

Curriculum Vitae of Sabine Zempleni, M.S.

Contact Information

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Professional Positions

11/2020 - Associate Graduate Faculty, UNL, Nutrition and Health Sciences
8/2019 - Assistant Professor of Practice, UNL, Nutrition Communication and Healthy Living
8/2013 – 8/2019 Lecturer, UNL, Nutrition & Health Sciences
2009 – 2013 Adjunct Lecturer, UNL, Nutrition & Health Sciences
2007 – 2009 NASDA (Enumerator)
1990 – 1993 Research Institute for Infant and Child Nutrition, Dortmund Germany (Research and Extension)

Education

2021 - 2022 Graduate Certificate Public Relations and Social Media, University of Nebraska
1985 - 1989 M.S., Dept. of Nutrition Sciences, University of Giessen, Germany

Professional Development

Focus on innovative teaching and learning strategies, novel concepts in nutrition sciences, communication, and diversity:

2020 Symposia, Workshops:
▪ NPOD Seminars and Symposia
▪ Fall Teaching and Learning Symposium (student-instructor co-creation)
▪ Mobile Me & You (Artificial intelligence)

2020/21 Peer Review of Teaching Project: *Developing ability to document, assess, and make visible teaching and student learning*

2020 Symposia, Workshops:
▪ Counseling and Psychological Services (CAPS) Workshop: *Supporting individuals encountering discrimination*
▪ NPOD Seminars and Symposia
▪ Pressbook Training

2019 Symposia, Workshops:
▪ Google Tools use in communication and public relation

- Using teaching goals inventory
 - Multilingual learners and classroom pedagogies
 - Suicide prevention training (REACH)
 - Diversity Training (OUCH!)
 - NPOD Symposia and Seminars
- Member CEHS Teaching and Learning Studio (Innovators in Teaching and Learning)
- 2018 Teaching and Learning Symposia
- Students as partners in class and curriculum development
 - Evaluating and quantifying effective teaching strategies
 - NPOD Symposia and Seminars
- 2017 Teaching and Learning Symposia, Workshops:
- Harassment and discrimination
 - Bystander training
 - Teaching for brain-based learning: Evidence-based strategies to motivate and engage students
 - Strategies for teaching large enrollment classes
 - Thinking and working collaboratively in higher education
 - Creating & diffusing online instruction & institutional practices from data & evidence
- Inaugural Fall 2017 Book Club Learning Community (UNL); *Small Teaching: Everyday Lessons from the Science of Learning* by James M. Lang
- 2016 Teaching and Learning Symposia:
- Emerging technologies
 - Google glass in the classroom
 - Creating inclusive college classrooms
- 2015 Teaching and Learning Symposia
- Creating a culture of success
 - Innovation, engagement, and evidence
- 2014 Teaching and Learning Symposia:
- Increasing Engagement in online, blended and face-to-face classes
 - Innovation in Pedagogy and Technology Symposium
 - UNL Faculty Learning Community (Member)
- 2013 Blended Learning Symposium
- 2010 Sloan-C Online Teaching Workshops (Building interactive online courses fostering student to student and instructor to student interactions)
Participant UNL Summer Institute for Online Teaching
- 1990 Internship Nutrition Extension Service of the German Government (AID), Bonn

Awards

2020/21 Open Education Resources Seed Grant; UNL Center for Transformative Teaching: *Funding for a team of undergraduate students (NHS and AdPR) to develop OER for NUTR251 Nutrition Through the Lifecycle*, \$7940

2016/17 Technology Innovation Project Award; CEHS Technology Committee: *Removing Barriers: Turning a Large Lecture Room into an Active Learning Spa Using a Microsoft Surface Device Paired with a Microsoft Wireless Display Adapter*, \$5914.88.

Presentations

Jumping Off a Cliff: New and innovative, co-creation of knowledge promises to increase student engagement and empower student learning. What does co-creation look like in real life? Learn about the exhilarating experience and the many valuable strategies and lessons learned while partnering with students in the re-design of a standard course in nutrition sciences including the creation of an open educational resource (Fall Teaching and Learning Symposium 2021, UNL)

Using the IGNITE Presentation Model to Jump Start the Class (Fall Teaching and Learning Symposium 2020, UNL)

Learning How to Apply Concepts (Fall Teaching and Learning Symposium 2019, UNL)

Using the IGNITE Presentation Model to Jump Start the Class (Fall Teaching and Learning Symposium 2018, UNL)

Class Warm-up and Cool-down: Providing a framework and practice for retrieving (Spring Teaching and Learning Symposium 2018, UNL)

The Blackboard WIKI Function for Collaborative Research Projects (Winter Interim Teaching and Learning Workshop, CASNR, January 2015)

Publications

Open Educational Resource: *Zempleni S. Nutrition Through the Life Cycle*.
<https://pressbooks.nebraska.edu/nutr251/>. Accessed August 26, 2022.

Zempleni, S., 2022. *Enabling Conceptual Learning to Prepare Students for the New World of Nutrition Communication*. [online] Digitalcommons.unl.edu. Available at:
<<https://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=1180&context=prtunl>> [Accessed 12 July 2022].

Undergraduate Student Mentoring

- Erin Burr: Honors Thesis: *Why Maternal Mortality Rates in the United States are on the Rise (Spring – Fall 2021)*
- Sydney Christensen: Open Educational Resource Project *Nutrition Through the Life Cycle* (Spring 2021)
- Selena Ramirez Ahilon: Honors Thesis *Infant Feeding During the First Six Months*; OER Nutrition Through the Life Cycle (Fall 2020/Spring 2021)
- Gabi Ziegler: Open Educational Resource Project *Nutrition Through the Life Cycle* (Fall 2020)
- Eric Hanzel: Open Educational Resource Project *Nutrition Through the Life Cycle* (Fall 2020/Spring 2021)
- Samuel Virgillito: Undergraduate Thesis *A Practical Application of the Mediterranean Diet to Nebraska*, Environmental Studies Program Ramirez Ahilon UNL (Fall 18 and Spring 19)
- Clare James: Honors Thesis *What your poo can do for you: A literature review exploring the functional uses and maintenance of human gut microflora* (2014)

Service

2021	Lecture (ASUN UNL): One population is often overlooked when it comes to food insecurity – students
2020	Conversation Guide: Husker Dialogues
2019 -	NHS Inclusive Classroom Project Conversation Guide: Husker Dialogues
2018/19	Leadership CEHS AFIRE (Advocating for Inclusion, Respect and Equity)
2018	Leading monthly faculty teaching and learning book club Member of AFIRE (Advocating for Inclusion, Respect, and Equity, CEHS) Mentoring undergraduate volunteer TAs OLLI classes: Czech cooking Conversation Guide: Husker Dialogues
2017	Organization NHS Faculty Learning Community Member CEHS Design Incubator Conversation Guide: Husker Dialogues OLLI class: Czech Cooking Discussion Facilitator: Summer Institute for Online Teaching CEHS Equity, Diversity & Inclusion Working Group
2015	OLLI Class: Germany; Travel with Your Palate as Your Guide
2014	Departmental Award Committee

Teaching

NUTR100: Nutrition, Exercise, and Health/Healthy Living
NUTR250: Human Nutrition and Metabolism
NUTR251: Nutrition Through the Life Cycle
NUTR253: Cultural Aspects of Nutrition
NUTR402/302: Health Information: Science, Media, and the Consumer
NUTR893 Oral Science Communication Strategies
NUTR986: Graduate Seminar
NUTR893: Oral Science Communication Strategies

	Credits	Semester	Students
NUTR250s501 Human Nutrition & Metabolism	3	Summer 2009	12
NUTR250s001 Human Nutrition & Metabolism	3	Spring 2010	195
NUTR250s501 Human Nutrition & Metabolism	3	Summer 2010	12
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2010	5
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2010	43
NUTR250s900 Human Nutrition & Metabolism	3	Fall 2010	43
NUTR100s700 Nutrition, Exercise & Health	3	Spring 2011	6
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2011	3
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2011	40
NUTR250s900 Human Nutrition & Metabolism	3	Spring 2011	43
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2011	76
NUTR250s501 Human Nutrition & Metabolism	3	Summer 2011	12
NUTR100s700 Nutrition, Exercise & Health	3	Fall 2011	19
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2011	5
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2011	27
NUTR250s900 Human Nutrition & Metabolism	3	Fall 2011	40
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2011	38
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2012	40
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2012	7
NUTR250s900 Human Nutrition & Metabolism	3	Spring 2012	41
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2012	38
NUTR250s501 Human Nutrition & Metabolism	3	Summer 2012	16
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2012	12
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2012	42
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2012	6
NUTR250s900 Human Nutrition & Metabolism	3	Fall 2012	39
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2012	40
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2013	39
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2013	6
NUTR250s900 Human Nutrition & Metabolism	3	Spring 2013	48
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2013	38
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2013	21
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2013	41
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2013	9
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2013	40
NUTR402s001 Fact and Fiction in Fitn. & Food	3	Fall 2013	64
NUTR986s001 Graduate Seminar	1 - 2	Fall 2013	12
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2014	40
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2014	6
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2014	48
NUTR402s001 Fact and Fiction in Fitn. & Food	3	Spring 2014	103
NUTR986s001 Graduate Seminar	1 - 2	Spring 2014	6
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2014	23
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2014	20
NUTR402s900 Fact and Fiction in Fitn. & Food	3	Summer 2014	26

NUTR100s800 Nutrition, Exercise & Health	3	Fall 2014	41
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2014	9
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2014	57
NUTR402s001 Science, Media, & Consumer	3	Fall 2014	60
NUTR986s001 Graduate Seminar	1 - 2	Fall 2014	11
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2015	36
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2015	2
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2015	55
NUTR402s001 Science, Media, & Consumer	3	Spring 2015	80
NUTR402s900 Science, Media, & Consumer	3	Spring 2015	24
NUTR986s001 Graduate Seminar	1 - 2	Spring 2015	4
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2015	31
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2015	18
NUTR402s900 Fact and Fiction in Fitn. & Food	3	Summer 2015	24
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2015	39
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2015	6
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2015	67
NUTR402s001 Science, Media, & Consumer	3	Fall 2015	34
NUTR402s900 Science, Media, & Consumer	3	Fall 2015	24
NUTR986s001 Graduate Seminar	1 - 2	Fall 2015	12
NUTR100s800 Nutrition, Exercise & Health	3	Spring 2016	40
NUTR100s900 Nutrition, Exercise & Health	3	Spring 2016	5
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 2016	40
NUTR402s001 Science, Media, & Consumer	3	Spring 2016	73
NUTR402s900 Science, Media, & Consumer	3	Spring 2016	20
NUTR986s001 Graduate Seminar	1 - 2	Spring 2016	7
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2016	39
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2016	24
NUTR402s900 Science, Media, & Consumer	3	Summer 2016	27
NUTR100s800 Nutrition, Exercise & Health	3	Fall 2016	40
NUTR100s900 Nutrition, Exercise & Health	3	Fall 2016	10
NUTR253s900 Cultural Aspects of Food & Nutr	3	Fall 2016	40
NUTR402s001 Science, Media, & Consumer	3	Fall 2016	61
NUTR402s900 Science, Media, & Consumer	3	Fall 2016	20
NUTR986s001 Graduate Seminar	1 - 2	Fall 2016	8
NUTR100s700 Healthy Living	3	Spring 2017	47
NUTR100s800 Healthy Living	3	Spring 2017	8
NUTR302s001 Science, Media, & Consumer	3	Spring 2017	74
NUTR302s002 Science, Media, & Consumer	3	Spring 2017	63
NUTR302s900 Science, Media, & Consumer	3	Spring 2017	19
NUTR986s001 Graduate Seminar	1 - 2	Spring 2017	7
NUTR250s301 Human Nutrition & Metabolism	3	Summer 2017	16
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2017	19
NUTR402s900 Science, Media, & Consumer	3	Summer 2017	24
NUTR100s700 Healthy Living	3	Fall 2017	46
NUTR100s800 Healthy Living	3	Fall 2017	6

NUTR302s001 Science, Media, & Consumer	3	Fall 2017	49
NUTR302s002 Science, Media, & Consumer	3	Fall 2017	34
NUTR302s900 Science, Media, & Consumer	3	Fall 2017	16
NUTR986s001 Graduate Seminar	1 - 2	Fall 2017	9
NUTR100s700 Healthy Living	3	Spring 2018	44
NUTR100s800 Healthy Living	3	Spring 2018	6
NUTR302s001 Science, Media, & Consumer	3	Spring 2018	39
NUTR302s002 Science, Media, & Consumer	3	Spring 2018	22
NUTR302s900 Science, Media, & Consumer	3	Spring 2018	15
NUTR986s001 Graduate Seminar	1 - 2	Spring 2018	3
NUTR302s900 Science, Media, & Consumer	3	Summer 2018	25
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2018	38
NUTR100s700 Healthy Living	3	Fall 2018	37
NUTR100s800 Healthy Living	3	Fall 2018	7
NUTR302s001 Science, Media, & Consumer	3	Fall 2018	44
NUTR302s900 Science, Media, & Consumer	3	Fall 2018	19
NUTR986s001 Graduate Seminar	1 - 2	Fall 2018	10
NUTR100s700 Healthy Living	3	Spring 19	39
NUTR100s800 Healthy Living	3	Spring 19	0
NUTR253s900 Cultural Aspects of Food & Nutr	3	Spring 19	39
NUTR302s001 Science, Media, & Consumer	3	Spring 19	44
NUTR302s900 Science, Media, & Consumer	3	Spring 19	12
NUTR986s001 Graduate Seminar	1 - 2	Spring 19	7
NUTR302s900 Science, Media, & Consumer	3	Summer 2019	30
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2019	35
NUTR100s700 Healthy Living	3	Fall 2019	50
NUTR100s800 Healthy Living	3	Fall 2019	12
NUTR302s001 Science, Media, & Consumer	3	Fall 2019	37
NUTR302s900 Science, Media, & Consumer	3	Fall 2019	21
NUTR986s001 Graduate Seminar	1	Fall 2019	8
NUTR100s700 Healthy Living	3	Spring 2020	44
NUTR100s800 Healthy Living	3	Spring 2020	5
NUTR251s001 Nutrition Through the Life Cycle	3	Spring 2020	59
NUTR302s001 Science, Media, & Consumer	3	Spring 2020	57
NUTR302s900 Science, Media, & Consumer	3	Spring 2020	13
NUTR986s001 Graduate Seminar	1	Spring 2020	1
NUTR302s900 Science, Media, & Consumer	3	Summer 2020	36
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2020	40
NUTR100s700 Healthy Living	3	Fall 2020	40
NUTR100s800 Healthy Living	3	Fall 2020	1
NUTR251s001 Nutrition Through the Life Cycle	3	Fall 2020	14
NUTR302s001 Science, Media, & Consumer	3	Fall 2020	56
NUTR302s900 Science, Media, & Consumer	3	Fall 2020	13
NUTR986s001 Graduate Seminar	1 - 2	Fall 2020	10
NUTR100s700 Healthy Living	3	Spring 2021	39
NUTR100s800 Healthy Living	3	Spring 2021	1

NUTR251s001 Nutrition Through the Life Cycle	3	Spring 2021	42
NUTR302s001 Science, Media, & Consumer	3	Spring 2021	25
NUTR302s700 Science, Media, & Consumer	3	Spring 2021	17
NUTR302s900 Science, Media, & Consumer	3	Summer 2021	35
NUTR253s900 Cultural Aspects of Food & Nutr	3	Summer 2021	34
NUTR100s700 Healthy Living	3	Fall 2021	38
NUTR251s001 Nutrition Through the Life Cycle	3	Fall 2021	57
NUTR302s001 Science, Media, & Consumer	3	Fall 2021	53
NUTR302s900 Science, Media, & Consumer	3	Fall 2021	17
NUTR893s001 Oral Science Communication Strategies	1 - 2	Fall 2021	10