

September 4, 2024

VOLUME 126

# Weekly Wednesday

Department of Educational Psychology



## What's Inside:

- 1) Top Stories
- 2) Announcements
- 3) News
- 4) Weekly Wins-day
- 5) Clinic Corner
- 6) The Week Ahead

# OCTOBER COMPS

The next Masters Comprehensive Exam will take place on the first Friday of October.

**To register for the MA COMPS, please visit our website to download your registration form:**

**<https://cehs.unl.edu/edpsych/masters-comprehensive-exam/>**

You will need a DocuSign sender's license to route your form through DocuSign! If you have yet to request one, please see the Orientation Slides available on our website for a link to request a (free!) DocuSign Sender's License.



**Please meet with your advisor to discuss which exam(s) you are required to take. Your advisor must sign your COMPS registration form, as well as the **Graduate Chair** (Scott Napolitano)**



Please route your form through DocuSign using a "Set Signing Order". Your advisor must sign your paperwork prior to the graduate chair!

To set a signing order, be sure to click the checkbox above where you route your form for signatures!

**October COMPS will be held on Friday, October 4th from 8:30am-12:45pm**

Please send your COMPS registration form to Jules via email to sign up for the exams. **THE DEADLINE TO REGISTER IS FRIDAY, SEPTEMBER 27TH AT 4PM.** Late applications will not be accepted.

# Welcome, Alicia!

Everyone join me in welcoming Alicia Meng, our new Postdoc in the Clinic!

## Get to know Alicia:

- Alicia LOVES Paris! She traveled there with her husband this summer for her 1-year wedding anniversary! Great museums, great food, and lots of walking!
- If her life had a theme song, it would be "This Girl is on Fire" by Alicia Keys, first because they share the same name, and second because it makes her feel confident!
- Alicia dressed up as the "Diet Coke Fairy" for Halloween one year because she's serious about Diet Coke. Looks like she'll fit in perfectly with the Diet Coke fan club in our department!
- Alicia also plays the piano, and she's trying to pick up sewing! She's also a huge fan of thrifting, which is awesome!





Professional Development Opportunity:

Common Myths About

$$a^2 + b^2 = c^2$$



# Testing

Presented by Dr. Dan Robinson  
University of Texas at Arlington

**Friday, September 6th** TEAC 112  
2:30-3:30pm

**Dr. Robinson is the K-16 Mind, Brain, and Education  
Endowed Chair in the Department of Curriculum &  
Instruction at the University of Texas at Arlington.**

## Call For Proposals!

*Applied Analytics & Data Infrastructure Catalyst Program*

Do you conduct applied, field-based research that impacts lives? Does your work require analysis or data support? Take advantage of this opportunity to collaborate with the MAP Academy!

**Priority Deadline:  
October 4, 2024**

**Click [HERE](#) to  
learn more!**

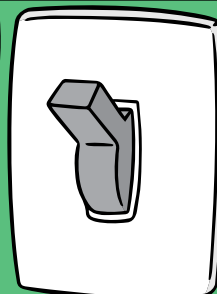


University of Nebraska faculty across all campuses and disciplines are invited to submit proposals for the Applied Analytics and Data Infrastructure (AADI) Catalyst Program — an initiative to support the rigor of high-quality field-based human research.



## TURN OFF THE LIGHTS!!

If you use the EDPS Office after-hours, PLEASE be sure to turn off the lights when you're done! Jules has been arriving to campus every morning to find multiple lights left on in the office. If you turn a light on, turn it off before you leave!

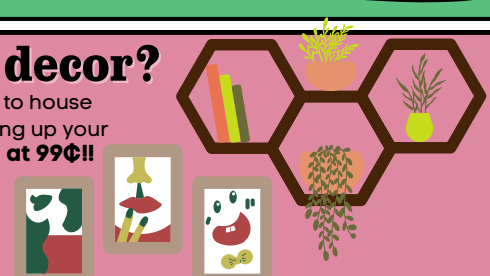


## Looking for inexpensive office decor?

Want to personalize your office? Looking for cheap photo frames to house your art? Want an office that looks like Jules' office? Start with hitting up your local thrift stores! **Lamps! Tchotchkes! Photo frames starting at 99¢!!**

**Try thrifting! Buy art from artists!  
Support small businesses!**

Need recommendations for places to start?  
Send Jules an email and they'll be happy to help!



# CALL FOR ABSTRACTS IS NOW OPEN!

Each year, MHDH hosts a conference to create space for students, researchers, community health professionals, policymakers, and organizations to come together and share strategies and resources for advancing health equity in Nebraska and beyond.

The 2025 Health Equity Conference will be held on Friday, February 28, 2025, at the Nebraska Innovation Campus Conference Center in Lincoln, Nebraska. Attendees can look forward to a variety of health equity speakers, workshops, networking opportunities, and research sharing. The event is **FREE** and open to the public.



Students and faculty are welcome to submit abstracts and posters on any topic related to health equity. The submission deadline is December 6, 2024. to learn more, visit the link below:

<https://mhdh.unl.edu/2025-health-equity-conference>

# Meal Kit Mondays



The September offerings for Meal Kits and CookWell Classes offered by Campus Recreation's Nutrition Education program have been released! Each four-serving meal kit includes a recipe card and pre-portioned ingredients, everything you need to quickly whip up a delicious dinner.

To view the Fall 2024 menu and learn more, visit: <https://crec.unl.edu/meal-kit-mondays>

# September 2024 Happiness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Keep going when things are tough.	2 Take our <b>Science of Happiness at Work</b> course.	3 Reflect on how you can <b>contribute to the world</b> .	4 Try to <b>let go of unhelpful worry</b> .	5 <b>Remember happy moments</b> in your relationships.	6 Stand up for your <b>political values</b> .	7 <b>See the humor</b> in a difficult situation.
8 Use social media <b>mindfully</b> .	9 Try to <b>remember your dreams</b> .	10 <b>Get curious</b> about other people's insights.	11 <b>How intellectually humble are you?</b> Take our quiz to find out.	12 Give a young person <b>your time and attention</b> .	13 <b>Do a loving-kindness meditation</b> .	14 Spend time on <b>what matters to you</b> in life.
15 Do something small to <b>care for the environment</b> .	16 Check in with people who are <b>struggling</b> .	17 Imagine <b>what you want your future to look like</b> .	18 Take <b>other people's needs and perspectives</b> into account.	19 <b>Express your gratitude</b> to someone.	20 <b>See the good</b> in people.	21 <b>Avoid black-and-white thinking</b> .
22 <b>Look for the positive</b> in a bad situation.	23 Expose yourself to <b>opinions different from your own</b> .	24 Read <b>uplifting news stories</b> .	25 Take one action toward the <b>future you want</b> .	26 Reflect on your <b>values and passions</b> .	27 <b>Connect with people offline</b> .	28 Find a shared interest with someone who seems <b>different from you</b> .
29 <b>Cheer someone up</b> .	30 <b>Enjoy simple pleasures</b> .					
				ggsc.berkeley.edu greatergood.berkeley.edu		

*this month,  
look for  
reasons to  
be hopeful*



# WEEKLY WINS-DAY

Remember the exciting days of show and tell? The thrill of standing before your peers to show off something you were excited about or proud of. A chance to showcase a small joy in your life. Don't you miss it? I know I do! Listen, we've got a LOT going on in our lives and our world right now. I know that often times I get overwhelmed with all of the -happenings- of life. I've been devoting time to celebrating the "Rainbow Sprinkles of Life" - the small joys that seem almost insignificant on their own, but when you start to recognize them & add up all the joy, you get a whole sundae!



It's time to celebrate yourself! What's something you've done this week/recently that you're really proud of? Did you win an award? See a really cool sunset? Finish a fun art project?

**I WANT TO KNOW AND I WANT TO CELEBRATE YOU!**

The Weekly Wins-day will be a feature in all newsletters going forward...as long as you participate! You are welcome to submit any "wins" from your week, month, or day! This can either be via photo or just a short sentence of what you're proud of yourself for doing recently.

**Let's find ways to celebrate joy, no matter how small!**

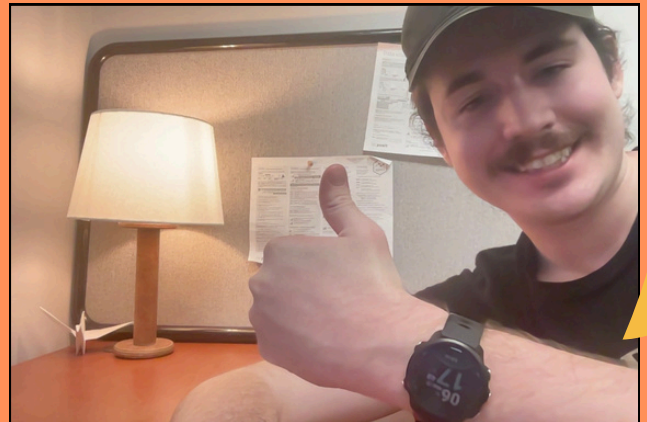
Want to read more and/or submit your wins? Visit the link below or scan the QR code to learn more & submit your wins! <https://go.unl.edu/weeklywins-day>



Weekly Wins-day 

Dr. Sungeun Kang was awarded a grant from the Layman Fund! The title for her awarded project is "Refining a School-Based Intervention for Autistic Youth with Emotional Dysregulation" **CONGRATULATIONS!**

## CANYON (QQPM) GOT A LAMP!



**HECK YEAH! OVERHEAD LIGHTS ARE OVERRATED!**

Hailey (SchPsych) won the award for "The Most Organized T-BIP Folder" for the 23-24 school year!



**Way to go! You are a rockstar and we love your creativity and organization skills!**



Jules finished an embroidery project they've been working on for months, and instead of giving it away, they kept their art for themselves, which they seldom do!

**& WHILE WE'RE CELEBRATING...  
CONGRATULATIONS to our students  
who graduated this past August!!!**

- Elyxcus Anya (CoPsych, PhD)
- Jessica Anderson (CoPsych, MA)
- Sarah Ashworth (CoPsych, MA)
- Jessica Boyles (CoPsych, PhD)
- Emma Bragg (SchPsych; Ed.S.)
- Miriam Crinion (SchPsych, PhD)
- Brandon Ee (SchPsych, Ed.S.)
- Alex Farquhar-Leicester (CoPsych, PhD)
- Sara Gahan (SchPsych, Ed.S.)
- Guadalupe Gutierrez Ramirez (SchPsych, PhD)
- Greyson Holliday (CoPsych, PhD)
- Krysta Konecky (CoPsych, MA)
- Lucy Okrasinski (SchPsych, Ed.S.)
- Raul Palacios (SchPsych, PhD)
- Hali Santiago (CoPsych, PhD)
- Cassidy Spradlin (SchPsych, PhD)
- Linnea Swanson (SchPsych, PhD)
- Rebeckah Taylor (CoPsych, MA)
- Gelsey Timislina (CoPsych, MA)
- Sophie Tonjes (DLS, PhD)
- Kelley Wick (DLS, PhD)



# Autism Assessment Webinar Series

a three-part webinar series presented by the Buros Center for Testing  
The Buros Center for Testing's Fall Webinar Series, Assessment of Autism Spectrum Disorder, is now open for registration!

Assessment serves as the cornerstone for accurate diagnosis and tailored intervention planning in individuals with autism spectrum disorder (ASD).

By understanding the nuances of assessment, professionals can identify ASD early and ensure timely access to crucial interventions and support services. In this webinar series, our presenters will address the use of empirically supported assessment instruments for screening and diagnosis and how individual and contextual characteristics can affect diagnostic validity. Early screening, teleassessment, and culturally and linguistically responsive identification strategies will also be discussed.

These presentations will equip attendees with the knowledge to make informed decisions in clinical and educational settings.

The three-part webinar series begins  
**September 17, 2024.**

To register for the webinar(s) or learn more, visit:

<https://buros.org/autism-assessment-webinars>

Questions? Email Jessica Jonson ([jjonson2@unl.edu](mailto:jjonson2@unl.edu))



# Funding Opportunity

Applicants Must:

- be a graduate student or an early career researcher (no more than 10 years postdoctoral)
- be affiliated with nonprofit charitable, educational, and scientific institutions, or governmental entities operating exclusively for charitable and educational purposes
- have a demonstrated knowledge of anxiety & anxiety research, either basic or clinical
- have demonstrated competence & capacity to execute the proposed work

Apply for the David H. and Beverly A. Barlow Grant!

To learn more or to apply, visit:

<https://ampsychfdn.org/funding/barlow-grant/>

Need to request materials from CSPC?

Microsoft Form Link:

<https://go.unl.edu/cspcmaterials>





# Upcoming Office Hours

September 5-11, 2024

Thurs. September 5: 9-10am

Fri. September 6: 1-2pm

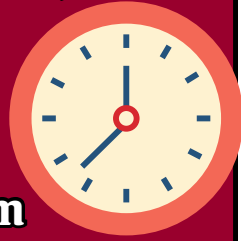
Mon. September 9: 12:30-1pm

Tues. September 10: 10-11am

Wed. September 11: No Office Hours

Sue is out of office!

Susan Swearer, Ph.D., LP  
Chairperson  
Department of Educational Psychology  
University of Nebraska-Lincoln



## Need to reserve a room? Zee's got you covered!

If you would like to reserve a room, please utilize the link below or scan the QR code available in the EDPS office (TEAC 114)

<https://tinyurl.com/TEACRoomRes>

\*Note: requests must be submitted no later than 48hrs before your reservation request

### Questions? Email Zee!



## Jules' Office Hours & DEMAC Library Hours

# email Jules to set up an appointment

note: Jules is unable to meet on Wednesdays





September 11, 2024

VOLUME 127

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Department of Educational Psychology


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- 3) DEI & Weekly Wins
- 4) Clinic Corner
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# Graduating in December?

The final day to apply for a degree this December is

 **This Friday, September 13th**

There is a \$25 fee to apply for graduation. To apply for graduation, go to MyRed, and click on your **Academics** tab. This will take you to the online application.

Step-by-step instructions can be found at the following website:

<https://registrar.unl.edu/student/commencement/application/instructions/>

If you have any questions, please talk to your advisor!



## Instructional Continuity Day & Husker Football

The Illinois game will be hosted at Memorial Stadium on Friday, September 20th. The Chancellor has declared next Friday an Instructional Continuity Day.

**WHAT DOES THIS MEAN?** Essentially, **DO NOT COME TO CAMPUS!** All buildings will be locked and parking will not be available. Instructors should build their plan for instructional continuity of learning within their syllabus and host classes remotely on that Friday.



# October COMPS

The next Masters Comprehensive Exam will take place on the first Friday of October.

**To register for the MA COMPS, please visit our website to download your registration form:**

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**Your advisor must sign your COMPS registration form, as well as the Graduate Chair (Scott Napolitano)**

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from 8:30am-12:45pm**

Please send your completed registration to Jules via email. Registration is not completed until all parties have signed your registration form.

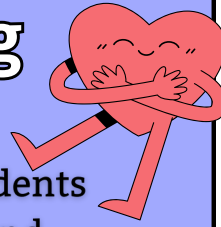
Please route your form through DocuSign using a "Set Signing Order". Your advisor must sign your paperwork prior to the graduate chair!

**The deadline to register is FRIDAY, SEPTEMBER 27th at 4pm.  
LATE APPLICATIONS WILL NOT BE ACCEPTED.**

Top Stories



## Are you looking for an opportunity to make a meaningful impact? Consider becoming a group facilitator for this fall semester's **EDPS 320: Happiness and Well-being through Positive Psychology!**



As a group facilitator, you'll lead small groups of undergraduate students in discussions on topics such as acts of kindness, self-compassion, and mindfulness. With sessions starting on October 11th, you'll have the chance to guide students on their journey to happiness and well-being. You can facilitate one or both sessions (10:30 am - 11:20 am or 1:30 pm - 2:20 pm) every Friday until December 6th. You'll receive a manual for facilitating the groups and have the chance to meet with the instructor beforehand to discuss positive psychology concepts and get an overview of the manual.



**Please reach out to Chelsea Walker (cwalker36@unl.edu) if you are interested!**

## OGS WORKSHOPS

THE OFFICE OF GRADUATE STUDIES OFFERS SEVERAL WORKSHOPS TO SUPPORT YOUR SUCCESS AS A UNL STUDENT.

### UPCOMING WORKSHOPS:

- TEACHING STATEMENTS - SEPTEMBER 18TH
- CREATING INDIVIDUAL DEVELOPMENT PLANS - OCTOBER 1ST
- ALTERNATIVE ASSESSMENTS - OCTOBER 17TH

TO REGISTER OR VIEW THE FULL SCHEDULE OF EVENTS, VISIT: [HTTPS://NEWSROOM.UNL.EDU/ANNOUNCE/GRADSTUDIES/17790/96264](https://newsroom.unl.edu/announce/gradstudies/17790/96264)

## Libraries Add New Virtual Learning Tutorials!!!

New virtual learning tutorials available to the UNL community! These tutorials cover relevant topics on research skills, data management, and working with Zotero.

Click on Love Library below to learn more, or visit: <https://unl.libguides.com/LibraryTutorials>



# Racial Literacy Roundtables begin September 18th!

The Racial Literacy Roundtables will host six virtual sessions during the 2024-25 academic year. The sessions are from 6-7:30 p.m. on Wednesdays via Zoom. The first session on Sept. 18 will feature Pete Ferguson, coordinator of culture, inclusion and scholar development at Lincoln Public Schools.

To register and see the full schedule of events, visit:

<https://cehs.unl.edu/racial-literacy-roundtables/>



## WEEKLY WINS-DAY



Dr. Mun Yuk Chin were awarded a Layman grant for a qualitative project that examines mental health practitioners' financial precarity, work satisfaction, and their mental health! Dr. Dena Abbott is a co-investigator on the project. CONGRATULATIONS! THIS IS AMAZING!



**YUMMY**

Siri, play Pickle In The Fridge feat. TJ Mack

Dr. Heather Hruskoci has gotten into pickling things lately. She successfully made her first batch of pickle chips!!!

Jules worked with IEC and got sanitary bins put into all gender-neutral and accessible restrooms in CPEH!

**HECK YEAH!!!**



**SUBMIT** If it made you happy, LET'S CELEBRATE IT!

**YOUR WINS!**

Photos are not required! Visit the link below or scan the QR code to learn more & submit your wins.

<https://go.unl.edu/weeklywins-day>



# Culturally Responsive Cognitive Behavior Therapy: Tips, Tools, and Techniques

Presented by Pamela Hays, PhD

In this workshop, you'll learn a groundbreaking framework for integrating multicultural considerations into psychotherapy.

## Learning Objectives:

1. Apply the ADDRESSING framework to increase your understanding of and connection to clients of diverse identities.
2. Analyze your own ongoing Cultural Self-Assessment.
3. Create a Personal Strengths Inventory for clients that recognizes culturally based strengths and supports.
4. Implement at least three cognitive, behavioral, or interpersonal tools and techniques to facilitate treatment success.

[Click here to learn more or register!](#)

Friday, September 20th  
12:00-3:30 (Central)

Live Webinar (via Zoom)

## Autism Assessment Webinar Series

a three-part webinar series presented by the Buros Center for Testing  
The Buros Center for Testing's Fall Webinar Series, Assessment of Autism Spectrum Disorder, is now open for registration!

Assessment serves as the cornerstone for accurate diagnosis and tailored intervention planning in individuals with autism spectrum disorder (ASD).

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The three-part webinar series begins

# September 17, 2024.

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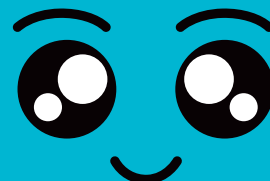
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need to request materials from CSPC?

Microsoft Form Link:

<https://go.unl.edu/cspcmaterials>



Clinic Corner



# Upcoming Office Hours

September 12-18, 2024

September 12-13: Sue is out of office

Mon. Sept. 16: 1-2pm

Tues. Sept. 17: 12-1pm

Wed. Sept. 18: 10-11am

Susan Swearer, Ph.D., LP  
Chairperson  
Department of Educational Psychology  
University of Nebraska-Lincoln



## Need to reserve a room? Zee's got you covered!

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\*Note: requests must be submitted no later than 48hrs before your reservation request

Questions?  
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email Jules to  
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September 18, 2024

VOLUME 128

# Weekly Wednesday

Department of Educational Psychology



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- 1) Top Stories
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- 5) Clinic Corner
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# THIS FRIDAY = INSTRUCTIONAL CONTINUITY DAY

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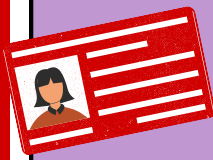
WHAT DOES THIS MEAN? Essentially, DO NOT COME TO CAMPUS! All buildings will be locked and parking will not be available. Instructors should build their plan for instructional continuity of learning within their syllabus and host classes remotely on Friday.



Instructional Continuity Guidance can be found here: <https://executivevc.unl.edu/academic-excellence/teaching-resources/instructional-continuity-guidance>

# THE NCARD OFFICE HAS MOVED!

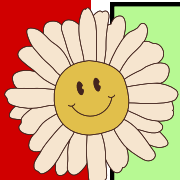
The NCard office has moved to the Canfield Administration Building, room 121. The NCard and Copier Center that were located in the Nebraska Union are now closed.



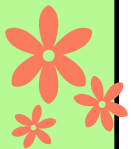
The NCard Office and the Bursar's Office are sharing space in Canfield. Faculty & Staff are encouraged to use the NCard Online Application to obtain an NCard.

For more information, call the NCard office at 472-7331 or visit: <https://ncard.unl.edu/>

Need help finding the Canfield Administration Building? <https://maps.unl.edu/>



Looking for an opportunity to make a meaningful impact? Consider becoming a group facilitator for this fall semester's **EDPS 320: Happiness and Well-being through Positive Psychology!**



As a group facilitator, you'll lead small groups of undergraduate students in discussions on topics such as acts of kindness, self-compassion, and mindfulness. With sessions starting on October 11th, you'll have the chance to guide students on their journey to happiness and well-being. You can facilitate one or both sessions (10:30 am - 11:20 am or 1:30 pm - 2:20 pm) every Friday until December 6th. You'll receive a manual for facilitating the groups and have the chance to meet with the instructor beforehand to discuss positive psychology concepts and get an overview of the manual.

**Interested?**  
**Please reach out to**  
**Chelsea Walker!** [cwalker36@huskers.unl.edu](mailto:cwalker36@huskers.unl.edu)





# 2024-25 Methodology Applications Series

Supporting and Leveraging Robust Research Data Systems

This four-talk series is hosted by the Nebraska Academy for Methodology, Analytics, & Psychometrics and will guide students and applied researchers in developing, maintaining, and accessing high-quality data to promote rigorous and impactful research.

## Part 1: Designing and Managing Primary Data Collection Systems

Part I focuses on the design and management of primary data collection systems, highlighting the importance of developing a solid infrastructure and maintaining data integrity through continuous monitoring.

The first presentation will feature Lorey Wheeler, who will present on the topic of:

### Developing a Strong Research Data Infrastructure

This presentation will provide best practices and practical guidance for how to successfully manage your human subjects' quantitative data from project inception to completion. It will go through four crucial steps to be implemented through the life cycle of the project to support data analysis, sharing and archiving: planning, data documentation, database setup and data cleaning.



**Friday, Oct. 4th | 12-1:30pm | CPEH 312**

To learn more, visit: <https://mapacademy.unl.edu/training/2024/lorey-wheeler/>

Announcements

Do not forget

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Your advisor must sign your COMPS registration form, as well as the Graduate Chair (Scott Napolitano)

Please send your completed registration to Jules via email. Registration is not completed until all parties have signed your registration form.



# Weekly Wins-day



Farnoosh Khandan (DLS) was awarded an EDPS Travel Scholarship to attend her first conference. "Flux: The Society for Developmental Cognitive Neuroscience". Farnoosh is very excited about this opportunity, and wants to thank her advisor, Dr. Carrie Clark, for providing her with research opportunities!



## Check out Mei Grace's newest artwork!!

Mei Grace, this is AMAZING! Your experimentation with style and color is absolutely incredible!

**SUBMIT** If it made you happy, LET'S CELEBRATE IT!  
**YOUR** Photos are not required! Visit the link below or scan the QR code to  
**WINS!** learn more & submit your wins. <https://go.unl.edu/weeklywins-day>



**MORE CELEBRATION!**

## Nominate Exceptional Graduate & Professional Community Members!

Get ready to put the spotlight on the stars of our graduate and professional community! If you or someone you know has been doing phenomenal work, now is the time to celebrate those incredible accomplishments and shine brightly through OGS' new Spotlight Shoutout!

Have you spotted someone making waves in the UNL grad community? Maybe it's you! Use the [nomination form](#) to bring these extraordinary individuals into the limelight.

Nominations can showcase achievements in areas such as:

- Leadership
- Community service
- Research
- And more!
- Mentorship



To submit a nomination, scan the QR code or visit

<https://go.unl.edu/exceptionalogs>



# Happy Hispanic Heritage Month!

September 15 to October 15 is National Hispanic American Heritage Month

The observation of Hispanic Heritage Month is a celebration of Hispanic culture. The start date of September 15th is highly significant, as it marks the anniversary of independence for countries such as Costa Rica, El Salvador, Guatemala, Nicaragua, and Honduras. Additionally, Mexico and Chile celebrate their independence days on September 16th & 18th, and Belize celebrates their independence day on September 21st.

## Want to learn more?

See below for additional resources!

Visit [THIS WEBSITE](#) to learn more about Hispanic Heritage month, including the history of independence days, and popular foods consumed as celebration!

[Hispanic Heritage Month Resources](#)

Love art?  
Here are  
[9 Latinx Artists to Know](#)

<https://www.hispanicheritagemoth.gov/>

# WGS 2024 ANNUAL LECTURE

## *Transforming Narratives of Resilience Through Centering Transgender and Nonbinary People's Lives*

Jae Puckett (they/them) is an Assistant Professor in the Department of Psychology at Michigan State University who leads Trans-ilience, a community-engaged research team focused on minority stress and resilience in transgender and nonbinary communities. Their work has focused on identifying novel forms of minority stress experienced by trans and nonbinary people, the impacts on health and wellbeing, and contextualizing these experiences in the broader sociopolitical contexts that influence the lives of trans and gender diverse people, as well as advancing understanding of the unique ways resilience is embodied in these communities.

WITH JAE PUCKETT, PHD



**THURS. OCTOBER 24 AT 6PM**

**JACKIE GAUGHAN MULTICULTURAL CENTER, UNITY ROOM (ROOM 212)**



## Happy Bisexual Awareness Week!!!

Looking for resources to learn more about bisexual history?

<https://pflag.org/resource/bisexual-resources/>



# How Can Schools Assess and Address Educational Disparities?

## Check out APA's Guided Reflection Tool!

American schools have become increasingly diverse in recent decades. However, inequities within school systems continue to create disparities in academic and mental well-being outcomes for students of color relative to their White counterparts. While many schools are striving to reduce these disparities, some mechanisms that result in racial and ethnic marginalization remain difficult to pinpoint.

This guided reflection tool aims to help schools understand and consider those factors that can widen or reduce disparities in opportunity, experiences, and outcomes for each student in their school community. Examples and Resources for the school teams consideration are also provided.

**CLICK HERE TO LEARN MORE AND DOWNLOAD THE TOOL TEMPLATE!**

# TOP 10 PRINCIPLES FROM PSYCHOLOGY FOR FAMILIES TO HELP CHILDREN LEARN AND SUCCEED IN SCHOOL

FAMILIES AND OTHER CAREGIVERS ARE CRITICAL IN THEIR CHILDREN'S LEARNING AND SUCCESS IN SCHOOL, AND PSYCHOLOGISTS CAN HELP FAMILIES HELP THEIR CHILDREN LEARN AND THRIVE IN THE CLASSROOM. THIS IS BECAUSE PSYCHOLOGISTS KNOW HOW CHILDREN LEARN, WHAT HELPS THEM TO BE MOTIVATED TO DO WELL, THE ROLE OF CHILDREN'S BEHAVIORS AND EMOTIONS IN LEARNING, AND HOW ASSESSMENTS AND TESTS CAN BE USED TO HELP CHILDREN IMPROVE. IN THIS GUIDE, APA PRESENTS THE TOP 10 PRINCIPLES FROM PSYCHOLOGY THAT FAMILIES CAN USE TO HELP THEIR CHILDREN SUCCEED IN SCHOOL.

## LEARN MORE:

[HTTPS://WWW.APA.ORG/EDUCATION-CAREER/K12/TOP-TEN-PRINCIPLES-FAMILIES](https://www.apa.org/education-career/k12/top-ten-principles-families)



# need to request materials from CSPC?

Microsoft Form Link: <https://go.unl.edu/cspcmaterials>



The Week Ahead



## Upcoming Office Hours

September 19-25, 2024

Thurs. Sept. 19: 2-3pm

Fri. Sept. 20: BY APPOINTMENT

Mon. Sept. 23: 1-2pm

Tues. Sept. 24: 1-2pm

Wed. Sept. 25: 2-3pm

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology

University of Nebraska-Lincoln

## Need to reserve a room?



<https://tinyurl.com/TEACRoomRes>

\*Note: requests must be submitted no later than 48hrs before your reservation request

Questions? Ask Zee!



## Jules' Office Hours

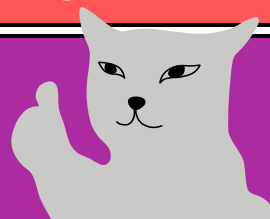
& DEMAC Library Hours

Please email Jules

to set up an  
appointment

Jules is not available to  
meet on Wednesdays

# HAVE A GREAT WEEK!!



September 25, 2024

VOLUME 129

# Weekly Wednesday

Department of Educational Psychology



## What's Inside:

- 1) Top Stories
- 2) Announcements
- 3) News
- 4) Diversity, Equity, & Inclusion
- 5) Clinic Corner
- 6) The Week Ahead



**CORNCHELLA**

# Save the date!

UNL'S HOMECOMING CELEBRATION WILL TAKE PLACE SEPTEMBER 30-OCTOBER 5  
SEE THE FULL SCHEDULE OF EVENTS:

[HTTPS://HOMECOMING.UNL.EDU/SCHEDULE-EVENTS/](https://homecoming.unl.edu/schedule-events/)

## EDPS HOMECOMING TAILGATE



As part of this year's homecoming celebrations, Sue & Scott have graciously donated their tailgating spot for the homecoming game on October 5th.

Kickoff for the game is 3pm. Join us at 12pm Saturday, October 5th for walking tacos, cornhole, and a great time!

The event is **BYOB** and **BYOC**  
(bring your own beverage; bring your own chair)

Please utilize the sign up sheet below to indicate what food item(s) you plan on bringing to the event.

SIGN UP SHEET:

<https://go.unl.edu/edpstailgate>

If you have any questions, please email Ali Shull at [ashull3@huskers.unl.edu](mailto:ashull3@huskers.unl.edu)



# REMINDER!

You must email your signed/completed COMPS registration form no later than Friday at 4pm.  
**LATE APPLICATIONS WILL NOT BE ACCEPTED!**



## Young Adult Grief Group

Mourning Hope is starting a Young Adult Grief Group. Here's what you need to know:

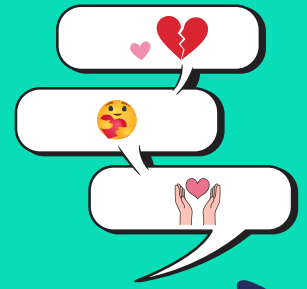
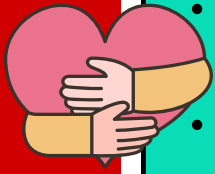
- This group will be 8 weeks long and will start on Sunday, Oct. 6th
- The group will happen weekly on Sundays with an optional 6pm study hall and the actual group session running from 7-8:30pm
- This group is FREE and will happen at Mourning Hope's center (1311 South Folsom Street)
- "Young adults" is being defined as adults aged 19-30

### Please Share!

To learn more and/or register, visit:

<https://go.unl.edu/mourninghopesupport>

Questions? Email Paige Hespe at [phespe2@huskers.unl.edu](mailto:phespe2@huskers.unl.edu)



## 2024-25 Methodology Applications Series

### Supporting and Leveraging Robust Research Data Systems

This four-talk series is hosted by the Nebraska Academy for Methodology, Analytics, & Psychometrics and will guide students and applied researchers in developing, maintaining, and accessing high-quality data to promote rigorous and impactful research.

The first presentation will feature Lorey Wheeler, who will present on the topic of:

### Developing a Strong Research Data Infrastructure

This presentation will provide best practices and practical guidance for how to successfully manage your human subjects' quantitative data from project inception to completion. It will go through four crucial steps to be implemented through the life cycle of the project to support data analysis, sharing and archiving: planning, data documentation, database setup and data cleaning.



**Friday, Oct. 4th | 12-1:30pm | CPEH 312**

To learn more, visit: <https://mapacademy.unl.edu/training/2024/lorey-wheeler/>

Announcements



Interested in being a group facilitator for EDPS 320: Happiness and Well-being through Positive Psychology?

## Sessions begin October 11th!

See previous Weekly Wednesdays for more information, or reach out to Chelsea Walker at [cwalker36@huskers.unl.edu](mailto:cwalker36@huskers.unl.edu)



## WOMEN'S SELF-DEFENSE CLASS

Have you ever felt unsafe while at the grocery store? Or walking to your car, even in broad daylight? You are not alone!

Kim Bowers is working on organizing a self-defense class provided by Swanson's Martial Arts. This class will most likely take place on a Wednesday evening in October and cost around \$10/person.

INTERESTED? REACH OUT TO KIM BY SEPTEMBER 30TH! [KBOWERS4@UNL.EDU](mailto:KBOWERS4@UNL.EDU)



## Professional Development Grants for Students

The CEHS Professional Development Grant Program aims to promote the scholarly and professional development of CEHS students. Grants awarded through this program provide funds for CEHS students to participate in a professional meeting, conference, or other professional development experiences.

**Individual awards of up to \$500 are possible!**

Applications for the Spring 2025 cycle will be accepted beginning **September 15th** until the **October 15th** deadline.



To learn more and/or apply, visit:

<https://go.unl.edu/cehsstudentgrant>



## 2025 National Behavioral Health Conference: Help and Healing Across the Continuum

**NOW ACCEPTING PROPOSALS!**

This conference is scheduled for April 4, 2025 on the Boys Town campus in the Music Hall and their new Education Center. They are joining forces with our health care providers and will have a broader audience of physicians, including pediatricians, rheumatologists, neurologists, psychiatrists and more! They are also looking for 1 hour break out session talks and 20 minute flash talks.

Interested? **APPLY NOW!**

**The deadline to apply is OCTOBER 25, 2024.**

<https://www.boystownhospital.org/professional-education/call-for-proposals>



# DEMAC Meetings



& new email address!  
 Wanna chat with DEMAC? Meetings are held via Zoom every other Monday from 1-2pm.

There is an "open" portion to every meeting where students are invited to share concerns, feedback, or ideas with DEMAC!

## FALL 2024 MEETING SCHEDULE:

Oct 7, 2024 01:00 PM	Nov 18, 2024 01:00 PM
Oct 21, 2024 01:00 PM	Dec 2, 2024 01:00 PM
Nov 4, 2024 01:00 PM	Dec 16, 2024 01:00 PM

DEMAC asks that any student who wishes to join a meeting for open hours please email [demac@unl.edu](mailto:demac@unl.edu) to let them know you plan on joining a meeting.

Zoom Link: <https://unl.zoom.us/j/92407153419>

**OPEN**

## EDPS Parent Support Room



The EDPS Parent Support Room is now **OPEN!** As part of our department's commitment to DEI, we wanted to create a space where parents could work alongside their children should they need to come to campus with you. We are in the early stages of building this room, and we need your help!!

The parent support room is located in TEAC 210. We hope to fill this room with toys and supplies for kids to enjoy while they're on campus with you!



If you find yourself unable to access the room, you can find a key at the following places:

- Zee's Desk
- NEAR Center Front Desk
- Patricia's Office (TEAC 213)

Have questions or want to donate?  
**TALK TO ZEE OR PATRICIA!**

### Wishlist:

- Art Supplies (markers, crayons, kid-friendly scissors, coloring books, etc.)
- Books
- Puzzles or board games
- Play rug
- World map/kids posters

Edith's dog Jimmy got a new Husker jersey!!!  
 How precious!!!!

Kyle participated in his first international autoharp contest at the Walnut Valley Festival in Winfield, KS! This was his first time meeting other autoharpists! Kyle is excited to keep practicing to prepare to compete again in the future.  
**HARP YEAH, KYLE!**

## Weekly WINS-day



If it made you happy, LET'S CELEBRATE IT! Photos are not required! Visit the link below or scan the QR code to learn more & submit your wins.  
<https://go.unl.edu/weeklywins-day>



### Jules met their reading goal for 2024!

(but they're totally going to keep reading)  
 Jules has read 30 books so far this year. Here are their top 3 favorites of the year (so far):

- *The Death of Vivek Oji* by Akwaeke Emezi
- *Doppelganger* by Naomi Klein
- *Raw Dog: The Naked Truth about Hot Dogs* by Jamie Joftus



PS - are you on Goodreads? Follow Jules!  
<https://www.goodreads.com/mebejules>

# NPA Fall Conference

## Autism and ADHD Assessments for Youth and Adults

Registration is now open for the NPA 2024 Fall Conference "Autism and ADHD Assessments for Youth and Adults", **Friday, Nov. 1**, with in-person attendance at the Scott Conference Center in Omaha and virtual attendance via Zoom.

**Featuring Whitney Strong-Bak, PhD and Lisa Neizke, PhD, BCBA**



This presentation will focus on practical insights to enhance diagnostic proficiency in evaluating adults for adult neurodevelopmental disorders. Differential diagnosis between autism spectrum disorders (ASD), ADHD, intellectual disabilities, and other mental health disorders in adults will be discussed. We will discuss how to effectively select evidence-based diagnostic tools, hone clinical interviewing skills tailored for adult ASD and ADHD assessments, and navigate gender and cultural variations in evaluation processes for culturally competent assessments.

**Friday, Nov. 1st | 8:30-4:30 Central | In-person & Zoom**

For more information/to register, visit: <https://www.nebpsych.org/event-5805596>

## Health Equity Grand Rounds

with Angela Cooke~Jackson

**Acknowledgement, Respect, and Preparation: Community Engagement and Participatory Design Research among Vulnerable Populations.**



Dr. Angela Cooke~Jackson will discuss how community engagement and participatory design research (CBDR) can support vulnerable communities in practice and policy, build their capacity, and create collaborations to address health challenges.

**THIS EVENT IS FREE AND OPEN TO THE PUBLIC!**

**Wed. Oct. 16th | 1pm | Via Zoom**

Register here: <https://go.unl.edu/roundscooke~jackson>

**need to request materials from CSPC?**

Microsoft Form Link:

<https://go.unl.edu/cspcmaterials>



The Week Ahead



# Upcoming Office Hours

Sept. 26-Oct. 2, 2024

Thurs. Sept. 26: 2-3pm

Fri. Sept. 27: 11am-12pm

Mon. Sept. 30: 1-2pm

Tues. Oct. 1: 12:30-1:30pm

Wed. Oct. 2: 1-2pm (via Zoom)

Susan Swearer, Ph.D., LP

Chairperson

Department of Educational Psychology  
University of Nebraska-Lincoln

# Need to reserve a room?



<https://tinyurl.com/TEACRoomRes>

\*Note: requests must be submitted no later than 48hrs before your reservation request



Questions? Ask Zee!



# Jules' Office Hours

& DEMAC Library Hours

Please email Jules to set up an appointment

Jules is not available to meet on Wednesdays

I hope your week is as wonderful as you are!

