



**Peaceful Means**  
**PHASE I - Open Pilot Trial Youth Survey for Children (Grades 3<sup>rd</sup>-5<sup>th</sup>)**

**NOTE FOR PARENT/GUARDIAN**

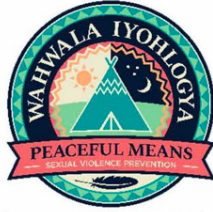
Included in this document are the surveys for children in grades 3<sup>rd</sup> through 5<sup>th</sup>. We also included the youth assent form so that you can see everything your child/children will see/be asked to complete if you give them permission to do the surveys. It is important that you know that research is important to ensure that programs like IMpower are working to reduce sexual violence and promote positive youth development. Results can support other Indigenous communities deciding to participate in IMpower and help to secure funding to sustain IMpower on Pine Ridge Reservation. Students in grades 3-12 (we will not survey K-2 students) will complete age-appropriate surveys that have been used in research across the nation, including with Indigenous youth, to ensure that IMpower is making things like sexual violence happen less and things like mattering, empowerment, and hope for the future happen more. Please keep in mind the following:

- Youth will only take surveys with written guardian permission.
- Surveys will be available to school personnel and caregivers to review before they are offered to students.
- Surveys are optional and short; youth can also skip questions they do not want to answer.
- Surveys will provide important information to help youth on Pine Ridge for years to come.
- Surveys will be anonymous (no names are collected on the surveys).
- Surveys are not upsetting for most youth and youth who report being upset during or after taking surveys will be connected to the appropriate resources in the school and community.
- Surveys do not cause youth to engage in risky behaviors.
- Surveys will give schools helpful information to support positive futures for students.
- The OST (Oglala Sioux Tribe) owns the data. Research will be approved and overseen by the OST RRB (Research Review Board) and the UNL IRB (Institutional Review Board). Lakota relatives have provided and will continue to provide leadership on all publicly disseminated documents (e.g., community reports, papers). Schools will never be named in any publicly circulated documents, and all data will be aggregated.

**THE CONTENTS FOLLOWING THIS PAGE IS WHAT YOUTH WILL HAVE ACCESS TO**

The Youth Assent Form, Photo Release Form, and Contact Information will not be linked to the survey questions.

The survey is anonymous.



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Website. <https://go.unl.edu/peacefulmeans>

### **CHILD ASSENT FORM (OPT-SCHOOL & AGENCY)-GRADES 3 to 5**

This form tells you more about the project so that you can decide if you want to be part of it. Your parent/caregiver has told us that you can be part of this project, but it is up to you if you want to be in it.

This research is being done by people at the University of Nebraska—Lincoln (UNL); UNL is funding Peaceful Means.

#### **What do I do in this project?**

We are asking you to be part of a project. The project has a few parts.

First, you will do a program called IMpower. The classes will focus on how to stay safe from abuse. You will learn skills and get information on who to go to if you need help. You will do the class with other kids. Be sure to follow directions when practicing the skills.

Second, you will be asked to do some surveys before and after the program. The surveys will ask you about your thoughts and feelings.

Third, you will be asked to participate in a group discussion with about 10 to 15 kids. The discussion will be about what kids liked and didn't like about the program. We will get kids' ideas on how to make it better.

#### **What will you do with the information I tell you?**

Your answers on the survey are private. But, if you tell us that (1) a child is being hurt or abused, (2) that you plan to hurt yourself or someone else, and/or (3) someone else, like an elder, is being hurt or abused, we will have to share this information with someone to make sure that you and other people are safe. The surveys do not ask about this stuff.

As a group, we will have an agreement to honor one another by keeping what is said in the group discussions private. But we cannot promise that other people in the group will not share what you and other people say.

**How might I feel being in this project?**

Sometimes kids say they feel sad or weird when taking surveys. Remember, you do not have to answer questions you do not want to answer.

You can talk to an adult you trust or one of us at Peaceful Means if you are worried about yourself or another kid.

**Do I have to be in this project?**

No, you do not have to be in this project. If you say you do not want to do this project, you will not be in trouble. You can start being in this project and stop being in the project at any time. You can also decide not to questions that you do not want to answer.

**What will I get from being in this project?**

You will have the chance to win some gift cards if you do this project. There are not a lot of gift cards so the chances of you winning one is pretty small like 3%. All kids will get things like a pencil and bracelet.

Do you want to be in this project?

- Yes
- No

Please write your name:

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WEBSITE: <https://go.unl.edu/peacefulmeans> | Phone: 605-430-9575 | EMAIL: [peacefulmeans@unl.edu](mailto:peacefulmeans@unl.edu) | @PeacefulMeans

**VIDEO, AUDIO, AND PHOTO RELEASE FORM**

The mission of Wahwala Iyohlogya (Peaceful Means) is to end sexual violence on the Pine Ridge Reservation. We will do this through delivering empowerment-based, culturally-grounded programming to all children and youth on Pine Ridge. As part of this project, youth on Pine Ridge will create a documentary that highlights the strength and resilience of Indigenous people and the impact of the work of Wahwala Iyohlogya. We respectfully request your permission to participate in the documentary and other video, audio, and photo portions of the project.

**By signing this form, I am giving staff of UNL’s Wahwala Iyohlogya/Peaceful Means (and its affiliates and associates) the rights to use photos, audio, and/or video clips of me.** I understand that photos, audio, and/or videos (including interviews) may be altered (e.g., only showing part of the recording I am in rather than all the recording). I also understand that photos, audio, and/or videos of me may be shown in a lot of different ways like on websites, social media, in printed material, films, etc. and that I am not being paid for the use of photos, audio, and/or videos of me. Finally, I understand that by signing this form I can never take action against Wahwala Iyohlogya/Peaceful Means, IMpower United, and/or UNL (and all its staff/affiliates/associates) for use of photos, audio, and/or videos of me.

Signature: \_\_\_\_\_

Printed First and Last Name: \_\_\_\_\_

Date: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Who is your legal guardian (the person who takes care of you and/or signs your paper for school)?

\_\_\_\_\_

## Contact Information

Please answer the following questions so that we can contact you if you win one of the gift cards. We will also contact you if you miss answering our questions (the survey). If you miss, we'll ask you if you want to take it on a phone or computer. We will never share your answers. These first questions are saved separately from the rest of your answers. Your name will not be saved with your answers. So we won't know your answers.

What is your first name?

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What is your last name?

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What is your phone number? Leave blank if you don't know.

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What is your email? If you don't have an email, you can put the email of a person who takes care of you. Leave blank if you don't know.

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What is your social media handle, like your name on social media? If you don't have social media or don't remember, you can put the social media handle of a person who takes care of you. Leave blank if you don't know.

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What is another way to reach you if you win the gift card? Leave blank if you don't know.

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**The following contents will not be linked to your contact information.**

Welcome to the survey (the thing you are completing right now).

Remember, the following questions will not be linked to your name and contact information that you previously shared.

The next set of questions are used so that we can connect your answers over time without knowing your name (meaning no surveys will have actual names on them). This helps us to put your surveys together over time. If you are not sure of something, don't worry just choose None/ Not Available.

What is the first letter of your mother's or female caregiver's FIRST name? If you don't have a female caregiver, select "None/ Not Available".

None/ Not Available

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

W

X

Y

Z

What is the first letter of your father's or male caregiver's FIRST name? If you don't have a male caregiver, select "None/ Not Available".

None/ Not Available

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

W

X

Y

Z



What is the first letter of your FIRST name?

None/ Not Available

A

B

C

D

E

F

G

H

I

J

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V

W

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Y

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What is the last letter of your FIRST name?

None/ Not Available

A

B

C

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J

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L

M

N

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U

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W

X

Y

Z

What is the first letter of your LAST name?

None/ Not Available

A

B

C

D

E

F

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I

J

K

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N

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W

X

Y

Z

What is the last letter of your LAST name?

None/ Not Available

A

B

C

D

E

F

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X

Y

Z

On what month were you born?

- None/ Not Available
- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

On what day were you born?

- None/ Not Available
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13

- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30
- 31

On what year were you born?

- None/ Not Available
- 1995
- 1996
- 1997
- 1998
- 1999
- 2000
- 2001
- 2002

- 2003
- 2004
- 2005
- 2006
- 2007
- 2008
- 2009
- 2010
- 2011
- 2012
- 2013
- 2014
- 2015
- 2016
- 2017
- 2018
- 2019
- 2020
- 2021
- 2022
- 2023

How old are you?

- 6 years old
- 7 years old
- 8 years old
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old
- 20 years old
- 21 years old
- 22 years old
- I don't want to answer this question



What grade are you in right now?

- 3rd grade
- 4th grade
- 5th grade
- 6th grade
- 7th grade
- 8th grade
- 9th grade
- 10th grade
- 11th grade
- 12th grade
- I don't want to answer this question

What school are you currently taking this survey in? The survey is the thing you are doing now that is asking you questions.

- Batesland Elementary
- Batesland Middle School
- Bennett County Middle School
- Bennett County High School
- Crazy Horse Elementary School
- Crazy Horse Middle School
- Crazy Horse High School
- Martin Elementary School
- Oelrichs Elementary School
- Oelrichs Middle School
- Oelrichs High School
- Rockyford Elementary School
- Rockyford Middle School
- Another school (write in): \_\_\_\_\_
- I don't want to answer this question

For the classroom that you are in right now, what is your teacher's name?

\_\_\_\_\_

What best describes you?

- Boy
- Girl
- I choose to write in: \_\_\_\_\_
- I don't want to answer this question

What best describes you? You can pick more than one.

- American Indian or Alaska Native (this is also Lakota/Indigenous)
- Asian
- Black or African American
- Hispanic/Latino/Latinx
- Native Hawaiian or Other Pacific Islander
- White
- I choose to write in:
- I don't want to answer this question

This question is to make sure the survey is working okay. Please pick the answer below that says 'Red'.

- Yellow
- Blue
- Red
- Green
- I don't want to answer this question

How much do you agree or disagree with the following statements?

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am happy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am doing fine.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel exhausted (very tired) by everything.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I worry a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel sad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get upset quickly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not in the mood for anything.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often think I did something wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This question is to make sure the survey is working okay. Are you over 20 feet tall? This is about as tall as a two-story building.

- Yes
- No
- I don't want to answer this question.

Answer these questions based on whether you feel the statements are “True” or “False”.

	True	False	I don't want to answer this question
You always have to keep secrets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes it's OK to say “no” to a grown-up.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even hugs and kisses can turn into not OK touches if they go on too long.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If a grown-up tells you to do something you always have to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even someone you like could touch you in a way that feels bad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You have to let grown-ups touch you whether you like it or not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a way that does not feel good, you should tell until someone believes you.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a way that does not feel good, you should keep on telling until you get the help that you need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Someone you know, even a relative, might want to touch your private parts in a way that feels confusing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a way you don't like, it's your own fault.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a way you don't like, you should just keep quiet about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Some touches start out feeling good then turn confusing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes someone in your family might want to touch you in a way you don't like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a place you do not like, it's OK to yell NO.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a place that you do not like, it's OK to run away.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone touches you in a place that you do not like, you should tell an adult you trust.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You can trust your feelings about whether a touch is good or bad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much do you agree or disagree with each statement below?

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am able to do the things I want to do without worrying about my safety.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking down the street, I feel like my body is my own.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do not feel afraid that I will be forced to do something sexually when I do not want to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe in my current living situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am worthy of love.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know my body well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My body belongs to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can imagine what my future will be like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have an idea of how I can eventually reach my goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a plan for my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Answer the following questions based on your own experiences.

	Not at All	Not Much	Some	A lot	I don't want to answer this question
How much does your family do things together or have traditions that are based on Native American / Indigenous / Lakota / Nakota / Dakota culture?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often does your family live by or follow the Native American / Indigenous / Lakota / Nakota / Dakota way of life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much do you live by or follow the Native American / Indigenous / Lakota / Nakota / Dakota way of life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am proud to be Native American / Indigenous / Lakota / Nakota / Dakota.

- Not at All
- Not Much
- Some
- A lot
- I am not Native American / Indigenous / Lakota / Nakota / Dakota
- I don't want to answer this question

Answer the following questions based on your own experiences.

	Not at All	Not Much	Some	A lot	I don't want to answer this question
It is important for me to be connected to Native American / Indigenous / Lakota / Nakota / Dakota culture.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like doing things that are part of Native American / Indigenous / Lakota / Nakota / Dakota culture.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know about Native American / Indigenous / Lakota / Nakota / Dakota culture and history.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This question is to make sure the survey is working okay. Please pick the answer below that says 'Cat'.

- Dog
- Horse
- Cat
- Mouse
- I don't want to answer this question

Have you been in the IMpower Program before? This would have been self-defense for elementary school kids and middle and high school girls and Sources of Strength/Your Moment of Truth for boys.

- Yes
- No
- I don't know
- I don't want to answer this question

Have you ever taken a class in school or in the community on sexual abuse/sexual assault?

- Yes
- No
- I don't know
- I don't want to answer this question.

*If Yes*

Pick all of the things you discussed or learned about in the class that you have taken on sexual abuse/assault:

- Facts about sexual abuse/assault
- How to get help for sexual abuse/assault
- That sexual abuse/assault is wrong/not okay
- How to step in to stop or prevent sexual abuse/assault
- How to protect yourself from sexual abuse/assault
- Other things about sexual abuse/assault (please describe:) \_\_\_\_\_
- I don't want to answer this question



Did any of the survey questions (the thing you are doing now) make you feel sad, anxious, awkward, or another unpleasant feeling?

- Yes
- No
- I don't want to answer this question

*If Yes*

Please describe in as much details as you are comfortable sharing what questions made you feel unpleasant feelings and what unpleasant feelings you experienced specifically.

Do you feel like you personally benefited or gained something from taking this survey (the thing you are doing now)?

- Yes
- No
- I don't want to answer this question

*If Yes*

Please describe in as much details as you are comfortable sharing how you personally benefited.

**This is the end of the survey.  
Thank you for your time in participating in this project.  
Please raise your hand and a teacher will tell you what to do next.  
They will also share additional resources with you.**