

# KATELYN COBURN, PHD, LMFT

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University of Nebraska-Lincoln  
Lincoln, NE 68588

## EDUCATION

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- PhD** Kansas State University, Applied Human Sciences May 2021  
Specialization: Couple and Family Therapy  
Dissertation: “Exploring Nonbinary People’s Mechanisms for Navigating Gender Norms”  
Committee: Dr. Amber Venum (chair), Dr. Melinda Markham, Dr. Christi McGeorge, Dr. Chelsea Spencer
- MS** Valdosta State University, Marriage and Family Therapy July 2017  
Advisor: Dr. Jennifer Lambert-Shute  
Master’s Project: “Queer Christian Women’s Navigation of Church Communities”
- BS** Truett McConnell University, Psychology May 2015  
Graduated Summa Cum Laude

## LICENSURE AND CERTIFICATIONS

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- Licensed Marriage and Family Therapist** 2019 to Present  
State of Kansas (#3047)
- AAMFT Approved Supervisor** 2021 to Present
- Internal Family Systems Level 1 Training** Anticipated Completion February 2023
- EMDRIA Approved: Eye Movement Desensitization and Reprocessing (EMDR) Basic Training** January 2021

## ACADEMIC AND PROFESSIONAL POSITIONS

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- Assistant Professor** 2021 to Present  
Department of Child, Youth, and Family Studies  
University of Nebraska-Lincoln
- Graduate Teaching Assistant** 2019 to 2021  
Department of Applied Family Sciences  
Kansas State University

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**COURSES TAUGHT**

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**University of Nebraska-Lincoln**

CYAF 458/858: Family Stress and Crisis, Coping and Recovery  
CYAF 870: Systemic Treatment of Diverse Couples and Families  
CYAF 997: Practicum in Family Therapy

**Kansas State University**

HDFS 300: Sexual Violence  
HDFS 301: Helping Relationships  
HDFS 303: Developing Intimate Relationships  
HDFS 350: Family Relationships and Gender Roles  
CFT 872: Family Therapy (co-instructor; professor of record: Dr. Amber Vennum)

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**PUBLICATIONS**

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***Refereed Journal Articles***

\* Co-authors were students when the bulk of the paper was written

**Coburn, K. O.** & McGeorge, C. R. (in press). Perspectives of mainline Protestant Christian pastors on the consequences of familial acceptance and rejection of LGB members: Understanding the role of religion for family therapists. *Contemporary Family Therapy: An International Journal*.

McGeorge, C.R., **Coburn, K.O.**, Walsdorf, A.A., & Nguyen, H.N. (in press). "We Need to State it Overtly": MFT's rationales for labeling SOCE and GICE as unethical in the code of ethics. *Contemporary Family Therapy: An International Journal*.

**Coburn, K.O.**, Spencer, C.M., & Kelly, L.C. (2022). Comparing binary transgender and nonbinary people: Factors associated with psychological well-being among a predominantly People of Color sample. *Contemporary Family Therapy: An International Journal*, 44(3), 222-233. <https://doi.org/10.1007/s10591-022-09634-9>

Stith, S., Topham, G., Spencer, C., Jones, B., **Coburn, K. O.**, Kelly, L. & Langston, Z. (2022). Using systemic interventions to reduce intimate partner violence or child maltreatment: A systematic review of publications between 2010 and 2019. *Journal of Marital & Family Therapy*, 48(1), 231-250. <https://doi-org.libproxy.unl.edu/10.1111/jmft.12566>

Heiden-Rootes, K. M., **Coburn, K. O.**, Sandage, S. J. & Hall, E. L. (2021). Minority stress & mental health for sexual minority adults from religious families: The role of

religious coping. *International Journal of Systemic Therapy*, 32(4), 291-313.  
doi:10.1080/2692398X.2021.1984125

McGeorge, C. R., **Coburn, K. O.**, & Walsdorf, A. A. (2021). Deconstructing cissexism: The journey of becoming an affirmative family therapist for transgender and nonbinary clients. *Journal of Marital & Family Therapy*, 47(3), 785-802. doi: 10.1111/jmft.12481

McGeorge, C. R., **Coburn, K. O.**, & Walsdorf, A. A. (2021). Christian mainline protestant pastors' beliefs about the practice of conversion therapy: Reflections for family therapists. *Journal of Marital & Family Therapy*, 47(3), 698-712. doi: 10.1111/jmft.12447

**Coburn, K.O.**, & McGeorge, C.R. (2019). Christian pastors' perspectives and insights on the practice of family therapists referring LGB clients: Exploring the role of religion. *The American Journal of Family Therapy*, 47(5), 328-343. doi: 10.1080/01926187.2019.1673260

**Coburn, K.O.**, Bishop, E.K., Lambert-Shute, J., Nguyen, H.N., McCoy, T.L., & McGeorge, C.R. (2019). The Christian closet: A phenomenological study of queer Christian women's navigation of church communities. *Journal of Feminist Family Therapy*, 31(4), 165-194. doi: 10.1080/08952833.2019.1640569.

Baptist, J. & **Coburn, K.O.** (2019). Harassment in public spaces: The intrusion on personal space. *Journal of Feminist Family Therapy*, 31(2-3), 114-128, doi: 10.1080/08952833.2019.1634178

**Coburn, K. O.**, & McGeorge, C. R. (2019). What do Christian clergy say?: Advice from Christian Pastors to Family Therapists about Working with LGB Clients. *Contemporary Family Therapy: An International Journal*, 41(3), 236-246. doi: 10.1007/s10591-019-09490-0

McGeorge, C. R., **Coburn, K. O.**, & Walsdorf, A. A. (2018). Factors predicting the inclusion of lesbian, gay, and bisexual affirmative content taught in couple and family therapy courses. *The American Journal of Family Therapy* 46(3), 306-317. doi:10.1080/01926187.2018.1526656

### ***Journal Articles Under Review***

McGeorge, C.R. & **Coburn, K.O.** (revise and resubmit). Accepting or rejecting: Approaches mainline protestant Christian pastors use when working with LGB people and their families.

McGeorge, C. R., **Coburn, K. O.**, & Walsdorf, A.A. (revise and resubmit). Ending sexual orientation and gender identity change efforts: Steps professional mental health associations can take.

### ***Refereed Book Chapters***

**Coburn, K. O.**, Springer, P., & Kelly, L. C. (in progress). Working with transgender and nonbinary teens and young adults: The safe ally genogram. In R. Cobb (Ed.), *The Therapist's Notebook for Teletherapy with Children and Adolescents: Creative Interventions for Effective Online Therapy*. Routledge.

McGeorge, C.R., Nguyen, H.N., Benson, K.E., **Coburn, K.O.**, Walsdorf, A.A. (accepted). Important ethical injustices and considerations for working with LGBTQ individuals and relationships. *AAMFT Systemic Ethics Textbook*.

McGeorge, C. R., Walsdorf, A. A., & **Coburn, K. O.** (2021). "Why can't we just learn about normal couples?" LGBTQ affirmative training strategies for CFT faculty and programs. In R. Harvey, M. J. Murphy, J. J. Bigner, & J. L. Wetchler (Eds.), *Handbook of LGBTQ-affirmative couple and family therapy* (2nd ed., pp. 417-432). Routledge. <https://doi.org/10.4324/9780429274626>

McGeorge, C. R., Walsdorf, A. A., Edwards, L. L., Benson, K. E., & **Coburn, K.** (2020). Sexual orientation and gender identity: Considerations for systemic therapists. In K. S. Wampler, R. B. Miller, & R. B. Seedall (Eds.), *The handbook of systemic family therapy: Volume 1. The profession of systemic family therapy* (pp. 251-271). John Wiley & Sons.

### ***Encyclopedia Entries***

McGeorge, C. R. & **Coburn, K. O.** (accepted). Affirmative therapy. In A. E. Goldberg (Ed.). *The SAGE encyclopedia of LGBTQ Studies* (2<sup>nd</sup> ed.). Sage.

McGeorge, C. R. & **Coburn, K. O.** (accepted). Therapists' biases Re: LGBTQ people. In A. E. Goldberg (Ed.). *The SAGE encyclopedia of LGBTQ Studies* (2<sup>nd</sup> ed.). Sage.

McGeorge, C. R. & **Coburn, K. O.** (accepted). Training of therapists. In A. E. Goldberg (Ed.). *The SAGE encyclopedia of LGBTQ Studies* (2<sup>nd</sup> ed.). Sage.

### ***Invited Book Reviews***

Scott-Poe, D. S.\* & **Coburn, K. O.** (in press, early online access available). Book Review. (The handbook of systemic family therapy: Volume 1. The profession of systemic family therapy, K. S. Wampler, R. B. Miller, & R. B. Seedall (Eds.). John Wiley & Sons). *Journal of Marital and Family Therapy*.

**Coburn, K. O.** (2022). Book Review. (Life isn't binary: On being both, beyond, and in-between, M.J. Barker & A. Iantaffi, 2019). *Journal of Marital and Family Therapy*, 48(2), 671-672. <https://doi-org.libproxy.unl.edu/10.1111/jmft.12536>

### ***Technical Reports***

Spencer, C. M., Quici, H., & **Coburn, K. O.** (August 2021). VISTA fidelity project: Examining clinician fidelity to the VISTA protocol and participants' future risk of offense. *U.S. Air Force Family Advocacy Program*. Manhattan, KS.

Spencer, C. M., Quici, H., & **Coburn, K. O.** (October 2020). Change step fidelity project: Examining clinician fidelity to the change step protocol and participants' future risk of offense. *U.S. Air Force Family Advocacy Program*. Manhattan, KS.

Spencer, C. M., **Coburn, K. O.**, & Harden, J. (July 2020). Resilience promotion during #alonetogether: A rapid review of public health/mental health recommendations to combat effects of self-isolation/quarantine. *Air Force Medical Readiness Agency AFMRA SGHW*. Manhattan, KS.

### **PEER-REVIEWED PRESENTATIONS**

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\* Co-presenters were students when the bulk of the presentation was prepared/presented

**Coburn, K.O.**, Pillai, S.\*, & Vennum, A. (accepted, 2022). *What nonbinary people want family therapists to know: Working with nonbinary people and their relationships*. National Council on Family Relations Annual Conference. Minneapolis, MN.

**Coburn, K.O.** & McGeorge, C.R. (accepted, 2022). *Systemic and individual consequences of families accepting or rejecting LGB members: Perspectives of mainline protestant Christian pastors*. National Council on Family Relations Annual Conference. Minneapolis, MN.

McGeorge, C.R., **Coburn, K.O.**, Walsdorf, A.A., & Nguyen, H.N. (accepted, 2022). *Labeling sexual orientation and gender identity change efforts unethical: An exploration of marriage and family therapists' rationales*. National Council on Family Relations Annual Conference. Minneapolis, MN.

**Coburn, K.O.** & Vennum, A. (2022). *Joyful Authenticity: Nonbinary People Navigating Gender Norms*. American Association of Marriage and Family Therapy: Queer and Trans Advocacy Network Conference. Virtual.

McGeorge, C.R. & **Coburn, K.O.** (2021). *Accepting or Rejecting: What Religious Leaders Can Teach Family Therapists About Working with the Families of LGB People*. National Council on Family Relations Annual Conference. Virtual.

**Coburn, K.O.**, McGeorge, C.R., & Burningham, K. (2020). *Deconstructing Norms & Isms: Therapy with Trans & Nonbinary Clients*. American Association of Marriage and Family Therapy Annual Conference. Virtual.

- McGeorge, C. R., Nguyen, H. N., **Coburn, K. O.**, Benson, K. E., & Walsdorf, A. A. (2020). *Helping Family Therapists Work Ethically with LGBTQ Clients*. American Association for Marriage and Family Therapy Annual Conference. Virtual.
- Coburn, K.O.** & McGeorge, C.R. (accepted, 2020). *Religious Leaders' Perspectives on Referring LGB Clients*. American Association of Marriage and Family Therapy Annual Conference. Orlando, FL. Canceled due to re-structuring of conference.
- Heiden-Rootes, K., Burningham, K., & **Coburn, K.O.** (accepted, 2020). *Queering Religiousness for LGBQ Adults*. American Association of Marriage and Family Therapy Annual Conference. Orlando, FL. Canceled due to re-structuring of conference.
- McGeorge, C.M., **Coburn, K.O.**, Walsdorf, A.A. (accepted, 2020). *Conversion Therapy & Religiosity: Pastors' Perspectives*. American Association of Marriage and Family Therapy Annual Conference. Orlando, FL. Canceled due to re-structuring of conference.
- Coburn, K.O.**, Spencer, C.M., Kelly, L.C. (2020). *Comparing the Well-Being of Binary Transgender and Non-Binary People*. AAMFT Institutes for Advanced Systemic Family Therapy. Honolulu, HI. In-person conference canceled due to COVID-19 pandemic. Presented virtually.
- Coburn, K.O.** (2019). *Deconstructing Transnormativity: Working with Non-Binary Clients*. National Council on Family Relations Annual Conference. Fort Worth, TX.
- Coburn, K.O.**, & McGeorge, C.R. (2019). *Christian Religious Leaders' Perspectives and Insights on the Practice of Family Therapists Refusing to work with LGB Clients*. National Council on Family Relations Annual Conference. Fort Worth, TX.
- McGeorge, C.R., **Coburn, K.O.**, & Walsdorf, A.A. (2019). *Factors Influencing Family Therapy Faculty's' Inclusion of LGB Affirmative Therapy Course Content*. National Council on Family Relations Annual Conference. Fort Worth, TX.
- Coburn, K. O.** & Kelly, L. C. (2019). *Trans\* People of Color: Factors Associated with Well-Being*. American Association of Marriage and Family Therapy Annual Conference. Austin, TX.
- McGeorge, C.R., **Coburn, K.O.**, Walsdorf, A.A. (2019). *Predicting Faculty's Inclusion of LGB Affirmative Course Content*. American Association of Marriage and Family Therapy Annual Conference. Austin, TX.
- Coburn, K.O.** & McGeorge, C.R. (2019). *Pastors Perspectives: LGB Inclusive Therapy*. AFTA 2019 Annual Meeting and Open Conference. Oakland, CA.

- McGeorge, C. R., Benson, K. E., **Coburn, K.O.** (2018). *Helping Parents of LGBTQ Youth: Affirming and Inclusive Practices*. American Association of Marriage and Family Therapy Annual Conference. Louisville, KY.
- Coburn K.O.**, Bishop, E., Lambert-Shute, J., McGeorge, C., McCoy, T., Nguyen, H. (2018). *Working with LGB Christians: A Focus on Clinical Strategies*. American Association of Marriage and Family Therapy Annual Conference. Louisville, KY.
- Coburn, K.O.** & McGeorge, C.R. (2018). *LGB Affirmative Pastors' Advice to Family Therapists*. American Association of Marriage and Family Therapy Annual Conference. Louisville, KY.
- Coburn, K.O.**, Bishop, E., Lambert-Shute, J., McCoy, T., Nguyen, H. (2018). *Sexual Identity at Church: Navigating Early Childhood Messages*. American Association of Marriage and Family Therapy Annual Conference. Louisville, KY.
- Coburn, K.O.**, McGeorge, C. (2018). *Working with LBG Clients: Christian Pastors' Advice to Family Therapists*. National Council on Family Relations Annual Conference. San Diego, CA.
- Coburn, K.O.**, Bishop E., Lambert-Shute, J. (2018). *Navigating Identities: Faith and Orientation*. American Family Therapy Academy Annual Meeting and Conference. Austin, TX.
- Kim, L., Lambert-Shute, J., Laughlin M., McCoy, T., **Coburn, K.O.**, Bishop, E., Mulkey, K., Peterson, P. (2017). *Hearing the Story Beyond the Words: An Immersive Training Experience in Therapeutic Listening*. National Council on Family Relations Annual Conference. Orlando, FL.
- Coburn, K.O.**, Bishop, E., Lambert-Shute, J., Nguyen, H., McCoy, T. (2017). *Christian Women's Revelations from the Church Closet*. American Association of Marriage and Family Therapy Annual Conference. Atlanta, GA.
- Bishop, E., **Coburn, K.O.**, Lanier, A., & Vrandopulo, C. (2016). *Gender Roles in Binational Couples of Mixed-Immigration Status*. Georgia Association of Marriage and Family Therapy Spring Conference. Jekyll Island, GA.

#### **INVITED PROFESSIONAL PRESENTATIONS**

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- Coburn, K. O.** (2022). *Therapy with LGBTQ+ People and Families: Embracing Support and Celebration*. Nebraska Association of Marriage and Family Therapy Spring 2022 Conference.

## **CAMPUS AND DEPARTMENTAL PRESENTATIONS**

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- Coburn, K.O.** (2022). *Understanding the Relationship between the Gender Binary and Nonbinary Peoples' Mental Health: How Nonbinary People Cope*. University of Nebraska-Lincoln, Department of Child, Youth, and Family Studies. Scholarly Brown Bag.
- Coburn, K.O.** (2021). *The MFT Program at UNL: Why choose here?*. HDFS 487: Overview of Marriage and Family Therapy. Northern Illinois University, Human Development and Family Sciences Program.
- Coburn, K.O.** (2021). *Nonbinary People's Processes of Navigating Gender Norms: Implications for How Everyone Can Create a More Gender Equitable World*. University of Nebraska-Lincoln, Gender Equity Conference.
- Coburn, K.O.** (2019). *Deconstructing Cisnormativity and Transnormativity: Working with Transgender and Non-Binary Clients*. Kansas State University, Couple and Family Therapy Program.
- Coburn, K.O.** (2019). *Mental Health: Identifying, Referring, and Supporting*. Kansas State University, Department of Housing, Senior Staff Professional Development Training.
- Kelly, L.C. & **Coburn, K.O.** (2019). *Privilege Awareness & Multi-Dimensional Selves*. Kansas State University, Critical Conversations Committee.
- Coburn, K.O.** (2019). *Identity Based Trauma: What It Is and How to Cope*. Kansas State University, Department of Housing, Student Staff Training.
- Coburn, K.O.** (2019). *Compassion Fatigue & Self-Care*. Kansas State University, Department of Housing, Senior Staff Training.
- Kelly, L.C. & **Coburn, K.O.** (2019). *Cultural Competency vs. Cultural Sensitivity/Humility: A Multidimensional View*. Kansas State University, Couple and Family Therapy Program.

## **INTERNAL GRANTS**

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- Robert H. Poresky Assistantship in Family Studies and Human Services** 2020  
Coburn, K.O. & Vennum, A. V. (2020). *Identifying the Processes of Resistance to Gender Norms for Non-Binary Populations: Improving Mental Health Treatment*. \$2,500.  
Kansas State University.



## SCHOLARSHIPS AND FELLOWSHIPS

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| <b>Minority Fellowship Program-Doctoral</b><br>American Association of Marriage and Family Therapy (\$20,000) | 2020 |
| <b>Minority Fellowship Program-Doctoral</b><br>American Association of Marriage and Family Therapy (\$21,000) | 2019 |
| <b>Timothy R. Donoghue Scholarship</b><br>Kansas State University (\$5,000)                                   | 2019 |
| <b>Timothy R. Donoghue Scholarship</b><br>Kansas State University (\$5,000)                                   | 2018 |

## AWARDS

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| <b>Outstanding Research Award</b><br>Couple and Family Therapy Program; Kansas State University   | 2020 |
| <b>Family Therapy Section Best Student Research Paper Award</b><br><i>Christian Religious Leaders' Perspectives and Insights on the Practice of Family Therapists Refusing to Work with LGB Clients</i><br>National Council on Family Relations | 2019 |
| <b>Excellence in Marriage and Family Therapy Scholarship Award</b><br>Marriage and Family Therapy Program, Valdosta State University  | 2016 |

## PROFESSIONAL AFFILIATIONS

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National Council on Family Relations, 2018-Present

American Association of Marriage and Family Therapy, 2016-Present

## SERVICE

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### Professional Organizations

#### **Ad Hoc Reviewer**

- Journal of Feminist Family Therapy, 2022-Present
- Journal of Homosexuality, 2022-Present
- Contemporary Family Therapy, 2021-Present

#### **Conference Proposal Reviewer for**

- National Conference on Family Relations, 2022-Present
- American Association of Marriage and Family Therapy, 2017-Present

**Roundtable Session Facilitator, Family Policy and Research**  
National Council on Family Relations Annual Conference, 2019

**Student Reviewer for Peer-Reviewed Journals**

- Journal of Marital and Family Therapy, 2019-2021
- Journal of Feminist Family Therapy, 2018-2021

**Community Organizations**

**Nebraska Association of Marriage and Family Therapy**

- Elections Committee Member, 2022-Present

**University Committees**

**University of Nebraska-Lincoln**

- Assistant/Associate Professor of Practice in Family & Consumer Sciences Education  
Faculty Search Committee Member, 2022
- CYAF Chair's Advisory Committee, 2022-Present
- CYAF Strategic Plan, Action Team 5 Member, 2021-Present

**Kansas State University**

- Student Association Organization, Critical Conversations Committee Liaison, 2020-2021
- Critical Conversations Committee, Student Association Organization Liaison, 2019-2021

**North Dakota State University**

- Couple and Family Therapy Club, President, 2017-2018

**Valdosta State University**

- Search Committee Member, College of Nursing Academic Advisor, 2016-2017

**CLINICAL EXPERIENCE**

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**Couple and Family Therapist, Manhattan, KS** 2020 to Present

Private Practice

- Private practice specializing in serving LGBTQIA+ clients
- Assist transgender and nonbinary clients in navigating gender transition related care

**Clinical Supervisor Intern, Manhattan, KS** 2019 to 2021

The Family Center

- Provide live and consult case supervision to Couple and Family Therapy master's students

**Family Therapist Intern, Manhattan, KS** 2018 to 2021  
The Family Center

- Provide individual, couple, and family therapy to the community as part of Kansas State University's Couple and Family Therapy Program
- Maintain client files and manage an active caseload
- Collaborate with colleagues and supervisors

**Couple and Family Therapy Intern, Manhattan, KS** 2018 to 2019  
Department of Housing and Dining Services, Kansas State University

- Provided individual, couple, and family therapy to employees within the Department of Housing and Dining Services at Kansas State University
- Developed and facilitated support groups
- Assisted in planning and executing employee engagement and development programs

**Clinical Supervisor Intern, Fargo, ND** 2017 to 2018  
Community Counseling Services

- Provided live and consult case supervision to Clinical Mental Health master's students

**Family Therapist Intern, Valdosta, GA** 2016 to 2017  
FamilyWorks Clinic

- Provided individual, couple, and family therapy to the community as part of Valdosta State University's Marriage and Family Therapy Program
- Maintained client files and managed an active caseload
- Collaborated with colleagues and supervisors

**Volunteer Family Therapist, Valdosta, GA** 2016 to 2017  
Georgia Farm Workers Health Program

- Provided therapeutic services to farm workers and their families in the fields in collaboration with physicians, physical therapists, and interpreters

**Clinical Intake Worker, Valdosta, GA** 2015 to 2016  
FamilyWorks Clinic

- Coordinated intakes, participated in community outreach, and upheld the policies and procedures of FamilyWorks Clinic