I. ACHIEVEMENT CENTERED EDUCATION (ACE)

ACE #1 Written Tests  
(Any)  (3 hrs)___

ACE #2 Communication Skills  
(Any)  (3 hrs)___

ACE #3 Mathematical, Computational, Statistical, or Formal Reasoning Skills  
STAT 218 or EDPS 330 or EDPS 459 (3 hrs) ✓

ACE #4 Study of Scientific Methods & Knowledge of Natural & Physical World  
CHEM 109 General Chemistry I (4 hrs) ✓

ACE #5 Study of Humanities  
(Any)  (3 hrs)____

ACE #6 Study of Social Sciences  
PSYC 181 (4 hrs) ✓

ACE #7 Study of the Arts  
(Any)  (3 hrs)___

ACE #8 Ethical Principles, Civics, Stewardship & Their Importance to Society  
(Any)  (3 hrs)___

ACE #9 Global Awareness, Knowledge of Human Diversity through Analysis of an Issue  
NUTR 253 (3 hrs) ✓

ACE #10 Integration of Abilities, Capacity in a Creative or Scholarly Product  
(3 hrs)___

II. Professional Requirements (82-85)

Nutrition & Health Sciences (44 hrs)  
Only grades of C or above count towards graduation requirements for NUTR courses

NUTR 100 Nutrition, Fitness & Health  (3 hrs)___
NUTR 150 Found. in Nutr. & Health Promotion  (1 hr) ___
NUTR 244 Scientific Principles of Food Prep.  (3 hrs)___
NUTR 250 Human Nutrition & Metabolism  (3 hrs)___
NUTR 253 Cultural Aspects of Food & Nutrition  (3 hrs)___
NUTR 344 Food & Nutrition for Health Living  (3 hrs)___
NUTR 384 Biomechanics of Human Movement  (3 hrs)___
NUTR 401 Health Behavior  (3 hrs)___
NUTR 402 Facts & Fiction in Fitness & Food  (3 hrs)___
NUTR 453 Nutr. & Fitness Comm. Strategies  (3 hrs)___
NUTR 455 Advanced Nutrition  (3 hrs)___
NUTR 484 Physiology of Exercise  (3 hrs)___
NUTR 486 Exercise Testing  (4 hrs)___
NUTR 488 Practicum in Exercise & Health  (3 hrs)___
Fitness (3 hrs)
FITN 180 Intro. to Personal & Group Exercise  (1 hr) ___
FITN 222 Intro. to Personal Training  (2 hrs) ___

III. Supporting Courses (9-12)

EDPS 330 Measurement & Evaluation in Nutrition, Fitness & Health Promotion or EDPS 459 Stat. Methods or STAT 218 Intro. to Statistics  
MATH 102 or higher (2-5 hrs)___
PSYC 181 Intro. to Psychology  (4 hrs)___

IV. Supporting Sciences (29)

BIOC 321 & BIOC 321L Elements of Biochemistry & Lab  (4 hrs)___
BIOS 101 & BIOS 101L or BIOS 102 or BIOS 103 & BIOS 103L  
General Biology & Lab or Cell Structure & Function or Organismic Biology & Lab  
BIOS 213 and BIOS 213L  (4 hrs)___
BIOS 214 Human Anatomy  (5 hrs)___
(grade of C or higher is required in BIOS 214)
CHEM 109 General Chemistry I  (4 hrs)___
CHEM 110 General Chemistry II  (4 hrs)___
CHEM 251 & CHEM 253  (4 hrs)___
Organic Chemistry & Lab

VI. Electives (17-20)

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Revised 6/2012