

Transcript  
[Music]

[Image of Nebraska Medicine's Main Campus from the Durham Outpatient circle drive, with several tall glass buildings in blue and some red brick buildings. The slide says Nebraska Internship Consortium in Professional Psychology on top.]

[The slide now says Nebraska Medicine Psychology Department]

[The slide now says 2022-2023 Internship Tracks, followed by Primary Care Focus - 141624, Anxiety Disorders Track - 141626, and Health Psychology Focus - 141629]

00:12

[Dr. Walker, a white male psychologist, is smiling into the camera. He has short brown hair. He is wearing a light purple shirt and a dark purple dotted tie.]

I'm Jerry Walker, clinical psychologist and psychology services manager for Nebraska Medicine.

00:17

[Dr. Poon, an Asian female psychologist, has long black hair tied up in a bun. She is wearing glasses, pearls, and a blue and white striped blouse.]

Hi, I am Cecilia Poon, I am a geropsychologist and the internship training director at Nebraska Medicine.

00:26

[Dr. Mills, a white male psychologist, has short brown hair. He is wearing glasses, a checked blue shirt, a navy blue tie, and a red fleece jacket.]

I am Dr. Adam Mills, I am a clinical psychologist at Nebraska Medicine and I am an associate training director and primary supervisor for the internship program at the Nebraska Medicine Psychology Department.

00:39

[Dr. Magsam, a white female psychologist, has long wavy brown hair. She is wearing glasses, a black top, and a grey cardigan.]

Hi, my name is Erica Magsam and I was a 2020-2021 health psychology intern with Nebraska Medicine.

00:46

[Dr. Ahrendt, a white male psychologist, has short brown hair. He is wearing a blue shirt, tie, and suit jacket. His work badge is visible on his jacket.]

Hi, I'm Andrew Ahrendt and I completed my internship at Nebraska Medicine from 2019 to 2020.

0:52

[Dr. Poon]

Nebraska Medicine belongs to the largest APA accredited internship training consortium in the country and we attract interns, faculty, and staff members from all over the world.

01:05

[Dr. Walker]

Here at Nebraska Medicine we offer a wide variety of very valuable and interesting clinical training experiences for our interns. It's a very exciting place to work because of how closely we work with other physicians and other medical staff in the care of our patients not just attending to their neuropsychiatric needs but their physical well-being and a holistic well-being.

01:26

[Dr. Mills]

Some of the most important values of our internship program include flexibility and autonomy. We want our interns to have a variety of experiences and to be able to work with several supervisors who may have different perspectives or different styles.

01:43

[Dr. Magsam]

I really loved the diverse experience and training opportunities that were available to me; and they even prioritized making sure that I could create rotations that I was interested in, like supervision of other mental health trainees.

01:57

[Dr. Ahrendt]

I was initially drawn to Nebraska Medicine's internship site because of the... I was really impressed by the breadth of unique experiences that were offered on the website. Having completed my internship, I'm happy to say that my experience not only met but greatly exceeded all of my expectations.

02:15

[Dr. Poon]

In addition to clinical training, interns may participate in program development and take on leadership roles in order to meet their training goals and needs.

02:27

[Dr. Walker]

Now our interns have historically been able to create a number of other opportunities for themselves just depending on their areas of interest. We've had interns working within our diabetes center, within oncology, within our UNMC Psychiatry Department; and there's opportunities within a lot of these different areas for the interns to actually train and supervise other staff as well.

02:49

[Dr. Mills]

Psychologists in our department have relationships with just about every specialty clinic across Nebraska Medicine, so therefore in addition to the core experiences of our internship, we are able to offer additional experiences based on interns' interests and their future goals.

03:08

[Dr. Magsam]

There are a lot of things that I loved about my experience there and something that stands out to me over and over again is the people and the culture that exist: Not only do they treat you as a professional within every integrated team that you're a part of, but the psychology team as a whole made me feel supported even in the middle of a pandemic.

03:31

[Dr. Ahrendt]

The staff at Nebraska Medicine not only made me feel like a valued colleague but also a valued person and it's this community's support that truly sets Nebraska Medicine apart.

03:39

[Dr. Poon]

Our trainees over the years have been instrumental in initiatives that seek to promote diversity, equity, inclusion, and accessibility in our behavioral health workforce.

03:53

[Dr. Magsam]

If you're someone that's looking for an internship in an academic medical center, this is one that I would highly suggest because of the well-rounded training that exists and just the wonderful culture that exists within the department and within the community as a whole.

04:11

[Dr. Ahrendt]

I enjoyed my experience at Nebraska Medicine so much that I decided that I wanted to start my career here and I'm currently working as a staff psychologist in the Psychology Department.

04:21

[Dr. Mills]

We're really excited that you have interest in our program at the Nebraska Medicine Psychology Department.

04:26

[Dr. Poon]

Thank you for your interest in Nebraska Medicine. We look forward to the opportunity to work with you.

04:33

[Dr. Walker]

I strongly encourage you to consider reaching out to us if you do have any questions. please feel free to reach out to any of our other staff or supervisors if you have some interest some questions about our program. Hope to see you soon.

04:47

[Music]

Thank you for your interest! Please contact us with any questions.