

## CONTACT INFORMATION

Dept. of Nutrition and Health Sciences  
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## PROFESSIONAL POSITIONS

- 4/2017 -- Coordinator of the certificate program titled "Nutrition, Non-coding RNAs and Extracellular Vesicles (N2V)"
- 8/2014 -- Director of the Nebraska Center for Obesity Prevention at the University of Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 8/2011 -- Willa Cather Professor of Molecular at the University of Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 7/2010 -- Professor of Molecular Nutrition at the University of Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 8/2006 -- 6/2010 Associate Professor of Molecular Nutrition at the University of Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 4/2001 -- 7/2006 Assistant Professor of Molecular Nutrition at the University of Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 2000 -- 2001 Research Assistant Professor at The University of Arkansas for Medical Sciences, Little Rock, Dept. of Biochemistry & Molecular Biology
- 1999 -- 2000 Assistant Research Professor at the Arkansas Children's Hospital Research Institute and the University of Arkansas for Medical Sciences, Little Rock, Dept. of Pediatrics (Gastroenterology)
- 1998 -- 1999 Instructor at the Arkansas Children's Hospital Research Institute at the University of Arkansas for Medical Sciences, Little Rock, Dept. of Pediatrics (Gastroenterology)

## CONSULTING

- 4/2019 -- 5/2019 Consulting, Baxter Healthcare, Inc., Deerfield, IL
- 2/2017 -- 2018 Stewart Weltman, Attorney, Spirit Law Firm, Chicago (Rosa Alvarez versus Nature's Bounty); class action lawsuit; expert witness for the plaintiff
- 2/2017 -- Scientific Advisory Board, PureTech Health, Boston, MA

## EDUCATION/TRAINING

- 1995 -- 1998 Postdoctoral Fellow at Arkansas Children's Hospital Research Institute and the University of Arkansas for Medical Sciences, Little Rock, Dept. of Pediatrics, Division of Gastroenterology, Hepatology, and Nutrition (Donald M. Mock, M.D., Ph.D., mentor)
- 1994 -- 1995 Postdoctoral Fellow at Emory University School of Medicine, Atlanta, Dept. of Biochemistry (Donald B. McCormick, Ph.D., mentor)
- 1993 -- 1994 Postdoctoral Fellow at Innsbruck University School of Medicine, Dept. of Pediatrics (Innsbruck, Austria) (Burkhard Mangold, M.D., mentor)
- 1988 -- 1992 Ph.D., graduation date: December 21, 1992; Dept. of Nutrition Sciences, University of Giessen, Germany (Werner Kübler, M.D., Ph.D., advisor)
- 1984 -- 1988 B.S., Dept. of Nutrition Sciences, University of Giessen, Germany

## SELECTION OF NOTABLE ACHIEVEMENTS, AS DOCUMENTED IN SUBSEQUENT SECTIONS

- Continuously funded by NIH, NSF, USDA/NIFA, foundations (Gerber, Gates) and industry since 2000
- Secured more than \$50 million in external research funding
- Listed among the top 2% of the most cited researchers worldwide both throughout their careers and in a single year (J. P. A. Ioannidis et al., PLoS Biol, 2020, 18(10): e3000918, PMC7567353, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7567353/>; and <https://cehs.unl.edu/cehs/news/cehs-researchers-among-most-cited-scientists-worldwide/>)
- PI and Director of and NIH Center of Biomedical Research Excellence, “Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules”
- Published more than 170 peer-reviewed research articles, review articles, books, and book chapters
- Fellow of the American Association for the Advancement of Sciences
- Recipient of the Mead Johnson and Osborne and Mendel awards by the American Society for Nutrition
- Thirty-nine honors and awards, including four national research awards, and two times nominator for national and international research awards
- More than 350 conference presentations
- Invited presentations in Australia, Austria, China, Germany, Indonesia, Japan, New Zealand and the United States
- Grant proposal review: NIH, NSF, USDA/NIFA, American Institute for Cancer Research, Foundation for Food & Agriculture Research, Syngap Research Fund, and funding bodies in Canada, European Commission, Germany, France, Hungary, India, Israel and The Netherlands
- Member of the Academic Volunteer Interest/Expert Group (VIEG) for the Human Milk Composition Initiative (coordinated by FDA, USDA, USDHHS and Health Canada)
- Member of the Milk Task Force, International Society for Extracellular Vesicles (4/2023 - )
- Editorial board member (currently: 10 journals)
- Listed in Who is Who in America and Who is Who in the World
- Manuscript reviewer for 70 journals and book proposals (up to 100 manuscripts per journal)
- More than 150 services to committees at UNL (97) and in the profession (58)
- Mentored and graduated 98 postdoctoral associates, graduate students and undergraduate students
- One hundred thirty-seven honors and recognitions for my students and postdoctoral associates, including 15 national research awards
- Diversity: 11 out of 98 postdoctoral associates and graduate students are Hispanic and African American, and 68 are women
- Placement: 100% of graduates secured positions in academia, industry, or government

## PROFESSIONAL DEVELOPMENT

1. Title IX training, University of Nebraska-Lincoln (2018)
2. REACH Suicide Prevention training, University of Nebraska-Lincoln (2019)
3. University of Nebraska-Lincoln, Media training (2019)
4. Search Committee training, University of Nebraska-Lincoln (2019)
5. Search Committee Inclusion training, Institute of Agricultural and Natural Resources, University of Nebraska-Lincoln (1/14/2020)
6. U.S. Export Control training, University of Nebraska-Lincoln (2/14/2020)
7. U.S. Conflicts of Interest training, University of Nebraska-Lincoln (2/14/2020)
8. Campus Security Authority Training (online, 1/27/2021)
9. Support! Faculty/Staff Sexual Misconduct Prevention and Response (online, 3/1/2021)
10. IANR Supervisor Training (online, 6/16/2021)
11. Diversity, Equity and Inclusion training (9/22/2021)
12. Title IX training, University of Nebraska-Lincoln (1/31/2022)
13. Implicit Bias Training for NIFA Panel Members (10/7/2022)
14. Campus Security Authority training (12/5/2022)
15. Support = Support! Faculty/Staff Sexual Misconduct Prevention and Response (online, 1/5/2023)
16. Search Advisory Committee Training, 6/6/2023

## RESEARCH INTERESTS

My team has pioneered a new line of discovery. We were first to demonstrate that natural nanoparticles (“exosomes”) and their RNA cargos in milk are bioavailable and regulate genes and metabolism in humans and animals consuming milk. Within this premise, we are focusing on milk exosomes and RNAs in 1) infant nutrition, 2) cognitive development, 3) gut bacterial communities and their evolution and pathogenicity and 4) delivery of cancer drugs to brain tumors.

## MEMBERSHIPS

- American Association for the Advancement of Science (AAAS)
- American Association of Extracellular Vesicles [AAEV, formerly American Society for Exosomes and Microvesicles (ASEMV)]
- The American Physiological Society (APS)
- American Society for Cell Biology (ASCB)
- The American Society for Nutrition (ASN)
- Gamma Sigma Delta
- International Society for Extracellular Vesicles (ISEV)
- Academic Society for Functional Foods and Bioactive Compounds

## MANUSCRIPT PEER REVIEW (BETWEEN 1 AND >100 REVIEWS FOR EACH OF THE JOURNALS)

- Advances in Nutrition
- American Journal of Clinical Nutrition
- American Journal of Physiology – Endocrinology and Metabolism
- American Journal of Physiology – Gastrointestinal and Liver Physiology
- Analytical Biochemistry
- Annals of Nutrition and Metabolism
- Archives of Biochemistry and Biophysics
- Archives of Medical Research
- Biochimica et Biophysica Acta
- Biochimica et Biophysica Acta — Biomembranes
- BMC Bioinformatics
- BMC Gastroenterology
- BMC Genomics
- Breastfeeding Medicine
- British Journal of Nutrition
- CABI Publishing (review of book proposals)
- Cellular and Molecular Biology
- Cellular Physiology and Biochemistry
- CRC Press (review of book proposals)
- Current Opinion in Investigational Drugs
- Digestive Diseases and Sciences
- Epigenetics
- European Journal of Nutrition
- European Journal of Pediatrics
- FASEB J
- FEBS Journal (European Journal of Biochemistry)
- FEBS Letters
- Food and Chemical Toxicology
- Food and Function
- Food Chemistry

- Free Radical Biology and Medicine
- Food Research International
- Frontiers in Immunology
- Functional Foods in Health and Disease
- Gastroenterology
- Gene
- Genes & Nutrition
- Human Mutation
- Industrial & Engineering Chemistry Research
- International Journal for Vitamin and Nutrition Research
- International Journal of Molecular Sciences
- International Journal of Nanomedicine
- iScience
- IUBMB Life
- Journal of Agricultural and Food Chemistry
- Journal of the American College of Nutrition
- Journal of Dairy Science
- Journal of Extracellular Vesicles
- Journal of Food Composition and Analysis
- Journal of Gerontology: Biological Sciences
- Journal of Hepatology
- Journal of Leukocyte Biology
- Journal of Lipid Research
- Journal of Nutrition
- Journal of Nutritional Biochemistry
- Molecular Biology Reports
- Molecular Genetics and Metabolism
- National Institutes of Health, Office of Dietary Supplements, Fact Sheets (Biotin)
- Nutrients
- Nutrition
- Nutrition Journal
- Nutrition & Metabolism
- Nutrition Reviews
- Oncotarget
- Oxidative Medicine and Cellular Longevity
- Peer Journal
- Pediatric Research
- Pharmaceutical Research
- Photochemistry and Photobiology
- PLoS One
- Proceedings of the National Academy of Sciences USA
- Recent Patents on Food, Nutrition & Agriculture
- Scientific Reports
- Steroids
- Taylor & Francis (review of book proposals)

## **REVIEWER FOR FUNDING AGENCIES**

- American Institute for Cancer Research (panel member 8/2004, 3/2005, 8/2005, 3/2006, 8/2006, 3/2007, 8/2007, 3/2008, 5/2010)
- Alberta Heritage Foundation for Medical Research (Canada, 2004, 2010)

- German State Secretary for Science and Education (BMBF), Member of the Review Panel for Nutrition Research (panel meeting February 12 and 13, 2007, Berlin, Germany)
- German State Secretary for Science and Education (BMBF), ad hoc reviewer Biomedical Nutrition Research (Biomedizinische Ernährungsforschung), Research Center Jülich, Germany, June 2008
- German State Secretary for Science and Education (BMBF), Chair of the Review Panel “Innovation and New Ideas in Nutrition Research” (panel meeting May 25-29, 2009, Berlin, Germany)
- German State Secretary for Science and Education (BMBF), Chair of the Review Panel “Innovation and New Ideas in Nutrition Research” (panel meeting October 26/27, 2009, Berlin, Germany)
- German State Secretary for Science and Education (BMBF), Chair of the Review Panel “Innovation and New Ideas in Nutrition Research,” status seminar (February 23, 2010, Bonn, Germany)
- German State Secretary for Science and Education (BMBF), Chair of the Review Panel “Innovation and New Ideas in Nutrition Research,” status seminar (May 16-18, 2011, Berlin, Germany)
- Hungarian Scientific Research Fund, ad hoc reviewer (OTKA) (Hungary, 2007)
- National Science Foundation, ad hoc reviewer (2003)
- NIH, Special Emphasis Panel of the NIH Center for Scientific Review for the evaluation of applications concerning Chronic Fatigue Syndrome, Fibromyalgia Syndrome and Temporomandibular Dysfunction by telephone conference, August 7, 2007
- NIH, Integrative Physiology of Obesity and Diabetes Study Section [IPOD], Endocrinology, Metabolism, Nutrition and Reproductive Sciences IRG, [EMNR] Division of Biologic Basis of Disease, by telephone conference, August 2, 2007
- NIH, Regular Member of the Integrative Nutrition and Metabolic Processes (INMP) Study Section, 6/2010 – 6/2013
- United States Department of Agriculture, National Research Initiative Competitive Grants Program, ad hoc reviewer (2001, 2002, 2003, 2004, 2008)
- United States Department of Agriculture, Office of Scientific Quality Review: Review of Agricultural Research Station Project Plans in National Program 107 Human Nutrition (web-based review panel, December 2005)
- University of Florida-Gainesville Innovation Grants Competition, August 2008
- Nebraska “Experimental Program to Stimulate Competitive Research” (EPSCoR) First Award pre-proposal review, Lincoln, NE, December 2008.
- Chair of the internal grant competition for the Nebraska Gateway to Nutrigenomics, University of Nebraska Lincoln, November 2009.
- Panel member (phone conference), USDA ARS Research Projects NP107 panel 14 Epigenetics, January 2014
- NIH special emphasis panel ZRG1 EMNR-Q (50) “Nutrigenetics and Nutrigenomics Approaches for Nutrition Research (R01),” panel member, PAR-13-375, July 9, 2014
- NIH Nutrition Obesity Research Centers (P30) applications (NORC Program Announcement), Washington DC, November 18, 2015.
- NIH “Training and Education” review meeting held by the National Center for Complementary and Integrative Health (NCCIH / NIH) on March 17, 2016
- Israel Science Foundation, proposal “Expression and biological function of miRNA in breast milk” by Shimon Reif, March 24, 2016 (ad hoc)
- Israeli Ministry of Health, proposal “Expression and biological function of miRNA in breast milk” by Shimon Reif, April 20, 2016 (ad hoc)
- Dairy Farmers of Canada, Nutrition Research Funding Program, proposal “Quantifying the Effects of Milk MicorRNAs on Cancer Genes” by Igor Jurisica, April 20, 2016 (ad hoc)
- NIH Special Emphasis Panel/Scientific Review Group 2017/01 ZGM1 RCB-3 (C3) meeting (COBRE Phase III applications), November 2<sup>nd</sup>, 2016, Washington DC
- Deutsche Forschungsgemeinschaft (German Science Society) “Verborgene bioaktive Moleküle: miRNAs in extrazellulären Vesikeln könnten bioaktive Wirkstoffe in der Europäischen Mistel sein (eBer-17-7618)” (“Hidden bioactive molecules: miRNAs in in extracellulär vesicles in mistle toe” 3/15/2017

- Dairy Farmers of Canada, Nutrition Research Funding Program, proposal “Do the bioactive miRNAs in colostrum and milk exosomes from high immune responder cows promote health and disease resistance in calves and consumers?” by Bonnie Mallard, July 6, 2017 (ad hoc)
- Israeli Ministry of Health, proposal “The biological effect of milk-derived miRNA against infant's obesity” by Shimon Reif, June 26, 2017 (ad hoc)
- Israeli Ministry of Health, proposal “The biological effect of milk-derived miRNA against infant's obesity” by Shimon Reif, July 3, 2017 (ad hoc)
- NIH special emphasis panel ZRG1 EMNR-V 55 (201801) “Food Specific Molecular Profiles and Biomarkers of Food and Nutrient Intake, and Dietary Exposure (R01),” panel member, PAR-15-024, November 2, 2017
- Netherlands Organisation for Scientific Research (NWO), domain Applied and Engineering Sciences (TTW), Utrecht, Holland, November 13, 2017
- NIH Special Emphasis Panel/Scientific Review Group 2018/05 ZGM1 RCB-3 (2A) meeting (COBRE Phase II applications), March 1/2, 2018, Bethesda, VA
- NIH Special Emphasis Panel/Scientific Review Group Special 2019/10 ZGM1 RCB-3 (C1) meeting (COBRE Phase I applications), July 11/12, 2019, Bethesda, VA
- NIH Special Emphasis Panel/Scientific Review Group 2020/05 ZDK1 GRB-2 (M3) 1. NORC applications. March 9/10, 2020, Bethesda, VA
- U.S-Israel Binational Science Foundation, ad hoc reviewer of the proposal titled “Epigenetic role of milk-derived miRNAs in preterm compared to term babies and their implications for infant health” by S. Reif and A. Non, April 7, 2020
- European Commission, European Research Council, ad hoc reviewer of the proposal titled “Human Milk Exosomes: The missing clue to Protect preterm infant’s gut health?” by Julia Kuligowski, April 27, 2020
- China Israel Research Program, ad hoc reviewer of the proposal titled “Regulation of fat catch-up growth on small for gestational age (SGA) development by milk-derived exosomes (MDE)” by S. Reif and Chen Jinjin, June 15, 2020
- India Alliance (partnership between the Wellcome Trust UK and the government of India) “Elucidation of milk-derived exosomal microRNAome, proteome, and lipidome profiling in zebu, crossbred and exotic cattle, and buffaloes: potential implication in human health and udder health of cows” by Hari Om Pandey (reference no. IA/E/20/1/505680); February 8, 2021.
- CNRS and INSERM France “Fecal miRNAs, mediators of host-microbiota interactions” by Emilie Viennois (reference no. IA/E/20/1/505680); January 30, 2021.
- NIH Special; no- Emphasis Panel/Scientific Review Group 2022/01 ZGM1 RCB-3 (C3) meeting (COBRE Phase III applications), November 4/5, 2021, Bethesda, VA (by Zoom)
- India Alliance (partnership between the Wellcome Trust UK and the government of India) “Developing a platform technology for scalable production and isolation of extracellular vesicles for clinical applications” by Dinesh Upadhyya (reference no. IA/I/22/1/506260); February 8, 2022.
- Auckland Medical Research Foundation (New Zealand) “microRNAs as breastmilk Communicators- Linking Mother's Nutrition to Offspring” by Farha Ramzan, March 17, 2022
- Foundation for Food & Agriculture Research 2022 New Innovator in Food and Agriculture Research Award program. “Investigating the content and composition of extracellular vesicles in bovine milk to support newborn health outcomes” by Dr. John Miklavcic, Chapman University, Orange, CA
- National Institute of Food and Agriculture “USDA/NIFA AFRI Nanotechnology for Agriculture and Food Systems (A1511) competitive grants program”. December 12-16, 2022 (by Zoom)
- NIH Special Emphasis Panel/Scientific Review Group 2023/05 ZGM1 RCB-3 (C2) meeting (COBRE Phase II applications), March, 2/3 2023, Bethesda, VA (by Zoom)
- Syngap Research Fund. Two proposals (Christos Gkogkas; Juliet Knowles). March 8 2023 (ad hoc)
- Agence Nationale de la Recherche (France). Comprehensive phenotyping and identification of the biological functions of postprandial extracellular vesicles. March 21, 2023 (ad hoc)
- National Institute of Food and Agriculture “USDA/NIFA AFRI Nanotechnology for Agriculture and Food Systems (A1511) competitive grants program”. Proposal titled “2024 Nanoscale Science and Engineering for Agriculture and Food Systems Gordon Research Conference and Gordon Research Seminar” June 4, 2022 (ad hoc)

## AWARDS/HONORS

- Courtesy appointment in the Depts. of Biochemistry (since 9/2001) and Animal Science (since 2/2003), University of Nebraska-Lincoln
- Visiting Professor at the Institute for Biomedical Research at the National Autonomous University of Mexico, Mexico City (March 13-16, 2002)
- *Recognition of Junior Faculty for Excellence in Research Award* by the Agricultural Research Division at the University of Nebraska-Lincoln (September 13, 2002).
- One of six finalists for the "Future Leader Award" by the International Life Sciences Institute, USA, in the 2004 and 2005 competitions.
- Winner of the Mead Johnson Award 2006 by the American Society for Nutrition (April 2, 2006).
- Member of the Microbiology Initiative, University of Nebraska (since 9/2006).
- Winner of the Gamma Sigma Delta Research Award 2007 by the Nebraska Chapter of Gamma Sigma Delta (October 28, 2007).
- My paper entitled "K4, K9, and K18 in human histone H3 are targets for biotinylation by biotinidase" (by Kobza K et al. FEBS J 272:4249-4259, 2005) was selected by *Faculty of 1000 Biology* for the significant contributions it makes to the chromatin field.
- Listed in Marquis Who's Who in America, 2009 --.
- Distinguished Research/Creative Activity Award by the College of Education and Human Sciences (March 23, 2009).
- Member of the Center for Molecular and Cellular Pharmaceutics and Biophysics at the University of Nebraska Medical Center (since June, 2009).
- Member of the Micronutrients Genomics Project ([www.micronutrientgenomics.org](http://www.micronutrientgenomics.org)) since 2/2010, The European Nutrigenomics Organisation (NuGO).
- Associate Member in the Molecular Biochemical Etiology Program at the Eppley Cancer Center since 9/2010, University of Nebraska Medical Center.
- Nutrient-Gene Interactions Research Interest Section (American Society for Nutrition) Outstanding Investigator Award 2012.
- Nominator for the MacArthur Foundation's MacArthur Fellows Program (10/16/2013 – 12/16/2013).
- Vitamin and Mineral Research Interest Section (American Society for Nutrition) Outstanding Investigator Award 2014.
- 2015 Omtvedt Innovation Award, Institute of Agricultural and Natural Resources, UNL, September 10, 2015.
- 11/2015 - Fellow of the American Association for the Advancement of Sciences.
- Faculty Student Mentoring Award by the College of Education and Human Sciences (April 22, 2016).
- Session Chair (September 13) at the 6<sup>th</sup> International Conference of Genomics and Pharmacogenomics, September 12-14, 2016, Berlin, Germany; organized by *omics International*
- Session Chair: "Dietary Exosomes and their Cargos" 21. International Conference. Functional Foods Center, San Diego, CA, March 25/26, 2017.
- Session Chair: "Dietary Exosomes and their Cargos" 22. International Conference. Functional Foods Center, September 22-23, 2017, Harvard Medical Center, Boston, MA.
- Best Session Award "Dietary Exosomes and their Cargos" 22. International Conference. Functional Foods Center, September 22-23, 2017, Harvard Medical Center, Boston, MA.
- Opening ceremony speaker at the meeting of the American Society for Exosomes and Microvesicles. Zemleni J, Zhou F, Wu D, Upadhyaya B, Shu J, Paz H, Fernando S, Cui J. Delivery and alterations of microbial signals by bovine milk exosomes in non-bovine species. Asilomar Conference Center, Pacific Beach, CA, October 8-12, 2017
- Invited expert at the NIH-sponsored workshop titled "Workshop on Human Milk Composition-Biological, Environmental, Nutritional, and Methodological Considerations Meeting." Bethesda, MD, November 16-17, 2017
- Zemleni J. Cross-kingdom communication: bovine milk exosomes talk to the gut microbiome talk to the host. Invited seminar in the Interdepartmental Nutrition seminar series. Speaker chosen by the Nutrition Science Graduate Student Organization as Spring Seminar 2018 Speaker. Purdue University, Lafayette, IN, March 9, 2018



- Invited speaker at the Grand Challenges Meeting, sponsored by the Gates Foundation, Berlin, Germany, October 15-18, 2018
- Visiting Professor in Jakarta, Indonesia, delivering the following lectures: 1) Dietary exosomes and their RNA cargos as novel bioactive food compounds. (11/5/2018) 2) biotin metabolism (11/2/2018). 3) Pursuing a graduate education in US (11/2/2018). 4) Obesity research in the United States (11/3/2018).
- Winner of the Osborne and Mendel Award 2019 by the American Society for Nutrition (June 8-11, 2019).
- Marquis Who's Who 2018 Albert Nelson Marquis Lifetime Achievement Award.
- Nominator for the Inamori Foundation's 2020 Kyoto Prize in Basic Sciences in "Life Sciences (Molecular Biology, Cell Biology, Neurobiology)." (6/27/2019).
- Invited speaker and session chair in the session "Exosomes & microRNA" at the 7th International Conference on Food Factors, Kobe, Japan, December 4th, 2019. The Japanese Society for Food Factors. Presenting "Bioavailability, distribution and biological function of milk exosomes and their RNA cargos"
- Delivering Concluding Remarks in the session "Exosomes & microRNA" at the 7th International Conference on Food Factors, Kobe, Japan, December 4th, 2019. The Japanese Society for Food Factors.
- Listed in Marquis Who's Who in the World, 2019 --.
- Member of the Child Health Research Institute, University of Nebraska Medical Center, 10/2020 -
- Member of the Academic Volunteer Interest/Expert Group (VIEG) for the Human Milk Composition Initiative (coordinated by FDA, USDA, USDHHS and Health Canada), 3/2021 –
- Member of the Milk Task Force, International Society for Extracellular Vesicles (4/2023 - )
- Listed among the top 2% of the most cited researchers worldwide both throughout their careers and in a single year (J. P. A. Ioannidis et al., PLoS Biol, 2020, 18(10): e3000918, PMC7567353, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7567353/>; and <https://cehs.unl.edu/cehs/news/cehs-researchers-among-most-cited-scientists-worldwide/>)
- Recipient of the Distinguished Achievement in Agriculture Award of Merit by the Honor Society of Agriculture, Gamma Sigma Delta, 3/27/2022
- Nominator for the Inamori Foundation's 2023 Kyoto Prize in Advanced Technology" in "Biotechnology and Medical Technology." (5/13/2022).
- Featured by USDA/NIFA through the National Dairy Month Profile. <https://www.nifa.usda.gov/about-nifa/blogs/national-dairy-month-profile-dr-janos-zempleni> (6/2022)
- Member of the Milk Task Force, International Society for Extracellular Vesicles (3/15/2023 – present)
- Nominator for the VinFuture Foundation 2023 Prize in Advanced Technology" in "Biotechnology and Medical Technology." (3/18/2022).

## SERVICE

### University level

- Compilation of "News from the University of Nebraska-Lincoln" for the ASN Newsletter, 2001 - present
- Coordinator for an International Study Program of the Universities of Nebraska-Lincoln and Giessen (Germany), 2001 - present
- Graduate Student Recruitment and Program Enhancement Committee (Dept. of Biochemistry, University of Nebraska-Lincoln), 2005
- Admissions Committee for the Life Science Interdisciplinary Graduate Recruitment Program, University of Nebraska-Lincoln, 2005 - 2007
- Member of the Genomics Core Facility Advisory Board, University of Nebraska-Lincoln, 2005 - present
- Facilitator of the "Epigenetics" break-out group in the Nebraska Biomedical Research Retreat, November 16, 2006
- Search Committee for an Assistant Professor of "Epigenetics" (School of Biological Sciences & Plant Sciences Initiative), 2007-2008
- Admissions Committee for the Nebraska Life Science Recruitment Program (Interdisciplinary Research Area "Bioengineering, Biomolecular Nutrition, and Biomedical Sciences"), University of Nebraska-Lincoln, 2008
- Reviewer of pilot grant proposals for the Redox Biology Center, University of Nebraska-Lincoln, Research Award Committee 2009



- Gamma Sigma Delta, University of Nebraska-Lincoln, Research Award Committee 2009
- Committee of faculty from the Institute of Agricultural and Natural Resources (IANR) to respond to a report by an external committee on the state of molecular biology in IANR (appointed by Chancellor Harvey Perlman) 2010
- Nebraska Innovation Campus Planning Committee 2010
- Host of the Nebraska Gateway to Nutrigenomics seminar series, Fall 2009
- Search Committee for the Molecular Genetics and Biological Chemistry position in the Department of Biochemistry, University of Nebraska-Lincoln, Fall 2009
- Nebraska Innovation Campus Life Sciences Building Laboratories committee, University of Nebraska-Lincoln, 03/27/2012
- Host of the Nebraska Obesity Prevention Center's Spring Research Retreat, Sheldon Museum, Lincoln, NE, 4/2015
- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Dr. Adamec's Acreage, Lincoln, NE, 9/2015
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, Sheldon Museum, Lincoln, NE, 9/2015
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2015
- Host of the Nebraska Obesity Prevention Center's Spring Research Retreat, Sheldon Museum, Lincoln, NE, 4/2016
- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Dr. Adamec's Acreage, Lincoln, NE, 9/2016
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, Sheldon Museum, Lincoln, NE, 9/2016
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2016
- Host of the Nebraska Obesity Prevention Center's Spring Research Retreat, Sheldon Museum, Lincoln, NE, 4/2017
- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Antelope Park, Lincoln, NE, 9/2017
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, Sheldon Museum, Lincoln, NE, 9/2017
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2017
- Member of the Nebraska Center for Molecular Target Discovery and Development at the University of Nebraska Medical Center; Internal Advisory Committee, 08/2017 -
- F&A distribution and Research Start-up Package Task Force, Office of the Vice Chancellor for Research and Economic Development, University of Nebraska-Lincoln, 09/27/2017 -
- Discussion facilitator "Obesity" at the UNL System Science retreat, Office of Nebraska University President, University of Nebraska-Lincoln, November 3<sup>rd</sup>, 2017
- Host of the Nebraska Obesity Prevention Center's Spring Research Retreat, Sheldon Museum, Lincoln, NE, 4/2018
- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Antelope Park, Lincoln, NE, 9/2018
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, Sheldon Museum, Lincoln, NE, 9/2018
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2018
- Member of the Nebraska Center for Integrated Biomolecular Communication (NCIBC) Internal Mentoring and Advising Committee, 08/2019 -
- Host of the Nebraska Obesity Prevention Center's Spring Research Retreat, Sheldon Museum, Lincoln, NE, 4/2019

- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Antelope Park, Lincoln, NE, 9/2019
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, Sheldon Museum, Lincoln, NE, 9/2019
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2019
- Host of the Nebraska Obesity Prevention Center's Fall Research Symposium, (by zoom due to the corona pandemic), Lincoln, NE, 9/2020
- Host of the Nebraska Obesity Prevention Center's Student Recognition Picnic, Leverton Hall (box lunch pick up due to the corona pandemic), Lincoln, NE, 10/2020
- Host of the Nebraska Obesity Prevention Center's Student Recognition Reception, Van Brunt Visitor Center, Lincoln, NE, 12/2018
- Discussion facilitator at the NU Research Collaboration Retreat (by zoom due to the corona pandemic), 10/30/2020
- Proposal reviewer for two applications (Drs. Bills and Boron) submitted to the University of Nebraska Collaboration Research Initiative, 4/18/2022
- Internal Mentoring and Advisory Committee, Rural Drug Addiction Center (COBRE) 4/28/2022 -
- Proposal reviewer, University of Nebraska Research Collaboration Initiative. "Protection of diet-induced lipid toxicity in the liver by copper homeostasis" by Dr. Jaekwon Lee 3/24/2023

### **Institute of Agricultural and Natural Resources (IANR)**

- Review of Hatch proposal "Effect of maternal metabolic profile on developmental programming of the embryo" by Jennifer Wood (Animal Science), 1-2/2010
- Panel member, IANR AFRI grant writing workshop, Lincoln, NE, 12/14/2010
- Hatch proposal review for Ji-Young Lee (2006), Julie Albrecht (2009), Jennifer Wood (2010), Regis Moreau (2012), Joel Cramer (2013), Qiaozhu Su (2013), Soonkyu Chung (2014).
- Search Committee for an Assistant Professor of Lipids in the Department of Food Science and Technology, University of Nebraska-Lincoln, Fall 2013/Spring 2014.
- Search Committee for an Assistant Professor of Gut Microbiota in Health and Disease in the Department of Food Science and Technology, University of Nebraska-Lincoln, Fall 2013/Spring 2014.
- Department of Nutrition and Health Sciences/Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee Core Facilities Director, September 2014 – March 2015
- Department of Nutrition and Health Sciences/Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee Assistant Professor Fetal Programming, September 2014 – September 2015
- Department of Nutrition and Health Sciences/Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee Assistant Professor Genetics, September 2014 – March 2016
- Department of Biochemistry/Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Co-chair search committee Assistant Professor Biomarkers of Metabolic Disease, September 2015 – April 2016
- Member of the search committee for the Vice Chancellor for IANR, May 2016 – December 2016
- Hatch proposal pre-review for Jiujiu Yu (12/2017)
- IANR Directors Leadership Council, March 2018 –

### **College of Education and Human Sciences**

- Institutional Review Board (IRB), 2002 - 2005
- Co-chair of the thematic group "Basic Science and Theory Development" to facilitate the merger of two colleges (College of Family Science & Human Resources and Teacher's College, Univ. of Nebraska-Lincoln), 2004
- Search Committee for the Research Liaison, College of Education and Human Sciences, 2005

- Search Committee for an Assistant/Associate Professor of “Immigrant/Refugee Studies” (Dept. of Family and Consumer Sciences), 2005
- Search Committee for a Grants Specialist in the Research Office of the College of Education and Human Sciences, 2006
- Dean’s Research Advisory Committee, College of Education and Human Sciences, 2005 – 5/2013
- Reviewer for Layman Award applications, College of Education and Human Sciences, 2006, 2007, 2008, 2009, 2010, 2011, 2012
- College of Education and Human Sciences Pre-Professorial Research/Creative Award Selection Committee 2009/2010
- College of Education and Human Sciences Distinguished Research/Creative Career Award Selection Committee 2009/2010
- Member of the “Technologies” committee, College of Education and Human Sciences, 8/2010 – 9/30/2011
- Member of the Search Committee for a Grants Specialist, College of Education and Human Sciences, 2011
- Member of the Promotion and Tenure Committee, College of Education and Human Sciences, 8/2017-5/2020
- Member of the Apportionment Appeals Committee, College of Education and Human Sciences, 4/2019

### **Department level**

- By-laws committee for Dept. of Nutrition and Health Sciences, 2003 - 2004
- IANR Research Day Committee, 2002
- NHS (UNL) Graduate Admissions Committee, 2004 - 2008
- INP (UNL) Graduate Admissions Committee, 2005 -
- Interdepartmental Nutrition Program Chair Nomination Committee, 2004
- Chair of the Search Committee for an Assistant Professor of “Molecular Nutrition/Nutritional Genomics,” 2004 – 2005
- Search Committee for a Research Technologist in the Department of Nutrition and Health Sciences (Tim Carr’s laboratory), UNL, 2006
- Chair’s Advisory Council (Dept. of Nutrition and Health Science, Univ. of Nebraska-Lincoln); 2005 - 2007
- Chair, By-laws Committee for Dept. of Nutrition and Health Sciences, 2007 - 2008
- Graduate By-laws Review Committee for Dept. of Nutrition and Health Sciences, 2007 - 2008
- Promotion & Tenure Committee for Dept. of Nutrition and Health Sciences, 2008 –
- Chair of the Search Committee for an Assistant Professor of “Nutritional Genomics,” 2010 – 2011
- NHS (UNL) Graduate Admissions Committee, 2010 - 2012
- Chair of the Search Committee for an Assistant Professor of “Molecular Genetics,” 2011 – 2012
- NHS (UNL) Chair Promotion and Tenure Committee, 8/2011 – 7/2016
- NHS (UNL) Member Promotion and Tenure Committee, 8/2016 – 7/2017, 6/2020 -
- NHS (UNL) Strategic Planning Committee, 1/2012 – 5/2012
- Member of the Search Committee for an Assistant/Associate Professor in “Obesity Prevention and Intervention,” 2012 – 2013
- Chair of the Search Committee for an Assistant Professor of “Lipid metabolism,” 2013 – 2014
- Planning committee, positions in Sports Nutrition and Health Messaging, 12/2013 – 1/2014
- Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee Research Technologist I, September-December 2014
- Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee NPOD Administrative Coordinator, December 2015 – January 2016
- Chair’s Advisory Council, 8/2015 – 7/2017
- Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules, University of Nebraska-Lincoln, Chair search committee NPOD Research Cores Director, December 2016 – February 2017
- NHS Academic Program Review - Steering Committee (preparation of NHS Academic Program Review), July 2017 – August 2018

- Chair of the Search Committee for an Assistant Professor of Molecular Genetics, 8/2018 – 8/2019
- Chair of the Search Committee for Research Technologist II, 7/2019 – 9/2019
- Chair of the Search Committee for an Administrative Coordinator, 9/2019 – 11/2019
- Chair of the Search Committee for an Assistant Professor with expertise in Extracellular Vesicles, 10/2019 – 5/2020
- Chair of the Search Committee for Research Technologist II, 10/2019 – 1/2020
- Chair of the Search Committee for a Senior Research Associate, 11/2019 – 4/2020
- NHS Pandemic Planning, group “Research and scholarly activity. member,” 5/7/2020 –
- Interim Chair Promotion and Tenure Committee, 8/2020 – 12/2020
- Member of the Search Committee for an Assistant Professor with expertise in extracellular vesicles, 4/2021 – 6/2021
- Chair of the Search Committee for an Assistant Professor with expertise in Inflammation and Metabolic Syndrome, 8/2021 – 10/2022

### **Service to the profession**

- Judge at the Student/Postdoctoral Fellow Poster Award Competition by the Vitamin and Mineral Research Interest Section, American Society for Nutrition (2003, 2004, 2006, 2007)
- Reviewer “Habilitationgesuch” for Dr. Uwe Wenzel (Technical University Munich, Germany); comparable to reviewing a tenure file; 2005
- University of Manitoba, Office of Research Services: review of an animal care protocol; 2005
- Secretary and Treasurer for the Vitamin and Mineral Research Interest Section of ASNS (April 2004 to April 2005)
- Mini-Symposium Chair “Nutrient-Gene Interactions”, Experimental Biology Meeting (April 2006, San Francisco)
- Additional services as editor and reviewer as described in “List of Publications”, “Manuscript Peer Review” and “Reviewer for Funding Agencies.”
- Chair-elect for the Nutrient-Gene Interactions Research Interest Section of ASN (May 2006 to April 2007)
- Chair for the Nutrient-Gene Interactions Research Interest Section of ASN (June 2007 to May 2008)
- Past Chair for the Nutrient-Gene Interactions Research Interest Section of ASN (June 2008 to May 2009)
- Advisory Board member, Nutrient-Gene Interactions Research Interest Section of ASN (June 2008 to May 2009)
- Mini-Symposium Chair “Vitamins and Minerals: Water-soluble Vitamins”, Experimental Biology Meeting (April 2007, Washington, DC)
- Journal of Nutrition Ad Hoc Committee on the reporting of "omic" data (2007 – 2008)
- Chair of the Symposium entitled Nutrients and Epigenetic Regulation of Gene Expression at the Experimental Biology meeting (April 2009)
- Member of the Nutritional Science Council, American Society for Nutrition, Theme Group II “Enhancing communication to bring added value for members, promote scientific excellence in nutritional science and public impact” (6/2008)
- Ad hoc reviewer for a Molecular Nutrition faculty search committee (Assistant Professor level), Christian Albrechts University Kiel, Germany (6/2009)
- Chair of a conference section entitled “Innovation and New Ideas in Nutrition Research” hosted by the German State Secretary for Science and Education (BMBF), Bonn, Germany (February 23, 2010)
- Chair of the mini symposium entitled Epigenetics at the Experimental Biology meeting (April 2010)
- External reviewer for the P&T committee, Justus–Liebig University Giessen, Department of Nutrition Sciences, Giessen, Germany (file: Silvia Rudloff), March 2010
- Consultant for an NIH T32 training grant proposal team, University of Birmingham, Alabama, April 21/22, 2010
- Participant in the American Institute for Cancer Research Directions meeting, May 15, 2010, Washington, DC.
- Treasurer, Nutrition Sciences Council at the American Society for Nutrition, 6/2010 – 5/2012
- Chair, Gamma Sigma Delta Research Award Committee (Nebraska Chapter), 2010

- Reviewer of the Nutrition Sciences Council (American Society for Nutrition) Graduate Student Award Competition, 12/2010 – 04/2011
- Chair of the session Epigenetics and Complex Diseases (3/30/2011) at the Keystone Symposium Environmental Epigenomics and Disease Susceptibility, 3/27/2011 – 4/1/2011 in Asheville, North Carolina
- Chair of a conference section entitled “Innovation and New Ideas in Nutrition Research” hosted by the German State Secretary for Science and Education (BMBF), Berlin, Germany (May 17, 2011)
- Chair of the mini symposium entitled Epigenetics at the Experimental Biology meeting, Washington, DC (April 2011)
- Chair of the mini symposium entitled Epigenetics and Nutrition at the Experimental Biology meeting, San Diego, CA (April 2012)
- Chair of the mini symposium entitled Nutrition and Cell Differentiation at the Experimental Biology meeting, Boston, MA (April 2013)
- Member of the search committee for the new Editor-in-Chief, The Journal of Nutrition (6/2012 – 2/2013)
- Member of the joint postdoctoral and doctoral student Mentoring Board for the American Society for Nutrition Research Interest Sections Dietary Bioactive Components, Nutrient-Gene Interactions, and Vitamins and Minerals (2/2013 – )
- Reviewer promotion and tenure file (promotion to associate professor), Dr. Stephen Clarke, Oklahoma State University, Stillwater, OK, 3/2013
- External Advisor to the Search Committee for a Professor and Director, Molecular Nutrition, University of Vienna, Austria, 6/2013 – 12/1/2013
- Member of the Site Visit Team for the 10-year evaluation of the Institute for Nutrition and Food Research (“Zentralinstitut für Ernährung- und Lebensmittelforschung“) at the Technical University Munich, Germany (7/15/2013 – 1/10/2014)
- Member of the Site Visit Team for the 5-year strategic plan development, Department of Nutritional Sciences, Pennsylvania State University, College Park, PA (11/11/2013)
- External reviewer, promotion file to Full Professor, Dr. Sandeep Prabhu, Department of Veterinary and Biomedical Sciences, Penn State (September/October 2013)
- Chair of the mini symposium entitled Nutrition and the Genome at the Experimental Biology meeting, San Diego, CA (April 2014)
- Panelist on the American Society for Nutrition Award Nominating Panel, category Young Investigators (Group I): Bio-Serv Award in Experimental Animal Nutrition, E.L.R. Stokstad Award, Mead Johnson Award, Vernon Young International Award for Amino Acid Research (9/2013)
- External reviewer, search committee for Professor of Nutritional Physiology and Molecular Nutrition, University of Vienna, Austria (December 2013)
- Nominator for the MacArthur Fellows Program (10/2013 – 11/2013)
- Voting member of a Steering Committee to organize the future National IDeA Symposium of Biomedical Research Excellence (NISBRE) Conferences
- Chair of the mini symposium entitled Genomics, Proteomics, and Metabolomics at the Experimental Biology meeting, Boston, MA (March 2015)
- Vice Chair of the Reviews, Papers and Guidelines Committee, American Society for Nutrition, June 1, 2015 – May 31, 2018.
- Member (Comparative and Animal Nutrition) of the Nutrition Science Council Governing Committee, American Society for Nutrition, June 1, 2015 – May 31, 2017.
- Phone consultation for the Environmental Protection Agency regarding the metabolism and safety of dietary microRNAs and siRNAs (Drs. Chris Wozniak, John Kough, and Judy Facey), June 30, 2015.
- Chair of the symposium titled “Nutrition, microRNAs and human health” (co-chair: Sharon A. Ross) at Experimental Biology 2016, sponsored by ASN, San Diego, CA, April 5<sup>th</sup>, 2016.
- Reviewer “Habilitationgesuch” for Dr. Anika Wagner (Christian-Albrechts University Kiel, Germany); comparable to reviewing a tenure file; February 4, 2016
- Reviewer promotion and tenure file, Dr. Beiyan Zhou, University of Connecticut School of Medicine, Department of Immunology, 3/2016
- Member of the Student Travel Award Selection Committee for the National conference of IDeA states, 5/2016

- Reviewer promotion and tenure file, Dr. Harmeet Malhi, Mayo Clinic College of Medicine, Rochester, MN, 8/2016
- Reviewer promotion and tenure file (promotion to full professor), Dr. Stephen Clarke, Oklahoma State University, Stillwater, OK, 11/2016
- Reviewer of abstracts (entries) for ASN Student Graduate Award Competition for the Experimental Biology meeting 2017, 1/19/2017
- Judge at the Dupont Postdoctoral Research Award competition, American Society for Nutrition, Experimental Biology 2017 conference, 4/22/2017
- Chair of the session Dietary Exosomes and their Cargos, 21<sup>st</sup> International Conference by the Functional Foods Center, San Diego, CA, March 25/26, 2017
- Member of the Scientific Program Committee for Nutrition 2019, American Society for Nutrition, 8/2018 – 5/2019
- Chair of the symposium titled “Nutrition, Extracellular Vesicles and RNA Cargos” Nutrition 2019, American Society for Nutrition, June 9, 2019
- Chair of the symposium titled “OMICS in Nutrition” Nutrition 2019, American Society for Nutrition, June 10, 2019
- Selection Committee Osborne and Mendel Award, American Society for Nutrition, November, 2019
- Member of the Scientific Program Committee for Nutrition 2020, American Society for Nutrition, October, 2019 – March, 2020
- Member of the Scientific Program Committee for *Nutrition 2021 Live online*, American Society for Nutrition, December, 2020 – March, 2021
- Chair and founding member of the Diet and Nutrition working group, American Society for Exosomes and Microvesicles, inaugural meeting on November 18, 2020 (by using Zoom); November, 2020 – 2022
- Member of the Steering Committee of the National IDeA Symposium of Biomedical Research Excellence (NISBRE) Conferences, 2022, 2024 and 2026 (commitment starting 12/2020)
- Assessment promotion and tenure file, Dr. Young Ah Seo, University of Michigan, June, 2021 – August, 2021
- Assessment promotion file, Dr. Denise Ramirez, University of Southwestern Medical Center, June 2021
- Review of abstracts submitted to the cancer session of the Regional IDeA meeting in Omaha, NE (by Zoom); reviewed on June 25/2021; meeting held on July 26 – 27, 2021
- Osborne and Mendel Award 2022 Selection Committee; American Society for Nutrition; 2/7/2022

### **Editorial Boards**

- Editorial Board, Journal of Nutritional Biochemistry (since January 2004)
- Editorial Board, Current Nutrition Reviews (since June 2004)
- Guest Editor “Biotin Symposium, Ixtapa, Mexico” for the Journal of Nutritional Biochemistry, 2004 - 2005
- Assistant Editor, Journal of Nutrition (5/1/2007 – 6/30/2024)
- Contributing Editor, Nutrition Reviews (3/1/2008 – 6/30/2022)
- Editorial Board, Recent Patents on Food, Nutrition & Agriculture (7/9/2008 – 12/2014)
- Editorial Board, Annals of Nutrition and Metabolism (8/14/2008 – )
- Editorial Board member (5/24/2010 – 4/30/2021), Advances in Nutrition
- Member of the editorial board of ISRN Obesity [open access journal] (ISRN = International Scholarly Research Network; February 2012 – 12/2014)
- Academic Editor (10/31/2012 –), Peer J (open access journal)
- Editorial Board, Functional Foods in Health and Disease (10/22/2015 – 04/2019)
- Editorial Board, Science Matters (11/1/2015 – )
- Guest editor (Dakshinamurti, K, Zempleni J), Can J Physiol Pharmacol. Nutrients/natural product (nutraceutical) control of metabolic pathways in relation to the Metabolic Syndrome, 2015.
- Academic Editor, Current Developments in Nutrition (11/17/2016 - )
- Editorial Board, BioMed Central ExRNA (9/19/2018 - )
- Editorial Board member (6/6/2019 – ), Scientific Reports
- Editorial Board member (8/4/2022 – ), Extracellular Vesicles and Circulating Nucleic Acids

## AWARDS/HONORS FOR MY ADVISEES

1. Undergraduate Honor's Thesis Research Award (\$2,000) to Elizabeth E. Shubert (6/18/2002), Agricultural Research Division, University of Nebraska-Lincoln
2. Othmer Fellowship (stipend of \$7,500/year for three years for doctoral studies) to Gabriela Camporeale (8/2003), University of Nebraska-Lincoln
3. Winner of the Postdoctoral Poster Award Competition (\$300), sponsored by the Vitamin and Mineral Research Interest Section of ASN: Rocio Rodriguez-Melendez (April 2004)
4. The Spacht Family Memorial Scholarship (\$1,600) by "International Affairs" (University of Nebraska-Lincoln) for Jia Tse "Michelle" Hoi (February 2005)
5. Agricultural Research Division Travel Grant (\$500) for Nagarama Kothapalli (April 2005)
6. Agricultural Research Division Travel Grant (\$500) for Gabriela Camporeale (April 2005)
7. College of Education and Human Sciences Travel Grant (\$200) for Gabriela Camporeale (April 2005)
8. Winner of the Student Poster Award Competition (\$300), sponsored by the Nutrient-Gene Interaction Research Interest Section of ASN: Nagarama Kothapalli (April 2005)
9. Centennial Fellowship (\$1,500) to Yousef Hassan (June 2005), University of Nebraska-Lincoln
10. Widaman Award (\$2,000) to Yap Ching Chew (July 2005), University of Nebraska-Lincoln
11. Widaman Award (\$2,000) to Nagarama Kothapalli (July 2005), University of Nebraska-Lincoln
12. INBRE scholarship (one-year stipend, \$21,000) to Keyna Kobza (July 2005), University of Nebraska-Lincoln
13. American Association for Cancer Research (AACR) "Brigi G. Leventhal Scholar in Cancer Research Award" for attending the AACR meeting in Baltimore, MD, 10/30 – 11/2, 2005 (\$1,000 travel award) to Nagarama Kothapalli (September 2005).
14. Undergraduate Research Stipend (\$1,250) for Kanae Watanabe by the Agricultural Research Division, University of Nebraska-Lincoln (October 2005)
15. The Spacht Family Memorial Scholarship (\$2,400) by "International Affairs" (University of Nebraska-Lincoln) for Jia Tse "Michelle" Hoi (January 2006)
16. The Spacht Family Memorial Scholarship (\$2,400) by "International Affairs" (University of Nebraska-Lincoln) for Kanae Watanabe (January 2006)
17. David H. & Annie E. Larrick Student Travel Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$500) for Gabriela Camporeale (April 2006)
18. David H. & Annie E. Larrick Student Travel Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$500) for Yap Ching Chew (April 2006)
19. College of Education and Human Sciences Travel Grant (\$250) for Gabriela Camporeale (April 2006)
20. College of Education and Human Sciences Travel Grant (\$250) for Yap Ching Chew (April 2006)
21. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Yousef Hassan (July 2006)
22. Agricultural Research Division Travel Grant (\$500) for Yap Ching Chew (April 2007)
23. Agricultural Research Division Travel Grant (\$500) for Yousef Hassan (April 2007)
24. College of Education and Human Sciences Travel Grant (\$250) for Yap Ching Chew (April 2007)
25. College of Education and Human Sciences Travel Grant (\$250) for Yousef Hassan (April 2007)
26. Shear-Miles Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Yousef Hassan (August 2007 – May 2008)
27. Travel Grant (\$1250) for Yousef Hassan to attend the AICR/WCRF International Research Conference on Food, Nutrition and Cancer in Washington, DC (November 1 and 2, 2007)
28. Agricultural Research Division Travel Grant (\$500) for Yap Ching Chew (April 2008), University of Nebraska-Lincoln
29. Agricultural Research Division Travel Grant (\$500) for Yousef Hassan (April 2008), University of Nebraska-Lincoln
30. College of Education and Human Sciences Travel Grant (\$250) for Yap Ching Chew (April 2008)
31. College of Education and Human Sciences Travel Grant (\$250) for Yousef Hassan (April 2008)
32. First Prize in the Nutrient-Gene Interactions RIS Student/Postdoc Poster Award Competition (\$500) for Yap Ching Chew for her poster entitled "Histone biotinylation represses retrotransposons in whole organisms, decreasing production of viral particles and retrotranspositions" (April 2008)



33. Agricultural Research Division Travel Grant (\$500) for Valerie Pestinger (April 2009), University of Nebraska-Lincoln
34. Agricultural Research Division Travel Grant (\$500) for Gaganpreet Kaur Mall (April 2009), University of Nebraska-Lincoln
35. College of Education and Human Sciences Travel Grant (\$250) for Valerie Pestinger (April 2009)
36. College of Education and Human Sciences Travel Grant (\$250) for Gaganpreet Kaur Mall (April 2009)
37. Widaman Award (\$2,000) to Luisa Rios-Avila (August 2009), University of Nebraska-Lincoln
38. College of Education and Human Sciences Travel Grant (\$250) for Luisa Rios-Avila (April 2010)
39. Third place in the Nutrient-Gene Interactions RIS Student/Postdoc Poster Award Competition (\$250) for Subhashinee S. K. Wijeratne for her poster entitled "Histone biotinylation is a naturally occurring phenomenon" (April 2010)
40. Othmer Fellowship (stipend of \$8,000/year for three years for doctoral studies) to Dandan Liu (8/2010), University of Nebraska-Lincoln
41. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Jing Xue (August 2010)
42. College of Education and Human Sciences Travel Grant (\$250) for Jing Xue (April 2011)
43. College of Education and Human Sciences Travel Grant (\$250) for Shingo Esaki (April 2011)
44. Agricultural Research Division Travel Grant (\$500) for Shingo Esaki (April 2011), University of Nebraska-Lincoln
45. Nebraska Gateway to Nutrigenomics Graduate Student/Postdoc Award (\$150) for Jing Xue (February 2011), University of Nebraska-Lincoln
46. Agricultural Research Division Travel Grant (\$500) for Dandan Liu (April 2012), University of Nebraska-Lincoln
47. Agricultural Research Division Travel Grant (\$500) for Wei Kay Eng (April 2012), University of Nebraska-Lincoln
48. Agricultural Research Division Travel Grant (\$500) for Elizabeth Cordonier (April 2012), University of Nebraska-Lincoln
49. College of Education and Human Sciences Travel Grant (\$250) for Dandan Liu (April 2012)
50. College of Education and Human Sciences Travel Grant (\$250) for Wei Kay Eng (April 2012)
51. College of Education and Human Sciences Travel Grant (\$250) for Elizabeth Cordonier (April 2012)
52. Nebraska Gateway to Nutrigenomics Graduate Student/Postdoc Award (\$250) for Jing Xue (May 14, 2012), University of Nebraska-Lincoln
53. Nebraska Gateway to Nutrigenomics Graduate Student/Postdoc Award (\$250) for Wei Kay Eng (May 14, 2012), University of Nebraska-Lincoln
54. Elizabeth Cordonier, Member of the Advisory Board for the Nutrient Gene Interactions Research Interest Group at the American Society for Nutrition, 6/1/2012 – 5/31/2013
55. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Scott Baier (August 2012)
56. Jeanne Vierke Yeutter Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$2,000) to Daniel Camara Teixeira (December 2012)
57. Jeanne Vierke Yeutter Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$2,000) to Elizabeth Cordonier (December 2012)
58. Beatrice E. Donaldson David Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$2,000) to Scott Baier (December 2012)
59. Agricultural Research Division Travel Grant (\$500) for Scott Baier (April 2013), University of Nebraska-Lincoln
60. Agricultural Research Division Travel Grant (\$500) for Daniel Camara Teixeira (April 2013), University of Nebraska-Lincoln
61. College of Education and Human Sciences Travel Grant (\$250) for Scott Baier (April 2013)
62. College of Education and Human Sciences Travel Grant (\$250) for Elizabeth Cordonier (April 2013)
63. College of Education and Human Sciences Travel Grant (\$250) for Jing Xue (April 2013)
64. College of Education and Human Sciences Travel Grant (\$250) for Daniel Camara Teixeira (April 2013)
65. College of Education and Human Sciences Travel Grant (\$250) for Jie Zhou (April 2013)

66. Jing Xue, Finalist in the American Society for Nutrition's (ASN) Nutritional Sciences Council (NSC) 2013 Graduate Student Research Awards Competition and \$750 travel award.
67. Kat Howard, Beatrice E. Donaldson David Fellowship and the Colonel LaVon & Ruby Linn Fellowship Fund (\$3,000)
68. College of Education and Human Sciences Travel Grant (\$250) for Scott Baier (April 2014)
69. College of Education and Human Sciences Travel Grant (\$250) for Elizabeth Cordonier (April 2014)
70. College of Education and Human Sciences Travel Grant (\$250) for Daniel Camara Teixeira (April 2014)
71. Scott Baier, Winner of the American Society for Nutrition's (ASN) Nutritional Sciences Council (NSC) 2014 Graduate Student Research Awards Competition (Experimental Biology meeting 2014 in San Diego, CA) and \$1,250 award.
72. Scott Baier, \$337.50 travel award from UNL's Office of Graduate Studies for attending the Experimental Biology meeting 2014 in San Diego, CA.
73. Elizabeth L. Cordonier, \$337.50 travel award from UNL's Office of Graduate Studies for attending the Experimental Biology meeting 2014 in San Diego, CA.
74. Daniel Camara Teixeira, \$337.50 travel award from UNL's Office of Graduate Studies for attending the Experimental Biology meeting 2014 in San Diego, CA.
75. Scott Baier, 2<sup>nd</sup> place in the graduate student poster competition sponsored by the American Society for Nutrition's (ASN) Aging and Chronic Disease Research Interest Section 2014 Graduate Student Research Awards Competition (Experimental Biology meeting 2014 in San Diego, CA) and \$200 award.
76. Nebraska Gateway to Nutrigenomics Graduate Student/Postdoc Award (\$150) for Daniel Camara Teixeira (June 9, 2014), University of Nebraska-Lincoln
77. Beatrice E. Donaldson David Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$2,500) to Tovah Wolf (December 2014)
78. Beatrice E. Donaldson David Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$2,500) to Katherine Howard (December 2014)
79. Indonesian Ambassador Award 2014 to Rio Jati Kusuma
80. College of Education and Human Sciences Travel Grant (\$250) for Elizabeth Cordonier (March 2015)
81. College of Education and Human Sciences Travel Grant (\$250) for Scott Baier (March 2015)
82. College of Education and Human Sciences Travel Grant (\$250) for Rio Jati Kusuma (March 2015)
83. College of Education and Human Sciences Travel Grant (\$250) for Tovah Wolf (March 2015)
84. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$500) for Tovah Wolf (March 2015), University of Nebraska-Lincoln
85. Tovah Wolf, winner of the graduate student and postdoctoral poster competition sponsored by the Nebraska Gateway to Nutrigenomics and Nebraska Center for Obesity Prevention, Lincoln, NE, March 13<sup>th</sup>, \$150 award.
86. Scott Baier, \$250 travel award from UNL's Office of Graduate Studies for attending the Experimental Biology meeting 2015 in Boston, MA.
87. Elizabeth Cordonier, \$250 travel award from UNL's Office of Graduate Studies for attending the Experimental Biology meeting 2015 in Boston, MA.
88. Teresa A. Davis, Editor-in-Chief of The Journal of Nutrition, has selected the following paper as the Editor's Pick for Volume 145 Issue 10 of the journal. The article was featured on the journal website at <https://jn.nutrition.org> and in the member newsletter: Wolf T, Baier SR, Zemleni J. The Intestinal Transport of bovine milk exosomes is mediated by endocytosis in human colon carcinoma Caco-2 cells and rat small intestinal IEC-6 cells. J Nutr 145:2201-2206, 2015
89. College of Education and Human Sciences Travel Grant (\$250) for Mahrou Sadri (March 2016)
90. College of Education and Human Sciences Travel Grant (\$250) for Sonal Sukreet (March 2016)
91. College of Education and Human Sciences Travel Grant (\$250) for Ana Aguilar (March 2016)
92. Ana Aguilar's abstract entitled "Depletion of Dietary microRNAs from Cow's Milk Causes an Increase of Purine Metabolites in Human Body Fluids and Mouse Livers" was selected for one of two short talk presentations in the dual society (APS/Physiologic Genomic Group and ASN) sponsored symposium on "Omics Applications to Understand Metabolic Physiology" at Experimental Biology 2016, chaired by Drs. Sean Adams and Mark Olfert, April 3, 2016, San Diego, CA.

93. Ana Aguilar's abstract entitled "Depletion of Dietary microRNAs from Cow's Milk Causes an Increase of Purine Metabolites in Human Body Fluids and Mouse Livers" was selected for the Emerging Leaders in Nutrition Science Competition at Experimental Biology 2016, April 2, 2016, San Diego, CA.
94. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$500) for Ana Aguilar (March 2016), University of Nebraska-Lincoln
95. Graduate Student Conference Travel grant from UNL Graduate Studies (\$730) for Mahrou Sadri (March 2016), University of Nebraska-Lincoln
96. Ana Aguilar-Lozano, 1st place in the graduate student poster competition sponsored by the American Society for Nutrition's (ASN) Nutrient Gene Interactions Research Interest Section 2016 Graduate Student Research Awards Competition (Experimental Biology meeting 2016 in San Diego, CA) and \$300 award.
97. Ana Aguilar-Lozano, Finalist of the American Society for Nutrition's (ASN) Nutritional Sciences Council (NSC) 2016 Graduate Student Research Awards Competition (Experimental Biology meeting 2016 in San Diego, CA) and \$750 award.
98. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Sonal Sukreet (April 18, 2016), University of Nebraska-Lincoln
99. Ana Aguilar-Lozano, participant and travel stipend recipient (\$1000) in the metabolomics workshop at the University of Alabama at Birmingham, July, 2016.
100. Ana Aguilar-Lozano, invited participant in the Second International Symposium in Systems Biology of the National Institute of Genomic Medicine (Mexico), Mexico City, August 2-4, 2016.
101. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Ana Aguilar-Lozano (August 2016)
102. College of Education and Human Sciences Travel Grant (\$250) for Sonal Sukreet (April 2017)
103. College of Education and Human Sciences Travel Grant (\$250) for Ezra Mutai (April 2017)
104. College of Education and Human Sciences Travel Grant (\$250) for Fang Zhou (April 2017)
105. College of Education and Human Sciences Travel Grant (\$250) for Amy Leiferman (April 2017)
106. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Sonal Sukreet (March 2017), University of Nebraska-Lincoln
107. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Amy Leiferman (March 2017), University of Nebraska-Lincoln
108. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Ezra Mutai (March 2017), University of Nebraska-Lincoln
109. Amy Leiferman, Finalist of the American Society for Nutrition's (ASN) Nutritional Sciences Council (NSC) 2017 Graduate Student Research Awards Competition (Experimental Biology meeting 2017 in Chicago, IL) and \$750 award.
110. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Ezra Mutai (April 12, 2017), University of Nebraska-Lincoln
111. 1<sup>st</sup> Prize for Sonia Manca, Emerging Leaders Postdoctoral Award Competition by the American Society for Nutrition, "The bioavailability and distribution of bovine milk exosomes is distinct from that of their cargos in mice," Experimental Biology Meeting; Chicago, IL, April 22-26, 2017
112. Other Recruitment Fellowship for Afsana Khanam, University of Nebraska-Lincoln, \$8,000 for Afsana Khanam
113. Postdoctoral travel grant award from the University of Nebraska-Lincoln's Office of Postdoctoral Studies and the Postdoc Advisory Council (\$725) to Bijaya Upadhyaya (March 16, 2018) to attend the Keystone symposium titled "Exosomes/Microvesicles: Heterogeneity, Biogenesis, Function and Therapeutic Developments," June 4-8, 2018, Beaver Run Resort, Breckenridge, CO
114. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Di Wu (April 11, 2018), University of Nebraska-Lincoln
115. Student travel grant award from the College of Education and Human Sciences (\$250) to Di Wu (March 29, 2018) to attend the Keystone symposium titled "Exosomes/Microvesicles: Heterogeneity, Biogenesis, Function and Therapeutic Developments," June 4-8, 2018, Beaver Run Resort, Breckenridge, CO

116. Student travel grant award from the College of Education and Human Sciences (\$250) to Mahrou Sadri (March 29, 2018) to attend the Nutrition 2018 Meeting, June 9-12, 2018 in Boston, MA.
117. Mahrou Sadri, Finalist of the American Society for Nutrition's (ASN) Nutritional Sciences Council (NSC) 2018 Graduate Student Research Awards Competition (Nutrition 2018 Conference, American Society for Nutrition; Boston, MA, June 10, 2018) and \$750 award.
118. Mahrou Sadri, winner of the Emerging Leaders in Nutrition Science Competition (Bioactive Food Compounds Research Interest Section) at the Nutrition 2018 Conference, "Bovine milk exosomes and their miR-30d cargo cross the placenta and contribute toward embryo development in C57BL/6 mice" American Society for Nutrition: Boston, MA, June 9, 2018
119. Beatrice E. Donaldson David Fellowship by the College of Education and Human Sciences, University of Nebraska-Lincoln (\$1,000) to Sonal Sukreet (August 2018)
120. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Ezra Mutai (June 2018), University of Nebraska-Lincoln
121. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Di Wu (August 2018)
122. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Sonal Sukreet (September 12, 2018), University of Nebraska-Lincoln
123. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Fang Zhou (June 2019), University of Nebraska-Lincoln
124. Student travel grant award from the College of Education and Human Sciences (\$200) to Sonal Sukreet (April 17, 2019) to attend the "Nutrition 2019" meeting by the American Society for Nutrition, June 8-11, 2019, Baltimore, MD
125. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Mahrou Sadri and Fang Zhou (April 17, 2019), University of Nebraska-Lincoln
126. Graduate Studies travel grant (\$500) for Sonal Sukreet (June 2019), University of Nebraska-Lincoln
127. Agricultural Research Division *David H. & Anne E. Larrick Memorial Travel Fund* grant (\$400) for Di Wu (June 2019), University of Nebraska-Lincoln
128. Student travel grant award from the College of Education and Human Sciences (\$200) to Fang Zhou (May 20, 2019) to attend the "Nutrition 2019" meeting by the American Society for Nutrition, June 8-11, 2019, Baltimore, MD
129. Twila Herman Claybaugh NHS Fellowship (\$1,500) to Sonal Sukreet (May 21, 2019)
130. Winner of the Emerging Leaders Poster Competition, American Society for Nutrition, Nutritional Immunology and Inflammation Research Interest Section, Di Wu, Nutrition 2019 Meeting (June 10, 2019)
131. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Sonal Sukreet (August 2019)
132. Widaman Award by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Fang Zhou (August 2019)
133. John and Louise Skala Fellowship by the Agricultural Research Division, University of Nebraska-Lincoln (\$5,000) to Ngu "Alice" Kah Hui (August 2019)
134. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Di Wu (September 11, 2019), University of Nebraska-Lincoln
135. Student travel grant award from the College of Education and Human Sciences (\$350) to Fang Zhou (April 30, 2019) to attend the "Nutrition 2020" meeting by the American Society for Nutrition, May 30 - June 2, 2020, Seattle, WA. (The meeting was canceled because of the corona virus pandemic)
136. Elinor Kerrey Excellence Fellowship (\$800) to Mojisola Ogunnaike (June 2, 2020) to be paid in 10 installments between August 2020 and May 2021
137. John and Louise Skala Fellowship by the Agricultural Research Division, University of Nebraska-Lincoln (\$5,000) to Ngu "Alice" Kah Hui (August 2020)
138. Shear-Miles Fellowship by the Agricultural Research Division, University of Nebraska-Lincoln (\$2,000) to Fang Zhou (August 2020)

139. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Shu Wang (September 14, 2020), University of Nebraska-Lincoln
140. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Shu Wang (April 14, 2021), University of Nebraska-Lincoln
141. Afsana Khanam, Finalist, Emerging Leaders in Nutrition; Nutrition 2021 Conference (virtual), American Society for Nutrition; 6/7 – 6/10, 2021
142. John and Louise Skala Fellowship by the Agricultural Research Division, University of Nebraska-Lincoln (\$5,000) to Ngu “Alice” Kah Hui (August 2021)
143. Graduate Student and Postdoctoral Associate Poster Competition, Nebraska Center for the Prevention of Obesity Disease through Dietary Molecules (\$150) for Afsana Khanam (September 13, 2021), University of Nebraska-Lincoln
144. Twila Herman Claybaugh Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,743) to Ngu “Alice” Kah Hui (August 2022)
145. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,757) to Ngu “Alice” Kah Hui (August 2022)
146. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,000) to Barbie Zaman Wahid (August 2022)
147. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,000) to Leila Setayesh (August 2022)
148. Can Hu and Shene-Pin Hu Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$2,500) to Leila Setayesh (August 2022)
149. Shu Wang, Emerging Leader in Nutrition in the Food Science and Nutrition topical area; Nutrition 2022 Conference (virtual), American Society for Nutrition; 6/14 – 6/16, 2022
150. John and Louise Skala Fellowship by the Agricultural Research Division, University of Nebraska-Lincoln (\$5,000) to Ngu “Alice” Kah Hui (August 2022)
151. Othmer Fellowship (stipend of \$4,000/year for three years for doctoral studies) to Farzana Hossaini (8/2023), University of Nebraska-Lincoln
152. Othmer Fellowship (stipend of \$4,000/year for three years for doctoral studies) to Barbie Zaman Wahid (8/2023), University of Nebraska-Lincoln
153. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,000) to Barbie Zaman Wahid (August 2023)
154. Twila Herman Claybaugh Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,551) to Leila Setayesh (August 2023)
155. Beatrice Donaldson David Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,899) to Leila Setayesh (August 2023)
156. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,725) to Alice Ngu (August 2023)
157. Elinor Kerrey Fellowship by the Department of Nutrition and Health Sciences, University of Nebraska-Lincoln (\$1,000) to Farzana Hossaini (August 2023)

## FUNDING

### Active

- NIFA/USDA (2023-67017-39056) “The milk exosome – bacterial vesicle – host health triad” PI: Janos Zemleni (0.50 months calendar). Aims: (1) Assess the effects of MEs on OMV and CMV biogenesis and cargo content in human gut bacteria. Objective 1 tests the hypothesis that MEs alter the secretion of OMVs and CMVs and their cargos content in fecal (mixed) cultures *ex vivo* and in bacterial monocultures. (2) Assess the bioavailability and tissue distribution of OMVs and CMVs in mice. Objective 2 tests the hypothesis that bacterial EVs, secreted by human gut bacteria, and their RNA and protein cargos are bioavailable and accumulate in peripheral tissues. (3) Determine whether OMVs and CMVs play a causal role in mediating effects of ME on SLM. Objective 3 tests the hypothesis that depletion of bacterial EVs abolishes effects of MEs on SLM in mice. \$638,000 (\$446,600 direct costs; \$191,400 F&A costs). 3/1/2023 – 02/28/2027



- NIH NIGMS (5P20GM104320-09S1). Acquisition of an Agilent BioTek Cytation C10 Confocal Image Reader. [administrative supplement to P20GM104320]. PI: J. Zempleni (0% effort); Aim: Secure administrative supplement funding for the purchase of an Agilent BioTek Cytation C10 Confocal Image Reader. \$249,937.04 total costs (\$249,937.04 direct costs, no F&A costs). 06/01/2022 – 05/31/2023
- SynGAP Research Fund (TBD) “Using milk exosomes to deliver Syngap1 mRNA to *Syngap1* mutant mice” PI: Janos Zempleni (0.12 months calendar). 3/1/2022 – 2/28/2023; no-cost extension until 8/28/2023. \$99,909 (\$99,909 direct costs, sponsor does not pay F&A). Aim: Assess whether milk exosomes deliver Syngap1 mRNA to the brain in *Syngap1* haploinsufficient mice, thereby restoring expression to levels observed in wild-type littermates.
- NIH NIGMS (3 P20 GM104320-08W1). Acquisition of an Amnis ImageStreamX Mk II System. [administrative supplement to P20GM104320]. PI: J. Zempleni (0% effort); Aim: Secure administrative supplement funding for the purchase of an Amnis ImageStreamX Mk II System. \$260,745 total costs (\$249,983 direct costs, \$10,762 F&A costs). 09/15/2021 – 05/31/2022
- NIH (R21 OD028749) “Development of an exosome and cargo tracking mouse.” PI: Janos Zempleni (1.00 months academic). Aim: Develop an exosome and cargo tracking mouse (ECT mouse) to assess the origin, destination, and cargo of endogenous exosomes. \$275,000 direct costs (\$133,375 F&A costs). 06/15/2020 – 05/31/2022. No-cost extension until 05/31/2023.
- NIFA (2022-67021-36407). Biopharming: engineering nanoparticles in milk for use in drug delivery. PI: J. Zempleni (0.25 months), co-PIs: Jiantao Guo (UNL) and Forrest Kievit (UNL). Aims: 1) Attach brain tumor homing signals to the outer surface of exosomes secreted by MAC-T cells. 2) Assess the homing of exosomes, modified by apoE, CooP and chlorotoxin peptides, to brain tumors. \$441,000 direct costs (\$189,000 F&A costs). 02/01/2022 – 01/31/2025
- NIFA/USDA (2020-67017-30834) “Milk exosome-driven evolution of antibiotic-resistant gut pathogens” PI: Janos Zempleni (0.25 months calendar). Co-Investigator: Jennifer Auchtung (University of Nebraska-Lincoln, Dept. of Food Science and Technology). Aims: (1) Assess the selection of polymorphisms in *C. difficile*, and Vancomycin-resistant *Enterococcus faecalis* (VRE) in milk exosome-defined cultures. (2) Assess whether milk exosomes cause changes in the host microbiome that alter the colonization with *C. difficile* and VRE not selected in exosome cultures in mice. (3) Assess the pathogenicity of *in vitro*-selected polymorphisms in mice fed a regular AIN-93G diet. \$350,000 direct costs (\$150,000 F&A costs). 2/01/2020 – 01/31/2024.
- NIH (P20GM104320). “Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules (NPOD), Phase 2” PI: Janos Zempleni (3 person months calendar). 8/15/2019 – 5/31/2024. \$11,498,029 (\$7,838,625 direct costs, \$3,659,404 F&A). Aims: (1) Increase NPOD’s critical mass of researchers. (2) Acquire additional research equipment for NPOD’s Research Core and support bioinformatics and experimental design services offered through its Administrative Core. (3) Enhance the collaborative NPOD environment by mentoring junior investigators to success. (4) Expand integration of fundamental nutrition and obesity research with translational, clinical and community-based research.
- University of Nebraska-Lincoln Revision Grant (not available). Milk exosomes enhance the gut-brain axis. PI: J. Zempleni (no salary support). Aims: 1) Complete mRNA-seq and metabolomics analysis. 2) Complete proposal revision and discussion with reviewers. 3) Discuss proposal with external reviewers. #38,007 (no F&A costs). 4/7/2022 – 4/6/2023.
- NPOD Seed Grant application (no number). Digital Simulations and Wet Lab Experimental Platform for Bacterial EV Inter-Cellular Communications. PI: Sasitharan Balasubramaniam (no salary support), co-I: J. Zempleni (no salary support). Aims: (1) Develop a digital twin model of bacterial extracellular vesicle network for deriving gene regulatory networks. 2) Develop bacteria that secrete color coded extracellular vesicles. \$30,000 direct costs; no F&A allowed (subcontract Zempleni: \$15,892, no F&A costs). 12/01/2022 – 05/31/2023
- ARS W-4002 Regional Research Project. “Nutrient bioavailability – phytonutrients and beyond.” Fifteen investigators from ARS, including J. Zempleni (5% effort = 0.45 person months, academic year). Objective 1: Determine the bioavailability (absorption, distribution, metabolism, elimination) of nutrients and other food components and ascertain the environmental and genetic determinants; Objective 2. Evaluate the bioactivity of nutrients and other food components and elucidate their underlying protective mechanisms. 10/2018 – 9/2023.

- UNL Chancellor & Vice Chancellor “Incentive for directing the NPOD P20 Center.” PI: Janos Zempleni. Aim: Unrestricted research funds – no strings attached. \$215,000 (no F&A). 06/01/2019 – 05/31/2024
- ARD Strategic Priorities Funding program (Form ID 1936) “Postdoctoral Associate for NPOD Director.” PI: Janos Zempleni (0.4 months calendar, no salary support). Aim: Ease the teaching burden of the NPOD director through providing salary support for a postdoctoral associate. \$158,208 direct costs (no F&A costs). 06/01/2019 – 05/31/2024
- Great Plains IDeA-CTR - Early Career Investigator Program: “Biological mechanisms that connect nursing with enhanced testicular function.” PI: Amy Desaulniers (School of Veterinary Medicine and Biomedical Sciences, UNL). Mentor: Janos Zempleni. Aims: (1) Determine the effects of milk exosome consumption during infancy on Sertoli cell proliferation and function. (2) Evaluate the effects of neonatal milk exosome consumption on subsequent spermatogenesis and sperm function. \$30,000 direct costs (\$14,550 F&A costs). 07/01/2022 – 06/31/2024
- ARD Strategic Priorities Funding program. “Increase research expenditures (NIH) in the dairy space” (Form IS 46723). PI: Janos Zempleni (no salary support). Aims: 1) Replace a broken cell culture incubator which is needed to complete this research. 2) Conduct original research to address limitations identified by NIH study sections in two NIH R01 grant proposals that were scored but missed the pay line. \$33,502 direct costs (no F&A costs). 01/01/2023 – 07/31/2023

### Pending

- NIH NIGMS (3 P20 GM104320-xxx). Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules. [administrative supplement to P20GM104320]. PI: J. Zempleni (0.1% effort); Co-Is: Jung-Yul Lim, Ivan Vechetti, Qiuming Ya (all UNL). Aim: Identify potential biomarkers and mechanisms by which muscle-derived EVs mediate MSC fate commitment. \$699,750 total costs (\$450,000 direct costs, \$249,750 F&A costs). 06/02/2023 – 05/31/2024
- NIH NICHD (1 R01 TBD). Minimizing the loss of extracellular vesicles in human donor milk. PI: J. Zempleni (1.50 months), co-I: Juan Cui (UNL). Aims: 1) Assess the loss of sMEVs and their microRNA cargo in human milk stored under conditions used in human milk banks. 2) Assess the biological activities of fresh and stored human sMEVs. 3) Develop protocols that minimize the loss of sMEVs in human milk banks. \$3,100,827 (\$2,063,400 direct costs, \$1,037,427 F&A costs). 04/01/2024 – 03/31/2029
- NIH NCI (1 R01 CA288206). Improving siRNA delivery to brain tumors by milk exosomes. PI: J. Zempleni (1.50 months), co-Is: Robert Bachoo and Denise Ramirez (both at University of Texas Medical Center). Aims: 1) Reduce the elimination of BMEs by murine bone marrow-derived macrophages and in C57BL/6 mice by decorating the BME surface with CD24 and CD47. 2) Decrease the degradation of BME-encapsulated siRNA in lysosomes in murine cortex endothelial bEnd.3 cells and IDH1(R132H) glioma cells with expression of Alix and decorate the BME surface with poly-arginine (R16). 3) Increase the homing of BMEs to tumors and suppress a mutant *IDH1* allele with siRNA-loaded BMEs in a mouse model of human glioblastoma multiforme (GBM). \$3,469,543 (\$2,388,924 direct costs, \$1,080,649 F&A costs). 04/01/2024 – 03/31/2029
- NIFA/USDA (TBD) “Acquisition of an iCellis Nano Bioreactor for conducting fundamental and applied research related to food and agricultural sciences.” PI: J. Zempleni (0% effort). Aim: Secure funding for the purchase of an iCellis Fixed Bed Bioreactor Nano System. \$227,286 (no F&A allowed). 10/1/2023 – 9/30/2027
- NIH NIGMS (3 P20 GM104320-xxxx). Acquisition of a GeoMx Spatial Transcriptomics Profiler. [administrative supplement to P20GM104320]. PI: J. Zempleni (0% effort); Aim: Secure administrative supplement funding for the purchase of GeoMx Spatial Transcriptomics Profiler. \$250,000 total costs plus \$5,000 matching commitment from NPOD). 09/15/2023 – 05/31/2024
- NIH NICHD (TBD). Milk exosomes enhance the gut-brain axis. PI: J. Zempleni (0.9 months), co-PIs: Jiri Adamec (UNL), Jennifer Auchtung (UNL) and Juan Cui (UNL); consultants: Mandy Belfort Brown (Harvard University) and Sharon Donovan (University of Illinois at Urbana-Champaign). Aims: 1) Assess cause-and-effect relationships and mechanisms by which gut bacteria mediate beneficial effects of MEs on brain function in neonate and adolescent mice. 2) Assess the selection of genetic variants by MEs in gut bacteria from infants. \$3,750,116 (\$2,598,682 direct costs, \$1,151,434 F&A costs). 09/01/2023 – 08/31/2028



- NIH NICHD (1 R01 HD112294). Comprehensive analysis of noncoding RNA in human milk exosomes. PI: J. Zempleni (1.50 months), co-Is: Juan Cui (UNL), Mandy Brown-Belfort (Harvard University) and Amy Desaulniers (UNL). Aims: (1) sub-aim 1.1: Identify protocols of ME isolation and RNA-sequencing analysis that yield accurate and precise data for the content of exosomes and their ncRNA cargos in human milk; sub-aim 1.2: Assess the content of exosomes and profiles of ncRNAs in milk from a cohort of healthy women and infants, representative of Lancaster County, Nebraska (*Nebraska Reference Cohort, NERC*). 2) Assess the bioavailability, dietary depletion, and phenotypes of piR-017716 depletion in suckling mice. \$3,801,204 (\$2,492,940 direct costs, \$1,310,264 F&A costs). 07/01/2023 – 06/30/2028
- Angelman Syndrome Foundation (TBD) “Using milk exosomes to deliver antisense oligonucleotides to the brains in neonate *Ubea3* knockout mice” PI: Janos Zempleni (0.25 person months calendar). \$200,000 (\$181,818 direct costs, \$18,182 F&A). Aims: (1) Decrease the elimination of MEs by macrophages through decorating MEs with proteins, CD24 and CD47. (2) Deliver antisense oligonucleotides to the brains in neonate *Ubea3* knockout mice by using MEs decorated with the ACTTPHAWLCG peptide. 3) Deliver antisense oligonucleotides to the brains in neonate *Ubea3* knockout mice and rescue phenotypes of the Angelman Syndrome by using MEs decorated with CD24/CD47 and ACTTPHAWLCG. 1/1/2023 – 12/31/2024
- NIH (1 R01 OD035061). “Genetically altered goat milk exosomes afford maximal specificity and versatility in nanomedicine” PI: Janos Zempleni (2.5 person months calendar). Co-Is: Jiantao Guo (UNL) and Irina Polejaeva (Utah State University). \$8,094,571 (\$5,511,902 direct costs, \$2,582,669 F&A). Aim: Develop transgenic goats that secrete exosomes in milk, amenable to attaching tissue homing peptides by biorthogonal chemistry. 8/1/2023 – 7/31/2028

### **Completed**

- NIH & USDA/NIFA (1 R01 DK107264/NIFA 2016-67001-25301) “Molecular signatures of new bioactive compounds in humans: cow’s milk microRNAs.” PI: Janos Zempleni (0.75 months summer). Co-Investigators: Jiri Adamec (Dept. of Biochemistry, UNL; 0.75 months calendar) and Juan Cui (Dept. of Computer Science and Engineering, UNL; 0.75 months calendar). Aims: (1) Assess direct markers of milk microRNA intake and status in humans. (2) Assess indirect markers of milk microRNA intake and status in humans. (3) Assess functional markers of milk microRNA intake and status in humans. \$1,250,000 direct costs (\$550,095 F&A costs). 08/01/2016 – 07/31/2021. [No-cost extension until 07/31/2022]
- UNL (no number). Pre-proposal titled “Engineering milk exosomes for use in drug delivery” submitted to UNL for securing permission to submit a full proposal to the Keck Foundation. Multiple PIs: Janos Zempleni (contact), Jiantao Guo, and Irina Polejaeva. (\$1,600,000 direct costs, \$0 F&A); three years. Aim: Develop transgenic goats that secrete exosomes in milk, amenable to attaching tissue homing peptides by biorthogonal chemistry.
- NIH NIGMS (3 P20GM104320-07S1). The role of stress in the fetal origin of obesity and metabolic dysfunction [administrative supplement to P20GM104320]. PI: J. Zempleni (0% effort); project leader: Dustin Yates. Aims: 1) Determine the role of heightened TNFR1 & TLR4 activity in muscle-centric & whole-body metabolic deficits in the IUGR fetus. 2) Determine the role of heightened TNFR1 & TLR4 activity in  $\beta$  cell dysfunction & islet developmental deficits in the IUGR fetus. \$200,000 direct costs (\$106,528 F&A costs). 06/01/2020 – 05/31/2021
- PureTech Health, Inc. (N/A). Bioavailability and distribution of bovine milk exosomes and their RNA and protein cargos in mice. Aims: 1) Assess the bioavailability and distribution of bovine milk exosomes in mice. 2) Assess the bioavailability of RNAs in bovine milk exosomes in mice. 3) Assess the bioavailability of proteins in bovine milk exosomes in mice. PI: J. Zempleni (0.5 months). \$347,185 total costs (\$236,986 direct costs and \$110,199 F&A costs). 03/12/2018 – 06/30/2019.
- Gates Foundation (OPP1200494). Milk exosomes and RNA for optimal growth and immune function. PI: J. Zempleni (0.50 months in Year 1 and 0.25 months in Year 2; note this is an 18-month proposal). Aim: Assess the activation of interferon-beta signaling by microbial mRNAs in milk exosomes. \$100,000 total costs (\$100,000 direct costs, no F&A costs allowed). GCE Phase I, Round 21, topic “Nutrition”, 11/01/2018 – 04/30/2020.

- Land O'Lakes, Inc. (Purina). Characterization and health benefits of Land O'Lakes exosomes. PI: J. Zempleni (0.60 months); co-Is: Jiri Adamec (0.50 months), Juan Cui (0.25 months). Aims: 1) Conduct a comparative characterization of bovine milk exosomes purified by Land O'Lakes technologies and exosomes purified by ultracentrifugation. 2) Conduct a comparative assessment of health benefits of bovine milk exosomes purified by Land O'Lakes' technologies and exosomes purified by ultracentrifugation in mice. \$257,886 total costs (\$205,838 direct costs, \$51,460 F&A costs). 03/01/2019 – 02/28/2020.
- NIH (1P20GM104320-A1). "Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules (NPOD)" PI: Janos Zempleni (3.5 person months calendar). 8/15/2014 – 5/31/2019. \$7,791,596 direct costs (\$3,752,275 F&A). Aims: (1) Establish an Administrative Core and programs to support and enhance NPOD research. (2) Develop a critical mass of faculty through the support of five thematically linked primary research projects, a vigorous mentoring program for Project Leaders, a pilot grant program, a Molecular Biology, Bioinformatics and Biostatistics Core (MB3C) facility, and research to develop new tools in the Core. (3) Increase research capacity through targeted recruitment of researchers in areas key to Center success.
- ARS W-3002 Regional Research Project. "Nutrient bioavailability – phytonutrients and beyond." Fifteen investigators from ARS, including J. Zempleni (5% effort = 0.45 person months, academic year). Objective 1: Determine the bioavailability (absorption, distribution, metabolism, elimination) of nutrients and other food components and ascertain the environmental and genetic determinants; Objective 2. Evaluate the bioactivity of nutrients and other food components and elucidate their underlying protective mechanisms. 10/2013 – 9/2018.
- ARD Strategic Priorities Funding program (Form ID 1936) "Postdoctoral Associate for NPOD Director." PI: Janos Zempleni (0.4 months calendar, no salary support). Aim: Ease the teaching burden of the NPOD director through providing salary support for a postdoctoral associate. \$158,208 direct costs (no F&A costs). 07/01/2016 – 06/30/2019.
- Service contract with the University of Auburn (Dr. Michael Roberts) for preparing exosome-defined rodent diets. \$3,966 direct costs (and a \$209 service fee to UNL). 12/2/2016 – 1/31/2019.
- ARD Strategic Priorities Funding program (Form ID 14605) "Salary savings returned for creating preliminary data for NIH contracts and grant applications." PI: Janos Zempleni (0.2 months calendar, no salary support). Aim: Create preliminary data for NIH contracts and grant applications. \$18,305 direct costs (no F&A costs). 07/01/2018 – 06/30/2019.
- NIFA/USDA (2015-67017-23181) "Roles of milk-borne microRNAs in the regulation of gut inflammation." PI: Janos Zempleni (0.5 months calendar). Co-Investigator: Amanda Ramer-Tait (University of Nebraska-Lincoln, Dept. of Food Science and Technology). Aims: (1) Assess the bioavailability of milk-borne microRNAs in humans. (2) Characterize the delivery of milk-borne microRNAs by endothelial cells to immune cells and assess effects on the expression of immune related genes. (3) Assess markers of intestinal inflammation in *Mdr1a<sup>-/-</sup>* mice fed a microRNA-defined diet. \$362,231 direct costs (\$137,582 F&A costs). 11/07/2014 – 11/06/2018.
- Nebraska University, President's Office (number TBD) "Prevention of human disease by food-borne microRNAs." PIs: Audrey Atkin and Janos Zempleni (0.25 months, no salary); Co-Is: Juan Cui, Guoqing Lu (UNO), Tara Nordgren (UNMC), Debra Romberger (UNMC). Aims: 1) Assess the bioavailability and distribution of milk exosomes in mice. 2) The molecular mechanisms for dietary miRNA effects on human gene expression. 3) Determine the actions of food-borne miRNAs on immune cell function. \$297,367 (no F&A). 4/15/2016 – 4/30/2018.
- Egg Nutrition Center (N/A). Identification of mechanisms through which exosomes and their RNA cargos in chicken eggs improve spatial learning and memory in mice. Aims: 1) Assess gene networks in the cerebellum of mice fed exosome and microRNA-defined diets. 2) Assess the bioavailability and distribution of microRNAs, encapsulated in chicken egg exosomes, in mice. PI: J. Zempleni (0.25 months). \$57,434 total costs (\$52,213 direct costs and \$5,221 F&A costs). 10/15/2017 – 10/14/2018.
- ARD Strategic Priorities Funding program (Form ID 2017) "Salary savings used to create preliminary data for NIH grant applications." PI: Janos Zempleni (0.2 months calendar, no salary support). Aim: Create preliminary data for NIH grant applications. \$19,603 direct costs (no F&A costs). 07/01/2017 – 06/30/2018.

- Gerber Foundation “Assessment of the role of microRNAs in infant formulas for bone health.” PI: Janos Zemleni (1 month summer). Aims: (1) Assess the effects of dietary miR-29b intake on miR-29b status and bone mineralization in infants. (2) Assess the bioavailability of miR-29b in fortified formulas in healthy adults. \$310,080 (\$31,008 F&A costs). 1/01/2015 – 11/21/2017
- Egg Nutrition Center (N/A) “Egg-borne microRNAs regulate gene networks and contribute toward reproductive success in humans and mice.” PI: Janos Zemleni (0.2 months summer). Co-I: Juan Cui (University of Nebraska-Lincoln, Dept. of Computer Science and Engineering). Aims: 1) Characterize gene networks that depend on the dietary intake of egg miRNAs in humans and mice. 2) Assess whether egg miRNAs are important for reproductive success in mice. 1) Assess whether dietary depletion of egg exosomes causes a loss of spatial learning and memory in C57BL/6 mice without utilizing an aversive stimulus (stress) or food deprivation. 2) Assess whether dietary depletion of egg exosomes causes a loss of spatial learning and memory in C57BL/6 mice with utilizing an aversive stimulus (stress) and food deprivation. \$90,903 direct costs (\$82,639 direct costs and \$8,264 F&A costs). 10/12/2016 – 10/11/2017.
- Egg Nutrition Center “Pilot project: Novel roles of egg-borne microRNAs in human gene regulation, contributing to metabolic health.” PI: Janos Zemleni (0.5 months calendar). Aims: (1) Assess the content of microRNAs in egg yolk, egg white, and spray-dried egg white. (2) Assess the bioavailability of egg-borne microRNAs in humans and the effects of egg-borne microRNAs on human gene expression. \$45,435 direct costs (\$4,544 F&A costs). 9/15/2014-3/31/2016.
- ARD Strategic Priorities Funding program (TBD) “Assessment of novel nutrient signaling pathways.” PI: Janos Zemleni (0.5 months calendar). Aims: Discover novel nutrient signaling pathways. \$120,000 direct costs (no F&A costs). 01/01/2015 – 12/31/2016 (no-cost extension until 12/31/2017).
- UNL Nebraska Center for Obesity Prevention through Dietary Molecules’ pilot grant program “Identification of surface protein that mediate the uptake of milk exosomes.” \$100,000. PI: Jiri Adamec, Co-Is: Janos Zemleni and Juan Cui. Aim 1: Assess the role of glycans in surface glycoproteins from cow’s milk exosomes in the exosome uptake by human PBMC. Aim 2: Identify surface glycoproteins/proteins that mediate the uptake of milk exosome by PBMC. 1/1/2015 – 12/31/2016.
- ARD Strategic Funds. “Purchase of a chemiluminescence plate reader.” \$15,000. 4/2014.
- National Institutes of Health (R01DK077816). “Biotin sensing and chromatin remodeling by holocarboxylase synthetase.” PI: Janos Zemleni (30% effort = 2.7 person months, academic year); \$540,000 direct costs (\$242,460 F&A costs); 2/1/09 - 1/31/13. Aim: Identify mechanisms of biotin-dependent nuclear translocation of holocarboxylase synthetase (HCS), and to characterize HCS-dependent chromatin remodeling events that affect gene transcription at biotin transporter loci.
- National Institutes of Health (2R01DK063945). “Biotin deficiency impairs silencing of repeat regions and retrotransposons.” PI: Janos Zemleni (25% effort = 2.25 person months, academic year); \$932,986 direct costs (\$300,102 F&A costs); subcontracts: Craig Cooney, University of Arkansas for Medical Sciences (\$58,614 total costs, year 1), and John West, University of Oklahoma Health Sciences Center (\$251,897 total costs, years 2-4). 07/01/08 - 06/30/13. Goals: (1) Discover histone biotinylation marks at repeat elements and retrotransposons in mammalian chromatin. (2) Determine whether biotinylation of histones at retrotransposons depends on nutritionally acquired biotin. (3) Determine whether biotin deficiency increases the incidence of retrotransposition events.
- Vice Chancellor for Research, UNL “Nebraska Gateway to Nutrigenomics.” Multiple PIs: Janos Zemleni, Tim Carr. \$100,000 per year for two years. Tobacco Settlement Funds. Objective: Seed money for the Nebraska Gateway to Nutrigenomics group. 03/30/2009 – 06/30/2013.
- UNL ARD Big Idea program “Computational science meets nutrigenomics” \$3,600 from ARD plus matching funds from the Office for Research and Economic Development (\$2,520), Department of Computer Science and Engineering (\$1,000), and Nutrition and Health Sciences (\$1,000). PI: Janos Zemleni; Co-PI: Stephen Scott. Goal: Hold a workshop that raises the awareness of the capabilities of computational scientists among biologists, and the awareness of needs of biologists among computational scientists. Objectives: use the retreat as a jumping board for preparing an NIH P01 Program Project grant and a T32 pre-doctoral training grant and to initiate new collaborations among UNL faculty. April 14, 2014.

- FY2010 IANR Strategic Investments “Enhancing Interdisciplinary Teams” Grant Program. “Genetic predisposition to human disease and dietary interventions.” Goals (Zempleni): (1) Identify the promoter in the human *holocarboxylase synthetase* gene. (2) Assess the effects of single nucleotide polymorphisms in HCS and HCS promoter with regard to HCS catalysis and regulation. PI: Janos Zempleni (effort = 0.6 person months cal. year); Co-PIs: Paul Black, Tim Carr, Larry Harshman, Ji-Young Lee, Angela Pannier, Vicki Schlegel, Dong Wang (effort = 0.6 person months cal. year). \$375,000 direct costs (no F&A costs). 06/01/2010 – 05/31/2013.
- UNL Life Sciences Competitive Grants Program “Mechanisms of micronutrient control of epigenetic marks in stem cells.” Goals: 1) Identify mechanisms by which biotin supply in culture media regulates the *proliferation* of adult human mesenchymal stem cells (MSCs). 2) Identify mechanisms by which biotin supply in culture media regulates the *differentiation* of adult human mesenchymal stem cells. PI: Angela Pannier; Co-Is: Dong Wang, Janos Zempleni (5% effort; 0.056 FTE; 0.5 person months/academic year). \$100,000 direct costs (no F&A costs). 07/01/2011 – 06/30/2013.
- UNL Research Council Interdisciplinary Grant “Generating additional preliminary data for revising a grant application to the National Institutes of Health.” PI: Janos Zempleni (0.5 month effort), Co-I: Vicki Schlegel (0.5 month effort). 01/01/2013 – 12/31/2013. \$19,980 (no F&A costs).
- UNL Hatch Equipment Purchase (ID1377) “Equipment request for a liquid handler to boost ongoing research increase and generate preliminary data”. PI: Samodha Fernando; Co-I: Janos Zempleni and five other investigators from UNL; \$43,264 (no F&A). 5/15/2013
- ARS W-2002 Regional Research Project. “Nutrient bioavailability – phytonutrients and beyond.” Fifteen investigators from ARS, including J. Zempleni (5% effort = 0.45 person months, academic year). Objective 1: Determine the bioavailability (absorption, distribution, metabolism, elimination) of nutrients and other food components and ascertain the environmental and genetic determinants; Objective 2. Evaluate the bioactivity of nutrients and other food components and elucidate their underlying protective mechanisms. 2008 – 2013 (current funding period: 10/1/08-09/30/09).
- National Institutes of Health (DK079892). “The Role of Biotin in Birth Defects.” PI: Donald M. Mock; Co-Investigator: Janos Zempleni [4.2% effort calendar year (0.5 summer months)]. \$750,000 direct costs (~\$345,000 F&A costs). Zempleni subcontract = \$105,423 (\$28,881 F&A costs), total support for three years. Objective 1: To test the hypothesis that biotin status is significantly reduced in early pregnancy as assessed by decreased activity of the biotin-dependent enzyme propionyl CoA carboxylase in peripheral blood lymphocytes. Objective 2: To test the hypothesis that reduced propionyl CoA carboxylase activity identified in women does indeed reflect biotin deficiency by conducting a placebo-controlled, double blind biotin supplementation study. 07/01/09 – 06/30/12.
- National Institutes of Health (R21DK082476). “Novel histone biotinylation sites and relationships to other genetic marks.” Contact PI (Multiple PI Mechanism): Janos Zempleni (1 person month, calendar year); \$256,339 total direct costs (\$81,339 F&A costs); subcontracts to Saint Louis University School of Medicine: Yie-Hwa Chang (\$85,739 direct costs and \$54,826 F&A costs, years 1 and 2) and Joel Eissenberg (\$114,216 direct costs and \$52,566 F&A costs, years 1 and 2). 07/20/09 - 06/30/11. Goals: (1) Catalog all biotinylation sites in all histones and histone variants. (2) Identify modifications that co-exist with biotinylation on histones. (3) Determine whether knockdown of HCS and K9-methyl transferases affects other epigenetic marks.
- University of Nebraska-Lincoln, Agricultural Research Division. “Development of software programs for making in silico predictions for nutrient metabolism and requirements in humans.” PIs: Dong Wang, Vicki Schlegel, and Janos Zempleni (no salary support for PIs); 07/1/08 - 06/30/10; \$40,000 direct costs (no indirect costs).
- United States Department of Agriculture, National Research Initiative Competitive Grants Program. “Biotin affects cytokine metabolism.” Grant number 2006-35200-17138. PI: Janos Zempleni (25% effort = 2.25 person months, academic year); 9/1/06 - 8/31/10; \$327,668 direct costs (\$81,918 F&A costs). Goals: (1) Determine whether biotin affects secretion and receptor-mediated endocytosis of IL-2 in immune cells. (2) Identify biotin-responsive elements in genes coding for IL-2 and IL-2 receptor gamma. (3) Determine whether biotin affects chromatin remodeling at IL-2 and IL-2 receptor loci in immune cells.

- Revised application (“administrative supplement”) to National Institutes of Health (R01DK077816). Administrative supplement “Purchase of an AKTA system for protein purification” to parent grant “Biotin sensing and chromatin remodeling by holocarboxylase synthetase.” PI: Janos Zempleni; 10/01/09 – 01/31/10. \$60,000 (no % effort; no F&A costs), American Reinvestment and Recovery Act funds. Goal: to purchase an AKTA 10 system for protein purification.
- ARD/IANR Equipment grant (no number assigned). “Assessing adipocyte and osteoblast differentiation using the iBox Scientia imaging system.” PI: Janos Zempleni (no % effort). 06/01/2012 – 08/30/2012. \$50,722 (\$40,577.60 requested from ARD/IANR, \$10,144.40 as matching funds from J. Zempleni).
- National Science Foundation (NSF MCB 0615831) “Genetic role of histone biotinylation.” PI: Joel Eissenberg (St. Louis University School of Medicine, 50% effort) Subcontract to Janos Zempleni (Co-PI, 4% effort = 0.36 person months, academic year); \$38,037 direct costs (\$17,497 F & A costs); (total award: \$357,534 direct costs, \$164,466 F & A costs); 08/01/06 – 07/31/09 (no-cost extension until 07/31/2010). Goals: (1) Determine the mechanism by which HCS is targeted to chromosomes. (2) Test the role of HCS and BTB in gene expression. (3) Identify biotinylated histone binding proteins from nuclear extracts.
- National Science Foundation (EPSCoR EPS-0701892) “NSF EPSCoR Research Infrastructure Improvement (RII) Grant (Nano-enhanced epigenetics research).” PI: Fred Choobineh [Co-PIs: Ten faculty from UNL, Creighton, and UNMC, including Janos Zempleni (no salary support, but 2.5% effort dedicated to this project = 0.23 person months, academic year)]; \$9,000,000 total costs; direct costs in sub-award for the Zempleni lab: \$216,792; F&A cost: \$114,056); 7/1/07 – 6/30/10. Goal: Build research infrastructure in nanotechnology and epigenetics.
- Institute of Agricultural and Natural Resources Action Plan Project “Reproductive Genetics and Epigenetics.” PI: Andrea Cupp; Co-PIs: Kathy Hanford, Angela Pannier, Brett White, Jennifer Wood, Janos Zempleni (0% effort). \$12,280 (no F&A costs). Objective: Arrange for a site visit by outside consultants to establish a research cluster in reproductive genetics and epigenetics. 2009.
- Institute of Agricultural and Natural Resources Action Plan Project “Nebraska Gateway to Nutrigenomics.” PI: Janos Zempleni; Co-PIs: Tim Carr, Judy Driskell, Concetta DiRusso, Vicki Schlegel (0% effort). \$9,700 (no F&A costs). Objective: Arrange for a site visit by outside consultants to establish the Nebraska Gateway to Nutrigenomics group at UNL. 2009.
- NSF Major Research Instrumentation Program. “Bruker Daltonics *Maxis* Ultra-High-Resolution-Time-Of - Flight (UHR-TOF) mass spectrometer.” PIs: Ronald Cerny, Sally Mackenzie; Co-investigators: 19 investigators from UNL, including Janos Zempleni (0% effort). ~\$700,000 direct costs (no F&A costs). Objective: Acquire a mass spectrometer. 2009.
- National Institutes of Health. (1R21ES015206) “Epigenetic effects of biotin on activation of endogenous retroviral sequences.” PI: Janos Zempleni (5% effort = 0.45 person months, academic year) [Co-PIs: Judy Christman (5% effort, but only 2.2% salary support), Bhavana Dave (5% effort, but no salary support), and John West (10% effort)]; \$275,000 direct costs (\$105,420 F&A costs); 09/22/06 - 8/31/08 (no-cost extension until 8/31/09).
- NSF Major Research Instrumentation Program. “High throughput DNA sequencing for genomics research.” PI: Michael E. Fromm (8.4% effort = 1 calendar month); Co-PIs: Heriberto Cerutti, Janos Zempleni, Zoya Avramova (each at 4.2% effort = 0.38 person months, academic year). \$714,750 direct costs (no F&A costs). Objective: Acquire a high-throughput sequencing machine. 09/01/2008 - 08/31/2011.
- University of Nebraska-Lincoln - Office of the Vice Chancellor for Research: Research Cluster Grant. “Center for chromatin biology and gene regulation.” PI: M. Fromm; Co-PIs: Z. Avramova, H. Cerutti, S. Kachman, S. Ladunga, J. Zempleni 07/01/06 - 06/30/08; \$50,000.
- Office for Academic Affairs, University of Nebraska at Lincoln. “Big 12 Faculty Fellowship Award [for visiting the Department of Microbiology and Immunology at the University of Oklahoma].” Janos Zempleni; \$2,500; 06/01/08 – 08/15/08.
- Institute of Agricultural and Natural Resources Equipment grant request “Odyssey Infrared Imaging System (Li-Cor, Inc.)” J. Zempleni, February 2008; \$51,950.
- University of Nebraska-Lincoln, Agricultural Research Division. “Impact of biotin supplementation on early embryonic development.” PIs: Janos Zempleni and Brett White (no salary support for PIs); 7/1/05 - 6/30/08; \$40,000 direct costs (no indirect costs).

- National Institutes of Health. 1 R01 DK063945. "Vitamin-dependent modifications of histones" PI: Janos Zempleni (20% effort); \$752,000 total direct costs (\$314,505 indirect costs); 1/1/04 - 12/31/07.
- National Science Foundation. "Nutritional Genomics Center." PI: Michael Fromm; Co-PIs: Janos Zempleni and 10 faculty members at the University of Nebraska-Lincoln, the University of Nebraska Medical Center, and the University of Nebraska-Creighton. \$4,200,000 total costs plus \$2,100,000 in matching funds from the University of Nebraska-Lincoln.
- University of Nebraska-Lincoln - Office of the Vice Chancellor for Research: Research Cluster Grant. "Development of interventions against bioterrorism agents using *Drosophila* as a model system." PIs: A. Benson, L. Harshman, J. Zempleni; 7/1/04 - 6/30/06; \$50,000.
- National Institutes of Health 1 R01 DK60447. "The essential role of biotin in cell proliferation." PI: Janos Zempleni (35% effort); \$425,000 direct costs (\$180,000 indirect costs); 5/1/01 - 12/31/04.
- University of Nebraska-Lincoln, Agricultural Research Division. "Regulation of biotinylation of histones in *Saccharomyces cerevisiae*." PIs: Janos Zempleni and Xin Bi (no salary support for PIs); 7/1/02 - 6/30/04; \$40,000 direct costs (no indirect costs).
- Nebraska Universities Foundation. "Purchase of a photodiode array detector and a fraction collector for the analysis of biotinylated histones." PI: Janos Zempleni; Co-PI: Gautam Sarath; \$20,835
- University of Nebraska-Lincoln - Office of the Vice Chancellor for Research: Research Cluster Planning Grant. "Molecular basis of epigenetic regulation: novel histone modifications." PIs: Z. Avramova, X. Bi, G. Sarath, J. Zempleni; 7/1/02 - 6/30/04; \$10,000.
- United States Department of Agriculture, National Research Initiative Competitive Grants Program. "Variations of biotin metabolism during the cell cycle." PI: Janos Zempleni (25% effort); 11/1/00 - 10/31/02; \$142,856 direct costs (\$32,144 indirect costs).
- The Dean's/CUMG Research Development Fund at The University of Arkansas for Medical Sciences; acct. number 117-3403075. "Mitogen-stimulated lymphocytes specifically increase biotin uptake." PI: Janos Zempleni (no salary support for PI); 7/1/99 - 12/31/00; \$18,053 total direct costs.
- Roche Vitamins Inc. "Beneficial effects of biotin on the human immune system." PI: Janos Zempleni (no salary support for PI); Co-PI: Donald M. Mock, Ricki M. Helm; 11/1/99 - 7/30/00; \$15,000 total direct costs.

## PATENTS

- Antibody licenses to Upstate, Inc. (2004) and Active Motif (2012)
- U.S. Application for "Antibodies against biotinylated histones and related proteins and assays hereto" claiming priority from U.S. Provisional Application Serial No. 60/674,221
- Zempleni et al. Filed April 22, 2005 (administratively withdrawn by UNL in 2008, because the Office for Technology Transfer missed a submission deadline.)
- Invention Disclosure "Synthetic inhibitors of holocarboxylase synthetase" filed with NUTech Ventures at UNL, 8/8/2011
- Extracellular Vesicles and Methods of Using, provisional application filed on 3/15/2017 (US 62/471,572)
- Extracellular Vesicles and Methods of Using, application published on 4/22/2021 (US 16/493,945) as Publication No. US 2021-0113622 A1
- "Milk-based exosomes and their metabolic regulation", U.S. non-provisional application filed on 12/4/2020 (US 16/972,372), application published on 7/29/2021 (US 16/493,945) as Publication No. US 2021-0228634 A1

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## LIST OF PUBLICATIONS

### Original communications

1. Zempleni J, Link G, Kübler W. The transport of thiamine, riboflavin and pyridoxal 5'-phosphate by human placenta. *Int J Vitam Nutr Res* 62:165-172, 1992
2. Zempleni J, Kübler W. The utilization of intravenously infused pyridoxine in humans. *Clin Chim Acta* 229:27-36, 1994
3. Zempleni J, Kübler W. Metabolism of vitamin B<sub>6</sub> by human kidney. *Nutr Res* 15:187-192, 1995
4. Zempleni J, Link G, Bitsch I. Intrauterine vitamin B<sub>2</sub> uptake of preterm and full-term infants. *Pediat Res* 38:585-591, 1995
5. Zempleni J. Determination of riboflavin and flavocoenzymes in human blood plasma by high-performance liquid chromatography. *Ann Nutr Metabol* 39:224-226, 1995
6. Zempleni J, Galloway JR, McCormick DB. Pharmacokinetics of orally and intravenously administered riboflavin in healthy humans. *Am J Clin Nutr* 63:54-66, 1996
7. Zempleni J, Galloway JR, McCormick DB. The identification and kinetics of 7 $\alpha$ -hydroxyriboflavin (7-hydroxymethylriboflavin) in blood plasma from humans following oral administration of riboflavin supplements. *Int J Vitam Nutr Res* 66:151-157, 1996
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9. Zempleni J, Hagen M, Hadem U, Vogel S, Kübler W. Utilization of intravenously infused thiamin hydrochloride in healthy adult males. *Nutr Res* 16:1479-1485, 1996
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11. Zempleni J, McCormick DB, Stratton SL, Mock DM. Lipoic acid (thioctic acid) analogs, tryptophan analogs, and urea do not interfere with the assay of biotin and biotin metabolites by high-performance liquid chromatography/avidin-binding assay. *J Nutr Biochem* 7:518-523, 1996
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14. Zempleni J, Trusty TA, Mock DM. Lipoic acid reduces the activities of biotin-dependent carboxylases in rat liver. *J Nutr* 127:1776-1781, 1997
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18. Zempleni J, Mock DM. Bioavailability of biotin given orally to humans in pharmacological doses. *Am J Clin Nutr* 69:504-508, 1999 [See editorial comment in *Am J Clin Nutr* 69:352-353, 1999]
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50. Rodriguez-Melendez R, White B, Zempleni J. Biotin-dependent cell signaling networks in mouse embryos. Abstract C119 (689.3) Experimental Biology Meeting; San Diego, CA, 12:45 – 1:45 p.m., April 6, 2008
51. Hassan YI, Zempleni J. A tyrosine kinase is involved in the nuclear translocation of human holocarboxylase synthetase. Abstract C119 (691.14) Experimental Biology Meeting; San Diego, CA, 1:45 – 2:45 p.m., April 6, 2008
52. Wijeratne SSK, Zempleni J. K12-biotinylated histone H4 is enriched in human telomeric repeats. Abstract 1246 (B192) Experimental Biology Meeting; New Orleans, LA, 1:45 – 2:45 p.m., April 19, 2009
53. Bao B, Pestinger V, Zempleni J. Holocarboxylase synthetase physically interacts with histone H3 to mediate biotinylation of K9 and K18. Abstract 1414 (B194); Experimental Biology Meeting; New Orleans, LA, 12:45 – 1:45 p.m., April 19, 2009
54. Pestinger V, Wijeratne SSK, Zempleni J. Enrichment of H3K4bio, H3K9bio, H3K18bio, and H4K8bio in distinct genomic loci. Abstract 1296 (B193); Experimental Biology Meeting; New Orleans, LA, 1:45 – 2:45 p.m., April 19, 2009
55. Kaur Mall G, Chew YC, Zempleni J. Homeostasis of biotin in human lymphoma and liver cells. Abstract 1381 (B142) Experimental Biology Meeting; New Orleans, LA, 12:45 – 1:45 p.m., April 19, 2009
56. Rodriguez-Melendez R, Zempleni J. Nitric oxide signaling depends on biotin in Jurkat human lymphoma cells. Abstract 1711 (B124); Experimental Biology Meeting; New Orleans, LA, 12:45 – 1:45 p.m., April 19, 2009
57. Rodriguez-Melendez R, Hassan YI, Zempleni J. Mechanisms of regulation of the interleukin-2 gene by biotin. Presented in conjunction with the IFT (Institute of Food Technologists) meeting on June 6, 2009 in Anaheim, CA
58. Filenko N, Kolar C, Brodie R, Hassan YI, West JT, Borgstahl GEO, Zempleni J, Lyubchenko YL. Comparison of nucleosomes reconstituted with native histone H4 and biotinylated H4 K12C mutant. Presented at the Structural Biology and Molecular Biophysics Workshop on July 13, 2009, at the Durham Research Center at the University of Nebraska Medical Center, Omaha, NE

59. Singh D, Pannier A\*, Zempleni J\*. Developing an Antibody-Independent Technology to Monitor Chromatin Proteins in Human Breast and Human Breast Cancer Cell Lines to Map Epigenetic Profiles. NSF EPSCoR Research Conference, September 29, 2009, Omaha, NE. \*These authors contributed equally to the project
60. Rios-Avila L, Zempleni J. Characterization of the H4K16bio mark in human cells. NSF EPSCoR Research Conference, September 29, 2009, Omaha, NE
61. Singh D, Zempleni J\*, Pannier A\*. Development of technologies to monitor chromatin proteins in small cell numbers for applications in assisted reproductive physiology. Biotechnology and Bioinformatics Symposium, October 9 – 11, 2009; Lincoln, NE. \*These authors contributed equally to the project
62. Wijeratne SSK, Kuroishi T, Pestinger V, Rios-Avila L, Zempleni J. Histone biotinylation is a naturally occurring phenomenon. Abstract 2316 (107.1) Experimental Biology Meeting; Anaheim, CA, 3:00 p.m., April 25, 2010
63. Rios-Avila L, Wijeratne SSK, Pestinger V, Zempleni J. Characterization of the H4K16bio mark in human lymphoid cells. Abstract 2273 (550.1) Experimental Biology Meeting; Anaheim, CA, 12:45 – 1:45 p.m., April 25, 2010
64. Rodriguez-Melendez R, Bui DC, Ellis M, Johnson RM, Zempleni J. Identification of a potential role of K9-biotinylated histone H3 in honeybee (*Apis mellifera*) development. Abstract 3220 (550.2) Experimental Biology Meeting; Anaheim, CA, 1:45 – 2:45 p.m., April 25, 2010
65. Kuroishi T, Cerny RL, Zempleni J. Mass spectrometric analysis of biotinylated peptides and histones. Abstract 3809 (107.2) Experimental Biology Meeting; Anaheim, CA, 3:30 p.m., April 25, 2010
66. Singh D, Zempleni J, Pannier A. Development of an Antibody Independent Technology to Monitor Chromatin Proteins in Cell Lines. University of Nebraska Medical Center, Regenerative Medicine Symposium, May 24, 2010, Omaha, NE
67. Rios-Avila L, Pestinger V, Wijeratne SSK, Rodriguez-Melendez R, Zempleni J. Characterization of the H4K16bio mark in human cells. UNL Research Fair, April 7, 2010, Lincoln, NE
68. Xue J, Zempleni J. Epigenetic synergies between methylation of cytosines and biotinylation of histones in gene repression. Abstract 249 (597.7) Experimental Biology Meeting; Washington, DC, 12:45 – 1:45 p.m., April 10, 2011
69. Esaki S, Zempleni J. Effects of single nucleotide polymorphisms in the human *holocarboxylase synthetase* gene on catalytic activity. Abstract 291 (782.7) Experimental Biology Meeting; Washington, DC, 12:45 – 1:45 p.m., April 11, 2011
70. Xia M, Malkaram SA, Zempleni J. Identification of three promoters in the human holocarboxylase synthetase (HCS) gene. Abstract 416/C298 (647.1) Experimental Biology Meeting; San Diego, CA, 12:45 – 1:45 p.m., April 22, 2012
71. Wijeratne SSK, Malkaram SA, Pabian MD, Granatowicz AD, Zempleni J. Identification of biotin- and holocarboxylase synthetase-dependent microRNAs in human fibroblasts. Abstract C300 (647.3) Experimental Biology Meeting; San Diego, CA, 12:45 – 1:45 p.m., April 22, 2012
72. Pratap Singh M, Zempleni J. Biotinylation of K16 in histone H4 causes chromatin condensation. Oral presentation in Mini symposium "Nutrition and Epigenetics" (Chairs: Zempleni J, Ross SA), Experimental Biology Meeting; San Diego, CA, 9:00 – 9:15 a.m., April 22, 2012
73. Liu D, Zempleni J. Holocarboxylase synthetase (HLCS) interacts physically with nuclear corepressor (N-CoR) and histone deacetylases (HDACs) to mediate gene repression. Abstract C598. Oral presentation in Mini symposium "Nutrition and Epigenetics" (Chairs: Zempleni J, Ross SA), Experimental Biology Meeting; San Diego, CA, 8:45 – 9:00 a.m., April 22, 2012
74. Cordonier EL, Kasputis T, Mills JD, Han Z, Pannier AK, Zempleni J. Changes in the carboxylase profile are associated with early and late differentiation stages of osteoblast and adipocytes from human mesenchymal stem cells. Abstract C153 (1018.1) Experimental Biology Meeting; San Diego, CA, 12:45 – 1:45 p.m., April 24, 2012
75. Eng WK, Schlegel VL, Wang D, Zempleni J. Development of an outpatient biotin feeding protocol for studies of biotin requirements in adults. Abstract C155 (1018.3) Experimental Biology Meeting; San Diego, CA, 12:45 – 1:45 p.m., April 24, 2012
76. Camara D, Malkaram SA, Zempleni J. Enrichment of meiotic recombination hotspot sequences by avidin capture technology. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012

77. Wijeratne SSK, Malkaram SA, Pabian MD, Granatowicz AD, Zempleni J. Identification of biotin- and holocarboxylase synthetase-dependent microRNAs in human fibroblasts. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012
78. Zhou J, Zempleni J. Biotinylation of c-myc promoter binding protein, and its effects on tumor suppression and oncogenesis. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012
79. Cordonier EL, Adjam R, Zempleni J. Differentiation of stem cells into adipocytes is inhibited by grape leaf extracts. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012
80. Xue J, Zempleni J. Holocarboxylase Synthetase Catalyzes the Covalent Binding of Biotin to Lysine Residues in Heat Shock Protein 70. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012
81. Baier SR, Schlegel VL, Zempleni J. Off Target Effects of Dietary Sulforaphane. College of Education and Human Sciences Research Fair; Lincoln, NE, November 2, 2012
82. Teixeira Camara D, Malkaram SA, Zempleni J. Enrichment of meiotic recombination hotspot sequences by avidin capture technology. Experimental Biology Meeting; Boston, MA, April 23, 2013
83. Xue J, Zempleni J. Epigenetic synergies between methyl donors and biotin in gene repression are mediated by holocarboxylase synthetase (HLCS). Experimental Biology Meeting; Boston, MA, April 23, 2013
84. Baier SR, Zbasnik R, Schlegel VL, Zempleni J. Dietary sulforaphane elicits off-target effects at loci coding for long terminal repeats in lymphocytes from healthy adults and in IMR-90 fibroblast cultures, possibly impairing genome stability. Experimental Biology Meeting; Boston, MA, April 23, 2013
85. Zhou J, Wijeratne SSK, Zempleni J. Biotinylation of the c-myc promoter binding protein MBP-1 decreases c-myc expression in mammary carcinoma MCF-7 cells. Experimental Biology Meeting; Boston, MA, April 21, 2013
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87. Kelly AM, Han ZJ, Zempleni J, Pannier AK. Enhancing nonviral gene delivery to human mesenchymal stem cells through upregulation of the glucocorticoid receptor. Biomedical Engineering Society Annual Meeting, Seattle, WA, September 26-28, 2013
88. Cordonier, EL, Adjam R, Teixeira Camara D, Onur S, Zbasnik R, Döring F, Schlegel VL, Zempleni J. Resveratrol compounds are potent inhibitors of human holocarboxylase synthetase and cause a lean phenotype in *Drosophila melanogaster brummer* mutants. Experimental Biology Meeting; San Diego, CA, April 26-30, 2014
89. Baier SR, Zempleni J. MicroRNAs in bovine milk are bioavailable in healthy adults and down-regulate reporter gene activity in human kidney HEK-293 cell cultures. Experimental Biology Meeting; San Diego, CA, April 26-30, 2014
90. Teixeira DC, Cordonier EL, Wijeratne SSK, Huebbe P, Jamin A, Jarecke S, Wiebe M, Zempleni J. A cell death assay for assessing the mitochondrial targeting of proteins. Experimental Biology Meeting; San Diego, CA, April 26-30, 2014
91. Zempleni J, Baier SR, Cui J, Wolf T. Bovine microRNAs are bioavailable and affect gene expression in humans and mice. American Society for Exosomes and Microvesicles, Asilomar Conference Center, CA, October 10-13, 2014
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93. Wolf T, Baier SR, Zempleni J. Transport of microRNA-containing, milk-borne exosomes by human colon carcinoma caco-2 cells. Experimental Biology Meeting; Boston, MA, March 28- April 1, 2015
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98. Zempleni J, Sadri M, Baier SR, Xie F, Wood J. Depletion of dietary microRNAs from cow's milk decreases fecundity in mice. 18th International Conference of FFC - 6th International Symposium of ASFFBC, Functional and Medical Foods for Chronic Diseases: Bioactive Compounds and Biomarkers, September 15-16, 2015, Harvard Medical School, Boston, MA
99. Zempleni J, Wolf T, Baier SR. The intestinal transport of bovine milk exosomes is mediated by endocytosis in human colon carcinoma Caco-2 cells and rat small intestinal IEC-6 cells. Annual meeting of the American Society for Exosomes and Microvesicles. October 16-20, 2015, St. Marco Island Marriott Beach Resort, Golf Club & Spa, Marco Island, FL.
100. Zempleni J, Wolf T, Baier SR. Cross-species transfer of dietary exosomes and microRNA cargos: the intestinal transport of bovine milk exosomes is mediated by endocytosis in human colon cells and rat small intestinal cells. Annual meeting of the American Society for Cell Biology. December 12-16, 2015, San Diego, CA.
101. Sadri M, Xie F, Wood J, Zempleni J. Dietary depletion of cow's milk microRNAs impairs fecundity in mice. Experimental Biology Meeting; San Diego, CA, April 2-6, 2016
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103. Sukreet S, Zhang H, Adamec J, Cui J, Zempleni J. Identification of glycoproteins on the surface of cow's milk exosomes that mediate the uptake of exosomes into human colon carcinoma caco-2 cells. Experimental Biology Meeting; San Diego, CA, April 2-6, 2016
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106. Zempleni J, Zhou F, Wu D, Manca S, Sadri M, Fernando S, Paz H, Shu J, Cui J. Bovine milk exosomes and their cargos may regulate metabolism through non-canonical pathways in non-bovine species. 2017 ISEV (International Society for Extracellular Vesicles) Workshop on "Diet, Environment and Extracellular Vesicles", January 27, 2017, La Trobe University, Melbourne, Australia
107. Zempleni J. Debate #1: Are dietary RNA/EVs detected in circulation? Do they have any functional role? Pros and cons. 2017 ISEV (International Society for Extracellular Vesicles) Workshop on "Diet, Environment and Extracellular Vesicles", January 28, 2017, La Trobe University, Melbourne, Australia
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116. Zempleni J,\* Zhou F, Wu D, Shu J, Paz H, Cui J, Fernando S. The communication of animal and bacterial kingdoms through exosomes and their RNA cargos in bovine milk. 22. International Conference. Functional Foods Center, September 22-23, 2017, Harvard Medical Center, Boston, MA. \*Presenter
117. Fratantonio D,\* Shu J, Cui J, Zempleni J. MicroRNAs in chicken egg exosomes: content and bioavailability in healthy humans. 22. International Conference. Functional Foods Center, September 22-23, 2017, Harvard Medical Center, Boston, MA. \*Presenter
118. Zempleni J, Zhou F, Wu D, Upadhyaya B, Shu J, Paz H, Fernando S, Cui J. Delivery and alterations of microbial signals by bovine milk exosomes in non-bovine species. Opening ceremony speaker. American Society for Exosomes and Microvesicles, Asilomar Conference Center, Pacific Beach, CA, October 8-12, 2017
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120. Parry HA, C. Mobley B, Mumford PW, Romero MA, Zhang Y, Zempleni J, Young KC, Roberts MD, Kavazis AN. Dairy Exosome Effects on Mitochondria Function and Antioxidant Enzymes in Growing Male and Female Rats. Experimental Biology 2018, April 21-25, 2018, San Diego, CA
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124. Zempleni J. Milk exosomes. Program Officials of the Gates Foundation. August 7, 2018 [delivered remotely by Zoom]
125. Zempleni J. Bovine milk exosomes: bioavailability, distribution and interactions with the gut microbiome. PureTech Health, Inc., Boston, MA, August 23, 2018
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129. Zempleni J. Biological activities of milk exosomes and their RNA cargos. In the symposia titled “Nutrition, Extracellular Vesicles and RNA Cargos”, Nutrition 2019 Conference, American Society for Nutrition: Baltimore, MD, June 9, 2019
130. Sukreet S, Adamec J, Cui J, Zempleni J. Galactose and sialo-galactose modifications in glycoproteins on the surface of bovine milk exosome are essential for exosome uptake in non-bovine species. UNL Spring Research Fair, Lincoln, NE, April 15, 2019
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139. Zempleni J, Zhou F, Dogan H, Cui J. Divergence of gut bacteria through the selection of genetic variations by extracellular vesicles in milk. International Society for Extracellular Vesicles. Annual (virtual) conference, 5/18 – 5/21, 2021 [poster video presentation] J Extracell Vesicles:10 (Suppl. 1):e12083, 2021
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### **Books Edited & Book Chapters**

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5. Zempleni J. Biotin. In: Present Knowledge in Nutrition. Bowman, BA, Russell RM (eds.), 8th edition. International Life Sciences Institute, Washington, DC, 2001: 241-252
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### **INVITED LECTURES & MEETING PRESENTATIONS NOT ASSOCIATED WITH PUBLISHED ABSTRACTS (SEE ABOVE FOR MEETING PRESENTATIONS WITH PUBLISHED ABSTRACTS)**

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101. Wang Q-W, Xue J, Zempleni J. Holocarboxylase Synthetase Catalyzes Biotinylation of Lysine Residues in Enolase-1. University of Nebraska-Lincoln Undergraduate Research Symposium. August 7<sup>th</sup>, 2013. Lincoln, NE
102. Zempleni J. Keynote speaker Annual Meeting of the German Society for Nutrition (Deutsche Gesellschaft für Ernährung) "Bioinformatics approaches to characterize the regulation of nutritionally relevant genes" Paderborn, Germany, March 13, 2014
103. Sittiwong, W, Cordonier EL, Zinniel D, Zempleni J, Barletta RG, Dussault PH. "Investigation of Biological Activity of Analogs of Biotin-5'-AMP" 247th ACS National Meeting and Exposition, March 16-20, 2014, Dallas, TX
104. Zempleni J. Invited presentation titled "A tale of three stories: holocarboxylase synthetase gene repression complexes, milk-borne microRNAs, and mitochondrial acetyl-CoA carboxylase 2" in the Bortree seminar series in the Department of Veterinary and Biomedical Sciences at Pennsylvania State University, University Park, PA. April 9<sup>th</sup>, 2014
105. Friemel T, Kusuma Jati R, Zempleni J. Development of a simple and high-throughput screening method for an anti-obesity compound from the gut metabolome: the importance of mitochondrial docking of acetyl-CoA carboxylase (ACC)-2. The 124th Annual Meeting of the Nebraska Academy of Sciences, Nebraska Wesleyan University, Lincoln, NE April 11, 2014
106. Zempleni J. Invited presentation titled "A tale of three stories: holocarboxylase synthetase gene repression complexes, milk-borne microRNAs, and mitochondrial acetyl-CoA carboxylase 2", Omaha VA Hospital seminar series, Omaha, NE. April 18<sup>th</sup>, 2014
107. Zempleni J. Invited presentation titled "A tale of three stories: holocarboxylase synthetase gene repression complexes, milk-borne microRNAs, and mitochondrial acetyl-CoA carboxylase 2" as part of the annual W-3002 Multistate group meeting; Purdue University, Lafayette, IN. May 29<sup>th</sup>, 2014
108. Baier SR, Zempleni J. MicroRNAs in bovine milk are bioavailable in healthy adults and down-regulate reporter gene activity in human kidney HEK-293 cell cultures. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014
109. Chiang K, Cui, J, Zempleni J. Distinguishing mitochondrial encoded proteins from nuclear encoded proteins. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014
110. Cordonier EL, Adjam R, Camara Teixeira D, Onur S, Zbasnik R, Döring F, Schlegel VL, Zempleni J. Resveratrol compounds are potent inhibitors of human holocarboxylase synthetase and cause a lean phenotype in *Drosophila melanogaster brummer* mutants. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014



111. Jati Kusuma R, Friemel T, Fernando S, Zempleni J. Screening the gut metabolome for compounds that prevent acetyl-CoA (ACC)-2 anchoring in mitochondria, causing a lean phenotype. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014
112. Camara Teixeira D, Cordonier EL, Wijeratne SSK, Huebbe P, Jamin A, Jarecke S, Wiebe M, Zempleni J. A cell death assay for assessing the mitochondrial targeting of proteins. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014
113. Wolf T, Baier SR, Zempleni J. Transport of microRNA-containing, milk-borne exosomes by human colon carcinoma caco-2 cells. Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, June 9th, 2014
114. Wolf T, Baier S, Zempleni J. Transport of microRNA-containing, milk-borne exosomes by human colon carcinoma caco-2 cells. CEHS Research Fair. Lincoln, NE. 10/23/2014
115. Camara Teixeira D, Cordonier EL, Wijeratne SSK, Huebbe P, Jamin A, Jarecke S, Wiebe M, Zempleni J. A cell death assay for assessing the mitochondrial targeting of proteins. CEHS Research Fair. Lincoln, NE. 10/23/2014
116. Baier SR, Xie F, Wood JR, Zempleni J. MicroRNAs in bovine milk are bioavailable in healthy adults and down-regulate reporter gene activity in human kidney HEK-293 cell cultures. CEHS Research Fair. Lincoln, NE. 10/23/2014
117. Kusuma RJ, Friemel T, Zempleni J. Contents of a novel class of nutrients, microRNAs, in milk and other dairy products. CEHS Research Fair. Lincoln, NE. 10/23/2014
118. Cordonier EL, Han Z, Pannier AK, Zempleni J. Acetyl-CoA carboxylases are checkpoints in adipocyte differentiation. CEHS Research Fair: Lincoln, NE. 10/23/2014
119. Zempleni J. Invited presentation titled "Bovine microRNAs are bioavailable and affect gene expression in humans and mice" in the School of Veterinary Medicine & Biomedical Sciences seminar series, University of Nebraska-Lincoln. November 24<sup>th</sup>, 2014
120. Baier SR, Howard K, Zempleni J. MicroRNAs in chicken eggs are bioavailable in healthy adults and down-regulate target gene expression in peripheral blood mononuclear cells. Nebraska Center for the Prevention of Obesity Diseases, and Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, March 13th, 2015
121. Cordonier EL, Jarecke S, Hollinger FE, Zempleni J. Inhibition of acetyl-CoA carboxylase activity prevents adipocyte differentiation in 3T3-L1 cells. Nebraska Center for the Prevention of Obesity Diseases, and Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, March 13th, 2015.
122. Kusuma RJ, Friemel T, Zempleni J. Transport of Bovine Extracellular Vesicles in Human Endothelial Cells. Nebraska Center for the Prevention of Obesity Diseases, and Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, March 13th, 2015
123. Howard KM, Jati Kusuma R, Baier SR, Friemel T, Markham L, Vanamala J, Zempleni J. Loss of miRNAs during processing and storage of cow's (*Bos taurus*) milk. Nebraska Center for the Prevention of Obesity Diseases, and Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, March 13<sup>th</sup>, 2015
124. Wolf T, Baier SR, Zempleni J. Transport of microRNA-containing, milk-borne extracellular vesicles by human colon carcinoma Caco-2 cells. Nebraska Center for the Prevention of Obesity Diseases, and Nebraska Gateway to Nutrigenomics Retreat. Lincoln, NE, March 13<sup>th</sup>, 2015
125. Zempleni J. Biological activities of dietary microRNAs. Oregon State University, Corvallis, OR, May 15<sup>th</sup>, 2015
126. Zempleni J. Bioactivity of dietary exosomes and microRNA cargos, presented at the symposium titled "Nutrition, microRNAs and human health" at Experimental Biology 2016, sponsored by ASN, San Diego, CA, April 5<sup>th</sup>, 2016.
127. Aguilar-Lozano A, Baier S, Adamec J, Sadri M, Giraud D, Zempleni J. Depletion of dietary microRNAs from cow's milk causes an increase in purine metabolites in human body fluids and mouse livers. NPOD Retreat, April 18, 2016, Lincoln, NE.
128. Aguilar-Lozano A, Baier S, Adamec J, Sadri M, Giraud D, Zempleni J. Depletion of dietary microRNAs from cow's milk causes an increase in purine metabolites in human body fluids and mouse livers. University of Nebraska-Lincoln Graduate Student Spring Research Fair, April 12, 2016, Lincoln, NE.
129. Manca S, Giraud D, Zempleni J. Bioavailability and biodistribution of fluorophore-labeled exosomes from cow's milk after intravenous and oral administration in C57BL/6J mice. University of Nebraska, NPOD 8th Annual Retreat, April 18, 2016, Lincoln, NE.

130. Sadri M, Xie F, Wood J, Zempleni J, Dietary depletion of cow's microRNAs impairs fecundity in mice. University of Nebraska Graduate Poster Session, April 12th at the and NPOD 8<sup>th</sup> Annual Retreat, April 18, 2016, Lincoln, NE.
131. Mutai E, Ramer-Tait A, Zempleni J. Exosome cargos in cow's milk elicit an increased release of cytokines by PBMCs *ex vivo* in a human feeding study. University of Nebraska, NPOD 8th Annual Retreat, April 18, 2016, Lincoln, NE.
132. Zempleni J. The delivery of functional RNA species by dietary exosomes. W3002 USDA/NIFA multistate group meeting, University of Illinois-Urbana/Champaign, May 24/25, 2016.
133. Manca S, Zempleni J. Delivery of functional RNA cargos by dietary exosomes from cow's milk in mice. Keystone symposium "Exosomes/Microvesicles: Novel Mechanisms of Cell-Cell communication," June 19-22, 2016, Keystone Resort, Keystone, CO
134. Zempleni J. Delivery of functional RNA cargos by dietary exosomes from cow's milk in C57BL/6 mice. 6<sup>th</sup> International Conference of Genomics and Pharmacogenomics, September 12-14, 2016, Berlin, Germany; organized by *omics International*
135. Wu D, Shu J, Grove R, Boone C, Cui J, Adamec J, Zempleni J. mRNA cargos in cow's milk exosomes are templates for translation. Nebraska Center for the Prevention of Obesity Diseases. Lincoln, NE, September 21<sup>st</sup>, 2016.
136. Zhou F, Mutai E, Sadri M, Fernando S, Zempleni J. Bovine milk exosome depletion alters the gut microbiome and behavior in mice. Nebraska Center for the Prevention of Obesity Diseases. Lincoln, NE, September 21<sup>st</sup>, 2016.
137. Aguilar-Lozano AG, Baier S, Adamec J, Sadri M, Giraud D, Zempleni J. Depletion of dietary microRNAs from cow's milk causes an increase of purine metabolites in human body fluids and mouse livers. Nebraska Center for the Prevention of Obesity Diseases. Lincoln, NE, September 21<sup>st</sup>, 2016.
138. Mutai E, Ramer-Tait A, Zempleni J. Effects of extracellular vesicles and their cargos from cow's milk on the release of cytokines by human peripheral blood mononuclear cells *ex vitro*. Nebraska Center for the Prevention of Obesity Diseases. Lincoln, NE, September 21<sup>st</sup>, 2016.
139. Sukreet S, Zhang H, Adamec J, Cui J, Zempleni J. Identification of glycoproteins on the surface of cow's milk exosomes that mediate the uptake of exosomes into human colon carcinoma caco-2 cells. Nebraska Center for the Prevention of Obesity Diseases. Lincoln, NE, September 21<sup>st</sup>, 2016.
140. Zempleni J. Non-canonical pathways of signaling and metabolic regulation by extracellular vesicles from bovine milk. University of Nebraska Medical Center, Department of Internal Medicine; March 9, 2017, Omaha, NE.
141. Leiferman AL, Aguilar A, Grove R, Shu J, Cui J, Adamec J, Zempleni J. Dietary depletion of bovine milk exosomes elicits changes in amino acid metabolism in C57BL/6 mice. UNL Spring Research Fair; Lincoln, NE, April 5, 2017
142. Mutai E, Ramer-Tait A, Zempleni J. Effects of extracellular vesicles and their cargos from cow's milk on the release of cytokines by human peripheral blood mononuclear cells *ex vitro*. UNL Spring Research Fair; Lincoln, NE, April 5, 2017
143. Zempleni J. Non-canonical pathways of signaling and metabolic regulation by extracellular vesicles from bovine milk. Baylor University College of Medicine & Nutrition Research Center; April 6, 2017, Houston, TX.
144. Zempleni J. Are dietary RNAs bioavailable? RNA Group of Houston, Baylor University College of Medicine, UT Southwestern, University of Houston, and MD Anderson; April 6, 2017, Houston, TX.
145. Zempleni J. Invited presentation titled "Biological activities of bovine milk exosomes and their cargos in non-bovine species" as part of the annual W-3002 Multistate group meeting, Oregon State University, Portland, OR. May 23<sup>rd</sup>, 2017
146. Zempleni J. Molecular signatures of exosomes and their RNA cargos from bovine milk in humans and mice. NIFA Program Directors meeting; Las Vegas, NV. June 24<sup>th</sup>, 2017
147. Zempleni J. Bioavailability of immune-relevant RNAs from bovine milk exosomes and its implications for pro-inflammatory responses in humans and mice. NIFA Program Directors meeting; Las Vegas, NV. June 24<sup>th</sup>, 2017
148. Zempleni J. Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules. Agricultural Research Division at the University of Nebraska-Lincoln, August 11, 2017

149. Zempleni J. Invited seminar titled “Biological activities of bovine milk exosomes and their RNA cargos in non-bovine species.” University of Nebraska Medical Center, Department of Cellular and Integrative Physiology, Omaha, NE, September 1, 2017
150. Zempleni J, Sadri M, Mutai E, Manca S. The bioavailability and distribution of exosomes and their RNA cargos from bovine and porcine milk in mice. 9<sup>th</sup> exRNA Communications Consortium Investigators’ Meeting. Rockville, MD. November 6/7, 2017
151. Fratantonio D, Zempleni J. Chicken egg exosomes and their cargos are bioavailable and dietary depletion affects spatial learning and memory and gene expression in the hippocampus in mice. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
152. Sadri M, Mutai E, Zempleni J. Analysis of plasma by RNase H2 PCR provides evidence that microRNAs in bovine milk are bioavailable in humans. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
153. Manca S, Zempleni J. The bioavailability and distribution of bovine milk exosomes is distinct from that of their cargos in mice. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
154. Sukreet S, Silva-Resende B, Wu D, Shu J, Adamac J, Cui J, Zempleni J. Sonication and short-term incubation causes a specific loss of RNA cargos in bovine milk exosome. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
155. Leiferman A, Shu J, Grove R, Cui J, Adamec J, Zempleni J. A diet defined by its content of bovine milk exosomes and their RNA cargos affects gene expression but not amino acid profiles and grip strength in skeletal muscle in C57BL/6 mice. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
156. Mutai E, Ramer-Tait A, Zempleni J. Immunomodulatory microRNAs in bovine milk are bioavailable and synergize with concanavalin A in the stimulation of cytokine secretion by peripheral blood mononuclear cells *ex vivo* in humans. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017, Lincoln, NE
157. Wu D, Shu J, Upadhyaya B, Cui J, Zempleni J. Bioavailability of microbial RNAs in bovine milk exosomes in mice. University of Nebraska, NPOD 3<sup>rd</sup> Annual Fall Symposium/10<sup>th</sup> Annual Retreat, September 20, 2017
158. Opening ceremony speaker at the meeting of the American Society for Exosomes and Microvesicles. Zempleni J, Zhou F, Wu D, Upadhyaya B, Shu J, Paz H, Fernando S, Cui J. Delivery and alterations of microbial signals by bovine milk exosomes in non-bovine species. Asilomar Conference Center, Pacific Beach, CA, October 8-12, 2017
159. Invited presentation “Exosomes and RNA cargos in human milk” at the NIH-sponsored workshop titled “Workshop on Human Milk Composition-Biological, Environmental, Nutritional, and Methodological Considerations Meeting.” Bethesda, MD, November 16-17, 2017
160. Wu D, Shu J, Upadhyaya B, Cui J, Zempleni J. Bioavailability of microbial RNAs in bovine milk exosomes in mice. University of Nebraska, Fall 2017 Research Fair, November 8, 2017
161. Zempleni J. Delivery and alterations of microbial signals by bovine milk exosomes in non-bovine species. W-3002 Multistate group meeting. February 8/9, 2018, Tucson, AZ [talk]
162. Zempleni J. Cross-kingdom communication: bovine milk exosomes talk to the gut microbiome talk to the host. Invited seminar in the Interdepartmental Nutrition seminar series. Speaker chosen by the Nutrition Science Graduate Student Organization as Spring Seminar 2018 Speaker. Purdue University, Lafayette, IN, March 9, 2018 [talk]
163. Wu D, Kittana H, Shu J, Ramer-Tait AE, Cui J, Zempleni J. Effects of diets defined by their content of bovine milk exosomes and their RNA cargos on inflammatory bowel disease in *Mdr1a*<sup>-/-</sup> mice. University of Nebraska-Lincoln Graduate Student Spring Research Fair, April 10, 2018, Lincoln, NE
164. Sukreet S, Silva B, Wu Di, Shu J, Adamec J, Cui J, Zempleni J. Sonication and short-term incubation causes specific cargos loss in bovine milk exosomes. University of Nebraska-Lincoln Graduate Student Spring Research Fair, April 10, 2018, Lincoln, NE
165. Zhou F, Paz H, Fernando S, Sadri M, Zempleni J. A diet defined by its content of bovine milk exosomes alters the composition of the intestinal microbiome in C57BL/6 mice. University of Nebraska-Lincoln Graduate Student Spring Research Fair, April 10, 2018, Lincoln, NE

166. Sadri M, Shu J, Cui J, Zempleni J. Bovine milk exosomes and their miR-30d cargos cross the placenta contribute toward embryonic development and survival in C57BL/6 mice. UNL Research Fair, April 10, 2018, Lincoln, NE
167. Wu D, Kittana H, Shu J, Ramer-Tait AE, Cui J, Zempleni J. Effects of diets defined by their content of bovine milk exosomes and their RNA cargos on inflammatory bowel disease in *Mdr1a<sup>-/-</sup>* mice. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018
168. Fratantonio D, Shu J, Cui J and Zempleni J. Chicken egg exosomes and their cargo are bioavailable and dietary depletion affects the hippocampus gene expression in mice. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018
169. Ebea P, Sukreet S, Zempleni J. Uptake of RNA cargos in bovine milk exosomes by murine brain endothelial cells. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018
170. Khanam A, Yu J, Zempleni J. Uptake of bovine milk exosomes by bone marrow derived macrophages. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018
171. Sukreet S, Silva B, Wu Di, Shu J, Adamec J, Cui J, Zempleni J. Sonication and incubation of milk causes a moderate loss of exosomes and substantial changes in exosomal RNA, lipid and protein cargos. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018
172. Mutai E, Ramer-Tait A, Zempleni J. Bioavailability of immunomodulatory microRNAs in bovine milk and cytokine secretion by peripheral blood mononuclear cells *ex vivo* in humans. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018 [poster]
173. Leiferman A, Shu J, Grove R, Cui J, Adamec J, Zempleni J. A diet defined by its content of bovine milk exosomes and their RNA cargos has moderate effects on gene expression, amino acid profiles and grip strength in skeletal muscle in C57BL/6 mice. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018 [poster]
174. Zhou F, Giraud D, Wu D, Brown DM, Zempleni J. Microbial mRNAs in bovine milk exosomes activate interferon-beta in mice. Nebraska Center for the Prevention of Obesity Diseases, April 11th, 2018, Lincoln, NE. Nebraska Center for the Prevention of Obesity Diseases, Spring Retreat. Lincoln, NE, April 11th, 2018 [poster]
175. Upadhyaya B, Xia M, Moriyama H, Ohtsuka M, Zempleni J. Generation of transgenic exosome and cargo tracking mice. NPOD 10th Annual Retreat, April 11, 2018, Lincoln, NE [poster]
176. Sadri M, Shu J, Cui J, Zempleni J. Bovine milk exosomes and their miR-30d cargos cross the placenta contribute toward embryonic development and survival in C57BL/6 mice. NPOD 10th Annual Retreat, April 11, 2018, Lincoln, NE [poster]
177. Zempleni J, Zhou F, Shu J, Wu D, Upadhyaya B, Cui J, Paz H, Fernando S. Milk exosomes interface with the microbiome. Keystone symposium "Exosomes/Microvesicles: Heterogeneity, Biogenesis, Function and Therapeutic Developments," June 4-8, 2018, Beaver Run Resort, Breckenridge, CO [poster]
178. Wu D, Kittana H, Shu J, Ramer-Tait A, Cui J, Zempleni J. Effects of diets defined by their content of bovine milk exosomes and their RNA cargos on inflammatory bowel disease in *Mdr1a<sup>-/-</sup>* mice. Keystone symposium "Exosomes/Microvesicles: Heterogeneity, Biogenesis, Function and Therapeutic Developments," June 4-8, 2018, Beaver Run Resort, Breckenridge, CO [poster]
179. Upadhyaya B, Xia M, Moriyama H, Ohtsuka M, Zempleni J. Exosome and cargo tracking mice. Keystone symposium "Exosomes/Microvesicles: Heterogeneity, Biogenesis, Function and Therapeutic Developments," June 4-8, 2018, Beaver Run Resort, Breckenridge, CO [poster]
180. Zempleni J, Wu D, Ramer-Tait A. Effects of diets defined by their content of bovine milk exosomes and their RNA cargos on inflammatory bowel disease in *Mdr1a<sup>-/-</sup>* mice. NIFA Program Directors meeting; Boston, MA, June 9<sup>th</sup>, 2018 [poster]
181. Parry HA, Mobley CB, Mumford PW, Romero MA, Zhang Y, Zempleni J, Young KC, Roberts MD, Kavazis AN. Dietary Exosomes Affect Growth and Skeletal Muscle Physiology in Young Male and Female Rats. American College of Sports Medicine, San Diego, CA, September 5-8, 2018 [talk]
182. Upadhyaya B, Xia M, Moriyama H, Ohtsuka M, Zempleni J. Development of an exosome and cargo tracking mouse. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]
183. Ebea P, Sukreet S, Zempleni J. Uptake of RNA cargos in bovine milk exosomes by murine brain endothelial cells. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]

184. Khanam A, Yu J, Zempleni J. Uptake of bovine milk exosomes by bone marrow derived macrophages. NPOD 4th Annual Symposium 2018, Lincoln, NE, September 12, 2018 [poster]
185. Sukreet S, Adamec J, Cui J, Zempleni J. Identification of Glycoproteins on the Surface of Cow's Milk Exosomes that Mediate the Uptake of Exosomes into Human Cells. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]
186. Zhou F, Shu J, Fernando S, Cui J, Zempleni J. Bovine milk exosomes select polymorphisms in murine intestinal microbiome in vitro. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]
187. Sadri M, Shu J, Cui J, Zempleni J. Bovine milk exosomes and their miR-30d and miR-21-5p cargos cross the placenta and contribute toward embryonic development and survival in C57BL/6 mice. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]
188. Zhao W, Zempleni J. The role of adipose-derived exosomes in breast tumorigenesis in obese mice. NPOD 4th Annual Symposium, Lincoln, NE, September 12, 2018 [poster]
189. Zempleni J. Exosomes in milk. Grand Challenges Meeting, sponsored by the Gates Foundation, Berlin, Germany, October 15-18, 2018 [talk]
190. Zempleni J. Biotin metabolism. Visiting Professor, University of Yogyakarta, Yogyakarta, Indonesia, November 2, 2018 [talk]
191. Zempleni J. Pursuing a graduate education in US. Visiting Professor, University of Yogyakarta, Yogyakarta, Indonesia, November 2, 2018 [talk]
192. Zempleni J. Obesity research in the United States. Visiting Professor, University of Yogyakarta, Yogyakarta, Indonesia, November 3, 2018 [talk]
193. Zempleni J. Dietary exosomes and their RNA cargos as novel bioactive food compounds. Visiting Professor, University of Yogyakarta, Yogyakarta, Indonesia, November 5, 2018 [talk]
194. Zempleni J. Invited presentation titled "Effects of milk exosomes and their RNA cargos on anti-viral response and postnatal growth" as part of the annual W-4002 Multistate group meeting; UC-Davis, Davis, CA. February 7<sup>th</sup>, 2019 [talk]
195. Zempleni J. Invited lecture titled "Dietary exosomes" in the graduate class "Exosomes: Molecular Mechanisms and Biomedical Applications" (ME 340.714) at Johns Hopkins University. Baltimore, MD, March 27<sup>th</sup>, 2019 [talk]
196. Zempleni J. Invited presentation titled "Biological activities of milk exosomes and their RNA cargos across and within species boundaries" in the Department of Biological Chemistry at Johns Hopkins University. Baltimore, MD, March 27<sup>th</sup>, 2019 [talk]
197. Wu D, Zhou F, Upadhyaya B, Shu J, Mutai E, Cui J, Zempleni J. Microbial mRNAs in bovine milk exosomes are bioavailable in humans and mice and increase survival of mice challenged with influenza A. Nebraska Spring Research Fair; Lincoln, NE, April 15, 2019 [poster]
198. Khanam A, Yu J, Zempleni J. Uptake of bovine milk exosomes by murine bone marrow derived macrophages. Nebraska Spring Research Fair; Lincoln, NE, April 15, 2019 [poster]
199. Ebea P, Sukreet S, Zempleni J, Bovine milk exosomes and miR-34a cargo cross the blood brain barrier and elimination by microglial accumulation is minimal. NPOD 11<sup>th</sup> Annual Retreat, April 17, 2019, Lincoln, NE [poster]
200. Upadhyaya B, Xia M, Moriyama H, Ohtsuka M, Zempleni J. Development of an exosome and cargo tracking mouse model. NPOD 11<sup>th</sup> Annual Retreat, April 17, 2019, Lincoln, NE [poster]
201. Mutai E, Ramer-Tait A, Zempleni J, Immunomodulatory microRNAs in bovine milk exosomes are bioavailable and depend on co-stimulation with concanavalin A to elicit cytokine secretion by peripheral blood mononuclear cells *ex vivo* in humans. University of Nebraska Graduate Poster Session, April 17<sup>th</sup> at the and NPOD 11<sup>th</sup> Annual Retreat, April 17, 2019, Lincoln, NE [poster]
202. Khanam A, Yu J, Zempleni J. Uptake of bovine milk exosomes by murine bone marrow derived macrophages. NPOD 11<sup>th</sup> Annual Retreat, April 17, 2019, Lincoln, NE [poster]
203. Wu D, Zhou F, Upadhyaya B, Shu J, Mutai E, Cui J, Zempleni J. Microbial mRNAs in bovine milk exosomes are bioavailable in humans and mice and increase survival of mice challenged with influenza A. NPOD 11<sup>th</sup> Annual Retreat, April 17, 2019, Lincoln, NE [poster]
204. Zhou F, Sadri M, Zempleni J, Loss of exosome and microRNA biogenesis in lactating dams impairs gut health, food intake and postnatal growth in suckling C57BL/6 pups. NPOD 11<sup>th</sup> Annual Retreat, April 17<sup>th</sup>, 2019, Lincoln, NE

205. Zhou F, Dogan H, Shu J, Fernando S, Cui J, Zempleni J, Bovine milk exosomes select polymorphisms in murine intestinal microbiome *ex vivo*. NPOD 12<sup>th</sup> Annual Retreat, September 11th, 2019, Lincoln, NE [poster]
206. Khanam A, Yu J, Zempleni J. Uptake of bovine milk exosomes by murine bone marrow-derived macrophages. NPOD 12<sup>th</sup> Annual Retreat, September 11th, 2019, Lincoln, NE [poster]
207. Zhao W, Zempleni J. A mouse for tracking and cargo analysis in adipose-derived exosomes. NPOD 12<sup>th</sup> Annual Retreat, September 11th, 2019, Lincoln, NE [poster]
208. Sadri M, Zempleni J, Loss of exosome biogenesis in lactating dams impairs gut health and postnatal growth in C57/BL6 pups. NPOD 12<sup>th</sup> Annual Retreat, September 11th, 2019, Lincoln, NE [poster]
209. Wu D, Zhou F, Upadhyaya B, Shu J, Pereira C, Mutai E, Cui J, Adamec J, Zempleni J, Bioavailability and the potential functions of bovine and microbial mRNAs in bovine milk exosomes. NPOD 12<sup>th</sup> Annual Retreat, September 11th, 2019, Lincoln, NE [poster]
210. Parry HA, Mobley CB, Mumford PW, Romero MA, Zhang Y, Zempleni J, McCarthy JJ, Young KC, Roberts MD, Kavazis AN. Bovine Milk Exosome Depletion Affects Skeletal Muscle and Liver in Young Growing Rats. American College of Sports Medicine, Orlando, FL, May 28 – June 1, 2019 [talk]
211. Zempleni J, Sadri M, Zhou F. Knockout of maternal Tsg101 and Dicer impair gut health in suckling wild-type pups. American Society for Exosomes and Microvesicles, Asilomar, CA, October 6-10, 2019 [talk]
212. Zempleni J, Sadri M, Zhou F. Knockout of maternal Tsg101 and Dicer impair gut health in suckling wild-type pups. American Society for Exosomes and Microvesicles, Asilomar, CA, October 6-10, 2019 [poster]
213. Zempleni J. Milk exosomes. Session “Exosomes & microRNA” at the 7th International Conference on Food Factors, Kobe, Japan, December 4th, 2019 [talk]
214. Zempleni J. Concluding Remarks. Session “Exosomes & microRNA” at the 7th International Conference on Food Factors, Kobe, Japan, December 4th, 2019 [talk]
215. Zempleni J. Biological activities of milk exosomes and their RNA cargos within and across species boundaries. Laureate Institute for Brain Research, Tulsa, OK, January 22, 2020 [talk]
216. Zempleni J, Sadri M, Zhou F. Exosomes and microRNAs in maternal milk are important for growth and gut health during lactation in murine pups. Keystone Virtual Symposia “Optimizing Nutrition for Maternal, Newborn and Child Health”, October 22, 2020 [ePoster]
217. Zempleni J, Sadri M, Zhou F. Exosomes and microRNAs in maternal milk are important for growth and gut health during lactation in murine pups. Keystone Virtual Symposia “Optimizing Nutrition for Maternal, Newborn and Child Health”, October 22, 2020 [talk, delivered by using Zoom]
218. Zempleni J. Exosomes and microRNAs in maternal milk are important for growth and gut health during weaning in murine pups. Chapman University, CA. November 11, 2020 [talk, delivered by using Zoom]
219. Zempleni J. The role of milk exosomes and their RNA cargos in neonatal health. Life Span Diseases Mini Summit in the Child Health Research Institute, University of Nebraska Medical Center, November 13, 2020 [talk, delivered by using Zoom]
220. Zempleni J. Resources in the Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules. Life Span Diseases Mini Summit in the Child Health Research Institute, University of Nebraska Medical Center, November 13, 2020 [talk, delivered by using Zoom]
221. Zempleni J, Sadri M, Zhou F. Exosomes and microRNAs in maternal milk are important for growth and gut health in neonate mice. American Society for Cell Biology Virtual, December 14-16, 2020 [ePoster]
222. Zempleni J, Zhou F, Dogan H, Cui J. Divergence of gut bacteria through the selection of genetic variations by milk exosomes. Keystone Virtual Symposia “The Microbiome: From Mother to Child”, January 17-21, 2021 [video poster, delivered by using Zoom]
223. Zempleni J. Invited presentation titled “W-4002 progress report Zempleni lab: milk exosomes” as part of the remote annual W-4002 Multistate group meeting; Ohio State University, Columbus, OH, January 27<sup>th</sup>, 2021 [talk]
224. Zempleni J. Milk exosomes and their microRNA cargos: infants, gut and brain. Department of Nutritional Sciences, University of Michigan, MI. February 10, 2021 [talk, delivered by using Zoom]
225. Zempleni J. Biological activities of natural nanoparticles (exosomes) in milk. Department of Ophthalmology, Penn State Hershey Medical Center, Hershey, PA. February 17, 2021 [talk, delivered by using Zoom]
226. Zempleni J. Novel bioactive compounds in milk: exosomes. Department of Animal Science, University of Nebraska-Lincoln, NE. April 6, 2021 [talk, delivered by using Zoom]



227. Zempleni J. NPOD's transition from Phase I to Phase II. Rural Drug Addiction Research Center, University of Nebraska-Lincoln, NE. April 8, 2021 [talk, delivered by using Zoom]
228. Khanam A, Yu J, Zempleni J. Class A scavenger receptor-1/2 facilitates the uptake and clearance of bovine milk exosomes in murine bone marrow-derived macrophages and C57BL/6J mice. NPOD 12<sup>th</sup> Annual Spring Research Retreat, April 14th, 2021, Lincoln, NE [video poster]
229. Zempleni J. Milk exosome-driven evolution of antibiotic-resistant gut pathogens. NIFA Program Directors' Meeting, Kansas City, KS. May 4, 2021 [talk, delivered by using Zoom]
230. Khanam A, Yu J, Zempleni J. Class A scavenger receptor-1/2-mediated phagocytosis of bovine milk exosomes in murine bone marrow-derived macrophages and C57BL/6J mice. NPOD 7<sup>th</sup> Annual Research Symposium, September 13th, 2021, Lincoln, NE [video poster, delivered by Zoom]
231. Wang S, Auchtung J, Zempleni J. Milk exosomes select genetic variants that decrease the toxicity of *Clostridioides difficile*. NPOD 7<sup>th</sup> Annual Research Symposium, September 13th, 2021, Lincoln, NE [video poster, delivered by Zoom]
232. Ngu A, Zempleni J. Modification of MAC-T exosomes with expression of CD24 and CD47 and its reduction to be eliminated by bone marrow-derived macrophages. NPOD 7th Annual Research Symposium, September 13th, 2021, Lincoln, NE [video poster, delivered by Zoom]
233. Zempleni J. The use of milk exosomes to increase the expression of Syngap1 in Syngap1 mice. SynGAP Research Fund, Palo Alto, CA. March 3, 2022 [talk, delivered by Zoom]
234. Zempleni J. Novel bioactive compounds in milk: exosomes. Harold Hamm Diabetes Center at the University of Oklahoma, Oklahoma City, OK. March 21, 2022 [talk, delivered by Zoom]
235. Zempleni J. Milk exosomes and the gut brain axis. Delivered in the symposium titled Extracellular Vesicles in GI Physiology and Beyond, by the American Physiological Society (Chairs: Sarah Andres, Lauren Davey), Philadelphia, PA. April 4, 2022 [talk]
236. Zempleni J, Ngu A. Bovine mammary alveolar MAC-T cells afford a tool for designing milk exosomes optimized for drug delivery. Gordon Research Conference "Nanoscale Science and Engineering for Agriculture and Food Systems", Southern New Hampshire University, Hooksett, NH, June 19-24, 2022
237. Khanam A, Adamec J, Zempleni J. Time courses of milk-derived extracellular vesicles in murine plasma. Nebraska Research Days, University of Nebraska-Lincoln, Lincoln, NE, April 12, 2022 [poster]
238. Ngu A., Zempleni J. Genetically Altered Bovine Milk Exosomes (BMEs) Evade Elimination by Murine Bone Marrow-Derived Macrophages (BMDMs). Spring 2022 Student Research Days, University of Nebraska-Lincoln; April 12, 2022 [poster]
239. Mumtaz PT, Zempleni J. Extracellular vesicles from *Bifidobacterium infantis* are bioavailable in C57BL/6J mice and human intestinal Caco-2 cells. NPOD Annual Spring Research Retreat, April 19, 2022, Lincoln, NE
240. Ngu A, Zempleni J. Genetically Altered Bovine Milk Exosomes (BMEs) Evade Elimination by Murine Bone Marrow-Derived Macrophages (BMDMs). NPOD Annual Spring Research Retreat, April 19, 2022, Lincoln, NE
241. Wang S, Auchtung J, Zempleni J. Milk exosomes select mutations that decrease the toxicity of *Clostridioides difficile*. NPOD Annual Spring Research Retreat, April 19, 2022, Lincoln, NE
242. Chen T, Wang HC, Wang S, Zempleni J. Preliminary exploration of bovine milk exosome ncRNAs and their distribution in mice. NPOD Annual Spring Research Retreat, April 19, 2022, Lincoln, NE
243. Zempleni J. Milk turns to medicine [biopharming: engineering natural nanoparticles ("exosomes") in milk for drug delivery]. Presentation to congressional staff visiting the University of Nebraska-Lincoln, August 29, 2022 [invited talk, delivered by Zoom]
244. Zempleni J, Ngu A. Bovine mammary alveolar MAC-T cells afford a tool for designing milk exosomes optimized for drug delivery. American Society for Exosomes and Microvesicles & American Association of Extracellular Vesicles, Asilomar Conference Center, Pacific Beach, CA, September 29 – October 3, 2022 [invited speaker]
245. Zempleni J, Ngu A. Bovine mammary alveolar MAC-T cells afford a tool for designing milk exosomes optimized for drug delivery. American Society for Exosomes and Microvesicles & American Association of Extracellular Vesicles, Asilomar Conference Center, Pacific Beach, CA, September 29 – October 3, 2022 [poster]



246. Zempleni J. Genetically altered milk exosomes facilitate nutrition research and drug delivery. [invited presentation] Session Applications of milk extracellular vesicles, miRNAs, and nucleotides for human health. International Milk Genomics Consortium Symposium 2022, October 18, 2022, University of California-Davis; Davis, CA [invited speaker]
247. Zempleni J, Zhao W, Wang H, Xia M, Moriyama H, Ohtsuka M. The development of an EV and cargo tracking mouse for assessing vesicle trafficking among tissues and transfer from dam to pup by milk. International Society for Extracellular Vesicles, ISEVxTech Summit, Honolulu, HI, November 16-18, 2022
248. Zempleni J. Milk Turns to Medicine (biopharming: universal milk exosomes in the delivery of therapeutics). Presentation to the leadership of the National Dairy Council, December 1, 2022 [invited talk, delivered by Zoom]
249. Zempleni J, Ngu A. Bovine mammary alveolar MAC-T cells afford a tool for designing milk exosomes optimized for the delivery of therapeutics. Gordon Research Conference “RNA Self Assembly, Packaging, Imaging and Therapeutics”, Four Points Sheraton, Ventura, CA, January 8-13, 2023 [poster]
250. Zempleni J, Ngu A. Biopharming: genetically engineered milk exosomes in drug delivery. 5th International Conference on PharmScience Research & Development, Las Vegas, NV, February 21 – 23 [invited speaker]
251. Zempleni J, Zhou F, Dogan H, Madadjim R, Tajamul Mumtaz P, Cui J. Divergence of gut bacteria through the selection of genetic variants by small extracellular vesicles in milk. International Society for Extracellular Vesicles 2023 Annual Meeting, Seattle, WA, May 17-21, 2023 [poster]
252. Zempleni J, Zhou F, Dogan H, Madadjim R, Tajamul Mumtaz P, Cui J. Selection of genomic variants i gut bacteria through by small extracellular vesicles in milk: implications for purine metabolism in the host. International Milk Genomics Consortium 2023 Annual Meeting, Cork, Ireland, September 6-8, 2023 [poster]
253. Ngu A. and Zempleni J. Genetically modified bovine milk exosomes (BMEs) evade elimination by murine bone marrow-derived macrophages (BMDMs). University of Nebraska, 14th Annual NPOD Research Retreat, April 25, 2023, Lincoln, NE [poster]
254. Mumtaz PT, Zempleni J. *Bifidobacterium infantis* extracellular vesicles: cargo content, internalization by human intestinal Caco-2 cells, and bioavailability and distribution in mice. University of Nebraska, NPOD 14th Annual NPOD Spring Retreat, April 25, 2023, Lincoln, NE [poster]
255. Mumtaz PT, Zempleni J. *Bifidobacterium infantis*-derived EVs carries a diverse cargo of compounds and are bioavailable in C57BL/6J mice and internalized by human intestinal Caco-2 cells. University of Nebraska, NPOD 14th Annual Research Retreat April 25, 2023 [poster]
256. Ngu A, Zempleni J. Genetically altered bovine milk exosomes (BMEs) evade elimination by murine bone marrow-derived macrophages (BMDMs). University of Nebraska, University of Nebraska, NPOD 14th Annual Research Retreat April 25, 2023 [poster]
257. Wang S, Auchtung J, Zempleni J. Milk exosomes select mutations that decrease the toxicity of *Clostridioides difficile*. University of Nebraska, University of Nebraska, NPOD 14th Annual Research Retreat April 25, 2023 [poster]
258. Setayesh L, Zempleni J. Impact of storage conditions on the quantity and integrity of exosomes and their cargo in human milk. University of Nebraska, NPOD 14th Annual Research Retreat April 25, 2023 [poster]
259. Zempleni J. Milk exosomes and their relevance in human nutrition and the delivery of therapeutics. Washington University School of Medicine, St. Louis, MO, May 11, 2023 [talk]
260. Zempleni J. Divergence of gut bacteria through the selection of genomic variants by small extracellular vesicles in milk. Annual meeting of the International Society for Extracellular Vesicles, Seattle, WA, May 18, 2023 [poster]
261. Zempleni J. Milk exosomes in Nutrition and drug delivery. USDA W-4002 Multistate Group meeting, Honolulu, HI, May 25, 2023 [talk]

## OUTREACH

### Outreach presentations

1. Zempleni J. Vitamin metabolism. Center for Continuing Education, University of Nebraska-Lincoln; Lincoln, Nebraska; October 2, 2001.

2. Zempleni J. Genetically modified foods from a European Perspective. World Food Day, University of Nebraska-Lincoln, Department of Veterinary and Biomedical Sciences, October 16, 2001.
3. Zempleni J. Molecular Nutrition. LDDA; Lincoln, Nebraska; January 10, 2002.
4. Zempleni J. Research in Nutrition and Health Sciences. INBRE undergraduate students; July 6, 2005.
5. Zempleni J. Nutritional Genomics. INBRE undergraduate students; July 5, 2006.
6. Zempleni J. Southeast Research and extension Center's VIP Day for County Commissioners and Extension Board members, Dept. of Nutrition and Health Sciences; March 12, 2007.
7. Zempleni J. Nebraska Gateway to Nutrigenomics, Agriculture Builders of Nebraska, Inc.; Lincoln, NE, April 14, 2009.
8. Zempleni J. Nebraska Gateway to Nutrigenomics, Meeting with representatives from Conagra, Inc.; Lincoln, NE, May 22, 2009.
9. Zempleni J. Research Strength Summit, Nebraska Innovation Campus: Nutrigenomics; Lincoln, NE, June 15, 2009.
10. Zempleni J. Nutrigenomics, "Nutrition Update" meeting; Lincoln, NE, September 25, 2009.
11. Zempleni J. Nebraska Gateway to Nutrigenomics, Osher Lifelong Learning Institute; Lincoln, NE, April 2, 2010.
12. Zempleni J. "Nebraska Gateway to Nutrigenomics" on the KFOR radio show "Lincoln Live" (aired on 9/1/2010 at 12:30 p.m.)
13. Zempleni J. Personalized nutrition: developing nutritional guidelines for individuals based on their genetic makeup, Osher Lifelong Learning Institute; Lincoln, NE, December 17, 2010.
14. Zempleni J. "Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules" on the KFOR radio show "Lincoln Live" (aired on 10/6/2014 at 12:30 p.m.)
15. Zempleni J. Nebraska Center for the Prevention of Obesity Diseases through Dietary Molecules and the NIH IDeA program. Ag Builders of Nebraska, July 8, 2016, Nebraska Innovation Campus, Lincoln, NE
16. Zempleni J. Editorial Board member interview, August 30, 2022, <https://evcna.com/announcement/view/455>

### **Consumer articles/outreach publications**

1. Zempleni J. Studies investigating the role of vitamins in fighting cancer. Lincoln Journal Star, August 13, 2002 & October 15, 2002.
2. Zempleni J. Vitamin B2 plays a role in the immune system. Lincoln Journal Star, December 3, 2002.
3. Interview with the news magazine Spiegel regarding microRNAs in milk: Lebensmittel: macht Milch krank? [in German]; <http://www.spiegel.de/gesundheit/ernaehrung/milch-ist-sie-gesund-oder-ungesund-a-1048735.html>; September 10, 2015
4. Interview with a freelance journalist (Dr. Hubertus Breuer) for an article on dietary microRNAs, to be published in the Austrian, German and Swiss newspapers:
  - 4.1 Profil ("Weissmalerei" Profil, 42:110-112, 2015)
  - 4.2 Die Suddeutsche Zeitung
  - 4.3 Die Schweizer Sonntagszeitung
5. McCann M. Milk miracle: New Zealand AgResearch scientists eye new baby booster. New Zealand Herald, 2/10/2019. [https://www.nzherald.co.nz/technology/news/article.cfm?c\\_id=5&objectid=12177803](https://www.nzherald.co.nz/technology/news/article.cfm?c_id=5&objectid=12177803)
6. Dance, A. The body's tiny cargo carriers. The Knowable Magazine (from Annual Reviews), April 30, 2019. <https://www.knowablemagazine.org/article/living-world/2019/bodys-tiny-cargo-carriers>
7. NIFA blog regarding research sponsored by NIFA/USDA (2020-67017-30834) "Milk exosome-driven evolution of antibiotic-resistant gut pathogens": National Institute of Food and Agriculture website: <https://nifa.usda.gov/blog/milk-findings-may-help-infants>
8. NIFA twitter regarding research sponsored by NIFA/USDA (2020-67017-30834) "Milk exosome-driven evolution of antibiotic-resistant gut pathogens": National Institute of Food and Agriculture Twitter: [https://twitter.com/usda\\_nifa](https://twitter.com/usda_nifa)
9. USDA blog regarding research sponsored by NIFA/USDA (2020-67017-30834) "Milk exosome-driven evolution of antibiotic-resistant gut pathogens": USDA website: <https://www.usda.gov/media/blog/2020/06/01/milk-findings-may-help-infants-worldwide>

10. Nature Outlook “Do the microRNAs we eat affect gene expression?:  
<https://www.nature.com/articles/d41586-020-01767-x> and  
<https://www.nature.com/collections/hibdgeeijf>. Nature. June 17, 2020, Nature 582, S10-S11 (2020), doi:  
10.1038/d41586-020-01767-x
11. Presentation to the SynGAP Research Fund:  
<https://www.eurekalert.org/news-releases/944076>  
Twitter: <https://twitter.com/cureSYNGAP1/status/1496130948953677833>  
Facebook: <https://www.facebook.com/cureSYNGAP1/posts/972111173671345>  
LinkedIn: <https://www.linkedin.com/feed/update/urn:li:activity:6901903145887248384>  
Exosome-RNA: <https://exosome-rna.com/syngap-research-fund-announces-100000-exosome-grant-to-professor-ianos-zempleni-of-the-university-of-nebraska-lincoln/> and  
<https://exosome-rna.com/the-use-of-milk-exosomes-to-increase-the-expression-of-syngap1-in-syngap1-mice/>
12. Presentation to UNL Regent Weitz: “Nebraska center for the prevention of obesity diseases through dietary molecules.” April 29, 2022
13. Exosome RNA Research & Industry News. Researchers examine milk as possible cancer fighter;  
<https://exosome-rna.com/researchers-examine-milk-as-possible-cancer-fighter/>. May, 2022
14. Omaha World Herald. UNL researchers ask whether milk can deliver therapies to the brain.  
[https://omaha.com/lifestyles/health-med-fit/unl-researchers-ask-whether-milk-can-deliver-therapies-to-the-brain/article\\_5bf3cd2c-d557-11ec-913f-4bc4756c5a6d.html?; 5/22/2022](https://omaha.com/lifestyles/health-med-fit/unl-researchers-ask-whether-milk-can-deliver-therapies-to-the-brain/article_5bf3cd2c-d557-11ec-913f-4bc4756c5a6d.html?; 5/22/2022)
15. Presentation to Dr. Derek McLean (new Dean of the Agricultural Research División, UNL): “Nebraska center for the prevention of obesity diseases through dietary molecules.” January 5, 2023
16. USDA funding supports Zempleni research on breastmilk consumption and brain development (by Geitner Simmons). <https://cehs.unl.edu/nhs/news/usda-funding-supports-zempleni-research-breastmilk-consumption-and-brain-development/>
17. Exosome RNA (Exosome RNA Research & Industry News) Milk nanoparticles’ biological signaling may have important benefits for cognitive development. <https://exosome-rna.com/milk-nanoparticles-biological-signaling-may-have-important-benefits-for-cognitive-development/>

## STUDENTS, POSTDOCTORAL FELLOWS, VISITING FACULTY, AND TECHNICIANS THAT I HAVE MENTORED

### Role as Primary Advisor for Students

#### Doctoral students

- Nagarama Kothapalli (3/2003 – 5/2006)  
*Title:* Roles of histone biotinylation in the cellular response to DNA breaks  
Nagarama is an Assistant Professor in the Department of Chemistry and Biochemistry at the University of Oklahoma.
- Gabriela Camporeale (8/2003 -- 5/2006)  
*Title:* Identification of amino acid residues in human histones that are targets for biotinylation by holocarboxylase synthetase and biotinidase  
Gabriela continued working her laboratory (postdoc) until securing a position as a Postdoctoral Fellow at the University of Buenos Aires (Argentina), Department of Molecular Genetics (see below).
- Yap Ching Chew (5/2005 – 8/2008)  
*Title:* Repression of long terminal repeats by histone biotinylation  
Yap Ching became a postdoctoral fellow and senior research associate in the Department of Biochemistry and Molecular Biology at the University of Maryland School of Medicine, and now is Director of Epigenetics Technologies at Zymo Research, Inc. in Irvine, CA.
- Yousef Hassan (7/2005 – 8/2009)  
*Title:* Identification of proteins interacting with holocarboxylase synthetase in human cells  
Yousef is currently a Lecturer in the Nutrition and Food Science Department, Faculty of Health Sciences, University of Kalamoon, Deirattiah, Syria

- Jing Xue, 8/16/09 – 8/15/2013  
*Title:* Epigenetic synergies among holocarboxylase synthetase, biotin, and methyl donors  
 Jing has completed postdoctoral training with Dr. John Wiley (University of Michigan Medical School, Division of Internal Medicine) and Dr. Folami Y. Ideraabdullah (University of North Carolina at Chapel, Hill, Nutrition Research Institute, Kannapolis, NC). Subsequently, Jing was a Fellow in a Data Processing program sponsored by Insight Data Science (<https://www.insightdatascience.com/>); she now works as data scientist with Goodyear in Akron, OH
- Dandan Liu, 8/16/10 – 5/7/2014  
*Title:* From histone modifications to gene repression – epigenetic regulation by holocarboxylase synthetase-containing repression complex and FAD-dependent lysine-specific demethylase  
 Dandan is currently a postdoctoral fellow with Dr. Bernie Hennig in the University of Kentucky Molecular and Cell Nutrition Laboratory, Lexington, KY.
- Daniel Camara Teixeira, 8/16/10 – 12/23/2014  
*Title:* Developing novel research tools for biotin research  
 Daniel is currently a Professor of Practice in Nutrition and Metabolism in the Health Sciences Center, University of Fortaleza, Brazil.
- Scott Baier, 1/1/11 – 5/15/2015  
*Title:* Bioactivity of cow's milk microRNA in humans  
 Scott joined the lab of Dr. Yihong Wan in the Department of Pharmacology, UT Southwestern as postdoctoral associate in May of 2015. He subsequently accepted a position as clinical research coordinator at Children's Health in Dallas.
- Elizabeth Cordonier, 1/1/11 – 8/15/2015  
*Title:* Bioactive compounds in grape products  
 Liz joined the Human Nutrition Research Center at Baylor University, Houston, TX, as a postdoctoral fellow in August of 2015. Currently, Liz is an anatomy and physiology instructor in the community college system in Houston, TX.
- Mahrou Sadri, 1/1/15 – 8/15/20  
*Title:* The intestinal processing of dietary exosomes and phenotypes of exosome depletion  
 Mahrou accepted an offer for a postdoctoral position Department of Anesthesiology (Neuroscience Program) at the University of California, San Diego, effective 9/15/20. She joined Capricor Therapeutics, Inc. as a Senior Scientist in December 2022
- Sonal Sukreet, 1/1/15 – 5/31/2021  
*Title:* Technologies to purify exosomes from bovine milk and alteration of milk exosome bioavailability in humans and rodents  
 Sonal defended her thesis in 12/2020 and stayed in the laboratory until 5/31/2021 to finish her projects before accepting an offer for a postdoctoral fellowship in the Department of Neurosciences (Robert Rissmann's laboratory) at the University of California, San Diego, effective June 2021
- Ezra Mutai, 1/1/15 – 8/30/19  
*Title:* Bioavailability and biological effects of cow's milk microRNAs in mammals  
 Ezra accepted an offer for a postdoctoral fellowship at Cornell University, Division of Nutritional Sciences, effective 9/1/19. In fall of 2021, Ezra transitioned into a tenure track Assistant Professor position in Food & Nutrition at Purdue University Northwest.
- Di Wu, 8/15/15 – 5/8/2021  
*Title:* Function and metabolism of mRNA and microRNA cargos in bovine milk exosomes in non-bovine mammals  
 Di accepted an offer for a postdoctoral position in the lab of William Y. Kim, Department of Medicine-Oncology in the University of North Carolina Lineberger Comprehensive Cancer Center
- Fang Zhou, 8/15/15 – 12/18/2020  
*Title:* Milk exosomes and microRNAs alter the gut microbiota and affect gut health and spatial learning in mice  
 Fang accepted an offer for a postdoctoral position in the lab of Ryan Flynn, Department of Stem Cell and Regenerative Biology at Harvard University. In December of 2022 she joined the laboratory of Dr. Xiqun Chen in the Department of Neurology at Harvard University Massachusetts General Hospital

- Afsana Khanam 8/15/17 – 8/14/2022  
*Title:* Transport mechanisms and intracellular fate of bovine milk exosomes in murine macrophages  
 Afsana accepted an offer for a postdoctoral position in the lab of Norman Haughey, Department of Neurology at Johns Hopkins University
- Ngu “Alice” Kah Hui 8/15/19 –
- Leila Setayesh 5/16/22 –
- Barbie Zaman Wahid 8/22/22 –

### **Master's students**

- Rachel Daberkow, 2001 - 2003  
*Title:* Monocarboxylate transporter 1 mediates biotin uptake in human peripheral blood mononuclear cells  
 Rachel Daberkow is currently employed with a health center for patients with eating disorders in Arizona.
- Gabriela Camporeale, 2001 – 2003  
*Title:* Riboflavin deficiency affects interleukin-2 metabolism, triggering stress response systems  
 After completing her master's thesis, Gabriela Camporeale continued her studies in my laboratory and received a Ph.D. degree (see above).
- Sarah Scheerger, 2001 – 2003  
*Title:* The effects of biotin on the expression of oncogenes in human small cell lung cancer cells NCI-H69  
 Sarah Scheerger is currently a student at a School for Osteopathy in Iowa.
- Alice Kueh, 2004 - 2005  
*Title:* Characterization of biotinylation sites in human histones and p53  
 Alice Kueh is currently a Research Associate with the University of Nebraska Medical Center.
- Yap Ching Chew, 2004 - 2005  
*Title:* Biotinyl transferases and hydrolases in human cells  
 After completing her master's thesis, Yap Ching Chew continued her studies in my laboratory and received a Ph.D. degree (see above).
- Karoline Manthey, 2003 – 2005  
*Title:* The influence of riboflavin on the oxidative folding of secretory proteins and oxidative stress in HepG2 cells  
 Karoline Manthey is currently pursuing a Ph.D. in oral biology at the Dental College at the University of Nebraska Medical Center.
- Keyna Kobza, 6/05 – 5/07 (Keyna stayed in the lab for summer 2007, paid on an hourly basis)  
*Title:* Identification of synthetic inhibitors of holocarboxylase synthetase and biotinidase  
 Keyna is currently attending the Kirksville College School of Osteopathic Medicine to pursue an O.D. degree.
- Erin Smith, 6/05 – 5/07  
*Title:* Identification of genes that mediate resistance to biotin deficiency in *Drosophila melanogaster*  
 Erin is currently the Supervisor of the Food Analysis Laboratory at Midwest Labs (Omaha, NE).
- Valerie Pestinger, 01/08 – 12/09  
*Title:* Biological functions of biotinylated histones H3 and H4  
 Valerie is currently pursuing a Ph.D. in the School of Biosciences at the University of Nottingham, U.K.
- Gaganpreet Kaur Mall, 01/08 – 12/09  
*Title:* Homeostasis of biotin in cells from distinct human tissues  
 After graduating from my lab, Gaganpreet accepted a position as Research Technologist in the laboratory of Dr. Tom Clemente in the Plant Sciences Initiative at UNL.
- Luisa Rios Avila, 8/1/08 – 8/13/10  
*Title:* Holocarboxylase synthetase-dependent biotinylation of histones  
 Luisa is currently pursuing a Ph.D. in the Department of Food Science and Human Nutrition at the University of Florida-Gainesville.
- Dipika Singh, 1/5/09 – 12/23/10  
 Dr. Angela Pannier in the Department of Biological Systems Engineering and I co-advised Dipika for her M.S. studies. Dipika is employed as a technician at the University of Nebraska for Medical Sciences.

- Shingo Esaki, 8/16/09 – 8/15/11  
Title: Effects of single nucleotide polymorphisms in the human *holocarboxylase synthetase* gene on enzyme catalysis  
Shingo is pursuing a Ph.D. in the Department of Chemistry, at Georgia State University in Atlanta, GA.
- Wei Kay Eng, 8/16/10 – 8/15/12  
Title: Identification and assessment of markers of biotin status in healthy adults  
Wei Kay secured a position in a dietetic internship program in Marietta, GA, where she earned an R.D. degree.
- Jie Zhou, 8/16/11 – 12/20/2013  
Title: Biotinylation of MBP-1 increases transcription factor activity  
Jie enrolled in the Ph.D. program in the Department of Human Nutrition and Food Science at The University of Florida-Gainesville.
- Rio Jati Kusuma, 8/16/13 – 8/15/2015  
Title: Mechanism of milk exosome transport of milk exosomes in human vascular endothelial cells  
Rio accepted a position as a lecturer in Indonesia.
- Katherine Howard, 8/16/13 – 5/15/2015  
Title: Biological activity of chicken egg microRNAs in humans  
Kat has accepted a position as dietitian at the Yankton State Hospital, Human Services Center in Yankton, South Dakota.
- Tovah Wolf, 1/3/14 – 8/15/2015  
Title: Mechanism of milk exosome transport of milk exosomes in human and rat intestinal cells  
Tovah enrolled in the Ph.D. program in the Department of Human Nutrition and Food Science at Iowa State University in Ames, Iowa.
- Ana Aguilar Lozano, 8/15/15 – 12/15/2018  
Ana worked as a research scientist with Pfizer, Inc. in Mexico City before becoming an instructor of cell physiology at the Universidad Iberoamericana, Mexico City
- Amy Leiferman, 8/15/16 – 4/30/18  
Amy was an instructor at Lincoln Southeast Community College and Wesleyan University in Lincoln, NE before accepting a position as assistant professor in the Bryan College of Health Sciences, University of Nebraska Medical Center, Lincoln, NE Bryan College of Health Sciences
- Pearl Ebea 8/15/17 – 8/13/2019  
Title: Transport and distribution of bovine milk exosomes and miR-34a cargo in murine cerebral cortex endothelial bEnd.3 cells and BV2 microglia  
Peral entered the Ph.D. program in the Department of Food Science and Human Nutrition at the University of Florida-Gainesville
- Mojisola Ogunnaike 8/15/2019 – 8/12/2021  
Title: Bovine MAC-T cell-derived exosomes as a model for studies of drug delivery by bovine milk exosomes
- Mariah McCashland 1/4/2021 – terminated 5/2022
- Tesha Kerr 1/4/2021 – 12/31/2021 (transferred to the Vechetti laboratory)

#### **Undergraduate students and high-school students (“Research Experience”)**

- Tyrie Brown-Ballard, 6/11/01 - 7/20/01  
From the Summer Institute for Promising Scholars (A program sponsored by the University of Nebraska Lincoln to enhance recruitment and retention of minority students)
- Sarah Raye (Crisp) Alkire, 7/2/01 - 7/27/01 & 7/1/02 - 7/31/02 & 5/19/03 - 6/27/03  
A high-school student from Lincoln Southeast Highschool; Sarah worked in my laboratory for three summers. She graduated with a degree in Food Science from the Univ. of Missouri (2007), and no is a Team Assistant with the Noble Foundation in Ardmore, OK.
- Elizabeth E. Galloway (Shubert), June 2002 – May 2003  
Undergraduate Honor's Thesis



- Lyndsay Schwab, 2002 - 2003  
Lyndsay was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Lyndsay worked in my laboratory for two years to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Yap Ching Chew, 2002-2003  
Yap Ching was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Yap Ching worked in my laboratory for two years to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Keyna Kobza, 6/1/03 - 8/31/03 and 5/25/04 - 8/12/04  
Keyna was sponsored by an NIH-funded INBRE program. This program has the goal of directing gifted students from small colleges to graduate programs in the state of Nebraska. Keyna was a student from Concordia University, NE, and spent two summers in my laboratory.
- Alice Kueh, 2003-2004  
Alice was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Alice worked in my laboratory for one year to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Brian Rueckert, 6/1/03 - 8/31/03  
Brian was sponsored by the NIH-funded INBRE program. This program has the goal of directing gifted students from small colleges to graduate programs in the state of Nebraska. Brian was a student from Concordia University, NE, and spent one summer in my laboratory.
- Jia Tse "Michelle" Hoi, June 2004 – May 2006  
Michelle was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Michelle joined my laboratory in 2004 to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Jordan Pietz, 5/25/04 - 8/12/04  
Jordan was sponsored by the NIH-funded INBRE program. This program has the goal of directing gifted students from small colleges to graduate programs in the state of Nebraska. Jordan was a student from Concordia University, NE, and spent one summer in my laboratory.
- Kanae Watanabe, 10/1/04 – 12/31/04 (Undergraduate Research Experience) and since 6/1/2005 (UCARE)  
Kanae worked in my laboratory in 2004 for an Undergraduate Research Experience project, and joined my laboratory in 2005 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Kyle Johnson, 5/31/05 – 8/11/2005 and 6/1/2006 – 8/14/2006  
Kyle was sponsored by the NIH-funded INBRE program. This program has the goal of directing gifted students from small colleges to graduate programs in the state of Nebraska. Kyle was a student from Concordia University, NE, and spent two summers in my laboratory.
- Kayte Tranel, 6/1/06 – 5/31/07  
Kayte was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Kayte joined my laboratory about in 2006 to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Stephanie Kratzer, 6/1/2006 – 7/31/2008  
Stephanie was recruited through the UCARE Program (Undergraduate Research and Creative Activity) at the University of Nebraska. Stephanie joined my laboratory in 2006 to acquire research experience. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.



- Chris Effken, 5/15/06 – 7/22/2006 and 8/7/2006 – 8/14/2006  
Chris was sponsored by the NIH-funded INBRE program. This program has the goal of directing gifted students from small colleges to graduate programs in the state of Nebraska. Chris was a student from Concordia University, NE, and spent one summer in my laboratory.
- Brenda Brassill, 2/7/07 – 3/25/07  
Brenda was an undergraduate student in the Biochemistry Department, UNL. She conducted a research project on biotin-dependent chromatin remodeling at the IL-2 locus in my laboratory under the supervision of Rocio Rodriguez-Melendez, Postdoctoral Fellow. Brenda was paid on an hourly basis.
- Kaile Bouma, 1/3/07 – 5/18/07  
Kaile was an undergraduate student in the Department of Nutrition and Health Sciences, UNL. She conducted a research project on biotin-dependent cell signaling in my laboratory under the supervision of Rocio Rodriguez-Melendez, Postdoctoral Fellow.
- Toni Hoffer, 6/1/07 – 5/31/08  
Toni joined my laboratory in 2007 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Jennifer Eaker, 3/26/07 – 5/31/2007  
Jennifer was an undergraduate student in the Department of Nutrition and Health Sciences, UNL. She conducted a research project on biotin-dependent signaling by nitric oxide under the supervision of Rocio Rodriguez-Melendez, Postdoctoral Fellow. Jennifer was paid on an hourly basis.
- Shyamaly Premaraj, 7/2/07 – 7/20/07  
Shyamaly was a student from Lincoln High School, volunteering in the laboratory.
- Sara A. Prince, 1/1/08 – 7/31/2008  
Sara joined my laboratory in 2008 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Claire Swogger, 6/1/08 – 5/31/2009  
Claire joined my laboratory in 2008 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Brian Cook, 7/7/08 – 5/31/2009  
Brian was an undergraduate student in the Department of Biochemistry, UNL. He assisted Yousef Hassan, Ph.D. candidate, with his yeast-two-hybrid studies of holocarboxylase synthetase. Brian was paid on an hourly basis. Effective 6/1/2009, Brian is employed with Cargill, Inc (Omaha, NE) as a Quality Assurance Chemist.
- Dipika Singh, 9/15/08 – 12/31/2008  
Dipika was an undergraduate student in the Department of Biochemistry, UNL. She assisted Bao Baolong, Postdoctoral Fellow, with implementing novel chromatin techniques in the laboratory. Dipika was paid on an hourly basis and was jointly mentored by Angela Pannier (Biological Systems Engineering) and myself.
- Kate Roehrs, 04/14/2009 – 05/31/2009 (Undergraduate Research Assistant), 6/1/2009 – (UCARE)  
Kate joined my laboratory in 2009 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Jenna Rickstrew, 06/01/2009 – 05/31/2010 (UCARE)  
Jenna joined my laboratory in 2009 as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory.
- Duc-Cuong Bui, 6/15/2009 – 8/1/2009 (NSF EPSCoR)  
Duc-Cuong is an 11th grader at Pius X High School and conducted research on epigenetics in bee development in my laboratory in collaboration with Dr. Marion Ellis in the Department of Entomology.
- Wei Kay Eng, 3/1/2010 – 5/17/2010  
Wei Kay was an undergraduate student in the Department of Nutrition and Health Sciences, UNL. She conducted a research project on crosstalk between histone bioinylation and methylation in *Drosophila* under the supervision of Rocio Rodriguez-Melendez, Postdoctoral Fellow. Wei Kay was paid on an hourly basis. She will begin her M.S. studies in my laboratory effective 8/2010.
- Scott Baier, 5/17/2010 – 12/31/2010  
UNL Honor's student. I served as the advisor for Scott's honor's thesis titled "Survey of attitudes towards genetic testing."

- Michael Pabian, 2/1/2010 – 12/13/2011 (UCARE)  
Michael joined my laboratory as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory. He worked with a senior research associate in my lab (Subhashinee "Samudra" Wijeratne) to identify biotin-dependent micro RNAs.
- Drew Granatowicz, 5/17/2010 – 6/2012
- Drew was a junior in the Nutritional Sciences option. He assisted with antibody purifications and testing in the lab under the supervision of Subhashinee S. K. Wijeratne, Postdoctoral Fellow. Drew was paid on an hourly basis until he transitioned to the status of a UCARE student, effective 6/2011. Drew wrote his Honor's thesis based on the research conducted in my laboratory.
- Thao Trinh, 7/22/2011 – 5/9/2014  
Thao was a junior in the Department of Biochemistry. She volunteered to assist Mahendra Singh, Postdoctoral Fellow, in his studies of effects of K16-biotinylation of histone H4 on nucleosomal compaction.  
Effective 6/1/2012 she transferred into UNL's UCARE program where she worked with a doctoral student in my lab (Daniel Teixeira Camara) on the roles of biotin-dependent pathways in the prevention of obesity and the prevention of aberrant meiotic recombination events.  
Effective 6/1/2013 began conducting research on the physiological importance of covalent binding of biotin to enolase-1 in partial fulfillment of the requirements for an Honors thesis. After her graduation, Thao entered the M.D. Ph.D. program at the Indiana School of Medicine.
- Tyler Person, 6/1/2012 – 8/1/2012  
Tyler joined my laboratory as a UCARE student. The UCARE program is sponsored by Pepsi Cola, and students typically work about 10 hours/week in their advisor's laboratory. He worked on the nuclear translocation of HLCS58.
- Sarah Jarecke, 8/28/2012 – 5/9/2014  
Sarah volunteered in my laboratory and assisted my doctoral student Daniel Camara Teixeira in his studies of the inhibition of lipid accumulation in *brummer* mutant *Drosophila melanogaster* by feeding a diet supplemented with grape leaf extracts. Subsequently, she assisted Elizabeth Cordonier with optimizing the MTT assay for a cell survival-based assay of mitochondrial protein docking, supported through a UCARE award (starting 9/1/2013). After graduation, Sarah entered the nursing program at the University of Nebraska Medical Center.
- Christopher Nguyen, 3/14/2013 – 5/15/2015  
Christopher volunteered in my laboratory and assisted my doctoral student Scott Baier in his studies of the regulation of host genes by food-borne microRNAs. Effective 6/2/2014 he was supported through the UCARE program.
- Frances "Frannie" Hollinger, 9/1/2013 – 5/15/2015  
Frannie was supported by the UCARE program and assisted my doctoral student Daniel Camara Teixeira in his studies of the inhibition of lipid accumulation in *brummer* mutant and wild-type *Drosophila melanogaster* by feeding diet supplemented with resveratrol metabolites and Soraphen A.
- Qiwei Wang, 7/11/2013 – 8/9/2013  
Qiwei, a sophomore at Northwest Ag & Forestry University, spent July 11 – August 9, 2013 in my laboratory. Qiwei participated in the 2013 Research Summer Exchange program, sponsored by the Institute of Agricultural and Natural Resources' Global Engagement office. During her stay, Qiwei participated in a research project that addresses the effects of posttranslational modification of enolase-1 on glycolytic activity in humans.
- Taylor Friemel, 9/1/2013 – 5/15/2015  
Taylor was a student in the INBRE program. She worked with one of my students, Rio Jati Kusuma, in a project to screen the microbial metabolome for compounds that prevent the anchoring of acetyl-CoA carboxylase 2 in the mitochondrial membrane.
- Briley Moates, 8/15/2015 – 4/30/2016  
Briley conducted research to assess the phenotypes of dietary microRNA depletion.
- Jacob Jarecke, 9/1/2015 – 12/15/2016  
Jake started out as an undergraduate research volunteer and assisted a Ph.D. student, Mahrou Sadi, in her studies of the effects of dietary microRNA depletion on fecundity in mice.

- Hannah Rose Seyller, 6/6/2016 – 12/31/2016  
Hannah conducted research to assess the effects of dietary microRNA depletion on neurocognitive performance in mice.
- Rachel Maloy, 8/15/2016 – 12/1/2016  
Rachel assisted a Ph.D. student, Sonal Sukreet, in the identification of glycoproteins on the surface of cow's milk exosomes and human intestinal cells that facilitate exosome endocytosis.
- Ngu "Alice" Kah Hui, 1/10/2017 – 7/31/2017 volunteer, 8/1/2017 – 2/1/2019 (UCARE & research volunteer)  
Alice started as an undergraduate research volunteer and assisted Amy Leiferman in her studies of the effects of bovine milk exosome-defined diets on amino acid metabolism and muscle protein accretion in mice. Effective 8/1/2017, she was supported by UNL's UCARE program and continued her work with Amy until Amy graduated in summer of 2018. Alice finished her UCARE project by working with a Ph.D. student, Sonal Sukreet in December of 2018. She continued to volunteer with Sonal in January and February of 2019 in preparation for her doctoral studies starting in summer of 2019.
- David Rosas, 1/3/2019 – 3/31/2019  
David volunteered with a Ph.D. Student, Fang Zhou to prepare himself for pursuing a Ph.D. degree.
- Allison Hinrichs, 1/27/2020 – 2/28/2020  
Allison volunteered in the lab with two Ph.D. students, Sonal Sukreet and Di Wu. Allison assisted in simple laboratory tasks in the laboratory.
- Michael Bailey, 5/15/2023 –  
Michael volunteered in the lab and worked with a postdoctoral associate, Javaria Munir. Responsibilities included cell culturing and genotyping mice.
- Luiza Zambelli, 5/15/2023 --  
Luiza volunteered in the lab and worked with a postdoctoral associate, Javaria Munir. Responsibilities included cell culturing and genotyping mice.

### **Visiting students**

I initiated a Memorandum of Agreement ("Exchange Program") between the University of Nebraska-Lincoln and the University of Giessen, Germany, in 2003 and served as the UNL coordinator since then. I typically host one or two visiting students from Germany in my laboratory each year. The primary goal is to recruit graduate students for the University of Nebraska-Lincoln.

- Karoline Manthey, 8/3/01 - 11/11/2001
- Dorothea Peters, 8/3/01 - 11/11/2001
- Silke Wiedmann, 5/1/02 - 7/31/02 & 1/1/03 - 3/1/03
- Anette Landenberger, 6/1/03 - 9/8/03
- Ricarda Werner, 7/12/04 – 10/29/04
- Simone Lipinski, 7/24/04 – 10/09/2004
- Michael Gralla (1/4/06 – 4/15/06)
- Riem Adjam (6/1/2012 – 1/15/2013)

### **Postdoctoral Fellows**

- Rocio Rodriguez-Melendez, 3/1/02 – 2/28/2005 & 2/1/2007 – 8/31/10  
Rocio and her husband relocated to Corpus Christi, TX, where she was a stay-at-home mom last time I heard
- Anna M. Oommen, 1/15/04 – 6/30/05  
Anna currently is a Senior Research Associate with the University of Nebraska-Lincoln, Department of Chemical Engineering.
- Subhashinee "Samudra" K. Wijeratne, 5/8/06 – 3/2013  
Samudra accepted a position as research scientist in the Department of Food Science and Technology at the University of Nebraska-Lincoln
- Gabriela Camporeale, 6/1/06 – 10/15/06  
Gabriela received additional training as a Postdoctoral Fellow at the Institute for Biochemical Research - Fundacion Instituto Leloir (Argentina), and now is a Research Scientist at CONICET in Argentina.

- Baolong Bao, 9/10/07 – 9/30/09  
Baolong is now an Assistant Professor at Shanghai Oceans University, Shanghai, China
- Toshinobu Kuroishi, 10/1/08 – 04/01/11  
Toshi is now an Assistant Professor, Division of Oral Immunology, Department of Oral Biology, Tohoku University Graduate School of Dentistry, Japan. toshinobu.kuroishi.e1@tohoku.ac.jp
- Mahendra P. Singh, 6/1/10 – 5/31/2012  
Mahendra accepted a postdoctoral position in the laboratory of Hwa-Young Kim, Professor of Biochemistry and Molecular Biology, Yeungnam University College of Medicine, Daegu, South Korea, before securing a faculty position in India:  
Associate Professor,  
Department of Zoology  
Deen Dayal Upadhyaya Gorakhpur University  
Gorakhpur-273009, UP, India  
[mahenpsingh1@gmail.com](mailto:mahenpsingh1@gmail.com)
- Sridhar Malkaram, 6/28/10 – 7/14/2012  
Sridhar is receiving additional postdoctoral training in the Department of Biology at the University of West Virginia where he was promoted to research assistant professor.
- Yong Li, 7/1/10 – 8/30/12  
Yong accepted a postdoctoral position at the Medical University of Augusta, GA, before securing an assistant professor position in China. liyong8210@outlook.com
- Zhongji Han, 10/1/11 – 9/30/13  
Zhongji accepted a postdoctoral position in the Department of Biological Systems Engineering, University of Nebraska-Lincoln
- Wenlei Zhuo, 2/1/12 – 4/30/12  
Wenlei accepted a postdoctoral position in Florida
- Sonia Manca, 7/8/15 – 12/31/2017  
Sonia accepted a postdoctoral position at the University of Nebraska Medical Center, Department of Biochemistry
- Deborah Fratantonio 8/3/2016 – 7/31/2018  
Deborah accepted a position as project scientist at the University of Bari, Italy before joining the Libera Università Mediterranea in Bari, Italy, as faculty member.
- Bijaya Upadhyaya 8/22/2016 – 7/15/2019  
Bijaya accepted a position as Scientist at Catalent Pharma Solutions, Morrisville, NC
- Wei “Vivien” Zhao 4/16/2018 – 7/31/2020  
Wei is an associate professor at Ningxia Medical University.
- Shu Wang 7/1/2019 –
- Haichuan “John” Wang 4/15/2020 –
- Peerzada Tajamul Mumtaz 4/1/2021 –
- Javaria Munir 2/1/2022 –
- Nipun Varukattu Babu 5/9/2022 – 6/30/2023
- Qamar Tabak 5/22/2023 –

### **Mentoring external junior scientists**

- Erynn Bergner, 1/1/2021 – 12/6/2021  
Assistant Professor of Pediatrics  
Assistant Medical Director of Nutrition  
Assistant Director of NICU Resident Education  
Section of Neonatal-Perinatal Medicine  
University of Oklahoma Health Sciences Center  
Ph: (405) 271-5215 ext. 43433  
Email: [Erynn-Bergner@ouhsc.edu](mailto:Erynn-Bergner@ouhsc.edu)  
Erynn discontinued her pursuit of a K award to have more time for her newborn child.

- Kruti Shah, 1/2022 –  
Assistant Professor  
Section of Pediatric Diabetes and Endocrinology  
College of Medicine  
University of Oklahoma Health Sciences Center  
Ph: (405) 271-3303  
Email: [kruti-shah@ouhsc.edu](mailto:kruti-shah@ouhsc.edu)

### **Visiting faculty in my laboratory**

- Jeff Schwehm, PhD, 6/1/03 - 8/31/03  
Concordia University, Seward, NE
- Petra Rust, PhD, 9/20/07 – 11/19/07  
University of Vienna, Vienna, Austria
- Patricia Huebbe, 6/19/2013 - 7/30/2013  
University of Kiel, Germany
- Lanfang Wang, 9/2016 – 8/1/2017  
Institute of Nutrition and Healthy Food, Department of Preventive Medicine, Tongji University School of Medicine, Shanghai, China
- Daniel Teixeira Camara, 06/23/2018 - 08/03/2018  
University of Fortaleza, Brazil
- Ting Chen, 11/15/2021 – 11/2/2022  
Guandong Provincial Key Lab of Agro-Animal Genomics and Molecular Breeding, College of Animal Science, ALLTECH-SCAU Animal Nutrition Control Research Alliance, National Engineering Research Center for Breeding Swine Industry, South China Agricultural University, Guangzhou 510642, China

### **Technicians**

- Jacob Griffin, B.S., 4/1/01 - 5/1/06
- Azusa Kuroishi, M.S., 3/5/09 – 11/1/09
- Mengna Xia, M.S., 1/19/10 – 11/30/2012
- David Giraud, M.S., 11/15/09 – 10/2019 (0.5 FTE)
- Yilin Liu, Ph.D., 7/8/19 – 11/14/2019 (0.5 FTE)
- Anthony Delaney, B.S., 1/2020 – 10/30/2021 (0.5 FTE)
- Mengna Xia, M.S., 11/1/2021 – 2/28/2022 (0.15 FTE)
- Shlei Zhu, Ph.D., 4/4/2022 – 12/16/2022 (0.20 FTE)
- Anh Khoa Le, 1/9/2022 -- (10 hours/week)

### **Staff**

- Jolene Walker, 10/1/11 – 1/20/2016 (0.75 FTE)  
Recipient of the CEHS Staff Star Award, 2/2015
- Sarah Gibson, 1/14/2016 – 9/13/2019 (1.0 FTE)  
Recipient of the CEHS Staff Star Award, 5/2017
- Murray Gilbertsen, 9/9/2019 –  
Murray was a senior in the Hospitality and Restaurant Management Program and was hired as a student worker to serve as Interim Administrative Coordinator for NPOD after Sarah Gibson resigned.
- Verona Skomski 11/13/2019 – (1.0 FTE)

### **MEMBER OF GRADUATE COMMITTEES (OTHER THAN AS CHAIR)**

- Brian Drewel (Nutrition and Health Sciences), graduated 2004 (M.S.)
- Khalid Al-Numair (Nutrition and Health Sciences), graduated 2004 (Ph.D.)
- Jennifer Engelmeyer (Nutrition and Health Sciences) graduated 2004 (M.S.)
- Theresa Herring (Food Science), graduated 2005 (Ph.D.)
- Kim Hargrave (Animal Science), graduated 2005 (Ph.D.)

- Robert Fisher (Animal Science), graduated 2005 (Ph.D.)
- Samudra Siriwardhana (Food Science), graduated 2005 (Ph.D.)
- David Karst (Textiles, Clothing and Design), graduated fall 2006 (Ph.D.)
- Wanda Layman (Biological Sciences), graduated August 2006 (M.S.)
- Hadise Kabil (Biological Sciences), graduated December 2006 (Ph.D.)
- Young-Nam Kim (Nutrition and Health Sciences), graduated December 2007 (Ph.D.)
- Olga Vivitskaya (Veterinary and Biomedical Sciences), graduated May 2008 (M.S.)
- Jacqueline Smith (Animal Science), graduated May 2008 (M.S.)
- Shaklo Yarbaveva (Nutrition and Health Sciences), graduated December 2009 (Ph.D.)
- Emily Sitorius (Food Science and Technology), graduated May 2010 (M.S.)
- Mark Ash (Nutrition and Health Sciences), graduated May 2010 (M.S.)
- Shan Jiang (Animal Science), graduated May 2010 (Ph.D.)
- Sara Coleman (Nutrition and Health Sciences), graduated May 2010 (M.S.)
- Chai Siah Ku (Nutrition and Health Sciences), graduated May 2010 (M.S.)
- Ningxia Lu (Animal Science), graduated December 2010 (M.S.)
- Pradeep Krishnan Rajalekshmy (Animal Science), graduated May 2011 (Ph.D.)
- Sreedevi Madhusoodhanan (Biological Sciences), graduated May 2013 (Ph.D.)
- Benjamin Remington (Food Science and Technology), graduated May 2013 (Ph.D.)
- Ezequias Castillo Lopez (Animal Science graduated May 2013 (Ph.D.)
- Chan Ho Lee (Animal Science), graduated December 2013 (M.S.)
- Helan Xu (Textiles, Clothing, and Design), graduated May 2014 (Ph.D.)
- Wantanee Sittiwong (Chemistry), graduated August 2014 (Ph.D.)
- Tadas Kasputis (Biological Systems Engineering), graduated December 2013 (Ph.D.)
- Jocelyn Wiarda (Animal Science), not yet graduated (M.S.)
- Joseph Roberts (Nutrition and Health Sciences), graduated May 2015 (M.S.)
- Zhufeng Yang (Animal Science), did not graduate with Ph.D., but changed to M.S. and graduated in 2011
- Cristiane Rodrigues Camara (Food Science and Technology), graduated in December of 2015 (Ph.D.)
- Inhae Kang (Nutrition and Health Sciences), "Reader," graduated in December of 2015 (Ph.D.)
- Rafael Munoz (Food Science and Technology,) graduated in May of 2015 (M.S.)
- Meshail Okla (Nutrition and Health Sciences), "Reader," graduated in May of 2016 (Ph.D.)
- Fang Xie, (Animal Science), "Reader," graduated in May of 2016 (Ph.D.)
- Shyamali Jayasena (Food Science and Technology), "Reader," graduated in December of 2016 (Ph.D.)
- Rituraj Khound (Nutrition and Health Sciences), graduated in December of 2017 (M.S.)
- Amy Desaulniers (Animal Science), graduated in May of 2018 (Ph.D.)
- Xingyi Chen (Nutrition and Health Sciences), graduated in May of 2020 (Ph.D.)
- Lee Palmer (Food Science and Technology), graduated in May of 2021 (Ph.D.)
- Tyler Kambis (Dept. of Molecular Genetics and Cellular Biology, UNMC, Dr. Paras Mishra's lab), 1/2018 -- 5/2022 (Ph.D.)
- Katie Meinders (School of Biological Sciences, UNL, Dr. Audrey Atkin's lab), 3/2019 – 5/2023 (Ph.D.)
- Cara Tomaso (Clinical Psychology, Timothy Nelson's lab), 5/7/2019 --, not yet graduated. I served on Cara's NIH NRSA F31 training grant mentoring committee.
- Daniel Gutzmann (School of Biological Sciences, UNL, Dr. Audrey Atkin's lab), 2/2020 --, not yet graduated (Ph.D.) [changed topic and committee in 2022]
- Nicole Nordell, 2/2022 --, not yet graduated (Veterinary Science and Biomedical Sciences) (M.S.)

## TEACHING

### Classes taught

- *University of Giessen (Germany):*  
NUTR 496/896 Graduate Seminar.

- *University of Nebraska-Lincoln:*
  - NUTR 921/ASCI 921 Interdepartmental Nutrition Seminar
  - NUTR 820 Molecular Nutrition
  - NUTR 986 Graduate Seminar
  - NUTR 821 Molecular Nutrition Techniques
  - NUTR 896 Journal Club
  - NUTR 896 Independent Studies

**Class schedule and enrollment**

Course	Credits	Semester	Number of students
NUTR/ASCI 921 Interdepartmental Nutrition Seminar	1	Fall 2001	12
NUTR 820 Molecular Nutrition	1	Spring 2002	9
NUTR 986 Graduate Seminar	1	Fall 2002	9
NUTR 821 Molecular Nutrition Techniques	3	Fall 2002	7
NUTR 896 Journal Club	1	Fall 2002	4
NUTR 820 Molecular Nutrition	2	Spring 2003	5
NUTR 821 Molecular Nutrition Techniques	3	Fall 2003	4
NUTR 896 Journal Club	1	Fall 2003	3
NUTR 820 Molecular Nutrition	2	Spring 2004	11
NUTR 821 Molecular Nutrition Techniques	3	Fall 2004	8
NUTR 896 Journal Club	1	Fall 2004	3
NUTR 820 Molecular Nutrition	2	Spring 2005	7
NUTR 821 Molecular Nutrition Techniques	3	Fall 2005	5
NUTR 986 Graduate Seminar	1	Spring 2006	6
NUTR 820 Molecular Nutrition	2	Spring 2006	13
NUTR 821 Molecular Nutrition Techniques	3	Fall 2006	5
NUTR 896 Journal Club	1	Fall 2006	4
NUTR 921 Nutrition Seminar	1	Fall 2006	14
NUTR 821 Molecular Nutrition Techniques	3	Fall 2007	3
NUTR 820 Molecular Nutrition	2	Spring 2008	8
NUTR 821 Molecular Nutrition Techniques	3	Fall 2008	8
NUTR 896 Journal Club	1	Fall 2008	8
NUTR 986 Graduate Seminar	1	Spring 2009	8
NUTR 820 Molecular Nutrition	2	Spring 2009	10
NUTR 821 Molecular Nutrition Techniques	3	Fall 2009	7
NUTR 896 Journal Club	1	Fall 2009	8
NUTR 820 Molecular Nutrition	2	Spring 2010	8
NUTR 821 Molecular Nutrition Techniques	3	Fall 2010	7
NUTR 820 Molecular Nutrition	2	Spring 2011	8
NUTR 896 Nutrigenomics Journal Club	1	Fall 2011	6
NUTR 821 Molecular Nutrition Techniques	3	Fall 2011	9
NUTR 820 Molecular Nutrition	2	Spring 2012	9
NUTR 821 Molecular Nutrition Techniques	3	Fall 2012	8
NUTR 820 Molecular Nutrition	2	Spring 2013	8
NUTR 896 Nutrigenomics Journal Club	1	Fall 2013	6
NUTR 821 Molecular Nutrition Techniques	3	Fall 2013	8
NUTR 820 Molecular Nutrition	2	Spring 2014	10
NUTR 921 Interdepartmental Nutrition Seminar	1	Spring 2014	7
NUTR 821 Molecular Nutrition Techniques	3	Fall 2014	5
NUTR 820 Molecular Nutrition	2	Spring 2015	13
NUTR 821 Molecular Nutrition Techniques	3	Fall 2015	11
NUTR 820 Molecular Nutrition	2	Spring 2016	8
NUTR 821 Molecular Nutrition Techniques	3	Fall 2016	5
NUTR 820 Molecular Nutrition	2	Spring 2017	10



NUTR 821 Molecular Nutrition Techniques	3	Fall 2017	8
NUTR 820 Molecular Nutrition	2	Spring 2018	7
NUTR 821 Molecular Nutrition Techniques	3	Fall 2018	5
NUTR 820 Molecular Nutrition	2	Spring 2019	9
NUTR 821 Molecular Nutrition Techniques	3	Fall 2019	10
NUTR 821 Molecular Nutrition Techniques	3	Fall 2020	4
NUTR 821 Molecular Nutrition Techniques	3	Fall 2021	7
NUTR 821 Molecular Nutrition Techniques	3	Fall 2022	8

In addition, I taught a total worth of 40 credits of “NUTR896 Independent Study,” “NUTR 498 Research Methods” and “NUTR 492 Nutrition Problems” in spring 2002 through fall 2012.

### **Course evaluation by students**<sup>1,2</sup>

Course	Semester	Score (evaluation)
NUTR 820 Molecular Nutrition	Spring 2002	1.47
NUTR 821 Molecular Nutrition Techniques	Fall 2002	1.27
NUTR 896 Journal Club	Fall 2002	1.15
NUTR 820 Molecular Nutrition	Spring 2003	1.28
NUTR 821 Molecular Nutrition Techniques	Fall 2003	1.23
NUTR 896 Journal Club	Fall 2003	1.03
NUTR 820 Molecular Nutrition	Spring 2004	1.45
NUTR 821 Molecular Nutrition Techniques	Fall 2004	1.44
NUTR 896 Journal Club	Fall 2004	1.33
NUTR 820 Molecular Nutrition	Spring 2005	1.40

<sup>1</sup>Course evaluations are conducted using a “1” to “5” scale (with “1” being the best score).

<sup>2</sup>Course evaluations are available only for NUTR 820 Molecular Nutrition, NUTR 821 Molecular Nutrition Techniques, and NUTR 896 Journal Club, but not for Independent Studies and Seminars.

**Note that effective fall semester 2005, the evaluation forms and scale have changed.**<sup>1,2</sup>

Course	Semester	Score (evaluation)
NUTR 821 Molecular Nutrition Techniques	Fall 2005	4.75
NUTR 820 Molecular Nutrition	Spring 2006	4.27
NUTR 821 Molecular Nutrition Techniques	Fall 2006	4.60
NUTR 896 Journal Club	Fall 2006	4.75
NUTR 821 Molecular Nutrition Techniques	Fall 2007	5.00
NUTR 820 Molecular Nutrition	Spring 2008	4.20
NUTR 821 Molecular Nutrition Techniques	Fall 2008	4.50
NUTR 896 Journal Club	Fall 2008	4.30
NUTR 820 Molecular Nutrition	Spring 2009	4.25
NUTR 821 Molecular Nutrition Techniques	Fall 2009	4.50
NUTR 896 Journal Club	Fall 2009	4.75
NUTR 820 Molecular Nutrition	Spring 2010	4.57
NUTR 821 Molecular Nutrition Techniques	Fall 2010	4.79
NUTR 820 Molecular Nutrition	Spring 2011	4.50
NUTR 896 Nutrigenomics Journal Club	Fall 2011	4.80
NUTR 821 Molecular Nutrition Techniques	Fall 2011	4.67
NUTR 820 Molecular Nutrition	Spring 2012	4.33
NUTR 821 Molecular Nutrition Techniques	Fall 2012	4.50
NUTR 820 Molecular Nutrition	Spring 2013	4.75
NUTR 896 Nutrigenomics Journal Club	Fall 2013	4.50
NUTR 821 Molecular Nutrition Techniques	Fall 2013	4.57
NUTR 820 Molecular Nutrition	Spring 2014	3.57
NUTR 821 Molecular Nutrition Techniques	Fall 2014	5.00

NUTR 820 Molecular Nutrition	Spring 2015	4.22
NUTR 821 Molecular Nutrition Techniques	Fall 2015	3.88
NUTR 820 Molecular Nutrition	Spring 2016	4.75
NUTR 821 Molecular Nutrition Techniques	Fall 2016	4.60
NUTR 820 Molecular Nutrition	Spring 2017	4.00
NUTR 821 Molecular Nutrition Techniques	Fall 2017	4.33
NUTR 820 Molecular Nutrition	Spring 2018	4.57
NUTR 821 Molecular Nutrition Techniques	Fall 2018	4.33

<sup>1</sup>Course evaluations are conducted using a “1” to “5” scale (with “5” being the best score).

<sup>2</sup>Course evaluations are available only for NUTR 820 Molecular Nutrition, NUTR 821 Molecular Nutrition Techniques, and NUTR 896 Journal Club, but not for Independent Studies and Seminars.

**Effective spring semester 2019, evaluation scores are broken down by course-related questions and instructor-related question.<sup>1-3</sup>**

Course	Semester	Score (evaluation)
NUTR 820 Molecular Nutrition	Spring 2019	Course: 4.50 Instructor: 4.89
NUTR 821 Molecular Nutrition Techniques	Fall 2019	Course: 4.00 Instructor: 4.15

<sup>1</sup>Course-related scores are calculated by averaging the scores for answers 3-7 and 17-19 in the evaluation sheet. Instructor-related scores are calculated by averaging the scores for answers 8-16 in the evaluation sheet. The score for question 20 (“My overall rating for this course”) is no longer reported in annual reports by faculty to department chair and deans.

<sup>2</sup>Course evaluations are conducted using a “1” to “5” scale (with “5” being the best score).

<sup>3</sup>Course evaluations are available only for NUTR 820 Molecular Nutrition and NUTR 821 Molecular Nutrition Techniques, but not for Independent Studies and Seminars.

**Effective fall semester 2020, UNL started using a new set of questions.<sup>1-4</sup>**

Course	Semester	Score (evaluation)
NUTR 821 Molecular Nutrition Techniques	Fall 2020	4.625

**Student comments:**

The hands on experience in the lab enhances the theory section and really allows further understanding of the subject material. Felt all aspects of the course were positive, and wish the shortened semester had not required a shortened syllabu  
Loved actively learning in the lab. It makes such a difference hearing theory, then actually doing/practicing the labwork  
Dr. Zempeni patiently and clearly answer my questions.  
Have a deeper understanding of various technologies in hands-on practice.  
I don't think there is any urgent need for improvement in the course  
Great hands on work, great course  
I am not very clear about the purpose of recommended textbooks  
Suggested literature articles or other supplementary material may be helpful as additional information for the theory material.

<sup>1</sup>Course-related scores are calculated by averaging the scores for answers 1-10 in section 2 of the evaluation sheet.

<sup>2</sup>Course evaluations are conducted using a “1” to “5” scale (with “5” being the best score).

<sup>3</sup>Course evaluations are available only for NUTR820 Molecular Nutrition and NUTR821 Molecular Nutrition Techniques, but not for Independent Studies and Seminars.

<sup>3</sup>Instructors are asked to identify strengths and concerns identified in the students’ answers to open-ended questions and identify a goal(s) for improving the class.

## Effective fall semester 2021, UNL started using a new set of questions.<sup>1-4</sup>

Course	Semester	Score (evaluation)
NUTR 821 Molecular Nutrition Techniques	Fall 2021	4.67
NUTR 821 Molecular Nutrition Techniques	Fall 2022	4.67
NUTR 821 Molecular Nutrition Techniques	Fall 2023	4.49

### Student comments:

The course assignment was really helpful in real-time application of the techniques I performed in the class.

Everyone in the class is encouraged to make contribution and ask questions.

All the hands-on exercises were designed to involve everyone, which was indeed helpful for all the students

Instructor were always available to response to our questions and he often tried his best to make sure we learn all topics that he had taught.

The instructor taught many molecular nutrition techniques in this course and there is really a comprehensive course.

I liked the hands on nature of the class. It was helpful to talk about theory and then put it into practice.

If the quizzes can be hands-on, that would help a lot with improving practical skills.

The lab manager should have also explained the aim of each experiment before starting the session.

Sometimes the lab manual didn't really match what we were actually doing in class.

I think the balance in every element of teaching was maintained well.

<sup>1</sup> Course-related scores are calculated by averaging the scores for answers 1-10 in section 2 of the evaluation sheet.

<sup>2</sup> Course evaluations are conducted using a "1" to "5" scale (with "5" being the best score).

<sup>3</sup> Course evaluations are available only for NUTR 821 Molecular Nutrition Techniques, but not for Independent Studies and Seminars.

<sup>3</sup> Instructors are asked to identify strengths and concerns identified in the students' answers to open-ended questions and identify a goal(s) for improving the class.