

# Nebraska Internship Consortium in Professional Psychology Internship Goals

Name: \_\_\_\_\_

Signature of Intern: \_\_\_\_\_

NICPP Site: \_\_\_\_\_

Signature of Primary Site Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Consortium Director: \_\_\_\_\_

**Instructions:** Save the Internship goals document in the following manner for first semester reporting: Last name, First name\_Goals\_Midyear. Save the Internship goals document in the following manner for second semester reporting: Last name, First name\_Goals\_yearend.

The training goals of the Nebraska Internship Consortium in Professional Psychology (NICPP) are diverse and represent the far-reaching nature of training and a scientist-practitioner approach to psychology. Using this document as a framework, Interns will develop at least one **Specific, Measurable, Achievable, Relevant, and Time-bound** goal(s) - that is, **SMART Goals** - in each of the NICPP training areas noted below. We also encourage individualized goals outside of the core NICPP training goals. Defining these parameters as they pertain to Intern goals helps ensure that objectives are attainable within a certain time frame. Please work with first and second semester supervisors to identify relevant goals for the duration of the internship experience, where applicable.

Add additional rows to each content area as needed. A sample goal is provided below:

Training Objectives	Actions taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1. Complete ADOS-2 training	Enroll in and complete satisfactory participation in T, 1, 2, 3 and 4 training series	Feb 1-3, 2023	Aug, 2022	-2	0

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## RATINGS

-2 = No Progress on Goal

-1 Goal Partially Met

0 = Goal Met

+1 = Goal Progress Exceeded

+2 = Goal Progress Substantially Exceeded

## ETHICAL REASONING

Apply ethical decision making to complex clinical and research activities

Training Objectives	Actions taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

## CLINICAL APPLICATION AND CONSULTATION

Develop and demonstrate knowledge and skills in delivering services and collaborating across settings and care-providers (consultation)

Training Objectives	Actions taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

## EVIDENCE-BASED PRACTICE

Develop and demonstrate a commitment to evidence-based intervention procedures

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating
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# Nebraska Internship Consortium in Professional Psychology

## Internship Goals

				Midyear	Yearend
1.					

### DIVERSITY

Demonstrate a commitment to, appreciation of, and respect for diversity and individual differences

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

### RESEARCH

Demonstrate and develop an appreciation for and commitment to research in order to inform scientific practice, research activities, and questions/skills related to clinical work

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

### CLINICAL EVALUATION

Develop and demonstrate competencies to evaluate the efficacy of your work with diverse clients and system

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

# Nebraska Internship Consortium in Professional Psychology

## Internship Goals

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### ASSESSMENT

Conduct formal and informal assessment for the purpose of designing interventions and creating recommendations

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

### SUPERVISION

Develop and demonstrate awareness of supervision needs and set goals for supervision process

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					

### INDIVIDUAL GOALS

Work with your supervisors to develop individual goals to optimize growth during the internship year. Duplicate lines as needed.

Training Objectives	Actions Taken to Meet Objectives	Timeline	Date Completed	Rating	
				Midyear	Yearend
1.					