

LOOKING FOR A LOST & FOUND?

There are TWO (2) locations within our triplex of buildings that have lost & found bins:

HENZ105 & CPEH 135

TEAC 114 (the EDPS office) is NOT a Lost & Found location; however, should you know who an item belongs to, reach out to them directly, then speak to Zee in-person. Zee can hold emergency items up to 24-hours before returning them to Henzlik 105. Do NOT leave items on Zee's desk if she is away; if Zee is not at her desk, please bring your item directly to one of the Lost & Found locations listed above.

Questions? Email Zee (<u>mcronin6@unl.edu</u>)

ARE YOU ON AN ASSISTANTSHIP (GTA/GRA) WITHIN EDPS?

EDPS GA EVALUATIONS OPEN NEXT WEEK!

DON'T FORGET! If you are on an assistantship within EDPS, you are required to schedule a semesterly evaluation with your supervisor.

Students employed within EDPS are expected to fill out the self-evaluation form, which can be found on our website. Students should first fill out this form, then send it to their supervisor for review. Then, a student must collaborate with their supervisor to schedule a time to meet and review their self-evaluations.

Reviews should be completed no sooner than ½ way through the semester (7 weeks) and no later than the last day of classes each semester. Forms must be submitted to Jules via email no later than the Wednesday of final exam week during each semester. Failure to submit your self evaluations on time may result in disciplinary action and impact your ability to receive future assistantships within EDPS.

Please collaborate with your supervisor regarding any questions about your review process.

You can find and download the EDPS GA Evaluation form here: https://cehs.unl.edu/edpsych/current-student-support/

If you have any questions or need clarification, please email Jules (jmeyers19@unl.edu)

the next EDPS Crafternoon will be held on Friday, October 24th!

Jules will be sending out more information, along with a calendar invitation later this month.

We also may need some extra help putting up the finishing touches of our Halloween decor...

PS: Have ideas for a Crafternoon theme? Jules would love to know!
Please send them an email if you have ideas of crafts you'd love to try
out, or other ways we could make these Crafternoons even more fun!

To view a full schedule of events and all the fun that's happening around campus, visit:



https://homecoming.unl.edu/ <

CEHS HOMECOMING



Stop by the corner for 14th and Vine Streets for a CEHS tailgate this weekend! Meet Dean Reese, show your Husker spirit by making buttons, and win prizes! Everyone is welcome! The first 25 people will receive a clear fanny pack.

FUNDING OPPORTUNITY **APPLICATIONS DUE BY OCT. 15TH**

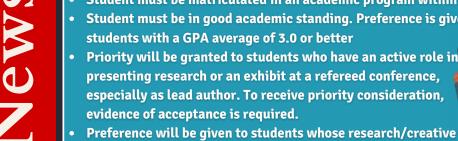
The CEHS Student Professional Development Grant Program aims to promote the scholarly and professional development of **CEHS** students. Grants awarded through this program provide funds for CEHS students to participate in a professional meeting, conference, or other professional development experience. Examples of a professional meeting or conference may include attending or presenting a research paper at the annual meeting for the American Educational Research Association. Professional meetings, conferences, or development experiences are conceived broadly as experiences that support scholarly and professional development.

Eligibility for Funding:

- Student must be matriculated in an academic program within CEHS
- Student must be in good academic standing. Preference is given to students with a GPA average of 3.0 or better
- Priority will be granted to students who have an active role in presenting research or an exhibit at a refereed conference, especially as lead author. To receive priority consideration, evidence of acceptance is required.
- activity aligns with the CEHS strategic priorities

To learn more or apply, click the link below!

https://cehs.unl.edu/sites/unl.edu.cehs/files/ media/file/Student%20PD%20grant_RFA.pdf





Women's and Gender Studies sponsors an annual lecture that features local and national scholars and activists who present their work on cutting edge themes in women gender and sexuality.



Fall 2025 Annual Lecture: Setting the Record Straight on Campus Sexual Violence

Presented by Nicole Bedera Ph.D.

Bedera is a sociologist and a nationally recognized expert on sexual violence and gender inequality. In her academic work. she studies how our social structures contribute to survivors' trauma and make

Dr. Bedera will be speaking on her book—On Violence—which was published in 2024 (University of California Press). She puts her research into practice as an Affiliated Educator co-founder of Beyond Compliance Consulting

1:30-2:30pm Jackie Gaughan **Multicultural Center Unity Room (212)**

Free & open to the public

https://wgs.unledu/research/ annual-lecture/

ADA Title II Accessibility Updates
All digital course materials must meet W3C Web
Content Accessibility Guidelines by April 24, 2026

This includes all website content, linked websites, attached documents, password protected content, and content provided by third-party vendors.

All digital content posted by anyone at the university is expected to meet digital accessibility guidelines before being posted. This includes the UNL website (both public and internal facing) and course materials posted on Canvas. It also applies to social media posts as well as content from 3rd party vendors like textbook companies and other learning applications used by instructors. Instructors/TAs are responsible for making sure their materials meet the new standards.

There is a Digital Accessibility Training course available in Bridge that provides guidance on how to ensure digital materials meet Title II accessibility quidelines.

More information on the Title II regulations is available <u>here.</u> Resources from the CTT are available here. More details at: https://ada.unl.edu/



of Color Social

A casual mixer that provides a space to recognize women of color and allows attendees to connect with a greater network of an affirmative community. October 8, 2025
Nebraska Union Heritage Room



BEST PRACTICES IN SCREENING AND DIAGNOSIS OF ADHD IN ADULTS FREE ZOOM TRAINING OCTOBER 16 | 9AM-12PM

This presentation will review empirically supported best practices for the screening and diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) in adults. The content will cover who to screen and how to screen, an overview of the diagnostic process, and specific tools and recommendations related to accurately measuring current symptoms, assessing and making judgments about clinically significant functional impairments. In addition, how to establish childhood history in adults, careful differential diagnosis of ADHD versus mimicking conditions, and how to navigate challenging diagnostic scenarios in an era of self-diagnosis will also be covered.

Objectives:

- I. Identify the core components of evidence based assessment of ADHD in adults.
- 2. Explain best practices in accurate measurement of ADHD symptoms.
- 3. Describe low value practices that may lead to misdiagnosis (over or under diagnosis) of adult ADHD.





ADVANCING NEUROPSYCHIATRIC CARE: CONNECTING BRAIN INJURY TREATMENT TO BETTER OUTCOMES

Brain injuries are a significant yet often overlooked contributor to neuropsychiatric symptoms (NPS), such as depression, anxiety, cognitive decline, and agitation. These symptoms can develop regardless of the injury's severity and frequently persist over time. This seminar series will focus on the following topics: recognizing behavioral, emotional, and cognitive symptoms in patients with brain injury; prescribing medications for brain injury-related symptoms; providing supportive psychotherapy and cognitive-behavioral therapy; educating and supporting families of patients with brain injury.

THURSDAY, OCT. 9TH
11AM-1PM CENTRAL
VIA ZOOM

FREE ZOOM TRAINING!

REGISTER AT GO.UNL.EDU/REG_TBIPART1



Upcoming Office Hours October 2-8, 2025

Please email Sue to set up an appointment

October 6:2-3pm

October 7: 1-2pm

October 8: 2-3pm

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology University of Nebraska-Lincoln



Need to reserve 6

https://tinyurl.com/TEACRoomRes

*Note: please submit your request no later than 48hrs before your reservation!

Questions? Ask Zee!



Need to meet w/ Jules? If you would like to meet with Jules, you must send them an email to set up an appointment.

Appointments available in-person and via Zoom *Note: Jules is unable to meet on Wednesdays

need to request





Microsoft Form Link: https://go.unl.edu/cspcmaterials



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EDPS GA
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ARE NOW OPEN!!!

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To learn more or apply, click the link below!

https://cehs.unl.edu/sites/unl.edu.cehs/files/ media/file/Student%20PD%20grant_RFA.pdf BUROS CENTES FOR TESTINO

The Buros Center for Testing Presents...

Assessment of Trauma in Children and Youth

Tuesday, Oct. 21st a webinar series 11:00am-12:30pm

Join the Buros Center for Testing for the next session in our Assessment of Trauma in Children and Youth webinar series. Dr. Cassandra Kisiel, from Northwestern University Feinberg School of Medicine, will present practical strategies for implementing a trauma-informed assessment framework with diverse youth populations. Webinar attendance is free for all UNL faculty, staff, and students.



Interested in attending? Contact Dr. Jessica L. Jonson at jjonson@buros.org.

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CLICK HERE TO REGISTER



GRADUATE TRAINEE SUPPORT PROGRAM

CoPsych MA Students! The Graduate Trainee Support Program (GTSP) financially supports master's-level students during their advanced practicum or internship experiences that serve rural, public sector, or justice-involved communities. To be eligible to apply, students must have confirmed practicum or internship experiences, be in good academic standing, and intend to practice in Nebraska after graduation.

GTSP applications will be accepted Oct. 10th through Nov. 10th for experiences starting in the Spring.

INTERESTED? LEARN MORE AND APPLY <u>HERE!</u>



WGS 2025 Annual Lecture

Women's and Gender Studies sponsors an annual lecture that features local and national scholars and activists who present their work on cutting edge themes in women, gender, and sexuality.



Fall 2025 Annual Lectures Setting the Record Straight on Campus Sexual Violence

Presented by Nicole Bedera Ph.D.

Dr. Bedera is a sociologist and a nationally recognized expert on sexual violence and gender inequality. In her academic work, she studies how our social structures contribute to survivors' trauma and make sexual violence likely to occur.

Dr. Bedera will be speaking on her book—On the Wrong Side: How Universities Protect Perpetrators and Betray Survivors of Sexual Violence—which was published in 2024 (University of California Press). She puts her research into practice as an Affiliated Educator at the Center for Institutional Courage and as a co-founder of Beyond Compliance Consulting.

Oct. 30th
1:30-2:30pm
Jackie Gaughan
Multicultural Center
Unity Room (212)

Free & open to the public

https://wgs.unl.edu /research/annuallecture/



LET'S CELEBRATE!

THERE IS ALWAYS SOMETHING TO CELEBRATE! HERE ARE SOME REALLY COOL THINGS FOLKS IN EDPS HAVE BEEN UP TO LATELY:



Lauryn Rivale and Olivia Edwards (School Psychology first years) were trained in the Target Bullying Intervention Program (T-BIP) through Dr. Susan Swearer's Bullying Research and Victim Empowerment (BRAVE) Lab last week. The T-BIP is implemented in Lincoln and Norris Public Schools and provides a cognitive-behavioral Tier-III intervention to students who are referred for bullying behaviors.

For more information about the T-BIP, visit the website <u>here</u>.



Jules is very excited to announce that they will be teaching at the local MAKIT TOGETHER art retreat next week!

They will be leading two sessions on collaging, which will take place at Stuff Creative Reuse, their new favorite art supply store in town! Interested in taking their class, or want to check out the course offerings? You can sign up a la carte on the MAKIT TOGETHER website:

https://makittogether.com/pages/class-list

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October 2025

This month, make the world a little better.

Happiness Calendar

Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GG Greater Good SC Science Center ggscherkeley.edu greatergood.berkeley.edu		N.	Reflect on the emotions you want to feel.	Talk through conflicts before they become explosive.	Give yourself a break from a problem— temporarily.	Stand up for what you believe in
Spread a little love in the world.	Ask for what you want.	Take our Science of Happiness at Work course.	Raflect on what your legacy might be.	Den't let other people define you.	10 How cursous are you? Take our quiz to find out.	Send warmth and goodwill out into the world.
Damcel	Find power in moral clarity.	Try to forgive yourself for your mistakes.	Write a gratitude letter to someone you never properly thanked.	Do a little good in the world today.	Have conversations about spirituality and meaning.	Its Immerse yourself in the beauty of nature.
Join forces for a common cause.	Make space for big feelings.	Show love and care to yourself.	Look for ways to grow from your struggles.	Notice a moment that made you smile.	Remember your ancestors and how their journey has shaped you.	Join groups in your local community.
Seethe rourself with touch.	Get to know different kinds of people.	28 Celebrate someone's good news.	Try to make peace with your past.	Find people you can trust.	Think about who you want to become.	

THES MONTH, MAKE THE



friend or

set up a video chat with your besties



pick up litter, rather than walk by it

instead of doomscrolling, write grace and ample time some snail mail!

give yourself lots of to rest and reset!







Upcoming Office Hours October 9-15, 2025

Thurs. Oct. 9: 2-3pm

Fri. Oct. 10: No office hours

EDPS office closed for faculty retreat

Mon. Oct 13: 10-11am

Tues. Oct. 14: 11am-12pm

Wed. Oct. 15: 12-1pm

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology University of Nebraska-Lincoln





https://tinyurl.com/TEACRoomRes

*Note: please submit your request no later than 48hrs before your reservation!

Questions? Ask Zee!



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need to request





crosoft Form Link: https://go.unl.edu/cspcmaterials





Looking for a fun way to spend your break?

Check out UNL's Outdoor it's just down the Adventure Center (OAC)! street from TEAC!

The OAC features indoor climbing & bouldering, outside climbing, a DIY bike maintenance station, and more!

You can also rent outdoor gear!! They have items for paddling, hiking, camping, climbing, cookouts, and bikes.

Special rates are available for UNL students

Learn more about the OAC at the link below!

https://crec.unl.edu/01

outdoor-adventure-center/



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Jackie Gaughan Multicultural Center Unity Room (212)

Free & open to the public

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Assessment of Trauma in Children and Youth

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Interested in attending?

Contact Dr. Jessica L. Jonson at jjonson@buros.org.

ADVANCING NEUROPSYCHIATRIC CARE: CONNECTING BRAIN INJURY TREATMENT TO BETTER OUTCOMES

PART 2: PHARMACOTHERAPY FOR BEHAVIORAL, EMOTIONAL, AND COGNITIVE SYMPTOMS IN BRAIN INJURY

FREE WEBINAR SERIES

Brain injuries are a significant yet often overlooked contributor to neuropsychiatric symptoms (NPS), such as depression, anxiety, cognitive decline, and agitation. These symptoms can develop regardless of the injury's severity and frequently persist over time. This seminar series will focus on the following topics: recognizing behavioral, emotional, and cognitive symptoms in patients with brain injury; prescribing medications for brain injury-related symptoms; providing supportive psychotherapy and cognitive-behavioral therapy; educating and supporting families of patients with brain injury.

THURSDAY, OCT. 23RD 11AM-1PM CENTRAL

GO.UNL.EDU/REG_TBIPART2

MHDI Health Equity Grand Rounds to highlight immigration and Latino health

Maria-Elena De Trinidad Young will present "Immigration, Mental Health, and Health Care Access among Latinos in Rural Communities" at the Minority Health Disparities Initiative's Health Equity Grand Rounds.

In this talk, Young will share findings from the Policies Influencing Rural Latino Health Study, a population-based survey examining how U.S.- and foreign-born Latinos experience and navigate immigration policy in rural California and Arizona. She will highlight the relationship between immigration policy and community well-being, as well as lessons learned from conducting research with hard-to-reach populations.

Presented by Maria-Elena De Trinidad Young, PhD, MPH

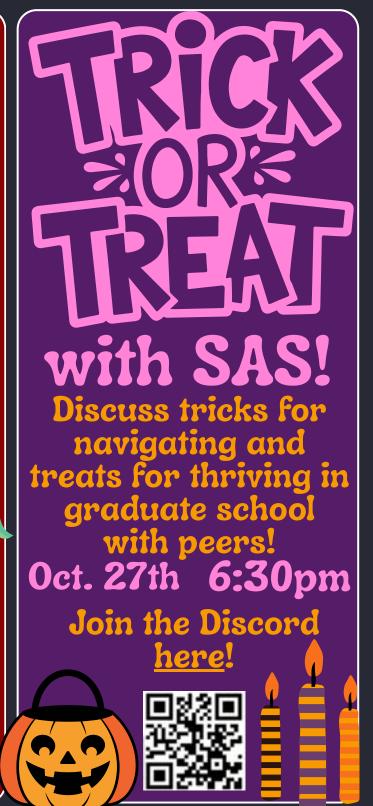


This event is FREE and open to the public.

Register for the Zoom link by CLICKING HERE



A HUGE THANK YOU
TO BELLA AND
STEPHANIE, WHO
HELPED JULES AND
ZEE HANG THIS
GIANT DINOSAUR IN
THE EDPS OFFICE!



edps costume contest

It's time for another EDPS Halloween Costume Contest! Put together your best costume and stop by TEAC 114 to have your photo taken on Friday, October 31st.

HALLOWEEN The winner of the costume contest will get a prize pack built by Jules & Zee!

Don't want to dress up? No worries! You should still stop by our office during Halloween to see our decor in full effect! We'll have candy and treats, a photo booth, and lots of DINO-mite decor and fun for all to enjoy.



Upcoming Office Hours October 16-22, 2025

Thurs. Oct. 16: 11am-12pm

Fri. Oct. 17: 10am-11am

Mon. Oct. 20 & Tues. Oct. 21

No office hours - enjoy your break!

Wed. Oct 22:2-30m

Susan Swearer, Ph.D., LP Chairperson

Department of Educational Psychology University of Nebraska-Lincoln



Need to reserve

https://tinyurl.com/TEACRoomRes

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need to request materials





Microsoft Form Link: https://go.unl.edu/cspcmaterials



Coll Let's Celebrate!!!

Amanda Barrett, a School Psychology Doctoral Student, was interviewed for an article for Science Explores!!!! You can read the article, Connections at school could limit bullying's harm to mental health at the link below, or by clicking on the article title above.

https://www.snexplores.org/article/school-bullying-teen-mental-health

HOORAY, AMANDA!

It's time for another EDPS Halloween Costume Contest! Put together your best costume and stop by TEAC 114 to have your photo taken on Friday, October 31st.

Dressing up earlier in the week? NO PROBLEM! Stop by any time the week of Halloween in costume to have your photo taken to enter in our contest. Jules always does "closet costumes" the entire week of Halloween and encourages everyone to participate in the fun!

Your costumes do NOT have to fit the Jurassic Park theme!!! Have fun, get creative, and stop by any time!

The winner of the costume contest will get a prize pack built by Jules & Zee!

Don't want to dress up? No worries! You should still stop by our office during Halloween to see our decor in full effect! We'll have candy and treats, a photo booth, and lots of t-rexcellent decor and fun for all to enjoy. It'll be tricera-TOPS!





Night of the Living Drag Show

Join <u>UNL Spectrum</u> for their fall semester drag show! Student performers will lip-sync to popular songs in two acts. The event is free to attend; however, attendees are asked to bring a non-perishable food item or personal hygiene product to be donated to Husker Pantry. Requested items include shampoo, conditioner, hand soap, chips, flour, sugar, cooking oil, and beans.

Learn more about the event and UNL spectrum, at https://spectrum.unl.edu/

October 24th | 8-10pm Nebraska Union, Centennial Room

ADVANCING NEUROPSYCHIATRIC CARE: CONNECTING BRAIN INJURY TREATMENT TO BETTER OUTCOMES PART 2: PHARMACOTHERAPY FOR BEHAVIORAL, EMOTIONAL, AND COGNITIVE SYMPTOMS IN BRAIN INJURY

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TOMORROW
THURSDAY, OCT. 23RD
11AM-1PM CENTRAL



HOUDAYS FOR LITTLE HUSKERS

Holidays for Little Huskers is a program providing gifts and personal items to the children of current UNL students during the winter holiday season - at no cost to parents and guardians. Since 2023, the generosity of 230 donors has benefited 115 UNL students by fulfilling the gift wishes for 331 children. This year, Holidays for Little Huskers will fulfill wishes for 150 children. So far, 49 donor groups are confirmed; at least 40 additional donors are still needed.

Those interested in sponsoring a child can <u>sign up</u> through Oct. 31.

Questions? Email <u>littlehuskers@unl.edu</u>

Husker Pantry is OPEN!



Open to all enrolled students, the Husker Pantry offers non-perishable food and hygiene products through a simple online ordering system. Community contributions keep the pantry functioning.

<u> Here's how to get started: https://pantry.unl.edu/</u>

- 1. Visit the Husker Pantry Website <u>here</u>
- 2. Register for an Account: Click the "Order Now" button and fill in the required information, including your student ID and contact details.
- 3. Browse Available Items: Once registered, you can log in to view and select items available for pickup. Items currently in stock will appear on the "Shop View" feature.
- 4. Schedule a Visit: After selecting your items, choose a convenient time to pick up your order. This year all orders will be picked up from Room 123 in the University Health Center on City Campus.
- 5.Pick up Order: Arriving within the window of the appointment time allows for an efficient flow of traffic of students picking up orders. Be sure to knock on the pantry door when picking up an order!

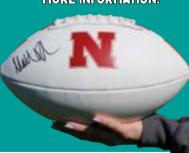


CELEBRATE GAMEDAY AT THE UNIVERSITY LIBRARIES!

THERE ARE SOME EXCITING DROP-IN ACTIVITIES AND EXPERIENCES, AND A CHANCE TO WIN AN AUTOGRAPHED FOOTBALL, FOR YOU TO ENJOY ON GAMEDAY SATURDAY, OCTOBER 25, STARTING THREE HOURS BEFORE KICK-OFF AGAINST NORTHWESTERN! STOP BY LOVE LIBRARY'S ADELE HALL LEARNING COMMONS FOR REFRESHMENTS, FUN PHOTO OPPORTUNITIES, AND A TRIVIA CONTEST FOCUSED ON THE HISTORY OF THE UNL LIBRARIES THAT GIVES YOU THE CHANCE TO WIN A FOOTBALL AUTOGRAPHED BY COACH RHULE. YOU AND YOUR FRIENDS CAN TAKE SELFIES WITH CORNCOB MAN AND SCORE FUN BUTTONS.

OCTOBER 25TH STARTING AT 8AM!

CLICK THE FOOTBALL FOR MORE INFORMATION!





Upcoming Office Hours October 23-29, 2025

Thurs. Oct. 23: 9-10am Via Zoom

Fri. Oct. 24:9-10am Via Zoom

Mon. Oct. 27: 1-2pm

Tues. Oct. 28:1-2pm

Wed. Oct. 29: 10-11am Via Zoom

Susan Swearer, Ph.D., LP Chairperson

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Need to reserve

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NEED A PERMISSION CODE?

As a reminder, if your course requires a permission code to register, please utilize the Course Access Request System (<u>CARS</u>) on our website prior to reaching out to the front office!

https://cehs.unl.edu/edpsych/current-student-support/course-access-request-system-cars/

If you do not see your course listed in CARS, please email Zee for assistance

COSTUME CONTEST

EDPS is hosting a COSTUME CONTEST! Come on down to TEAC 114 any time between 9am-2:30pm on Halloween day and have your photo taken, and you'll be entered to win a prize pack assembled by Jules and Zee!!!

ALL ARE WELGOME!

Don't feel like dressing up? No worries! Come on in and hang out, say hi, grab some candy, and experience Jurassic Park!

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FAILURE TO SUBMIT YOUR
SELF EVALUATIONS ON TIME
WILL RESULT IN DISCIPLINARY
ACTION AND IMPACT YOUR
ASSISTANTSHIPS WITHIN EDPS

Stories

News

IN CASE YOU MISSED IT ..

Amanda Barrett, a School Psychology Doctoral Student, was interviewed for an article for Science Explores!!!! You can read the article, Connections at school could limit bullying's harm to mental health at the link below, or by clicking on the article title above.

https://www.snexplores.org/article/school-bullying-teen-mental-health

HOORAY, AMANDA! Get to know a little more about her below:



Tell me something fun about yourselfanything at all!

Whenever I travel to a new country, I eat whatever their version of a hot dog is as my 'souvenir'!

a girl after my own heart..

If your life had a theme song, what would it be? **Boom Boom Pow** (Black Eyed Peas)

What's one of the best books that you've read recently?

The Compound by Aisling Rawle. It combined two of my favorite things: Dystopian worlds & Reality TV

What's something

What was your favorite childhood toy? Littlest Pet Shop!!! My sister and I would create soap opera level drama in this playset.

you love about EDPS? The students and being part of the Buros

Center- I have made lifelong friends and colleagues!!

What's your

favorite "dad joke"?

What do

you call

a fish

with no

eves?

this is an INCREDIBLE answei

Fall 2025 Annual Lecture: Setting the Record Straight on Campus Sexual Violence

Dr. Bedera is a sociologist and a nationally OMORROW recognized expert on sexual violence and gender inequality. In her academic work, she studies how our social structures contribute to survivors' trauma and make sexual violence likely to occur.

Dr. Bedera will be speaking on her book—On the Wrong Side: How Universities Protect Perpetrators and Betray Survivors of Sexual Violence—which was published in 2024 (University of California Press). She puts her research into practice as an Affiliated Educator at the Center for Institutional Courage and as a cofounder of Beyond Compliance Consulting.

https://wgs.unledu/research/annual-lecture/

Jackie Gaughan Multicultural Center **Unity Room (212)**

Free & open to the public



Open to all enrolled students, the Husker Pantry offers non-perishable food and hygiene products through a simple online ordering system. Community contributions keep the pantry functioning.

Here's how to get started:

- 1. Visit the Husker Pantry Website here
- 2. Register for an Account: Click the "Order Now" button and fill in the required information, including your student ID and contact details.
- 3.Browse Available Items: Once registered, you can log in to view and select items available for pickup. Items currently in stock will appear on the "Shop View" feature.
- 4.Schedule a Visit: After selecting your items, choose a convenient time to pick up your order. This year all orders will be picked up from Room 123 in the University Health Center on City Campus.
- 5.Pick up Order: Arriving within the window of the appointment time allows for an efficient flow of traffic of students picking up orders. Be sure to knock on the pantry door when picking up an order!

HOLIDAYS FOR LITTLE HUSKERS

Holidays for Little Huskers is a program providing gifts and personal items to the children of current UNL students during the winter holiday season - at no cost to parents and guardians.

Since 2023, the generosity of 230 donors has benefited 115 UNL students by fulfilling the gift wishes for 331 children.

This year, Holidays for Little Huskers will fulfill wishes for 150 children. So far, 49 donor groups are confirmed; at least 40 additional donors are still needed.

Those interested in sponsoring a child can <u>sign up</u> through Oct. 31.

Questions? Email <u>littlehuskers@unl.edu</u>

ADVANCING NEUROPSYCHIATRIC CARE: CONNECTING BRAIN INJURY TREATMENT TO BETTER OUTCOMES PSYCHOTHERAPEUTIC APPROACHES, PSYCHOSOCIAL EDUCATION, AND FAMILY SUPPORT FOR PATIENTS WITH BRAIN INJURY





FREE WEBINAR SERIES

Brain injuries are a significant yet often overlooked contributor to neuropsychiatric symptoms (NPS), such as depression, anxiety, cognitive decline, and agitation. These symptoms can develop regardless of the injury's severity and frequently persist over time. This seminar series will focus on the following topics: recognizing behavioral, emotional, and cognitive symptoms in patients with brain injury; prescribing medications for brain injury-related symptoms; providing supportive psychotherapy and cognitive-behavioral therapy; educating and supporting families of patients with brain injury.



THURSDAY, NOV. 6 11AM-1PM CENTRAL

The City of Lincoln invites community members to our Waste Matters event.

Join them for a community discussion!

They'll explore:

- The waste we produce
- How we go about reusing our waste
- What happens to our waste after we put it in the bin

Your input is vital and will contribute to the City's efforts to educate residents, businesses, and visitors on how we all can level up our efforts to reduce and reuse waste in Lincoln. You are encouraged to attend, ask questions, and share insights that will help community members understand why waste matters.



The City of Lincoln invites community members to our Waste Matters event. Join us for a community... READY TO TALK TRASH?

DON'T THROW AWAY YOUR CHANCE TO BE HEARD.



COMMUNITY DISCUSSION

Join us for a conversation about the waste we produce, how we go about reusing our waste, and what happens to our waste when we put it in the bin. Your input is vital and will contribute to the City's efforts to educate residents, businesses, and visitors on how we all can level up our efforts to reduce and reuse waste in Lincoln.

OCTOBER 30, 2025 • 5 - 7 PM LUX MIDDLE SCHOOL CAFETERIA 7800 HIGH STREET, LINCOLN, NE 68506





Upcoming Office Hours Oct. 30-Nov. 5, 2025

Thurs. Oct. 30:2-3pm

Fri. Oct. 31: 11am-12pm

Mon. Nov. 3:3-4pm

Tues. Nov. 4: 1-2pm

Wed. Nov. 5:10-111am

Susan Swearer, Ph.D., LP Chairperson

Department of Educational Psychology University of Nebraska-Lincoln





Need to meet W/ Jules? If you would like to meet with Jules, you <u>must</u> send them an email to set up an appointment.

APPOINTMENTS available in-person and via zoom

*Note: Jules is unable to meet on Wednesdays

ENEIL JULES JMeyers19@unl.edu

Want to reserve a room?

https://tinyurl.com/TEACRoomRes

*Note: please submit your request no later than 48hrs before your reservation!

Questions? Ask Zee!

mcronin6@unl.edu







