



STUDY NUMBER: 22935

STUDY TITLE: An Online Family-based Program to Reduce Inequity among Sexual and Gender Minority Youth of Color (PHASE I: OPEN PILOT TRIAL)

Have Questions or Comments? Contact Us!

Dr. Katie Edwards, Project Leader

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Email: familyacceptance@unl.edu

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***Please allow one business day for us to return calls, texts, emails. If you are in crisis, call 988. You can find more national resources at our website (above).**

YOUTH ASSENT/CONSENT FORM

This form tells you more about the research project so that you can decide if you want to be part of it. Before making your decision, please carefully read this form or have it read to you and ask questions about anything that is not clear. You can contact us to ask questions by phone call/text at (855) 785-4190 or email us at familyacceptance@unl.edu. **You do not have to get your legal guardian's permission to be part of this project.**

Here is the key information you should know:

1. You are being asked to be in a research study that includes participating in an online program for LGBTQ who are racial/ethnic minorities and their caregivers. In addition to the program, you are also being asked to do surveys, and may be asked to do a 1-1 interview.
2. Your participation in voluntary. You do NOT have to be in this study.
3. What you tell us is confidential with a few exceptions (described in this document).
4. You will receive Virtual Visa gift cards for being in this project. You can earn up to \$180.
5. You can reach out to us if you need help getting resources beyond what is provided in this project.

Why are you being asked to be in this research project?

We are asking you to be in this project because you are between the age of 14 and 20 and identify as LGBTQ AND a racial/ethnic minority.

Why are you doing this research project?

LGBTQ youth who are racial/ethnic minorities (e.g., Black, Indigenous, Latine, Asian, multiracial) have many strengths and some challenges. We want to develop a program for LGBTQ youth who are racial/ethnic minorities and their caregivers that helps (1) caregivers support their LGBTQ youth and (2) help youth feel connected to their caregivers and other LGBTQ youth. Your voice is important in helping us make this program.

What are you asking me to do in this research project?

We are asking you to do three things in this project: (1) Take surveys online (2) Be part of an online program. (3) Complete an interview after the study is over if you attend a majority of the sessions. If you agree to be in this project, we will ask you to take an online survey at two different time points. Each time you take the survey, it will be about 30 minutes. You will complete the program in between the two surveys.

The surveys will ask about things like how you feel about yourself, including your strengths. We will also ask you about your mental health and behaviors, like self-harm, alcohol and drug use, sexual activity, and your relationships, including aggressive behaviors and unwanted sexual experiences.

During the ten weeks that the program will run for, you will be asked to attend six sessions (12 hours in total) held on Mondays from 4:00 – 6:00 Pacific Time / 5:00 – 7:00 Mountain Time / 6:00 – 8:00 Central Time / 7:00 – 9:00 Eastern Time. The specific days that the sessions you are asked to attend will take place on June 24th, July 8th, July 22nd, July 29th, August 12th, and August 19th. Your caregiver will attend 10 sessions (20 hours total). Some caregiver sessions happen on days where there are no youth sessions.

Four of the sessions you are asked to attend will be held only with other youth (sessions one, two, four, and five), while two of these sessions will be held with youth and caregivers together in the same session (sessions three and six) Each of the six sessions will be up to two hours long but may be a little shorter depending on the session. The sessions will happen online on a program called Zoom (we will help you figure out how to use Zoom if you have not used it before). After each of the six sessions, you will be asked to take a short survey that will take about 5 to 10 minutes.

During the sessions, you will get to meet other LGBTQ youth and their caregivers, learn more about your LGBTQ identity, watch videos, and learn skills to help you have a healthy and happy future. The classes will be taught by trained adults who are either LGBTQ and/or parents of LGBTQ people.

So that we can keep track of how well the sessions are going and give feedback to program facilitators, we will video record each session. We will not share these recordings with anyone outside of our research team. We, however, cannot guarantee complete confidentiality because these sessions will be completed online as a group (for example,

another participant could take a screenshot during a session). We will emphasize at each session that only program participants can attend, and we will remind everyone at the beginning of every session that what other youth and caregivers share is confidential and is not to be shared with others outside of the group.

You should also know that if a parent or another individual in your life (who is NOT participating in this program) contacts us about the project, we will provide them with general information about the project (that it is focused on teaching youth life skills and about healthy choices) and why it is important. We will not provide them with any information about you, including whether you are participating in the study.

If at any point your contact information changes or one of the ways you said was OK to contact you is no longer safe, please reach out to us and we will make sure to update our information so that we only contact you in a way that is OK for you and safe. It is important that we are able to contact you to remind you of program sessions and send you the links to surveys. We will never contact you about the study at an email or phone number that you request that we do not use to contact you.

In addition to the surveys and the program, we will ask you to do a 45-minute interview after the program and final survey (if you attend at least 4 of the 6 sessions). This will help us learn more from you about what you thought about the program. The interview will be on Zoom with a researcher from our project (not the people who ran the program sessions). It will be audio recorded.

As a participant in this research study, you have certain responsibilities such as (1) coming to the online sessions as scheduled, (2) completing the surveys as requested, and (3) letting us (the research team) know right away if anything negative happens because of being in this research project. Negative things include being upset by anything that happens in this project and/or feeling worse because you are in this research study, someone finding out you are in this research study and hurting you, etc. We want to know right away if anything like this happens.

What will you do with the information I tell you? Are there risks to being in this project?

We will not share what you tell us with other people UNLESS you tell us during a program session or by email/text/phone or in a survey: (1) about a child, including yourself, being hurt or abused, (2) that you plan to hurt yourself or someone else, and/or (3) if someone else, like an elderly or disabled person, is being hurt or abused. If you tell us that you or someone else is in danger, we will have to do a few things to make sure you are safe. Specifically, we will first set up a meeting with you on the phone or on Zoom to get more information about the situation. If after this meeting we are still concerned about someone, including yourself, being hurt or abused, we may then need to contact your trusted adult and/or the authorities (e.g., social services, mobile crisis team, child protective services) in your area about what we know so that they can take the steps to keep people safe. We will tell you that we are doing this, so you know what will happen next.

This study involves the collection of private information (name, dates, etc.) so that we can link survey data across time, send you reminders about upcoming program sessions and surveys, and compensate you with gift cards. Information collected as part of research will only be used by the research team and will not be used or distributed to other people outside of this research team for new research studies.

How might I feel being in this research project?

Sometimes youth report being sad or feeling awkward when being asked on surveys about their feelings and experiences. Remember that you can skip questions on the surveys that you do not want to answer. Also, in the program we will talk about things like being LGBTQ and challenges that you might face. This could make you feel sad or anxious. Remember that participation is voluntary. Also, after every survey that you take and after each of the program sessions, we will make sure that you know of safe places and people you can contact if you need help for yourself or someone else. You can always reach out to us at any time if you or someone else you know needs help to be safe.

Do I have to be in this research project?

No, you do not. If you say you do not want to be in this study, you will not be in trouble. You can stop being in the study at any time. You can also skip questions that you do not want to answer on the surveys. You also do not have to talk in the program sessions if you do not want to do so. If you decide you do not want to be in this study anymore, you do not have to tell us why you do not want to be in the study. Deciding not to be in this research study will not affect your relationship with the investigator or with the University of Nebraska-Lincoln. If you withdraw from the study, you may request that your research information not be used by contacting the Principal Investigator listed above and below. Be aware that if you withdrawal from the study, depending on when you decide you no longer want to participate, you will only be paid for the surveys and program sessions you have already completed/attended. Regardless of whether you participate or not, you can reach out to us if you need help accessing resources including resources to support LGBTQ youth.

Will I benefit from being in this research project?

You may find the information and skills presented in this program to be helpful or useful in your life personally (for example, it might make you have a better relationship with your caregiver, you may feel more hopeful about the future, etc.), but you may also not benefit.

Will other youth benefit from this research project?

We will ask you questions about what you like about the program and surveys and how to make these things better for other LGBTQ youth. We will review all the feedback you give us to make the program better before we offer it to LGBTQ youth and their caregivers all over the United States. Your voice is so important to us and will make a difference in helping to increase family support for LGBTQ youth!

What will I get from being in this research project?

We will give you a \$15 gift card if you and your caregiver both complete the survey today and a \$20 gift card for the survey you will complete in about three months from today. You will also get a \$20 gift card for completing a short survey after each of the program sessions that you attend. You will not be eligible to complete surveys about any sessions you do not attend or sessions that you leave early. Finally, you will get a \$25 gift card for doing a 1-1 interview after the program sessions end. You will be paid in the form of a Virtual Visa gift card.

In total, you can earn up to \$180 in gift cards for being in this study. Even if you skip survey or interview questions you will still get the gift card. However, you have to get to the end of the survey and interview to get the gift card. You will also still get the gift card if you do not want to talk in the sessions, but you need to stay for the entire session and do the brief survey (you can skip questions) after the session to get the gift card. You do not have to receive the gift cards if you do not want to do so. You will also get a certificate for completing the program.

What are my rights as a research subject in this research project?

You may ask any questions about this research project and have those questions answered before agreeing to participate in or during the study. For program related questions, please call or text the program phone at (855) 785-4190. You can also email us if you prefer at familyacceptance@unl.edu.

For questions concerning your rights or complaints about the research contact the University of Nebraska - Lincoln Institutional Review Board (IRB): Phone: 1(402)472-6965
Email: irb@unl.edu

This study was approved by the University of Nebraska – Lincoln Institutional Review Board.

Agreement:

I have read the procedure described above. By choosing “Agree,” I voluntarily agree to participate in this survey study.

Please type your name here:

<<Agree>>

<<I do not agree, I do not wish to participate>>

You can get a copy of this form on our website at: go.unl.edu/fapo. This website also has a list of resources that you might find helpful.