



NATIONAL ORGANIZATIONS



<p>988 Suicide and Crisis Lifeline Website: 988lifeline.org Phone: 988</p> <p>The 988 Suicide and Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support and crisis resources to people in distress.</p>	<p>Substance Abuse and Mental Health Services Administration Helpline Website: www.samhsa.gov/find-help/nationalhelpline Phone: 1-800-662-4357</p> <p>SAMHSA's National Helpline provides free and confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders.</p>	<p>Childhelp National Child Abuse Hotline Website: childhelp.org/childhelp-hotline/ Phone: Call OR Text 1-800-422-4453</p> <p>Dedicated to the prevention of child abuse. They have professional crisis counselors who provide crisis intervention, referrals to thousands of emergency resources, social service, and support resources in over 170 languages.</p>
<p>Crisis Textline Website: www.crisistextline.org Phone (text): Text HOME to 741741</p> <p>Crisis Text Line will help with any crisis. A live, trained Crisis Counselor receives the text and responds.</p>	<p>Helpline Center Website: www.helplinecenter.org Email: help@helplinecenter.org Phone: 211</p> <p>Suicide, and crisis support. Making lives better by giving support, offering hope, and creating connections all day, every day.</p>	<p>Strong Hearts Native Helpline Website: strongheartshelpline.org Hotline: 1-844-762-8483</p> <p>Strong Hearts Native Helpline is a 24/7 confidential and anonymous culturally appropriate domestic, dating, and sexual violence helpline for Indigenous people. No cost peer support and advocacy as well as information and education about domestic violence and sexual violence, personalized safety planning, and crisis intervention.</p>
<p>LGBT National Help Center Website: www.lgbthotline.org/ Phone: 1-888-843-4564</p> <p>The LGBT National Help Center serves the LGBTQ community by providing free & confidential peer-support and local resources.</p>	<p>LGBT National Youth Talkline Website: www.lgbthotline.org/youth-talkline Phone: 1-888-246-PRIDE Text: 7743</p> <p>The LGBT National Youth Talkline offers free and confidential peer counseling and information on local resources for LGBTQ people up to age 23. Call, text, or check out the website to find assistance and resources.</p>	<p>National Teen Dating Abuse Helpline Website: www.loveisrespect.org Phone: 1-866-331-9474 Text: Text LOVEIS to 225522</p> <p>Empowering young people through inclusive and equitable education, support, and resources through a 24-hour national web-based and telephone helpline created to help teens.</p>

<p>National Institute on Alcohol Abuse and Alcoholism Website: niaaaforteens.niaaa.nih.gov/</p> <p>NIAAA helps teens and their caregivers navigate how to approach and address teen drinking, including providing information on risk factors, consequences, and intervention possibilities for unhealthy drinking habits.</p>	<p>National Coalition against Domestic Violence Websites: https://ncadv.org and https://www.thehotline.org Phone: 1-800-799-7233 Text: Text START to 88788</p> <p>Leads, mobilizes, and raises voices to support efforts that demand a change of conditions that lead to domestic violence such as patriarchy, privilege, racism, sexism, and classism through a 24-7 Hotline.</p>	<p>National Sexual Assault Hotline Website: www.rainn.org Phone: 1-800-656-HOPE</p> <p>RAINN (Rape, Abuse & Incent National Network) operates the National Sexual Assault Hotline by partnering with local sexual assault service providers across the country.</p>
<p>National Runaway Safeline Website: 1800runaway.org Phone: 1-800-786-2929</p> <p>The National Runaway Safeline (NRS) will listen, whether you are thinking of running away or already have, through confidential and nonjudgmental service.24-7 Hotline, live website chat, and website forum.</p>	<p>National Suicide Prevention Lifeline Website: www.suicidepreventionlifeline.org/ Hotline: 1-800-273-8255</p> <p>The National Suicide Prevention Lifeline is a network of local crisis centers that provides free and confidential emotional support and prevention and crisis resource to people in suicidal crisis 24/7</p>	<p>Rape, Abuse, and Incest Nationwide Network Website: www.rainn.org/ Hotline: 1-800-656-4673</p> <p>RAINN operates the National Sexual Assault Hotline and carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice through 24-7 hotline, website chat, and the RAINN mobile app.</p>
<p>Human Trafficking Hotline Website: humantraffickinghotline.org Email: help@humantraffickinghotline.org Phone: 1-888-373-7888 Text: BEFREE to 233733</p> <p>Hotline for those who are being trafficked or know someone who is being trafficked to be heard and get help connecting to the necessary resources to stay safe.</p>	<p>The National Sexual Violence Resource Center Website: www.nsvrc.org Phone: 1-800-656-HOPE</p> <p>The NSVRC offers free and low-cost resources for survivors, friends & family, advocates, and educators.</p>	<p>Trans Lifeline Website: translifeline.org Phone: 1-877-565-8860</p> <p>Trans Lifeline is a grassroots hotline for the trans community, by the trans community offering direct emotional and financial support to trans people in crisis through a 24-7 Hotline.</p>
<p>National Alliance on Mental Illness Phone: 1-800-950-6264 Text: Text "Helpline" to 62640 Website: https://www.nami.org/Home</p> <p>NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.</p>	<p>Trevor Lifeline Website: thetrevorproject.org Phone: 1-866-488-7386</p> <p>The Trevor Project runs the nation's only 24/7 crisis intervention and suicide prevention hotline for LGBTQ people ages 13 to 24.</p>	<p>Blackline 1 (800) 604-5841 www.callblackline.com</p> <p>Provides counseling and reporting of mistreatment for those who are most impacted by systematic oppression with prioritization of those who are BIPOC (Black, Indigenous, and People of Color).</p>