMHP, LPC, and Scott Napolitano, Ph.D., L.P.

August 2022-Present

- Provide direct, outpatient clinical services to clients referred for a variety of presenting concerns, including trauma, emotion regulation, anger management, anxiety, and depressed mood utilizing trauma-focused cognitive behavioral therapy (TF-CBT), solution- focused therapy, behavioral therapy, dialectical behavioral therapy, and acceptance and commitment therapy
- Conduct biopsychosocial assessments and suicide risk assessments, develop treatment plans, monitor client progress toward treatment goals, complete session progress notes, maintain client files, and consult with clients' schools and family members
- Write case reports, consult with supervisors, and receive weekly supervision

Mental Health Counselor

August 2022-Present

Youth In Crisis Program at the Lancaster Youth Services Center – Lincoln, NE

Supervisors: Christine Carberry, LMHP, CPC and Scott Napolitano, Ph.D., L.P.

- Provide youth intake interviews and suicide risk assessments for detained youth being processed through the justice system.
- Conduct brief solution-focused therapy sessions to help youth identify coping strategies and skills to use while living in detention
- Complete case notes and consult with staff, caseworkers, attorneys, and probation officers

Student Therapist

August 2021-Present

Counseling and School Psychology Clinic at the University of Nebraska-Lincoln – Lincoln, NE

Supervisors: Heather Hruskoci, PhD, LP and Cassidy Spradlin, MA, PLMHP

- Provided individual and family therapy for youth referred for behavioral and emotional concerns (e.g., anxiety, depression, noncompliance, disruptive behavior, school related concerns, ADHD).
- Therapeutic modalities included cognitive behavioral therapy, parent management training, acceptance and commitment therapy, dialectical behavior therapy, and psychoeducation
- Received live, individual, and group supervision from advanced doctoral students
- and a licensed psychologist
- Conducted case conceptualization, treatment planning, consultation with schools, clinical note writing, and peer supervision

School Psychology Practicum Student

August 2020- May 2021

Norwood Park Elementary School, Lincoln Public Schools – Lincoln, NE

Supervisors: Wendy Morrissey, Ed.S. and Matthew Gormley, Ph.D., L.P.

- Provided school-based psychological services at a Title I elementary school serving grades PreK through 5
- Conducted comprehensive educational evaluations by administering, scoring, and writing reports using qualitative and quantitative measures and assessments
- Observed and assessed student behaviors in multiple settings, participated in student assistance process meetings, multidisciplinary team meetings, and individualized education plan meetings
- Provided direct counseling and facilitated social skills and emotion regulation groups for students with diverse needs
- Utilized bilingual proficiency and assessment knowledge to assist district in administering Spanish cognitive and academic assessments
- Received live, peer, individual, and group supervision

RESEARCH EXPERIENCE

Graduate Research Assistant

August 2019- Present

Nebraska Multi-Tiered System of Support (NeMTSS) Implementation Support Team

Nebraska Center for Research on Children, Youth, Families, and Schools

PI: Amanda Witte, Ph.D

- Evaluate empirically based academic and social/behavioral research
- Create and maintain evaluative clearinghouse of interventions
- Collaborate with the Nebraska Department of Education to develop empirically based tools to be used in classrooms and schools
- Create research briefs for the Nebraska Department of Education's Professional Learning Community
- Participate in web development and design of web-based intervention research platform

- Participate in grant-writing and reporting
- Develop IRB applications and conduct IRB approved research studies, recruit participants, collect and analyze data, and disseminate results to larger research team, Nebraska Department of Education personnel, and at national conferences

Graduate Student Member

Youth Wellness and Resilience Lab

January 2021 - Present

Department of Educational Psychology, University of Nebraska-Lincoln

PI: Beth Doll, Ph.D.

- Lead and participate in the conceptualization of research projects related to teacher training and data literacy
- Manage data and documents for relevant research projects
- Disseminate research findings through local and national conference presentations and manuscripts
- Collaborate with peers and provide feedback on independent research projects
- Manage social media content and engagement

Graduate Research Assistant

June 2021-May 2022

Coaching in Early Intervention (CEI)

Nebraska Center for Research on Children, Youth, Families, and Schools

PI: Lisa Knoche, Ph.D.

- Develop training content and materials around goal attainment scaling for use by Nebraska early childhood interventionists participating in the Coaching in Early Intervention Project
- Provide technical assistance to early interventionists using goal attainment scaling as part of the Coaching in Early Intervention Project
- Enter goal attainment scaling data into project database to monitor child outcomes

Undergraduate Research Assistant

2018-2019

Department of Psychological Science

Creighton University

PI: Jill Brown, Ph.D.

- Participated in qualitative research project in Omaheke, Namibia studying decolonized research methodology
- Collected life history narratives and created podcast to showcase decolonized methods of data collection
- Presented findings and podcast episodes to the Creighton University Department of Psychological Science faculty, the Creighton University CURAS Research Symposium, and at the 2019 Society of Cross-Cultural Research Conference in Jacksonville, FL.

Research Assistant

2018-2019

DICoN Laboratory, Department of Neurological Sciences

University of Nebraska Medical Center

PI: Tony W. Wilson, Ph.D

- Assisted laboratory personnel in data acquisition, organization, and analysis, participant recruitment, and upkeep maintenance of major laboratory equipment.

Summer Undergraduate Research Assistant

2018

UNMC Mind Research Network, Omaha, NE

PI: Tony W. Wilson, Ph.D

- Engaged in participant recruitment, data processing, and neuroimaging analysis for a cognitive neuroscience research study using magnetoencephalography

PROFESSIONAL PRESENTATIONS

POSTER PRESENTATIONS

Gondim, F. M. T., **Rangel-Pacheco, A.**, & Doll, B. (2022, August). *Identifying the Essential Components of K-12 Teachers' Data-Based Problem Solving* [Poster presentation]. American Psychological Association, Minneapolis, MN.

Swanson, L., Ee, B., Witte, A. L., Overfield, R. A., **Rangel-Pacheco, A.** (2022, April). *Changes in early elementary curricula following MTSS training* [Poster presentation]. 2022 CYFS Summit on Research in Early Childhood, Lincoln, NE.

Rangel-Pacheco, A., Witte, A. L., Overfield, R. A., Swanson, L., & Toman, G. (2022, April). *MTSS in Secondary Schools: Examining how PBIS Experience Impacts Broader MTSS Implementation* [Poster presentation]. International Conference on Positive Behavior Support, San Diego, CA.

Swanson, L., **Rangel-Pacheco, A.**, Overfield, R. A., & Witte, A. L. (2022, February). *Changes in Curricula Selection and Student Achievement Following MTSS Trainings*. [Poster presentation]. Annual convention of the National Association of School Psychologists, Boston, MA.

Rangel-Pacheco, A., Witte, A. L., Overfield, R. A., Swanson, L. (2022, February). *MTSS Implementation in Secondary Schools: Examining Educator Attitudes and Beliefs*. [Poster presentation]. Annual convention of the National Association of School Psychologists, Boston, MA.

Overfield, R. A., Swanson, L., **Rangel-Pacheco, A.**, & Witte, A. L. (2022, February). *Nebraska MTSS Program Comparison Tool: Updates and Impacts*. [Poster presentation]. Annual convention of the National Association of School Psychologists, Boston, MA.

Doll, B., White, C., **Rangel-Pacheco, A.**, Pierson, M., Denniston, J. (2022, February). Can a brief ClassMaps Survey assess school learning environments? [Poster presentation]. Annual convention of the National Association of School Psychologists, Boston, MA.

Overfield, R. A., **Rangel-Pacheco, A.**, Racine, B. C., & Witte, A. L. (2021, February). *Analyzing education interventions: Making the best choice for your students*. [Poster presentation]. The annual convention of the National Association of School Psychologists, Virtual Conference.

Kerby, H., Schumacher, R., Trefiglio Mendes Gomes, R., **Rangel-Pacheco, A.**, Sheridan, S. (2021, July) *Student-Teacher Relationships and Children's Early Learning Behaviors*. [Virtual Poster Presentation] 42nd Annual Conference of the International School Psychology Association. Nicosia, Cyprus.

Budesheim, E., Steranka, M., Maciolek, M., **Rangel-Pacheco, A.**, Backer, A. M., Ruhnke, E., Dazzio, R., Milius, H., Mulholland, H., Budesheim, T., & Klanecky, A. (2019, April). *Mental health and resilience: Working to address difficulties at Creighton*. [Poster presentation]. St. Albert's Day Conference, Creighton University, Omaha, Nebraska.

Bil, J., Kennedy, O., **Rangel-Pacheco, A.**, Cook, Z., Maynard, E., Quiros, R., Talamente, D., Ybarra, J., Martin, C., Brown, J. (2019, January) *Decolonizing love, family, and forgiveness in southern Africa* [Poster presentation]. 2019 Creighton University Research Symposium. Omaha, NE.

Brown, J., **Rangel-Pacheco, A.**, Kennedy, O., (2019, February). *The Question: Decolonizing Psychological Research in a Classroom Exercise* [Poster presentation]. Society of Cross-Cultural Research Annual Conference. Jacksonville, FL.

Rangel-Pacheco, A., Embury, C.M., Heinrichs-Graham, E., Lew, B.J. & Wilson, T. (2018, August). *Oscillatory Dynamics of Visual Selective Attention in Cannabis Users* [Poster presentation]. University of Nebraska Medical Center Summer Undergraduate Research Program Poster Symposium. Omaha, NE.

Kolby, A., **Rangel-Pacheco, A.**, Anderson, A., Jurado, K., (2017, December). *The Effect of Beauty and Job Type on Hiring Decisions* [Poster presentation]. Creighton University Department of Psychological Science Annual Research Poster Symposium. Omaha, NE.

TRAININGS DELIVERED

Witte, A., **Rangel-Pacheco, A.**, Crinion, M. (2020, October) *Evidence-Based Practices: Overview and Application*. Virtual Reading Symposium. Nebraska Department of Education. Lincoln, NE.

Witte, A. L., **Rangel-Pacheco, A.**, Swanson, L. (2020, December). *Commitment to Success: Essential Components and Applications of Fidelity*. Invited one-day workshop, Nebraska Educational Service Unit 2, La Vista, NE. (Virtual workshop).

TEACHING EXPERIENCE

Guest Lecturer, *Academic and Behavioral Assessment* (EDPS 951), University of Nebraska–Lincoln (Spring 2022).

PUBLICATIONS

PEER-REVIEWED ARTICLES

Rangel-Pacheco, A., Lew, B.J., Schantell, M.D. *et al.* (2020). Altered fronto-occipital connectivity during visual selective attention in regular cannabis users. *Psychopharmacology*. 238, 1351–1361. <https://doi.org/10.1007/s00213-020-05717-3>

BOOK CHAPTERS

Brown J., **Rangel-Pacheco A.**, Kennedy O., Kamwanyah N. (2020) Parenting into Two Worlds: How Practices of Kinship Fostering Shape Development in Namibia, Southern Africa. In: Ashdown B., Faherty A. (eds) *Parents and Caregivers Across Cultures*. Springer, Cham. https://doi.org/10.1007/978-3-030-35590-6_12

PRACTITIONER-ORIENTED PUBLICATIONS

Rangel-Pacheco, A., Sheridan, S.M., Bainter, S., Knoche, L.L. (October, 2021) *Goal Attainment Scaling Manual*. Coaching in Early Intervention (CEI).

Rangel-Pacheco, A. & Witte, A. L. (August, 2021). *Essential Components and Applications of Fidelity: An NeMTSS Research Brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (May, 2021). *The Classroom Assessment Scoring System for PreK (CLASS-PreK) and child outcomes: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (May, 2020). *Distance delivery of professional development and training: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (April, 2020). *English language proficiency assessment for the 21st century (ELPA21): An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (March, 2020). *Teaching Strategies GOLD and a Balanced Assessment System: An NeMTSS Research Brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (March, 2020). *Teacher mental health and school climate measures: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A., & Witte, A. L. (January, 2020). *MTSS evaluation research: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (November, 2019). *Explicit instruction in early childhood education: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (October, 2019). *Teacher efficacy and student achievement: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (October, 2019). *Professional development and student achievement: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

Rangel-Pacheco, A. & Witte, A. L. (September, 2019). *Explicit instruction in the classroom: An NeMTSS research brief*. Nebraska Multi-tiered System of Support (NeMTSS).

OTHER PUBLICALLY AVAILABLE MEDIA

Witte, A. L., Racine, B., Swanson, L., **Rangel-Pacheco, A.**, Overfield, R. A., & Swanson, L. (n.d.). NeMTSS Program Comparison Tool [Educational interventions clearinghouse]. <https://nemtss.unl.edu/program-comparison-tool/>

Rangel-Pacheco, A. Racine, B., Witte, A.L. (March, 2020). *Reading Assessments Crosswalk : Assessment Alignment Chart*. Nebraska Multi-Tiered System of Support (NeMTSS). Nebraska Department of Education. <https://www.education.ne.gov/nebraskareads/structured-literacy/#1648491114208-f33b2d11-db3a>

WORK EXPERIENCE

Bilingual Early Childhood Pyramid Model Coach September 2021-Present
Learning Community Center of South Omaha & One World Community Health Centers – Omaha, NE

- Provide monthly coaching sessions on the Pyramid Model to 3 Spanish-speaking early childhood care providers in South Omaha

- Collaborate with parents and providers to plan strategies for increasing positive behaviors in the childcare center or family childcare home
- Collect child level data and childcare center data via the Ages & Stages Questionnaires: Social-Emotional, Second Edition (ASQ:SE-2) and the Family Child Care Home Benchmarks of Quality (FCCH-BOQ) to assess and monitor child and program outcomes

STEM Program Facilitator and Teen Manager 2015-2019
YMCA of Greater Omaha - Omaha, NE

- Design, facilitate, and evaluate STEM programs and curriculum for K-6 in elementary schools and after-school programs
- Supervise teen counselors, plan and coordinate after-school and weekend programming events for groups of 8th-12th graders with attendance of 30-400 students

Children at Risk Education Program (CARE) Intern 2018
Pat Thomas Juvenile Justice Center- Papillion, NE

- Facilitated electronic monitoring system to track progress of youth under the jurisdiction of the Sarpy County Juvenile Court by maintaining continual contact with youth by way of telephone, home, and school visits
- Assisted with tutoring students in the credit recovery program and co-developed a career exploration curriculum for students in alternative education programs

TRIO Upward Bound Summer Residential Advisor 2016
Creighton University – Omaha, NE

- Coordinated and supervised a five-week schedule for 65 participants to engage in recreational, social, and educational activities with special attention to college readiness and career exploration while enforcing program and policy procedures governing student conduct

LEADERSHIP AND INVOLVEMENT

University of Nebraska-Lincoln, Lincoln, NE
Graduate Student Representative to the School Psychology Faculty 2021 - Present
Graduate Peer Mentor for the Student Affiliates in School Psychology (SASP) 2019 - 2021

The Joyce Ivy Foundation, Ann Arbor, MI
Associate Board of Directors Member 2020 - Present
Summer Scholars Program Scholarship Selection Committee Member 2020 - Present
Advocacy and Recruitment Committee Chair 2014 - 2015
Senior Fellow 2014

Creighton University, Omaha, NE
Sigma Lambda Gamma National Sorority Inc., Tau Delta Chapter
Chapter President 2018-2019
Vice President of Recruitment 2017-2018
Community Service Coordinator 2016-2017

TRIO Student Support Services Peer 2 Peer Mentoring Program
President 2018-2019
Vice President 2017-2018

Ratio Studiorum Program
Deurion (Faculty Advisor Teaching Assistant) 2016-2017

Ignatian College Connection Program

Interim Coordinator & Scholarship Award Committee Member

2015-2016

PROFESSIONAL SERVICE

Book Reviewer for the Nebraska Educator: A Student Led Journal	Summer 2021
Creighton University Student Support Services Graduate School Panel Member	Spring 2021
Creighton University Graduate School in School Psychology Panel Member	Fall 2019, 2021, 2022

HONORS AND AWARDS

Department of Educational Psychology Conference Travel Award	2022
Sylvia and Hans Jean Fellowship Award	2022
Creighton University TRIO Student Support Services St. Ignatius Award	2019
Ray Bucko, S.J. Scholar	2017-2019
Creighton University Deans Honor Roll	2015-2019
Creighton University TRIO Student Support Services Pacesetter Award	2016
Ignatian College Connection Scholar	2015
Horatio Alger Association State Scholar	2015
Creighton University TRIO Student Support Services Ambassador Award	2015

TRAINING AND PROFESSIONAL DEVELOPMENT

Advanced Facilitating Attuned Interactions (FAN) Training	2022
Facilitating Attuned Interactions (FAN) Training	2022
National Training Institute for Managing Challenging Behavior in Children (NTI)	2022
National Association of School Psychologists 2022 Annual Convention (NASP)	2022
Association of Positive Behavioral Supports in Schools 2022 Annual Convention (APBS)	2022
Medical University of South Carolina Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	2021
Nebraska Early Childhood Coach Training	2021
Nebraska Pyramid Model Coach Training	2021
Child Abuse and Maltreatment Training	2020
Teachers and Parents as Partners (TAPP) Training	2020

PROFESSIONAL MEMBERSHIPS

American Psychological Association	2022
Association for Positive Behavioral Supports (APBS)	2022
National Association of School Psychologists (NASP)	2019 - Present
Nebraska School Psychologist Association (NSPA)	2018 - 2019
Society for Cross-Cultural Research	2018 - 2019

LANGUAGES

English: Native Speaker

Spanish: Native Speaker

ASSESSMENTS AND INTERVENTIONS

Adaptive Behavior Assessment System, Third Edition (ABAS-3)
Ages & Stages Questionnaires: Social-Emotional, Second Edition (ASQ:SE-2)
Behavior Assessment System for Children –3rd Edition (BASC-3)
Behavioral Observation of Students in Schools (BOSS) Observation System
Bilingual Verbal Ability Test (BVAT-NU)
Children’s Depressive Inventory 2 Edition (CDI 2)
Conners, 3rd Edition (Conners-3)
Family Child Care Home Benchmarks of Quality (FCCH-BOQ)
Functional Behavior Assessment (FBA)
Kaufman Assessment Battery for Children II – Normative Update (KABC-II NU)
Kaufman Test of Educational Achievement, 3rd Edition (KTEA-3)
Test of Early Reading Ability, 4th Edition (TERA-4)
Test of Early Written Language, 3rd edition (TEWL-3)
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
Parenting Stress Index, 4th Edition (PSI-4)
Test of Written Language, 4th Edition (TOWL-4)
Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)
Wechsler Nonverbal Scale of Ability (WNV)
Wechsler Preschool & Primary Scale of Intelligence, Fourth Edition (WPPSI-IV)
Woodcock-Johnson Tests of Achievement, Fourth Edition (WJ-IV ACH)
Woodcock-Johnson Tests of Cognitive Abilities, Fourth Edition (WJ-IV COG)
Woodcock-Muñoz Language Survey- Revised, Normative Update (WMLS-R NU)
Zones of Regulation