

Teaching Assistant Position for NEHS undergraduate courses
including NUTR 100, 150, and 488

This position is for a master's student and requires a strong knowledge and skills in exercise testing procedures including body composition analysis, muscular fitness, flexibility, and cardiorespiratory endurance testing procedures. In addition, this position requires strong communication skills which is essential to work with undergrad students.

The successful candidate must have the ability to work with and be sensitive to the educational needs of diverse and underrepresented students. The total stipend is approximately \$5,000 per semester with a waiver of tuition (up to 12 credit hours/semester) and partial health benefits (<https://health.unl.edu/studentinsurance>); students will pay all fees (<https://studentaccounts.unl.edu/graduate-tuition>).

This position will be required to work 15 hours per week (.375 FTE) during the length of the appointment and the teaching mentor is Dr. Shinya Takahashi.

The main focus is on the following courses:

- NUTR 100 Healthy Living
- NUTR 150 Career Preparation in NHS
- NUTR 488 Practicum in Exercise and Health Behavior Planning
- Possibly other courses needed by the department

The following are major duties and responsibilities of this position:

- Hold weekly office hours to assist students learning and answering questions in person and/or via email
- Frequently post reminder announcements
- Grade assignments, reports, and projects in a timely manner
- Coordinate with students and provide due date extension or additional attempts for quizzes and assignments as needed basis
- Evaluate fitness assessments skills including skinfolds measurements, cardiorespiratory endurance test (i.e., Astrand, single-stage treadmill protocols), muscular fitness tests (i.e., push-ups, curl ups, and flexibility test (i.e., sit & reach/ modified sit & reach) for NUTR488

Fitness Assessment Skills Evaluation

- Create sign up google sheets document and post to canvas page each semester with practice times and test-out times that the TAs are available
 - Make sure you are comfortable with all testing procedures and equipment
 - Ensure that testing protocols are posted on canvas for students to utilize
 - Print enough test out sheets for the students in the course
 - Perform fitness testing skills assessments on students & provide feedback and assistance on procedures and proper equipment usage
- Schedule and supervise student/client pre- and post-visits (NUTR 488)
 - Lead to teach one section of NUTR 100 class in Spring semester
 - Facilitate discussion questions on Canvas, our online learning management system
 - Complete an end of semester evaluation with Dr. Takahashi