Weekly Wednesday

Department of Educational Psychology



What's Inside:

- 1) Top Stories
- 2) Announcements
- 3) News
- 4) Diversity, Equity, & Inclusion
- 5) Clinic Corner
- 6)The Week Ahead

ATTENTION STUDENTS

If you are not registered for either summer or fall credits by MAY 18th your nCard access to all buildings and rooms will be disabled.

This means you will NOT have access to any UNL buildings or offices.

Please register for your classes ASAP or you will be at risk of losing nCard access over the summer.



If you will not be registering for summer or fall classes but need your nCard access to remain active, please email Zee at mcronin6@unl.edu with a rationale as to why your access should remain active.

Zee and Jules have uncovered a number of EDPS relics from years past. Namely, KEYS! We've found approximately 1 boatload of keys in our office over the last few weeks.

How much is a boatload?

Well, we don't want to spoil the surprise...

Let's play a game! Category is...

HOW MANY KEYS DID JULES AND ZEE FIND?

EVERYONE is welcome to participate! Forms are available in TEAC 114.

You'll find them on Zee's desk.

Come on down to TEAC 114
between now and
Wednesday, May 8th to place
your guess! We're playing by
The Price is Right rules—
whoever guesses the
number of keys closest to
the actual number without
going over will receive a gift
card to their favorite local
coffee shop!

The Lincoln Marathon will be held this Sunday, May 5th. City Campus is a key area for the race and related weekend events. The marathon route includes sections of City Campus, including start & finish lines.

Parking restrictions, heavy traffic, runners, and fans will be factors throughout the weekend.

To learn more regarding parking and traffic changes over the weekend, visit:

https://newsroom.unl.edu/announce/unlpts/17317/94873

Want to see a map of the marathon routes? Check out this website: https://www.lincolnmarathon.org/details/

The EDPS Super Swap is NEXT WEEK!

You have 1 WEEK to donate items for the swap!

Drop off your donations in TEAC 114 no later than

WEDNESDAY, MAY 8th

The EDPS Super Swap will be held on May 10th from 10am-2pm in CPEH 125

Not sure what you can bring? Click the following link for a list of acceptable donations: https://go.unl.edu/superswap_spring2024
Ouestions? Reach out to Jules and Zee!

CONGRATULATIONS to all who are graduating this semester!

CEHS wants to celebrate you! If you are graduating this May, you are invited to CEHS' GRAD SENDOFF this Friday, May 3rd.

The event will take place from 3-5pm in CPEH 227. There will be decorative mortar boards, free professional headshots, and more!

The Department of Communication Studies invites you to join them for their lecture entitled

Data Equity: Humanizing Data for Storytelling, Social Justice, and Community Impact

Thursday, May 2 from 3:30-5:00 PM Heritage Room of the Nebraska Union

Against the backdrop of rising global inequalities, misinformation, right-wing authoritarianism, white supremacist incursions, and climate crisis, this talk will discuss the role of data and quantitative approaches to communication from a critical lens. It argues that communication plays a central role in humanizing data, bridging methodological divides between social sciences and humanities, and creating pathways to find solutions to some of the most urgent social issues of our times.

The application portal for BEST* scholarships is now open!



*BIPOC Equity in School Psychology Training

Two (2) annual awards of \$500 are given to master's/specialist or doctoral students who will be entering their first or second year of graduate training and two (2) annual awards of \$1,000 are given to an advanced master's/specialist or doctoral student who will be entering their third, fourth, or fifth year to help defer some of the costs acquired through graduate study.

School Psych PhD and Ed.S. students are encouraged to apply!

Deadline to apply:
May 31st

To learn more, please visit: https://apadivision16.org/awards-and-grants/sasp-diversity-scholarship/

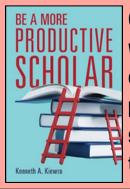
May 31st Questions? Contact the Diversity Affairs Chair, Daijah Hines at daijahhines@usf.edu

Last Week, Dr. Carrie Clark presented at the 2024 Early Childhood Summit at UNL.

Dr. Clark collaborated with DLS Students Matt Brooks, Patricia Cardellini de Almeida, Dania Javaid, Ali Shull, and Farnoosh Khandan on three poster presentations for the Summit.







Congratulations to Professor Ken Kiewra whose book, Be a More Productive Scholar, was recently published by <u>Cambridge University Press</u>. Drawing upon Ken's 25 years of productive scholar investigations, the book reveals how leading scholars are so productive and offers more than 100 recommendations for budding and seasoned scholars alike. In the fall, Ken also delivered a 5-part webinar series on this topic that was viewed by more than 2,000 scholars worldwide.

MAY IS ASIAN/PACIFIC HERITAGE MONTH!

DURING THE MONTH OF MAY, IT IS IMPORTANT THAT WE TAKE TIME TO REFLECT AND CELEBRATE THE IMPORTANT ROLES THAT ASIAN AMERICANS, NATIVE HAWAIIANS, AND PACIFIC ISLANDERS HAVE PLAYED IN OUR SHARED HISTORY.



Did you know? The month of May was chosen to commemorate the first Japanese immigration to the United States (in 1843). Additionally, it marks the anniversary of the completion of the transcontinental railroad in 1869. The majority of workers who laid the tracks were Chinese immigrants.

CHECK OUT THIS WEBSITE TO LEARN MORE ABOUT ASIAN PACIFIC HERITAGE MONTH:

https://www.asianpacificheritage.gov/

Calling All UNL LGBTQ+
members and allies!!!

The UNL Pride Affinity Group is excited to announce their first official event:

GAYME NIGHT!



Join us for a fun & relaxing evening of board games at Mana Games on THURSDAY, MAY 9th from 5:50-7:30pm.



Mana Games is a LGBTQ+ owned local business located in the Creamery Building at 701 P Street in the Haymarket. There is a wheelchair accessible entrance on the south side of the building.

The first 30 people to RSVP will play for free!
You can RSVP using the following link:
https://tinyurl.com/unlgaymenight

Opioid & Substance Use: How it Affects the Lives of our Patients

With Drs. Kenneth Zoucha, Claudia Moore, & Sara Zachman

Because substance use and SUDs impact so many aspects of a person's life, treatment is not simple. Effective treatment addresses many components of life, and to be effective, an individual treatment plan addresses particular aspects of the illness and its consequences. It is important that SUDs are seen as a chronic disease process that requires ongoing care to be effective. Resiliency factors will be addressed. This training will also address epidemiology, neurobiology, effective screening and assessment, and evidence-based treatment.

May 16, 2024 - 8:00am ∕ia Zoom

This Zoom training is **FREE** to attend. Registration is required. To register and learn more, visit:

https://go.unl.edu/opoidandsubstanceuse



May 14-15, 2024

Nebraska residents can get a \$250 discount on the two-day training from the Nebraska Department of Health and Human Services by emailing Jackie.Moline@nebraska.gov to get a coupon code before they register.

Interested? Register using the following link: https://tinyurl.com/postpartumlnk

Client Mental Health & **Multicultural Assessments**

presented by Linda Fleming McGhee, JD, PsyD



This course will address the connection between mental health and the assessment of diverse populations, including the impact of culture on diagnosis. The implications of misdiagnosing diverse populations are far-reaching and impact the life trajectory of these communities. Solutions to misdiagnosis of diverse populations will be addressed, including the use of various psychological tests and other clinician-based solutions.

Wednesday, May 15th

<u>At the end of this webinar, the learner will be able to:</u>

 Discuss how diverse populations, including those organized around race, gender, and sexual orientation, may be misdiagnosed in the assessment process;

• Describe the far-reaching impact of misdiagnosis (underdiagnosis, overdiagnosis, and incorrect diagnosis) on diverse communities; and

 Analyze solutions to misdiagnosis based on culture, including the use of various tests and clinician-based solutions.







UPCOMING OFFICE HOURS

Thurs. 5/2: 3-4pm

Fri. 5/3: 9-10am

Mon. 5/6-Wed. 5/8:

Dr. Swearer will be out of town participating in a site visit at the University of Iowa. Please contact Jules if you need any assistance.

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology University of Nebraska-Lincoln





ALL BOOKS ARE DUE BACK TO THE DEMAC LIBRARY BY MAY 16TH!





Thank you to all who participated in our guessing game!



(at least they're not bees!)

We had guesses ranging from 2 (thanks, Matt Fritz) to 3,000. However, no one nailed it perfectly.

The time has come to reveal the answer...

Drumroll please!!



Our grand 701 KEYS total came to 701 KEYS

JORDAN WHEELER, COME ON DOWN! YOU HAVE BEEN SELECTED TO WIN A GIFT **CARD TO A LOCAL COFFEE SHOP!**

> Jordan guessed 673 keys, which was the closest guess without going over!

the EDPS Super Swap is

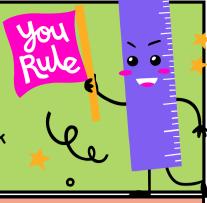
SWING BY TO SEE US ANY TIME ON FRIDAY! WE MAY GO PAST 2PM IF TRAFFIC STAYS STEADY. WE'LL HAVE SNACKS AND COFFEE PROVIDED BY DEMAC TOO!





It's teacher Appreciation Week!

We are incredibly lucky to have a department filled with such wonderful instructors. Take a moment this week to show some love and thank your favorite professors for all they do!



EDPS students:

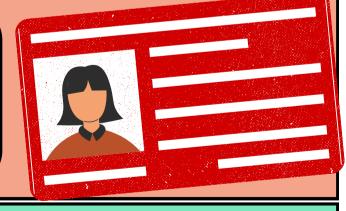
DON'T FORGET!

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CoPsych Students! We need your help!

This fall, the CoPsych program is welcoming a cohort of 10 students (3 Doctoral; 7 Masters). We need 8 students to serve as a peer mentor for the peer mentorship program. This program provides support for incoming students, answering any questions they may have as they transition into our program.

Interested? Please email Rin (knguyen21@huskers.unl.edu) for more information & to volunteer!

just received reaccreditation from the American Psychological Association for 10 YEARS! That's the longest length of accreditation a program can receive!!!

We know how hard everyone worked to make this happen. Thank you for your incredible work! You are AWESOME!

May Happiness Calendar

This month, slow down & simplify.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GG Greater Good SC Science Center ggsc.berkeley.edu greatergood.berkeley.edu			1 Practice patience.	2 Be a good listener.	3 Remove one thing from your schedule today.	A Ask for advice from someone you trust.
5 Take a mindful walk.	6 Be wary of burnout at work.	7 Give up TV for a week.	8 See people who seem different from you as unique human beings.	9 Reach out to a loved one.	10 Give yourself credit for getting things done.	11 Reflect on your own biases.
12 Celebrate Mother's Day.	13 Be accepting of your own anger.	14 Spend more time on work tasks that energize you (if possible).	15 Check out our Election 2024: Campaign for Connection!	16 Do something nice for a family member.	17 Reduce your screen time.	18 Take delight in other people's joy.
19 Sleep in.	20 Get support from people who understand you.	21 Play calming music for yourself.	22. Tell a friend what they mean to you.	28 Eat slowly and mindfully.	24 Welcome disagreement.	25 Appreciate the beauty of nature.
26 Sign up for volunteer work.	27 Say hello to your neighbors.	28 Don't let prejudice get in the way of love.	29 How compassionate is your workplace? Take our quiz to find out.	30 Take some quiet time for yourself.	31 Remember, there is hope.	•••
Doodle! On everything! Read a						

m m Sleep in!

Go to the park and find shapes in the clouds!

(not school related)
book!

May is Mental Health Awareness Month

Your mental health matters! Here are some resources from the National Association of School Psychologists:

https://go.unl.edu/nasp_resources









Calling All UNL LGBTQ+ members & allies M



GAYME NIGHT!

Join us for a fun & relaxing evening of board games at Mana Games on THURSDAY, MAY 9th from 5:50-7:30pm.

Mana Games is a LGBTQ- owned local business located in the Creamery Building at 701 P Street in the Haymarket. There is a wheelchair accessible entrance on the south side of the building.



Please RSVP using the following link: https://tinyurl.com/unlgaymenight

SEE YOU THERE!



DEMAC LIBRARY UPDATES

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Do you have books you'd like to donate to the library? Please email Jules to set up a time to drop off your books in their office.



Live Webinar May 17 - Neurodiversity Matters: Increasing the Effectiveness and Inclusivity of CBT in Clinical Practice

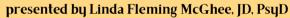


There is a growing call for clinicians to shift away from formulating neurodevelopmental differences as signs of pathology or deficit, and to move toward seeing these differences as part of normal human variation, much in the same way as other diversity factors (e.g., race, sexual orientation). This webinar will highlight the clinical implications of working from a neurodiversity perspective, with emphasis on the benefits of approaching care from a frame of inclusivity.



Use this link to register or learn more: https://go.unl.edu/abctmay17

Client Mental Health & **lulticultural Assessments**





This course will address the connection between mental health and the assessment of diverse populations, including the impact of culture on diagnosis. The implications of misdiagnosing diverse populations are far-reaching and impact the life trajectory of these communities. Solutions to misdiagnosis of diverse populations will be addressed, including the use of various psychological tests and other clinician-based solutions.

Wednesday, May 15th

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- Analyze solutions to misdiagnosis based on culture, including the use of various tests and clinician-based solutions.

9:00-11:00am PT (11am-1pm CT)



This Zoom training is FREE to attend. Registration is required. Opioid & Substance Use: How it Affects the Lives of our Patients

Because substance use and SUDs impact so many aspects of a person's life, treatment is not simple. Effective treatment addresses many components of life, and to be effective, an individual treatment plan addresses particular aspects of the illness and its consequences. It is important that SUDs are seen as a chronic disease process that requires ongoing care to be effective. Resiliency factors will be addressed. This training will also address epidemiology, neurobiology, effective screening and assessment, and evidence-based treatment.

May 16, 2024 - 8:00am Central (Via Zoom)



To register and learn more, visit: https://go.unl.edu/opoidandsubstanceuse



UPCOMING OFFICE HOURS

Thursday 5/9:1-2pm

Friday 5/10: 1-2pm

Monday 5/13: No Office Hours

Tuesday 5/14:2-3pm

Wednesday 5/15: 3-4pm

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology University of Nebraska-Lincoln



Jules' Office Hours & DEMAC Library Hours

Thursday 5/9: 2-3pm

Friday 5/10: No Office Hours

Monday 5/13:2-3pm

Tuesday 5/IL: 3-Lpm

If these hours do not work for your schedule, please email Jules to set up a time to visit the library in their office!







a note from Jules:

WOW! It's hard to believe the end of the semester is finally here! First, let me congratulate each and every one of you for making it through this academic year! And to those who are graduating: SUPER CONGRATULATIONS! I know how hard each of you work in achieving your goals, and I wish you nothing but success in all of your future endeavors! This will be our final Weekly Wednesday for the academic year. It has been a joy and a pleasure to write to you every week. The next newsletter will come out right before the start of the Fall semester, so be looking for it in your inbox come August.

As the summer months approach, I hope everyone is able to find some rest. relaxation, and FUN. I myself am going on my first vacation in almost 5 years! I will be traveling by train to Chicago next month on a vegetarian hot dog pilgrimage. I'm being 100% serious when I say that I have not been this excited in a very long time.

How about you? What are you getting up to this summer? I have a request for you: <u>PLEASE TAKE PICTURES!</u> I would LOVE to feature your summer excitement in our first newsletter next semester! Let's celebrate!



Summer in the office won't be the same without all of you, but Zee and I have big plans to keep busy! Here are some things you need to know:

- 1. We will have limited summer office hours, meaning both Zee and I may not be in the office for the entirety of the day. We will send out our office hours schedule within the next week or so!
- 2. I will be completely clearing out & reworking our EDPS Email Listservs. If you receive any funky automated emails, that's just me. I want to make sure everyone is on the proper listservs for the next AY so there is less confusion in the future!
- 3. Additionally, I have some big thoughts & plans for reformatting the Weekly Wednesday. BUT! I WILL NEED YOUR HELP! I'll be sending a survey about the newsletter to y'all this summer. If you have the time and are willing, please fill out the survey! It will also be shared at orientation.
- 4. And Finally: PLANNING FOR ORIENTATION!!! See below for the save the date

Have a safe and happy summer, everyone!!! All my best, Jules

Save the Date

AUGUST 23, 2024
New Student
Orientation

EDPS New Student Orientation will be held the Friday before classes begin. Jules will be sending out an email over the summer with the official invitation & schedule of events.

Did you know?

The UNL Counseling and School Psychology
Clinic (CSPC) has a Facebook page!

Our CSPC provides invaluable services to those across the Lincoln area. They are amazingle

Follow the CSPC on Facebook!
Share it with your friends!
https://go.unl.edu/cspcfb



The Buros Center for Testing has updated its Library Use Policies



Please refer to the revised document for relevant information about using the Oscar K. Buros Library of Mental Measurements

https://buros.org/library/policy

LET'S CELEBRATIES

Dr. Dena Abbott received the Early Career Award for Distinguished Professional Contributions in Counseling Psychology from the Society of Counseling Psychology (Div. 17). Dena was nominated and awarded this prestigious award due to her significant contribution to the science and/or the practice of counseling psychology. She will receive the award at the annual APA convention in August of 2024 in Seattle!



CONGRATULATIONS to Roshawn Hollie, a School Psych student, who received the Lloyd Bond Assessment Research summer internship from the National Board for Professional Teaching Standards!

Way to go, Roshawn!!!

Super Swap Success!

A HUGE thank you to all who donated to and attended the Super Swap! Another shoutout to DEMAC for providing such incredible local coffee & pastries for the event. It was a great time!!









mirror selfies 4 life



Didn't get a chance to stop by the Super Swap? Missed out on seeing the furniture up for grabs? Check out the link below or scan the QR code to view all available furniture from the swap!





go.unl.edu/superswapfurniture1241

Attention Studen

The Center for the Integration of Research, Teaching, and Learning (CIRTL) is offering ALEC 987 this summer!

This intensive, 5-week online course aims to strengthen undergraduate STEM education by preparing graduate students, postdoctoral scholars, and early career-faculty to be change agents in their roles in higher education. Through participation in this course, participants will be equipped with the knowledge and skills to inspire and influence others, analyze their institution's structure, and become agents of change. By the end of this course, participants will:

- Develop a professional identity as a Change Agent,
- Examine higher education institutions as complex organizations, as well as analyzing leadership approaches and change theories, and
- Develop strategies, skills, and abilities appropriate for serving as a Change Agent while holding a position as an early-career faculty member.

pioneers

ALEC 897: Change Leadership for **Inclusive Teaching** and Learning



GRADUATE STUDENTS INVITED TO ENROLL



Summer 2024

June 11-July 18 Tues & Thurs: 1pm-2:30pm Zoom options

CALLING FUTURE FACULTY

This 5-week online course aims to prepare graduate students to be prepare graduate students to be change agents in their roles as educators in higher education. Course participants will be equipped with the knowledge and skills to inspire and influence others, analyze their institution's structure, and become agents of change to promote inclusive teaching and learning. Course may be completed for graduate credit.

- Develop a professional identity as a
- Change Agent, Examine higher education institutions as complex organizations, as well as analyzing leadership approaches and change theories
- Develop strategies, skills, and abilities appropriate for serving as a Change Agent while holding a position as an early-career faculty member.





CONTACT FOR MORE INFORMATION





This course builds on a foundational understanding of evidencebased teaching and interested participants will need to share their teaching and/or teaching development experience in a brief course application. Instructors will review applications on a first-come, first-served basis and registrants from CIRTL member institutions or alumni of CIRTL member institutions will receive priority. Once registration closes, all registrants will be notified of their enrollment status

To apply for consideration, please use the following link to submit an interest form by MONDAY, MAY 20TH https://go.unl.edu/cirtlalec897



It's AAPI Heritage Month! Check out this article from LCBTQ nation that features 31 amazing AAPI LCBTO+

Click here!

https://go.unl.edn/aapilgbtq



Register below to learn about "#HotGirlScience and **Neighborhood Healing Community-Based Participatory Action** Research Approaches to Black Sexual & Mental Health" The talk will take place on Thursday, May 16th from 1:00-2:30 PM CT via Zoom. It is FREE and open to the public.

> To learn more or to register, visit: https://events.unl.edu/MHDI/2024/05/16/180286/

Tribal Standards of Care:

History, Culture, & Healing When Working With Native, Indigenous, & Tribal Populations

With Grace Johnson & Elizabeth Lovejoy Brown

This training is designed to cover the complex and multi-layered topic of Tribal Standards of Care. When working with tribal members and tribal communities it is necessary to understand historical events and their impacts today. The training covers topics of Nebraska tribes, intergenerational trauma, and outcomes that can be attributed such as: substance use, suicide, mental health diagnosis, and Missing and Murdered Indigenous Persons. Also included are behavioral health interventions with families or individuals and how culture can be used as prevention and treatment.

May 28th

This virtual training is free to attend, but registration is required. Please visit the 9am-12pm following link to register & learn more: via Zoom https://go.unl.edu/tribalstandardsofcare



Upcoming Office Hours

Thursday 5/16: 2-3pm,

Friday 5/17: 8-9am (via zoom)

Monday 5/20: 1-2pm

Tuesday 5/21: 12-1pm

Wednesday 5/22: 11am-12pm

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology University of Nebraska-Lincoln



Jules' Office Hours

please email Jules to set up an appointment



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