

## TEEN ASSENT FORM (OPT: Program + Surveys)

IRB #: 22811

**Study Title:** Project LIVE (Love, Inclusivity, Values, and Education)

**Contact Information:**

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**Key Information:**

- DMPS students registered at Hoover or All Points high schools and enrolled in Physical Education (P.E) classes at Hoover or a Learning Transition Period at All Points during the 2023-2024 school year are eligible to participate.
- Participation includes: 1 pre-test survey (30 minutes), 6 sessions of a sex trafficking prevention curriculum (45-minutes/session or 4.5 hours total), 6 post-session surveys (5 minutes each/30 minutes total), and 1 post-test survey (30 minutes). You are not being graded on the surveys.
- There are a few risks associated with this study (see below, page 2).
- Your information will be anonymous, and data may be shared (see below, page 2).
- You will have the chance to win a \$100 incentive for participating.
- You can get a copy of this form.
- Your participation is voluntary.

**Why are you being asked to be in this research study?** You are being asked to be in this study because you attend high school at either Hoover or All Points within the DMPS system during the 2023-2024 academic year and because you can understand spoken English.

**What will be done?** This study is aimed at preventing sexual exploitation of teens. The program will be given in your P.E. class. The two main parts of this project are:

- **Program Delivery:** The READY to Stand™ (RTS) Curriculum will be delivered in six 45-minute modules (e.g., healthy relationships, valuing self and others). The RTS curriculum will be presented to teens in English.
- **Program Evaluation:** You will be asked to take a survey before the curriculum is delivered (pre-test survey, 30 minutes), after each of the six sessions (post-session surveys, 5 minutes), and after all six sessions are complete (post-test survey, 30 minutes). These surveys are available in English and Spanish.

**What are the possible risks of being in this research study?** The risks to participation are minimal. When talking about topics like sex trafficking, people may sometimes feel sad,

anxious, or awkward. You can stop participating at any time or not answer any question(s) you don't want to answer. Also, you will be given a list of resources in Des Moines if you or someone you know needs help.

**What are the possible benefits to you?** Sometimes youth tell us that they enjoy participating in research and like to share their ideas and help other people and their community. However, you may not benefit from being in this project.

**Will you be compensated for being in this research study?** We will do a drawing for 1 in 5 \$100 gift cards for the surveys teens take before the program. We will do another drawing for 1 in 5 \$100 incentive for the surveys teens take after the program. Finally, we will also raffle a \$100 incentive at each of the 6 classes. There will be a total of 16, \$100 gift cards. We expect about 900 teens to participate so each teen has a 2% chance of winning a gift card. All teens will get project swag (e.g., bracelets, pencils). We will do the drawings within a few months of when you start this project. The person doing the drawing will be a researcher at UNL. They will do the drawing using a computer program to make sure it is fair and accurate. If you win a gift card, you will be asked to fill out a form saying you got the money. However, your survey answers/ feedback will not be connected to the form confirming receipt of the gift card.

**How will information about you be protected?** Reasonable steps will be taken to protect your privacy. What you tell us will be kept private. This means that we will not share what you tell us with other people UNLESS you tell us: (1) that you are being hurt or abused, (2) that you plan to hurt yourself or someone else, and/or (3) if someone else, like an elder or other teen or child, is being hurt or abused. If you tell us about these things and/or we were to witness these things, we will have to notify the Iowa Department Health and Human Services. We will also tell someone at your school like a counselor.

Finally, we will share your data, without any information that could identify you, like your name or where you live, in a special database for other scientists who are doing research. Sharing your data helps scientists learn new and important things more quickly. Any scientists interested in using your data would have to put in a special request, promise to keep your data safe, and promise not to try to learn your identity. We cannot remove your data if you change your mind because the data is anonymous. So, you are agreeing for your de-identified data (no names, etc.) to be put together with other teens' data to be shared in a database by saying you want to be in this study.

**Public Information About this Study.** ClinicalTrials.gov is a website that provides information about federally and privately supported clinical trials. A description of this clinical trial will be available (<http://www.ClinicalTrials.gov>) as required by U.S. Law. This website will not include information that can identify you. At most, the website will include a summary of the results. You can search this website at any time.

**What will happen if you decide not to be in this research study or decide to stop participating once you start?** Participation is voluntary. You have the right to quit the study at any time or to not answer any question(s) that you do not want to answer. You will be entered to receive a gift card even if you refuse/skip questions on the pre-test/post-test/post-session survey or during the feedback session.

If you decide not to participate in this project, you will engage in an alternate health-related educational activity (if enrolled in P.E.) or an alternate activity typical for Learning Transition Period (such as independent reading, assignment/homework completion, etc.) supervised by your regular physical education teacher, Learning Transition Period teacher, or other school staff held in a different classroom than teens who are participating.

**Documentation of informed consent.** We will also inform your caregiver/legal guardian about this study and offer them the opportunity to withdraw you from any/all research activities. If you are over 18, your caregiver/guardian does not need to give you permission.

If you have any questions now or at any point during the study, please email ([ProjectLIVE@unl.edu](mailto:ProjectLIVE@unl.edu)) or call (515-410-6536).

**Do you agree to participate?**

YES

NO

Your Name:
Your School:
Your Grade in School:
Your Age:
Your Cell Phone Number:
Your Email:
Your Signature:
Date:

*The contact information is being collected solely for research purposes. We will never share this information.*