



ALL COURSES, SPECIFIED BY COURSE AND NUMBER, MUST BE TAKEN FOR A GRADE

ACE Requirements (32)

COURSE	TITLE
ACE 1. Written Skills	

ACE 2. Communications Skills	

ACE 3. Mathematical, Computational, Statistical or Formal Skills	
*STAT 218 <u>or</u> *EDPS 330 <u>or</u>	Introduction to Statistics <u>or</u> Measurement and Evaluation in Nutr., Fitness and Health Promotion <u>or</u>
*EDPS 459	Statistical Methods (<i>grade of C or above required</i>)

ACE 4. Study of Scientific Methods and Knowledge of the Natural and Physical World	
*CHEM 109	General Chemistry I

ACE 5. Study of Humanities	

ACE 6. Study of Social Sciences	
*PSYC 181	Introduction to Psychology (<i>grade of C+ or above required</i>)

ACE 7. Study of the Arts to Understand Their Contexts and Significance	

ACE 8. Ethical Principles, Civics and Stewardship and Their Importance to Society	

ACE 9. Global Awareness, Knowledge of Human Diversity through Analysis of an Issue	

ACE 10. Integration of Abilities and Capacities in a Creative or Scholarly Product	
*ATHT 445	Advanced Studies in Athletic Training

Professional Requirements (47)

COURSE	TITLE
ATHT – Athletic Training	
<i>A grade of C+ or higher and an overall GPA of 3.0 are required in all ATHT courses unless otherwise indicated.</i>	
ATHT 145	Introduction to Athletic Training (<i>grade of B- or higher is required</i>)
ATHT 146	First Aid, Treatment, and Management of Athletic Injuries (<i>grade of B- or higher is required</i>)
ATHT 245	Organization and Administration of Athletic Training
ATHT 246	Prevention and Care of Athletic Injuries
ATHT 249	Therapeutic Modalities
ATHT 345	Evaluation of Athletic Injuries
ATHT 346	Rehabilitation and Reconditioning
ATHT 446	Medical Aspects of Athletic Training
ATHT 247	Clinical Education I
ATHT 248	Clinical Education II
ATHT 347	Clinical Education III
ATHT 348	Clinical Education IV
ATHT 447	Clinical Education V
ATHT 448	Clinical Education VI

COURSE	TITLE
NUTR – Nutrition & Health Sciences	
<i>Only grades of C+ or above count towards graduation requirements for NUTR courses.</i>	
INDV 112	Intermediate Massage
NUTR 100	Healthy Living
NUTR 150	Career Preparation in Nutrition and Health Sciences
NUTR 250	Human Nutrition & Metabolism
NUTR 384	Biomechanics of Human Movement
NUTR 484	Physiology of Exercise

Supporting Courses (27-31)

COURSE	TITLE
MATH 102 <u>or</u> MATH 103 <u>or</u> MATH 106	Trigonometry <u>or</u> College Algebra and Trig. <u>or</u> Analytic Geometry and Calculus I (<i>grade of C or above required</i>)
LIFE 120 & 120L	Fundamentals of Biology I & Fundamentals of Biology I laboratory (<i>grade of C or above required</i>)
LIFE 121 & 121L	Fundamentals of Biology II & Fundamentals of Biology II laboratory (<i>grade of C or above required</i>)
BIOS 213 & 213L	Human Physiology & Human Physiology laboratory (<i>grade of C+ or above required</i>)
BIOS 214	Human Anatomy (<i>grade of C+ or above required</i>)
CHEM 110	General Chemistry II
PHYS 141 <u>or</u> PHYS 151	Elementary General Physics I <u>or</u> Elements of Physics

Electives (10-14)

COURSE	TITLE

NOTES:

*Signifies where a course will count toward both major and ACE requirements

		COURSE NAME	HOURS
FIRST Semester		ATHT 145 Intro. to Athletic Training	3
		LIFE 120/120L Fund. of Biology I & Lab	4
		MATH 102 Trigonometry OR MATH 103 College Algebra & Trig. OR MATH 106 Analytic Geometry & Calc. I	2-5
		NUTR 100 Healthy Living	3
		(ACE 1)	3
		Total Hours	15-18

		COURSE NAME	HOURS
SECOND Semester		ATHT 146 First Aid, Treatment & Mgt. of Athletic Injuries	3
		LIFE 121/121L Fund. of Biology II & Lab	4
		NUTR 150 Career Preparation in Nutrition and Health Sciences	2
		PSYC 181 Intro. to Psychology (ACE 6)	4
		(ACE 2)	3
		Total Hours	16

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Please see the "Overview of Degree Requirements" for specific course grade requirements.

NOTES:

		COURSE NAME	HOURS
THIRD Semester		ATHT 246 Prevention of Athletic Injuries	3
		ATHT 247 Clinical Ed. 1 - Organization Skills	1
		BIOS 214 Human Anatomy	5
		INDV 112 Intermediate Massage	1
		(ACE 5)	3
		Electives	1-2
		Total Hours	14-15

		COURSE NAME	HOURS
FOURTH Semester		ATHT 249 Therapeutic Modalities	3
		ATHT 248 Clinical Ed. 2 – Prevention Skills	1
		PHYS 141 Elementary General Physics OR PHYS 151 Elements of Physics	4-5
		NUTR 250 Human Nutrition & Metabolism	3
		(ACE 7)	3
		Total Hours	14-15

		COURSE NAME	HOURS
FIFTH Semester		ATHT 345 Evaluation of Athletic Injuries	4
		ATHT 347 Clinical Ed. 3 - Eval. Skills	1
		BIOS 213/213L Human Physiology & Lab	4
		EDPS 330 Meas. & Eval. Fitness & Nutr. OR EDPS 459 Statistical Methods OR STAT 218 Intro. To Statistics (ACE 3)	3
		NUTR 384 Biomechanics of Human Movement	3
		Total Hours	15

		COURSE NAME	HOURS
SIXTH Semester		ATHT 245 Organization and Administration	3
		ATHT 346 Rehabilitation and Reconditioning	4
		ATHT 348 Clinical Ed. 4 – Rehabilitation Skills	1
		NUTR 484 Physiology of Exercise	3
		(ACE 8)	3
		Total Hours	14

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		COURSE NAME	HOURS
SEVENTH Semester		ATHT 445 Adv. Studies in Athletic Training (ACE 10)	3
		ATHT 447 Clinical Ed. 5 - Adv. Skills	1
		CHEM 109 General Chemistry I (ACE 4)	4
		(ACE 9)	3
		Electives	3-6
		Total Hours	14-17

		COURSE NAME	HOURS
EIGHTH Semester		ATHT 446 Medical Aspects of Athletic Training	3
		ATHT 448 Clinical Education 6 - Adv. Skills 2	1
		CHEM 110 General Chemistry II	4
		Electives	6
		Total Hours	14

DISCLAIMER: This document represents a sample 4-year plan for degree completion with a major of interest in the College of Education and Human Sciences. Actual course selection and sequence may vary and should be discussed individually with an Academic Adviser at the college level.

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JO6461.130201