

GUARDIAN CONSENT FORM (OPT Programming and Surveys)

Only legal guardians of youth younger than 18 who attend HOOVER HIGH can complete this form.

- ✓ *Youth who return the form, whether it indicates they can or cannot participate, will receive a \$15 virtual VISA gift card.*
- ✓ *Guardians who sign the form, either saying 'YES' or 'NO' to allowing their teen to participate, will receive a \$15 virtual VISA gift card.*
- ✓ *Deadline to sign and return: Friday, October 13th, 2023.*
- ✓ *Please refer to PAGE 5 for signatures and return information!*

IRB #: 22811

Study Title: Project LIVE (Love, Inclusivity, Values, and Education)

Contact Information:

Email: projectlive@unl.edu

Phone: 515-410-6536

Website: <https://go.unl.edu/projectlive>

Social Media: @unl.ProjectLIVE on Facebook and Instagram

1. Key Information:

- Des Moines Public Schools (DMPS) students registered at Hoover High School during the 2023-2024 school year are eligible to participate.
- Your teen's participation includes: 1 pre-test survey (30 minutes), 6 sessions of a sex trafficking prevention curriculum (45-minutes/session or 4.5 hours total), 6 post-session surveys (5 minutes each/30 minutes total), and 1 post-test surveys (30 minutes). Your teen will not be graded on the surveys.
- There are a few risks associated with this study (see below).
- Your teen's information will be anonymous (see below).
- Your teen's anonymous data may be shared (see below).
- Your teen will have the chance to win \$100 incentive for participating.
- Your teen will be provided with a youth assent form and can decline to participate even if you say it is OK for them to participate.
- **Please return by Friday, October 13, 2023.**

Invitation. You are being asked to allow your teen to participate in a research project aimed at preventing sex trafficking of youth. The research is being conducted by Dr. Katie Edwards

from the University of Nebraska-Lincoln, in collaboration with the Set Me Free Project and DMPS. The program will be incorporated into your teen's P.E. course. The project is funded by the Centers for Disease Control and Prevention (CDC) and is not in response to any particular incident.

Why is your teen being asked to be in this research study? Your teen is being asked to be in this study because your teen attends Hoover High School during the 2023-2024 academic year.

What is the reason for doing this research study? DMPS wants to implement and receive feedback on READY to Stand™ (RTS) Curriculum, a school-based prevention program aimed at preventing sex trafficking. Beyond participating in the curriculum, we would like to get feedback from teens so that we can make the program as effective as possible for other youth.

What will be done during this research study? The project consists of the following elements.

- **Program Delivery:** The RTS Curriculum consists of six 45-minute modules (e.g., healthy relationships, valuing self and others), presented by trained Set Me Free Project Program Educators as a regularly scheduled part of your teen's PE classes. The RTS Curriculum will be presented to all teens in English.
- **Program Evaluation:** Your teen will be asked to complete a survey prior to program delivery (pre-test survey, 30 minutes), after each of the six sessions (post-session surveys, 5 minutes) and after all six sessions have been delivered (post-test survey, 30 minutes). There are no "wrong" answers on these surveys. Surveys will NOT be graded. They are anonymous. These surveys are available in English and Spanish.

How will my teen's data be stored or shared? We will protect the confidentiality of your teen's information to the extent possible. The surveys are anonymous and what your teen tells us will be kept private. This means that we will not share what they tell us with other people UNLESS they tell us: (1) that they are being hurt or abused, (2) that they plan to hurt themselves or someone else, and/or (3) if someone else, like an elder or other teen or child, is being hurt or abused. If you decide to allow your teen to participate in the project and your teen told us about any of these things or we were to witness child abuse, we will have to notify Iowa Department of Health and Human Services and someone in DMPS. We will also tell someone at your teen's school like a counselor.

Your teen's responses will be reported in terms of groups of participants rather than as individual cases. However, in presentations and publications, participants' responses may be used in the form of quotations. No names or other identifying information will be included.

Those who will have access to your teen's research records are the study personnel, the Institutional Review Board (IRB), and any other person, agency, or sponsor as required by law or contract or institutional responsibility. If these individuals were to access the data, your teen's name would not be associated with it.

Finally, the CDC has asked researchers to share as much data from this study as we can with other researchers. We will share your teen’s data, without any information that could identify them, like their name or where they live, in a special database for other scientists who are doing research. We will only share de-identified data, in which research participants and schools will be identified by a number, and DMPS will be referred to as “a school district in a city in the Midwest” (or a similar variation). Sharing your teen’s data helps scientists learn new and important things more quickly. Any scientists interested in using teens’ data would have to put in a special request, promise to keep the data safe, and promise not to try to learn teens’ identity. We cannot remove your teen’s data if you change your mind because the data are anonymous. So, you are agreeing for your teen’s de-identified data (no names, etc.) to be put together with other teens’ data to be shared in a database by saying you want to be in this study. This sharing is not sharing your information for future research. It is only sharing data from this specific study.

Public Information About this Study. ClinicalTrials.gov is a website that provides information about federally and privately supported clinical trials. A description of this clinical trial will be available (<http://www.ClinicalTrials.gov>) as required by U.S. Law. This website will not include information that can identify you or your teen. At most, the website will include a summary of the results. You can search this website at any time.

Certificate of Confidentiality. You should also know that we have a Certificate of Confidentiality from the Federal Government. This means that if someone came to us and asked for information about your teen or other people in the project, we could use this Certificate to refuse to give them information. This Certificate is to help us protect your teen’s privacy. Yet, it does not prevent you or a member of your family from voluntarily releasing information about your teen or your teen’s involvement in this research. If you give your written consent to someone to receive research information, then we may not use the Certificate to withhold information.

What are the possible risks of being in this research study? The risks to participation are minimal. Sometimes when talking about topics like sex trafficking, people may feel sad, anxious, or awkward. However, trained Program Educators and members of the research team will be available and accessible to teens during program implementation and data collection. We will also provide a list of resources they can access if they want help.

What are the possible benefits to your teen? Your teen may not benefit from being in this project. However, some people tell us that they enjoy participating in research and like to share their ideas and help other people and their community.

What are the possible benefits to other people? The benefits to society include a better understanding of how to prevent sex trafficking of teens.

What are the alternatives to being in this research study? Instead of being in this research study you can choose not to allow your teen to participate. If your teen does not participate, they will engage in a physical education activity (such as walking laps or a

physical activity typical for teens enrolled in P.E. course). Teens will be supervised by their regular P.E. teacher or other school staff if they do not participating in the RTS Curriculum.

What will being in this research study cost you or your teen? There is no cost to you or your teen to be in this research study.

Will your teen be compensated for being in this research study? We will do a drawing for 1 in 5 \$100 gift cards for the surveys teens take before the program; another drawing for 1 in 5 \$100 gift cards for the surveys teens take after the program; and another drawing for a \$100 gift card after each of the 6 classes. There will be a total of 16, \$100 gift cards. We expect about 450 teens to participate (in fall and spring) so each teen has a 4% chance of winning. All teens will get project swag (e.g., bracelets, pencils). Drawings will be done electronically by a UNL researcher within a few months of the start of the program. If your teen wins a gift card, you will be asked to fill out a form saying the gift card was received, but your survey answers/feedback will not be connected to the form confirming receipt of the incentive. This is in addition to the \$15 virtual cards you and your teen will get for turning in this form.

What should you do if your teen has a problem during this research study? Your teen's well-being is important to us. If there is a concern as a direct result of being in this study, you should immediately contact Dr. Edwards listed at the beginning of this consent form. While participating in the study, your teen will receive and have ongoing access to a list of resources that they can contact. Also, participation is voluntary, and your teen can stop at any time or choose to not be involved, even if you say they can.

How will information about your teen be protected? All research records will be securely stored electronically through University-approved methods and will only be seen by the research team and/or those authorized to view, access, or use the records.

What are your teen's rights as a research subject? Your teen may ask any questions about this research and have those questions answered at any time. Your teen may also decide not to participate even if you say that they can participate. Your teen can stop participating at any time and can choose not to answer any questions and still be eligible for compensation.

Who should I contact if I have questions or concerns about this research project? If you have questions about this project, you can contact Dr. Katie Edwards, the principal investigator, by email (ProjectLIVE@unl.edu) or phone (514-410-6536). You can also contact the IRB at the UNL if you have questions about your teen's rights as a participant or if you have concerns about this project at 402-472-6965 or irb@unl.edu. As the caregiver/legal guardian providing consent, you have the right to review the materials related to this research. To do so, please contact the project phone number or email listed at the beginning of this form. The survey is also posted on our website (Website: <https://go.unl.edu/projectlive>).

What will happen if you decide not to allow your teen to be in this research study or decide they need to stop participating once they start? You can decide to allow your teen to be in this research study or not; you can have your teen stop being in this research study

("withdraw") at any. Deciding not to allow your teen to be in this research study or deciding to withdraw will not affect you or your teen's relationship with the investigator or with UNL. You and your teen will not lose any benefits to which you or they are entitled.

Documentation of informed consent You are voluntarily deciding whether or not to allow your teen to be in this research study. Please contact us if (1) you have read and **do not** understand this consent form and/or (2) you desire any element of the consent form clarified or explained to you. You can also download a copy of this consent form (Website: <https://go.unl.edu/projectlive>).

Caregiver Notification Form. I have read the information about the research being conducted by the University of Nebraska-Lincoln. Please check the box below indicating whether or not you want your teen to take part in programming and research.

Place a check mark (X) in one of the boxes below.		
<input type="checkbox"/>	YES , my teen does have permission to participate in the RTS program and associated research (pre-/post-surveys; post-session surveys).	
<input type="checkbox"/>	NO , my teen does not have permission to participate in the RTS program or associated research (pre-/post-surveys; post-session surveys).	
Legal Guardian Information		
Guardian/Parent Name (printed):		
Guardian/Parent Signature:		Date:
Guardian/Parent email: (a valid email must be provided to receive the \$15 virtual gift card)		
Teen's Information		
Teen's Name:		
Teen's Grade:	Teen's Age:	Teen's school:
Teen's email: (a valid email must be provided to receive the \$15 virtual gift card)		

Please return this form NO LATER than Friday, October 13th, 2023 by:

1. Returning to your teen's school (PE Teacher);
2. Taking a picture of this form and emailing it to ProjectLIVE@unl.edu
3. Taking a picture of this form and texting it to 515-410-6536
4. Call, text, or email us (info above) to come and pick this form up from you!
5. Completing online: go.unl.edu/PLconsent23