



# NATIONAL ORGANIZATIONS



<p><b>988 Suicide and Crisis Lifeline</b>            Website: <a href="http://988lifeline.org">988lifeline.org</a>            Phone: 988</p> <p>The 988 Suicide and Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support and crisis resources to people in distress.</p>	<p><b>Substance Abuse and Mental Health Services Administration</b>            Helpline 1-800-662-HELP (4357)            Website: <a href="http://samhsa.gov/find-help/national-helpline">samhsa.gov/find-help/national-helpline</a></p> <p>SAMHSA's National Helpline provides free and confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders.</p>	<p><b>Childhelp National Child Abuse Hotline</b>            Website: <a href="http://childhelp.org/childhelp-hotline/">childhelp.org/childhelp-hotline/</a>            Phone: Call OR Text 1-800-422-4453</p> <p>Dedicated to the prevention of child abuse. They have professional crisis counselors who provide crisis intervention, referrals to thousands of emergency resources, social service, and support resources in over 170 languages.</p>
<p><b>Crisis Textline</b>            Website: <a href="http://www.crisistextline.org">www.crisistextline.org</a>            Phone (text): Text HOME to 741741</p> <p>Crisis Text Line will help with any crisis. A live, trained Crisis Counselor receives the text and responds.</p>	<p><b>Helpline Center</b>            Website: <a href="http://www.helplinecenter.org">www.helplinecenter.org</a>            Email: <a href="mailto:help@helplinecenter.org">help@helplinecenter.org</a>            Phone: 211</p> <p>Suicide, and crisis support.            Making lives better by giving support, offering hope, and creating connections all day, every day.</p>	<p><b>Strong Hearts Native Helpline</b>            Website: <a href="http://strongheartshelpline.org">strongheartshelpline.org</a>            Hotline: 1-844-762-8483</p> <p>Strong Hearts Native Helpline is a 24/7 confidential and anonymous culturally appropriate domestic, dating, and sexual violence helpline for Indigenous people. No cost peer support and advocacy as well as information and education about domestic violence and sexual violence, personalized safety planning, and crisis intervention.</p>
<p><b>LGBT National Help Center</b>            Website: <a href="http://www.lgbthotline.org/">www.lgbthotline.org/</a>            Phone: 1-888-843-4564</p> <p>The LGBT National Help Center serves the LGBTQ community by providing free &amp; confidential peer-support and local resources.</p>	<p><b>Advocates for Youth</b>            Website: <a href="http://advocatesforyouth.org/resourcestools/">advocatesforyouth.org/resourcestools/</a></p> <p>Advocates for Youth partners with adult allies and youth-serving organizations to promote access to sexual health information, sexual health services, and resources and tools for parents of LGBTQ youth.</p>	<p><b>National Alliance on Mental Illness</b>            Phone: 1-800-950-6264            Text: text "Helpline" to 62640            Website: <a href="http://nami.org/Home">nami.org/Home</a></p> <p>NAMI provides advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives.</p>

<p><b>National Institute on Alcohol Abuse and Alcoholism</b>  Website: <a href="http://niaaaforteens.niaaa.nih.gov/">niaaaforteens.niaaa.nih.gov/</a></p> <p>NIAAA helps teens and their caregivers navigate how to approach and address teen drinking, including providing information on risk factors, consequences, and intervention possibilities for unhealthy drinking habits.</p>	<p><b>National Coalition against Domestic Violence</b>  Websites: <a href="https://ncadv.org">https://ncadv.org</a> and <a href="https://www.thehotline.org">https://www.thehotline.org</a>  Phone: 1-800-799-7233  Text: Text START to 88788</p> <p>Leads, mobilizes, and raises voices to support efforts that demand a change of conditions that lead to domestic violence such as patriarchy, privilege, racism, sexism, and classism through a 24-7 Hotline.</p>	<p><b>National Sexual Assault Hotline</b>  Website: <a href="http://www.rainn.org">www.rainn.org</a>  Phone: 1-800-656-HOPE</p> <p>RAINN (Rape, Abuse &amp; Incent National Network) operates the National Sexual Assault Hotline by partnering with local sexual assault service providers across the country.</p>
<p><b>Family Equality</b>  Website: <a href="http://familyequality.org/">familyequality.org/</a></p> <p>Family Equality’s mission advances equality for LGBTQ families. They provide various resources for LGBTQ families and parents of LGBTQ youth.</p>	<p><b>National Suicide Prevention Lifeline</b>  Website: <a href="http://www.suicidepreventionlifeline.org/">www.suicidepreventionlifeline.org/</a>  Hotline: 1-800-273-8255</p> <p>The National Suicide Prevention Lifeline is a network of local crisis centers that provides free and confidential emotional support and prevention and crisis resource to people in suicidal crisis 24/7</p>	<p><b>Rape, Abuse, and Incest Nationwide Network</b>  Website: <a href="http://www.rainn.org/">www.rainn.org/</a>  Hotline: 1-800-656-4673</p> <p>RAINN operates the National Sexual Assault Hotline and carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice through 24-7 hotline, website chat, and the RAINN mobile app.</p>
<p><b>Human Trafficking Hotline</b>  Website: <a href="http://humantraffickinghotline.org">humantraffickinghotline.org</a>  Email: <a href="mailto:help@humantraffickinghotline.org">help@humantraffickinghotline.org</a>  Phone: 1-888-373-7888 Text: BEFREE to 233733</p> <p>Hotline for those who are being trafficked or know someone who is being trafficked to be heard and get help connecting to the necessary resources to stay safe.</p>	<p><b>The National Sexual Violence Resource Center</b>  Website: <a href="http://www.nsvrc.org">www.nsvrc.org</a>  Phone: 1-800-656-HOPE</p> <p>The NSVRC offers free and low-cost resources for survivors, friends &amp; family, advocates, and educators.</p>	<p><b>My Kid Is Gay</b>  Website: <a href="http://mykidisgay.com">mykidisgay.com</a></p> <p>My Kid Is Gay is a digital resource providing videos, advice, and resources to help parents understand their Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual children..</p>
	<p><b>Parents, Families, and Friends of Lesbians and Gays (PFLAG)</b>  Website: <a href="http://pflag.org">pflag.org</a></p> <p>PFLAG is a national organization with local and culture-focused chapters centered on supporting, educating, and advocating for LGBTQ people and their families.</p>	