

NEBRASKA INTERNSHIP CONSORTIUM IN PROFESSIONAL PSYCHOLOGY

Monthly Doctoral Intern Seminar at
Beatrice State Developmental Center (BSDC)
3000 Lincoln Blvd, Beatrice, NE 68310

June 17, 2016

Social Center, Carstens Building
See map for parking instructions (DO NOT PARK IN CARSTENS PARKING LOT)

Morning Session:

8:30 – 9:00 Light Breakfast (food and drink provided)

9:00 – 9:30 Tessa Svoboda, Ph.D, BSDC Training Director
“History of BSDC”

9:30 – 10:15 Megan M. Gumbel, CEO, Beatrice State Developmental Center
“Future of BSDC and Nebraska Department of Health and Human Services Division of
Developmental Disabilities”

10:15 – 10:30- Break

10:30 – noon Nancy Lamb, BCBA
“FBA Training”

Lunch:

Noon – 1:30 PM Lunch on your own (see maps); lunch also available at BSDC’s Carstens Café
at bargain price (cheaper than fast food). The special 6/17 will be a hoagie, potato chips,
and two cookies

Afternoon Session:

1:30 – 3:15 Case presentations
Cindy Cisneros
Caitlin Stephens
JT Craig

3:15 – 3:30 Consortium Business

3:30 Campus Tour

Social:

4:00 – 4one8 (418 Court St, Beatrice NE 68310)

Directions To BSDC and 4one8

From Omaha:

1. Take I-80 West to Lincoln; as you progress west on I-80 through Lincoln, you will come to **exit 397, which leaves I-80 to the right**. This exit is well-marked as being Highway 77 South to Beatrice, but several of us routinely miss this exit, so *pay attention*☺.
2. Then, proceed south on 77 through a bit more of Lincoln, then on through lots of open country as well as the tiny towns of Princeton and Cortland (remember to slow down through these towns as the limit is 55 in Princeton and 45 in Cortland and the Patrol does monitor this).
3. After Cortland, you'll go around the "14 mile curve" a large sort of backward "S" turn; you are about 14 miles from Beatrice. There are Hay Minions on the east side of the northbound middle straightaway part, so watch for those on your way home!
4. Continue on 77 and you'll go past the turn for Pickrell [has a Butler tractor business on the east side of 77 there], just keep going south; you are about 8 miles out.
5. Continue and you'll go through another, much smaller backward "S" turn and should see the Truck/Auto Plaza on the left (east). Almost there.
6. Keep on keeping on 77; soon you'll see the new hospital (on the right), then a John Deere dealership and eventually a Ford dealership (both on right or west).
7. Then, the Holiday Inn and Capri Inn on the right and the Wal-Mart on the left. Keep on driving south into town.
8. Right before the big Courthouse, you'll come to Lincoln Blvd. **Turn left** (east).
9. It's quite a few blocks on; then, keep going straight through the next stoplight (if the light is green, that is☺; watch out, it's a 25 zone around Lincoln Elementary) at 19th street, continuing to drive east.
10. Finally, you'll have gone as far as you can on Lincoln Blvd, so **turn left** (north) and drive in to BSDC. They have removed the facility sign, but we're still here.
11. Go to the first stop sign and then turn left. Continue driving to the west, through two intersections and the road will start curving. Park off to the side of the road, near the Chapel, at least partially on the grass. Please do not park in the Carstens Center lot itself as that is for employees and customers of the Café.
12. You may also park in any other parking lot at BSDC, if you prefer, just not the Carstens one. You may enter Carstens by the automatic door on the south of the building, next to the Café entrance. There will be signs. BSDC is an open campus and part of the town of Beatrice, so walking around is not a problem, though please don't walk into anyone's home, just as you wouldn't do in the rest of Beatrice or any other town. *Address for GPS is 3000 Lincoln Blvd, Beatrice, NE 68310.*

From Lincoln: Get to 77 south any way you like, typically Saltillo Road, and then follow the directions from step #2 above.

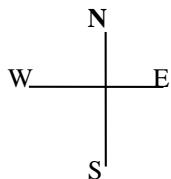
Gasoline, etc.: There is a Cenex on the right and Casey's on the left as well as a no-name brand on the left as you proceed into Beatrice on 77. Also, the aforementioned Auto/Truck Plaza is

north of town. Cortland has a gas station, too. [Cortland is also home to Spilker Ales, just west of 77 a block or two.] Good place to stop in Lincoln is the Saltillo Road Shell station on 77 and Saltillo Road, usually dirty, but has a Subway, large convenience store, and restrooms. Nice new convenience store gas station on 27th St. exit off I-80, too, in the north of Lincoln.

Directions from BSDC to 4one8 [address 418 Court Street]:

1. Take Lincoln Blvd back to the intersection with Highway 77/6th Street by the Courthouse and Sheriff's Office/Jail.
2. Turn left (south) onto Highway 77/6th Street.
3. Get into the right lane ASAP.
4. Go just a few blocks and turn right at the intersection of 77/6th Street and Highway 136/Court Street.
5. Go west past 5th street.
6. Start looking for on-street parking ASAP (usually not much of a problem in our sleepy little town).
7. 4one8 is on the north side of Court Street, just past 5th street.

CITY MAP OF BEATRICE and RESTAURANT LOCATIONS



To LINCOLN
Highway 77 North

Truck Stop (24 hour day)

Holiday Inn Express
New Victorian Inn

Super Wal-Mart
Beatrice Inn

Airport

Econolodge

El Canelo's

Risky's Sports Bar/Grill

Pizza Hut

Woodees Diner & Florio's Italian Restaurant
Super China Buffet
Arby's

Sonic
Playa Azul

DORSEY STREET

Victorian Inn Motel

Eakes

Holiday Villa Motel

Kentucky Fried Chicken

19th STREET

Store Kraft

MONROE STREET

Subway/Taco Johns/Runza

McDonalds

Dairy Queen

Approximately 2 miles to BSDC

LINCOLN BLVD.

BSDC

3000 Lincoln Blvd.

HIGHWAY 4

Courthouse

Lincoln
Elementary
School

4one8
Burger King

GRANT STREET

Cemetery
Road

HIGHWAY 136/4
aka
COURT STREET

3 4 5

8 10 12 14 16 18

HIGHWAY 136/4

Shanghai Inn Dairy Queen

Back Alley
Eatery BBQ

High
School

SCOTT STREET

YMCA

Highway 77 (aka 6th Street)

BEAVER STREET

13th St

CARSTENS CAFÉ LIST

| BREAKFAST | | HOT ENTRIES | | ICE CREAM | |
|-------------------------------------|--|--|--|-----------------------------|--|
| Breakfast Meat (sausage, ham, etc.) | | Pizza (Slice) | | Cones | |
| Breakfast Burrito | | Chicken Strips (3) | | Dish (Small) | |
| Breakfast Sandwich with meat | | Potato or Starch | | Dish | |
| Cheese Omelet | | Soup or Chili- sm. bowl | | Shake or Float or Malt | |
| French Toast | | Soup or Chili- lg. bowl | | Sundae with Syrup | |
| Pancakes | | Burrito | | | |
| | | COLD SANDWICHES | | DRINKS | |
| Hash Browns | | Deli Sandwich | | 16 oz. Fountain | |
| French Toast Sticks | | Meat Salad Sandwich | | Coffee or Cappuccino 16 oz. | |
| | | Hoagie: Sub Bun, Turkey, Ham, Lettuce, Tomato, Onion, Pickle, Swiss and American Cheese | | Instant Coffee Packet | |
| | | Turkey Croissant: Turkey, Swiss Cheese, Tomato, Pickle | | Bottled Water | |
| 1 Egg | | Ham Croissant: Ham, Swiss Cheese, Lettuce, Tomato, Onion, Pickle | | Gatorade | |
| Slice Toast | | | | Minute Maid Bottled Juice | |
| Bread Stick | | | | Milk-1/2 pt. | |
| Slice Bread | | | | V-8 Juice | |
| Biscuit | | Turkey, Bacon Croissant: Turkey, Bacon, Lettuce, Tomato, Onion, Pickle | | S. City Pop | |
| HOT SANDWICHES | | SALADS | | SWEETS AND BREADS | |
| Double Cheeseburger | | Grilled Lemon Chicken Salad | | Muffins | |
| Double Hamburger | | Chef Salad | | Rice Krispy Bars | |
| Bacon Cheeseburger | | Side Salad | | Brownie | |
| Swiss Mushroom Cheeseburger | | Fruit Plate (Seasonal) | | English Muffin | |
| Hamburger | | Veggie Plate | | Cookie 2 for 0.65 | |
| Cheeseburger | | Garden Salad | | Candy Bars | |
| Egg Roll | | Yogurt (price is subject to change) | | Croissant | |
| Grilled Ham and Cheese | | Fruit | | Whole Pizza (Unbaked) | |
| Grilled Cheese | | Chips | | Whole Pizza (Baked to Go) | |
| BLT | | | | | |
| Fish Sandwich | | | | | |
| Fish Sandwich with Cheese | | | | | |
| Pork Fritter Sandwich | | | | Snack Shack | |
| Chicken Patty Sandwich | | | | Hot Dog | |
| Fish Fingers (3) | | | | Polish Dog | |