

# Weekly Wednesday

Department of Educational Psychology

## What's Inside:

- 1) Top Stories
- 2) News
- 3) Off-campus News
- 4) March Happiness
- 5) The Week Ahead





# CAMPUS PARKING IMPACTS

## High School Basketball Championships

Girls State Basketball games will be played March 4-7<sup>th</sup>

Boys State Basketball games will be played March 11-14<sup>th</sup>

Vehicles with parking permits must display a Permit Event Sticker for access to permit parking areas during events. The Permit Event Sticker, available at no cost, verifies the vehicle permit in the License Plate Recognition System.

ON CAMPUS PARKING  
MAY BE IMPACTED  
DUE TO THESE EVENTS

**If you have a valid parking permit and do not have a Permit Event Sticker:**

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- Request and receive the sticker, at no cost. Present your NCard for verification.
- Display the Permit Event Sticker on the vehicle inside front windshield, lower driver's side.

If you have questions, call Parking and Transit Services 402-472-1800.



# YAY! GET TO KNOW ALEX!

In case you missed it...we hired two student workers! Alex started with us last week, and we'll have another student worker introduction to share with you soon. Alex is a student studying Architecture at UNL. Get to know a little more about him below!

**WHAT ARE YOUR FAVORITE ACTIVITIES TO DO AROUND TOWN?**

I love walking around and looking at all of the different styles of buildings there are here in Lincoln!



**WHAT SONG/ALBUM IS ON REPEAT FOR YOU RIGHT NOW?**

I'd have to say I'm listing to Daniel Caesar more than normal right now.



**WHERE IS YOUR FAVORITE PLACE YOU'VE EVER TRAVELED?**

South Korea!

I have family there!



**WHAT'S YOUR GO-TO COMFORT MOVIE?**

Fantastic Mr. Fox is forever my favorite comfort movie.

**WHAT HAS BEEN THE BEST/YOUR FAVORITE CLASS YOU'VE TAKEN AT UNL SO FAR?**

Studio, by far. It's around 3 hours a day, so you really get to know the people around you very well!



Top Stories

# Student Research Days are back!

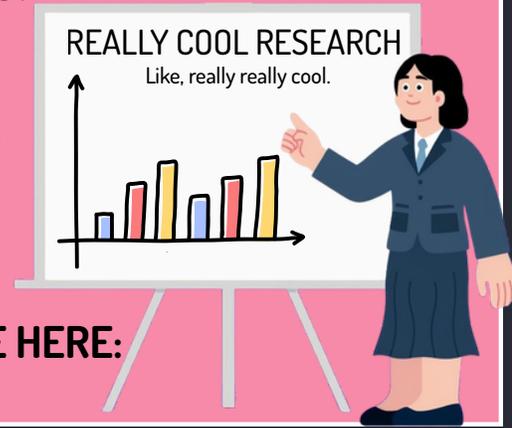
This event features campus-wide sessions for graduate students to present their research or creative work. Students in all fields are welcome to present! Most students use research posters, but there are also TVs and other spaces if your work is best presented in another format, such as an art display, or presenting a documentary.

## THERE WILL BE PRIZES FOR TOP PRESENTERS!

This is a **fantastic** opportunity for students to share their work with the campus community and practice presenting their work prior to attending conferences in their field. **GRADUATE STUDENTS WILL PRESENT ON APRIL 8<sup>TH</sup> FROM 3-5PM.** Interested students must **register to present by March 13<sup>th</sup>** to be considered.

**MORE INFORMATION ABOUT THE EVENT AVAILABLE HERE:**

**<https://research.unl.edu/springresearchdays/>**



# EDPS GA EVALUATIONS NOW OPEN!

Reviews should be completed no sooner than ½ way through the semester (7 weeks) and no later than the last day of classes each semester. Forms must be submitted to Jules via email no later than the Wednesday of final exam week. Failure to submit your self evaluations on time WILL result in disciplinary action and impact your ability to receive future assistantships within EDPS.

## DO NOT WAIT UNTIL THE LAST MINUTE TO COMPLETE THIS EVALUATION.

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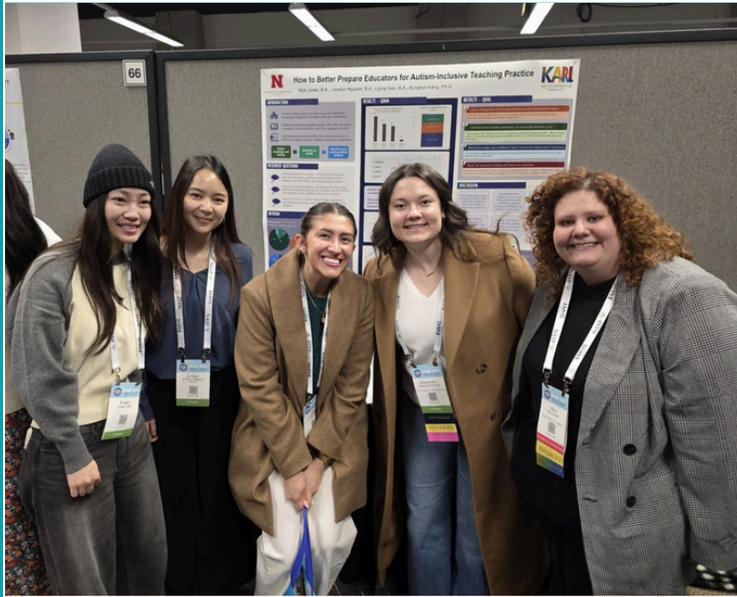
# LOVE CHAOS KIN at the Omaha Film Festival

LOVE CHAOS KIN (98 min) is an intimate documentary that follows white-presenting, Navajo-descent twins and their South Asian adoptive parents over 12 years. The film captures their complex reckoning with identity, race, and belonging as the children reconnect with their struggling white birth mother and, eventually, their estranged Navajo birth father.

The film offers a rare, decade-long look at identity formation, systemic injustice, and relational resilience, while providing insights into motherhood through adoption and the modern American family. This makes it a vital case study for those exploring or working within the field of transracial adoption and complex family dynamics. You can find the schedule and tickets through the festival page [HERE](#).

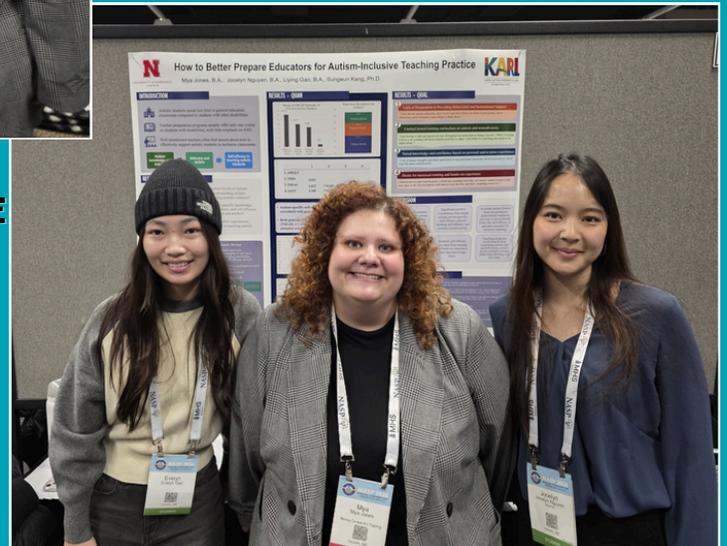


# NASP 2026



**WELCOME BACK FROM THE NASP 2026 CONFERENCE! I HOPE YOU HAD A GREAT TIME! THANK YOU FOR ALL THE HARD WORK YOU DO, AND THANK YOU FOR REPRESENTING EDPS!**

**IN CASE YOU MISSED IT IN MONDAY ANNOUNCEMENTS, JULES AND CEHS WOULD LIKE TO FEATURE STUDENT STORIES REGARDING THEIR TIME AND EXPERIENCE AT THE NASP CONFERENCE! PLEASE EMAIL JULES IF YOU ARE INTERESTED IN SHARING YOUR PHOTOS AND STORIES. THEY WILL FEATURE YOU IN THE WEEKLY WEDNESDAY, AND ALSO CONNECT YOU WITH THE PIXEL LAB SO YOU CAN BE FEATURED IN CEHS SOCIAL COMMUNICATIONS!!**



## COMMUNITY MENDING EVENT

**StUff**  
creative reuse

**ALVIN**  
COFFEE

**MARCH 20TH  
3-5PM**

**@ STUFF CREATIVE REUSE**

**JULES & STUFF CREATIVE REUSE ARE PARTNERING TOGETHER FOR A COMMUNITY MENDING EVENT! BREATHE NEW LIFE INTO CLOTHING THAT IS WORN & TORN, AND JOIN US FOR AN AFTERNOON OF FUN, CREATIVITY, AND COMMUNITY! SOME TOOLS & MATERIALS FOR MENDING WILL BE AVAILABLE.**

**REMEMBER: IF IT'S WORTH WEARING, IT'S WORTH REPAIRING!**

**\$5 PER PERSON, SNACKS PROVIDED! IF COST IS A BARRIER TO YOU, PLEASE LET JULES KNOW, AS THEY HAVE SOME TICKETS AVAILABLE FOR THE EVENT.**

**TICKETS AVAILABLE HERE!**

# March Happiness Calendar

## March 2026 Happiness Calendar

This month, expand your circle of care.

Keep up with the latest on the science of connection, compassion, and happiness by [subscribing to our newsletters](#).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Have the <b>difficult conversation</b> .	2 Give someone <b>your undivided attention</b> .	3 Take the <b>time to recover</b> after stress.	4 <b>Play sports</b> .	5 Try a <b>loving-kindness meditation</b> .	6 Recognize <b>when you're struggling</b> .	7 Practice <b>letting go of control and certainty</b> .
8 <b>Support the women</b> in your life.	9 Do something to <b>reduce suffering</b> in the world.	10 <b>Be curious</b> about other people's perspectives.	11 Reflect on what's <b>central to your identity</b> .	12 <b>Show love</b> in different ways.	13 Notice <b>what you have in common</b> with people who feel different.	14 <b>Are you skilled at bridging differences?</b> Take our quiz to find out.
15 <b>Do a kindness for others</b> .	16 <b>Be kind to yourself</b> .	17 <b>Read a book</b> .	18 <b>Share your emotions</b> with a loved one.	19 <b>Reach out to a friend</b> .	20 Find a <b>common goal</b> .	21 <b>Instead of judging</b> , see what you can learn.
22 <b>Volunteer</b> .	23 <b>Cultivate allies</b> .	24 Use your <b>critical thinking skills</b> .	25 <b>Dance</b> .	26 Get out of your own head and <b>focus on others</b> .	27 <b>Tune in</b> to a loved one.	28 Think about <b>your role as a global citizen</b> .
29 <b>Connect to nature</b> .	30 <b>Show up</b> for someone else.	31 <b>Remember our interconnectedness</b> .			 Greater Good Science Center <a href="http://ggsc.berkeley.edu">ggsc.berkeley.edu</a> <a href="http://greatergood.berkeley.edu">greatergood.berkeley.edu</a>	

## this month, expand your circle of care



March Happiness

The Week Ahead



# Upcoming Office Hours

March 5-11, 2026

Thurs. March 5: 11am-12pm

Fri. March 6: 12pm (via Zoom)

Mon. March 9: 1-2pm

Tues. March 10: 2-3pm

Wed. March 11: 1-2pm

Susan Swearer, Ph.D., LP  
Chairperson  
Department of Educational Psychology  
University of Nebraska-Lincoln



## NEED TO MEET W/ JULES?

If you would like to meet with Jules, please send them an email to set up an appointment.

APPOINTMENTS AVAILABLE IN-PERSON AND VIA ZOOM

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EMAIL JULES  
JMEYERS19@UNL.EDU

Want to reserve a room?

## Email Zee!

Please include the following information with your request:

- Date of event
- Start & end time
- Number of participants
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\*Note: please submit your request no later than 24hrs before your reservation!



## need to request materials from CSPC?



Microsoft Form Link: <https://go.unl.edu/cspcmaterials>

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- 2) Around Campus
- 3) Funding Opportunities
- 4) The Week Ahead



# HAPPY (ALMOST) SPRING BREAK!

TIME FOR A  
BREAK.

UNL's spring break is next week, March 16-20<sup>th</sup>. Although campus will be open and staff will be working, there will be no classes held next week. Enjoy your time off!!! There will not be a Weekly Wednesday newsletter next week.

## Looking for fun things to do over break?

Want to explore downtown Lincoln?

Don't know where to start?

Check out this interactive map!

<https://downtownlincoln.org/>

Want to know about upcoming events around town?

Check out the "This Week in Lincoln" newsletter! It's run by a Lincoln Local. You can even sign up for email alerts! AND, it's free!

<https://lincoln.ghost.io/>



Also, if you're interested...

## COMMUNITY MENDING EVENT



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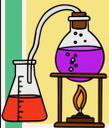
In case you missed it...we hired two student workers! Aimee started working with us this week. She is studying Biological Sciences in the College of Arts and Sciences (CAS). Get to know more about Aimee below!

WHERE IS YOUR FAVORITE PLACE YOU'VE EVER TRAVELLED?

Cabo, Mexico!



WHAT'S YOUR FAVORITE CLASS YOU'VE TAKEN AT UNL SO FAR?



CHEM 109!

WHAT'S YOUR GO-TO COFFEE OR TEA ORDER?

Scoters Blended Caramelicious



WHAT ARE YOUR FAVORITE THINGS TO DO AROUND LINCOLN?

I love going to the Haymarket for lunch and going to Nebraska Basketball games!



Top Stories



# CAMPUS PARKING IMPACTS

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## LAST CHANCE TO REGISTER!!!!

STUDENT RESEARCH DAYS ARE FAST APPROACHING! This event features campus-wide sessions for graduate students to present their research or creative work. Students in all fields are welcome to present! Most students use research posters, but there are also TVs and other spaces if your work is best presented in another format, such as an art display, or presenting a documentary.



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MORE INFORMATION ABOUT THE EVENT AVAILABLE HERE:

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## LUNCH & LEARN

THERE HAS BEEN SOME INTEREST IN HAVING A SPEECH LANGUAGE PATHOLOGIST JOIN US FOR A LUNCH & LEARN EVENT. DR. JESSICA GORMLEY HAS KINDLY OFFERED TO JOIN US! ASSUMING THERE IS STILL INTEREST, THIS EVENT WILL BE HELD ON APRIL 21<sup>ST</sup> AT 11AM OVER ZOOM.

PLEASE UTILIZE THE FOLLOWING HYPERLINK BELOW IF YOU ARE INTERESTED IN ATTENDING THIS EVENT!

**SLP LUNCH AND LEARN WITH JESSICA GORMLEY, PHD – FILL OUT FORM**

TO CONFIRM INTEREST/AVAILABILITY AND LET HER KNOW WHAT TOPICS EVERYONE IS INTERESTED IN, PLEASE FILL OUT THE FORM ABOVE BY MARCH 13TH.



# AY 26-27 ASSISTANTSHIPS

While faculty do their very best to secure funding for EDPS Graduate Students, the availability of funding varies from year to year. Students are expected to seek out and apply for assistantships and fellowships to pursue funding for their degree. We have a limited number of assistantships within EDPS. All available assistantships (and application information) are available on the EDPS website. Students may apply to as many positions as they wish; however, if you accept a position, please email the supervisor(s) of the position(s) to which you applied to let them know you've taken a different assistantship.

## EDPS ASSISTANTSHIP WEBSITE:

<https://cehs.unl.edu/edpsych/current-student-support/graduate-assistantships/>

Looking for hourly work? Sign up for UNL HANDSHAKE!  
<https://careers.unl.edu/welcome-handshake-unl/>



**EXTERNAL ASSISTANTSHIP OPPORTUNITY!!!**



**NeMTSS**  
FRAMEWORK



**This position supports the statewide implementation of the Nebraska Multi-Tiered System of Supports (NeMTSS). Key responsibilities include: (1) researching academic and behavioral interventions and summarizing their attributes in the NeMTSS Program Comparison Tool; (2) developing and refining technical assistance materials; (3) coordinating, collecting, cleaning, and organizing data; (4) assisting with grant proposal and report writing; (5) developing, conducting, and presenting original research; and (6) collaborating with Integrated Support Specialists, regional leads, and leadership team members to support state-wide project-related tasks.**

Find the full position posting/application instructions on our website:  
<https://cehs.unl.edu/edpsych/current-student-support/graduate-assistantships/>



**Did you hear about an external funding opportunity?**

If you learn of any assistantship opportunities external to EDPS, please send the job posting to Jules so they can share it on the EDPS website and in the Weekly Wednesday!

The Week Ahead



# Upcoming Office Hours

March 12-20, 2026

Thurs. Mar. 12: 2-3pm

Fri. Mar. 13: 10-10:30am

March 16-20th:

**No office hours.  
Happy Spring Break!**

Susan Swearer, Ph.D., LP  
Chairperson  
Department of Educational Psychology  
University of Nebraska-Lincoln



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✉️  
[JMEYERS19@UNL.EDU](mailto:jmeyers19@unl.edu)

Want to reserve a room?

## Email Zee!

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\*Note: please submit your request no later than 24hrs before your reservation!



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# FALL REGISTRATION IS NOW OPEN!

If you are unsure of which courses you need to take, please set up an appointment with your advisor.

Some, but not all classes may require a permission code in order to register for the course. This permission can only be granted by the instructor. If you require a permission code to register, please utilize our Course Access Request System (CARS) to request a permission code. You can find CARS under the "Current Student Support" tab on our website. If you do not see your course or instructor listed in CARS, please email the instructor directly with your request to enroll and cc Zee Cronin ([mcronin6@unl.edu](mailto:mcronin6@unl.edu)). Should the instructor approve, Zee will generate a permission number for you.

**Questions? Email Zee!**



## DON'T FORGET!

If you are on an assistantship within EDPS, you are **REQUIRED** to schedule a semesterly evaluation with your supervisor.

**DO NOT WAIT UNTIL THE LAST MINUTE TO COMPLETE THIS EVALUATION.**

Forms must be submitted to Jules via email no later than the Wednesday of final exam week. Failure to submit your self evaluations by the deadline established WILL result in disciplinary action and impact your ability to receive future assistantships within EDPS.

You can find and download the EDPS GA Evaluation form here: <https://cehs.unl.edu/edpsych/current-student-support/>

## Spring Football Game THIS SATURDAY!

Are you ready? As a reminder, all City Campus buildings will be locked down on March 28<sup>th</sup> for the Spring Football Game. You will **NOT** be able to access any buildings on campus during game day, even with your nCard.

Questions? Email Jules or Zee!

**GBR!**



BUFFETT EARLY CHILDHOOD INSTITUTE  
GRADUATE SCHOLARS PROGRAM

# Applications Now Open

**APPLICATIONS DUE APRIL 24TH!**



Buffett Early Childhood Institute  
*at the University of Nebraska*

## **\$25,000 Fellowship Opportunity**

The Buffett Early Childhood Institute at the University of Nebraska is currently accepting applications from advanced doctoral students within the university system for one-year fellowships worth up to \$25,000!

The Buffett Institute Graduate Scholars program will award up to four fellowships to Ph.D. students. Our goal is to support high-quality research that impacts the early years of life, drawn from fields including health, education, social work, art, psychology, the neurosciences, and more. Multidisciplinary research and new methodologies are welcomed.

**APPLICATIONS DUE APRIL 24TH!**

Applicants will receive decision notifications by the end of June.

**LEARN MORE HERE OR BY  
CLICKING THE LINK BELOW!**

[HTTPS://BUFFETTINSTITUTE.NEBRASKA.EDU/ABOUT-US/GRADUATE-SCHOLARS](https://buffettinstitute.nebraska.edu/about-us/graduate-scholars)



BUROS  
CENTER FOR TESTING

# **BUROS IS HIRING!**

**Know of someone looking for full time work? The Buros Center for Testing is hiring an Office Associate!**

**Visit the link below to learn more about the position and apply!**

**<https://employment.unl.edu/postings/99809>**

The Society of Counseling Psychology Presents...

# Ethical Use of Social Media for Psychologists: Risk Management, Boundaries, and Professional Identity

This webinar examines the ethical use of social media by psychologists, integrating APA Ethics Code standards with empirical research on digital communication, professional boundaries, and risk management.

Dr. Kiki Fehling will review best practices for maintaining confidentiality, responding to client interactions, managing online identity, addressing misinformation, and engaging in advocacy and DEI-focus public education while minimizing legal and licensure risk.

Participants will leave with concrete, evidence-informed strategies to strengthen ethical decision-making online, enhance the quality and equity of services provided to the public, and contribute responsibly to the evolving digital presence of the psychology profession.

**FREE WEBINAR!**

Earn 1 free Psychology CE Credit!

**REGISTER HERE**



Kiki Fehling, PhD

Featuring Dr. Kiki Fehling

**April 14<sup>th</sup>, 2026 | 11am-12pm Central | Via Zoom**

## **PARTICIPANTS NEEDED! HAVE YOU GONE THROUGH A BREAKUP DURING GRADUATE SCHOOL?**

*Participants will engage in a partially structured interview lasting about one hour. Everything discussed in the interview will remain anonymous and confidential. The researcher will ask questions about your past relationship, your breakup, and graduate school.*

### **PARTICIPANT CRITERIA:**

- Must identify as a woman
- Must be at least 18 years or older
- Must have been enrolled in a graduate program in psychology at the time of the breakup
- Must have been dating for at least one year prior to the breakup
- Must have experienced the breakup at least 6 months ago
- Must be fluent in English
- Must have access to a device with a camera & microphone

**CLICK HERE TO LEARN  
MORE OR PARTICIPATE!**

**CONTACT CATALINA KUENZI AT CKUENZI@ALLIANT.EDU  
WITH ANY QUESTIONS OR CONCERNS**



The Week Ahead



# Upcoming Office Hours

March 26-April 1, 2026

Thurs. Mar. 26: 8:30-9:30am

Fri. Mar. 27: 9-10am (via Zoom)

Mon. Mar. 30: 2-3pm

Tues. Mar. 31: 10-11am

Wed. April 1: 2-3pm

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