

Secondary Selection to the Clinical Experiences of the Athletic Training Program

The University of Nebraska Athletic Training uses a secondary selection process. Students complete ATHT 145 and ATHT 146 before making a formal application to begin the clinical experiences of the Athletic Training Program (ATHT 247). This document describes the process used to select students who will be admitted to the program.

Observational

Before being admitted to the clinical experiences (ATHT 247), students complete observations in the athletic training rooms at the University of Nebraska. These observations serve two purposes. First, the observations aid students in making an informed decision about whether they wish to pursue athletic training as a career. Second, the observations allow the preceptors an opportunity to observe the students' work habits and social skills. The ability to work well with people is absolutely necessary to be a successful athletic trainer.

Observations last for one year, and are tied to completion of ATHT 145 and ATHT 146. Students observe approximately five hours per week with the various athletic trainers at the University. During these observations, students complete weekly assignments that reflect the knowledge and abilities that are expected of an introductory student in athletic training. Students must complete both ATHT 145 and ATHT 146 with a grade of "B-" or better in order to apply to the clinical experiences of the Athletic Training Program.

At the end of their freshman spring semester, students apply to the Program Director for admittance to ATHT 247. Applications are evaluated based on the following criteria:

1. Completion of an application provided by the director of athletic training education.
2. Completion of ATHT 145 and ATHT 146 with a grade of "B-" or better.
3. A cumulative grade point average of 2.75 or better.
4. Strong evaluations by the staff athletic trainers during the students' observational experiences.
5. Completion of an interview with a selection committee which will include the Program Director, Clinical Education Coordinator, the Head Athletic Trainer of the UNL Athletics Department, a selected staff athletic trainer, and the College of Education and Human Sciences advisor for Nutrition and Health Sciences. A copy of the score sheet used to evaluate students by the interview committee can be found at the end of this document.

This admission process is competitive. Admission to the clinical experiences of the Athletic Training Program is currently capped at 18 students annually. Candidates will be evaluated by the entire athletic training staff, and will be selected based on the work and academic criteria outlined above.

**University of Nebraska
Athletic Training Curriculum
Professional Program Application**

Instructions

- Please complete the application in its entirety. If you are unsure of what information is being requested, please contact Dr. Rudy. Applications are due back to Dr. Rudy by 5:00, April 16th.
- On a separate sheet, please briefly explain your career goals and why you are interested in The University of Nebraska Athletic Training Education Program.
- Include a personal resume for yourself with this application. Please include any relevant work experiences you have had other than through the University of Nebraska Athletic Medicine program, any volunteer experiences, clinics, workshops, symposiums, and any memberships or licenses you currently hold. A good resume is neat, orderly, and no more than 1-2 pages. Do not include a list of personal or professional references.
- It would be helpful if you would provide a recent photograph with your application. **THE PHOTOGRAPH IS OPTIONAL AND NOT REQUIRED.** Omission of the photograph will not influence this application; it is merely for identification purposes.
- Please provide a copy of your most recent transcripts. If you have attended other universities or colleges (including junior college) please provide a transcript from those schools as well.
- Please be sure to review the athletic training student health policy in the athletic training student policy and procedure manual. Complete the health history form (provided separately) and return it to Dr. Albers in the Osborne Complex.

**University of Nebraska
Athletic Training Education Program Application**

Please note, this is not an application for admission to The University of Nebraska. This is an application to the University of Nebraska Athletic Training Education Program requiring your previous admittance to the University of Nebraska

Please type or print in ink. Complete the following information and return to:

Jeffrey P. Rudy
Director of Athletic Training Education
104I Ruth Leverton Hall
Lincoln, NE 68583-0806

Name _____
Last First MI

Home Address _____
Street Box

City State Zip

Home Phone (____) _____

Local Address _____
Street Box

City State Zip

Local Phone (____) _____

Student ID Number: _____

Birth Date _____
Month/Day/Year

Year in school: _____

Intended Major: _____

Have you reviewed a copy of the athletic training student handbook, and are you familiar with the policies and procedures of the University of Nebraska Athletic Medicine Program? () Yes () no

Academic Performance

Please complete the following information as completely as possible. Do not enter grades for classes, which you are currently taking; indicate only the semester.

College/University Credits earned: _____

Overall grade point average: _____

Junior College Credits earned: _____

Junior College grade point average: _____

Supporting Science Core			
Course	Credits	Semester	Grade
Life 120			
Life 120 L			
Life 121			
Life 121 L			
Chemistry 109			
Chemistry 110			
Physics 141 or 151			
Psychology 181			
Total science credits:		Science Grade Point Average:	

Human Performance Core			
Course	Credits	Semester	Grade
NUTR 100 – Nutrition, Exercise, and Health			
BIOS 214 – Human Anatomy			
Biology 213 – Human Physiology			
Biology 213 L			
NUTR 384 – Biomechanics of Human Movement			
NUTR 484 – Physiology of Exercise			
NUTR 150 – Foundations in Nutrition and Health Promotion			
NUTR 250 – Human Nutrition and Metabolism			
Total Human performance credits:		Human Performance Grade Point Average:	

Athletic Training Courses			
	Credits	Semester	Grade
ATHT 145			
ATHT 146 - current grade			
Total Athletic Training Credits:		Current Athletic Training Grade Point Average:	

Experience as an Athletic Training Student

Number of hours, 1st semester:

Number of hours, 2nd semester:

List other athletic training student volunteer experiences at UNL other than regularly scheduled times (i.e. track meets, flag football tournaments, etc.)

Please list experiences other than those at UNL on your resume.

Technical Standards Policy for Admission

The Athletic Training Educational Program at the University of Nebraska is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]).

Admission Requirements

All students admitted to the Athletic Training Educational Program must satisfy the following abilities and expectations. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC athletic trainer certification exam.

Candidates for retention in the Athletic Training Educational Program must demonstrate:
The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.

Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.

The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.

The ability to record the physical examination results and a treatment plan clearly and accurately.

The capacity to maintain composure and continue to function well during periods of high stress.

The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.

Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.

Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Preceptors will assess student's compliance with these standards during the clinical portion of the athletic training education program. Inability to demonstrate the qualities may impair or preclude the student's ability to complete the clinical portion of the education program.

Accommodations for Students with Disabilities

Candidates for selection to the athletic training educational program will be required to verify they understand and meet these technical standards with or without accommodation.

Certification

I certify that I have read and understand the technical standards listed above and recognize that they must be satisfied before I will be considered for admittance or retention into the athletic training education program. By marking “yes”, I verify that I meet the listed standard.

Yes	No	
		Mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve.
		Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations.
		Ability to communicate effectively and sensitively with patients and colleagues.
		Ability to record the physical examination results and a treatment plan clearly and accurately.
		Capacity to maintain composure and continue to function well during periods of high stress.
		Perseverance, diligence and commitment to complete the athletic training education program.
		Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
		Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Signature of Applicant

Date

It is the policy of The University of Nebraska that students on each campus shall be admitted to and enjoy the privileges of the University without regard to individual characteristics other than qualifications for admission, academic performance, and conduct in accordance with NU policies and rules and laws applicable to student conduct.

Athletic Training Student Interview score sheet			
	Candidate's Name	Pts. Possible	Pts. Awarded
A	Overall GPA	(1 - 9)	
B	Supporting GPA	(1 - 9)	
C	Science GPA	(1 - 9)	
D	Athletic Training GPA	(1 - 9)	
E	Professional Interest	(1 - 9)	
F	Ability to cope with stressful situations	(1 - 9)	
G	Ability to balance school and professional life	(1 - 9)	
H	Study skills	(1 - 9)	
I	Oral communication and interview skills	(1 - 9)	
J	Discretionary pts	(1 - 9)	
K	Staff rating - average of rating by staff and graduate assistant athletic trainers	(1 - 9)	
L	Student rating - average rating of each of the three levels of admitted students.	(1 - 9)	
	Total Pts. (12 - 108)		0
	Scoring Key		
a, b, c, d	1= meets minimum expectation		
	9=outstanding overall grades		
E	1=unsure of career and it's demands		
	9=keenly aware of career; long standing interest in athletic training		
F	1=relates poor coping skills		
	9=relates positive methods of stress management		
G	1=unsure of how to prioritize		
	9=recognizes that some priorities will have to be set and organized		
H	1= demonstrates/describes poor study skills and habits		
	9=demonstrates/describes outstanding study skills		
I	1=poor interview skills		
	9=excellent interview skills		
k, l	1=poor candidate		
	5=no basis for comparison		
	9=excellent candidate		