

- Expanded clinical training opportunities by cultivating new community partnerships and strengthening relationships with existing practicum sites.
- Implemented systems-level efficiencies, including adoption of Supervision Assist, to improve tracking of competencies, clinical hours, and supervisor documentation.
- Managed program operations, including budget management, faculty meetings, marketing initiatives, and student recruitment strategies that increased annual cohort size.
- Advocated for program growth by supporting additional full-time faculty positions, doubled student admission, enhancing student support structures, and modernizing clinical education resources.

Clinic Coordinator, Couple and Family Therapy Clinic

University of Nebraska-Lincoln, Lincoln, Nebraska January 2022-Current

- Provide operational and clinical leadership for an on-campus COAMFTE-accredited MFT training clinic serving diverse clients and supervising graduate trainees.
- Manage all day-to-day clinic operations, including scheduling systems, financial systems, billing processes, supply management, and maintenance of the electronic health record system.
- Deliver 5–10 hours per week of live and case-based supervision to practicum students, emphasizing trauma-informed, attachment-based, and developmentally attuned supervision.
- Oversee and mentor student staff, ensuring high-quality administrative and client service functions within the training clinic.
- Provide after-hours crisis consultation and support for practicum students managing high-acuity cases.
- Collaborate with faculty and community partners to strengthen clinical training quality, referral pathways, and access to services.

Faculty Coordinator, IDEA Family and Community Services (IDEA Consortium)

Great Plains IDEA, University of Nebraska-Lincoln, Lincoln, Nebraska, 2020-Spring 2024

- Provided academic leadership for a multi-university asynchronous online graduate program within the Great Plains IDEA consortium.
- Led curriculum review, policy development, and program-level decision-making across faculty from multiple collaborating institutions.
- Facilitated quarterly faculty meetings, coordinated curriculum alignment, and supported the development of consistent pedagogical standards across the consortium.
- Collaborated with faculty from five universities to refine online instructional design, assessment practices, and student support structures for a rapidly evolving online learning environment.

Program Liaison, IDEA Family and Community Services (IDEA Consortium)

Great Plains IDEA, University of Nebraska-Lincoln, Lincoln, Nebraska, 2015-Current

- Serve as the university liaison for the multi-institution Family and Community Services graduate program within the Great Plains IDEA consortium.
- Coordinate communication and alignment between UNL faculty, administrative units, and partner universities to ensure seamless student experience and program operation.
- Support curriculum implementation, course scheduling, and faculty onboarding for both synchronous and asynchronous graduate courses.
- Assist with program policy interpretation, student advising pathways, and resolution of cross-institutional academic or administrative issues.
- Contribute to curriculum review efforts, ensuring coherence and quality across participating institutions.

University Teaching Experience

Associate Professor of Practice

University of Nebraska-Lincoln, Department of Child, Youth, and Family Studies, Lincoln NE, 2017-Current

- Undergraduate

- CYAF 285 Dating and Couple Relationships – Fa24, Sp25
- CYAF 382 Working with Parents – Fa17, Sp18, Fa18, Sp19, Fa19, **Sp20, **Fa 20
- CYAF 280 Family Science – Fa17, Sp18, Su18, Fa18, Sp19, Fa19, **Sp20, **Fa20, **Sp21, **Fa21, **Sp22
- CYAF 458 Family Stress and Crisis, Coping and Recovery – Su19, **Su20, **Su21, Su22, Su23, *Su24, *Su25, Fa25
- Graduate
 - CYAF 859 Interpersonal Relationships, IDEA* – Sp18, Sp19, Sp20, Sp21, Sp22, Sp23, Sp24, Sp25
 - CYAF 956 Couple and Sex Therapy – Sp19
 - CYAF 863 Consumers of Research, IDEA* – Fa18
 - CYAF 853 Families in Crisis, IDEA* – Fa17, Fa19, Fa20, Fa21, Fa22, Fa23, Fa24, Fa25
 - CYAF 858 Family Stress and Crisis, Coping and Recovery – Su19, Su20, Su21, Su22, Su23, *Su24, *Su25, Fa25
 - CYAF 951 Theoretical Foundations of Marriage and Family Therapy – Fa19, Fa20, Fa21, Fa22, Fa23, Fa24, F25
 - CYAF 977 Advanced Practicum in Family Therapy – Sp21, Su23, Fa23
 - CYAF 97 Marriage and Family Therapy Clinical Readiness – Fa23, Fa24, Fa25
 - CYAF 955 Clinical Family Therapy – Sp23, Sp24, Sp25

*Courses taught online asynchronously

**Courses taught online synchronously

- Independent Study
 - Tadia Soukup – Families and illness, Fall 2025
 - Xiaona Liu – Group Therapy, Spring 2025
 - Haleigh Wuster – Trauma-Informed Therapy, Spring 2023
 - Heidi Applegarth – Marriage and Family Therapy in a Medical Setting, Fall 2021
 - Cecilia Burda – Working with Families in Crisis, Spring 2020
 - Kimberly Wells – Undergraduate Teaching Assistant (CYAF 280), Fall 2019
 - MaLeaha Semerad – Ego State Therapy, Spring 2019
 - Yiling Zhang – Undergraduate Teaching Assistant (CYAF 280), Spring 2019
- Guest Lecturer
 - Nebraska Extension Agents – Surviving Challenging Conversations During the Holidays – 11/23/21
 - Institute of Online Teaching – Teaching Online Learnings – 12/3/2020, UNL
 - UNL MFT Students – Discernment Counseling – 12/03/2018, 11/16/2020, UNL
 - CYAF GSA – Meet the Faculty, 10/19/2020, UNL
 - OASIS Students – How to Be Successful in a Large Classroom – 08/31/19, UNL
 - East Carolina University – Using EMDR in Individual and Couple Therapy – 12/2/19

Adjunct Faculty

Northcentral University, Scottsdale AZ, 2016-2017

- Graduate
 - MFT 5101 Foundations for Graduate Studies*
 - MFT 5104 Treatment Planning and Traditional Family Therapy*
 - MFT 5105 Recovery-Oriented Care & Postmodern Family Therapy*
 - MFT 6530 Medical Family Therapy: Historical and Theoretical Foundations*
 - MFT 6531 Medical Family Therapy: Clinical Applications*
 - MFT 6550 Child and Adolescent Therapy: Historical Foundations*

- DMFT 7202 Grant Writing Concepts and Approaches for MFTs*

Guest Lecturer

Minneapolis Community and Technical College, MN, April 2014.

- Undergraduate
 - Psych 2240 Lifespan Development: Children and Trauma

Guest Lecturer

St. Mary's University, Minneapolis MN, October 2013 & August 2012

- Graduate
 - MFT 650C Assessment of Families and Couples: Assessing Grief and Loss in Families and Individuals – Graduate Course

Adjunct Faculty

University of Kentucky, Lexington, Kentucky, 2007

- Undergraduate and Graduate
 - FAM 544 Cultural Diversity in American Children and Families

Community Teaching Experience

Narrative Exposure Therapy (NET) Workshop Facilitator – Graduate and Postgraduate

- *New American Task Force, Lincoln, Nebraska, July 2018*
- *University of Buffalo, Buffalo, New York, January 2018*
- *University of Minnesota, St. Paul, Minnesota, August 2016*
- *University of Buffalo, Buffalo, New York, June 2016*
- *University of Minnesota, St. Paul, Minnesota, October 1-3, 2015*
- *University of Rochester, Rochester, New York, February 6-8, 2015*
- *University of Minnesota, Minneapolis, Minnesota, September 25-27, 2014*

Curriculum Development—Online Courses

Adjunct Faculty

Northcentral University, Scottsdale AZ

- MFT 6114 Families with Severe and Chronic Illness
 - Designed and developed course curriculum for new master's level course
- MFT 6530 Medical Family Therapy: Historical and Theoretical Foundations – Graduate Course
 - Subject Matter Expert for course revision
- MFT DMFT7202 Grant Writing Concepts and Approaches for MFTs
 - Subject Matter Expert for course revision

Student Advising and Dissertation Committee Membership

PhD Supervisory Committee Member

University of Missouri-Kansas City, School of Nursing and Health Studies, 2022-2024

- Lindsey Nelson – Serve as a committee member on dissertation focusing on the recovery and wellbeing of adult intensive care unit survivors at risk for post intensive care syndrome utilizing a companion dog-walking intervention. Content expert on stress, crisis, and trauma.

University of Nebraska – Lincoln

Graduated

- Dominick Vanlangingham, MFT, Summer 2025
- Alycen Greenwood, MFT, Summer 2025
- Carrie Osborn, MFT, Summer 2025

- Amara Smith Speights, Summer 2025
- Rachel Stephens, MFT, Summer 2025
- Lily Dahlgren, Family and Community Services, Spring 2025
- Lesley Garcia, MFT, 2024
- Garrett Schwindt, MFT, 2024
- Mohamed Soumit, MFT, 2024
- Emily Martinez, MFT, 2021-August 2023
- Jami Pickering, MFT, 2023-August 2023
- Julie Ribbens, Family and Community Service, May 2023
- Heidi Applegarth, MFT, August 2022
- Aish Ganapathy, MFT, August 2022
- Amy Schweim, Family and Community Services, December 2021
- Julia Messina, Family and Community Services, May 2021
- Quinn Hullet, Family and Community Services, May 2021
- Kanawai Noa, Family and Community Services, May 2021
- Matthew McDonald, Family and Community Services, May 2021
- Anika Davidson, Family and Community Services, May 2019

Current Students

- Ashley Serie, Family and Community Services, 2025-Current
- Mirissa Scholting, Family and Community Services, 2025-Current
- Spencer Youghnour, CYAF, 2025-Current
- Taylor Courtney, MFT, 2025-Current
- Leila Donnerberg, MFT, 2025-Current
- Elizabeth Miller, MFT, 2025-Current
- Patricia Parish, MFT, 2025-Current
- Dillon Richert, MFT, 2025-Current
- Chantel Savage, MFT, 2025-Current
- Emma-Frances Smith, MFT, 2025-Current
- Sam Voelker, MFT, 2025-Current
- Sophie Wingland, MFT, 2025-Current
- Jamie Buhrman, MFT, 2024-Current
- Amber Magallon, MFT, 2024-Current
- Tadia Muskgrave, MFT, 2024-Current
- Karen Star, MFT, 2024-Current
- Katie Woodward, MFT, 2024-Current
- Alonso Whaley, MFT, 2023-Current

Grants

Mixed-Reality Simulation for the Teaching of Marriage and Family Therapy Students

College of Education and Human Services Technology Grant 2021-2023 -- \$4,800

Position responsibilities: Co-wrote grant proposal to College of Education and Human Sciences.

Organizing courses to pilot mixed-reality simulation, identify and administer evaluation measures, coordinate with American Association for Marriage and Family Therapy to coordinate mixed-reality simulation. Participate in creating new mixed-reality simulation modules.

Enhancing Mental Health Services for Refugees and Immigrants (EMHRI)

Community Health Endowment of Lincoln, Lincoln Nebraska, 2017-2020 -- \$79,189

Position responsibilities include: Co-wrote grant proposal with New American Task Force Mental Health Subcommittee. Providing Narrative Exposure Therapy training and consultation to group of community clinicians who will work with refugee and immigrant populations in Lincoln Nebraska. Ongoing consultation as needed.

Research

Principal Investigator: Enhancing Therapist Presence and Clinical Readiness in MFT Graduate Students: A Mixed-Methods Scholarship of Teaching and Learning Study

University of Nebraska-Lincoln. Status: IRB approved, Fall 2025-Fall 2026

Mixed-methods study evaluating whether improvisational activities are more effective than traditional discussion-based instructional methods in developing therapist presence, attunement, and self-of-the-therapist awareness in pre-practicum MFT students. The project includes weekly reflective measures on role-play performance, and qualitative analysis of student experiences. Findings will inform competency-based experiential approaches to MFT education.

Technical Coordinator (Family Matters – R01)

University of Minnesota, Department of Family Medicine and Community Health, Medical School, Minneapolis, Minnesota, 2014 – 2015

Position responsibilities include: Designing and creating observational family task to capture family interaction for multi-phase research project aimed at addressing unanswered questions about the home environment and childhood obesity disparities in six different ethnic groups, including immigrant and refugee populations. Manage technological aspects of real time data collection including creation of Ecological Momentary Assessment. Training and certifying research staff. IRB writing and change submissions. Aiding in creation of quantitative survey. In-home data collection.

Project Co-Director (Family Meals, LIVE! – R21 & Family Meals LIVE! Sibling Edition – R56)

University of Minnesota, Department of Family Medicine and Community Health, Medical School, Minneapolis, Minnesota, 2010 – 2014

Position responsibilities included: Managing research team and technological devices for a cross-sectional mixed method project aimed at looking at the risk and protective factors of childhood obesity in the home environment. Participant recruitment. Collecting quantitative and qualitative data during in-home visits including heights and weights, live-observational data, and 24-hour dietary recalls using Nutritional Data System for Research (NDSR). Aiding in creation of surveys and managing data collection in RedCap. Coding observational data using the Iowa Family Interactional Rating Scale (IFRS). Coding qualitative data using NVIVO. Actively engage in data analysis and interpretation. Writing journal articles for publication.

Project Director (Paha Sapa Play it Forward – CBPR)

University of Minnesota, Department of Family Medicine and Community Health, Medical School, Minneapolis, Minnesota, 2010 – 2013

Position responsibilities included: Attending bi-weekly meetings with members of Citizen Action Group. Working with community members to create a childhood obesity prevention intervention using a community based participatory research approach. Working with city and school personnel to plan large community events. Conduction a program and process evaluation with an experimental and non-experimental group. Participant recruitment. Conducting home visits for time-one and time-two data collection. Coordinating meetings between community, city, and university representatives. Writing journal articles for publication.

Research Assistant

University of Minnesota, Department of Family Medicine and Community Health, Medical School, Minneapolis, Minnesota, 2010 – 2015

Position responsibilities included: Conducting literature reviews. Assisting writing NIH grant proposals. Creating graphics and visuals for grant submissions. Creating presentation materials for research findings.

Research Assistant

University of Minnesota, Department of Family Social Science, College of Education and Human Development, St. Paul, Minnesota, 2010 – 2013.

Position responsibilities included: Collaborating with prominent community leaders in the Hmong, Somali, Vietnamese, Latino, Oromo, and African American communities to identify barriers inhibiting parental involvement in primary education. Collaborating with community leaders in North Minneapolis to address the increase in street violence among the community. Organizing and attending monthly meetings with community and school leaders. Various duties including scheduling meetings, writing and disseminating meeting notes, and literature reviews.

Volunteer Researcher

University of Minnesota, Department of Family Medicine and Community Health, Medical School, Minneapolis, Minnesota, 2009 – 2010.

Position responsibilities included: Coding interviews of individuals receiving treatment for eating disorders in an attempt to understand the contextual factors that lead to the development of eating disorders. Attending Family Education Diabetes Series by attending bi-monthly meetings, gathering member's health information, and presenting educational material on the impact of stress and stress management.

Project Assistant

University of Kentucky, Health Education through Extension Leadership (H.E.E.L.), Lexington, Kentucky, 2007.

Position responsibilities included: Researching how family conversations affect end-of-life decision-making. Writing and designing a six-part series that can be used to educate community members about advance care planning, including how to have difficult conversations, what to discuss, and how to document decisions relating to end-of-life care. Collaborating with the main project manager and community agents to gather community specific data and to ensure material was written appropriately for the intended audience.

Research Assistant

University of Kentucky, Family Sciences, School of Human and Environmental Sciences, Lexington, Kentucky, 2005 – 2007.

Position responsibilities included: Researching and writing literature reviews on the impact of illness on the family system, focusing on chronic and terminal illness, palliative care, and end-of-life decision making, and family decision-making about end of life care with ventilator dependent patients. Assisting with qualitative research data collection and analysis from family and medical personnel. Giving presentations on current research data. Assisting in submitting IRB proposal. Supervising undergraduate research assistants. Assisting with various duties related to teaching in the Department of Family Studies' Marriage and Family Therapy Program.

Clinical

Marriage and Family Therapist-AAMFT Approved Supervisor (Fall 2021)

University of Nebraska Lincoln-Family Resource Center, Lincoln, Nebraska, 2021 – Current

Offer supervision with marriage and family therapy students-in-training. Meet weekly with students for live and case-note supervision. Meet with community clinicians and providing supervision of supervisor for those seeking to become AAMFT approved supervisors.

Marriage and Family Therapist

Carrie L. Hanson-Bradley, PhD, LIMFT, Lincoln, Nebraska, 2015 – Current.

Position responsibilities include: Providing individual, couple, and family therapy with a specialization in treating trauma related issues utilizing Eye Movement Desensitization Reprocessing (EMDR) and Narrative Exposure Therapy (NET). Assessing, diagnosing, and treating various presenting issues including post-traumatic stress disorder, grief and loss, physical/emotional/sexual abuse, depression, and anxiety. Preparing and maintaining adequate documentation of session notes, treatment plans, and diagnostic assessments. Billing insurance.

Marriage and Family Therapist

Clearwater Counseling, St. Paul, Minnesota, 2014 – 2015.

Position responsibilities include: See Marriage and Family Therapist above.

Marriage and Family Therapist

Joining Hands Children & Family Counseling Services, Roseville, Minnesota, 2010 – 2014.

Conducting individual, family, and couple therapy with children, adults and parents, utilizing systemically based theories and interventions to enact change in the system dynamic. Providing clinical assessment, interventions, developing treatment plans to address presenting issues (e.g., depression, anxiety, grief and loss, anger management, etc.).

Family Therapy Intern

United Hospital, St. Paul Minnesota, 2012 – 2013.

Position responsibilities included: Co-facilitating family therapy with patients and their parents/guardians at the inpatient adolescent psychiatric unit. Aiding in discharge and continued care planning.

Marriage and Family Therapist

Riverwind Crisis Services, Coon Rapids, Minnesota, 2009 – 2010.

Position responsibilities included: Conducting group and individual therapy with residents at a short-term crisis facility. Providing clinical assessment, interventions, development and implementation of crisis plans as part of a mobile crisis response team. Coordinating care with emergency and community medical and mental health providers. Providing phone triage for adults, children, and families experiencing a mental health crisis.

Marriage and Family Therapist

Hanson Individual, Couple and Family Therapy, Lexington, Kentucky, 2007-2009.

Position responsibilities included: Conducting therapy utilizing multiple methods and theories. Facilitating support groups for women whose husbands are struggling with pornography and sexual addictions. Marketing. Writing post-session case notes. Analyzing the needs of clients and developing treatment plans.

Staff Therapist

University of Kentucky Family Center, Lexington, Kentucky, 2008.

Position responsibilities included: Working with individuals from a wide variety of socioeconomic levels and cultural backgrounds. Utilizing art and play therapy in clinic and school settings. Facilitating grief, social skills, and anger management groups in elementary and middle schools. Conducting sessions in Spanish.

Family Support Liaison

Kentucky Organ Donor Affiliates (KODA), Lexington, Kentucky, 2007-2008.

Position responsibilities included: Providing emotional and physical support to families making end-of-life decisions regarding organ donation. Assessing family dynamics and interacting appropriately with families in traumatic situations. Remaining stable and in control under extreme pressure.

Facilitating positive interactions between families and the medical staff. Collaborating with medical teams to plan patient treatment and family care. Cultivating relationships with multiple rural Kentucky hospitals. Community education. Statistical reviews. Record keeping.

Hospice Intern

Daniel's Care-Hospice of the Bluegrass, Lexington, Kentucky, 2006-2007.

Position responsibilities included: Conducting marital and family therapy with terminally ill pediatric patients and their families focusing on the patient's illness' impact on the patient and the family system. Facilitating grief work through experiential methods such as art and play therapy.

Marriage and Family Therapy Intern Therapist

University of Kentucky Family Center, Lexington, Kentucky, 2005-2007.

Position responsibilities included: See Staff Therapist responsibilities above.

Publications

Peer Reviewed Publications

Ebersole, C.R., Mathur, M.B., Baransi, E., Bart-Plange, D-J., Buttric, N.R., Chartier, C.R., Corker, K.S., Corley, M., Hartshorne, J.K., Ijzerman, H., Lazarevic, L.B., Rabagliati, H., Ropovik, I., Aczel, B., Aeschback, L.F., Andriguetto, L., Arnal, J.D., Arrow, H., Babinack, P...Hanson-Bradley, C.L....Nosek, B. (2021). Many Labs 5: Testing pre-data-collection peer review as an intervention to increase replicability. *Advances in Methods and Practices in Psychological Science* 3(3) 309-331. DOI: 10.177/2515. Refereed

Berge, J., Trofholz, A., Slattengren, A. Hanson-Bradley, C., Justesen, K., Draxten, M. (2018). Similarities and differences between families who have frequent and infrequent family meals: A qualitative investigation of low-income and minority households. *Eating Behaviors April*(29) 99-106. DOI: 10.1016/j.eatbeh.2018.02.007. Refereed

Berge, J., Hanson-Bradley, C., Draxton, M. (2016). Perspectives about family meals from racially/ethnically and socioeconomically diverse households with and without an overweight/obese child. *Childhood Obesity* 12(5) 368-376. DOI: 10.1089/chi.2015.0215. Refereed

Berge, J., Hanson-Bradley, C., Tate, A., Neumark-Sztainer, D. (2016). Do parents or siblings engage in more negative weight-based talk with children and what does it sound like?. *Body Image*, 18, 27-33. Refereed

Berge, J., Jin., S, Hanson, C., Doty, J., Jararji, K., Braaten, K., Doherty, W. (2015). Play it forward: A community-based participatory research approach to childhood obesity prevention. *Family, Systems and Health*. Refereed

Berge, J., Rowley, S., Trofholz, A., Hanson, C., Reuter, M., MacLehose, R., & Neumark-Sztainer, D. (2014). Childhood obesity and interpersonal dynamics during family meals. *Pediatrics*, 134(5), 923-923. doi: 10.1542/peds.2014-1936 Refereed

Berge, J., Hoppman, C., Hanson, C., & Neumark-Sztainer, D. (2013). Perspectives about family meals from single-headed and dual headed households: A qualitative analysis. *Journal of the Academy of Nutrition and Dietetics*, 113(12), 1632-1639. doi: 10.1016/j.jand.2013.08.023. Refereed

Berge, J.M., Loth, K., Hanson, C., Neumark-Sztainer, D., & Croll, J. (2011). Family life-cycle transitions and the onset of eating disorders: A retrospective grounded theory approach. *Journal of Clinical Nursing* 21(9-10), 1355-1363. doi: 10.1111/j.1365-2702.2011.03762.x. Refereed

Book Chapters

Doty, J., Hanson, C., Witham, M., Ochoa, A., & Mendenhall, T. (2025). Intimacy Killers. In Mendenhall, T.; Plowman, E., & Trump, L. (Eds.). *Intimate relationships: Where have we been? Where are we going?* (4th edition). Kendall Hunt Publishing.

Hanson-Bradley, C., Weiling, L. (2019). Mental Health. In Ballard, J., Wieling, E., Solheim, C. & Dwanyen, L. (Eds.), *Immigrant and Refugee Families: Global Perspectives on Displacement and Resettlement Experiences* (2nd Ed.). Minneapolis, MN: University of Minnesota Libraries Publishing. Available online from: <http://open.lib.umn.edu/immigrantfamilies/>

Doty, J., Hanson, C., Witham, M., Ochoa, A., & Mendenhall, T. (2019). Intimacy killers. In T. Mendenhall, E. Plowman, and L. Trump (Eds.), *Intimate relationships: Where have we been? Where are we going?* (3rd edition; pp. 119-137). Dubuque, IA: Kendall Hunt Publishing.

Hanson-Bradley C., Wieling, L. (2016). Mental Health. In Ballard, J., Wieling, E., & Solheim, C. (Eds.). *Immigrant and Refugee Families: Global Perspectives on Displacement and Resettlement Experiences* (93-114). Minneapolis, MN: University of Minnesota Libraries Publishing. Available online from: <http://open.lib.umn.edu/immigrantfamilies/>

Doty., J., Hanson, C., Witham, M., Ochoa, A., & Mendenhall, T. (2016). Intimacy Killers. In Mendenhall, T., Plowman, E., Trump, L. (Eds.), *Intimate Relationships: Where have we been? Where are we going?* (105-124). Dubuque, IA: Kendall Hunt.

Delbridge, E., Taylor, J., & Hanson, C. (2014). Honoring the “spiritual” in biopsychosocial-spiritual health care: Medical family therapists on the front lines of graduate education, clinical practice, and research. In J. Hodgson, A. Lamson, T. Mendenhall, R. Crane (Eds.), *Medical family therapy: Advanced applications* (197-216). New York: Springer.

Extension Publications

Hatton-Bowers, H., Hanson-Bradley, C. L. (2020) Work, family, and caring for children: Tips for working remotely from home during Covid-19. *University of Nebraska Extension*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T. (2007) Advance care planning: Lifting the burden of illness. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 1*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T (2007) Advance care planning: A two-way street. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 2*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T. (2007) Advance care planning: The conversation. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 3*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T. (2007) Advance care planning: Documenting your advance directive. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 4*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T. (2007) Advance care planning: The medical side of things. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 5*.

Mowery, R., Hanson, C., Mueggenburg, K., & Gutgsell, T. (2007) Advance care planning: Living through loss. *University of Kentucky Cooperative Extension Service/HEEL Advance Care Planning Series, Volume 6*.

Publications

Hanson-Bradley, C. (2020). *Peer-Review of Teaching Project: A Benchmark portfolio evaluation CYAF 280: Family Science*. Retrieved from: <https://digitalcommons.unl.edu/prtunl/162/>

Books

Larson, K., Hanson, C. (2014). *You'll always come back*. iBooks. Retrieved from: <https://itunes.apple.com/us/book/youll-always-come-back/id792784877?mt=11>

Professional Presentations

Hanson-Bradley, C. (04/23). *Incorporating Mindfulness Practices into a Marriage and Family Therapy Clinical Training Program*. International Family Therapy Association, Malaga, Spain

Hanson-Bradley, C. (11/21). *A Holiday Survival Guide for Challenging Conversations*. Presentation given to Nebraska Extension Agents. Lincoln, NE. Invited.

Sollars, P., Hanson-Bradley, C., Mabie, D., Vegso, R. (10/18). *ACE Assessment*. Presentation given at the Fall 2018 Teaching and Learning Symposium. Lincoln, NE. Competitively selected

Hanson, C., Berge, J., Hoppman, C. (11/13). *Family Meals and Obesity: Single and Dual Headed Household Perspectives*. Presentation given at the National Council on Family Relations Conference. San Antonio, TX. Competitively selected

Berge, J.M., Lohman, B., Topham, G., Hanson, C. (11/12). *A Family Systems Approach to Researching Childhood and Adolescent Obesity*. Symposium presented at the annual conference of the National Council on Family Relations (NCFR) Association, Phoenix, Arizona. October 31-November 3, 2012. Competitively selected

Hanson, C., Berge, J., Doherty, W. (11/12). *Paha Sapa Play it Forward: A Community-based Participatory Research Approach to Prevent Childhood Obesity*. Presentation given at the National Council on Family Relations Conference. Phoenix, AZ. Competitively selected

Axtell, S., Hanson, C. (02/11). *Family School Connectedness Group: Best Practices for Parent Teacher Conferences*. Presentation given at The Professional Conference for Bilingual Educational Assistants, St. Paul School District. St. Paul, MN. Invited

Hanson, C. (10/09). *Release the Pressure: Understanding and Managing Stress*. Presentation given for The Family Education Diabetes Series (FEDS). St. Paul, MN. Invited

Mowery, R., Hanson, C. (2/07). *Preventing Suffering at the End-of-Life*. Poster Presentation. Extension Professional Development Conference. Lexington, KY. Invited

Mowery, R., Hanson, C. (5/06). *Strategies for Working with Families When a Loved One is Dying*.
Workshop presented at the Kentucky Association of Hospice and Palliative Care. Lexington, KY.
Invited

In the News

Apel, H. (2020, April 20). Support for parents in the form of a student-driven blog. *College of Education and Human Sciences*. <https://cehs.unl.edu/cyaf/news/support-parents-form-student-driven-blog/>

Apel, H. (2020, April 9). CEHS instructors get creative to deliver remote teaching. *College of Education and Human Sciences*. <https://cehs.unl.edu/secd/news/cehs-instructors-get-creative-deliver-remote-teaching/>

Professional Organization and License

Organizations

American Association for Marriage and Family Therapy (AAMFT), 2005-Present
Nebraska Association for Marriage and Family Therapy (NAMFT), 2017-2024
Family Science Association (FSA), 2020-2021
The National Council on Family Relations (NCFR), 2012-2020
Minnesota Association for Marriage and Family Therapy (MAMFT), 2009-2014
Kentucky Association for Marriage and Family Therapy (KAMFT), 2005-2008

License

Licensed Independent Mental Health Practitioner: Nebraska #1459 (September 2015 – Present)
Licensed Marriage and Family Therapist: Nebraska #168 (September 2015 – Present)
Licensed Marriage and Family Therapist: Minnesota #1998 (July 2014 – December 2015)
Licensed Association Marriage and Family Therapist: Minnesota #1998 (2009 – 2014)
Marriage and Family Therapist Intern: Utah #5370997-3904 (2008 – 2011)
Marriage and Family Therapy Associate: Kentucky #07-027 (2007 – 2008)

Professional Development

Department Service

- CEHS Technology Committee, August 2024-Current
- Recruitment Committee, January 2022-2024
- Chair's Advisory Board, Fall 2020 – Summer 2023
- Faculty Coordinator, Great Plains IDEA Family and Community Services, 2020 – 2024
- Website Liaison, Great Plains IDEA Family and Community Services, 2018-2019
- Program Liaison for UNL, Great Plains IDEA Family and Community Services, 2017 – Current
- Scholarly Engagement Committee Member, UNL, 2017 - 2020

College Service

- New TA Orientation, Presented on Preparing Lesson Plans and Class Activities, August 2023
- Furniture Committee-Mabel Lee Hall – August 2021-2022

University Service

- Star City Pride, UNL, June 2022-current
- Big Red Welcome Panel, UNL, August 23, 2021

- ACE Leadership Fellow – ACE 6, UNL, 2018-2019

Community Service

- Nebraska Association for Marriage and Family Therapy President, 2022-2022
- Nebraska Association for Marriage and Family Therapy President Elect, 2020-2021
- Nebraska Association for Marriage and Family Therapy Board Member – Member at Large, 2019
- New American Task Force – Lincoln, NE, 2015- 2019
- LDS Family Services—Greater Minnesota Region Advisory Board, Secretary, 2013-2015
- University of Minnesota Medical Reserve Corps--Behavioral Health Response Strike Team, Behavioral Health Practitioner, 2010-2015
- Minnesota Association of Marriage and Family Therapy, Fall Conference Committee, Publicity Organizer, 2009-2011; Newsletter Co-editor, 2011
- Kentucky Association of Marriage and Family Therapy, Newsletter Co-editor, 2006-2008

Teacher Development

- Playposium: Get a clue: Exploring the mysteries of play in higher education, UNL, Lincoln NE, November 6-7, 2025
- Playposium: Using gamification and play in higher education, UNL, Lincoln NE, March 13-14, 2024
- Hope in a time of monsters, Sarah Cavanaugh PhD, UNL, Lincoln NE, March 1, 2024
- Navigating difficult DEI related discussions in class, Narissa Williams PhD, UNL, Lincoln NE, February 27, 2024
- Alternative Grading: Focus on Competencies, Anna Hiatt, PhD, UNL, Lincoln NE February 25, 2024.
- AI Petting Zoo, UNL, Lincoln NE, February 23, 2024
- I-Gen: Teaching and guiding the smartphone generation, Jean Twenge PhD, UNL, Lincoln NE, February 8, 2024
- Decolonizing Training and Supervision: Understanding the role of colonization and historical trauma in behavioral health training, Omaha, NE, November 9-10, 2023.
- Supporting International Students in the Classroom, UNL, Lincoln NE, October 3, 2023
- Fall Teaching and Learning Symposium, UNL, Lincoln, NE, November 5, 2021
- Spring Teaching and Learning Symposium, UNL, Lincoln, NE, March 18-19, 2021
- Design Plus Workshop – UNL, Lincoln NE – December 2, 2020
- Fall Teaching and Learning Symposium – UNL, Lincoln NE – October 23, 2020
- Innovation in Pedagogy & Technology Symposium – UNL, Lincoln NE, May 12, 2020
- Spring Teaching and Learning Symposium – UNL, Lincoln NE – February 28, 2020
- Course Mapping Camp: Creating Goals and Objectives – UNL, Lincoln NE, November 11, 2019
- New Faculty Development: Freedom of Speech and Academic Freedom – UNL, Lincoln NE, August 29, 2019
- Teaching in the Age of Neo-Diversity, Rupert W. Nacoste, PhD – UNL, Lincoln NE, March 3/2019
- The Science of Teaching: SOAR, CASNR Winter Workshop – UNL, Lincoln NE, January 3, 2019
- Teaching & Learning Workshop: Using Technology – UNL, Lincoln NE, January 4, 2019
- Fall Teaching & Learning Symposium – UNL, Lincoln NE, October 19, 2018
- New Faculty Development: Teaching at Nebraska – UNL, Lincoln NE, September 27, 2018
- GivePulse Training – UNL, Lincoln NE, December 18, 2018; January 11, 2019
- Catme Teamwork Community of Practice – UNL, Lincoln NE, September 28, 2018
- Century Club – UNL, Lincoln NE, February 6, 2018; March 6, 2018; April 3, 2018; September 4, 2018; October 2, 2018; November 6, 2018; January 8; 2019
- Spring Teaching & Learning Symposium – UNL, Lincoln NE, February 23, 2018
- Fall Teaching & Learning Symposium – UNL, Lincoln NE, October 9, 2017
- Summer Institute for Online Teaching – UNL, Lincoln NE, Summer 2017

Faculty Development

- Faculty-Led Inquiry into Reflective Scholarly Teaching (FIRST) – UNL, Lincoln NE, spring 2025-present
- AFIRE Seminar: Diversity and Inclusive Excellence in Courses, UNL, Lincoln, NE, August 10, 2020
- POP Scholarly Enhancement Program – UNL, Lincoln, NE, Fall 2019-Spring 2020
- Peer Review of Teaching Project – UNL, Lincoln, NE, Fall 2019-Spring 2020
- R.E.A.C.H. Suicide Prevention Training – UNL, Lincoln NE, January 11, 2019
- Great Plains IDEA Family and Community Services Curriculum Review – GPIDEA, Kansas City, October 10, 2018
- CONCUR Travel Training – UNL, Lincoln NE, October 3, 2018
- New Faculty Development: Free Speech and Academic Freedom – UNL, Lincoln NE, August 30, 2018
- New Faculty Orientation: Keys for a Successful Second Year – UNL, Lincoln NE, April 5, 2018
- Professor of Practice Meeting – UNL, Lincoln NE, March 30, 2018
- New Faculty Orientation – UNL, Lincoln NE, March 1, 2018
- Active Shooter Training – UNL, Lincoln NE, February 16, 2018
- New Faculty Orientation: Promotion and Tenure – UNL, Lincoln NE, January 30, 2018
- OASIS: Diversity and Inclusion Basics – UNL, Lincoln, NE January 3, 2018

Clinical Development

- Collective Trauma Summit, Virtual, October 12-18, 2025
- Nebraska Association for Marriage and Family Therapy Spring Conference, Emotionally-Focused Therapy (EFT), Omaha, NE, February 28, 2025
- Nebraska Association for Marriage and Family Therapy Fall Conference, Internal Family Systems, Daphne Fatter, PhD, Omaha, NE, October 25, 2024
- 26th International Energy Psychology Conference, Phoenix, AZ, May 29-June 3
- Nebraska Association for Marriage and Family Therapy Spring Conference, Explore the Complexities of Ethics and Major Mental Health, Omaha, NE, April 25, 2024
- Nebraska Association for Marriage and Family Therapy Fall Conference, Discernment Counseling, Omaha, NE, October 20, 2023
- Collective Trauma Summit, Virtual, September 28 – October 6, 2022
- Audit and Record Requests: What every therapist must know, Barbara Griswold, July 20, 2023
- Systemic Family Therapy Conference, AAMFT, November 9-11, 2022
- A systemic understanding of addiction formation and the process of recovery, NAMFT, October 28th, 2022
- Nebraska Association for Marriage and Family Therapy Spring Conference, Therapy with LGTBQ+ people and their families: Embracing support and celebration, Virtual, April 1, 2022
- BHECN DSM V-TR Updates: What you need to know, Virtual, May 2022
- Attachment-informed Grief Therapy, Mourning Hope, Virtual, March 2, 2022
- Nebraska Association for Marriage and Family Therapy Fall Conference, The cost of caring: Understanding trauma and self-care for professionals working with trauma survivors, Virtual, October 29, 2021
- Collective Trauma Summit 2021, Virtual, September 19-28
- 32nd Annual International Trauma Conference, Virtual, May 26-29, 2021
- Nebraska Association for Marriage and Family Therapy Spring Conference, The effects of grief and self-care in an ever changing therapeutic landscape, Virtual, April 23, 2021
- Nebraska Association for Marriage and Family Therapy Fall Conference, Therapy in a Time of Political Stress and Polarization, Dr. William Doherty, Virtual, October 16, 2020

- AAMFT at Home Series: Love, loss and resilience in a time of corona, Froma Walsh, Virtual May 22, 2020
- AAMFT at Home Series: Taking care of your most important relationships, Sue Johnson, Virtual May 5, 2020
- MFT Educator Research Rounds: Divorce ideation: A mixed-methods longitudinal approach with Steve Harris. AAMFT, Virtual, April 24, 2020
- On the Global Coronavirus Crisis: Steering Ourselves and our Clients Through New and Developing Traumas, Bessel van der Kolk, Virtual, April 3, 2020
- Developmental Needs Meeting Strategy (DNMS) Ego-state Therapy Interventions to Stabilize Dysregulated, Dissociation and Attachment-Wounded Clients, University of Nebraska-Lincoln, March 6, 2020
- Nebraska Association for Marriage and Family Therapy Fall Conference, Working with Difficult Adolescents, Omaha, NE, November 8, 2019
- Minnesota Association for Marriage and Family Therapy Fall Conference, Clinical Interventions to Heal Attachment Wounds – Minneapolis, MN, September 12-13, 2019
- Gottman Level 1 Training, University of Nebraska-Lincoln, Fall 2019
- Narrative Exposure Therapy (NET) for Torture Survivors in Exile: Overview and Adaptations, Virtual, August 21, 2019
- Rebuilding Intimacy After an Affair, Douglas Snyder, Omaha, NE, April 2019
- National Institute for the Clinical Application of Behavioral Medicine, Treating Trauma Master's Series, The Neurobiology of Trauma, Virtual, April 17, 2019
- The Neurobiology of Attachment Virtual, April 24, 2019
- How to Work with Traumatic Memory that is Embedded in the Nervous System, Virtual, May 1, 2019
- How to Help Clients Tolerate Dysregulation and Come Back from Hypoarousal, Virtual, May 8, 2019
- How to Work with the Limbic System to Reverse the Physiological Imprint of Trauma, Virtual, May 16, 2019
- Behavioral Health Education Center of Nebraska – The Impact of Natural Disasters on Mental Health: When the Water Recedes...What's Next?, Virtual, March 8, 2019
- University of Nebraska, Department of Child, Youth and Family Studies – Transforming Trauma: Integrating Yoga into Your Practice, Lincoln NE, March 28, 2019
- Nebraska Association of Marriage and Family Therapy Spring Conference, Omaha, NE. Spring 2017
- EMDR for Early Childhood Trauma, Minneapolis MN, 2015
- EMDR Level I and Level II Training, Minneapolis MN, 2013-2014
- Thought Field Therapy for Clinical Practice, Minneapolis MN, 2014
- Discernment Counseling for Mixed Agenda Couples, University of Minnesota, 2012, 2013
- Narrative Exposure Therapy, University of Minnesota, 2011
- Minnesota Association for Marriage and Family Therapy Conference– Minneapolis, MN. Fall 2011.
- Minnesota Association for Marriage and Family Therapy Conference – Minneapolis, MN. Fall 2010.
- Minnesota Association for Marriage and Family Therapy Conference – Minneapolis, MN. Fall 2009.
- Kentucky Association of Hospice and Palliative Care (KAHPC). *Adolescent grief*, Lexington, KY. May 2008.
- Central Kentucky Marriage Conference. *Love without Hurt*, Dr. Steven Stosney, Lexington, KY. February 2008.
- Kentucky Association for Marriage and Family Therapy Awards Dinner. *Learning from our Failures*, Dr. Jean Koehler. April 2007.
- Gift of Life Institute. *Dual advocacy: A Value Positive Approach to Obtaining Consent for Organ Donation*, Philadelphia, PA. December 2007.
- Kentucky Association for Marriage and Family Therapy (KAMFT) conferences, 2006 and 2007.
- American Association for Marriage and Family Therapy (AAMFT) National Conference. Austin, TX. October 2006.

- Bluegrass Healthy Marriage Initiative Seminar. *10 Great Dates*, Speakers: David & Claudia Arp, September 2006.
- Kentucky Association of Hospice and Palliative Care (KAHPC). *Decisions and Dilemmas: Care at the End of Life*, Lexington, KY. May 2006.
- Intermountain Health Care Seminar: *Women and Depression*. Salt Lake City, UT. May 2001.

Journal & Textbook Review

- SAGE Publications, Textbook Reviewer for: Choices in Relationships by Knox, D., Schact, C. & Chang, J., 2019
- Reviewer for *Journal of Marriage and Family*, 2015

Professional Conferences and Symposia Attended to Enhance Scholarship of Teaching and Learning

- COAMFTE 2025 Accreditation Workshop, St. Paul, MN, October 14-15, 2025
- Great Plain IDEA Annual Conference, Kansas City, February 23-26, 2025
- Great Plain IDEA Annual Conference, Kansas City, April 7-10, 2024
- Great Plains IDEA Annual Conference, Kansas City, February 27-March 1, 2022
- Great Plains IDEA Annual Conference -- Virtual, February, 2021
- American Association for Marriage and Family Therapy Fall Conference, Virtual, November 4-7, 2020
- Great Plains IDEA Annual Conference & Preconference – Virtual, April 20-21, 2020
- Innovation in Pedagogy and Technology Symposium-University of Nebraska Lincoln – May 7, 2019
- Nebraska Association for Marriage and Family Therapy Spring Conference – Omaha, NE, April 2019
- National Council on Family Relations Fall Conference – San Diego, CA, Fall 2018
- Higher Learning Commission, Assessing Higher Education -- Chicago IL, Fall 2018
- Great Plains IDEA Annual Conference – Kansas City, MO, Spring 2018
- Kelley Symposium – Linda Burton, PhD. – UNL, Lincoln NE, April 3, 2018
- National Council on Family Relations Fall Conference – San Antonio, TX. Fall 2013
- National Council on Family Relations Fall Conference – Phoenix, AZ. Fall 2012
- National Council on Family Relations Fall Conference – Minneapolis, MN. Fall 2010.