

NAME: \_\_\_\_\_

NU ID #: \_\_\_\_\_

# Requirements for a Bachelor of Science Degree in Education & Human Sciences UNL Option Sheet Bulletin Year 2019-2020

**Department:** Child, Youth, and Family Studies    **Option:** Family & Consumer Science Education    **Total Hours Required for Degree:** 120

#could be taken for credit towards an International Studies minor

## I. ACHIEVEMENT CENTERED EDUCATION (ACE)

**Check with your advisor** to be certain that your ACE classes are in the best interest of your academic program.

*ACE #1 Written Texts Incorporating Research & Knowledge Skills*  
ENGL 150/150H, 151/151H, 254, JGEN 120, 200 \_\_\_\_\_ (3 hrs) \_\_\_\_\_

*ACE #2 Communication Skills*  
TEAC 259 \_\_\_\_\_ (3 hrs) √√√√

*ACE #3 Mathematical, Computational, Statistical, or Formal Reasoning Skills (Any)* \_\_\_\_\_ (3 hrs) \_\_\_\_\_

*ACE #4 Study of Scientific Methods & Knowledge of Natural & Physical World*  
CHEM 109 or FDST 301 \_\_\_\_\_ (3 hrs) \_\_\_\_\_

*ACE #5 Study of Humanities (Any)* \_\_\_\_\_ (3 hrs) \_\_\_\_\_

*ACE #6 Study of Social Sciences*  
CYAF 160 \_\_\_\_\_ (3 hrs) √√√√

*ACE #7 Study of the Arts to Understand Their Context & Significance (Any)* \_\_\_\_\_ (3 hrs) \_\_\_\_\_

*ACE #8 Ethical Principles, Civics, Stewardship & Their Importance to Society*  
TEAC 331 \_\_\_\_\_ (3 hrs) √√√√

*ACE #9 Global Awareness, Knowledge of Human Diversity through Analysis of an Issue*  
#TEAC 330 \_\_\_\_\_ (3 hrs) √√√√

*ACE #10 Integration of Abilities, Capacities in a Creative or Scholarly Product*  
CYAF 403 \_\_\_\_\_ (3 hrs) √√√√

## II. PRE-PROFESSIONAL EDUCATION

*No grade lower than C.*

EDPS 251 Fund of Adolescent Dev. \_\_\_\_\_ (3 hrs) \_\_\_\_\_

EDPS 297 Prof. Practicum Experiences \_\_\_\_\_ (1 hr) \_\_\_\_\_

TEAC 259 Instructional Technology \_\_\_\_\_ (3 hrs) \_\_\_\_\_

#TEAC 330 Multi-Cultural Education \_\_\_\_\_ (3 hrs) \_\_\_\_\_

TEAC 331 School & Society \_\_\_\_\_ (3 hrs) \_\_\_\_\_

## III. ENDORSEMENT

*No grade lower than C+.*

CYAF 160 Human Development & Family \_\_\_\_\_ (3 hrs) \_\_\_\_\_

CYAF 222 Introduction to Family Finance \_\_\_\_\_ (3 hrs) \_\_\_\_\_

CYAF 270/270L Development of the Preschool Child **OR**

CYAF 210/210L Applied Methods \_\_\_\_\_ (3hrs) \_\_\_\_\_

CYAF 280 Family Science \_\_\_\_\_ (3 hrs) \_\_\_\_\_

#CYAF 333 Families in the Economy \_\_\_\_\_ (3 hrs) \_\_\_\_\_

CYAF 380 Work with Family, Comm & Sch \_\_\_\_\_ (3 hrs) \_\_\_\_\_

CYAF 382 Parenting \_\_\_\_\_ (3 hrs) \_\_\_\_\_

## III. ENDORSEMENT continued

*No grade lower than C+.*

NUTR 244 & 245 Principles of Food Prep **OR**  
HRTM 291 Special Topic in HRTM \_\_\_\_\_ (3-4 hrs) \_\_\_\_\_

NUTR 250 Human Metabolism \_\_\_\_\_ (3 hrs) \_\_\_\_\_

NUTR 372 Food Safety and Sanitation \_\_\_\_\_ (3 hrs) \_\_\_\_\_

## #TMFD 123 Clothing and Human Behavior **OR**

TMFD 121 Visual Communication & Presentation **OR**

TMDF 144 Introduction to Design Theory & Criticism **OR**

CYAF 493 Special Topics: Teaching Clothing in Middle & Secondary Schools \_\_\_\_\_ (3 hrs) \_\_\_\_\_

TMFD 206 Textiles \_\_\_\_\_ (3 hrs) \_\_\_\_\_

## IV. PROFESSIONAL EDUCATION REQUIREMENTS

*All grades must be minimum of "C+" or above.*

### Methods

CYAF 297J Professional Practicum Exp I \_\_\_\_\_ (1 hr) \_\_\_\_\_  
(taken w/ CYAF 451)

CYAF 397J Professional Practicum Exp II \_\_\_\_\_ (1 hr) \_\_\_\_\_  
(taken w/ CYAF 452)

CYAF 451 FCS Curriculum \_\_\_\_\_ (3 hrs) \_\_\_\_\_

CYAF 452 FCS Methods of Instruction \_\_\_\_\_ (4 hrs) \_\_\_\_\_

EDPS 457 Learning & Motivation \_\_\_\_\_ (3 hrs) \_\_\_\_\_

#TEAC 413A ESL: Acquisition \_\_\_\_\_ (3 hrs) \_\_\_\_\_

TEAC 425 Coord of Occup Training Programs \_\_\_\_\_ (3 hrs) \_\_\_\_\_

SPED 401B Accommodating Special Learners \_\_\_\_\_ (3 hrs) \_\_\_\_\_

### Student Teaching

\*CYAF 497J Student Teaching in FCS P/NP \_\_\_\_\_ (9 hrs) \_\_\_\_\_

\*CYAF 403 Seminar in Student Teaching \_\_\_\_\_ (3 hrs) \_\_\_\_\_

## V. EMPHASIS

Select one of three plans for additional content.

1. Select an emphasis area (see attached sheet)

- Nutrition and Health (15 credits)
- Hospitality and Restaurant Management (16 credits)
- Textiles, Merchandising and Fashion Design (15 credits)
- Family Studies (15 credits)
- Child Studies (15 credits)

2. Create an emphasis area by combining courses from two areas above. Select 6 credits from one list and 9 credits from another. For example, create a Child & Family Studies emphasis by selecting 9 credits in Family Science and 6 in Child Studies or vice versa.

Select 15 credits of course work from any of the three Human

3. Sciences departments (Child, Youth & Family Studies, Textiles, Merchandising & Fashion Design, and Nutrition and Health Sciences)

## VI. ELECTIVES 6-8 (to meet 120 hour requirement for graduation)

Revised 5/20/19

## Courses for each Emphasis Area

*No grade lower than a C*

*\*Emphasis courses cannot “double dip” if selected in initial requirements. If a second course option is taken, then it can be used for the emphasis requirement.*

Prerequisites (*bold*)

### 1. Nutrition and Health— Select 15 credits

*FDST 301	Chemistry of Food	
NUTR 100	Healthy Living	
NUTR 131	The Science of Food	
NUTR 251	Nutrition Through the Life Cycle	<b>(NUTR 250 or parallel)</b>
#NUTR 253	Cultural Aspects of Food and Nutrition	<b>(NUTR 100 or 250)</b>
NUTR 344	Nutr & Food for Optimal Health	<b>(NUTR 250) (NUTR majors) or permission</b>
NUTR 430	Nutritional Anthropology	<b>(ANTH 242 or equivalent)</b>

### 2. Hospitality and Food Service – 16 credits

HRTM 289	Introduction to Event Industry	<b>(HRTM 171)</b>
HRTM 291	Special Topics in HRTM	
HRTM 489	Advanced Event Operations	<b>(HRTM 289)</b>
NUTR 370	Food Production Management	
NUTR 371	Applied Food Production Laboratory (1 Cr)	<b>(NUTR 244 and 245)</b>

### 4. Textiles, Merchandising and Fashion Design (Select 15 credits)

#*CYAF 493	Special Topics: Teaching Clothing in Middle & Secondary Schools	
TMFD 112	Product Development I: Garment Assembly	
*TMFD 121	Visual Comm & Presentation	
#*TMFD 123	Clothing & Society: You are what you wear	
*TMFD 144	Intro to Design Theory & Criticism	
TMFD 212	Product Development II: Apparel Analysis and Development	
TMFD 213	Merchandising I: Textiles & Apparel Industry	
TMFD 407	History of Dress	<b>(Junior standing) (AHIS 101 or 102 or 3 hrs HIST 130 or 131)</b>
#TMFD 408	Textiles, Technology & Culture	<b>(Junior standing; (TMFD 206, 3 hrs HIST 130 or 131, AHIS 101 or 102)</b>

### 4. Family Studies (Select 15 credits)

CYAF 285	Dating and Couple Relationships	
CYAF 446	Addictions and Families	
CYAF 458	Family Stress & Crisis, Coping, and Recovery	<b>(Junior Standing)</b>
CYAF 488	Child and Family Policy	<b>(Junior Standing)</b>
#CYAF 493	Special Topics in Contemporary Family Issues	
CYAF 495	Special Topics in Family and Cultural Diversity	
*CYFA 222	Introduction to Family Finance	

### 5. Child Studies (Select 15 credits)

*CYAF 210/210L	Applied Methods of Social Emotional Develop & Guidance	
CYAF 271/271L	Infancy	<b>(CYAF 160 or 160H, or equivalent)</b>
CYAF 371/371L	Methods of working with infants in programs and communities	<b>(CYAF 271 and 271L, with grades of ‘P’ or ‘C’ or better)</b>
CYAF 374/374L	Curriculum Planning In Early Childhood Ed	<b>(CYAF 160 or 160H or 170; or CYAF 210 and 210L, or CYAF 270 and 270L)</b>
CYAF 383	Literacy Methods for Young Children	
CYAF 384	Math, Science & Nature Integrated Methods	
CYAF 474	Assessment in Early Childhood	<b>(12 hrs CYAF CYAF, PSYC, EDPS, TEAC, SECD)</b>