

# LIST

Nagel, D.R., Schumaker, Job., & Deshler, D.D. (1986). *The FIRST-Letter mnemonic strategy*. In Ellis, E.S., & Lenz, B.K. (1987). A component analysis of effective learning strategies for LD students. *Learning Disabilities Focus*, 2, 94-107.

This study strategy is designed to aid students in learning content. It contains a sub-strategy in the "S" (Select) step. This strategy is designed to help students make up their own first-letter mnemonics. Ellis and Lenz (1987) state, "First-letter mnemonics require students to take the first letter of each item in a list and form a word that relates to the main idea of the list. For example, when learning the major fatal diseases at the turn of the century (diabetes, syphilis, influenza, typhoid, polio, rabies), the student takes the first letter of each item to form a word (STRIP + D) and then relate the mnemonic word to the topic (e.g., "If you got any of these diseases in 1900, you had to go to the Doctor and STRIP.")"

## Look

- Look for clues

## Investigate

- Investigate the items

## Select

- Select a mnemonic device using **FIRST**
  - **F**orm a word
  - **I**nsert letters
  - **R**earrange letters
  - **S**hape a sentence
  - **T**ry combinations

## Transfer

- Transfer information to a card

## Self-Test

- Self-test