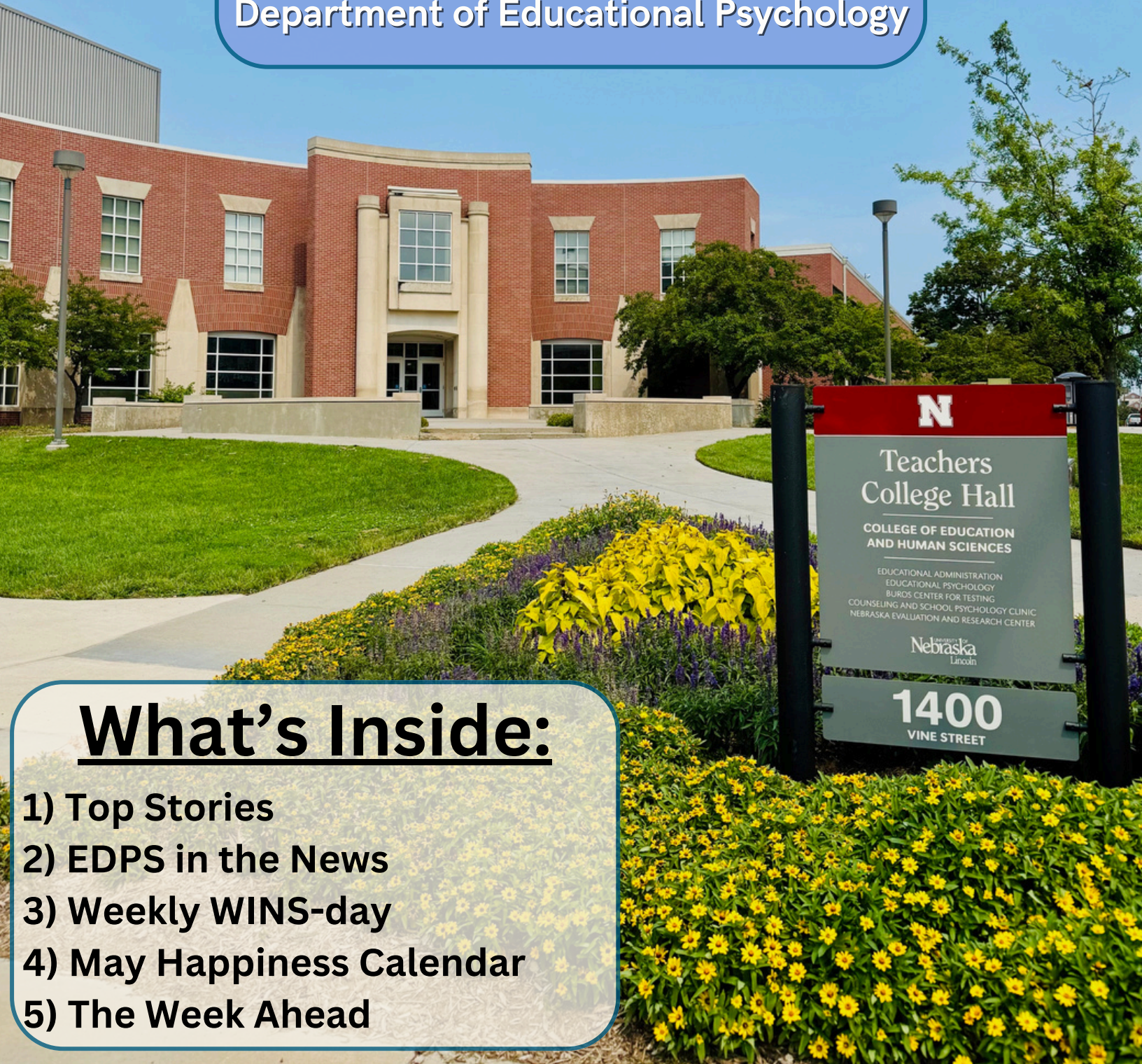


Weekly Wednesday


Department of Educational Psychology



What's Inside:

- 1) Top Stories
- 2) EDPS in the News
- 3) Weekly WINS-day
- 4) May Happiness Calendar
- 5) The Week Ahead

Dear Students & Faculty,

Happy end of the Academic Year!! What a year it has been. Congratulations to those who are graduating this week! Graduation is such a bittersweet time, and I hope you feel proud of yourselves and celebrated this week & every week! This will be the last Weekly Wednesday you'll receive for a few months; it'll pick back up in August with information about New Student Orientation & other start-of-the-AY events. We can't wait to welcome our new cohort of students into EDPS, and we can't wait to see familiar faces return! Whatever you have planned this summer, I hope you have ample time to play, find wonder, and get lots of sunshine (and lots of rest).  xoxo Jules

DON'T FORGET

EDPS GA evaluations are due by 4pm today!

Please email your signed & completed form to Jules ASAP if you have yet to do so!

DOCTORAL GRADUATES!

APA is offering FREE memberships to 2026 doctoral graduates!

As members of APA, you will join the ranks of leading psychologists to advance the application of psychological science to confront the unique challenges the world faces today. You also gain:

- Access to specialized resources tailored for early career psychologists
- Guidance on identifying funding and grant opportunities
- Access to the APA Mentorship Directory to connect with experienced professionals
- Opportunities to engage with peers through the APA Community members-only platform
- Opportunities to get involved in APA leadership and professional activities

UPGRADE HERE

Master's Comprehensive Exam

(MA COMPS)

Next Exam: **June 5th 2026**

The deadline to register **FRIDAY, MAY** for the June COMPS is: **29TH AT 4PM.** 

LATE APPLICATIONS WILL NOT BE ACCEPTED. If you fail to register by 4pm on the established deadline, you will have to wait until October 2026 to take the MA COMPS.

To register for the MA COMPS, please visit our website to download your registration form: <https://go.unl.edu/edpscomps>

Top Stories

Program expands emotional regulation support for autistic students



Dr. Sungeun Kang, an assistant professor of school psychology and CYFS research affiliate, recently led a project to refine and expand an intervention program designed to support regulation among autistic children in school settings.

Read the full article

here: https://go.unl.edu/regulation_support

“Teachers and school mental health professionals have many demands on their time, so it is essential to make the program easier to use, minimize training requirements and enhance student engagement...Our goal is to make the program more user-friendly, reduce the workload for educators, and create a more engaging experience for autistic students as they learn emotion regulation strategies.”

Dr. Mun Yuk Chin was awarded the CEHS Outstanding Teaching Award!!

The CEHS Outstanding Teaching Award is given annually to recognize faculty members who go above and beyond to engage and instruct their students through meaningful teaching and personalized approaches.

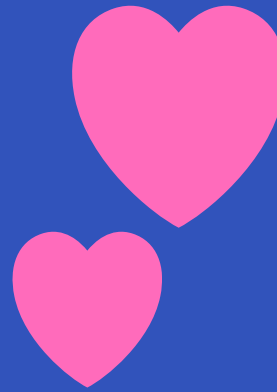
CONGRATULATIONS, MUN!!!



She Dared to Dream

Congratulations to Dania Javid, who was awarded a Dream in Action Award, which recognizes the next generation of student leaders shaping UNL!

<https://studentculture.unl.edu/>






Dania, it is a joy to have you in our department!!!
Click [HERE](#) to watch Dania's thank you speech.



**COPSYCH
HAD THEIR
END-OF-
YEAR EVENT
EARLIER
THIS WEEK!
THANK YOU
TO NEETA
FOR THIS
WONDERFUL
PHOTO!**

May Happiness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Greater Good Science Center <small>ggsc.berkeley.edu greatergood.berkeley.edu</small>				1 Practice letting go of little annoyances.	2 Have a backup plan .	
3 Send mercy to someone who hurt you, if you can.	4 Chat with a stranger .	5 Do something playful .	6 Cultivate a loving heart .	7 Collaborate on decision making.	8 Pause and breathe when a conversation is activating.	9 Ask for forgiveness .
10 Be kind to yourself .	11 Recognize that everyone makes mistakes .	12 Embrace what makes you unique .	13 Be curious about other people.	14 Forgive yourself .	15 Embrace differences .	16 Be humble .
17 Sit in silence together.	18 Seek out awe outdoors.	19 Model forgiveness for others.	20 Sit with uncertainty .	21 Be a good person .	22 Be accountable for your actions.	23 Engage with people you disagree with .
24 Be mindful about using AI .	25 Process your anger and resentment .	26 Read poetry .	27 Have important conversations with your family.	28 See how complicated people are.	29 Ask yourself: What is the wise thing to do here?	30 Stop letting the past control your emotions .
31 Talk to kids about forgiving .	Putting the Science of Forgiveness Into Practice			This calendar is part of a two-year GGSC project on forgiveness, supported by the Templeton World Charity Foundation (TWCF). Learn more about forgiveness on TWCF's Discover Forgiveness website.		

this month, try to let go & heal

extend forgiveness



be in awe of nature



let go of perfectionism





collaborate



get to know your neighbors



take the time to feel your emotions instead of bottling things up



don't sweat the small stuff

The Week Ahead



Upcoming Office Hours

May 7-8, 2026

Thurs. May 7: 11am-12pm

Fri. May 8: **No office hours**
Sue will be attending the School Psych Faculty Retreat

If you would like to meet with Sue over the summer, please send her an email!

HAVE A GREAT SUMMER!

Susan Swearer, Ph.D., LP
Chairperson
Department of Educational Psychology
University of Nebraska-Lincoln



NEED TO MEET W/ JULES?

If you would like to meet with Jules, please send them an email to set up an appointment :)

APPOINTMENTS AVAILABLE IN-PERSON AND VIA ZOOM

EMAIL JULES
JMEYERS19@UNL.EDU

Want to reserve a room?

Email Zee!

Please include the following information with your request:

- Date of event
- Start & end time
- Number of participants
- Technical needs
- Event title

*Note: please submit your request no later than 24hrs before your reservation!



need to request materials from CSPGC?



Microsoft Form Link: <https://go.unl.edu/cspcmaterials>

STAFF SUMMER

SEE YOU IN AUGUST!

OR COME VISIT US THIS SUMMER...WE'LL BE HERE :)

