

# Lisa Franzen-Castle, MS, RD, PhD

## Curriculum Vitae

Professor and Extension Nutrition Specialist, Nutrition & Health Sciences Dept.  
College of Education and Human Sciences, University of Nebraska-Lincoln  
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### Educational Degrees

- **Doctor of Philosophy.** 2009. University of Minnesota-Twin Cities. *The impact of acculturation and environmental change on dietary habits, weight gain, and cultural practices among Hmong adults and children in Minnesota.* Major: Nutrition/ Minor: Anthropology
- **Master of Science.** 2006. University of Nebraska-Lincoln (UNL). *Physiological and Biochemical Responses of Wheat to Russian Wheat Aphid and Bird Cherry-Oat Aphid.* Major: Entomology
- **Bachelor of Science.** 2003. UNL. Major: Dietetics/ Minor: Insect Science

### Academic and Professional Experience

- **Professor & Extension Nutrition Specialist.** July 2021-Present. UNL, Nutrition and Health Sciences (NHS) Department, statewide responsibilities include:
  - Extension: Planning, marketing, teaching, conducting, and evaluating educational programs and materials related to nutrition, health and wellness for adults.
  - Research: Conducting applied research in nutrition education and nutritional behavioral changes for adults.
- **Associate Dean for Faculty Affairs.** July 2021- June 2023. UNL, College of Education and Human Sciences (CEHS), responsibilities included leadership and administration, vision, communication and collaboration, and personnel and resource management.
- **Associate Professor & Extension Nutrition Specialist.** July 2015-June 2021. UNL, NHS.
- **Assistant Professor & Extension Nutrition Specialist.** Sept. 2009- June 2015. UNL, NHS.
- **Graduate Research Assistant.** 2006-2009. University of Minnesota- Twin Cities, Food Science and Nutrition Department.
  - Research focus: Community nutrition, sociocultural aspects of dietary behavior, and how acculturation and environmental change are associated with alterations in eating patterns and BMI in Hmong adults and children in the Twin Cities metropolitan area.
  - Research skills: Focus groups, survey development, dietary assessment using 24-hour recalls and food frequency questionnaires, nutrient and food consumption analysis using ESHA Food Processor, Statistical Package for the Social Sciences (SPSS) data analysis, NUD\*IST Vivo (Nvivo) qualitative data organization, and anthropometric measurements.
- **Graduate Research Assistant.** 2003-2005. UNL, Department of Entomology.
  - Research focus: Physiological and biochemical responses of plants to aphids
  - Research skills: Photosynthetic measurements, Gel Electrophoresis, Fluorometry, Scanning Electron Microscopy, rearing aphid colonies, and Statistical Analysis System (SAS) data analysis
  - Mentored Undergraduate Creative Activities and Research Experience student

- **Dietetic Intern.** August 2005-July 2006. UNL, NHS. Preparation for entry-level positions in the dietetic profession through learning experiences in food service systems management, community nutrition, and clinical dietetics.

## **Teaching Experience**

- **Graduate Teaching Assistant.** 2007-2009. University of Minnesota-Twin Cities, Food Science and Nutrition Department. *Examples of responsibilities included: Responded to questions and maintained student correspondence, created lecture notes based off PowerPoint slides, sent out announcements, graded projects/assignments, wrote test questions, conducted in-class lectures, and moderated and provided feedback for sessions.*
  - Socio-Cultural Aspects of Food, Nutrition, and Health (FScN 3615), Spring 2009
  - Community Nutrition (FScN 4614), Spring 2007 & 2008
  - Nutrition Education and Counseling (FScN 3614), Fall 2007
- **Graduate Teaching Assistant.** 2004-2006. UNL, Department of Entomology. *Examples of responsibilities included: Weekly lectures, developed quizzes and exams, graded exams and assignments, first line of correspondence for student questions and concerns, responded to discussion board forums, weekly email announcements, and created on-line assessments as preparation for exams.*
  - Insect Identification Laboratory (ENTO 116), Spring 2004 & Fall 2005
  - Insect Biology Distance Course (ENTO 115), Spring 2005 & 2006, Fall 2005

## **Honors and Awards**

### ***Individual Awards: 6***

- **Gold Author Recognition Award.** In recognition of authors with exceptional publication records in the Journal of Nutrition Education and Behavior (JNEB) and for high frequency of publication of excellent manuscripts during the last 10 years. JNEB, February 2020, March 2021, & January 2022.
- **Early Professional Achievement Award.** Individual award that recognizes notable contributions in the field of nutrition education and to the mission of Society for Nutrition Education and Behavior (SNEB) during early career stages. SNEB, July 2019.
- **Omtvedt Innovation Award for Extension.** Individual award that recognizes and supports outstanding and innovative work in the Institute. UNL, Institute of Agriculture and Natural Resources (IANR), November 2018.
- **Emerging Dietetic Leader Award.** Recognizes competence and activities of those who have made distinctive contributions early in their dietetics careers. Recipients support the promotion of optimal health and nutritional status of the public through demonstrating leadership (association or employment) in legislation, research, education, management and other related areas. Nebraska Academy of Nutrition and Dietetics (NAND), April 2015.
- **2nd Place Central Region Winner: Communications – Newsletters.** Individual award for Healthy Bites newsletters. Central Region of National Extension Association of Family & Consumer Sciences (NEAFCS), September 2014.
- **Extension New Employee Award.** Recognizes Extension workers in their first five years of service for outstanding extension programming. UNL Extension, October, 2012.

### ***Team Awards: 24***

- **State and Second Place Central Regional Winner: Extension Curriculum Package Team Award.** Healthy Food Fast: Using your Multi-Cooker. NEAFCS, October 2021.

- *1st Place Central Region and 2nd Place National Winner: Community Partnership Team Award.* Nebraska Strong: Neighbor-to-Neighbor Program. NEAFCS, September 2020.
- *State Winner: Innovation in Programming Team Award.* Creating an Online Training to Prepare 4-H Healthy Habits Teen Teachers to Deliver Nutrition Education Programming. Nebraska Extension Association of Family and Consumer Sciences, September 2020.
- *North Central Excellence in Multistate Research Team Award.* NC1193 Multi-State Research Group. North Central Regional Association of State Agricultural Experiment Station Directors. April 2020.
- *Creative Programming Team Award.* Nebraska Strong: Neighbor to Neighbor Team. Nebraska Cooperative Extension Association, November 2019.
- *Excellence in Extension Team Award.* WeCook: Fun with Food and Fitness Team. UNL Extension, November 2019.
- *1st Place Central Region Winner: Innovative Youth Development Programming Award.* WeCook: Fun with Food and Fitness Team. NEAFCS, September 2019.
- *1st Place Central Region and 1st Place National Winner: Early Childhood Child Care Training Award.* EAT Family Style Dining Team. NEAFCS, September 2019.
- *Culture of Health Priester Award.* Voices for Food Multi-State Team. National Health Outreach Conference, Texas A&M AgriLife Extension, May 2019.
- *Excellence in Extension Team Award.* Nebraska Double Up Food Bucks (DUFBS) Team. UNL Extension, November 2018.
- *1st Place Central Region and 3rd Place National Winner: SNAP-Ed/EFNEP Educational Program Team Award.* Nebraska DUFBS Team. NEAFCS, September 2018.
- *State, North Central Region, and National Award Winner: Excellence in Healthy Living Program Team Award.* WeCook: Fun with Food and Fitness Program Team. National Association of Extension 4-H Agents, April 2018.
- *1st Place National Winner: Social Networking.* Successful Strategies with Facebook as the Hub of Social Media Presence to the Food Website Team. NEAFCS, October 2017.
- *3rd Place National Winner: Communications Newsletters.* Food Fun for Young Children Newsletter Team. NEAFCS, October 2017.
- *Creative Excellence Team Award.* Nebraska Food Team. Joint Council for Extension Professionals and NEAFCS, September 2016.
- *2nd Place Central Region Winner: Communications Team Award – Newsletters.* Central Region of National Extension Association of Family & Consumer Sciences, September 2016.
- *Innovation in Team Programming Award.* Nebraska Voices for Food Team. UNL Extension, November 2015.
- *State Winner: Program Excellence through Research Team Award.* iCook 4-H team by the Tennessee Extension Association of Family & Consumer Sciences, November 2015.
- *3rd Place Southern Region Winner - Family Health & Wellness Team Award.* iCook 4-H team by the Southern Region of National Extension Association of Family & Consumer Sciences, November 2015.
- *1st Place National Winner: Social Networking Team Award.* A team approach to social networking for the Nebraska Food Team. NEAFCS, November 2015.
- *Innovation in Team Programming Award.* Food website and social media efforts of the Nebraska Food Team. UNL Extension, November 2014.
- *State, 2nd place Central Region, and 2nd place National Winner: Communications - Internet Education Technology Team Award.* Food Website Team for monthly web-based calendar to promote food, nutrition, and health themes. NEAFCS, November 2013.

- *State and 3rd place Central Region Winner: Family Health and Wellness Team Award.* Creating Balance with Food and Fitness Program Team. Nebraska and Central Region of the National Extension Association of Family & Consumer Sciences, November 2013.
- *State Winner: Communications - Educational Technology Team Award.* Creating Balance with Food and Fitness Program Team. Nebraska Extension Association of Family & Consumer Sciences, November 2013.

## **Funding/Grants**

***Total extramural funding = \$9,293,174; Total intramural funding = \$125,274***

### **External Grants with Integrated Research and Extension, Funded**

**Total = \$755,529**

- 2013-2019      United States Department of Agriculture (USDA), National Institute of Food and Agriculture (NIFA), Agriculture and Food Research Initiative (AFRI), Sustainable Food Systems to Improve Food Security, \$423,208 (sub-award NE received as a multi-state partner with IN, MI, MO, OH, and SD).  
Project Title: Voices for Food: Action Research that Bridges the Gap between Food Security and Healthy Food Choices.  
My Role: Co-PI (S. Stluka, PI; D. Contreras, D. Remley, R. Henne, H. Eicher-Miller, D. Mehrle, Co-PIs)
- 2012-2018      USDA, NIFA, AFRI, Integrated Proposal for Childhood Obesity Prevention Challenge Area, \$332,321 (sub-award NE received as a multi-state partner with ME, SD, TN, and WV).  
Project Title: iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention.  
My Role: Co-PI (A. White, PI; K. Kattelman, S. Colby, M. Olfert, Co-PIs)

### **External Research Grants, Funded**

**Total = \$464,999**

- 2017-2021      USDA, NIFA, NC-1196 Multi-State Research Project Funds, \$374,999  
Project Title: Food Systems, Health, and Well-being: Understanding Complex Relationships and Dynamics of Change.  
My Role: Co-PI (D. Dev, PI; S. Pitla, M. Knot, L. Boeckner, A. Guru, N. Williams, H. Hatton-Bowers, C. Gustafson, Co-PIs)
- 2011-2016      USDA, NIFA, NC-1193 Multi-State Research Project Funds, \$75,000  
Project Title: Assessing and Addressing Individual and Environmental Factors that Influence Eating Behavior of Young Adults.  
My Role: PI
- 2010              USDA/NIFA, NC-1028 Multi-State Research Project Funds, \$15,000  
Project Title: Promoting Healthful Eating to Prevent Excessive Weight Gain in Young Adults.  
My Role: PI

### **External Extension Grants, Funded**

**Total = \$8,072,646**

- 2023-2024 Nebraska Department of Health & Human Services (DHHS), Centers for Disease Control and Prevention (CDC), *\$450,002*  
 Title: Youth Health Equity Project  
 My Role: Co-PI (M. Krehbiel, PI, J. Fischer, K. Lodl, Co-PIs)
- 2023 Gretchen Swanson Center for Nutrition, *\$1,000*  
 Project Title: Gus Schumacher Nutrition Incentive Program (GusNIP) Data Collection Funding Support  
 My Role: PI (V. Wielenga, Co-PI)
- 2022-2023 Nebraska DHHS, Department of the Treasury-IRS, *\$319,041*  
 Title: Food Security Innovation DHHS-Nebraska DUFB  
 My Role: Co-PI (V. Wielenga, PI, J. Fischer, Co-PI)
- 2022-2023 Nutrition Incentive Program Training, Technical Assistance, Evaluation, & Information Center (NTAE), USDA, *\$47,500*  
 Title: NTAE Capacity Building Initiative: DUFB Expansion in Rural Food Access Points  
 My Role: Co-PI (V. Wielenga, PI)
- 2022-2023 Well Connected Communities (WCC) Initiative presented by National 4-H Council and Robert Wood Johnson Foundation, *\$40,000*  
 Project Title: Driving transformational system change for healthy equity across the Nebraska Extension System: Utilizing multi-sector youth-adult partnerships  
 My Role: PI (J. Fischer, Co-PI; T. Hibbeler, M. Krehbiel, E. Gratopp, Co-Is)
- 2022 Gretchen Swanson Center for Nutrition, *\$1,000*  
 Project Title: GusNIP Data Collection Funding Support  
 My Role: PI (V. Wielenga, Co-PI)
- 2021-2022 Fair Food Network, *\$4,005*  
 Project Title: Fair Food Network Support for DUFB Website  
 My Role: PI (V. Wielenga, Co-PI)
- 2021-2023 Healthy Blue Nebraska, *\$100,000*  
 Project Title: Donation-Food Access/Nutrition Education Program (NEP)  
 My Role: PI (V. Wielenga, J. Fischer, N. Sehi, Co-PIs)
- 2021 Gretchen Swanson Center for Nutrition, *\$5,000*  
 Project Title: GusNIP Data Collection Funding Support  
 My Role: PI (V. Wielenga, Co-I)
- 2020-2023 USDA, NIFA, GusNIP, *\$330,000* (sub-award UNL received as partner with the Nebraska Community Foundation)  
 Project Title: DUFB Expansion: Fruit and Vegetable Incentive Programs in Rural Food Access Points  
 My Role: Co-PI (K.C. Belitz, PI; J. Kennedy, V. Wielenga C. Gustafson, Co-PIs; J. Fischer, C. Schneider-Miller, Co-Is)

- 2020-2022 Farm Credit Services of America - Working Here Fund Grants, \$2000  
Project Title: Nebraska MarketMaker Promotion and Marketing Campaign  
My Role: Co-I (V. Wielenga, PI; B. Mcshane-Jewell, Co-I)
- 2019-2021 WCC Initiative presented by National 4-H Council and Robert Wood Johnson Foundation, \$65,000  
Project Title: Co-Creating Community Initiatives through Collaborative Strategies and Place-Based Change  
My Role: PI (J. Fischer, Co-PI; T. Anderson, J. Hansen, T. Hibbeler, C. Larvick, K. Mantonya, S. Hall, K. Wobig, M. Krehbiel, E. Gratopp, Co-Is)
- 2020-2023 Nebraska DHHS, \$5,385,922  
Project Title: Supplemental Nutrition Assistance Program Education (SNAP-Ed): Nutrition Education and Obesity Prevention Grant (FY21-FY23)  
My Role: Co-I (J. Fischer, PI; M.A. Johnson, D. Behrends, N. Sehi, V. Wielenga, Co-Is)
- 2019-2020 Children's Hospital and Medical Center, \$24,951  
Project Title: Preventing Childhood Obesity  
My Role: Co-I (B. Nacke, PI; D. Behrends, R. Ickes, N. Sehi, Co-Is)
- 2018-2022 Farm Credit Services of America, \$19,099  
Project Title: Hunger and Nutrition Support for Food Access and Availability Programming  
My Role: PI (J. Fischer, V. Wielenga, N. Sehi, Co-PIs)
- 2018-2020 Children's Hospital and Medical Center, \$95,000  
Project Title: Healthy Food Access and DUFB  
My Role: Co-Investigator (V. Wielenga, PI; M. Hartline, J. Fischer, Co-Is)
- 2018-2022 Community Health Endowment of Lincoln, \$232,136  
Project Title: Choose Healthy Here: Lincoln's healthy food retail support program for small retailers  
My Role: Co-I (V. Wielenga, PI; M. Hartline, J. Fischer, Co-Is)
- 2017-2019 Nebraska Department of Agriculture, \$28,489  
Project Title: Nebraska DUFB Program  
My Role: Co-I (V. Wielenga, PI; M. Hartline, J. Fischer, Co-Is)
- 2015-2018 Centers for Disease Control and Prevention, Nebraska DHHS, Sub-grant for Nutrition Coordinator and Technical Assistance, \$273,751  
Project Title: Assistance Programs for Chronic Disease Prevention and Control  
My Role: PI (J. Fischer, Co-PI).
- 2014-2019 USDA, NIFA, Children, Youth and Families at Risk (CYFAR) Program, \$648,750  
Project Title: UNL Sustainable Community Project: We Cook.  
My Role: Co-PD (M. Krehbiel, PD; J.A. Fischer, G. Jones, W. Chai, Co-PDs).

### **Internal Research Grants, Funded**

**Total = \$49,632**

- 2018 Interdisciplinary Research Council Grant, John C. and Nettie V. David Memorial Trust Fund, University of Nebraska, \$20,000.  
Project Title: Imagine!: Improving Kindergarteners Nutrition and Physical Activity Related Knowledge, Preferences and Habits through Virtual Reality Game in Rural Nebraska  
My Role: Co-PI (C. Yan, PI; A. Wagler, D. Dev., N. Koziol, M. Adkins, M. Bice, Co-PIs).
- 2016-2017 Planning and Proposal Generation Grants, Food for Health Collaboration Initiative, Nebraska EPSCoR and the University of Nebraska, \$19,981.  
Project Title: Closing the Health Gap: An Energy-balance Approach to Bridging Early Childhood Obesity Disparities among At-risk Children in Rural and Urban Nebraska.  
My Role: Co-PI (C. Yan, PI; M. Adkins, M. Bice, R. Cammack, V. Chaidez, T. Durden, C. Gustafson, I. Iruka, L. Knoche, A. Wagler, Co-PIs).
- 2010-2011 UNL, Tobacco Settlement Funds, \$9651  
Project Title: Food Access, Dietary Behavior, and Obesity among Hispanic Adults.  
My Role: PI

**Internal Extension Grants, Funded**

**Total = \$68,242**

- 2021-2022 UNL Extension, New Audience Funds, \$10,000  
Project Title: Continuity of Community Building for Health  
My Role: Co-I (E. Gratopp, PI; J. Fischer, P. Springer, T. Anderson, K., Wobig, T. Hibbeler, K. Cue, Co-Is)
- 2020-2021 UNL Extension, Innovation Programming Funds, \$7500  
Project Title: Nebraska MarketMaker Training Support  
My Role: Co-PI (B. McShane-Jewell, PI; R. Nelson and V. Wielenga, Co-PIs)
- 2020-2021 UNL Extension, Innovation Programming Funds, \$10,000  
Project Title: EAT Family Style: Home Edition - A Virtual Learning Platform to Improve Mealtime Emotional Climate and Promote Families' Physical, Social and Emotional Well-being  
My Role: Co-PI (D. Dev, PI; K. Hinrichs, H. Guenther, D. Behrends, Co-PIs)
- 2019-2020 UNL Extension, Innovation Programming Funds, \$10,000  
Project Title: Nebraska Strong: Neighbor-to-Neighbor Program  
My Role: Co-PI (K. Elsen, PI; C. Schwarz, M. Krehbiel, Co-PIs)
- 2019-2020 UNL Extension, New Audience Extension Funds, \$4,250.  
Project Title: Food in the Field  
My Role: Co-PI (H. Guenther, PI)
- 2018-2019 UNL, Extension Funds, \$6,492

Project Title: Food Website Project with IANR Media.  
My Role: Co-PI (K. Colgrove, PI; C. Wells Co-PI).

- 2015-2016 UNL, Extension Innovation Grant, \$10,000  
Project Title: Broadening the Scope of “The Learning Child” (TLC) through Social Media: Extension Program Marketing and Evaluation.  
My Role: Co-I (D. Dev, PI; T. Durden, A. Henneman, T. Thomas, E. Thomas, H. Steinkuhler, B. Aiken, A. Holz, D. Cotton, G. Brand, L. Poppe, L. Werth, J. Foged, K. Fink, Co-Is).
- 2014-2015 UNL, Extension Innovation Grant, \$10,000  
Project Title: An Interactive Child Care Providers’ Curriculum for Feeding Preschool-Aged Children  
My Role: Co-I (D. Dev, PI; T. Durden, N. Williams, D. Schober, N. Sehi, D. Behrends, J. Fischer, L. Werth, Co-Investigators).

### **Other Grants**

**Total = \$7,400**

- 2023-2024 UNL, IANR Research Travel Fund Grant, \$500  
2020-2021 UNL, IANR Research Travel Fund Grant, \$500  
2015-2016 UNL, IANR Research Travel Fund Grant, \$500  
2013-2014 UNL, IANR Research Travel Fund Grant, \$500  
2011-2013 UNL, Undergraduate Creative Activities and Research Experiences (UCARE) Program, Pepsi Endowment Funds, \$2000 for year 01; \$2400 for year 02.  
Student: Kelsey Goodbary
- 2011 - 2012 UNL, IANR Research Travel Fund Grant, \$500  
2010 - 2011 UNL, IANR Research Travel Fund Grant, \$500

### **Journal Publications**

#### **Refereed Articles in Press/Published**

**Total publications = 74; \*Indicates corresponding author**

*Contributions to shared and/or non-lead authored papers are indicated by superscripts.*

- <sup>a</sup> Overall manuscript development and substantive writing
- <sup>b</sup> Made substantial contributions to the conception or design of the work
- <sup>c</sup> Assisted with obtaining funding for the study
- <sup>d</sup> Contributed in a substantial way to the acquisition, analysis, or interpretation of data for the work
- <sup>e</sup> Conducted critical editing and/or review for important intellectual content
- <sup>f</sup> Student supervision or mentoring
- <sup>+</sup> Current or former student (advisor and/or graduate committee member)

- Springer, P., **Franzen-Castle, L.**, Gratopp, E., *Schmader, B.* What is a healthy community? Refugee youth’s perspective on freedom, safety, and trust: a photovoice project. *International Journal of Systemic Therapy*. 2023;34(1):41-62.  
doi: [10.1080/2692398X.2022.2135344](https://doi.org/10.1080/2692398X.2022.2135344).<sup>b,c,e,+</sup>
- Eicher-Miller, H., Wright, B., Tooze, J., Craig, B., Liu, Y., Bailey, R., McCormack, L., Stluka, S., **Franzen-Castle, L.**, Henne, B., Mehrle, D., Remley, D. Evaluating a food pantry-based intervention to improve food security, dietary intake and quality in Midwestern food



pantries. *Journal of the Academy of Nutrition and Dietetics*. 2022;122(11):2060-2071. doi: 10.1016/j.jand.2022.02.016.<sup>b,c,d,e</sup>

- **Franzen-Castle\*, L.**, Remley, D., McCormack, L., Adamski, R., Henne, R., Eicher-Miller, H., Mehrle, D., Stluka, S. Engaging rural community members with food policy councils to improve food access: Facilitators and barriers. *Journal of Hunger & Environmental Nutrition*. 2022;17(2):207-223. Doi: <https://doi.org/10.1080/19320248.2021.1997858>.<sup>a</sup>
- **Franzen-Castle\*, L.**, Krehbiel, M., Elsen, K., Chasek, C., Schwarz, C. Using Interagency Partnerships to Establish Neighbor-to-Neighbor Programming: Supporting Rural Mental Health. *Journal of Family & Consumer Sciences*. 2022;114(1):34-37. DOI: <https://doi.org/10.14307/JFCS114.1.34>.<sup>a</sup>
- Kunicki, Z., Kattelman, K., Olfert, M., **Franzen-Castle, L.**, Colby, S., Mathews, D., and White, A. Dyadic Analysis of a Self-Report Physical Activity Measure for Adult-Youth Dyads. *Child Psychiatry & Human Development*. 2022;53(3):440-447. doi: 10.1007/s10578-021-01144-3.<sup>b,c,d,e</sup>
- Wright, B., Vasquez-Mejia, C., Guenther, P., McCormack, L., Stluka, S., **Franzen-Castle, L.**, Henne, B., Mehrle, D., Remley, D., Eicher-Miller, H. Fruit and vegetable Healthy Eating Index component scores of distributed food bags were positively associated with client diet scores in a sample of rural, Midwestern food pantries. *Journal of the Academy of Nutrition and Dietetics*. 2021;121(1):74-83. doi: 10.1016/j.jand.2020.09.033.<sup>b,c,d,e</sup>
- Schlange, K., **Franzen-Castle\*, L.**, Walther, A., Dunker, T., Krehbiel, M. Parent/Caregiver Perceptions of Youth Health Outcomes after Participating in the WeCook: Fun with Food and Fitness Program. *Health Education and Behavior*. 2021;48(2):140-149. doi:10.1177/1090198120969379.<sup>a,b,c,d,e,+</sup>
- McElrone, M., Colby, S., **Franzen-Castle, L.**, Olfert, M., Kattelman, K., Fouts, H., Spence, M., Kavanagh, K., White, A. A Community-based Cultural Adaptation Process: Developing a Relevant Cooking Curriculum to Address Food Security for Burundian and Congolese Refugee Families. *Health Promotion and Practice*. 2021;22(4):549-558. <https://doi.org/10.1177/1524839920922496>.<sup>c,d,e</sup>
- Wright, B., Tooze, J., Bailey, R., Liu, Y., Rivera, R., McCormack, L., Stluka, S., **Franzen-Castle, L.**, Henne, B., Mehrle, D., Remley, D., Eicher-Miller, H. Dietary Quality and Usual Intake of Under-consumed Nutrients and Related Food Groups Differ by Food Security Status for Rural, Midwestern Food Pantry Clients. *Journal of the Academy of Nutrition and Dietetics*. 2020;120(9):1457-1468. <https://doi.org/10.1016/j.jand.2020.04.011>.<sup>b,c,d,e</sup>
- McElrone, M., Colby, S., Fouts, H., Spence, M., Kavanagh, K., **Franzen-Castle, L.**, Olfert, M., Kattelman, K., White, A. Feasibility and Acceptability of Implementing a Culturally Adapted Cooking Curriculum for Burundian and Congolese Refugee Families. *Ecology of Food and Nutrition*. 2020;59(6):598-614. doi: 10.1080/03670244.2020.1759575.<sup>c,d,e</sup>
- Olfert, M., Barr, M., Hagedorn, R., Clegg, E., Wattick, R., Zhou, W., Horacek, T., Mathews, A., Kattelman, K., Kidd, T., White, A., Brown, O., Morrell, J., **Franzen-Castle, L.**, Shelnutt, K., Byrd-Bredbenner, C., Mosby, T., Greene, G., Colby, S. eB4CAST Infographics Improve Science Communication with Stakeholders in College-based Health Program. *Frontiers in Public Health*. 2020;8:158. doi: 10.3389/fpubh.2020.00158.<sup>b,d,e</sup>
- Dev, D., Garcia, A., Tovar, A., Hatton-Bowers, H., **Franzen-Castle, L.**, Rida, Z., Reddish, L., Smith, J., Burger, C., Dinkel, D., Behrends, D., Hulse E., Sheridan, S. Contextual factors influence professional development attendance among child care providers in Nebraska. *Journal of Nutrition Education and Behavior*. 2020;52(3):270-280. <https://doi.org/10.1016/j.jneb.2019.09.011>.<sup>b,c,d,e</sup>

- McNamara, J., Olfert, M., Sowers, M., Colby, S., Byrd-Bredbenner, C., White, A., Kattelman, K., **Franzen-Castle, L.**, Brown, O., Kidd, T., Shelnett, K., Horacek, T., Greene, G. Development of an Instrument Measuring Perceived Environmental Healthfulness: Behavior Environment Perception Survey (BEPS). *Journal of Nutrition Education and Behavior*. 2020;52(2):152-161. <https://doi.org/10.1016/j.jneb.2019.09.003>.<sup>b,d,e</sup>
- Dev, D., Garcia, A., Dzewaltowski, D., Sisson, S., **Franzen-Castle, L.**, Rida, Z., Williams, N., *Hillburn, C.*, Dinkel, D., Srivastava, D., Burger, C., Hulse, E., Behrends, D., Frost, N. Provider Reported Implementation of Nutrition-related Practices in Childcare Centers and Family Childcare Homes in Rural and Urban Nebraska. *Preventive Medicine Reports*. 2020;17:101021. <https://doi.org/10.1016/j.pmedr.2019.101021>.<sup>b,c,d,e</sup>
- Liu, Y., Tooze, J., Zhang, Y., Leidy, H., Bailey, R., Wright, B., Ma, M., Stluka, S., Remley, D., McCormack, L., **Franzen-Castle, L.**, Henne, R. Mehrle, D., Eicher-Miller, H. Breakfast consumption is positively associated with usual nutrient intakes among food pantry clients living in rural communities. *The Journal of Nutrition*. 2020;150(3):546-553. <https://doi.org/10.1093/jn/nxz258>.<sup>b,c,d,e</sup>
- Henneman, A., Wells, C., Colgrove, K., **Franzen-Castle, L.** Why FCS Professionals Need to Use Social Media and Best Practices for Getting Started. *Journal of the National Extension Association of Family and Consumer Sciences*. 2019;14:191-205.<sup>a,b,d,e</sup>
- Haskell, J., Baker, B., Olfert, M., Colby, S., **Franzen-Castle, L.**, Kattelman, K., White, A. Using Ripple Effects Maps to Identify Story Threads: A Framework to Link Private to Public Value. *Journal of Human Sciences and Extension*. 2019;7(3):1-23.<sup>a,b,c,d,e</sup>
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- Heng-Moss, T., Macedo, T., **Franzen, L.**, Baxendale, F., Higley, L., Sarath, G. Physiological responses of resistant and susceptible buffalograsses to *Blissus Occiduus* (Hemiptera: Blissidae) feeding. *Journal of Economic Entomology*. 2006;99(1);222–228. <sup>b,d,e</sup>

### **Extension Materials Developed/Published**

#### **Seasonal Nebraska Nutrition Education Materials - Refereed (Internal peer review process), 2019-Present.**

- These nutrition education materials help promote how to select, store and use seasonal, local produce with a recipe highlighting different produce. New produce sheets are added on an

annual basis. Examples of materials are available at: <https://food.unl.edu/seasonal-produce>. (**Role:** Coordinated a team of Extension faculty to identify produce items and associated recipes to highlight, worked with students to develop/draft content for print and online, assisted with food website landing page development, and developed an evaluation tool).

### **Toolkit, Guide, Curriculum & Course – Refereed**

- Voices for Food: Food Council Creation Guide. SDSU Extension, October, 2019. Henne, R., Duitsman, P., Gelderman, A., Moore, L., Olson, D. P., **Franzen-Castle, L.** <https://extension.sdstate.edu/sites/default/files/2019-11/P-00106-03.pdf> (**Role:** Served as co-content contributor and reviewer; Guide was selected for inclusion in SNAP-Ed Toolkit).
- Voices for Food: Food Pantry Toolkit. SDSU Extension, October, 2019. Remley, D.T., Rapp, B., Contreras, D., Duitsman, P., Moore, L., Rauch, J., **Franzen-Castle, L.**, Stluka, S. <https://extension.sdstate.edu/sites/default/files/2019-11/P-00106-02.pdf> (**Role:** Served as co-content contributor and reviewer; Guide was selected for inclusion in SNAP-Ed Toolkit).
- iCook 4-H: Cooking, Eating, & Playing Together Curriculum. Nebraska Extension, July 2018. **Franzen-Castle, L.**, Olfert, M., Kattelman, K., Colby, S., White, A. <https://shop4-h.org/products/icook-cooking-eating-playing-together>. (**Role:** Served as overall curriculum coordinator; curriculum was selected for inclusion in SNAP-Ed Toolkit)
- iCook 4-H Curriculum Supplementary Training Course. eXtension Online Campus, July 2018. <https://campus.extension.org/enrol/index.php?id=1027> (**Role:** Served as course site coordinator and contributor)

### **Curriculum Development and Assessment Tools – Refereed (Internal peer review process)**

- Creating Balance with Food & Fitness Curriculum. *Extension Circular* (EC482.1-4). University of Nebraska-Lincoln. October 2012. (**Role:** Served as overall curriculum coordinator and co-authored and reviewed selected lessons; 25 lessons were developed with leader and participant guides and accompanying PowerPoints, handouts, and evaluations)
  - Section 1: Balancing Calories to Manage Weight, EC482.1
  - Section 2: Foods and Food Components to Reduce, EC482.2
  - Section 3: Foods and Nutrients to Increase, EC482.3.
  - Section 4: Physical Activity for Youth, Adults and Older Adults, EC482.4
- Healthy Lifestyles – Community Readiness Assessment (HL-CRA) and Support Tools. December 2019. (**Role:** Assisted with development, training, piloting, evaluation, and tool refinement)
  - HL-CRA Assessment – composed of quantitative and qualitative questions (hard copy and online version)
  - Facilitator Guide and Score Card

### **Educational Extension Programming Series**

- **Food and Fitness Webinar Series.** 2010-2015. Across programs, participants reported significant improvements in physical activity levels, knowledge and behaviors around healthier eating, and goal setting as a result of participation. Some also reported improvements in health numbers and weight loss. (**Role:** I coordinated program promotion materials, website development, registration, wellness kits, evaluation, and obtained internal review board approval; worked with Extension Educators statewide to deliver programs).
  - *Creating Balance with Food & Fitness, spring and fall 2014 and spring 2015.* Seven-week series; Participants: 218

- *Recipe for Healthier Living with Food & Fitness, spring 2013*. Seven-week series; Participants: 95
- *Creating Balance with Food & Fitness, spring 2012*. Seven-week series; Participants: 143
- *In Tune with Food & Fitness, spring 2011*. Six-week series; Participants: 90
- *Small Steps to Health and Wealth, spring 2010*. Nine-week series; Participants: 95
- **Food System Assessment Distance Learning Webinar Series**. Fall 2012.
  - Web-based trainings tailored specifically for food system stakeholders, Nebraska Extension Educators, and Local Public Health Dept. Educators. Seven webinars were conducted with partnering institutions: UNL Extension, Dept. of Health and Human Services- Nutrition and Activity for Health, Gretchen Swanson Center for Nutrition, and the Douglas County Health Dept. Average registration per webinar was ~60 people, with representation from 13 states. (**Role:** I assisted with bringing team members together, co-led a webinar, and served as the liaison for setting up registration and communicating with participants about program logistics).

### **UNL Extension Publications – Refereed (Internal peer review process)**

***Total Extension Materials = 14***

- **Franzen-Castle, L.,** Schwarz, C., Aspen, R. What’s in your Drink? Making Healthier Choices. *Community Lesson Leader Guide* (HEF612). UNL. Nov. 2014.
- **Franzen-Castle, L.,** Schwarz, C., Aspen, R. What’s in your Drink? Making Healthier Choices. *Community Lesson Participant Guide* (HEF613). UNL. Nov. 2014.
- **Franzen-Castle, L.,** Jones, G., Albrecht, A. Adjusting recipes to meet dietary guidelines. *Extension Circular* (EC442). UNL. June 2013.
- Sehi, N., **Franzen-Castle, L.** Commonsense guidelines for healthy women. *NebGuide* (G2147). UNL. June 2012.
- Behrends, D., Tickner, C., **Franzen-Castle, L.** MyPlate: dairy group. *NebGuide* (G1611). UNL. June 2012.
- **Franzen-Castle, L.,** Fenton, A., Frecks, N., Hansen, S. MyPlate: grains group. *NebGuide*.(G1607). UNL. June 2012.
- Behrends, D., Goertz, J., **Franzen-Castle, L.** MyPlate: protein foods group. *NebGuide*. (G1612). UNL. June 2012.
- **Franzen-Castle, L.,** Schroeder, D., Vyhnalek, M. Dining out: how to make healthier choices. *NebGuide* (G1644). UNL. Jan. 2012.
- **Franzen-Castle, L.,** Murray, J. Healthy eating and lifestyle for the later years. *NebGuide*. (G2110). UNL. Nov. 2011.
- **Franzen-Castle, L.,** Goffena, J. Smarter snacking. *NebGuide* (G2102). UNL. Nov. 2011.
- Peterson, A., **Franzen-Castle, L.** The dangers of disordered eating. *NebGuide*.(G2096). UNL. Nov. 2011.
- **Franzen-Castle, L.,** Koszewski, W. Taking action: 10 steps for healthy weight management in adults. *NebGuide* (G2085). UNL. May 2011.
- **Franzen-Castle, L.,** Prochaska-Cue, K., Johnston, C. Healthy living in tough economic times. *NebGuide*. (G2041). UNL. Dec. 2010.
- **Franzen-Castle, L.,** Ritter-Gooder, P. Omega-3 and Omega-6 fatty acids. *NebGuide*. (G2032). UNL. Aug. 2010.

### **Professional Presentations**



## International Meetings – Oral and Poster Presentations (Refereed)

*Total presentations = 3*

- Olfert, M., Barr, M., Hagedorn, R., Clegg, E., Wattick, R., Colby, S., Zhou, W., Mathews, A., Kattelman, K., Kidd, T., Brown, O., **Franzen-Castle, L.**, White, A., Greene, G., Shelnut, K., Byrd-Bredbenner, C., Horacek, T., Mozby, T., Stabile-Morrell, J. A Novel Dissemination Tool Forecast and Footprint Report in a Randomized Control Trial: eB4CAST in Get Fruved. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Prague, Czech Republic. June, 2019. (*Poster*).
- Horacek, T., Dede Yildirim, E., Mullin, M., Matthews, M., **Franzen-Castle, L.**, Koenings, M., Shelnut, K., White, A. Full Restaurant Evaluation Supporting a Healthy (FRESH) Dining Environment Audit. International Society for Behavioral Nutrition and Physical Activity, Edinburgh, Scotland. June, 2015. (*Poster*).
- Colby, S., Olfert, M., **Franzen-Castle, L.**, Kattelman, K., Mathews, D., White, A. iCook: Development and Pilot Testing of a Cooking Intervention for Youth and Adults. Asia-Pacific Academic Consortium for Public Health, Wuhan, China. October, 2013. (*Oral*).

## National Meetings – Oral and Poster Presentations (Refereed)

*Total presentations = 73*

- **Franzen-Castle, L.**, Colgrove, K., Wells, C. Using Analytics and Feedback Forms to Improve Nutrition Education Content and Experiences for Extension Food Website Users. Society for Nutrition Education and Behavior (SNEB) Annual Conference, Washington D.C. July 2023. (*Poster*)
- Gratopp, E., **Franzen-Castle, L.**, Springer, P. Photovoice as a Method of Community Engagement for Immigrant and Refugee Youth. National Health Outreach Conference (NHOC), Cornell University, Ithaca, NY. May 2023. (*Poster*)
- **Franzen-Castle, L.** Health Assessments in Non-College Communities: Urban and Rural Settings. Healthy Campus Research Consortium Conference. Virtual. December 2022. (*Oral*)
- Springer, P., **Franzen-Castle, L.**, Gratopp, E. What is a Healthy Community? Immigrant and Refugee Youth's Perspective: A Photovoice Project. National Council on Family Relations Annual Conference, Minneapolis, MN. November 2022. (*Panel*)
- Remley, D., **Franzen-Castle, L.**, McCormack, L., Eicher-Miller, H., Henne, R., Mehrle, D., Stluka, S. Volunteer/Staff Perceptions of Supports and Barriers Towards Adopting the 'MyChoice' Food Pantry Model. Academy of Nutrition and Dietetics (AND) Food & Nutrition Conference & Expo (FNCE), Orlando, FL. October 2022. (*Poster*)
- Fischer, J., **Franzen-Castle, L.**, Behrends, D., Sehi, N., Colgrove, K. Exploring how Nebraska Extension Food, Nutrition and Health Partnerships support multi-disciplinary collaborations across interventions, jurisdictions, and relationship depth through a web-based program evaluation system. NHOC, Kansas City, MO. May 2022. (*Poster*)
- Behrends, D., **Franzen-Castle, L.**, Fischer, J., Sehi, N. Using PEARS to explore how Nebraska SNAP-Ed partnerships support multi-disciplinary collaborations across interventions, jurisdiction levels, and relationship depth. Association of SNAP Nutrition Education Administrators (ASNNA) Conference, *Virtual*. February 2022. (*Oral*)
- Krehbiel, M., Reed, J., **Franzen-Castle, L.** Examining the Quality of Life in Small Rural Communities After a Disaster. Extension Disaster Education Network (EDEN) Annual Meeting, Raleigh, North Carolina. September 2021. (*Poster*)
- Dunker, T., Guenther, H., Fenton, A., Aufdenkamp, B., Spieker, B., Ostdiek, T., Hinrichs, K., Behrends, D., **Franzen-Castle\*, L.** Engaging New Audiences Through the Healthy Food

Fast - Using your Multi-Cooker Program. SNEB Annual Conference, *Virtual*. August 2021. *(Poster)*

- **Franzen-Castle\*, L.**, Behrends, D., Colgrove, K., Sehi, N., Fischer, J., Krehbiel, M. Using a Common Evaluation and Data Management System to Explore Impact across Youth Nutrition Education Programs. SNEB Annual Conference, *Virtual*. August 2021. *(Poster)*
- Krehbiel, M., Reed, J., **Franzen-Castle, L.** Assessing the Quality of Life after a Major Natural Disaster. American Association of Family & Consumer Sciences (AAFCS) Annual Conference, *Virtual*. June 2021. *(Oral)*
- Dunker, T., Guenther, H., Brison, C., Jones, G., **Franzen-Castle, L.** Engaging New Audiences through the Health Foods Fast: Using your Multi-Cooker Program. National Health Outreach Annual Conference. NHOC, *Virtual*. May 2021. *(Oral)*
- Colgrove, K., Sehi, N., **Franzen-Castle, L.**, Krehbiel, M. Utilizing an Online Format to Train Teen Teachers to Deliver Nutrition Education Programming. NHOC, *Virtual*. May 2021. *(Oral)*
- **Franzen-Castle\*, L.**, Krehbiel, M., Elsen, K., Schwarz, C. Using Interagency Partnerships and Collaborations to Establish the Neighbor-to-Neighbor Task Force: Supporting Rural Mental Health. NHOC, *Virtual*. May 2021. *(Oral)*
- Krehbiel, M., **Franzen-Castle, L.**, Sehi, N., Colgrove, K. Training Teens to Become Effective Leaders and Teachers When Delivering Healthy Living Programming. National Association of Extension 4-H Agents Annual Conference. October 2020. *(Oral)*
- Colby, S., **Franzen-Castle, L.**, Fredericks, L., Burgermaster, M. Innovative and Cost-effective Tech-based Solutions for Program Dissemination & Evaluation. SNEB Annual Conference, *Virtual*. July 2020. *(Panel Session)*
- Krehbiel, M., **Franzen-Castle, L.**, Elsen, K., Schwarz, C. Increasing Mental Health Wellness in Rural United States Counties by Growing Community Engagement. AAFCS Conference, *Virtual*. June 2020. *(Oral)*
- Wielenga, V., **Franzen-Castle, L.**, Toney, A., Dingman, H. Nebraska Double Up Food Bucks Increases Purchases of Fresh Fruits and Vegetables among SNAP Users. American Society for Nutrition (ASN) Conference, *Virtual*. June 2020. *(ePoster)*
- McElrone, M., Colby, S., Fouts, H.N., Spence, M., Kavanagh, K., Franzen-Castle, L., Olfert, M.D., Kattelman, K., White, A.A. Feasibility and acceptability of implementing a culturally adapted cooking curriculum for Burundian and Congolese refugee families. American Public Health Association (APHA) Annual Meeting & Expo, Philadelphia, PA. November 2019. *(Poster)*
- Stluka, S., Mehrle, D., Christians, T., **Franzen-Castle, L.**, Henne, R., Moore, L. Role of community coaching confidence in PSE work. APHA Annual Meeting & Expo, Philadelphia, PA. November 2019. *(Oral)*
- **Franzen-Castle, L.**, Dev, D., Hatton-Bowers, H., DeVries, L., Wulf, T., Werth, L., Aspen, R., Foged, J., Kampbell, E., Wernick, P., Nacke, B., Poppe, L., Reddish, L., Hinrichs, K., Hulse, E., Behrends, D., Rida, Z., Fischer, J., Dzewaltowski, D., *Hasnin, S.*, Smith, J. An Ecological Approach to (EAT) Family Style Dining: A Child Care Training Program to Improve Children's Healthier Food Choices. NEAFCS Annual Session, Hershey, PA, October 2019. *(Poster)*
- McElrone, M., Colby, S., **Franzen-Castle, L.**, Olfert, M.D., Kattelman, K., Fouts, H.N., Spence, M., Kavanagh, K., White, A.A. Cultural adaptation of a cooking curriculum for Burundian and Congolese refugee families. SNEB Annual Conference, Orlando, FL. July 2019. *(Oral)*

- **Franzen-Castle, L.**, Colgrove, K., Wells, C., Henneman, A. Comparing Website Data from Food Newsletter Subscribers with General “Organic” Search Traffic Data. SNEB Annual Conference, Orlando, FL. July 2019. (*Poster*)
- **Franzen-Castle, L.**, Schlange, K., Walther, A., Dunker, T., Krehbiel, M. Parent/Caregiver Perceptions of Youth Health Outcomes after Participating in the WeCook: Fun with Food and Fitness Program. SNEB Annual Conference, Orlando, FL. July 2019. (*Poster*)
- Miramonti, A., Bovaird, J., **Franzen-Castle, L.**, Krehbiel M. Measurement Invariance of a Latent Model of Child Physical Activity based on Child and Parent Surveys and Wearable Physical Activity Tracker Data. National Strength & Conditioning Association Conference, Washington, DC. July 2019. (*Poster*)
- Krehbiel, M., Walther, A., Dunker, T., **Franzen-Castle, L.** Using Alternative Evaluation in a Cooking and Physical Activity Club. AAFCS Annual Conference and Expo, St. Louis, MO. June 2019. (*Oral*)
- Miramonti, A., Bovaird, J., Dunker, T., **Franzen-Castle, L.**, Krehbiel, M. Changes in Self-reported Healthy Eating Behavior Frequency and Nutrition Knowledge among Youth Participating in the WeCook Program. ASN Conference, Baltimore, MD. June 2019. (*Oral*)
- *Schmader, B.*, **Franzen-Castle, L.**, Hartline, M. Community Health Needs Assessment: Examining Differences in Sectors and Demographic Characteristics across Dimensions. NHOC, Fort Worth, TX. May 2019. (*Oral, 2<sup>nd</sup> Place Student Abstract Award Winner*)
- Stluka, S., Remley, D., **Franzen-Castle, L.**, Mehrle, D. Voices for Food: Engaging Food Councils with Community Coaching to Create Systems Change in Food Pantries. NHOC, Fort Worth, TX. May 2019. (*Oral*)
- Wielenga, V., **Franzen-Castle, L.**, Hartline, M., Dingman, H., Fischer, J. Nebraska Double Up Food Bucks Program: Produce for Health. NHOC, Fort Worth, TX. May 2019. (*Oral*)
- Wielenga, V., Hartline, M., *Anderson, L.*, **Franzen-Castle, L.** Increasing Access to Fresh Fruits and Vegetables for SNAP Recipients through Nebraska Double Up Food Bucks Program. National Rural Grocery Summit, Manhattan, KS. June 2018. (*Poster*)
- Hartline, M., **Franzen-Castle, L.** Developing a Health Needs Assessment: Co-Creating Initiatives with Communities. NHOC, Minneapolis, MN. May 2018. (*Poster*)
- **Franzen-Castle, L.**, Sehi, N., Abel, K., Hulse, E. Community Nutrition Partnership Council PARTNER Tool Results: Maintaining and Developing Innovative Collaborations across Nebraska. NHOC, Minneapolis, MN. May 2018. (*Poster*)
- Stluka S., Henne B., **Franzen-Castle L.** Community Coaching Experiences for Health Professionals from the Six State Voices for Food Project. NHOC, Minneapolis, MN. May 2018. (*Oral*)
- Wells, C., **Franzen-Castle, L.**, Henneman, A., Colgrove, K. Successful Strategies for Using Facebook as the Hub of a Social Media Presence. NEAFCS Annual Session, Omaha, NE, October 2017. (*Poster*)
- **Franzen-Castle, L.**, Henneman, A., Wells, C., Colgrove, K. Successful Strategies for Using Facebook as the Hub of a Social Media Presence. NEAFCS Annual Session, Omaha, NE, October 2017. (*Oral*)
- Henneman, A., Colgrove, K., **Franzen-Castle, L.**, Peterson, A., Wells, C. Tips & Tricks for Using a Mobile Device for Smart Extension Programming, Promotion, and Marketing. NEAFCS Annual Session, Omaha, NE, October 2017. (*Pre-Conference Workshop*)
- **Franzen-Castle, L.**, Colgrove, K., Wells, C., Henneman, A. The Impact of “Boosted” Nutrition-Related Posts on Facebook Engagement. SNEB Annual Conference, Washington, D.C. July 2017. (*Poster*)

- Dunker, T., Krehbiel, M., Chai, W., *Walther, A.*, **Franzen-Castle, L.**, Jones, G., Wieczorek, M. WeCook After School Program: Engaging Youth in Fun Food and Fitness Lessons to Improve Knowledge and Skills. NAE4-HA Conference, New Orleans, Louisiana, October 2016. (*Poster*)
- Peterson, A., Henneman, A., Wells, C., **Franzen-Castle, L.**, Colgrove, K. How to Use Free Online Photo Editing Tools and Apps to Make Your Own Photos Attract Social Media Engagement For Your 4-H Program AND Avoid Copyright Issues and Infringements. NAE4-HA Conference, New Orleans, Louisiana, October 2016. (*Oral*)
- Colgrove, K., Henneman, A., **Franzen-Castle, L.**, Wells, C. How an Online Calendar of National Food Days, Weeks and Months Can Promote Healthy Eating Behaviors. NEAFCS Annual Session, Big Sky, MT, September 2016. (*Poster*)
- Wells, C., Henneman, A., **Franzen-Castle, L.**, Colgrove, K. Reaching Busy Parents of Young Children with Nutrition and Food Behavior Tips via an Email Newsletter. NEAFCS Annual Session, Big Sky, MT, September 2016. (*Poster*)
- Henneman, A., Peterson, A., **Franzen-Castle, L.**, Wells, C., Colgrove, K. Quick Tricks to Transform a PowerPoint from Boring Bullets to Powerful Pictures. NEAFCS Annual Session, Big Sky, MT, September 2016. (*Poster*)
- Henneman, A., Peterson, A., **Franzen-Castle, L.**, Wells, C., Colgrove, K. A Website Is Not a 'Field of Dreams': How to Build it so They Will Come! NEAFCS Annual Session, Big Sky, MT, September 2016. (*Poster*)
- **Franzen-Castle, L.**, Krehbiel, M., Dunker, T., Jones, G. WeCook After School Program: Engaging Youth in Fun Food and Fitness Lessons to Improve Knowledge and Skills Among 4th and 5th Grade Participants. NEAFCS Annual Session, Big Sky, MT, September 2016. (*Poster*)
- Cunningham-Sabo, L., Cronin, K., Faith, M., Olfert, M., **Franzen-Castle, L.**, Lohse, B. Calling parents and caregivers . . . Are you there? . . . Can you hear me? SNEB Annual Conference, San Diego, CA, July 2016. (*Oral*)
- Krehbiel, M., Dunker, T., Chai, W., *Walther, A.*, **Franzen-Castle, L.**, Jones, G., Wieczorek, M. WeCook: Fun with Food and Fitness. NHOC, Roanoke, VA, April 2016. (*Poster*)
- Bates, J., Olfert, M., Kattelmann, K., **Franzen-Castle, L.**, Colby, S., Mathews, D., White, A. Healthy Parents, Healthy Relationships, and Family Mealtime: A Winning Combination. NEAFCS Annual Session, White Sulphur Springs, WV, November 2015. (*Poster*)
- Flanagan, S., Olfert, M., Allan, T., **Franzen-Castle, L.**, Colby, S., Kattelmann, K., Lerhke, T., Mathews, D., White, A. iCook 4-H: A Program to Promote Culinary Skills, Family Meals and Physical Activity Together for Obesity Prevention. NEAFCS Annual Session, White Sulphur Springs, WV, November 2015. (*Concurrent Session*)
- Henneman, A., **Franzen-Castle, L.**, Wells, C., Colgrove, K., Peterson, A. How to Use Free Online Photo-Editing Tools and Apps to Make Your OWN Photos Attract Social Media Engagement AND Avoid Copyright Issues and Infringements. NEAFCS Annual Session, White Sulphur Springs, WV, November 2015. (*Concurrent Session*)
- **Franzen-Castle, L.**, Henneman, A., Colgrove, K., Ostdiek, D. Reduce your Workload, Re-use Existing Materials, and Recycle to New Formats: How using Digital Platforms can help you Work Smarter not harder. NEAFCS Annual Session, White Sulphur Springs, WV, November 2015. (*Concurrent Session*)
- **Franzen-Castle, L.**, Henneman, A., Colgrove, K., Wells, C., Jones, G., Peterson, A., Chichester, L., Larvick, C., Albrecht, J., Goffena, J., Brison, C., Losey, A., Schneider-Miller, C., and Urbanec, N. Social Networking Award - A Team Approach to Social Networking.

NEAFCS Annual Session, White Sulphur Springs, WV, November 2015. (*Concurrent Session*)

- **Franzen-Castle, L.**, Henneman, A., Brison, C., Schneider-Miller, C., Urbanec, N., Losey, A., Jones, G. Focusing on a Mutual Topic across Different Online Outlets to Increase Fruit and Vegetable Consumption. SNEB Annual Conference, Pittsburg, PA. July 25-28, 2015. (*Poster*)
- **Franzen-Castle, L.**, Schroeder, D., Willcox, D., Petersen, S., Nelson, T., Kamm, M. Control Diabetes for Life Program: Helping Rural Residents Participate in Diabetes Education through Multiple Formats. AND FNCE, Atlanta, GA. October 2014. (*Poster*)
- Aspen, R., Schwarz, C., **Franzen-Castle, L.** Is Your Drink Healthy? – Pilot Test Results. NEAFCS Annual Session, Lexington, KY. September 2014. (*Poster*)
- Henneman, A., **Franzen-Castle, L.** A “recipe” for successively helping people improve food and nutrition practices. NEAFCS Annual Session, Lexington, KY. September 2014. (*Poster*)
- Henneman, A., Colgrove, K., **Franzen-Castle, L.**, Wells, C., Peterson, A., Jones, G. How to use images in social media activities to increase engagement and outreach. NEAFCS Annual Session, Lexington, KY. September 2014. (*Oral*)
- **Franzen-Castle, L.**, Krehbiel, M., White, A., Mathews, D., Yerxa, K., Colby, S., Meade, R., Kattelman, K., Kabala, C., Olfert, M., Flanagan, S. Assessing Effectiveness of the Implementation of a 12-week Curriculum for Youth and Adults: iCook 4-H. SNEB Annual Conference, Milwaukee, WI. June 2014. (*Oral*)
- Krehbiel, M., White, A., **Franzen-Castle, L.** iCook: Engaging Youth and Adults in a 4-H Cooking Intervention. National Afterschool Association Convention, New York City, NY. March 2014. (*Oral*)
- Crinion, P., Broadwater, G., Silliman, B., **Franzen-Castle, L.** Evaluation Champions: Advocates, Mentors, and People with Passion. Joint Council of Extension Professionals, Galaxy IV Conference, Pittsburg, Pennsylvania. 2013. (*Poster*)
- **Franzen-Castle, L.**, Versch, R., Murray, J., Goffena, J., Wells, C., Preston, S., Nielsen, S., Frecks, N., Urbanec, N., Hansen, S., Goertz, J., Peterson, A., Schroeder, D., Fenton, A., Colgrove, K., Jones, P. Creating Balance with Food and Fitness: Positively Impacting Behaviors through On-line Education. Joint Council of Extension Professionals, Galaxy IV Conference, Pittsburg, PA. 2013. (*Oral*)
- **Franzen-Castle, L.**, Krehbiel, M., White, A., Mathews, D., Yerxa, K., Colby, S., Donaldson, A., Kattelman, K., Koens, A., Olfert, M., and Flanagan, S. iCook: Developing a 4-H Curriculum for Youth and Adults. Experimental Biology (EB) Annual Meeting, Boston, MA. FASAB J. April 9, 2013 27:1067.9. (*Poster*)
- **Franzen-Castle, L.**, Aguirre, T. Perceptions of Body Image and Cultural Health in Hispanic Adults. AND FNCE, Philadelphia, PA. 2012. (*Poster*)
- **Franzen-Castle, L.**, Henneman, A. Relating to a Diverse Audience through a Common Interest in Food: Using Recipes and Food Preparation Tips in a Web-Letter Helps People Make Healthier Food Choices. Pre-Conference Workshop, SNEB Annual Conference, Washington, D.C. 2012. (*Poster*)
- **Franzen-Castle, L.D.**, Versch, R., Murray, J., Goffena, J., Wells, C., Preston, S., Nielsen, S., Frecks, N., Urbanec, N., Hansen, S., Goertz, J., Peterson, A., Schroeder, D., Fenton, A., Jones, P. 2011. In Tune with Food & Fitness: Delivering & Evaluating Extension Programming On-line. Food and Nutrition Extension Educators Division Pre-Conference Workshop, SNEB Annual Conference, Kansas City, MO. (*Poster*)

- **Franzen-Castle, L.,** Smith, C. 2011. Intergenerational dietary differences among Hmong adults and children. Annual meeting of the Human Biology Association, Minneapolis, MN. (*Poster*)
- **Franzen, L.,** Smith, C. 2009. Changes in Environment and Increased Acculturation Impact Food Security, BMI and Stature, and Diets of Hmong Children. The Obesity Society's 2009 Annual Scientific Meeting, Washington, DC. (*Poster*)
- **Franzen, L.,** Smith, C.. 2008. Food System Access and Shopping Behavior Influences on Purchasing Groceries in Adult Hmong. AND FNCE, Chicago, IL. (*Poster*)
- **Franzen, L.** 2007. The Other Side of the Stethoscope: Competing Medical Frameworks. Part of a panel titled: Ethnographies of Science and Technology across Disciplines: The Theory and Practice of "Ways of Knowing." Society for Social Studies of Science, Montreal, Canada. (*Panel Presenter and Organizer*)
- **Franzen, L.,** Gutsche, A., Heng-Moss, T., Higley, L., Sarath, G. 2005. Differential Responses of Wheat and Barley to Russian Wheat Aphid and Bird Cherry-Oat Aphid. National Meeting of the Entomology Society of America, Fort Lauderdale, FL. (*Oral*)
- **Franzen, L.,** Heng-Moss, T., Higley, L., Sarath, G., Burd, J. 2004. Physiological Responses of Wheat to the Russian Wheat Aphid (Hemiptera: Aphididae). National Meeting of the Entomology Society of America, Salt Lake City, UT. (*Poster Competition: 2<sup>nd</sup> Place*)
- **Franzen, L.,** Macedo, T., Heng-Moss, T., Higley, L. 2004. Plant-insect interactions: an investigation of susceptible and resistant wheat to two aphid species. Sigma Xi Scientific Research Society, Student Research Fair, Lincoln, NE. (*Poster Competition: 1 of 3 Winners*)
- **Franzen, L.,** Bose, S., Macedo, T., Heng-Moss, T. 2004. Greenbug-resistant sorghum: an investigation of the physiological mechanisms. North Central Branch Meeting of the Entomology Society of America, Kansas City, MO. (*Poster*)

#### **National Meetings - Published Abstracts (Refereed)**

*Total published abstracts = 84*

- Varela, E., Zeldman, J., Kuch, A., Wang, Y., Shushari, M., Hall, E., McNamara, J., Morrell, J., Tolar-Peterson, T., Brown, O., Olfert, M., **Franzen-Castle, L.,** Kidd, T., Colby, S., Kattelman, K., Greene, G., Shelnut, K. The Impact of COVID-19 on Perceived Barriers and Facilitators to the Healthfulness of Communities with Low-Income. SNEB Annual Conference, Atlanta, Georgia. *J Nutri Educ & Behav.*; July, 2022 54(7):S2-S3.
- **Franzen-Castle\*, L.,** Colgrove, K., Wells, C. Updating Website Workflows to Efficiently Meet Changing User Needs During the COVID-19 Pandemic. SNEB Annual Conference. *Virtual Event. J Nutri Educ & Behav.*; July, 2021 53(7):S78.
- **Franzen-Castle\*, L.,** Schwarz, C., Brison, C., Larvick, C., Aufdenkamp, B., Frecks, N., Jones, G., Urbanec, N., Wells, C. Home Food Preservation Virtual Learning Series Increases Knowledge, Understanding, and Confidence for Preserving Food. AND FNCE. *Virtual Event. J Acad Nutr Diet.*; September, 2021 121(S9):A12.
- Staub D, Colby S, Olfert M, Zhou W, Greene G, Horacek T, **Franzen-Castle L,** Mathews A. Gardening Experience over Multiple Years is Associated with Higher Fruit and Vegetable Intake Among College Students. AND FNCE, Philadelphia, PA. *J Acad Nutr Diet.*; October, 2019 119:(10).A145.
- Colby S, Olfert M, Mathews A, Kattelman K, Kidd T, Brown O, White A, Horacek T, Shelnut K, Byrd-Bredbenner C, Greene G, **Franzen-Castle L,** Morrell J, Zhou W. Fruving the World: A Social Marketing and Environmental Change Intervention. SNEB Annual Conference, Orlando, FL. *J Nutri Educ & Behav.*; July, 2019 51(7):S10.

- Dev D, Dzewaltowski D, *Hasnin S*, Hatton-Bowers H, Rida Z, **Franzen-Castle L**, Tovar A, Stage V, Sisson S. EAT Family-Style Dining Intervention Improves Child Care Providers' Responsive Feeding Practices and Children's Dietary Intake. SNEB Annual Conference, Orlando, FL. *J Nutri Educ & Behav.*; July, 2019 51(7):S58-59.
- Smith J, Dev D, Choi E, **Franzen-Castle L**, Rida Z, Behrends D, Hulse E, Wielenga V. Implementation of and Barriers to Nutrition Best Practices in Urban and Rural Nebraska Child Care Settings. SNEB Annual Conference, Orlando, FL. *J Nutri Educ & Behav.*; July, 2019 51(7):S38.
- McElrone M, Colby S, Kavanagh K, Spence M, Fouts H, **Franzen-Castle L**, Olfert M, Kattelman K, White A. Cultural Adaptation of a Cooking Curriculum for Burundian and Congolese Refugee Families. SNEB Annual Conference, Orlando, FL. *J Nutri Educ & Behav.*; July, 2019 51(7):S7.
- Eicher-Miller, H., Wright, B., Guenther, P., McCormack, L., Stluka, S., Remley, D., Mehrle, D., **Franzen-Castle, L.**, Henne, B., Vasquez-Mejia, C. Nutritional Quality of Vegetables, Fruits, Protein Foods, and Sodium Distributed in Client Food Bags is Positively Associated with Client Diet Quality in Rural Food Pantries. ASN Conference, Baltimore, MD. *Current Developments in Nutrition*; June, 2019 3(1S):2475-2991.
- *Miramonti, A.*, Bovaird, J., **Franzen-Castle, L.**, Krehbiel, M. Unidimensionality and Internal Consistency Reliability of Step Counts and Floors Climbed in 4th-5th Grade Students. American College of Sports Medicine, Orlando, FL. *Medicine & Science in Sports & Exercise*; June, 2019 51S:366-367.
- Riggsbee K, Riggsbee J, Vilaro M, Spence M, Steeves E, Zhou W, Olfert MD, **Franzen-Castle L**, Horacek T, Colby S. Utilizing Story-Mapping to Better Understand and Explore Adolescent Food Environments. APHA, San Diego, CA. November 2018.
- Riggsbee K, Colby S, Kidd T, Brown O, White A, Horacek T, Olfert MD, Mathews A, Kattelman K, Shelnett K, **Franzen-Castle L**, Greene G. Development and Pilot Testing of a Community Based Participatory Research Obesity Prevention Program on College Campuses. SNEB Annual Conference, Minneapolis, MN. *J Nutri Educ & Behav.*; July, 2018 50(7):S55.
- Mulasi U, **Franzen-Castle L**, Shilts MK. Investigating Dietary and Physical Activity Patterns Among Hmong American Youth: A Cultural Perspective. SNEB Annual Conference, Minneapolis, MN. *J Nutri Educ & Behav.*; July, 2018 50(7):S64.
- McNamara J, Olfert MD, Sowers M, Colby S, Byrd-Bredbenner C, Kattelman K, **Franzen-Castle L**, Brown O, Kidd T, Shelnett K, Greene G. Development of an Instrument Measuring Perceived Environmental Healthfulness: Behavior Environment Perception Survey (BEPS). SNEB Annual Conference, Minneapolis, MN. *J Nutri Educ & Behav.*; July, 2018 50(7):S12-13.
- White A, **Franzen-Castle L**, Kattelman K, Tschakert M, Colby S, McElrone M, Olfert MD, Hagedorn R. Expanding Impact Through Diversification: Year 6 of iCook 4-H. SNEB Annual Conference, Minneapolis, MN. *J Nutri Educ & Behav.*; July, 2018 50(7):S114.
- **Franzen-Castle L**, Henneman A, Colgrove K, Wells C, Peterson A. Using a Mobile Device for Smart Programming, Promotion, Marketing, and Evaluation: An Assessment of Workshop Attendees. SNEB Annual Conference, Minneapolis, MN. *J Nutri Educ & Behav.*; July, 2018 50(7):S115-116.
- Staub D, Colby S, Olfert M, Zhou W, Colee J, Kattelman K, Vilaro M, Loso J, **Franzen-Castle L**, Mathews A. A Retrospective Study of Gardening Experience and Fruit and Vegetable Consumption at the End of the First Year of College. AND FNCE, Boston, MA. *J Acad Nutr Diet.*; October, 2017 117:(10).A141.

- McElrone M, Colby S, White A, **Franzen-Castle L**, Olfert M, Kattelman K. Prevalence and Predictors of Household Food Insecurity Among iCook 4-H Participants at Baseline: A Multivariable Binomial Logistic Modeling Approach. AND FNCE, Boston, MA. *J Acad Nutr Diet.*; October, 2017 117:(10):A141.
- Gould T, Yerxa K, **Franzen-Castle L**, Brison C, Aguirre T, Kattelman K, Wilson-Sweebe K, Colby S, McElrone M, Olfert M, Hagedorn R, White A. Efficacy of the iCook 4-H Dissemination Using Outcome and Fidelity of Implementation Measures. SNEB Annual Conference, Washington, D.C. *J Nutri Educ & Behav.*; July, 2017 49(7):S27-28.
- Wiggins S, Colby S, Allison C, Butler R, Payne M, Ellington A, Fouts H, Moret L, Olfert M, Kattelman K, **Franzen-Castle L**, White A. iCook 4-H: Parenting Typology Reflected in Youth Created Cooking Videos. SNEB Annual Conference, Washington, D.C. *J Nutri Educ & Behav.*; July, 2017 49(7):S67-68.
- Colby S, Mathews A, Olfert M, Kattelman K, Kidd T, White A, Horacek T, Morrell J, **Franzen-Castle L**, Greene G, Byrd-Bredbenner C, Zhou W, Brown O, Shelnett K. A Social Marketing and Environmental Change Intervention: Get Fruved Years 01-03. SNEB Annual Conference, Washington, D.C. *J Nutri Educ & Behav.*; July, 2017 49(7):S112-113.
- Wright B, McCormack L, Stluka S, Contreras D, **Franzen-Castle L**, Henne B, Mehrle D, Remley D, Eicher-Miller H. Pantry Use Predicts Food Security Among Rural, Midwestern Emergency Food Pantry Users. SNEB Annual Conference, Washington, D.C. *J Nutri Educ & Behav.*; July, 2017 49(7):S16-17.
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- White, A., Colby, S., **Franzen-Castle, L.**, Kattelman, K., Olfert, M. iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. SNEB Annual Conference, Milwaukee, WI. *J Nutr Educ & Behav.*; July, 2014 46: 4S.S199-200.
- Bates, J., White, A., Mathews, D., Colby, S., **Franzen-Castle, L.**, Kattelmann, K., Olfert, M. Coming Together: Family Relationships and Healthy Food Preparation. SNEB Annual Conference, Milwaukee, WI. *J Nutr Educ & Behav.*; July, 2014 46: 4S.S184.
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- Henneman, A., **Franzen-Castle, L.**, Kinsey, J. Picture This! Increasing Online Engagement by Using Photos and Videos. SNEB Annual Conference. Portland, OR. *J Nutr Educ & Behav.*; July, 2013 45: 4S.S1.
- Colgrove, K., Henneman, A., **Franzen-Castle, L.** Using a Monthly Food Calendar to Promote Food, Nutrition, and Health Themes. SNEB Annual Conference. Portland, OR. *J Nutr Educ & Behav.*; July, 2013 45: 4S.S1.
- White, A., Colby, S., **Franzen-Castle, L.**, Kattelman, K., Olfert, M. iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. SNEB Annual Conference, Portland, OR. *J Nutr Educ & Behav.*; July, 2013 45: 4S.S91.

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- Olfert, M., Smith, E., Flanagan, S., Colby, S., Shanklin, K., White, A., Mathews, D., Yerxa, K., **Franzen-Castle, L.**, Krehbiel, M., Kattelman, K., Koens, A. iCook: Lessons Learned about Recruiting Youth and Their Primary Adult Food Preparers for a 4-H Cooking Intervention. EB Annual Meeting, Boston, MA. FASAB J. April, 2013 27: 1063.18.
- Mathews, D., Yerxa, K., **Franzen-Castle, L.**, Krehbiel, M., Colby, S., Meade, R., Kattelman, K., Kabala, C., Olfert, M., Flanagan, S., and White, A. iCook 4-H: Use of an Online Process Evaluation to Facilitate Quality Control of a 5-State 4-H Program. EB Annual Meeting, Boston, MA. FASAB J. April, 2013 27: 367.5.
- Colby, S., **Franzen-Castle, L.**, Kattelman, K., Olfert, M., Mathews, D., White, A. iCook: Development of a web-based component of a 4-H cooking intervention. EB Annual Meeting, Boston, MA. FASAB J. April 9, 2013 27: 36.2.
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- Henneman, A., **Franzen-Castle, L.** Changing Food Behavior through an E-mail Newsletter. SNEB Annual Conference, Washington, D.C. J Nutr Educ & Behav. July 2012;44.4S.S31.
- Henneman, A., Peterson, A., Albrecht, J., **Franzen-Castle, L.**, Jones, G., Behrends, D., Wells, C., Schwarz, C., Tickner, C. Creating a Food Website that Brings Together Gatekeepers from Farm to Factory to Fork. Food and Nutrition Extension Educators Division Pre-Conference Workshop, SNEB Annual Conference, Kansas City, Missouri. J Nutr Educ & Behav. July 2011;43.4S.S2.

### **State and Regional Meetings – Presentations**

***Total presentations = 25***

- *Juma, B., **Franzen-Castle, L.**, Wielenga, V. Nebraska Double Up Food Bucks Program: A Secondary Assessment of Nutrition Incentive Program User Frequency and Retailer Transactions. Undergraduate Student Research Days Presentation. UNL. Virtual. April 2021. (Oral)*
- *Smith, J., Dev, D., Choi, E., **Franzen-Castle, L.**, Rida, Z., Behrends, D., Hulse, E., Wielenga, V. Implementation of and Barriers to Nutrition Best Practices in Urban and Rural Nebraska Child Care Settings. Nebraska Healthy Kids Summit Research Fair. Nebraska Innovation Campus, Lincoln, NE. April, 2019. (Poster)*
- *Miramonti, A., Krehbiel, M., Bovaird, J., Dunker, T., **Franzen-Castle, L.** A Program Evaluation of an Afterschool Nutrition, Cooking, and Physical Activity Program: WeCook: Food with Fun and Fitness. Nebraska Healthy Kids Summit Research Fair. Nebraska Innovation Campus, Lincoln, NE. April, 2019. (Poster)*
- *Behrends, D., Sehi, N., Fischer, J., **Franzen-Castle, L.**, Colgrove, K., Houska, K., Gratopp, E. An Overview of Nebraska Extension’s Healthy Lifestyles for Children and Youth Programs. Nebraska Healthy Kids Summit Research Fair. Nebraska Innovation Campus, Lincoln, NE. April, 2019. (Poster)*

- Wielenga, V., Hartline, M., **Franzen-Castle, L.**, Fischer, J.A. Nebraska Double Up Food Bucks Program. Nebraska One Health Symposium, Peter Kiewit Lodge, Mahoney State Park, December 6, 2018. (*Oral*)
- Wielenga, V., Hartline, M., *Anderson, L.*, **Franzen-Castle, L.** Increasing Access to Fresh Fruits and Vegetables for SNAP Recipients through Nebraska Double Up Food Bucks Program. Graduate Research Conference, UNL Research Fair. April, 2018. (*Poster*)
- Hartline, M., **Franzen-Castle, L.**, *Schmader, B.* Developing a Health Needs Assessment: Co-Creating Initiatives with Communities. Undergraduate Research Conference, UNL Research Fair. April, 2018. (*Selected as Top Poster from CEHS*)
- Wielenga, V, *Anderson, L.*, **Franzen-Castle, L.**, Smith, T. Choose Healthy Here: Lessons Learned from a Nebraska Healthy Food Retail pilot program. NAND Meeting, Lincoln, NE, April 2017. (*Poster*)
- Krehbiel, M, **Franzen-Castle, L.** Food, Fitness, and Families: Lessons Learned from two Extension Cooking Programs. Nebraska-South Dakota Association of Family and Consumer Sciences Conference. Norfolk, NE, March, 2017. (*Oral*)
- Allison, C., Colby, S., Kattelman, K., **Franzen-Castle, L.**, Olfert, M., Butler, R., Payne, M., Ellington, A., Wiggins, S., White, A. Skills Demonstrated in Cooking Videos in Response to Weekly Cooking Lessons. College of Education, Health, and Human Sciences Graduate Student Research Colloquium, Knoxville, TN, March, 2017. (*Oral*)
- *Walther, A.*, Dunker, T., **Franzen-Castle, L.**, Krehbiel, M. An Afterschool Program, WeCook, Impacts the Home Environment. Minority Health Disparities Initiative, Lincoln, NE. February, 2017. (*Poster*)
- Henneman, A., Wells, C., Colgrove, K., **Franzen-Castle, L.** Using Email Newsletters to Develop Constituencies, Engagement and Opportunities for Knowledge and Behavior Change. UNL Extension, State Extension Fall Conference, November 2016. (*Poster*)
- Rees, J., Nixon, J., **Franzen-Castle, L.** Professional Development Session for Nebraska Extension Professionals: Social Media Session. UNL Extension. Nebraska Cooperative Extension Association Conference, November 2016. (*Oral*)
- Hagedorn R, Famodu O, Barr M, King S, Morris A, Colby S, **Franzen-Castle L**, Kattelman K, White A, Olfert MD. A Childhood Obesity Prevention Program to Increase Cooking, Eating, and Playing Together in Families: iCook 4-H Study. West Virginia Rural Health Conference. Logan, WV. October, 2016. (*Poster*)
- King S, Olfert M, Hagedorn R, Famodu O, Barr M, Morris A, Colby S, **Franzen-Castle L**, Kattelman K, White A. iCook 4-H: Using Ripple Effect Mapping to Determine Impact- 2 Years Post-Intervention. West Virginia Rural Health Conference. Logan, WV. October, 2016. (*Poster*)
- Hagedorn R, Famodu O, Barr M, King S, Morris A, Colby S, **Franzen-Castle L**, Kattelman K, White A, Olfert M. A Childhood Obesity Prevention Program to Increase Cooking, Eating, and Playing Together in Families: iCook 4-H Study. West Virginia Family Medicine Conference. Morgantown, WV. September, 2016. (*Poster*)
- Krehbiel M., Dunker T., Chai W., *Walther A.*, **Franzen-Castle L.**, Jones G., Wieczorek M. *Wecook: Fun with food and fitness.* NAND, Lincoln, NE. April, 2016. (*Poster*)
- **Franzen-Castle, L.**, Fischer, J., Wielenga, V., Sale, B. Kroupa, M., Reich, J. Voices for Food: Utilizing Food Policy Councils to Bridge the Gap between Food Security and Healthy Food Choices. Joint NCEA and Extension Fall Conference, UNL Extension. Kearney, NE, November, 2015. (*Poster*)

- **Franzen-Castle, L.**, Fischer, J., Wielenga, V., Sale, B. Kroupa, M., Reich, J. Voices for Food: Utilizing Food Policy Councils to Bridge the Gap between Food Security and Healthy Food Choices. Rural Futures Conference, UNL. October, 2015. (*Poster*)
- *Heath, K.*, **Franzen-Castle, L.** So much food, so little time: How healthy are your dining options on and near campus? Undergraduate Research Conference, UNL Research Fair. April, 2015. (*Poster*)
- *Sorden, C.*, **Franzen-Castle, L.** Convenience Stores on & off Campus: Where are the Healthier Options? Undergraduate Research Conference, UNL Research Fair. April, 2015. (*Poster*)
- *Berns, B.*, **Franzen-Castle, L.** Impact of Nutrition Interventions among College Students: A Literature Review. Undergraduate Research Conference, UNL Research Fair. April, 2015. (*Poster*)
- Donaldson, A., Colby, S., **Franzen-Castle, L.**, Kattelman, K., Olfert, M., White, A. Building cooking confidence as a foundation for a healthy diet. Southern Obesity Summit. Nashville, TN. November, 2013. (*Poster*)
- Donaldson, A., Colby, S., **Franzen-Castle, L.**, Kattelman, K., Olfert, M., White, A. iCook 4-H: Pilot test of a cooking program to promote health in youth. Exhibition of Undergraduate Research and Creative Achievement. Knoxville, TN. April, 2013. (*Poster*)
- *Goodbary, K.*, **Franzen-Castle, L.** College environmental perceptions: the student perspective compared to campus resources available. Undergraduate Research Conference, UNL Research Fair. April, 2013. (*Poster*)

### **Invited Academic, Extension & Community Presentations**

*Total participants reached = 518*

- **Franzen-Castle, L.** Exploring Forms and Benefits of Public Scholarship. CEHS Scholarly Enhancement Program for Research Presentation. Virtual. March 2022. Participants: 10
- **Franzen-Castle, L.**, Gratopp, E., Springer, P. Overview of Qualitative Findings from Community and Stakeholder Focus Groups for the Lincoln-Lancaster Well Connected Communities (WCC) Coalition Meeting. Virtual. April 2021. Participants: 15
- **Franzen-Castle, L.** Nebraska WCC Project Overview for Nebraska Extension Leadership Team. UNL Extension. March 2021. Participants: 10
- Harris, S., Cochran, S., Elsen, K., Krehbiel, M., VanDeWalle, B., Hinrichs, K., **Franzen-Castle, L.** Wellness in Tough Times Extension presentation for the Australasia-Pacific Extension Network. Virtual. October 2020. Participants: 35
- **Franzen-Castle, L.** Nutrition and Health Sciences Department Seminar Series – student nominated faculty presentation. Development of the iCook 4-H Curriculum for Youth and Adults: Cooking, Eating, and Playing Together for Childhood Obesity Prevention. Virtual. October 2020. Participants: 20
- **Franzen-Castle, L.** Introduction to Voices for Food – Food Pantry Toolkit Components. Virtual presentation with Master Health Volunteers as part of the Well Connected Communities project. Virtual. August 2020. Participants: 8
- **Franzen-Castle, L.** Family, Youth and Community Partners Luncheon. Nebraska Extension: Community Donation Gardens and Food Access Issue Team Overview. Governor’s Residence, Lincoln, NE. April 2019. Participants: 40
- **Franzen-Castle, L.**, Henneman, A., Welch, M., Pankonin, A. Nebraska Academy of Nutrition and Dietetics, January Education Meeting. Social Media in the Nutrition World Panel. Bryan Health – West Campus Conference Center. Lincoln, NE. January 2015. Sessions: 1; Participants: 42

- **Franzen-Castle, L.** Summer Soybean Science Institute: Choose MyPlate and the Soy Connection. Lincoln, NE. June 2014. Participants: 18
- **Franzen-Castle, L.** Western Nebraska Community College Wellness Kickoff: Healthy Habits for Life. John Harms Advanced Technology Center, Scottsbluff, NE. October 2011. Sessions: 3; Participants: 60
- **Franzen-Castle, L.** Nebraska LEAD Program: Nutrition and Health Issues in a Diverse Community. Panhandle Research and Extension Center, Scottsbluff, NE. April 2011. Sessions: 3; Participants: 30
- **Franzen-Castle, L.** District 15 FCCLA Leadership Conference: How to Form Healthy Habits for Life. Prairie Winds Community Center, Bridgeport, NE. November 2010. Participants: 40 high school students
- **Franzen-Castle, L.** Western Nebraska Early Childhood Conference: Nutrition and Cultural Foods. Gering Civic Center, Gering, NE. October 2010. Participants: 30 women
- **Franzen-Castle, L.** MyPyramid and Recommendations and Tips for Healthy Eating.
  - Slimmer Summer Challenge Group, Panhandle Mental Health Center, Scottsbluff, NE. July 2010. Participants: 10
  - Presbyterian Women Spring Tea, Presbyterian Church, Minatare, NE. May 2010. Participants: 25
- **Franzen-Castle, L.** Parkinson's Disease Support Group: Nutrition and Parkinson's disease. Northfield Villa Assisted Living, Gering, NE. May, 2010. Participants: 16
- **Franzen-Castle, L.** American Association of University Women: The Hmong population and How Acculturation and Environmental Changes have impacted their Diet, BMI, Health, Physical Activity, and Cultural Practices. Skyport Restaurant & Lounge, Scottsbluff, NE, January 2010. Participants: 20
- **Franzen-Castle, L.** Chat and Do Extension Club: Weight Loss and Nutrition Myths. Scottsbluff, NE, January 2010. Participants: 9
- **Franzen-Castle, L.** Minority Youth Conference: Healthy Alternative Snacking, Dietary Guidelines, and Physical Activity. John Harms Advanced Technology Center, Scottsbluff, NE. September 2009 and 2010. Participants 2009 = 40; 2010 = 40.

### **In-services, Workshops, & Trainings**

***Total participants reached = 1,081***

- **Franzen-Castle, L.,** Kellogg, M. CEHS Promotion & Tenure (P&T) Documentation and Organization Workshop for Administrative Associates. Co-presented on timelines, dept. level responsibilities for the administrative section, and policies and procedures based on current CEHS P&T and campus-based guidelines. UNL. Virtual. May 1, 2023. Participants: 8
- **Franzen-Castle, L.,** Jones, S. CEHS P&T Workshop for Faculty. Co-presented on timelines, faculty vs. department level responsibilities, and policies and procedures based on current CEHS P&T and campus-based guidelines. UNL. Virtual. March 2023. Participants: 27
- **Franzen-Castle, L.,** Jones, S. CEHS P&T Discussion – Dept. Chair Council Meeting. Co-presented on department level responsibilities, policies, and procedures for faculty files based on current CEHS P&T and campus-based guidelines. UNL. March 2023. Participants: 9
- **Franzen-Castle, L.** Community Needs Assessment Overview for FNH Interest Group team. UNL Extension. Virtual. February 2023. Participants: 26
- **Franzen-Castle, L.,** Walker, J. DEO Workshop Series. Co-presented on Different Leave of Absence Types. UNL. Virtual. November 2022. Participants: 25
- **Franzen-Castle, L.,** Jones, S. CEHS P&T Committee Charge Meeting. Co-presented on committee responsibilities, policies, and procedures for assessing faculty files based on



current CEHS P&T and campus-based guidelines. UNL CEHS. Virtual. September 2022. Participants: 8

- **Franzen-Castle, L.** Food, Nutrition and Health (FNH) Virtual Capacity Building Meeting. Presented on the WCC Community Change Cycle. UNL Extension. Virtual. August 2021. Participants: 28
- Schlake, M., Kaskie, S., **Franzen-Castle, L.** Rural Prosperity Nebraska Professional Development: Community Readiness Tools. Presented on Healthy Lifestyles Community Readiness Assessment tool and associated supports. UNL Extension. Virtual. November 2020. Participants: 25
- Fischer, J., Behrends, D., Dunker, T., **Franzen-Castle, L.** FNH Capacity Building Workshop. Presented on best practices for planning, evaluation, and reporting on Extension programming. UNL Extension. Virtual. June 2020. Participants: 31
- Stluka, S., Moore, L., Remley, D., Merhle, D., Henne, R., **Franzen-Castle, L.** Voices for Food Training Workshop. East Lansing, MI, June 2019. Participants: 50
- **Franzen-Castle, L.**, Wells, C., Colgrove, K. Tips and Tricks for Online Programming, Promotion, and Marketing. Lincoln, NE, May 2019. Participants: 3.
- Dingman, H., Wielenga, V., **Franzen-Castle, L.**, Lester, K., Giles, J., Savaiano, E. Nebraska Healthy Kids Summit. Healthy Food Access and Food Security Advocacy Pre-workshop. Nebraska Innovation Campus, Lincoln, NE. April 2019. Participants: 42.
- **Franzen-Castle, L.** Presented on the Benefits of Evidenced-Based Programming and Systematic Evaluation at the FNH Workday Training. UNL Extension. April 2019. Participants: 40
- **Franzen-Castle, L.** Dietary Guidelines for Americans Session. Presented on Chapter 3: Everyone has a role in Supporting Healthy Eating Patterns to the FNH Interest Group. UNL Extension. Virtual. March 2019. Participants: 46
- Krehbiel, M., Dunker, T., **Franzen-Castle, L.** Webinar for the FNH Interest Group. Co-presented on Lessons learned from two Extension cooking programs. UNL Extension. Virtual. January 2018. Participants: 35
- **Franzen-Castle, L.** Gathering and Analyzing Assessment Data for Describing Long-term Program Impacts. Nebraska Extension Issue Team 15 Meeting. Lincoln, NE, May 2017. Participants: 16.
- Boeckner, L., **Franzen-Castle, L.** Professional Development Webinar. Co-presented on the 2015-2020 Dietary Guidelines for Americans Overview for the FNH Interest Group. Virtual. UNL Extension. April 2016. Participants: 25
- **Franzen-Castle, L.** Worksite Wellness In-service: Stress & Resiliency - Coping Mechanisms to Combat Stress. Nebraska Safety Council/WorkWell Webinar. May 2015. Participants: 13
- **Franzen-Castle, L.**, Henneman, A. Social Media Presentation: How using Digital Platforms can help you Work Smarter not Harder.
  - March 2013: The Learning Child Work Group. Kearney, NE. Participants: 20
  - May 2013: FNH for Adults Work Group. Ashland, NE. Participants: 25
- **Franzen-Castle, L.** Worksite Wellness In-service: Stress Management Strategies for Worksites. Scottsbluff, Sidney and Alliance, NE. Summer 2012. Participants: 80
- **Franzen-Castle, L.** Wellness and Safety Committee Meeting for Scottsbluff High School: The Importance of Sleep and How it Impacts Nutrition, Physical Activity, and Stress. Scottsbluff, NE. January 2012. Participants: 20

- Hall, J., **Franzen-Castle, L.** Dietary Guidelines for Americans Session for FNH team. Co-presented on foods and food components to reduce. UNL Extension. Virtual. November 2011. Participants: 45
- **Franzen-Castle, L.** Head Strong, Heart Healthy Workshop: Balancing Nutrition, Physical Activity, and Sleep to Manage and Reduce Stress. Harms Advanced Technology Center, Scottsbluff, NE. May 2011. Participants: 40
- Schroeder, D., Fischer, J., **Franzen-Castle, L.** Diabetes Overview Session Webinar for FNH team. UNL Extension. Virtual. March 2010 and June 2014. Participants: 2010=40; 2014=20.
- **Franzen-Castle, L.** FNH for Adults Work Group Retreat. Coordinated an annual work group retreat with topics covering: technology, social media updates, team building sessions with outside facilitators, program planning, and evaluation techniques. UNL Extension. Spring 2010-2014. Participants/year: 25
- **Franzen-Castle, L.** Nutrition Education Program In-Service: MyPyramid and Fats and Oils. Lincoln, NE. September 2010. Participants: 30.
- **Franzen-Castle, L.** Health Statistics and Trends in Obesity for the Nation and Nebraska. Harms Advanced Technology Center, Scottsbluff, NE. August 2010.
  - Head Start Training In-Service, Participants: 65
  - Early Head Start Training In-Service, Participants: 25
- **Franzen-Castle, L.** Panhandle Independent Living Services Workshop: MyPyramid: Recommendations and Tips for Healthy Eating. Regional West Medical Center, Scottsbluff, NE. February 2010. Participants: 15
- **Franzen-Castle, L.** In-service for Foster Grandparents: Importance of Childhood Nutrition and Adult Role Modeling for Healthy Habits. First Baptist Church, Scottsbluff, NE. February 2010. Participants: 60
- **Franzen-Castle, L.** In-service for Head Start Cooks: Importance of a Well-Balanced Diet. Northfield Assembly of God, Scottsbluff, NE. February 2010. Participants: 14

## **Undergraduate Honors Students**

### **Faculty Mentor/Advisor (1 applied knowledge project; 4 thesis)**

- Grace Gawecki, Bachelor of Science, NHS, 2023. Applied Knowledge Project Title: *Seasonal Nebraska Nutrition Education Activity Kit: Introduction and Analysis*
- Brianna Juma, Bachelor of Science, NHS, 2021. Thesis Title: *Nebraska Double Up Food Bucks Program: A Secondary Assessment of Nutrition Incentive Program User Frequency and Retailer Transaction.*
- Brenna Schmader, Bachelor of Science, NHS, 2020. Thesis Title: *Healthy Lifestyles Community Readiness Assessment: Co-Creating Initiatives with Communities and Examining Differences in Sectors and Demographic Characteristics across Dimensions.*
- Morgan Chipps, Bachelor of Science, NHS, 2020. Thesis Title: *A Matched Comparison of Urban Grocery and Convenience Stores between Two Time Points using the Nebraska Nutrition Environment Measurement Survey for Stores.*
- Kelsey Goodbary, Bachelor of Science, NHS, 2013. Thesis Title: *College Environmental Perceptions: The Student Perspective Compared to Campus Resources Available.*

## **Graduate Student Committees**

### **Committee Chair (\*indicates Co-chair), 2014-present (3 PhD; 11 MS [6 thesis; 5 non-thesis])**

- Tirna Purkait\*, Doctor of Philosophy (Dissertation), NHS, 2022-Present.

- Senovia Roberts,\* Master of Science (Non-thesis), NHS, 2023.
- Brenna Schmader\*\*, Master of Science (Non-thesis), NHS, 2022.
- Rachel Maloy,\* Master of Science (Non-thesis), NHS, 2021.
- Carly Hillburn,\* Master of Science (Thesis), NHS, 2021. Title: *Context Matters: Using Diffusion of Innovations Theory to Adapt EAT Family Style to Family Child Care Home Providers.*
- Tess Patterson, Master of Science (Non-thesis), NHS, 2019.
- Suzanne Stluka, Doctor of Philosophy (Dissertation), NHS, 2018. Title: *Bountiful Backpacks: The Role of Nutrition Education and Food Preparation in Increasing Food Security & Diet Quality among American Indian Families in South Dakota.*
- Kallie Heath, Master of Science (Thesis), NHS, 2018. Title: *Assessing Adult Perceptions, Outcomes and Associations with Youth Nutrition and Activity Outcomes of Participants in the WeCook: Fun with Food and Fitness Program.*
- Lindsey Anderson,\* Master of Science (Thesis), NHS, 2018. Title: *A Secondary Analysis of Consumers' Behaviors and Perceptions to Access and Affordability of Healthy Foods.*
- Candace Sorden, Master of Science (Thesis), NHS, 2017. Title: *Assessment of the Campus Food Environment using Components of the Healthy Campus Environmental Audit.*
- Kyla Richardson, Master of Science (Thesis), NHS, 2016. Title: *iCook 4-H Intervention: Food-Related Behavior and Intake of Adult Meal Preparers Participating in a 5-State Childhood Obesity Prevention Study.*
- Ashley Miller, Master of Science (Thesis), NHS, 2014. Title: *Psychosocial Food-Related Behavior and Food Intake of Adult Main Meal Preparers of Food for 9–10-Year-Old Children Participating in iCook, a 5-State Childhood Obesity Prevention Pilot Study.*
- Bryce Abby, Doctor of Philosophy (Dissertation), NHS, 2014. Title: *School Wellness Policies and Practices and the Association with Body Mass Index in Children.*
- Angie Plaggemeyer\*, Master of Science (Non-thesis), NHS, 2014.

**Committee Member, 2014-present (4 PhD; 30 MS [3 thesis; 27 non-thesis])**

- Saima Hasnin, Doctor of Philosophy, Child, Youth and Family Studies, 2018-Present
- Jayne Kapperman, Master of Science, NHS (Great Plains Interactive Distance Education Alliance [GP IDEA] Student), 2022
- Katie Reutzell, Doctor of Philosophy, NHS, 2021.
- Courtney Neneman, Master of Science, NHS (GP IDEA), 2021.
- Mallory Pochop, Master of Science, NHS (GP IDEA), 2021.
- Jess Erbst, Master of Science, NHS (GP IDEA), 2021.
- Sara Matras, Master of Science, NHS (GP IDEA), 2021.
- Kena Ludemann, Master of Science, NHS (GP IDEA), 2020.
- Julianna Coughlin, Master of Science, NHS (GP IDEA), 2020.
- Tyler Martin, Doctor of Philosophy, NHS, 2020.
- Jennifer McAtee, Doctor of Philosophy, NHS, 2019.
- Amelia Miramonti, Master of Arts (Thesis), Educational Psychology Student (Quantitative, Qualitative & Psychometric Methods Specialization), 2019.
- Michelle Clinton, Master of Science, NHS (GP IDEA), 2019.
- Kathryn Holt, Master of Science, NHS (GP IDEA), 2019.
- Natasha Avila, Master of Science, NHS (GP IDEA), 2019.
- Allison Doerfler, Master of Science, NHS (GP IDEA), 2019.
- Cheri Kaczmarek, Master of Science, NHS (GP IDEA), 2018.

- Katie Vellabati, Master of Science, NHS (GP IDEA), 2018.
- Kelsey Jensen-Engels, Master of Science, NHS (GP IDEA), 2018.
- Christina Katusin, Master of Science, NHS (GP IDEA), 2018.
- Molly Myers, Master of Science, NHS (GP IDEA), 2018.
- Ashley Walther, Master of Science (Thesis), NHS, 2017.
- Jordan Stilmock, Master of Science, NHS (GP IDEA), 2017.
- Beth Nacke, Master of Science, NHS (GP IDEA), 2017.
- Jill Rolfson, Master of Science, NHS (GP IDEA), 2017.
- Tara Neighbors, Master of Science, NHS (GP IDEA), 2017.
- Jessica Meuleners, Master of Science, NHS (GP IDEA), 2016.
- Stephanie Rupp, Master of Science, NHS (GP IDEA), 2016.
- Katie Painter, Master of Science (Thesis), NHS, 2016.
- Sarah Wilson, Master of Science, NHS (GP IDEA), 2015.
- Sarah Hortman, Master of Science, NHS (GP IDEA), 2015.
- Joanna Gregg, Master of Science, NHS (GP IDEA), 2014.
- Heather Siemers, Master of Science, NHS (GP IDEA), 2014.
- Melissa Patterson, Master of Science, NHS (GP IDEA), 2014.

## **Other Professional Activities**

### **Personal Professional Development**

- Big Ten Academic Alliance Academic Leadership Program Fellow. The program develops the academic leadership and managerial skills of nominated faculty who have demonstrated exceptional ability and academic promise. UNL EVC Office. 2023-2024.
- The Mentorship Blueprint: A Comprehensive Guide to Success. Session discussed the fundamentals of mentoring and explored the benefits of mentoring for both the mentor and the mentee. Presented by Paula Caldwell, UNL College of Business Career Center. Virtual. May 2023.
- Collective Impact Conference: Diversity, Equity and Inclusion (DEI) Communities of Care. Designed to connect DEI champions, celebrate and acknowledge the breadth of work across campus, and engage in well-being and professional development sessions that support individual and collective success. Presented by UNL Office of Diversity and Inclusion. Nebraska Union, Lincoln, NE. March 2023.
- Your Investment in Workplace Culture - Professional Development Workshop. Learning opportunity that was offered across six, one-hour virtual meetings. Presented by UNL IANR Human Resources. January – March, 2023.
- Academic Analytics (AA) Training. Initial Strategic Overview of the Academic Analytics Portal (provides data for research/scholarly activity bench marking and discovery). Presented by UNL AA Client Liaison and Associate. February 2022.
- Associate Deans Leadership Series. Faculty Affairs in the Office of the Executive Vice Chancellor (EVC) partnered with IANR to offer a series of monthly workshops dedicated to the personal and professional development of Associate Deans at UNL. 2021 and 2022.
- USDA National Institute of Food and Agriculture Community Nutrition Project Director's (PD) Meeting. August 2021; October 2022.
- Council of Academic Deans from Research Education Institutions (CADREI) Annual Conference. Virtual. October 2021.

- Broader Impacts Training. Workshop focused on understanding broader impacts review criterion, learning how to develop and incorporate strong broader impacts plans into grant proposals, and how plans are evaluated by reviewers. UNL Office of Research and Economic Development. March 2021.
- Faculty Connector. Federal Relations: Leveraging Strategic Advocacy to Support Faculty and Research Success. UNL Office of Research and Economic Development. March 2021.
- Journal Club Webinar. Reliability and Construct Validity of a Questionnaire: The Infant Feeding Education Questionnaire. Presentation covered methods, research design, strengths and limitations, analysis and results, and lessons learned. Sponsored by SNEB. March 2021.
- Nutrition Incentive Hub National Convening. Learned about the latest in nutrition incentive and produce prescription programs. Gus Schumacher Nutrition Incentive Program National Training, Technical Assistance, Evaluation, and Information Center. March 2021.
- Making Good on the Promise: Reflection & Planning Presentation. Through this virtual professional development opportunity, learned about how to connect ideas, experiences, and knowledge to future actions and building capacity in the College of Education and Human Sciences (CEHS) for systemic changes towards equity. Presented by CEHS Advocating for Inclusion, Respect, and Equity (AFIRE), University of Nebraska-Lincoln. November 2020.
- Navigating Difficult Situations Presentation. Virtual professional development opportunity that taught about the triggering event cycle and how to negotiate difficult situations to react more effectively. Presented by CEHS AFIRE, University of Nebraska-Lincoln. Sept. 2020.
- Strength in Numbers: Leveraging Data and Technology for Nutrition Incentive Programs Webinar. Learned how one small nonprofit approached data management using low-cost technology that simplified collection and analysis of nutrition incentive program data and how this strategy could be applied to Nebraska based programs. Hosted by the Farmers Market Coalition and sponsored by the Nutrition Incentive Hub. July 2020.
- Systems Approaches for Healthy Communities Course. Web-based professional development that included 5 online modules and two toolkits and promoted the integration of policy, systems, and environmental (PSE) interventions with educational strategies. Presented by University of Minnesota Extension. April-June 2019.
- Writing Your Next Chapter: How to Find Your Mojo at Mid-Career workshop. Presented by the National Center for Faculty Development and Diversity, UNL Office of Research and Economic Development, Kauffman Center, April 2019.
- SBSRC Interdisciplinary Workshop Series: Online Data Collection - Tips, Tricks, and Ethics. UNL Bureau of Sociological Research, Nebraska Union, November 13, 2018.
- Team Science: The Toolbox Project Workshop. Philosophical yet practical enhancement to cross-disciplinary, collaborative science in the form of a dialogue-based workshop. UNL Fall Research Fair, Nebraska Union, November 7, 2018.
- National Science Foundation Smart & Connected Communities: Faculty Workshop. Designed to bring together an inter-disciplinary group of researchers to form research teams for discussing potential research. UNL, East Campus Union, October 2018.
- CYFAR Evaluation Institute. Presented through eight modules over online web-conference platform by the CYFAR Professional Development and Technical Assistance Team from University of Minnesota and Pennsylvania State University. Fall 2017.
- CYFAR Professional Development Workshop: Celebrating 25 Years. A multi-disciplinary blend of sessions, speakers, and presentations focused on maximizing the success of CYFAR programs. Arlington, VA, May 2017.
- National eXtension Conference. Connecting Experts with Experts to Create Impact: i-Three Issue Corps Track. San Antonio, TX, March 2016.

- Ignite Change: CYFAR Grantees' Professional Development Workshop. Developed in collaboration with USDA NIFA and the University of Minnesota. Arlington, VA, June 2015.
- Type, MBTI and Other Methods for Individual and Team Development. Presented by Jeff G. Hart. UNL Extension, East Campus Union, June 2014.
- The 5 Choices to Extraordinary Productivity Workshop. UNL Extension, Eugene T. Mahoney State Park Lodge, October 2013.
- eXtension Evaluation Community of Practice Retreat. University of Minnesota. Oct. 2012.
- Annual Lillian Fountain Smith Conference for Nutrition Educators, Colorado State University. Nutrition and Health through the Life Cycle. June 2012.
- National Science Foundation (NSF) Regional Grants Conference. University of Texas at Austin. October 2011.
- Clarity, Focus, and Action: Coaching Tools and Tactics to Move Forward workshop. UNL Extension, Camp Carol Joy Holling Retreat Center. September 2011.
- Leadership Scotts Bluff. Explored the dimensions of the leadership process while discovering leadership possibilities as well as group decision-making, leadership and management styles, building a network of community leaders, and researching the past, present and future of the region and possibilities for personal involvement. 2011-2012.
- Seven Habits of Highly Effective People for Extension Professionals Workshop. Presented by K. Niemann, L. Kaslon, and L. Boeckner. UNL Extension, Camp Comeca, April 2010.
- Grant Writing Seminar. "Writing Winning Grants." Presented by Dr. Russell, grant writing consultant. Focus was to improve successful perusal of external funding (NIH, NSF, USDA). UNL Office of Research and Economic Development, March 2010.

### ***Professional development during graduate programs (MS and PhD)***

- "Now, Why Would a Student Say That?" A workshop on strategies for unraveling unanticipated classroom conflicts. Sponsored by the Center for Teaching and Learning, University of Minnesota-Twin Cities, Spring 2009.
- Grant Writing for Graduate Students and Postdocs Workshop. University of Minnesota-Twin Cities, Fall 2007.
- "What's Grammar Got to do with it?" A workshop for instructors who assign writing. Sponsored by Center for Teaching and Learning, University of Minnesota-Twin Cities, Spring 2007.
- Grading Student Writing Workshop. Sponsored by the Center for Teaching and Learning, University of Minnesota-Twin Cities, Spring 2007.
- Focus Group Short Course, presented by Dr. Krueger. Trained in focus group facilitation, methodology, and assessment. University of Minnesota- Twin Cities, 2006.
- Certificate of completion from the Graduate Assistant Distance Learning and Technology Institute. Certifies completion of distance education preparation course. Education and Outreach Instructional Technology Group. University of Nebraska-Lincoln, 2005.
- EDU Training Workshop by Phil Hauptman. A training workshop for the on-line assessment tool EDU. University of Nebraska-Lincoln, 2005.

### **Service & Leadership Activities**

#### **Panhandle Research and Extension Center, UNL**

2012-2013      Technology Committee Member

2011              Search Committee Chair (Extension Educator, Nutrition Education Program)

2010-2013 Marketing and Public Relations Committee Member (Chair, 2012-2013)  
 2010-2012 Center and Community Relations Committee Member  
 2009-2010 Library and Exhibit Committee Member

**Department of Nutrition and Health Sciences, UNL**

2020 Nebraska Center for the Prevention of Obesity Diseases Seed Grant Reviewer  
 2019-2022 Co-preceptor for Dietetic Intern Departmental Extension rotation  
 2017-2018 Academic Program Review Steering Committee Member (Co-leader of Community Health and Wellness Sub-committee)  
 2016 Search Committee Member:  
     Food Access and Availability - Extension Educator  
     Nutrition Education Program - Extension Educator  
     Medical Nutrition Position – Assistant Professor  
 2015-Present Promotion and Tenure Committee Member (Chair, 2021)  
 2015 Search Committee Chair (Extension Project Coordinator Position)  
 2015 Search Committee Member (Health Policy Position)  
 2015-2016 Extension Nutrition Specialist Group, Chair  
 2014-2020 Dietetic Internship Selection Committee Member  
 2013 Search Committee Member (Behavioral Based Epidemiology Position)  
 2015-2017 Chair’s Advisory Council, Committee Member

**Food, Nutrition and Health (FNH) Interest Group, Nebraska Extension**

2021-2022 Co-supervisor for AmeriCorps Disaster Education Food Access VISTA  
 2020-Present Member of the Nebraska Nutrition Education Program (SNAP-Ed & EFNEP) Leadership Team (*focus on program evaluation, data analysis, and reporting*)  
 2019-Present Member of the FNH Interest Group Leadership Team (*specialist representative*)  
 2018-Present Program Evaluation and Reporting System (PEARS) Co-Administrator  
     Help manage PEARS users across applicable focus areas.  
     Provide technical assistance and training (one-on-one and group settings) on data entry and exports to applicable teams and the FNH Interest Group.  
     Assist with survey development, data analysis, summaries, and reports.  
 2016-2021 Evaluation Team Member, Nebraska Extension Issue Teams (IT)  
     IT2: Healthy Lifestyles for Children & Youth – Create Community, School, and Home Environments that Promote Healthy Lifestyles  
     IT17: Food Access – Improve Access to Affordable, Nutritious, and Safe Food  
 2012-Present Evaluation collaborator, FNH Media/Marketing Team (*Online Food Calendar, Food Website, and Newsletters*)  
 2010-2014 Member of the FNH Spire Action Team Leadership  
 2010-Present Reviewer, Various Newsletters and Nutrition Education Materials  
 2009-2015 Co-leader and Evaluation Contact for the FNH for Adults Work Group

**Nebraska Extension System**

2022-Present Nebraska Extension PEARS Advisory Council Member (Evaluation and Reporting subcommittee, 2023-present)  
 2022-Present Extension Dean Advisory Council, Specialist Group 3 Representative  
 2020-Present Native American Coalition Member, Summit Planning Committee Member  
 2018-2021 Nebraska Regional Food Systems Initiative Group Member (*evaluation and metrics dashboard work group and annual summit planning team member*)

2018 Fueling Opportunistic and High Quality Collaboration Strategy Group Member  
 2017 Search Committee Member (Early Childhood Education-Preschool-3rd Grade, Extension Specialist)

2017-2019 Member of the Directions Group for Issue Teams  
 2016 Choose Healthy Here, Healthy Food Retail Toolkit Review Committee  
 2015 Search Committee Member (CYFAR Grant Project Coordinator)  
 2015-2016 Extension Technology 2020 Committee Member  
 Milestone 1: Campaign-driven multi-channel approaches to reach audiences  
 Milestone 2: Developing web resources

2013 Search Committee Member  
 Behavioral and Experimental Economics Position  
 Science Literacy Specialist Position

2011, 2014-18 Evaluation consultant, *Beef Systems*, UNL Extension  
 Range Beef Cow Symposium: End-of-Session and Follow-Up Evaluation  
 Beef Methane Survey: Producer Perceptions and Knowledge Level  
 Perceptions of crop consultants and producers on grazing corn residue  
 MNNRD and Nebraska Extension Woody Biomass Field Day Survey

### **College of Education and Human Sciences, UNL**

2023-2026 CEHS P&T Committee member, NHS Dept. representative.  
 2021-2023 CEHS Scholarly Enhancement Program (Research & Discovery). Co-led the program with CEHS Associate Dean for Research and provided mentoring to faculty, input on meeting topics, and presented on select topics.  
 2021-2023 CEHS Leadership Council member (Included Department Chairs and Assistant and Associate Deans)  
 2021-2023 Faculty Affairs Liaison Group, Faculty Affairs in the Office of the EVC, CEHS representative  
 2021 Changes for Equity in P&T work group, CEHS  
 2019-2022 Nebraska Academy for Early Childhood Research Steering Committee Member  
 2019-2020 Search Committee Member (Social, Behavioral, Educational [SBEd] Research in CYFS/CEHS)

### **Institute of Agriculture and Natural Resources, UNL**

2018 Great Plains IDeA-CTR Reviewer: reviewed pilot grant application, funded through a NIH/NIGMS grant to eligible institutions.  
 2016 Peer reviewer for new Hatch projects:
 

- The Effects of Labeling, Promotional Materials, and the Environment on Food Choice (submitted by Dr. Christopher Gustafson).
- Toward Improving the Physical and Mental Health Outcomes of Underserved and Non-Traditional Populations: An Ecologically Focused Project (submitted by Dr. Rochelle Dalla).

### **Multi-State/National Groups**

2021-Present GusNIP External Evaluators Community of Practice Member  
 2021-2022 Well Connected Communities Evaluation Work Group  
 2020-2021 North Central Land Grant University SNAP-Ed Evaluation Group (*evaluation representative for Nebraska SNAP-Ed team*)  
 2019-2020 SNAP-Ed Data Analysis Technical Working Group  
 2018-2020 SNEB Nominating Committee Member, Co-Chair for 2019-2020



- 2016-2017 SNEB Program Planning/Selection Committee Co-Chair for 2017 Conference  
2016 eXtension i-Three Issue Corps Member, Food Systems Group
- 2015-2020 USDA-NIFA Nutrition and Health Committee for Program Planning and  
Guidance, Committee and Evaluation Subcommittee Member
- 2015-2017 Extension and Experiment Station Committees on Organization and Policy,  
Member of Response Team for Health Literacy Action Team
- 2012-2014 eXtension Evaluation Community of Practice, Evaluation Champions  
Subcommittee
- 2010-Present NC 1193 Multi-State Research Group (Secretary, 2013-14; Chair-elect 2014-15;  
Chair 2015-2016)  
Behavioral Subcommittee Member, 2011-Present (Secretary, 2012-2013)  
Policies and Procedure Committee, 2011-Present (Chair, 2016-Present)  
Renewal Writing Committee (2020-2021)  
Conference Grant Planning Committee (2021-2022)
- 2009-Present Nebraska Cooperative Extension Association  
Wellness Activity Committee, 2015-2018  
Professional Development Committee, 2012-2014  
Public Relations Committee, 2010-2012

### **Services for the Community**

- 2014-2021 *Community Nutrition Partnership Council* (Leadership team  
subcommittee and Internal Communications subcommittee, 2017-2021).
- 2011 *Red Shawl Event*. Gering Civic Center, Gering, NE. Purpose: raising heart  
disease/cardiovascular health awareness among Native American women.  
Promoted physical activity by using Walk Nebraska materials and provided  
handouts on healthy recipes, lowering sodium intake, and information on  
sweeteners. Attendance: ~70 women
- 2010-2013 *Latina Red Dress Event*. Gering Civic Center, Gering, NE. Purpose: raising heart  
disease awareness among Latina women, 18-80 years old. Promoted physical  
activity by using Walk Nebraska materials, provided handouts on healthy recipes,  
lowering sodium intake, and information on sweeteners. Attendance: ~250-300  
women
- 2010-2013 *Colorectal Cancer Coalition*, Panhandle Public Health District.
- 2010-2013 *Community Action Partnership of Western Nebraska*, Foundation Board Member.
- 2010-2011 *Kids Fitness and Nutrition Day*. Trails West YMCA Camp, Scottsbluff, NE.  
Nutrition coordinator for the day-long event, specifically helped model and  
supervise the “Portion Distortion” station with UNMC Nursing students.  
Approximately 500 youth from Panhandle schools attended the event each year.
- 2010 *Nebraska Physical Activity and Nutrition State Planning Meeting*.
- 2010 *4-H Wilderness Wonders Camp*, Camp Norwesca. Chadron, NE. Presented 4-H  
camp participants with a Bug Bites Jeopardy Game, with Extension Educator  
Jamie Goffena, which showed the many connections between nutrition and  
entomology. Sessions: 4; Participants: 66

### **Ad Hoc Reviewer**

- 2020-Present Ecology of Food and Nutrition Journal
- 2019 Late-Breaking Abstracts, SNEB Annual Conference
- 2019-Present Journal of Hunger and Environmental Nutrition
- 2017-Present Journal of Nutrition Education and Behavior

2016-Present Journal of Health Sciences and Extension  
2016-Present Public Health Nutrition  
2016 OSU Extension Meal Planning and Preparation curriculum lesson Peer Reviewer  
2015-Present Appetite Journal  
2014-Present Journal of Immigrant and Minority Health  
2014-Present Ethnicity and Disease

### **Professional Affiliations**

- National Extension Association of Family and Consumer Sciences (NEAFCS), 2013-Present.
- Epsilon Sigma Phi (ESP), 2012-Present
- Society for Nutrition Education and Behavior (SNEB), 2011-Present
- Nebraska Cooperative Extension Association (NCEA), 2009-Present
- The Obesity Society, 2009-2010
- Society for Social Studies of Science, 2007-2008
- Guild of National Scientific Illustrators (GNSI), 2005-2007
- Academy of Nutrition and Dietetics (AND), 2005-Present (Registered Dietitian)
- Nebraska Academy of Nutrition and Dietetics (NAND), 2005-2006; 2014-Present
- The Honor Society of Phi Beta Delta, Alpha Phi Chapter, (Honor Society for International Scholars- those who have demonstrated high achievement in international study and activity) University of Nebraska-Lincoln, 2005-Present
- Entomological Society of America (ESA), 2003-2006
- Gamma Sigma Delta Honor Society of Agriculture, 2002-Present
- Golden Key Honor Society, 2001-Present