

## Examples of Certifications in Nutrition, Exercise, and Health Science

Certified Strength and Conditioning Specialist (CSCS)	National Strength & Conditioning Association
Certified Performance and Sports Scientist (CPSS)	National Strength & Conditioning Association
Certified Personal Trainer	National Strength & Conditioning Association
Certified Sports Nutritionist (CISSN)	International Society of Sports Nutrition (ISSN)
ACSM Certified Exercise Physiologist (ACSM-CEP)	American College of Sports Medicine
ACSM Certified Exercise Physiologist (ACSM-EP)	American College of Sports Medicine
ACSM Certified Personal Trainer (ACSM-CPT)	American College of Sports Medicine
ACSM Certified Group Exercise Instructor (ACSM-GEI)	American College of Sports Medicine
ACSM Specialty Credentials	American College of Sports Medicine
Exercise is Medicine Credential	American College of Sports Medicine
ACSM/ACS Certified Cancer Exercise Trainer (CET)	American College of Sports Medicine
ACSM/NPAS Physical Activity in Public Health Specialist	American College of Sports Medicine
ACSM/NCHPAD Certified Inclusive Fitness Trainer (CIFT)	American College of Sports Medicine
Aerospace and Operational Physiologist (Officer rank)	Military (USAF/USN)
Aerospace Physiology Technician (Enlisted rank)	Military (USAF/USN)
Personal Fitness Trainer	American Council on Exercise
Group Fitness Instructor	American Council on Exercise
Health Coach	American Council on Exercise
Medical Exercise Specialist	American Council on Exercise
Peer Fitness Trainer	American Council on Exercise
Personal Fitness Trainer	Aerobics & Fitness Association of America
Nutrition Coach	Aerobics & Fitness Association of America
Group Fitness	Aerobics & Fitness Association of America
USAW Level 1 coach	USA Weightlifting
USAW Level 2 coach	USA Weightlifting
NASM Certified Personal Trainer	National Academy of Sports Medicine (NASM)