

Option	Related Associations	Selected Websites	Est. Salary*
Potential Career and Employment Opportunities			
AGENCY FITNESS			
	Wellness Council of America (WELCOA)	https://www.welcoa.org	
	National Wellness Institute (NWI)	https://nationalwellness.org	
	International Consortium for Health & Wellness Coaching (ICHWC)	https://www.acefitness.org	
Youth sport, fitness/wellness, personal training	The Y, YMCA & YWCA	www.ymca.net www.ywca.org	\$20,000-35,000
Military fitness	Armed Forces	https://www.airforce.com	\$38,000-48,000
	USMC Force Fitness Instructor	https://www.navy.com www.marines.mil	\$38,000-48,000
CLINICAL & REHABILITATION			
ACSM certified Clinical Exercise Physiologist	American College of Sports Medicine	https://www.acsm.org	\$55,000
Cardiac rehabilitation BSN-RN	American Assn. of Cardiac & Pulmonary Rehabilitation (AACVPR)	www.aacvpr.org	\$52,000-59,000
Pulmonary rehabilitation BSN-RN	American Assn. of Cardiac & Pulmonary Rehabilitation (AACVPR)	www.aacvpr.org	\$52,000-59,000
Athletic training	National Athletics Trainer's Assn. (NATA)	www.NATA.org	\$38,000-57,000
Massage therapy	American Massage Therapy Assn. (AMTA)	www.amtamassage.org	\$45,000-60,000
Medical technologist	American Society for Clinical Pathology	www.ascp.org	\$60,000-80,000
Medical laboratory assistant, medical assistant, allied health instructors	American Medical Technologists	www.americanmedtech.org	\$25,000-45,000
PROFESSIONAL SCHOOL			
Allopathic Medicine (M.D.)	American Medical Assn. (AMA)	www.ama-assn.org	\$100,000+
Osteopathic Medicine (D.O.)	American Osteopathic Assn. (AOA)	www.osteopathiv.org	\$100,000+
Physician's Assistant (P.A.)	American Academy of Physicians Assistants	www.aapa.org	\$65,000-\$115,000
Dentistry (D.D.S.)	American Dental Assn.	www.ada.org	\$100,000+
Podiatry (D.P.M.)	American Podiatric Assn.	www.apma.org	\$80,000
Physical Therapy (P.T.)	American Physical Therapy Assn.	www.apta.org	\$50,000-80,000
Physical Therapy Assistant (P.T.A.)	Occupational Outlook Handbook	www.bis.org	\$50,000-80,000
Occupational Therapy (O.T.)	American Occupational Therapy Assn. (AOTA)	www.bis.gov/oco	\$50,000-80,000

Occupational Therapy Assistant (O.T.A.)	Occupational Outlook Handbook	www.bis.gov/oco	\$30,000-40,000
Chiropractic (D.C.)	International Chiropractic Assn. (ICA)	www.chiropractic.org	\$60,000-70,000
Optometry (O.D.)	American Optometric Assn. (AOA)	www.aoa.org	\$60,000-80,000
Nursing (R.N./BSN)	American Nursing Assn. (ANA)	www.nursingworld.org	\$40,000-90,000

PRIVATE SECTOR

Corporate Fitness and Wellness (Director)	National Wellness Institute	https://www.welcoa.org/	\$85,700
Health club employee	International, Health, Racquet, & Sportsclub Assn. (IHRSA)/Medical Fitness Assn.	https://www.nationalwellness.org	\$20,000-40,000
Personal training	International Dance Education Assn. (IDEA) /Aerobic & Fitness Assn. of America & National Strength & Conditioning Assn. (NSCA)/Aerobic & Fitness Assn. of America	https://www.acefitness.org	\$20,000-40,000
		https://nsca.com	\$29,000-44,000

OTHER

Ergonomic consulting	Human Factors & Ergonomics Society (HFES) /Board of Certification in Professional Ergonomics (BCPE)	www.hfes.org	\$35,000-50,000
Strength and conditioning coach for professional team	NSCA	www.nasca.org	\$30,000-80,000
Dietitian	American Dietetics Assn.	www.eatright.org	\$30,000-50,000
Occupational Safety Specialist	Occupational Health & Safety Assn. (OSHA)	www.osha.gov	\$35,000-50,000
Health and Fitness Writer	American Medical Writers Association (AMWA)	www.amwancal.org	\$25,000-40,000

TEACHER, RESEARCHER, AND/OR COACH
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University, college, or community college professor	American Assn. of University Professors (AAUP)	www.aaup.org	\$50,000-90,000
University or college strength and conditioning coach	NSCA	www.nasca.org	\$30,000-90,000
Athletic team coach	National Collegiate Athletic Assn. (NCAA)	www.ncaa.org	\$30,000+
Institutional research (e.g., Cooper Institute or Olympic Training Center)	American College of Sports Medicine (ACSM) /Olympic Training Center / Cooper Institute	www.acsm.org	\$30,000+

Examples of Certifications in Nutrition, Exercise, and Health Science

Certified Strength and Conditioning Specialist (CSCS)
 Certified Performance and Sports Scientist (CPSS)

National Strength and Conditioning Assn.
 National Strength and Conditioning Assn.

Certified Personal Trainer	National Strength and Conditioning Assn.
Certified Sports Nutritionist (CISSN)	International Society of Sports Nutrition (ISSN)
ACSM Certified Clinical Exedrcise Physiologist (ACSM-CEP)	American College of Sports Medicine
ASCM Certified Exercise Physiologist (ACSM-EP)	American College of Sports Medicine
ACSM Certified Personal Trainer (ACSM-CPT)	American College of Sports Medicine
ACSM Certified Group Exercise Instructor (ACSM-GEI)	American College of Sports Medicine
ACSM Specialty Credentials	American College of Sports Medicine
Exercise is Medicine Credential	American College of Sports Medicine
ACSM/ACS Certified Cancer Exercise Trainer (CET)	American College of Sports Medicine
ACSM/NPAS Physical Activity in Public Health Specialist	American College of Sports Medicine
ACSM/NCHPAD Certified Inclusive Fitness Trainer (CIFT)	American College of Sports Medicine
Aerospace and Operational Physiologist (Officer rank)	Military (USAF/USN)
Aerospace Physiology Technician (Enlisted rank)	Military (USAF/USN)
Personal Fitness Trainer	American Council on Exercise
Group Fitness Instructor	American Council on Exercise
Health Coach	American Council on Exercise
Medical Exercise Specialist	American Council on Exercise
Peer Fitness Trainer	American Council on Exercise
Personal Fitness Trainer	Aerobics and Fitness Assn. of America
Nutrition Coach	Aerobics and Fitness Assn. of America
Group Fitness	Aerobics and Fitness Assn. of America
USAW Level 1 coach	USA Weightlifting
USAW Level 2 coach	USA Weightlifting
NASM Certified Personal Trainer	National Academy of Sports Medicine (NASM)

**Bureau of Labor Statistics, July 2020*