

CATHERINE M. CARNEY, M.A., PLMHP

Department of Educational Psychology • University of Nebraska-Lincoln
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EDUCATION

- 2019 - present** **University of Nebraska – Lincoln**
Doctor of Philosophy, School Psychology
APA-accredited and NASP-approved
Dissertation (tentative title): Understanding the context of bullying: Examination of the healthy context paradox and peer acceptance for students with disabilities
Advisor: Susan M. Swearer, Ph.D., LP
Anticipated graduation: August 2025
- 2021** **University of Nebraska – Lincoln**
Master of Arts, Educational Psychology, August 2021
APA-accredited and NASP-approved
Advisor: Susan M. Swearer, Ph.D., LP
Cumulative GPA: 4.0
- 2019** **University of Nebraska – Lincoln**
Bachelor of Arts, Psychology, May 2019
Minors: Biological Sciences; Child, Youth, and Family Studies
Cumulative GPA: 4.0
Graduated with High Distinction

PROFESSIONAL CERTIFICATIONS

- 2021** **Provisional Licensed Mental Health Practitioner**
Nebraska Department of Health and Human Services
License #12789

RESEARCH EXPERIENCE

- 2021 - present** **Bullying Research Network (BRNET) Coordinator**
Supervisors: Susan Swearer, Ph.D., LP, Shelley Hymel, Ph.D., & Wendy Craig, Ph.D.
Description: Responsible for website administration and maintenance (<http://cehs.unl.edu/BRNET/>), writing and distributing monthly newsletters, facilitating communication among members, social networking, organization of events, literature reviews and searches, and disseminating new research on the topic of bullying.
- 2021 - present** **Graduate Research Assistant • T-BIP Project Director**
Empowerment Initiative Research Lab, University of Nebraska-Lincoln
Principal Investigator: Susan Swearer, Ph.D., LP

Description: Oversee Target Bullying Involvement Program implementation and data collection and entry. Other responsibilities include editing written intervention reports for lab members, facilitating interrater reliability, analyzing data, disseminating research at local and national conferences, and maintaining compliance with the university internal review board.

**2019 -
present**

Graduate Research Assistant • Nebraska Bullying Prevention and Intervention Lab

University of Nebraska-Lincoln

Supervisor: Susan Swearer, Ph.D., LP

Description: Graduate lab members meet weekly to discuss current bullying literature, receive training to assess and intervene with students who have been referred for bullying involvement at school, and conduct research to disseminate at national conferences or for publication.

**Aug 2018 -
May 2019**

UCARE Research Project • Behavior Genetics Lab

Center for Brain, Biology, and Behavior, University of Nebraska-Lincoln

Supervisors: Scott Stoltenberg, Ph.D., Grace Sullivan, M.A.

Research Project: Genetic Variation and Social Responsiveness: The Role of OXTR Genotype (rs53576) in Individual Differences in Self-Monitoring

Description: Training research assistants in data collection procedures, managing room reservations for participant-running, running participants, conducting DNA extraction and PCR for genotyping cheek cell samples, conducting a literature review, proposing a testable hypothesis. Duties also included data management and organization, conducting statistical analyses, and disseminating results at the Undergraduate Research Fair.

**Aug 2017 -
May 2019**

Research Assistant • Behavior Genetics Lab

Center for Brain, Biology, and Behavior, University of Nebraska-Lincoln

Principal Investigator: Scott Stoltenberg, Ph.D.

Description: Duties included conducting a literature review, writing an introduction to a research proposal, running participants, attending weekly lab meetings, generating a testable hypothesis, organizing data in SPSS, running statistical analyses, writing the results and discussion for a poster, and presenting a poster at the Undergraduate Research Fair.

CLINICAL EXPERIENCE

**Aug 2023 -
present**

Advanced Practicum Student • Student Therapist

Boys Town National Research Hospital, Residential Treatment Center, Omaha, NE

Supervisors: Kimberly Mackey, LIMHP, LMHP, LPC; Scott Napolitano, PhD, LP

Description: Provide individual, group, and family psychotherapy to children and adolescents ages 5-17 for behavioral and emotional concerns at a psychiatric residential treatment center.

- Aug 2022 -
May 2023** **Advanced Practicum Student • Student Therapist and Mental Health Counselor**
Youth Services Center and Outpatient Treatment Program, HopeSpoke, Lincoln, NE
Supervisors: Chris Carberry, MA, MS, LMHP, CPC; Alicia Waltman, MA, LIMHP, LADC, LPC; Scott Napolitano, PhD, LP
Description: Provide individual and family psychotherapy to children and adolescents for behavioral and emotional concerns at a community mental health center. Responsibilities include conducting biopsychosocial assessments, delivering evidence-based therapeutic interventions, and participating in interdisciplinary team meetings to inform case conceptualization and treatment planning for clients. Additional duties include consulting with caregivers, teachers, and community resources to support client progress; progress note writing; treatment planning; and engaging in individual and peer group supervision. Responsibilities at the Youth Services Center include conducting intakes and suicide risk assessments with youth, engaging in safety planning, and consulting with staff to support the development and use of coping skills for youth being processed through the justice system. Additional duties include completing case notes and communicating with caregivers and staff regarding youth mental health status.
- Feb 2022 -
May 2022** **Lead Interventionist • Small Group Facilitator**
Millard South High School, Omaha, NE
Supervisors: Eva Stalling, EdS, NCSP; Courtney Lohrenz, EdS, NCSP
Description: Provided small group intervention for anxiety-related concerns at a local high school. Responsibilities included researching and delivering evidence-based interventions for anxiety (e.g., CBT, ACT), meeting weekly to facilitate group sessions, providing updates to school staff as necessary, and monitoring treatment progress.
- Aug 2021 -
July 2022** **Student Therapist**
Counseling and School Psychology Clinic, University of Nebraska-Lincoln
Supervisors: Heather Hruskoci, PhD, LP, Linnea Swanson, MA, PLMHP
Description: Provided individual psychotherapy to youth for behavioral and emotional concerns (e.g., ADHD, anxiety, school related concerns). Responsibilities included researching and delivering evidence-based therapeutic interventions, such as cognitive behavioral therapy, and conducting assessments to inform case conceptualization and treatment planning. Additional duties included consulting with parents and teachers, report writing, treatment planning, and engaging in individual and peer group supervision.
- Aug 2020 -
May 2021** **Practicum Student • School Psychologist-in-Training**
Campbell Elementary School, Lincoln, NE
Supervisors: Christi ten Bensel, EdS; Matthew Gormley, PhD, LP

Description: Provided school-based psychological services at a diverse, Title 1 elementary school. Conducted comprehensive psychoeducational evaluations by completing record reviews; administering and scoring cognitive, academic, and behavioral assessments; and completing direct observations. Wrote integrated reports and interpreted assessment results in Multidisciplinary Team (MDT) meetings for parents and teachers. Participated in Student Assistance Team (SAT), MDT, and Individualized Education Plan (IEP) meetings. Consulted with teachers, provided direct counseling and intervention to students with behavioral and social-emotional concerns, facilitated social skills and emotion regulation intervention groups.

Aug 2019 - present **Intervention Specialist • Target Bullying Intervention Program**
University of Nebraska-Lincoln

Supervisor: Susan Swearer, PhD, LP

Description: Trained to assess students who have been referred for school bullying behaviors on relevant correlates of bullying and victimization (e.g., anxiety, depression, bullying, cognitive distortions, and self-concept) using a cognitive-behaviorally based intervention. Provided psychoeducation through the use of interviewing, worksheets, videos, and PowerPoints. Interpreted assessment data, wrote psychological reports, and conducted individualized feedback sessions with parents, teachers, and school administrators.

Aug 2019 - May 2020 **Student Clinician**
University of Nebraska-Lincoln

Supervisors: Matthew Gormley, PhD, LP; Heather Hruskoci, PhD, LP

Description: Received training in administering intellectual, cognitive, academic, and behavioral assessments to children and adolescents. Trained in scoring and interpreting the assessments as well as composing and communicating comprehensive summary reports.

SUPERVISION EXPERIENCE

Aug 2023 - present **Clinic-Based Practicum Student Supervisor**
University of Nebraska-Lincoln

Supervisor: Scott Napolitano, PhD, LP; Heather Hruskoci, PhD, LP

Description: Supervise third-year school psychology graduate students in their clinic-based practicum experience at a university clinic. Responsibilities include training and supervising doctoral students providing weekly outpatient therapy to children and adolescents with academic, social, behavioral, and emotional referral concerns. Duties include co-facilitating weekly group supervision for student therapists; providing individual supervision via live and recorded observation of weekly sessions; and monitoring individual supervisee training objectives through didactic learning, providing feedback on training objectives, assisting with treatment planning and case conceptualization, and evaluating clinical note writing.

- Aug 2022 -
May 2023** **School-Based Practicum Student Supervisor**
University of Nebraska-Lincoln
Supervisor: Matthew Gormley, PhD, LP
Description: Supervise second-year school psychology graduate students in their school-based practicum experience at local elementary and middle schools. Responsibilities include leading weekly small-group supervision; facilitation of case conceptualization, problem-solving, behavior management and principles, and assessment-related skills as they relate to student's caseloads.
- Aug 2021 -
present** **Target Bullying Intervention Program Supervisor**
Lincoln Public Schools, Norris Public Schools, University of Nebraska-Lincoln
Supervisor: Susan Swearer, PhD, LP
Description: Supervise student interventionists conducting a Tier-3 cognitive-behavioral intervention for children and adolescents involved in the bullying dynamic. Monitor training objectives, assist with intervention planning and case conceptualization, and provide feedback on progress towards training objectives.

PROFESSIONAL EXPERIENCE

- June 2023 -
present** **Mental Health Counselor**
Youth Services Center, Juvenile Detention Center, Lincoln, NE
Supervisors: Chris Carberry, MA, MS, LMHP, CPC; Wade Schluckebier, MA, LMHP
Description: Conducting mental health intakes and suicide risk assessments with youth, engaging in safety planning, and consulting with staff to support the development and use of coping skills for youth being processed through the justice system. Additional duties include completing case notes, communicating with caregivers and staff regarding youth mental health status, and co-leading psychoeducational groups for youth being detained at the Youth Services Center.
- Aug 2019 -
May 2021** **Traineeship in Concussion/mTBI Specialization**
University of Nebraska-Lincoln
Supervisors: Cody Solesbee, MA, PLMHP; Scott Napolitano, PhD, LP
Description: Studying concussions in youth and learning about related school-based assessments and interventions. Involved participating in bi-monthly seminar meetings and professional development workshops, conducting literature reviews about topics within the field, and disseminating information through presentations. Attended weekly Concussion Management Team meetings virtually with a local high school.

Nov 2019 - Student-Athlete Academic Tutor

Dec 2020 *University of Nebraska-Lincoln Complex for Student-Athletes*

Supervisors: Kim Schellpeper, MA; Pablo Rangel, MA

Description: Conducting weekly one-on-one tutoring sessions with undergraduate student-athletes by providing supplemental materials and explanations for course material.

Sept 2018 - Peer Tutor

Dec 2018 *Henzlik Pixel Lab, University of Nebraska-Lincoln*

July 2015 - Swim Instructor

Dec 2020 *Swimtastic Swim School, Lincoln, NE*

PUBLICATIONS

Manuscripts in Preparation

Carney, C. M., & Swearer, S. M. (Manuscript in preparation). I think, therefore I act: Cognitive distortions in youth involved in bullying.

Book Chapters in Preparation

Swearer, S. M., **Carney, C. M.**, Noetzel, J., & Barrett, A. (In preparation). Dignity, diversity, and the challenges of bullying and hateful speech. In V. Harrison, A. Collier, & Adelsheim, S. (Eds.), *Social media and youth mental health: A public health perspective*. American Psychiatric Association.

PRESENTATIONS

Invited Presentations

Carney, C. M., Swearer, S. M., & Kesselring, S. A. (October 2022). *An alternative to suspension for students who bully others: Target bullying intervention program* [PowerPoint presentation]. Virtual training to Brevig Mission Schools, Alaska.

Kesselring, S. A. & **Carney, C. M.** (October 2021). *COVID-19 and Student Mental Health* [PowerPoint presentation]. Outreach presentation for Humann Elementary School PTO.

Carney, C. M., Swearer, S. M., & Gutierrez, G. (June 2021). *Target bullying involvement program: An evidence-based intervention for bullying behaviors* [PowerPoint presentation]. Nebraska School Mental Health Annual Conference, Virtual presentation.

Torres, C. A., Kesselring, S. A., & **Carney, C. M.** (February 2021). *Bullying in schools* [PowerPoint presentation]. Presented to middle school students in Niobrara Public Schools, Virtual presentation.

Jones, C. M. (August 2020). *What do school psychologist do?* [PowerPoint presentation]. Presented to Psychology undergraduate courses at the University of Nebraska-Lincoln. Lincoln, NE

Poster Presentations

- Noetzel, J. S., Swearer, S. M., Willis, M. C., & **Carney, C. M.** (2023, November 16-19). Changes in levels of cognitive distortions after a CBT-based intervention for bullying: Influence of callous and unemotional traits. Poster proposal accepted to the 57th Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
- Wick, K. M., **Carney, C. M.**, Alcaraz-Bigelow, J., Caddell, K., & Clark, C. A. C. (2023, August 3-5). Coping in a time of global crisis: Exploring student narratives during the COVID-19 pandemic [Poster presentation]. American Psychological Association annual convention, Washington D.C.
- Carney, C. M.**, Swearer, S. M., & Rejman, E. (2023, February 7-11). Personal distress and internalizing problems for youth involved in bullying [Poster presentation]. National Association for School Psychologists convention, Denver, CO.
- Carney, C. M.**, & Swearer, S. M. (2022, February 15-18). The healthy context paradox for targets of bullying [Poster presentation]. National Association for School Psychologists convention, Boston, MA.
- Kesselring, S. A., Swearer, S. M., **Carney, C. M.**, White, C., & Swanson, L. R. (2022, February 15-18). Sexual identity acceptance among victimized LGBTQ and questioning youth [Poster presentation]. National Association for School Psychologists convention, Boston, MA.
- Carney, C. M.**, Swearer, S. M., Crinion, M. P., & Kesselring, S. A. (2021, November 18-21). I think, therefore I act: Cognitive distortions in youth involved in bullying [Poster presentation]. Association for Behavioral and Cognitive Therapies 55th Annual Convention, Online conference.
- Crinion, M. P., Swearer, S. M., **Carney, C. M.**, & Noetzel, A. (2021, August 12-15). Bullying intervention treatment acceptability among students with disabilities [Poster presentation]. American Psychological Association convention, Online Conference. [Division 16 Student Blue Ribbon Winner].
- Jones, C. M.**, Kesselring, S. A., Swearer, S. M., & Palacios, R. A. (2020, November 19-22). Is family support enough? Exploring the role of perceived support for LGBTQ youth when coping with bullying victimization. [Poster presentation]. Association for Behavioral and Cognitive Therapies 54th Annual Convention, Online Conference.
- Crinion, M., Swearer, S. M., & **Jones, C. M.** (2020, August 6-8). Perceptions of power imbalance across roles in the bullying dynamic. [Poster presentation]. American Psychological Association convention, Online Conference.
- Kesselring, S. A., Swearer, S. M., Morris, T., & **Jones, C. M.** (2020, August 6-8). Power imbalance: Internalizing problems in youth involved in bullying. [Poster presentation]. American Psychological Association convention, Online Conference.
- Kesselring, S. A., Swearer, S. M., **Jones, C. M.**, & Swanson, L. (2020, August 6-8). The role of LGBTQ identity status in bullying involvement. [Poster presentation]. American Psychological Association convention, Online Conference.
- Swanson, L., Swearer, S. M., Kesselring, S. A., **Jones, C. M.**, & Palacios, R. A. (2020, August 6-8). Promoting positivity: The interaction of optimism and coping on depression. [Poster presentation]. American Psychological Association convention, Online Conference.

Jones, C. M., Sullivan, G., & Stoltenberg, S. F. (2019). Self-monitoring is not associated with biological sex or *OXTR* (rs53576) genotype. Presented at the 2019 Undergraduate Research Fair, University of Nebraska-Lincoln.

Jones, C. M., Ashby, A. S., Sullivan, G., & Stoltenberg, S. F. (2018). Do gender and *MAOA* genotype predict emotion regulation? Presented at the 2018 Undergraduate Research Fair, University of Nebraska-Lincoln.

GRANTS, SCHOLARSHIPS, AND FUNDING

Jan 2022 **Sylvia and Hans Jeans Fellowship**

Aug 2018 - **UCARE Research Funding**

May 2019 *University of Nebraska-Lincoln*

Amount awarded: \$2,400 to complete the undergraduate research project, Genetic Variation and Social Responsiveness: The Role of *OXTR* Genotype (rs53576) in Individual Differences in Self-Monitoring

Aug 2015 - **Regents Scholarship**

May 2019 *University of Nebraska-Lincoln*

Amount awarded: Valued at full tuition until the completion of a bachelor's degree

INVOLVEMENT

April 2022 **Graduate Student Volunteer Judge • Student Research Days**

University of Nebraska-Lincoln

Description: Judges are assigned 2-6 posters registered for the Undergraduate Student Research Days event. Posters and presenters are to be judged based on visual content and organization, oral content and organization, and knowledge. Judges are expected to submit official scores for each assigned poster and presenter.

Aug 2021 - **NASP Representative • Student Affiliates of School Psychology (SASP)**

May 2023 *University of Nebraska-Lincoln*

Description: Faculty-nominated, two-year position. Serve as an ambassador between your campus and the National Association for School Psychologists (NASP). Invited to student leader groups at annual NASP conventions. Receive monthly emails from NASP to share with program members. Lead and organize the National School Psychology Week (NSPW) activities on campus every year in November. Assist the social chair in organizing a program social at the annual NASP convention. Support other Student Affiliates of School Psychology (SASP) board members in organizing other events and activities.

2020 - **School Psychology Program Mentor**

present *University of Nebraska-Lincoln*

Provided resources and support to first-year students in the University of Nebraska-Lincoln School Psychology program.

Oct 2019 Volunteer Student Clinician

Counseling and Psychological Services, University of Nebraska-Lincoln

Description: Administered mental health screenings to individuals as part of National Depression Screening Day. Scored and reviewed screening results with participants, made appropriate referrals, and provided resources.

2019 - Member • Diversity and Ethnic Minority Affairs Committee (DEMAC)

present *University of Nebraska-Lincoln*

2019 - Member • Student Affiliates of School Psychology (SASP)

present *University of Nebraska-Lincoln*

MEMBERSHIPS AND HONORS

2023 - present American Psychological Association

Division 16 and Division 56

2023 - present International Association for Correctional and Forensic Psychology

2019 - present National Association of School Psychologists

2019 - present National Center for Faculty Development and Diversity

2022 - 2023 Nebraska Psychological Association

2020 - 2021 Society for Research on Adolescence

2019 - 2023 Nebraska School Psychologists Association

2015 - 2019 Dean's List, College of Arts and Sciences, University of Nebraska-Lincoln

April 2018 Phi Beta Kappa, University of Nebraska-Lincoln

March 2017 Alpha Lambda Delta/Phi Eta Sigma, University of Nebraska-Lincoln

Feb 2017 Student Art Competition Participant, University of Nebraska Eisentrager-Howard Gallery

Dec 2016 Teacher of the Year Award, Swimtastic Swim School, Lincoln, NE

PROFESSIONAL DEVELOPMENT

Aug 2023 Pre-Service Workshop and Training, Boys Town National Research Hospital, Omaha, NE

May 2023 Gang Trends in Lincoln, NE, Virtual training presented by Sgt. Jeff Sorensen of the Lincoln Police Department Gang Unit to HopeSpoke Staff and Therapists

May 2023 Understanding Self Harming Behaviors and Suicide Threats, Virtual training presented by Dr. Arnold Remington to HopeSpoke Staff and Therapists

May 2023 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) online training and certification, Medical University of South Carolina

March 2023	Developmental Trajectories to Antisocial Behavior, Virtual training presented by Dr. Stuart White to HopeSpoke Staff and Therapists
Feb 2023	National Association of School Psychologists Annual Conference, Denver, CO
Dec 2022	Assessing and Treating Trauma-Related Problems Across the Developmental Spectrum, APA Webinar
Aug 2022	Safe Environment Online Training, Catholic Diocese of Lincoln, Lincoln, NE
April 2022	“Disabled People, Disabled Culture” presentation hosted by the Office of Academic Success and Intercultural Services, UNL
Feb 2022	National Association of School Psychologists Annual Conference, Boston, MA
Sept 2021	Using Dialectical Behavior Therapy to Reduce Self Harm and Suicidality in Adolescent and Young Adult Male and Female Populations, APA Webinar
Sept 2021	Safe Environment Online Training, Catholic Diocese of Lincoln, Lincoln, NE
March 2021	Nebraska Brain Injury Conference (Virtual)
2020	Nebraska School Psychologists Association Annual Conference (Virtual)
Feb 2020	Child Abuse 101 Training, University of Nebraska-Lincoln
Nov 2019	Behavioral Health Education Center of Nebraska Telehealth Training Module
Oct 2019	Teachers and Parents as Partners Online Training
2019	Nebraska School Psychologists Association Annual Conference, Lincoln, NE
May 2019	MRI Safety Training, Center for Brain, Biology, & Behavior, UNL

ASSESSMENTS AND INTERVENTIONS

Acadience Math Assessments

AIMSweb Benchmark and Progress Monitoring Measures for Response-to-Intervention

Ask Suicide-Screening Questions (ASQ) Suicide Risk Screening Tool, NIMH

Ask Suicide-Screening Questions (ASQ) Brief Suicide Safety Assessment, NIMH

Behavior Assessment System for Children, Third Edition (BASC-3)

Bilingual Verbal Ability Test (BVAT)

Child Behavior Checklist (CBCL)

Child PTSD Symptom Scale Self-Report (CPSS-SR)

Children’s Depression Inventory (CDI)

Circle of Friends Social Skills Group

Daily Living Activities (DLA-20) Functional Assessment

Draw a Bullying Situation (DABS)

Functional Behavior Assessment (FBA)

Generalized Anxiety Disorder Scale (GAD-7)

Global Assessment of Functioning (GAF) Scale

How I Think Questionnaire (HIT)

Interpersonal Reactivity Index (IRI)

Inventory of Callous-Unemotional Traits (ICU)

Kaufman Test of Educational Achievement, Third Edition (KTEA-3)
Kindness & Bravery Scale (KBS)
Multidimensional Anxiety Scale for Children, Second Edition (MASC-2)
Patient Health Questionnaire 9-item Depression Scale (PHQ-9)
Self-Perception Profile for Children (Harter)
Sound Partners Intervention
Stepping Stones to Literacy Intervention
Super Flex Social Skills Curriculum
Swearer Bully Survey System
Target Bullying Intervention Program (T-BIP)
Thoughts About School (TAS) Questionnaire
Test of Early Written Language, Third Edition (TEWL-3)
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
Treatment Evaluation Inventory (TEI)
Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)
Wechsler Nonverbal Scale of Ability (WNV)
Woodcock-Johnson Tests of Achievement, Fourth Edition (WJ-IV)
Woodcock-Johnson Tests of Cognitive Abilities (WJ-IV)
The Zones of Regulation Curriculum