



ALL COURSES, SPECIFIED BY COURSE AND NUMBER, MUST BE TAKEN FOR A GRADE

**ACE Requirements (33)**

COURSE	TITLE
<b>ACE 1. Written Skills</b>	

<b>ACE 2. Communications Skills</b>	

ACE 3. Mathematical, Computational, Statistical or Formal Skills	
*EDPS 459 <u>or</u> *STAT 218	Statistical Methods <u>or</u> Introduction to Statistics

ACE 4. Study of Scientific Methods and Knowledge of the Natural and Physical World	
*CHEM 109	General Chemistry I

<b>ACE 5. Study of Humanities</b>	

ACE 6. Study of Social Sciences	
*PSYC 181	Introduction to Psychology

ACE 7. Study of the Arts to Understand Their Contexts and Significance	

ACE 8. Ethical Principles, Civics and Stewardship and Their Importance to Society	

ACE 9. Global Awareness, Knowledge of Human Diversity through Analysis of an Issue	

ACE 10. Integration of Abilities and Capacities in a Creative or Scholarly Product	
*NUTR 487	Community Health & Wellness Practicum

\*Signifies where a course will count toward both major and ACE requirements

**Professional Requirements (43-44)**

COURSE	TITLE
<b>NUTR – Nutrition &amp; Health Sciences</b>	
<i>Only grades of C or above count towards graduation requirements for NUTR courses.</i>	
NUTR 100	Healthy Living
NUTR 145	Food Literacy
NUTR 150	Career Preparation in Nutrition and Health Sciences
NUTR 250	Human Nutrition & Metabolism
NUTR 256	Addressing Health Disparities through Health Literacy
NUTR 302	Health Information: Science, Media, and the Consumer
NUTR 344	Nutrition and Food for Optimal Health
NUTR 352	Social Marketing in Health Communication
NUTR 356	Nutrition Education in the Community
NUTR 400	Planning and Implementation of Health Promotion Programs
NUTR 404	Evaluation and Research Related to Health Promotion
NUTR 407	Principles of Epidemiology for Nutrition and Public Health
BIOS 111 <u>or</u> BIOS 312 & BIOS 314 <u>or</u> NUTR 372	The Biology of Microorganisms <u>or</u> Microbiology & Microbiology Lab <u>or</u> Food Safety and Sanitation
SOCI 252 <u>or</u> SOCI 353	Health, Medicine, and Society <u>or</u> Sociology of Health Care and Health Professions
PSYC 428	Health Psychology

**Supporting Courses (14-17)**

COURSE	TITLE
MATH 102 or higher	Trigonometry or higher
BIOS 213 & 213L	Human Physiology & Human Physiology laboratory
CHEM 110	General Chemistry II
LIFE 120 & 120L	Fundamentals of Biology I & Fundamentals of Biology I laboratory

**Selectives**

Select any from the following (9)

COURSE	TITLE
COMM 271	Organizing Social Change
COMM 354	Health Communication
COMM 370	Family Communication
CYAF 446	Addictions and Families
PSYC 289	Developmental Psychology
PSYC 365	Addictions
PSYC 471	Human Sexuality and Society
SOCI 252	Health, Medicine, and Society
SOCI 325	Contemporary Family Issues
SOCI 353	Sociology of Health Care and Health Professions
SOCI 443	Sociology of Mental Health
GERO 200	Introduction to Gerontology
NUTR 253	Cultural Aspects of Food & Nutr.
NRES/NUTR 330	Environmental Health

**Electives (17-21)**

COURSE	TITLE

**NOTES:**

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	COURSE NAME	HOURS
FIRST	LIFE 120/120L Fund. of Biology I & Lab	4
	MATH 102 Trigonometry or higher	2-5
	NUTR 100 Healthy Living	3
	NUTR 145 Food Literacy	1
	ACE 1	3
Total Hours		13-16

	COURSE NAME	HOURS
THIRD Semester	CHEM 109 General Chemistry (ACE 4)	4
	NUTR 250 Human Nutrition and Metabolism	3
	SOCI 252 Health, Medicine, and Society or SOCI 353 Sociology of Health Care and Health Professions	3
	ACE 5	3
	Selective	3
Total Hours		16

	COURSE NAME	HOURS
FIFTH Semester	BIOS 213/213L Human Physiology & Lab	4
	EDPS 456 Statistics <u>or</u> STAT 218 Intro. to Statistics	3
	NUTR 344 Nutrition and Food for Optimal Health	4
	NUTR 352 Social Marketing in Health Communication	3
	NUTR 400 Planning and Implementation of Health Promotion Programs	3
Total Hours		17

	COURSE NAME	HOURS
SEVENTH Semester	NUTR 407 Principles of Epidemiology for Nutrition & Public Health	3
	PSYC 428 Health Psychology	3
	Selective	3
	Elective	3-4
Total Hours		12-13

	COURSE NAME	HOURS
SECOND Semester	BIOS 111 The Biology of Microorganisms <u>or</u> BIOS 312 & BIOS 314 Microbiology & Microbiology Lab <u>or</u> NUTR 372 Food Safety and Sanitation	3-4
	NUTR 150 Career Preparation in Nutrition and Health Sciences	2
	PSYC 181 Intro. to Psychology (ACE 6)	4
	ACE 2	3
	Electives	1-3
Total Hours		13-16

	COURSE NAME	HOURS
FOURTH Semester	CHEM 110 General Chemistry II	4
	NUTR 256 Addressing Health Disparities through Health Literacy	3
	ACE 7	3
	ACE 9	3
	Electives	3-4
Total Hours		16-17

	COURSE NAME	HOURS
SIXTH Semester	NUTR 302 Health Information: Science, Media, and the Consumer	3
	NUTR 356 Nutrition Ed. in the Community	3
	NUTR 404 Evaluation & Research Related to Health Promotion	3
	ACE 8	3
	Selective	3
Total Hours		15

	COURSE NAME	HOURS
EIGHTH	NUTR 487 Community Health & Wellness Practicum (ACE 10)	4
	Electives	10
Total Hours		14

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College of Education and  
Human Sciences  
Student Services Center  
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DISCLAIMER: This document represents a sample 4-year plan for degree completion with a major of interest in the College of Education and Human Sciences. Actual course selection and sequence may vary and should be discussed individually with an Academic Adviser at the college level.

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