



**STUDY NUMBER:** 22935

**STUDY TITLE:** An Online Family-based Program to Reduce Inequity among Sexual and Gender Minority Youth of Color (PHASE I: OPEN PILOT TRIAL)

**Have Questions or Comments? Contact Us!**

Dr. Katie Edwards, Project Leader

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Website: [go.unl.edu/fapo](http://go.unl.edu/fapo)

**\*Please allow one business day for us to return calls, texts, emails. If you are in crisis, call 988. You can find more national resources at our website (above).**

**CAREGIVER CONSENT FORM**

This form tells you more about the research project so that you can decide if you want to be part of it. Before making your decision, please carefully read this form or have it read to you and ask questions about anything that is not clear. You can contact us to ask questions by phone call/text at (855) 785-4190 or email us at [familyacceptance@unl.edu](mailto:familyacceptance@unl.edu).

You may want to print a copy of this consent form for your records. It is also available on our website [go.unl.edu/fapo](http://go.unl.edu/fapo)

Here is the key information you should know:

1. You are being asked to be in a research study that includes participating in an online program for LGBTQ youth who are racial/ethnic minorities and their caregivers. In addition to the program, you are also being asked to do surveys, and may be asked to do a 1-1 interview.
2. Your participation is voluntary. You do NOT have to be in this study.
3. What you tell us is confidential with a few exceptions (described in this document).
4. You will receive Virtual Visa gift cards for being in this project. You can earn up to \$260.
5. You can reach out to us if you need help getting resources beyond what is provided in this project.

**Why are you being asked to be in this research project?**

We are asking you to be in this project because you are a caregiver to a youth between the ages of 14 and 20 who identifies as LGBTQ AND who is a racial/ethnic minority. You must be a legal adult (18 or 19 depending on state laws) to participate.

### **Why are you doing this research project?**

LGBTQ youth who are racial/ethnic minorities (e.g., Black, Indigenous, Hispanic, Asian, multiracial) have many strengths and some challenges. We want to develop a program for LGBTQ youth and their caregivers that helps (1) caregivers support their LGBTQ youth and (2) help youth feel connected to their caregivers and other LGBTQ youth. Your voice is important in helping us make this program.

### **What are you asking me to do in this research project?**

We are asking you to do three things in this project: (1) Take surveys online (2) Be part of an online program. (3) Complete an interview after the study is over if you attend a majority of the sessions. If you agree to be in this project, we will ask you to take an online survey at two different time points. Each time you take the survey, it will be about 30 minutes. You will complete the program in between the two surveys.

The surveys will ask you demographic questions about yourself as well as questions about how you feel about the youth who is in this research study with you, including how you feel about their LGBTQ identity. We will also ask you about your relationship with them and your behaviors towards them.

The program will have ten sessions, with one session per week, held at the same time every week. Specifically, sessions will be held on Mondays from 4:00 – 6:00 Pacific Time / 5:00 – 7:00 Mountain Time / 6:00 – 8:00 Central Time / 7:00 – 9:00 Eastern Time, starting on June 17<sup>th</sup> and continuing every Monday through August 19<sup>th</sup>.

Eight of these sessions will be held only with other caregivers (sessions 1 through 5, and 7 through 9), while two of these sessions (sessions 6 and 10) will be held with youth and caregivers together in the same session. In all, caregivers will attend 10 sessions (20 hours) and youth will attend 6 sessions (12 hours).

Each of the ten sessions will be up to two hours long but may be a little shorter depending on the session. The sessions will happen online on a program called Zoom (we will help you figure out how to use Zoom if you have not used it before). After each of the ten sessions, you will be asked to take a short survey that will take about 5 to 10 minutes. The program sessions are meant to be educational, interactive, and informative! You will get to meet other caregivers of LGBTQ youth and complete activities like watching videos, having discussions with other caregivers and youth, giving and receiving support, and learning skills to help the youth who is in the project with you have a healthy and happy future. The

sessions will be led by trained adults who are either LGBTQ and/or parents/caregivers of LGBTQ people.

So that we can keep track of how well the sessions are going and give feedback to program facilitators, we will video record each session. We will not share these recordings with anyone outside of our research team. We, however, cannot guarantee complete confidentiality because these sessions will be completed online as a group (for example, another participant could take a screenshot during a session). We will emphasize at each session that only program participants can attend and we will remind everyone at the beginning of every session that what other caregivers and youth share is confidential and is not to be shared with others outside of the group. Additionally if someone were to contact us about your participation in this study, we would only provide general information about the study and would never tell anyone that you were in this study.

If at any point your contact information changes or one of the ways you said was OK to contact you is no longer safe, please reach out to us and we will make sure to update our information so that we only contact you in a way that is OK for you and safe. It is important that we are able to contact you to remind you of program sessions and send you the links to surveys. We will never contact you about the study at an email or phone number that you request that we do not use to contact you.

In addition to the surveys and the program, we will ask you to do a 45-minute interview after the program and final survey (if you attend at least 6 of the 10 sessions). This will help us learn more from you about what you thought about the program. The interview will be on Zoom with a researcher from our project (not the people who ran the program sessions). It will be audio recorded.

As a participant in this research study, you have certain responsibilities such as (1) coming to the online sessions as scheduled, (2) completing the surveys as requested, and (3) letting us (the research team) know right away if anything negative happens because of being in this research project. Negative things include being upset by anything that happens in this project and/or feeling worse because you are in this research study.

### **What will you do with the information I tell you? Are there risks to being in this project?**

We will not share what you tell us with other people UNLESS you tell us during a program session or by email/text/phone or in a survey: (1) about a child being hurt or abused, (2) that you plan to hurt yourself or someone else, and/or (3) if someone else, like an elderly or disabled person, is being hurt or abused. If you tell us that you or someone else is in danger, we will have to do a few things to make sure you are safe. Specifically, we will first set up a meeting with you on the phone or on Zoom to get more information about the situation. If after this meeting we are still concerned about someone being hurt or abused, we may then need to contact someone (e.g., social services, mobile crisis team, child/adult protective services) in your area about what we know so that they can take the steps to

keep people safe. We will tell you that we are doing this, so you know what will happen next.

This study involves the collection of private information (name, dates, etc.) so that we can link survey data across time, send you reminders about upcoming program sessions and surveys, and compensate you with gift cards. Information collected as part of research will only be used by the research team and will not be used or distributed to other people outside of this research team for new research studies.

### **How might I feel being in this research project?**

It is possible that you may feel upset, embarrassed, or distressed while completing the surveys. The survey asks questions about your communication and parenting behaviors with your youth. You can skip any question on the survey that you find upsetting or for any reason. In general, most people do not find completing these types of survey questions to be upsetting, and those that do generally report that their distress is mild and does not last long.

### **Do I have to be in this research project?**

No, you do not. If you say you do not want to be this project, you will not lose out on any benefits. You can stop being in the project at any time. You can also skip questions that you do not want to answer on the surveys. You also do not have to talk in the program sessions if you do not want to do so. If you decide you do not want to be in this project anymore, you do not have to tell us why you do not want to be in the project. Deciding not to be in this research study or deciding to withdraw will not affect your relationship with the investigator or with the University of Nebraska-Lincoln. If you withdraw from the study, you may request that your research information not be used by contacting the Principal Investigator listed above and below. Be aware that if you withdrawal from the study, depending on when you decide you no longer want to participate, you will only be paid for the surveys and program sessions you have already completed/attended. Regardless of whether you participate or not, you can reach out to us if you need help accessing resources including resources to support LGBTQ youth.

### **Will I benefit from being in this research project?**

You may find the information and skills presented in this program to be helpful or useful in your life personally (for example, it might help you have a better relationship with the youth who is in the project with you, you may feel more hopeful about the future, etc.), but you may also not benefit.

### **Will other people benefit from this research project?**

We will ask you questions about what you like about the program and surveys and how to make these things better for other caregivers of LGBTQ youth. We will take into consideration all the feedback you give us to make the program better before we offer it to

LGBTQ youth and their caregivers all over the United States. Your voice is so important to us and will make a difference in helping to increase family support for LGBTQ youth!

### **What will I get from being in this research project?**

We will give you a \$15 gift card if you and your youth both complete the survey today and a \$20 gift card for the survey you will complete in about three months from today. Also, you will get a \$20 gift card for completing a short survey after each of the program sessions that you attend. You will not be eligible to complete surveys about any sessions you do not attend or sessions that you leave early. Finally, you will get a \$25 gift card for doing a 1-1 interview after the program sessions end. You will be paid in the form of a Virtual Visa gift card.

In total, you can earn up to \$260 in gift cards for being in this project. Even if you skip survey or interview questions you will still get the gift card. However, you have to get to the end of the survey and interview to get the gift card. You will also still get the gift card if you do not want to talk in the sessions, but you need to stay for the entire session and complete the brief survey (you can skip questions) after the session to get the gift card. You do not have to receive the gift cards if you do not want to do so. You will also get a certificate for completing the program.

### **What are my rights as a research subject in this research project?**

You may ask any questions about this research project and have those questions answered before agreeing to participate in or during the study. For program related questions, please call or text the program phone at (855) 785-4190. You can also email us if you prefer at [familyacceptance@unl.edu](mailto:familyacceptance@unl.edu).

For questions concerning your rights or complaints about the research contact the University of Nebraska - Lincoln Institutional Review Board (IRB): Phone: 1(402)472-6965  
Email: [irb@unl.edu](mailto:irb@unl.edu)

This study was approved by the University of Nebraska – Lincoln Institutional Review Board.

### **Agreement:**

**I have read the procedure described above. By choosing “Agree,” I voluntarily agree to participate in this survey study.**

**Please type your name here:**

**<<Agree>>**

**<<I do not agree, I do not wish to participate>>**

You can get a copy of this form on our website at: [go.unl.edu/fapo](http://go.unl.edu/fapo). This website also has a list of resources that you might find helpful.