

UPLOAD by: Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Kaylea Speckmann
2. Bachelor of Science in Education and Human Sciences



3. Assistant Social Worker

4. Lincoln Family Medical Group P.C.,
7441 O Street, Suite 300
Lincoln, Ne 68510
lfmgpc.com

5. Lincoln Family Medical Group P.C.'s purpose was established to perform medicine for the whole person: in their physical, mental, social, and spiritual aspects. They use God to help bring connections between each of these fundamental aspects. By doing this, Lincoln Family Medical Group P.C. is able to provide services that express medical, spiritual, and psychological needs to any person.

6. Jennifer Coon,
(P): (402)488-7400
(F): (402)488-0739

7. My purpose at this internship was to gain more knowledge about social work and therapy. This internship was intended to help guide me in a career direction for after graduation.

8. Work responsibilities, skills, and knowledge:

8a.) In this internship, no day was the same. My major work was to go through patient files and determine who has upcoming appointments. Once looking at this, I would form pre-visit packets for people who are on Medicare to complete for their appointment. Depending on the day, I would also call facilities and check on the patient status. Filling out patient assistance forms was also one of the jobs I got to do. A part of my internship, I was able to attend many conference meetings about what is needed in a medical practice.

8b.) I have gained many skills while completing this internship. One was to gain confidence in placing/receiving phone calls from facilities and clients. I had also developed skills to become familiar with the organization and their meanings towards their clients.



8c.) One type of knowledge that I gained was learning about how to adapt to a computer program that I have never worked with before. Another knowledge component I had gained was what Medicare/Medicaid was and what the difference is. I had also come into a better understanding what social work is and what ways social work is available to people who need it.

9. My most critical moment at my internship was not being confident enough about making phone calls. It had taken me a lot of motivation and energy to perform a phone call to other facilities. I was hoping to develop the motivation to call a patient and inform them they needed to bring their Advanced Care Plan's to their appointment. This was often difficult for my supervisor to complete as patient's were annoyed with what the organization wanted.

10. I recommend that for future interns, it is important to know and understand the practice's goals and mission. It is also important to be open to learn/experience new things, even though that is not what you wanted. I also recommend that you ALWAYS ask questions.

11. Lincoln Family Medical Group P.C. is an excellent place to learn more about healthcare. I recommend this organization to future internship students that are unfamiliar with what career they are pursuing. This practice gives a wide variety of experiences to a person who is wanting to gain more. Even if you know what career you want to achieve, this practice can still give you a taste of what each position that they hold is like.

1. Gillian Johanns
2. Human Development and Family Sciences
3. Teacher Assistant at Humann Elementary
4. Family Service Lincoln / 501 S. 7th St. Lincoln Ne 68508, <https://familyservicelincoln.org>
5. The mission of Family Service Lincoln is to provide life-long learning opportunities and partner with schools, families and neighborhood residents to promote youth development and stronger communities..
6. Andrea Brown, Site Supervisor at Humann Elementary, 402-314-2519
7. The purpose of my internship was to interact with school-aged children during their afterschool programming through Family Service Lincoln and communicate with parents about their day.
8. Implement program according to Family Service mission and philosophy, inform families about their child's day, build and support relationships with staff and partners, work with elementary aged kids in after school program, skills acquired: communication with parents, interacting with students off all ages (K-5)
9. The most critical moment of my internship was when I could tell that I was developing a relationship with the kids as I interacted with them in the gym and outside. Once they sought out my involvement in activities, I knew that they were interested in me being around.
10. I would recommend understanding that kids will press all of your buttons especially once they get comfortable around you to see what they can get away with. Make sure to stand your ground and follow through with what you say.
11. I wouldn't recommend this particular organization just because I never felt as though I could be involved in planning activities or determining what my students could do during programming. I felt as though I was just there to make sure they didn't get hurt and I wish I could have had more input into the schedule or there was a little mor leniency in gym games.

1. Hannah Thiele
2. Human Development and Family Science, Psychology
3. Missionary Disciple
4. St. Thomas Aquinas Catholic Church – FOCUS
320 N 16th St, Lincoln, NE 68508; (402) 984-8063
<https://huskercatholic.com>
<https://www.focus.org>
5. The Fellowship of Catholic University Students is a Catholic collegiate outreach whose mission is to share the hope and joy of the gospel with college and university students, inspiring and equipping them for a lifetime of Christ-centered evangelization, discipleship and friendships in which they lead others to do the same.
6. Alex Rodriguez – Team Director
Phone: (402) 984-8063
7. The purpose of my internship is to introduce others to the love of Jesus Christ on the college campus. With dreams of working for FOCUS one day, specifically as a team director on a university campus, interning with FOCUS has been the best decision I have made in my personal and professional development throughout college. Having the opportunity to work side-by-side with the employees of FOCUS who have committed to giving this time in their lives to the Lord has allowed me to dive deeper into my faith and share it with others. My Catholic faith is the most important thing to me, so having the privilege to invite others into genuine friendship and holistic community has been a gift to me. I have learned so much more about myself in regards to the morals and values I hold by interacting with students of all different backgrounds and faiths, and it has challenged me to seek the answers to the deepest questions I have.

8.

- a. The major work responsibilities of my internship in regards to what I did and how I spent my time encompassed attending group and team meetings, shadowing and learning from the team director in daily life, observing other missionaries and professionals in various working environments, national SEEK Conference planning, facilitating and setting up the Newman Center Phon-A-Thon fundraiser, organizing groups of students into Bible studies, attending group discipleship with groups of women, talking in front of small group Bible studies, leading Bible studies, leading discipleship formation and personal outreach sessions, serving individuals and groups of people by connecting with them on a personal level, entering into the present moment of a student and assessing his or her stage of life and future goals, and helping others become the best versions of themselves through conversation and personal interactions.
- b. The skills I acquired over the course of my internship were strengthening my relational and interpersonal skills through one-on-one meetings and personal outreach, collaboration with other employees and outreach coordinators, and I increased my emotional intelligence, one-on-one communication, and communication with smaller and larger groups of people. I also strengthened my time management, initiative, inquiring, assessment, leadership, teamwork, understanding, empathetic, and coping skills.
- c. The type of knowledge that I gained that is going to help me professionally in the future was how to effectively communicate orally and express my thoughts and feelings on matters of discussion in team meetings and one-on-one interactions

with my supervisor and fellow colleagues, how to respond to constructive criticism when needing to re-do something or follow a different set of directions, how to take initiative and seek out productive work that my supervisor might not necessarily assign me although I know it needs to be done, and strategies for equipping new leaders in the faith. In addition, I gained knowledge in regards to how to lead a Bible study, how to think creatively on projects, how to create graphics and QR codes for conferences and events, how to effectively reach out to those in need, and how to share the Gospel to those who need it most. I also gained exponential knowledge on various points of discussion within my faith such as the Sacraments, The Mass, intercessory prayer, hospitality, The Big 3 of chastity, sobriety, and excellence, fasting, Theology of the Body, how to pray Lectio Divina individually and in groups, spiritual motherhood, almsgiving, spiritual multiplication, mission life, vocations, discernment, retreats, sacrifice, genuine friendship, renouncing lies, The High Call, holy leisure, temperaments, the Rosary, and devotions to Mother Mary and St. Joseph.

9. The most critical moment of my internship was when I became in charge of multiple aspects of the SEEK conference planning. This was the most critical moment I experienced because I learned qualities such as adaptability, flexibility, how to ask for help and not hesitate, and how to communicate effectively with authoritative figures in a business setting. I was assigned many tasks related to creative projects and technological documents, but I had never used some of the software or data entry spaces I was required to use to carry out the projects. I am a person who does not like to ask for help for fear of being a burden or seen as someone who doesn't know how to follow through, so these

projects taught me that it is better to ask for assistance than try to do something on my own in the wrong way. On a time-crunch when stress levels were higher than normal in preparation for the big conference, I learned how to communicate my questions and uncertainties about how to move forward in an efficient and effective manner. I wasn't very confident in doing so, but I learned to take initiative and humble myself when I knew someone had the knowledge and expertise to help me that I did not have. I know I learned and grew through this experience specifically, and I became stronger personally and professionally through these challenges.

10. My recommendations for future internship students as they would prepare for the internship experience in a similar position or organization as the Newman Center and FOCUS would be to take the opportunities that are given to you. I was not very confident in my leadership abilities when I began, but I knew that missionaries value leadership and ownership in every part of your life. I learned to take initiative of my own events and responsibilities, and I would encourage any future interns to go outside of your comfort zone and take on those tasks you may be wary about. Some examples of those duties would be to start a Bible study, lead a group discipleship, plan community events, increase your hospitality skills and invite others to your home for discussions on faith and morals, and even take part in planning large-scale events such as retreats and conferences. I would advise future interns to not be afraid to participate in group meetings or ask questions to learn and grow personally and professionally, and it is a good idea to ask for the advice of those in higher positions than you that have already had the experiences you are currently having. Finally, I would advise future interns to take risks. You never know what activities or ideas the Lord has planned for you each day you

are doing His work, but be open to the promptings of the Holy Spirit. The Lord will guide you and lead you on the path of love, and don't forget to take a moment to stop and thank Him for all of the opportunities He has given you.

11. I would recommend this particular organization to future internship students because entering this internship, I was mainly thinking of it as a class assignment that I just needed to complete before graduation. I was so excited to be an intern with an organization that I cared about most deeply, but I didn't think it would affect me so much. Nearing the end of my internship, I have realized the plethora of knowledge and skills I learned that I will take with me for the rest of my life. By working with FOCUS at the Newman Center, I grew in all aspects of my faith and life. I learned deeper truths about what the Catholic Church teaches, I learned how to be a genuine friend, and I learned about the importance of hospitality, friendship, initiative, inspiration, and loving others. I was allowed the space to explore my creativity, extraversion, and openness to including others in my life and walking with them on our faith journeys. For anyone looking for an organization in which you want to be challenged, learn, and grow, I recommend interning with FOCUS at the St. Thomas Aquinas Newman Center to become the best version of yourself.

1. James Hunt
2. Human Development and Family Science
3. Family Support Worker
4. Jenda Family Services
 - a. 815 K St, 68508 (402) 474-0011
 - b. Jendafamilyservices.com
5. "First and foremost, everything that we do has to benefit the families we serve; second, is the clients and other professionals we work with are to be treated with respect; third, is that we do what we say we are going to do."
6. Alexis Determan (Direct Services Supervisor)
 - a. (402) 560-2939
7. I chose to do my internship at Jenda because I wanted to get hands on training with families to help them get their children back. I have always had the passion to help families get through their struggles in life and I felt that Jenda could help me get an inside to what happens within the family. I was also curious to see how families interact with each other on a daily basis to see how parent's parent their child/children. At Jenda, I got the full experience to see a variety of families along with their struggles in life and was able to help them get their children back.
8. My responsibilities at Jenda were to transport children to their visits with their parents, assist the families with their parenting if needed, document the families' interactions between each other to ensure there were positive parenting skills, I then transported the children back to their foster parents after their visit was over.
 - a. The skills I acquired over the course of my internship was the ability to help families develop positive parenting skills. I did this by assisting parents with their parenting when their children showed negative behaviors during the visits. I would help show the parents how to identify a positive punishment for the child's negative behavior.
 - b. The knowledge I gained from this internship was the ability to effectively communicate and work with parents to build a better relationship with the parents. I also learned how to implement positive parenting to the parents that struggled with parenting skills.
9. The most critical moment at my internship with Jenda was when I was working with a family who has shown signs of physical abuse towards their child. With this family, I was able to show the mother (the parent who physically abused her child) how to cope with her frustrations and handle her child's negative behavior in a more positive manner. I told her instead of lashing out in frustration, how about talking through the problem and explain to your child why that behavior is not acceptable. The mother worked on this constantly throughout our visits and ultimately lead to the mother regaining custody of her child at the end of my internship. She began to talk to her child more about the negative behaviors which lead the child to understand why they could not do those negative behaviors.
10. I would recommend for future internship students to place their own biases behind them when working with families coming from different backgrounds. I would tell them to

listen to the parents when they are speaking about their lives because this will give you insightful information about trauma that caused the family to be in the situation that they are in now. Families are willing to open up to you if you are understanding of their situation, respectful towards the parents and their children, and able to listen to the parents when they are speaking about their past. This was helpful to me when working at my internship and allowed the parents to respect me and showed the parents that I respect them.

11. I definitely would recommend Jenda as an internship for upcoming students. The staff is very understanding of college students and work great with your school schedules. It is a great learning opportunity for individuals who want to work with families and get an insight to what goes on within the family.

CHI Saint Elizabeth Internship as a CNA

1. Matty Hoskins
2. Family Science
3. Progressive Care Certified Nursing Assistant
4. CHI Saint Elizabeth
555 S 70th St, Lincoln, NE 68510
<https://www.chihealth.com/st-elizabeth.html>
5. “As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.”
6. Jenny Stachura, Director, Critical Care Services
402-219-8021
7. The purpose of my internship is to practice skills that will be beneficial for me as I work my way up to being a nurse. Working on bone nursing specific skills and social skills between nurses as well as patients gives me experience, I couldn't get in any other environment.
8. a) I answer call lights, patient sit, document important information, and assist the nurses with patient care.
b) social skills, skills on how to properly use nursing equipment, how to keep myself and my patients safe, how to document in a timely and accurate manner, how to communicate with my superiors.
c) By reading and listening to the nurses around me I have learned specific names of conditions, equipment, and even learned how to communicate with doctors on the job.
9. When a patient coded in a room, I ran to get the crash cart so that the doctors could perform CPR.
10. Be prepared to be both physically and mentally exhausted when you are involved with patient care. It takes time to start to feel comfortable in high stress situations so give yourself a break!
11. Yes! St. Elizabeth's staff has been so welcoming. They had no problem signing papers and providing feedback for the class. Truly an organization I would work at in the future.

I. Name/ Major/ Internship Position

- a. Wendy Bornmann
- b. Family Science and Human Development
- c. City Light Kids Intern

II. Organization Information

- a. City Light Lincoln Church
- b. Address: 2820 O St, Lincoln, NE 68510
- c. Phone number : [\(402\) 261-8007](tel:4022618007)
- d. Website: <https://citylightlincoln.org/>
- e. Organization's mission City Light Lincoln exists to "Glorify God By Multiplying Jesus-Centered Disciples And Churches Of All Nations"

III. Supervisor Information

- a. Abby Baker
- b. Position: City Light Kids Coordinator
- c. Phone Number: 402-617-4225
- d. Email: abby@citylightlincoln.org

IV Internship Purpose, Responsibilities, Skills, Knowledge

- a. Purpose: To keep City Light Kids afloat while Cassie, the City Light Kids Director, is on maternity leave.
- b. Work responsibilities: attend staff meetings, attend sermon prep, prepare the classrooms each week: clean classrooms, prepare any crafts and supplies needed to teach curriculum on Sunday, supervised classrooms on Sunday mornings and subbed when teachers were missing, intervened when kids have behavioral issues, and met with our dream team members.
- c. Skills gained from my internship- implementing trust based intervention in the classroom, building relationships with families and kids, teaching, communication, teamwork, decision-making and problem solving, establishing healthy boundaries.
- d. Knowledge gained from my internship: I learned what ministry looks like on a daily basis, how to handle kids with traumatic backgrounds, and what I enjoy doing and what I dislike.

V: Reflection

- a. The most critical moment at your internship: A critical moment at my internship was actually learning that Kid's ministry isn't what I want to do after graduating. While I developed teaching skills, I learned that I prefer to teach and minister to college age students and not children.

- b. Recommendations for future students that will intern for this organization: I would recommend learning how to rest well. It is important to take one day a week and take a Sabbath, which is a day to just stop. I also recommend making sure teaching children is a passion of yours. Interning here isn't always a walk in the park, and it's not for everyone.
- c. Would I recommend this organization for future students? Why and Why not:
I would recommend this organization for those that want to do vocational ministry after college. This organization cares about you as a person first and foremost and wants to invest in your personal development. The staff at this organization also feels like a family, and it is a safe place to fail.

Rae Anne Kenny

Dr. Rochelle Dalla

CYAF 497D

03 April 2021

Internship Description

1. **Name:** Rae Anne Kenny
2. **Major area of study or focus** (e.g., Family Science, Early Childhood Education, etc....)
Child, Youth, and Family Studies → Will continue my focus in healthcare administration
3. **Practicum position title:** Home Health Intern
4. **Organization / agency name,
Organization / agency address and contact number
Organization website if available**
Visiting Angels
3120 O street suite a, Lincoln, NE 68510. (402) 735-0999
Website Link → <https://www.visitingangels.com/lincoln/home>
5. **Mission of the organization or agency:**
Visiting Angels caregivers help thousands of older adults live happily and safely in their own homes while at the same time, provide peace of mind for the client's families
6. **Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).**
Natalie Leon Owner/Director
(402) 735-0999
7. **Describe the purpose of your internship.**
My internship allows me to help older adults receive the proper care and enhance their quality of life. The internship also allows me to gain experience in a field that I plan to work in my future, healthcare administration.
8. **Work responsibilities, skills, and knowledge:**
8a.) **Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**
One of my main roles with Visiting Angels was marketing. My supervisor and myself worked on multiple marketing projects such as a referral gift for social workers month and currently putting together a marketing gift for National Nurses week. I also did other office projects such as putting together client folders so that all information was

organized and easy to find. We even worked on a gift for the clients and their families for Easter and got Bubbles and Blocks daycare to color Easter themed pictures for our clients and they loved it! This internship allowed me to show my creativity but also learn firsthand what it takes to be a successful healthcare administrator while working close with the clients and their families (as close as allowed due to covid).

8b.) What skills did you acquire over the course of your internship?

This internship helped develop my skills in professionalism and the communication skills necessary to work appropriately with others. The internship has helped me gain skills in leadership, teamwork, and problem solving to work successfully with other healthcare locations in Lincoln to help provide customized care for the individual needs of our patients.

8c.) What type of knowledge did you gain?

Before the internship, I had no experience in healthcare, only the experiences with loved ones who needed medical help. I also did not have marketing experience. I found a love for marketing and would have never had the opportunity if not for my internship experience with Natalie at Visiting Angels. I also learned more about Veteran Affairs, hospice, long-term care insurance, and power of attorney. HIPAA was also a big factor in my internship and keeping client information safe and private.

9. What was your most critical moment at your internship? Explain why.

With covid, my opportunities were limited when working directly with clients, but I did have responsibilities that directly helped Visiting Angels. Visiting angels is a newer business in Lincoln and is still building their connections with other healthcare facilities in Lincoln NE. Throughout my internship I was assigned the responsibility of contacting all the healthcare businesses in our area which helped build a connection and spread our name which would help future clients achieve the healthcare they desire.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend either having experience working in gerontology or at least have taken a gerontology course to help understand some of the concepts that come with home health care such as power of attorney, wills, hospice, respite care, IADLs or ADLs, etc. You wouldn't have to have those experiences to have an internship in this area, but it does help you understand the paperwork for clients and the common conversations that take place between visiting angels' staff or with potential clients.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

Yes. I would! Natalie was amazing to work with. She explained things well, was friendly, and made me feel important and apart of the team. Natalie did her absolute best to get me involved in everything Visiting Angels has to offer even with the limitations with Covid. I would recommend anyone that needs to complete an internship to her especially if they had an interest in healthcare, specifically with older adults.

- 1) Allie Merrell
- 2) Child, Youth, and Family Studies
- 3) Family Engagement Specialist Intern
- 4) Community Action Head Start
 - a. 210 O St Lincoln NE 68508
- 5) We empower people living in poverty to reach economic stability.
- 6) Sarah Jordan
 - a. Head Start Family and Community Partnerships Coordinator
 - b. 4024714515 ext. 117
 - c. sjordan@communityactionatwork.org
- 7) The purpose of my internship was to assist and observe the Family Engagement Specialists who work for the Head Start program.
- 8)
 - a. My major responsibilities were helping plan and facilitate the Incredible Years parenting program, assist with intake visits and home visits, and participate in planning monthly FES family events.
 - b. Some skills that I required during my internship were active listening and deeper empathy for people.
 - c. Knowledge that I gained from my internship was basic aspects of case management, dynamics of working in a team, and deeper understanding of everyday struggles that families living in poverty experience.
- 9) The most critical moment at my internship was during the first few days I had spent with the team. At this time, I spent a large majority of my hours observing their day to day tasks. A few of the tasks were phone calls with families and intake calls with potential clients. This was influential to me because seeing the work that they did was reaffirming to me that social work is truly the field I am passionate about and the type of work I want to do. I remember feeling extremely motivated and excited for the work that I will get do someday in the future
- 10) My internship experience with this organization was somewhat unique during this semester because the FESs had a smaller case load than what they typically do because of COVID. Additionally, they have to conduct their home visits via zoom rather than in person. I would not let this discourage you, as I still had a great learning experience despite not getting the “full experience” as I would’ve during a normal semester.
- 11) Yes. Overall, I had a good experience. The FES team is great to work with. They were enthusiastic to help me get the experience that I wanted. If there were certain things related to the position I wanted to know more about or experience, they ensured that they provided the means for me to have that experience.

Internship Description

1. Name:
 - a. Valerie L. Blase
2. Major Area of Study/Focus:
 - a. Human Development & Family Sciences
 - b. Minor in Psychology
3. Practicum Position Title:
 - a. Intern
4. Organization/Agency Name:
 - a. Merrick Medical Center, Social Services
 - b. Organization Address:
 - i. 1715 26th St Central City, NE 68826
 - c. Organization Website:
 - i. bryanhealth.org
5. Mission of the Organization:
 - a. "To promote and provide personalized, compassionate, quality health services"
6. Supervisor's Name & Title
 - a. Kim Wagner, Social Services Director
 - b. Contact Information
 - i. kim.wagner@bryanhealth.org
 - ii. (308)946-3015
7. Describe the purpose of your internship:
 - a. In this internship, I work with the Social Worker in both the long-term care and hospital settings ensuring needs are being met and developing discharge plans if necessary.
8. Work Responsibilities, Skills, and Knowledge
 - a. Describe your major work responsibilities of your internship
 - i. My days consisted of visiting with acute and swingbed patients in the hospital as well as long-term care residents discussing discharge plans and communicating their desires to other disciplines involved in their care. We ensured their needs were being met and addressed any concerns they may have.
 - ii. Phone calls and fax messages to family members as well as to facilities if a return to home was not a realistic plan.
 - iii. Mental health screens on long-term care residents.
 - b. What skills did you acquire over the course of your internship?
 - i. I feel I was able to enhance my communication skills by practicing active listening with residents/patients and their family members as well as articulating the needs of the patients and residents to nurses and physicians involved in the patients' care.
 - c. What type of knowledge did you gain?
 - i. I became more knowledgeable on the variety of services Nebraska has to offer for alternative placement, both short-term and long-term.

- ii. I was able to gain insight on how discharge planning affected the patient/resident, both physically and emotionally and how to address those concerns with empathy while providing assurance.
- 9. What was your most critical moment at your internship? Explain why.
 - a. My most critical moment in my internship came about six weeks ago when we had a gentleman arrive at the hospital in poor health and hygiene. His elderly mother was caring for him but with her ailing health could not give him the assistance he needed. There was a multi-disciplinary discussion about whether Adult Protective Services needed to be notified or if the burden of care had just become too much for both parties and alternative placement would be a better option for both. Being able to listen in on this tough conversation was a look into how vulnerable people can become in their lives and how we need an exceptional team of people to encourage a better quality of life for this family.
- 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?
 - a. For those looking for an internship with social services my recommendation would be to look first at if you want to work mostly with children or with adults. From there, I would look into larger hospitals or organizations to ensure more people interaction. I felt at my internship, the smaller hospital and long-term care facility could lead to slower days where it was more phone calls and faxing paperwork where I would have liked to do more patient/resident discussions.
- 11. Would you recommend this particular organization or agency to future internship students? Why/Why not?
 - a. I would recommend Merrick Medical Center to future internship students. My site supervisor in social services was very flexible and encouraged me to be creative and engage with residents/patients to build positive relationships. As a whole, Merrick Medical Center is growing their job shadowing/internships in all areas, showing a great student interest in hopes for greater recruitment and employee retention. For a small hospital, they are keeping pace with larger hospitals as far as implementation of current trends with help from Bryan hospital in Lincoln.

1. Breanna Fieselman
2. Human Development and Family Sciences
3. Program Support Specialist
4. Better Living Counseling Services
7100 South 29th Street, (402)476-0104
<https://www.betterlivingcounselinginc.com/>
5. The mission of Better Living Counseling Services is to, “strengthen and improve family functioning by cultivating growth and change.” Better Living has a commitment to the following: providing quality services that are family-centered, community-based and culturally competent, preserving the dignity of all families and individuals, creating a family environment that is safe, healthy and nurturing, achieving and maintaining self-sufficiency, preventing or remediation of neglect, abuse, or exploitation of children and adult individuals unable to protect themselves, improving parenting skills and promoting child development, facilitating positive relationship building and bonding among family members, providing needed emotional support and developing alternative support systems within the community, modifying and eliminating dependency upon substances and other addictions, enhancing communication skills, and improving the quality of life for those we serve.
6. Brooke Buller, Program Support Supervisor
(402)340-3173
7. I completed my internship at Better Living Counseling Services as a Program Support Worker. The primary focus for family support services is the safety and well-being of the children. Program Support Specialists develop strong relationships with families in order to provide service coordination, support, and training to assist families in meeting the needs of their children. I address goals that are developed to strengthen the needs of families while protecting Nebraska’s youth. As a PSS, I work on skill development with the parent as well as role-model behavior. I also supervise visits between the parent and child to ensure a safe environment for growth. I decided to complete my internship at Better Living because I wanted a hands-on experience opportunity working with families.
8. 8a.) As a program support worker, I documented supervised visits with my family. Documentation consisted of a specific goal and goal progress. The goal selected was indicated on the service referral. The next part of documentation consisted of a progress box. In this box, I would record the transportation experience and interactions between the parent and child during the visit. I included observations of the home environment and any concerns other than immediate safety risks. I was to also include any additional information regarding what was taught and reviewed with the parent. My internship also consisted of travel time. This included driving to the foster home to pick up the children,

taking them to their visit destination, and transporting them back. Therefore, I had a responsibility of being a safe and defensive driver. Along with supervised visits, I completed program support sessions with the mom. Family support sessions consisted of me and the parent working towards specific goals that were not directly tied to the children. For example, the mom I worked with was looking to find and obtain adequate housing. During our family support session, her and I looked into LHA and housing programs targeted towards domestic violence victims. We found a few different resources for her including Friendship Home and Saint Gianas.

8b.) One skill I acquired during my internship was an improvement in active listening. I had to give the mom my full attention, taking time to understand her point of view, asking questions as appropriate, and not interrupting at inappropriate times. As her support worker, I needed to put her priorities as my own. If the goals we made were specific to what she wanted to achieve, we were more successful in reaching them. I also acquired better time management juggling this internship with school. I had to prioritize my time so that what I needed to get done was complete. This allowed me to give more time to family support and documentation. One last skill I acquired was judgment and decision making. My ultimate priority was keeping the children safe. If I witnessed a situation, I had to act fast in order to keep the children free from harm. This skill went along with active listening. There were some struggles the mom was going through that brought on some concerns for reunification. However, I could see that she was taking the necessary steps on her own to create a better life for her and her children. I had to be the third party in the situation which required me to make the right call for her two girls.

8c.) During my first few weeks at Better Living we went through extensive training. Prior to training, I had no idea what the child welfare system looked like. The child welfare is a group of services designed to achieve safety, permanency, and well-being. The child welfare system consists of the department of health and human services and division of child and family services. If they receive and investigate a report of child abuse and/or neglect, the department will provide services to families who need protection for their children by arranging an out of home placement. Steps to court involvement start with a report to the hotline or law enforcement. After a call is placed, law enforcement and cps respond. There is then an investigation. If there is enough evidence to file a petition we enter a pre adjudication hearing. In a pre adjudication hearing, parents enter a plea to the allegations against them. If the parent(s) admit or plea no contest they immediately go to adjudication. If the parent(s) deny, it goes to an adjudication trial. At an adjudication hearing, the court hears the evidence from the county attorney. Court then determines if there is a preponderance of the evidence proving that the allegations are true or not. Allegations that are true are then moved to disposition. At a disposition hearing, DHHS writes a court report and case plan which is submitted. The court determines if the plan of DHHS is appropriate and may modify the recommendations of DHHS. The court orders the plan that the parent(s) follows. During a review hearing, DHHS submits another court report and plan that details any progress the family has made since the last court hearing. By statute, review hearings have to occur a minimum of every 6 months. Reviews continue until the case is closed successfully or children find permanency through other means. Every 12 months, a permanency hearing is held to

determine progress towards meeting the permanency goals. Permanency goals include reunification, adoption, guardianship, and independent living.

9. The most critical moment at my internship was when the parent and I found an unknown particle on the child's blanket that had come from the foster home. There was speculation about this particle being an illegal substance. When this was found, I immediately let the case worker know. I was then instructed to call the hotline number and file an incident report. I would say this is critical because not filing an incident report may have put the children in danger. If there are illegal drugs in the foster home, the toddler could easily get a hold of them. This incident emphasized how important our service is. It is our responsibility to protect children because they cannot always protect themselves.
10. I would recommend that future internship students make sure that they have a safe and reliable car. I would also recommend future internships be prepared for very heavy, emotional material. The families we help have gone through extremely tough times and you are there to support them. You must be able to listen and empathize without letting yourself get too emotionally involved. Setting boundaries from the get-go is important. I would also recommend that future internship students have a pretty open schedule as this job requires a lot of your time. My family had a child with medical needs, as a result, we made frequent trips to the doctor for appointments. Because the mom was not able to go unsupervised, I was attending all of them.
11. If a student has only a few classes, I would recommend Better Living. If a student is taking on more than that, I would not, simply due to how much time you must invest. Despite the emotional ups and downs, I would recommend the position of a family support worker to future students. Having the opportunity to make a difference in a family's life is amazing. Not everyone is given the same opportunities growing up and the hardships these individuals encounter can lead them to where they are today. Although it is not an excuse, it is not their fault they had the upbringing they did. I see the value in the role of a family support worker as you are person who can turn his/her life around. By helping the parent achieve their goals and better their life, you are giving them the opportunity to better the life of his/her child. Better Living's ultimate goal is reunification, being that the children will be in a safe environment. Children do better when they are with their biological parents, being that the parent is fit. A family support worker helps families get one step closer to that goal.

Kennedy Hecker

CYAF 497D

4/16/2020

1. Kennedy Hecker
2. Child, Youth and Family Studies with a minor in Sociology.
3. Concierge
4. Legacy Retirement Communities
 - a. 5700 Fremont Street
 - b. 402-464-5700
 - c. <https://www.legacyretirement.com/>
5. “Founded in 1995, Legacy Retirement Communities have been distinguished as leaders in our industry and have earned numerous local and national awards for our elegant assisted and independent living retirement communities, and our world-class service and programming. Care. Convenience. Enrichment. When you become part of the Legacy Retirement Communities family, it is all yours for the asking.”
 - a. (Taken from the Legacy Retirement Communities website)
6. Jessi Pierce
 - a. Office Manager
 - b. 402-464-5700
7. The purpose of my internship is to assist the community in taking certain precautions while dealing with COVID-19.
8. Some of my major work responsibilities are to screen visitors and staff members for COVID-19, deliver packages to residents, assist residents into cars and answer the phones. Screening consists of taking temperatures, record keeping and asking COVID-19 related questions to anyone who enters the building. I also spend some time helping with resident menus for meal times.
 - a. I acquired skills of organization, multitasking, record keeping and communication.
 - b. I gained more knowledge of how retirement communities are run and how they are affected during a pandemic.
9. My most crucial moment at my internship would be the days that were extremely busy. These days were critical because they tended to be stressful. In moments like these, it was important that I kept my calm and assisted everyone. I had to really work hard multitasking my customer service abilities while also being organized with record keeping. When I had multiple people in the lobby waiting to get screened and asking multiple questions at once, it was challenging keeping calm.
10. I recommend that future students get to know their residents or coworkers and make an effort to create relationships with them. A positive workplace is so important. Also, always try to do your best. It’s important that you take your internship seriously, even if you don’t intend on a career there.
11. I would definitely recommend this facility to future students. The environment is always positive, and you get to create some great relationships. Working at this facility, you will

Kennedy Hecker

CYAF 497D

4/16/2020

gain some great skills that can be carried into the future. Also, the residents will really appreciate seeing you everyday.

1. Damian Jackson
2. Child Youth & Family Sciences; minors in Sociology and History
3. Intern of Strength and conditioning/ player development
4. Ndamukong Suh Strength and Conditioning Center,
One Memorial Stadium Drive, Lincoln, NE 68588; (402) 472-3333
<https://huskers.com/sports/2019/7/25/211181839.aspx>
5. Strength and Condition Programs are focused on building muscle, increasing strength and power, and training in the appropriate energy system.
6. Zach Duval, Head Football Strength & Conditioning Coach
(402) 472-3333
7. My internship allows me to develop players mentally and physically as well as helping with set-up such as equipment, clean, and managing players on a daily basis.
8.
 - a. I have to help pick up athletes and drive them to the stadium, set up and break down the weight room, supervise athletes during lifting times, and use the knowledge I've learned thus far to develop the players in various ways.
 - b. I acquired skills of time management, adaptability, better work ethic, organization, public speaking, social skills (having conversation), and independently performing tasks.
 - c. I learned how to handle athletes by building their workouts tailored to their individualized needs and how to maintain and properly run a weight room.
9. The most critical moment was working and advising my own group of athletes. In this position, I had to gain trust from my supervisors in order to be in charge of 6-8 athletes at once during their lifting times. I had to gain the knowledge and apply it in my workouts to properly manage them.
10. My advice would be to be flexible as scheduling constantly changes, be prepared to get dirty and clean, and you need to study and have a good foundation of knowledge so the staff can trust in you, giving you more responsibility.
11. If you are like me and wanted something different for your internship then this is a really good one. This internship is closer to what i want to do in life and is a really good starting point!

Samantha Jenkins
Child Youth and Family Studies – Human Development and Family Science
Teacher

University of Nebraska Children's Center
2225 W St Lincoln, NE 60503 (402-472-2009)

<https://childcare.unl.edu/#:~:text=It%20is%20the%20goal%20of,their%20family%20traditions%20and%20cultures.>

Mission: It is the goal of the center to educate children about the wonderful aspects each of them has to offer. It is also our goal to teach a child to respect others and themselves. We encourage children to share about their family traditions and cultures.

Alaina Huls- Lead Teacher
(402-520-3117)

Responsibilities: My responsibilities at this internship were to actively supervise and interact with the children. Create lesson plans and implement those activities. Communicate with parents and other staff about what is happening in our room. Lead student staff and train them in their job. Assist with documentation on the children. I gained skills like communication, time management, team work, compromising.

Some of the most critical moments are smaller moments getting closer to the end. It has been really rewarding to see how much these kids and the student staff has grown. A lot of them started at the begging of the semester and to see how comfortable they all are now with their roles is amazing. It's also really cool to see a kid who couldn't walk when they started in this classroom and was crying nonstop their first week to be running while playing and smiling. It showed me I chose a good field to go into and made me excited for post grad.

I would recommend someone starting this internship to work on their patience and gain soothing skills. Also, find a caffeinated drink you enjoy. This job is high pace and high stress at times. It's crucial when you are in those high stress moments to be able to calm yourself down, because that is going to be your starting point with deescalating the situation. I also think they would need to have a self-care routine started in the beginning so they can be their best selves for these children.

I would highly recommend this site to anyone in the future! You meet awesome people, gain a lot of practical skills (even if you don't work directly with young kids in the future everyone is around them at some point.) You get to work with cute children in a really fun environment!

Internship Description

1. Your name.
 - a. Madison Murphy
2. Major area of study or focus.
 - a. Human Development and Family Science
3. Practicum position title.
 - a. Intern on the Missionary Team
4. Organization / agency name, Organization / agency address and contact number, Organization website if available
 - a. Christ Place Church
 - b. 1111 Old Cheney Rd. Lincoln, NE 68512 (402-421-1111)
 - c. <https://christplace.church>
5. Mission of the organization or agency.
 - a. To see souls saved and lives changed.
6. Supervisor's name and title, Supervisor's contact number (phone and fax, if available).
 - a. Ashley Yeackley
 - b. Director of Missions
 - c. Phone: (308) 216-0352
7. Describe the purpose of your internship.
 - a. The purpose of my internship was to learn and get experience working with children and families that are at-risk. The purpose was to learn how to get the church more involved in the foster care system and to make an impact in foster families lives.
8. Work responsibilities, skills, and knowledge:
 - a. My responsibilities at my internship were to help with responsibilities that are connected with our local missions' partners. I helped fulfill responsibilities through Care Portal (meeting requests around the community, for example getting supplies a family needs) and Teen Reach Adventure Camp (I helped mail and receive camper/counselor applications and kept them organized, contacted families for additional information, and helped recruit camp counselors). My other responsibilities were to read books to gain more knowledge over poverty and read manuals that is going to help us provide support for families that are in the foster care system, which is getting them more involved in our church.

Adrianna Pham

Internship Description

4/16/2021

1. Adri Pham
2. Human Development and Family Science
3. “Intern”
4. TRIO, Upward Bound *220 Canfield Administration Bldg, 503 N 14th St, Lincoln, NE 68508 PHONE: (402) 472-2027*
5. TRIO Upward Bound is a federal program designed to outreach students from disadvantaged backgrounds and provide them the services they need to attain a higher education.
6. Supervisor’s Name: Kyly Baxter, Graduate Assistant (402) 432-7538 and Joan Mendoza-Gorham, Program Director/Junior Organizer (402) 472-8882
7. The purpose of this internship is to assess goals and create plans for students who are preparing for college.
8. a) I reach out to students through email and text to set a time to meet with them where I will then fill out paperwork and interview them on their goals and plans.
b) I have acquired better written communication skills as I communicate with my coworkers and the students I am reaching out to. I have also learned a lot about staying organized and planning meetings through a calendar. My oral communication has improved as well!

c) I would say I have gained the knowledge to understand and recognize students who are struggling, how to talk with young adolescents, and I have really just gained a lot more knowledge in the working space and learning how to interact in a work environment.

9. My most critical moment was probably meeting students for the first time. I didn't think I was ready to meet the students after I had finished training and I really had to prove myself to my supervisors that I was able to use the knowledge they gave to me to execute the tasks that I had been given. I feel this was critical because it was my defining moment of how well I listen and learn.
10. I would tell your supervisors exactly what you want to do and don't settle for anything less, because this is an experience that you can learn from and you won't learn much if you don't tell them what you need out of it.
11. Yes, I would! They people are great to work with and it has a great mix of working with team members, students, independently, and seeing all the working parts that make the organization function the way it does. I feel this was a great learning experience and I'm really glad I was able to intern at Upward Bound when I did.

1. Tessa Rien
2. Child, Youth and Family Studies with specialization in Human Development and Family Science
3. Cedars Youth Specialist
4. Cedars Youth Services; 6601 Pioneers Blvd. #1Lincoln, NE 68506; (402)434-5437
<https://cedarskids.org/>
5. It is the missions of Cedars to help children achieve safety, stability, and enduring family relationships.
6. Chelsea Wittgren; Program Director of Life Skills Reporting Center
(402)904-3254; cwittgren@cedarskids.org
7. The purpose of my internship was to gain insight into the field of youth services who support youth who are on probation or can not live at home.
8.
 - a. On a typical day at the Life Skills Reporting center, I primarily worked with the evening reporting program. Within Life Skills, there is a day and evening reporting program, but they each run similar. During the day, youth who have either been kicked out of school or are not in school will come to the Pioneers Center and work on their online classes and attend them. If the youth is not in school at the time, they will work with staff to complete groups that discuss education and life skills. They also work on the goals that their probation officer set for them when first coming to life skills. After school hours, the day reporting youth are transported home. Evening reporting follows the same schedule for the most part. Youth who are scheduled for evening reporting need to have supervision outside the home due to either their parent's working, or they need a structured environment to keep them out of trouble. The youth are transported to the facility around 4:30 and are fed dinner every day. After dinner, the youth can either choose to work on their homework, apply for jobs, or engage in group activities talking about different life and educational skills. As an intern, my responsibility was to ride along with the staff to pick up the youth, and transport them safely to the Pioneers Center. I was also responsible for checking in the youth by using a metal detector wand to ensure everyone's safety. I facilitate multiple groups each night to further the youth's education. I would also help the youth with their homework and job applications if they wished to work on those. I also assisted the Cedars staff in completing new client intake paperwork and assessments. At the end of the night, I would help the Cedars staff successfully transport the youth home.
 - b. Throughout my internship experience, I learned a lot more about time management and how to handle a busy schedule with balancing school, work and an internship. While working at Cedars, I also gained a better understanding of

what empathy is and how to better communicate with the youth. I also learned just how important effective communication is with not only clients, but also their probation officers. One of the most important skills that I learned during this experience was how to deal with difficult youth and to remain calm. At times, the program and youth can get very hectic, so maintaining your calmness can help the youth deescalate.

- c. During my internship experience, I gained a lot of knowledge about the juvenile justice system and the probation system. The primary population of youth that I worked with was high school students who were on probation for some sort of law violations. The youth would share stories with me about their time in The Juvenile Detention Center (also referred to as JDC). I also gained insightful knowledge into most of the services that Cedars offers throughout their departments. They also offer an emergency shelter, an early childhood development center, and an independent living department that helps youth find housing. Cedars also works with state certified foster parents as well as an outreach program to help homeless youth ages 12-18.
9. The most critical moment at my internship was when one of our youth went on run. When a child goes on “run” it means that they leave the facility property without permission, or they left their home without permission. It is pretty much that the youth is not where they are supposed to be. This youth was frustrated because he had to come in early for evening reporting because he could not be trusted at home in the two hours that school got out and when he was picked up for evening reporting. Upon arrival to evening reporting one night, he expressed that he wanted to call his probation officer to discuss not coming early to reporting. The youth’s probation officer explained that if he had one more good week in which he attended and participated in evening reporting, then he would not have to come early anymore. The youth was not content with that decisions and decided he wanted to walk home. At the time that this happened, I was transporting day kids back home with another staff. We noticed the youth walking down the road, about a half mile away from the Pioneers Center. We pulled over and talked to the youth. At first the youth did not want to talk to us, but eventually we got him to get into the van with us and take him home. He thought that we were going to try and take him back to Cedars, however we told him that we would take him home so we know that he got there safely. This was the most intense or critical moment of my internship because this type of incident had not happened while I was at Cedars so it was interesting to see it all happen. I was glad that we saw the youth walking alongside the road and took him home because if we had not seen him, then who knows where he would of ended up and how much trouble he could have gotten in to.
 10. For future internship students, I would say that this internship experience was by far something I will never forget. It was very challenging, but that is with any profession that you will enter that deals with the juvenile justice system and youth on probation. If I

could give future internship students any advice, I would tell them that it is okay to make mistakes. Odds are that students may have never worked with this type of population before, and that is okay. At the end of the day, all that matters is to try and make professional and meaningful connections with the youth in your care and advocate for them whether you like them or not. When I first got this position at the Life Skills center, I was not super happy because it was not my first choice of program, however I have grown to love it. I recommend to step out of your comfort zone and try interning at a place that you do not think you would like. It might turn out to be the best decision you could have made.

11. I would recommend the Life Skills reporting center to future internship students. The staff that I worked with was super supportive and knowledgeable about the different aspects to the youth's life. It was a very educational experience that helped me gain insight into what field I want to work in. If another department within Cedars interests you more than others, I would possibly try and intern somewhere that you are not completely sure if you would like or not. At first, I did not think that I would like the Life Skills Reporting Center, however I have come to love it and hope to work there one day.

1. Maggie Rittner
2. Child, Youth and Family Studies: Human Development and Family Science
3. Office of Admissions Events Intern
4. UNL Office of Admissions On-Campus Experiences Events Team

1410 Q Street Lincoln, NE 68588

<https://admissions.unl.edu/>

5. Mission statement:

“Responsible for the development, implementation and ongoing evaluation of a comprehensive university-wide enrollment management plan for long-term strategic enrollment growth; drive decisions supporting recruitment, admissions, and financial aid strategy; implement growth strategies to achieve enrollment targets that enhance the university’s academic profile and diversity; and oversee college access programs that support the recruitment and academic success of low-income, first generation and underrepresented ethnic minority students.”

6. Sarah Simon, Assistant Director

402.472.2023

7. In addition to fulfilling graduation requirements, my internship in the Office of Admissions was to give me experience working in higher education admissions, specifically in event coordination. It has given me experience working with families and children in a different way than most might think but I has made me realize how much I love working with students.

8.

- a. I served as support to the rest of the On Campus Experience Events Team. When in the office, I helped prepare event day materials (i.e building folders, name tags, VIP gift bags), count inventory, and transport material to and from Visitor Center and Office of Admissions. On event days, I helped set up and tear down indoor and outdoor traffic signs, check-in table and provided assistance to campus host coordinator on the dismissal of tours. I also seated guests for presentations, assisted in the facilitation of the info fair for guests and helped direct the traffic flow of guests and families through the union. All of this was to support my supervisors and co-workers in the facilitation and implementation of events on campus and virtually. In addition to on-campus experiences, I helped in the facilitation of multiple virtual events for prospective students.
- b. I have gained more professional relationship building skills with both superiors and co-workers. Event coordination was probably the biggest skill I have acquired. While it may be a very introductory level of the skill, I walk away with more to bring to an organization than before.
- c. I have learned more about the admissions process and requirements for prospective students. Additionally, I learned about how to acquire data and necessary information that impacts the admissions process. For incoming students, there is a lot to think about but from behind the scenes I have learned how much more goes into making admissions for these students even possible. I also became introduced to the overall communication process that is required in an organization like this. It is not an easy process by any means either.

9. The most critical moment of my internship actually was a moment that was unexpected and not a part of my actual duties but it taught me a lot. The time I spent with my fellow event staff employees during downtime of one our events was spent having a conversation about how to handle professional relationships with our co-workers, superiors and ourselves in the work place. I did some reflecting with them in the conversation about how I handle certain situations and what I have done well and what I could do to improve. Being honest with them and with myself about how I handle professional situations has allowed me to grow in that area which is really nice and will hopefully pay off when I start full time this summer.
10. Be excited to jump into any project thrown your way. At times, the project you are assigned could be just an everyday office task but the adaptability that you can develop and work on in a role like this can translate into a heavily marketable skill down the road. Also, don't be afraid to take advantage of the time you can spend building relationships. That has been one my favorite parts about my time in this position and relationships that I will continue to have after I leave this role.
11. 100%. When working with "students" so often everyone thinks of being a teacher or in a school but forget about working in higher education. In addition to getting to work with students, I have also gotten to work for some of the best people on our campus. The office of admissions, specifically the events team welcomed me with open arms and poured into me immensely I felt supported and cared for the entire time I served as their intern this semester. If I didn't already have plans lined up after graduation, this is place I would want to apply to work and continue this experience

1. Your name.

Aelyn Thompson

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Family Science with Psychology and Sociology minors

3. Practicum position title.

Client Care Coordination and Psychology Intern

**4. Organization / agency name,
Organization / agency address and contact number
Organization website if available**

Nebraska Mental Health Centers
4545 S 86th ST
402-483-6990
<http://www.nmhc-clinics.com>

5. Mission of the organization or agency.

Provide psychological services, testing, and resources to the population they serve and create accessible care to these patients. Patients that come to this center often are from probation, DHHS referrals, and/or self-paying, requiring sliding scale billing and payment plans. NMHC prioritizes making mental health care accessible and utilizes satellite clinics, teletherapy, and other accommodations to help our clients reach their goals.

**6. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).**

Serena Akesson
Administrative Coordinator
402-483-6990
fax: 402-483-7045

7. Describe the purpose of your internship.

The purpose of my internship for me was to help understand the world of clinical mental health, and help discern what kind of graduate programs I want to investigate, as I was torn between a Master's in Social Work or looking into a Counseling Psychology Ph.D. I was able to attend clinical meetings weekly, where other early career professionals, most provisionally licensed, learn from the licensed and experienced therapists and psychologists that are also employed there. The clinic is accredited as an internship site for pre-doctoral, masters, and social work students due to the amount of education and supervision provided here, so I got to benefit from listening to what days would be like regularly in-school and in my early career, as well as being asked to actively participate and utilize the knowledge I have from my major at

UNL. There are various levels of education as well, from PsyD. and Phd.s, to M.A. and M.S., so I got to inquire about what program and school they went to, pros and cons, and things you would change going back.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

My main responsibilities were in the administrative office with my supervisor, where I would help answer phone calls and make reminder calls, work on various projects from clinicians or administrative staff, score various tests for clinicians, administer testing via phone call due to COVID, schedule and bill appointments, and go through "super bills" and make sure insurance is billed for appointments that were completely or no show/cancelled. My time was typically spent in the administrative office, either in Serena's area or at the front desk with Grace, my typical evening comrade who is the paid front desk receptionist, after Serena went home at the end of her day.

8b.) What skills did you acquire over the course of your internship?

I learned a lot of specific skills that I didn't know I wasn't sure how to do, such as use and answer multi-line phones, send faxes, and gain an understanding of basic medical office software such as QuicDoc and Office Therapy. I improved my skills in finding projects to do when I wasn't assigned anything and making sure I was doing things as efficiently as possible. I memorized over 15 different billing codes, learned how to use and send automated postage, how to access and create different folders in the "M Drive" which was the hard drive that was connected to all the computers in the office, and how to send electronic confidential documents and process of e-signatures.

8c.) What type of knowledge did you gain?

I feel like I gained an "administrative" perspective and have a better appreciation for what quality assurance and administrative teams do regularly for health care. Due to HIPAA regulations, I'm not able to do many clinical tasks, but had the opportunity to learn different styles of interviewing, how to create treatment plans, attend specific skills/continuing education training, and other clinical aspects that other early career psychologists and therapists get to experience as well. I was the only undergraduate intern that was at the office, so I was grateful to have such a unique and involved education from the clinic. I also gained a deeper understanding of trauma-informed care and what that looks like from a clinical standpoint; other classes have discussed this as how we interact with families from more of a social services standpoint, so a clinical example really synthesized the concept for me, and it's easy for me to use trauma-informed practices every day.

9. What was your most critical moment at your internship? Explain why.

Thankfully, much of my time at NMHC was pretty low pressure, but there were a couple times that I made a mistake and needed to be taught what to do. One evening in early February, the clinic received a phone call from a patient that needed a medication refill from the nurse practitioner in staff. I pulled up the client's chart to make sure I knew what they were talking about when explaining the situation to me, and when they eventually ended up saying how their medication was just the smaller pill, but the same dose, I made the mistake of offering medical advice by suggesting that they take the dose on the bottle

that's prescribed to them, which means take two pills. Although it was something small and seemingly inconsequential, I could have got into very big trouble if something happened to that client because of the medication and I am not qualified to give advice like that, no matter how common sense it may be. After this correction from another staff member after the phone call was over, I became more aware of my place and what's within my scope to say and not say, which is an ethical code for psychology as well (to know the limit of your scope). It was humbling, but necessary feedback that helped me grow and become a better member of the staff.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend coming to your site with an open mind and let your opinions change as you learn more information. Be willing to participate and ask questions, because every other person sitting next to you in a meeting is a student too. Your voice and ideas are valid and utilizing current knowledge that has been obtained since college may be something that these professionals have not heard about or learned about in depth. I had no idea what I was going to get into when I joined NMHC, but I got to have real-life client coordination and problem solving, which are skills I did not know that I would acquire. Remember to also leave your attitude or ego at the door, because the power hierarchy in a medical office is very clear, and can be triggering, so it's so important to be aware of this, particularly in a mental health setting.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would recommend NMHC to other students, the combination of behind-the-scenes experience supplemented with weekly clinical training really gave me a well-rounded internship experience. The staff is warm, authentic, and cares for each other and wants each other to succeed. The clinical educators and supervisors also are very knowledgeable, open to conversation, and expect things of you, which helped me feel valued and seen as an intern. The team also takes time to check-in with each other to see who needs help with scoring testing, writing psychometric notes, collaborating to create a case conceptualization for difficult cases, or even just vent their frustrations with clients or treatments that just aren't working. I will miss every person that I worked with at the clinic, and learned so much from every professional there, and I think that this internship was a hidden gem that I hope to share with other students who are on the fence about what they want to look into for graduate programs or if they are considering becoming a therapist.

Ángel Trujillo

Internship Description

CYAF-497D Community Internship

Dr. Rochelle Dalla

- ❖ Ángel Trujillo Franco, Jr.
- ❖ Major: Child, Youth, & Family Studies
 - Minors: Spanish & Education Studies
- ❖ Youth Program Coordinator for the Latino Leadership Youth Program (LLYP)
 - @ El Centro de las Americas
 - 210 O Street, Lincoln, NE, 68508 (402)-474-3950
 - www.elcentro.org
- ❖ Mission: “Our mission is to serve our Latino community by providing a safe haven to our students. We uphold our mission by educating our youth on Latino culture, offering resources to benefit their success, providing information about prevention and awareness, and helping our students become the next future Latino Leaders.”
- ❖ Steve Solorio -Youth Program Director-
 - (402)-714-7324 steve@elcentrone.org
- ❖ The purpose of my internship is to apply what I have learned over the course of my collegiate career to a real-life professional setting. While, at the same time testing different career paths in the efforts of trying to find fields that suite my professional interests and discovering fields that I am not interested in. Through all these efforts, I hope to gain valuable professional experience that will help me transition to the real professional world.

- ❖ Responsibilities, skills, & knowledge
 - My responsibilities include: recruitment, collecting and managing student information, case management of individual students, communicating and collaborating with the public school system and faculty, planning and running an after school CLC program, researching information relevant to the program, participating in weekly staff meetings, and office work.
 - Over the course of my internship, I gained skills in professional communication, punctuality, time management, facilitating learning, case working, and teamwork.
 - The type of knowledge I gained has to do with working with the public and the public schools systems. So, I would say that professional communication and outreach were the skills that I gained and improved during my time at my site.
- ❖ I felt that the most critical moment at my internship was when I was recruiting and I was given the opportunity to pitch my program directly to classrooms. If I did not take that opportunity to present my program to classrooms or if I did poorly in my presentation, then I probably would not have been able to get my program off the ground and going.
- ❖ My recommendations for future students looking for an internship similar to mine are; do not be afraid to reach out because the sometimes the least likely of people will help you out the most, when working with other organizations and people make it easy for them, that is when asking for help have most of the work done so that the other person only has a simple task to complete. Follow up with people, sometimes you may have be aggressive and send multiple messages, emails, etc.
- ❖ I would recommend this organization to a future site for future internship students. I say this because my organization was very helpful in facilitating my learning. They gave me the

opportunity to shadow, they included me in staff and department meeting and encouraged participation, they nudged me to attempt new things and put myself in new positions, and more importantly, I was given the opportunity to learn and grow as a professional with a supportive team of coworkers.

1. Jackson VanLaningham
2. Child, Youth, and Family Studies
3. Missions Intern for Citylight Global
4. Citylight Lincoln Church; 2820 O St. Lincoln, NE 68503; (402) 261-8007; citylightlincoln.org
5. Citylight exists to glorify God by multiplying Jesus-centered disciples and churches of all nations.
6. Anthony Belling, Missions Director for Citylight Global; (402) 570-8462; anthony@citylightlincoln.org
7. The purpose of my internship was to grow my understanding of God's heart for all nations and to explore various roles through which I can partner with Him in reaching the nations.
8. Work responsibilities, skills, and knowledge:
 - a. I was given five lanes to run in for my internship, including: event organization, global friends leadership, document reformatting, personal development, and development of a marketplace missions pipeline.
 - b. I acquired or developed many skills over the course of my internship, including: goal setting, time management, mobilizing others, supporting leaders, increased joy in learning and especially in application of new knowledge, among many others.
 - c. I learned the most in two specific areas: unreached people groups and marketplace missions. I learned that every day, there are 40,000 people who die without ever hearing the name of Jesus in their lifetime, and thus without hope of eternal relationship with Him. There are also 3.24 billion people currently living in our world who have yet to hear the name of Jesus and the true hope of his gospel. Marketplace missions is a way to send Christians into these unreached places through the world of business and the workplace, to support overseas church plants and to reach people that vocational missionaries don't normally have access to.
9. Secret Church will be the most critical moment of my internship because there has been over 2 months of planning that has gone into it and it is solely my responsibility. Over 130 people will be coming to learn about God's heart for all people and specifically how we can strategically reach the unreached people groups remaining in the world; it is my responsibility to care for them and have the night run smoothly.

10. My recommendation specifically for ministry of any kind would be to free up as much space in your schedule as you can ahead of time. One reason is that you will need to allow for time to care for yourself and your own relationship with God, and another is that God will fill those open spaces with unique ministry opportunities or relationship building opportunities that you couldn't have planned for. To do ministry well, it can't be just another thing that you run at on a certain day of the week or that you can only manage to do if you get other things done first.

11. YES! Citylight is unique because the gospel is so clearly conveyed in both words and in relationships with members of our church family. Citylight doesn't merely believe in biblical truth, they live it out to the best of their ability every day and encourage others around them to that same end. They genuinely care about the lost and broken in the neighborhood, the city, and to the ends of the Earth and leverage their lives to share the joy and truth of the same gospel that first redeemed them, the gospel of Jesus Christ alone.

Kierra Griggs

UNL

4/16/20

CYAF 497D

Internship Description

1. Kierra Griggs
2. Child, Youth, & Family Studies
3. Volunteer/Mentor
4. The Malone Center -- 2032 U St. Lincoln Nebraska, (402) 474-1110 — Malonecenter.org
5. The mission of the Malone Center is to redirect, unify, & understand the children & create a better community for them.
6. John Goodwin, Executive Director – (402) 730-1069
7. The purpose of my internship is to create a good relationship with the kids and redirect their attention from the negatives to the positives.
8. A. At first I bounced around a lot but lately I have been teaching some kids about the entrepreneurial life and giving them insight on my business/skills. I encourage them to try new things and have the confidence to go for what they want!
B. I have acquired how to listen and talk to kids. I've learned how to be patient with kids. I also learned how to improvise last minute because there was always something going left with my first internship.
C. I learned that kids are always telling adults something and we all need to learn how to listen. Listening to understand is the first step in the right direction.

9. My most critical moment would have to be when I first started at campus Life. I didn't feel comfortable being the first person to make my move with the kids so I kind of sat back a lot until my supervisor told me that I needed to interact a little more.

10. I would recommend they really go into it understanding that their patience is going to be tested all the time so just be patient.

11. Both Youth for Christ and Malone Center I would recommend. Working with kids is always an experience and it teaches us a lot about them that we tend to forget or overlook. I would not recommend youth for Christ to anyone who isn't religious of course.

1. **Name:** Gaia Pernice
2. **Major area of study or focus:** Family Science
3. **Practicum position title:** Residential Mental Health Specialist
4. **Organization:**
Omni Inventive Care, Seward Family Support Center
503 N 5th St, Seward, NE 68434
(402) 643-3266, omniic.com/youth-residential
5. **Mission of the organization or agency**
“The overall objective of the program is to provide a stimulating and enriching environment with special attention to the development of pro-social skills necessary for successful integration into the community and family reunification.”
6. **Supervisor:**
Shannon Sieck,
Director of SFSC Therapeutic Group Home.
(402) 474-3322
7. **Describe the purpose of your internship:**
I was brought on to this position as a staff member and not as much an “intern”, so the purpose of my internship is the purpose of a staff member. The purpose of the overall facility is to provide the clients with supervision and opportunities for growth while in a structured therapeutic environment. My purpose as an employee is to be a mentor and parental figure, that provides the support, supervision, structure, and guidance needed to make sure that the clients feel comfortable and are willing to allow themselves to benefit from the time at the group home.
8. **Work responsibilities, skills, and knowledge:**
 - a. **Describe your major work responsibilities of your internship**
It is a major responsibility of ours to build relationships with the youth that come in as clients and supervise them appropriately to ensure that they follow expectations. I am there to provide positive praise and to enforce consequences when necessary. I document the events and activities of each client as they go throughout their day. I administer scheduled medication to the clients and ensure that all of the client’s needs are constantly met.
 - b. **What skills did you acquire over the course of your internship?**
A lot of the skills that I have acquired while being at my internship have come from training programs that I have been required to do such as medication aide training to receive my med aide certification, training for how to handle challenging behavior when and if it becomes physical, and others. In terms of skills acquired due to the actual hands-on aspect of the internship, I feel that I have really built on and strengthened other skills that I had prior. For example, I have greatly improved my ability to think on my feet and react to situations efficiently, as well as respond to statements made by clients or intense behavior switches in a calm and effective way. I have also been working on being more patient and open minded towards individuals whose struggles can be attributed towards their upbringing and backgrounds. This is a skill that I feel is incredibly important because it is imperative to their success that the kids feel safe and understood while they are here.

c. *What type of knowledge did you gain?*

The knowledge that I have gained is mostly focused on the different approaches to various situations. I have learned how to evaluate a situation, and approach it effectively and in an efficient manner, as well as how to properly de-escalate a situation or an individual. I have also learned a lot about myself and how I react to new situations, which is something I always thought I would be not the best at, but my advice and the things that I do and say to help de-escalate someone and/or process their emotions in a situation, have proven to be really effective and helpful which is something that I was not aware I could do.

9. *What was your most critical moment at your internship? Explain why.*

The most critical moment at my internship happened just yesterday. First, I was sitting outside with three of the boys while they were playing basketball and one of them said to me “this place is a joke, I’m not learning anything, they put me in here because it was supposed to help, but we don’t do anything helpful”. After he said that, I looked at the other two and they nodded their heads in agreement and mentioned how they felt as well. I had heard comments similar to this before from other kids, but for some reason the fact that all three of them were opening up to me about it and seemed genuine in wishing they were at least getting something out of it while they are required to be here, really stuck with me. The fact that it bothered me *so* much that the kids felt this way, really made me realize how much I really care for these kids and how passionate I am about their well-being and my work here. I made a point to tell my manager and share that these kids really *are* wanting to improve but can’t because we aren’t giving them the resources to do so. He basically shrugged it off and blamed it on the fact that we just got a new therapist and it’s his 3rd week here.

It is important to note, that we are the only therapeutic group home for this kind of youth in the state of Nebraska. So, the fact that the group therapy that I sat in on yesterday involved the therapist asking these teenage boys what their favorite flavor of ice cream, cereal, and colors were, instead of teaching them skills or going over *any* substantial information that could benefit them even in the slightest, is not at all something that I can personally get behind and support. The way that the overall organization presents what we do at the group home is completely different than what is actually happening. I am not sure if it is just negligence from the people in charge of the group home that just don’t care enough to ensure that things are running as they should, or if it has always been like this, but I have a feeling that this used to be a lot more beneficial for kids that would come through.

My job is to provide these kids with an environment where they are able to grow and learn how to be functional in the real world while avoiding the bad habits that they used to engage in. That is our responsibility as staff at this group home, and our duty to our clients. These kids deserve better than what we are giving them, and I don’t think I can just sit back and ignore it any longer. That is why I feel that all the events of yesterday make up the most critical moment for me because I am actually motivated to do something about this. Since I am staying in Nebraska to work there until December, I feel like I can make *some* sort of impact and I will try my best to do so as soon as possible so that every kid that is there now, and every kid that comes in the future can have a real shot at improving.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

My main recommendation would be to find an organization or agency that is related to the kind of work that you want to do in your actual career. If you find an internship that you enjoy, you will be a beneficial part of the staff and really make an impact if that's what your goal is. It is also important to delegate your time and not take on too much. The homework needed for the internship class alone can be very time consuming, so it is important to be able to keep up with all of your classes as well as getting in the number of hours that you need.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would recommend this to students that are interested in entering the mental health field but have a more specific interest in working in a facility and interacting with the clients more, rather than a position that does more behind the scenes work. I say this because the work that is done here from the regular staff focuses more on supervising and hanging out with the kids rather than only interacting with the staff. It is a good way to get experience working with children and be exposed to people from a lot of different upbringings, as well as gain a lot of practice with quick problem solving since there are unique situations that arise every day. If someone is looking for something that involves sitting around and not being very social, this probably wouldn't be the right fit because although some of the work involves sitting and documenting things, it is important to build a relationship with the clients and really interact with them as much as you can, in order to make it a meaningful experience for both you (the intern) and the kids (clients).

Brianna Patterson
CYAF 497D
Rochelle Dalla
4/16/21

Internship Description

1. Brianna Patterson
2. Education and Human Sciences: Major is Child, Youth, and Family studies with minors in English, Psychology, and Sociology
3. Mental Health Intern
4. Nebraska State Penitentiary
5. The Nebraska Department of Correctional Services' (NDCS) mission is to keep people safe. NDCS has a statutory responsibility to keep safe people in the public, people who work for the agency, people who visit its prisons and the people living in its prisons. This is accomplished through sound incarceration practices and daily vigilance.
6. Sean M Thomas, PsyD, BA, LP
 - a. Psychologist Supervisor
 - b. 402-479-3030 (office), 402-470-1592 (cell)
7. When I chose the Nebraska State Penitentiary as my internship site, I went into it wanting to learn more about the justice system and how the institutionalization of the prison worked. Through the work I've done in my previous job, I've learned that I work well helping others and strive to create balance and reform within a person. I want to help people become the best they can be which is why I wanted to work with the mental health department. I thought that the prison would be a great place because it works with a difficult population of people who have most likely had a difficult upbringing.

8. During my internship hours as an intern, I am assisting licensed therapists facilitate group therapy sessions as well as evaluating the inmates progress towards their treatment plan goals. Using a structured form, I may determine how an inmate is progressing in terms of utilizing skills that are taught within the group therapy sessions and what they are learning. Based on pre-sentence investigations and their behaviors, each inmate has risk factors that are correlated with their background, the crime they committed, and their present behaviors.

- Working in the prison has taught me how to be more observant and how to look for signs of distress. It has also taught me more about boundaries and how to keep your guard up. In other positions I've had, I feel as if I was too open about my life whereas here, that simply isn't an option around the inmates so it has made my boundaries stronger.
- Prison inmates are known to be manipulative. I've seen it with some inmates over the course of my time here. Some may preach about what they know the facilitators want to hear to give off a feeling of rehabilitation, even when they're still receiving violent misconduct reports. Inmates may also use intimidation as a fear tactic to get under staff's skin, but most of the time it is more of a nuisance than intimidating, especially when they are participating in a violence reduction program. I believe these are all types of behaviors that can be experienced by people in the community.

9. The most critical moment for me was when I spoke for the first time in group and an inmate appreciated that I was asking them questions about their sentence and that I was

offering solutions to how they can better themselves and how they can try to advocate for themselves if they don't have another person doing it for them. Feeling more comfortable to communicate my thoughts was also a pivotal moment because I felt as if I could evaluate what I was saying, not sharing too much personal thoughts or facts, while also offering them conversation and chiming in on the topics discussed.

10. Don't be afraid to step out of your comfort zone. Being inside a prison facility isn't the most comfortable time, but you learn a lot of valuable information or skills and get to talk to inmates about how they feel about their crimes, their current feelings, and how to overcome negative emotions. It is inspiring to listen to struggling individuals to discuss how they want to better themselves and use outside motivators to avoid reincarceration.
11. I would definitely recommend NSP to other students as an option for an internship, especially through the mental health department. The staff here have been extremely welcoming and have been a great group of professionals to learn from. They have all discussed possible career options with me and have shared their experiences through the correctional system. It's been very interesting to learn about and gave me some direction on what kind of career I may want.

1. Maggie Vazquez
2. Major: Human Development and Family Science
3. Position: Teacher Assistant
4. Internship Agency: Family Service Lincoln
 - a. 501 S 7th St, Lincoln Nebraska, 68508
 - b. 402-441-7949
 - c. <https://familyservicelincn.org/>
5. Mission Statement: Helping Families Thrive
6. Supervisor: Kyle Steinacher
 - a. 402-580-2628
7. Purpose of Internship:
8. Work Responsibilities, skills, and knowledge
 - a. Responsibilities
 - i. Directly interact with youth in large and small groups through daily activities
 - ii. Effectively communicate with youth and families in a positive and appropriate manner
 - iii. Encourage a safe and friendly environment for youth, families, and coworkers
 - b. Skills
 - i. Interpersonal communication
 - ii. Adaptability

- iii. Problem Solving
- iv. Deescalating and negotiation skills

c. Knowledge

- i. How to run an afterschool program effectively and safely
- ii. Proper training and abuse protocol

9. The most critical moment of my internship was when I was dreading going to work and being around others. For my job, I need to be on constant alert and highly aware as I am working with children and need to keep them safe at all times. When I would show up to work, I would struggle to find the proper mindset to be around children which I knew was not appropriate for my jobsite. I struggled to find the motivation to show up or even tell kids to stop behavior that is usually reprimanded. This was my most critical moment because I was reaching a low and still had so much work to do and an obligation to the kids and my supervisor at my internship.
10. For future students who wish to work with this organization or a similar one, I would recommend that they were to learn more about deescalating techniques when working with kids. I find myself losing patience and becoming frustrated with kids which makes it difficult to build healthy relationships with the children that I am interacting with every day. Another recommendation I would offer to students is to spread out your time. My times were all stacked up and I was working twice a day, every day which became very exhausting and I was in great need, physical and mentally.
11. I would recommend students to work with this organization because the supervisors and coordinators of this organization are very open in communication and truly want

you to succeed. I have had many conversations with the people part of this organization about my hours needing to be completed and getting more hours and they immediately responded by looking for more shifts for me and finding other ways for me to complete my hours.

1. Your name.

Hailey Jones

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Child Youth And Family Studies focus in Human Development and Family Sciences with a double minor in Education and Psychology

3. Practicum position title.

Child Specialist

4. Organization / agency name, Organization / agency address and contact number

Organization website if available

CEDARS North Bridge ECDC, 1533 N 27th St, Lincoln, NE 68503 (402) 437-8999,
<https://cedarskids.org/who-we-help/families-in-need-of-resources-support-and-education/early-childhood-and-school-age-programs/preschool-childcare-in-lincoln-nebraska.html>

5. Mission of the organization or agency.

To help children achieve safety, stability, and enduring family relationships.

6. Supervisor's name and title, Supervisor's contact number (phone and fax, if available).

Amanda Nielson, (402)988-8302

7. Describe the purpose of your internship.

To follow a curriculum based education plan throughout all classrooms, assist infant teachers when needed, and assist with filing paperwork and creating staff schedules.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

Every day I come to CEDARS and spend an hour with preschoolers to help them transition into lunch time. I then sit down with my advisor and help with staff schedules for about a half an hour. Afterwards, I am in the infant room to help with breaks. I help change diapers, give bottles, rock to sleep, and play with babies. After the hour is through, I go to the three year old room to give that teacher a break. This classroom has students with autism and sleeping disorders, so nap time can be challenging. After that teacher comes back, I help out around the center wherever I can until nap time is over and it is time for snack. Then, I help the preschoolers fold their blankets, put away their mats, and play until it's time for them to go home. Sometimes I'll be in charge of snacks and dishes if needed.

8b.) What skills did you acquire over the course of your internship?

I've learned how to manage behavioral issues that may arise in classrooms of all ages, assist teachers when creating lesson plans, organize and create staff schedules, and communicate with parents on a professional level.

8c.) What type of knowledge did you gain?

I've learned that when a child is acting out, there's almost always something going on behind the scenes. Children don't know how to talk about hard things that bother them, so when something is happening at home they don't know that they can come to us and we can help them. So these behavioral outbursts are actually cries for help. I've learned that it's my job to help them find the words they need. I've also learned that not every parent is going to care. Of course, I know I'll be so involved in my future children's lives and care an insane amount about how their days are going and their behaviors in class, but not every parent is like that. It's something I can't change and all I can do is let the child know I love them and I am here to support them.

9. What was your most critical moment at your internship? Explain why.

The most critical moment at my internship was when a little boy told me his dad hits him at home. When he told me this, his dad had just arrived to pick him up and he said he didn't want to go home because he was afraid his dad would hit him again. At the time, I was so taken aback I had no idea what to say. I asked him, "What? Does he really do that?" and he replied "Yes when my teacher says I had a hard day at school he hits me." I felt awful. My stomach dropped to the floor. I called my boss in and asked what to do and she said all we can do is report it and let CPS handle it. This was a pivotal moment because this situation will become all too familiar as I further my career in CPS.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Don't be afraid to ask for help. Everyone struggles and everyone feels overwhelmed at times. Asking for help is not admitting weakness, it's knowing your limits and keeping everyone safe. I struggled so much to ask for help that I almost quit the job. After talking with my supervisor, I was able to feel more comfortable asking for help when I needed it and my whole attitude has improved significantly.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would absolutely recommend CEDARS to future internship students. All the staff and admin are so welcoming to interns and new hires, we are like a family! We had another intern working here with me this semester and we miss her so much already! CEDARS provides great trainings and learning opportunities within the company!

1. Tatum Garvey
2. CYAF Human Development and Family Sciences
3. Assistant Teacher
4. CEDARS North Bridge ECDC, 1533 N 27th St, Lincoln, NE 68503 (402) 437-8999, <https://cedarskids.org/who-we-help/families-in-need-of-resources-support-and-education/early-childhood-and-school-age-programs/preschool-childcare-in-lincoln-nebraska.html>

5. **Mission of the organization or agency.**

To help create a safe environment for children and to achieve stability, and enduring family relationships.

6. **Supervisor:** Amanda Nielson (402)988-8302

7. **Describe the purpose of your internship.**

To ensure the wellbeing and safety of the children in the center. As well as help assist the teachers in the classroom with activities and other classroom duties. Along with being a good role model for the children to look up to while at the center.

8. **Work responsibilities, skills, and knowledge:**

8a.) **Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

I would come into CEDARS and go into the toddler room also known as the “buttercups.” I helped set up activities for the children to do before lunch and then help pass out lunch in the proper portion for each child. I then would help the children get their mats out for nap time. Once nap time was over, I would help pick up the kids mats and put them away as the children would go potty before snack. After snack I would play with the children either outside or in the gym until their parents came to go home.

8b.) **What skills did you acquire over the course of your internship?**

I’ve learned how to work with children who have experienced trauma at a young age and how to work with those who have behavioral outbursts. One child in my classroom didn’t know how to control himself when upset and would have outbursts I’ve never experienced before. I was able to learn how to help the child calm down and work with them on their anxiety and talk through the issue.

8c.) **What type of knowledge did you gain?**

I’ve learned that not every child is as lucky as I was to have the parenting and lifestyle. I did. Many of these children had trust issues with adults as well as severe attachment. Whereas growing up I had hands on loving parents and never experienced any type of abuse to where I would be frightened of other adults. Some children in my classroom took a while to warm up to me as I had to make sure they could trust me, and I was a safe person. It would be hard at times to help a child warm up to their peers and the teachers each morning as it was something, they would not have trust in to feel safe and we would have to reassure the child they’re at school

which is a safe place. Definitely was eye opening to see how much trauma can truly affect a child and their behavior at a young age.

9. What was your most critical moment at your internship? Explain why.

The most critical moment at my internship was when the little boy in my classroom who has been diagnosed on the spectrum and doesn't play the best with his peers feels safe playing with me. He refuses to let the other teachers play with him and his peers. When I come into the classroom, he always would run to me and pull my arm to the car station to play with him and he would have the biggest smile on his face and never have a tantrum. As for the times when I was away the teachers said he would have tantrums a lot and ever since I've been in the classroom to play with him, he's gotten significantly better and happier. Which hearing that was very rewarding to know a child can feel safe and grow positively in the classroom with my help. I was glad to be able to make a difference in his life and see his changes in behavioral issues in classroom in a more positive way. Taking the time and patience with a child can go a long way and make a positive impact on a child which was the outcome I had with this little guy.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would say to try something new as I've always worked with typically healthy children and those that come from all the same general backgrounds. Whereas at CEDARS I was working with a variety of children from different backgrounds such as some experiencing trauma such as neglect. Since it was something, I've never had experience working with before made the experience even more exciting and rewarding. My future career will be working with a variety of children as this experience helped me gain a better understanding that I didn't have before helping those experiencing trauma.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would highly recommend CEDARS to future internship students. This organization helps so many children and their families and it's very rewarding. As well as the environment with all the staff is very welcoming and everyone becomes so close. I wish I was staying in Lincoln this summer to stay with CEDARS, but I will be moving home but know I will be back to visit everyone.

1. Tatum Garvey
2. CYAF Human Development and Family Sciences
3. Assistant Teacher
4. CEDARS North Bridge ECDC, 1533 N 27th St, Lincoln, NE 68503 (402) 437-8999, <https://cedarskids.org/who-we-help/families-in-need-of-resources-support-and-education/early-childhood-and-school-age-programs/preschool-childcare-in-lincoln-nebraska.html>

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6. **Supervisor:** Amanda Nielson (402)988-8302

7. **Describe the purpose of your internship.**

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8. **Work responsibilities, skills, and knowledge:**

8a.) **Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

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8b.) **What skills did you acquire over the course of your internship?**

I’ve learned how to work with children who have experienced trauma at a young age and how to work with those who have behavioral outbursts. One child in my classroom didn’t know how to control himself when upset and would have outbursts I’ve never experienced before. I was able to learn how to help the child calm down and work with them on their anxiety and talk through the issue.

8c.) **What type of knowledge did you gain?**

I’ve learned that not every child is as lucky as I was to have the parenting and lifestyle. I did. Many of these children had trust issues with adults as well as severe attachment. Whereas growing up I had hands on loving parents and never experienced any type of abuse to where I would be frightened of other adults. Some children in my classroom took a while to warm up to me as I had to make sure they could trust me, and I was a safe person. It would be hard at times to help a child warm up to their peers and the teachers each morning as it was something, they would not have trust in to feel safe and we would have to reassure the child they’re at school

which is a safe place. Definitely was eye opening to see how much trauma can truly affect a child and their behavior at a young age.

9. What was your most critical moment at your internship? Explain why.

The most critical moment at my internship was when the little boy in my classroom who has been diagnosed on the spectrum and doesn't play the best with his peers feels safe playing with me. He refuses to let the other teachers play with him and his peers. When I come into the classroom, he always would run to me and pull my arm to the car station to play with him and he would have the biggest smile on his face and never have a tantrum. As for the times when I was away the teachers said he would have tantrums a lot and ever since I've been in the classroom to play with him, he's gotten significantly better and happier. Which hearing that was very rewarding to know a child can feel safe and grow positively in the classroom with my help. I was glad to be able to make a difference in his life and see his changes in behavioral issues in classroom in a more positive way. Taking the time and patience with a child can go a long way and make a positive impact on a child which was the outcome I had with this little guy.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would say to try something new as I've always worked with typically healthy children and those that come from all the same general backgrounds. Whereas at CEDARS I was working with a variety of children from different backgrounds such as some experiencing trauma such as neglect. Since it was something, I've never had experience working with before made the experience even more exciting and rewarding. My future career will be working with a variety of children as this experience helped me gain a better understanding that I didn't have before helping those experiencing trauma.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I would highly recommend CEDARS to future internship students. This organization helps so many children and their families and it's very rewarding. As well as the environment with all the staff is very welcoming and everyone becomes so close. I wish I was staying in Lincoln this summer to stay with CEDARS, but I will be moving home but know I will be back to visit everyone.

1. Name- Isaiah Hutchinson

2. Major area of study or focus
Child youth and family studies human development & Family science

3. Practicum position title.
Volunteer youth mentor

4. Organization / agency name,
Organization / agency address and contact number
Organization website if available
Malone Center
Address- 2032 U street Lincoln NE, 68503/ contact number- 402-474-1110
Maloncenter.org

5. Mission of the organization or agency.
The mission of the Malone center is to serve neighboring families, youth, seniors and the Lincoln community with inclusive, social, cultural, educational, employment and welfare services.

6. Supervisor's name and title,
Supervisor's contact number
Supervisor /John Goodwin - Executive director
402-730-1069

7. Describe the purpose of your internship
The purpose of my internship is to guide and mentor the troubled youth. While trying to install great life skills that will potentially help them in their bright futures.

8. Work responsibilities, skills, and knowledge:
 - 8a. The major responsibilities of my internships are to tutor children with homework and monitoring around the facility to make sure children are following the rules.
 - 8b. During my internship, I acquired certain skills like teamwork, ability to teach, multi-tasking, critical thinking, communication and organization.
 - 8c. The type of knowledge I gained was learning how to handle different situations from different age groups.

9. What was your most critical moment at your internship?
The most critical moment of my internship was when I was hit by one of the kids. I had to be patient and understand that I had to overcome being pushed to a certain limit.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization
My recommendation to students preparing for a similar internship are to get involved with the students as quickly as possible, don't feel intimidated, talk to the children and really just be there for the kids.

11. Would you recommend this particular organization or agency to future internship students? Yes, I would recommend the Malone center to future internship students because it's a great, fun, environment! Great staff, they work with your schedule, especially while being a busy college student. You really can connect with the kids with this internship which will make your experience better.

1. **Your name:** Claire Zuch
2. **Major area of study or focus:** Psychology; Child, Youth, And Family Studies
3. **Practicum position title:** Student Intern
4. **Organization/agency name, Organization/agency address and contact number, Organization website if available:** Burrell Behavioral Health; 1300 E. Bradford Parkway (417)-761-5000; <https://www.burrellcenter.com/>
5. **Mission of the organization or agency:** To form meaningful connections and inspire hope in our community through individualized and accessible care, quality practices, and collaborative partnerships
6. **Supervisor's name and title, Supervisor's contact number (phone and fax, if available):** Jillian Pointer Administrative Supervisor; Jillain.Pointer@burrellcenter.com; (417) 761-5446
7. **Describe the purpose of your internship:** To establish whether or not Applied Behavioral Analysis is the correct field for my future career as well as provide me with clinical experience within ABA.
8. **Work responsibilities, skills, and knowledge:**
 - a. **Describe your major work responsibilities of your internship:** During my internship, I observed Registered Behavior Technicians while they ran sessions with each child. I also helped give descriptive stimulus to each child while in their sessions so they could complete each of their targets. On Wednesdays, I observed and helped run a social skills group with older age groups.

- b. What skills did you acquire over the course of your internship?:** I became knowledgeable of the everyday practices in clinical ABA and gained the skills that would help me become an RBT and a BCBA in the future.
- c. What type of knowledge did you gain?:** I gained the knowledge of an RBT through training and observation.
- 9. What was your most critical moment at your internship? Explain *why* .:** The most critical moment of my internship was when our pod was short-staff and I was thrown onto the schedule to run a session. Because of my observations and training, I was able to complete the targets of one of the children while pairing with him. This was critical because it allowed for my pod supervisor to see that I was able to complete his targets with success which lead me to be put onto the schedule more with other RBTs observing me.
- 10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?:** I would recommend observing as much as you can as well as understanding all of the targets or each child so that you are able to figure out how to give descriptive stimulus. This will help you interact with each child to better pair with them.
- 11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*:** I would recommend working at Burrell for future internship placement. My supervisors have been very supportive of me throughout the process and allowed me to ask questions at any point. I was also given room to grow in my position by giving me RBT training and then being hired on as an RBT.

Internship Experience



1. McKenna Rayl
2. Child Youth and Family Studies with an emphasis in Human Development and Family Science
3. Registered Behavioral Technician
4. Munroe-Meyer Institute, Early Intervention

6902 Pine St. Omaha NE, 68106
402-559-6418



5. “Our mission is to lead the world in transforming lives to create a healthy future for all individuals and communities through premier educational programs, innovative research and extraordinary patient care.”

6. Todd Owen, Behavior Analysis Specialist 2
402-559-4053, towen@unmc.edu.

7. While interning at Munroe-Meyer Institute I was able to have a hands-on experience and learn more about the field of study I want to start a future in. I was able to go through a very well planned out 5-step training to guarantee that I was prepared to work with the children. I also became certified as an RBT allowing me to work one-on-one with the children. Being able to work with other RBT, BCBA's, and many other professionals has allowed me to gain professional experience and has prepared me for my future.

8. While working at Munroe-Meyer Institute I was responsible for a few different tasks. Within my time working there I worked with mainly three different clients. I would run their programs while trying to teach them and decrease their negative behavior. Depending on the client we worked on matching, sitting at the table with no problem behavior, letter identification and many more. I was also able to sit through supervisor meetings and hear about other clients and what therapies they are receiving.

I was able to learn lots of skills though this internship starting with self defense course, RBT classes, and CPR class. I was then able to use my skills to go through a 5-step training course working with the clients and having a supervisor observe me. We are also using data to see our results and progress based on those numbers. With that we used Microsoft Excel and I am now able to read those graphs to see the progress of the client. I also was able to work on making relationships and communicating with professionals.

Working with children with autism isn't always easy as you are dealing with problem behavior (biting, kicking, spitting, ect.) every day. With the training at MMI you are able to learn how to ignore those behaviors and continue with the therapy you are implementing. Being able to see the progress of the children is the best thing ever. I was also able to learn a lot about what a BCBA does and gain experience for my future career.

9. The most eye-opening experience I had while working at MMI was dealing with the first problem behavior I encountered. I was working with a client that engaged in biting a lot and it was my first day running a session and he aggressed towards me. At first it is a little intimidating but the team you work with is always there to help and make sure everything is okay. You are able to go through lots of training and how to handle those situations. I would just say that from this experience you will be able to see if this is something you want to do. The children aren't doing it to be mean, but autism has some negative behaviors but what RBTs and BCBA's are doing will help improve those behaviors.

10. I would recommend to start looking early and keep your options open. I am living in Lincoln and driving to Omaha for my internship because UNMC is such a great company. They are able to work with me and my schedule so I'm not having to drive every day. Putting yourself out there is also very important and will help in your future. If you are interested in going to graduate school for applied behavior analysis I would say that an internship like this will confirm or deny if you are interested in pursuing a career within this field.

11. I would absolutely recommend interning at Munroe-Meyer Institute. You are able to get the full experience of an RBT in a large company. You are also going to be putting your name out there because UNMC is very well-known worldwide. The superiors are also very supportive and have connections within the ABA world. I was able to work with client's hands on every single day I went to work which allowed me to learn so much. Another bonus is you are able to get paid through this internship which allowed me to work more hours and learn more about the field.

Internship Description Guideline

UPLOAD by Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
Jelena Nedic

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
Family Science, I would love to be a Child Protective Services caseworker.



2. Practicum position title.
TRIO Upward bound assistant

3. Organization / agency name,
Upward Bound

Organization / agency address and contact number
220 canfield administration building, 503 N 14th st

Organization website if available
<https://trio.unl.edu/welcome>

4. Mission of the organization or agency.

Upward Bound is a federally sponsored program that assists high school students in developing the skills and inspiration they need to excel. Upward Bound helps students accomplish these goals by providing academic support, social and cultural enrichment, and personal growth opportunities. These facilities are provided without charge. Helping students from low income families achieve their goals and succeed onto college.

6. Supervisor's name and title, Joan, Head coordinator of Upward Bound on campus
Supervisor's contact number (phone and fax, if available).

7. Describe the purpose of your internship.

The purpose of the internship is to help out students by being a mentor, being there for a support system so they can succeed throughout high school. Helping them with tutors, Ed specialists, making sure their grades are going okay and keeping them on track. Upward bound is a very diverse program, so with students from different backgrounds sometimes they can't go to their parents for help with assignments or anything because their parents don't understand, so upward bound is the



perfect structure for these kids.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

I mainly worked on excel scholarships, and did files on the computer, I met with students one on one and got to know them and be there for them with any questions they might have had. I did a lot of different activities, made booklets for teacher appreciation day, and even made care packages for the seniors when the ACT's were going around. I have built some good connections with these students and it has been amazing. I have helped some students fill out scholarships and write cover letters as well.

8b.) What skills did you acquire over the course of your internship?

I became a pro at using excel spreadsheet, which had tons of information on there and I know I will have to use in my choice of career. My active listening skills have gotten very well too. Communication skills, creativity because sometimes I had to think outside the box, assertiveness skills, time management, and leadership are some skills I acquire over the course.

8c.) What type of knowledge did you gain?

I have developed better knowledge at writing more professional emails. Critical thinking was used a lot in this internship.

9. What was your most critical moment at your internship? Explain *why*.

I really have not had a critical moment at my internship, everything has been so smooth, and I have loved every second of it. The only thing that I could maybe say is critical is I have two students that I meet one on one with, and they just recently started soccer, and we are supposed to meet once a week but they last two weeks haven't been as easy trying to get both our schedules cleared at the same time.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Enjoy it, know that when you are working with these students they are in the program for a reason, ask questions lots of questions, in upward bound there is always something to do to keep you busy.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

Yes I would recommend, I think this program is amazing for students, helping them succeed, being a listening ear whenever they need help and a support system, I wish I would of known about this program when I was in high school I could have qualified being the first generation to go to school. You can always reach out to someone, students attend workshops, have guest speakers to help guide them with what will happen in college, I think it comes with such great resources that could really be useful.

Internship Description Guideline

UPLOAD by: Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Sarah Brown
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Major: Child Youth and Family Studies
Minor: Psychology

3. Practicum position title.
Assistant teacher- school agers
4. Organization / agency name,
Organization / agency address and contact number
Organization website if available

World of Knowledge Child Development Center
8310 Wendell Way, Lincoln, NE, 68516
(402)- 483- 4769
<https://www.worldofknowledgene.com/>

5. Mission of the organization or agency.

"Here at World Of Knowledge Child Development Center and Preschool in **Lincoln, NE**, we understand how important it is for you to find the right early learning center. For nine years, we have been dedicated to providing a safe and educationally stimulating environment for your child. We believe in customized learning for every child and reasonable pricing for every family. Our experienced teachers guarantee monumental improvement in your child's education, as well an increased love for learning."

6. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).

Brittany Steele- Head teacher in the school age room
402-875-8323

7. Describe the purpose of your internship.

The purpose of my internship is to learn how to teach children methods of emotion regulation in regard to behavior rather than traditional forms of discipline. The goal is to aid development of children of all ages by stimulating their environment based off of what is appropriate for the age group.



8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

My responsibilities include handling conflict among the students, creating lesson plans for the week and for summer, which include organized activities for the after-school program and summer program. I spend my time playing with the children as well as general supervision. 1 day a week, I spend ten hours a day in a room other than the school age room in order to learn how children of all ages develop and discover differences in each of their developmental paths.

8b.) What skills did you acquire over the course of your internship?

My analytical skills improved as I can now apply what I have learned in my classes to a real-world scenario. I have used trial and error for children who do not fit into the average developmental stages for their age group. These children require a different approach in terms of behavior, entertainment, and learning in general. I can now quickly recognize cognitive differences between each child and how to teach them accordingly.

8c.) What type of knowledge did you gain?

I learned that every child is different and some of the conventional ways to help children are not applicable to all kids. Learning childrens' backgrounds help me understand how to help them and understand why they behave the way that they do (whether it be good or bad).

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment in my internship deals with two specific children. I was warned about these girls, who are twins, and that they have behavior and control issues. I noticed this right away and it was a struggle for me to understand how to help them. It seemed like their behavior was not improving because no one knew how to help them. Later, they opened up to me and told me that they were in the foster care system because their birth mother struggles

with addiction. I quickly put the pieces together based off of what I have learned in my classes to assume that the reason why they are “bossy” and controlling could possibly be because of their lack of trust in adults or caregivers. I have gone out of my way to gain their trust and help them manage their emotions. There are still some issues, but overall, things are improving.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I would recommend to people in similar positions to be patient and let kids be kids. You cannot expect a child to act like an adult and sometimes the way that they pretend play with each other seems out of control, but it really isn't. I feel like a lot of times, people just want to be able to control children and they don't really understand what realistic expectations are. There is a difference between misbehaving/being out of control and playing. Many issues can be prevented, figure out ways to prevent behavioral issues and stay consistent with them!

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would not recommend this company to anyone. It is a great place to work, but at this stage in our college career, it just isn't advanced enough. I find myself more qualified than many of the supervisors that work there, which is no disrespect to them, but it just isn't enough of a challenge for a fourth-year college student.

1. Elizabeth Buchholz
2. Human Development and Family Science major, Education studies minor.
3. Program Support Specialist
4. Better Living Counseling Services. 7100 S 29th St STE B, Lincoln, NE 68516 (402)-476-0104. <https://www.betterlivingcounselinginc.com/>
5. Strengthening and improving family functioning by cultivating growth and change
6. Brooke Buller: Program Support Supervisor. Brooke.buller@blcsne.com (phone number would be the same as office number listed above with extension.)
7. The purpose of my internship was to gain experience in the child welfare field and prepare me to work with families in similar environments in the future. I wanted to see if I would like to work with families in this setting and if I could handle the workload and responsibilities of this job.
8. Work responsibilities, skills, and knowledge:
 - 8a.) My daily workday responsibilities included meeting with families that I was assigned to and providing them with the services that they were in need of. These services included transporting children to and from their foster homes to visits with their biological families and then supervising visits between parents/guardians and their children. I also was responsible for providing family support in the form of helping them develop parenting skills, informing of them of community supports and programs, helping them learn to budget and implement the budget, and getting them signed up for classes they may need (domestic violence courses, anger management, parenting classes) as well as any other need that may have been identified during their intake assessments. During and after providing services with each family I would document their progress and what happened during the visits. Another key task was communicating with caseworkers and social workers about progress the families were making and keeping them up to date on what I was witnessing during their services.
 - 8b.) During my internship I acquired skills in communication, teamwork, planning and organizing, trust and relationship building.
 - 8c.) I gained a great deal of knowledge on the child welfare system and family functioning. The first two weeks on site were made up of training sessions and shadowing. The trainings included in depth learning on family functioning, substance abuse, domestic violence, and other important knowledge necessary to aid the families.
9. I would say the most critical moments of my internship was any time I was assigned to a new family. First impressions are crucial and having good trust and relationships with each family impacts the ability to be able to help them. It is scary to go into someone's home and be there as an educator and professional when they are going through crisis and trauma. Not everyone is going to be thrilled about working with you and some may be very angry, but how you handle

yourself in those moments can really make a difference for how the rest of the sessions and visits will go.

10. I would tell anyone preparing for a similar position to really engage as much as you can with your supervisor and coworkers because they will be great support systems as you learn. It is helpful to have others to rely on for support and guidance because the job is very challenging and unpredictable. You must learn to think on your feet and be flexible and having coworkers and mentors who will guide you through this makes it much easier.

11. I would absolutely recommend this agency to future internship students. My experience at Better Living Counseling Services has been amazing. The position is very rewarding, and I am proud to be a part of a team who makes positive impacts on children and families. It is incredibly hands-on and an invaluable learning experience for anyone who wants to work with families in the child welfare system whether it be as a counselor, foster care specialist, or any other professional position. I do not believe I could've gotten the same experience anywhere else. The management was very friendly and encouraging.

I would probably not recommend this position to someone who still had a lot of other courses to take during the same semester. This position would be best for a student who only has the internship or one maybe two other courses on their schedule. It is a very demanding job whether you are getting full or part time hours, and your schedule will constantly move around and requires a lot of flexibility.

1. Your name: Xuanyi
2. Major area of study or focus: Child, Youth, and Family Studies
3. Practicum position title:
Chinese teacher
4. Organization / agency name: Lincoln Chinese Academy

Organization / agency address and contact number:
1000 S 70th St, Lincoln, NE 68510
402-318-4825

Organization website if available : <http://lincolnca.org/>

5. Mission of the organization or agency:

Lincoln Chinese Academy (LCA) provides both heritage and non-heritage students with Chinese language education and Chinese cultural activities, promotes students' self efficacy in better serving the community.

6. Supervisor's name and title,
Principal: Huy Mach

Supervisor's contact number (phone and fax, if available)
402-318-4825 huy_mach@hotmail.com

7. Describe the purpose of your internship.

- Teaching Chinese to seventh grade students through zoom.
- The classes including lectures and individuals' classes.
- The purpose of this internship is to help students to improve their Chinese language abilities.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

- Making PPT before each group lectures
- Reading students homework
- Communication with parents
- I make my PPT 2 days before class.

- The lecture structure and communication with the assistance teacher normally take around 3 hours at night.

8b.) What skills did you acquire over the course of your internship?

- Using zoom for teaching
- Time control for lectures
- Communication skills with teachers and students

8c.) What type of knowledge did you gain?

- I learned more Chinese knowledge (poem and idioms) through teaching.
- I learned how to work with children through zoom.
- I learned how to communicate with teachers, students, and parents.

9. What was your most critical moment at your internship?

- The most critical moments are what I learned from my mistakes. One time my alarm was off, I missed one class and seven students were waiting for me. I didn't read text carefully from my assistant teacher, so we had communication errors.
- I realized the importance of organization skills and responsibility to be a teacher. I start to improve my habits,

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- Make a clear schedule about your classes plan.
- Make accommodations and be flexible in individual class for each kids who have different Chinese levels.
- Appreciate the work experience and what you learned from an unpaid internship.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

- Yes, I would
- This is a valuable experience for students who are thinking about to teach Chinese or be a teacher in their future career.
- Teachers are very nice, and they care about each students
- The principal is very nice and will give you good suggestions.
- Good experience for learning how to work with kids and parents.

Internship Description Guideline

UPLOAD by: Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Alex Ketzler
2. Child Behavior



3. Child Behavioral Aide
4. Behaven Kids, LLC,
1145 High Street, (402) 423-6464
<https://behavenkids.com/>
5. “Building hope through mental wellness”

6. Katie Mandelko, Program Coordinator
(402) 423-6464

7. The purpose of my internship was to assist child behavioral specialists in the classroom by giving consequences and watching the children

8. Work responsibilities, skills, and knowledge:

8a.) I spent most of my time in the classroom with the children. I got to study treatment plans for the kids, and see the growth of the children through the system that Behaven Kids has created.

8b.) I learned a lot of patience through this experience, most of the kids react the way they do because of past experiences or things out of their control. I also learned how to work with children and create a space that they are comfortable in.

8c.) I learned a lot about mental illness and how to teach children coping skills when they are faced with different, difficult situations. It was very rewarding



9. I think the most critical moment in my internship was meeting the children and getting to know them the first week or so. It’s a hard balance to find between getting them to respect you, but also being someone that they can turn to when they are upset or in need of help.

10. I would recommend doing research on some of the illnesses that you might see, and how therapists recommend handling those children. Every child is different, of course, but having some prior knowledge is always helpful. The more you know, the more confident you can appear to them.

11. Absolutely! I love working here, the staff is amazing, and so are the children. It's so rewarding to see the kids having a good day and using the skills that you teach them. It's also great to make connections with the little ones that you know they are going to remember for the rest of their lives.

Internship Description Guideline

UPLOAD by: Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
 - a. Jessica Valdovinos Eulloqui
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
 - a. Human Development and Human Science with a minor in Ethnic Studies



3. Practicum position title.
 - a. Family Liaison
4. Organization / agency name,
Organization / agency address and contact number
Organization website if available
 - a. Crete Public Schools-Special Programs
 - b. Special Programs - West Side Entrance
225 East 9th Street, Suite 1 (Door #4)
402.826.5228
 - c. https://www.creteschools.org/departments/special_programs
4. Mission of the organization or agency.
 - a. The mission of Crete Public Schools, a diverse community of engaged individuals committed to the success of all, is to ensure learners have the character, knowledge, and skills to be respectful and productive members of a global society. Crete Public Schools will cultivate a culture where all are challenged, empowered, and supported to reach their maximum potential.
5. Supervisor's name and title,
Supervisor's contact number (phone and fax, if available).
 - a. Josie Filipi Family Liaison
402.826.5228
5. Describe the purpose of your internship.
 - a. The purpose of my internship is to make a connection with the community that I would ideally like to work in. I have been able to find what I am interested within the community but



through the school system interest.

7. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

a. Interpreted, make accommodations for families in need, delivered foods and other goods to families, spread out the community with resources that can be used

8b.) What skills did you acquire over the course of your internship?

a. How to communicate with families in the community, what question to ask and when, how to ask for items in the community to be donated when needed, and what to do in situations that make you think on your way to the building

8c.) What type of knowledge did you gain?

a. How to be well rounded in other backgrounds and how to make professional connection in the buildings that I have been to

8. What was your most critical moment at your internship? Explain *why*.

a. The most critical moment was when I go to a building and they kind of just look at me as a young adult that is not ready. I get that vibe when they ask me a lot of questions. I had to be prepared to answer a lot of questions.

9. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

a. I would say go with an open mind do not think it is what you want to do and just sugar coat it. I believe you should have negative and positive feedback from your supervisor. Mention things that you notice and ask for advice on what would they do if they were in this case.

10. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

a. I would hands down recommend this organization because I was able to explore helping people in the community with different variety of stuff as being able to provide food other goods that are necessary for their young children , I was able to work with kids get you by the way make the parents understand the importance of getting that extra help at school goes along ways for the children , I was also able to encourage parents to further their education , I was also able to see how people from my background struggle and have no place to communicate other than going to class and talking to the teacher about events that may be going on with either their children's academics or personal problems. I can say that I would have not been able to get out of my comfort zone without not going to this internship.

Internship Description Guideline

UPLOAD by: Friday, April 16th 11:59 p.m.

Assignment: Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: Josie Piper
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...):
Human Development and Family Science
3. Practicum position title: Mentor and Intern for Education Specialist



4. Organization / agency name: Upward Bound & Upward Bound Math Science (Office of TRIO Programs-Student Affairs)
Organization / agency address and contact number :220 Canfield Administration Building (UNL City Campus); (402)472-2027
Organization website if available: <https://trio.unl.edu/rub>
5. Mission of the organization or agency: “We provide fundamental support to low-income, first-generation students in their preparation for college entrance. We create opportunities for such students to succeed in their precollege performance and ultimately in their higher education pursuits.” (RUB Website)

6. Supervisor’s name and title: Ana Pecina, Education Specialist
Supervisor’s contact number (phone and fax, if available): (402)472-8887 (office phone)

7. Describe the purpose of your internship: To gain the knowledge and skills needed to work with students, working with like-minded professionals in a team environment; to expand upon skills I already have, like communication and interpersonal skills; to gain new experiences doing work I was not previously familiar with.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)

-Mentoring: met with students each week for 10-15 minutes to give reminders and check in, complete documentation on the meetings, plan group meetings with student’s once a month and organize activities for them (also completing documentation)



-Assisting Education Specialist: download and organize documentation electronically for entire mentoring program; set up and manage a Canvas page for mentors to submit reports, as well as send out reminders/announcements; keep track of and log mentor meetings for student stipend/office records; distribute gift cards and various other supplies to students monthly; come up with/plan activities for virtual and in person events; complete daily tasks or random jobs per request of supervisor

8b.) What skills did you acquire over the course of your internship?

-Patience, organization, time management, creativity, flexibility, coordination

8c.) What type of knowledge did you gain?

Gained knowledge about future academic and life planning for high school and college students; gained knowledge about event planning and program management; gained knowledge on professional relationships and boundaries

9. What was your most critical moment at your internship? Explain *why*.

The most critical moment I had at my internship was actually a relatively small incident. One of the duties I have is to create and upload a weekly report template for mentors to fill out and submit as documentation for their meetings with their students. There was one week about half way into the semester that I forgot to upload the report and my supervisor said she got texts from multiple mentors asking for it because they needed it for their meetings. My supervisor ended up creating and uploading it so it wasn't a huge deal, but it was not a great feeling knowing I messed up. At my internship, I have often felt disconnected from the people I work with and this experience just brought to my attention that there are people who rely on me to do my job so that they can do theirs, even if I don't see them or interact with them often. It reminded me that the work I do is important even if it feels trivial, and it also kind of shook me from the routine I was in so now I pay more attention to detail and stay organized better.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Learn what works best for you to stay organized and utilize that daily, organization and time management are very important for this type of role. Be open to new experiences and going with the flow, often you are asked to do random tasks or complete projects you may not be used to but just look at them as learning experiences. You have to have a positive mindset and keep things light; teenagers are very impressionable so it's best to demonstrate positive behavior/mentality.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend this particular organization to future internship students who are interested in pursuing a career in future/educational planning, students who might be interested in a high school counselor role, and students who want a variety of experiences both working with students and working in a more administrative role. I would not recommend this particular organization to future internship students who want to work with students on a more personal/regular basis or students who want to work with families (vs. individuals).

1. Lis Flores
2. Major: Family Science Minor: Criminology
3. Resource Development Team Intern
4. Department of Health and Human Services, Resource Development Foster, 5220 S. 16th
Lincoln, Ne 68512
5. Mission: Foster parents provide care for children who cannot safely remain in their own home. Foster homes provide support for foster children through either the Department of Health and Human Services or a contracted foster care agency.
6. Supervisor: Kelli Wendelin, (402) 471-9069, RD Supporter
7. Purpose of Internship: The purpose of this internship for me was to gain some experience on 1) jobs through the state of Nebraska and 2) gain some hands-on experience in the work field I hope to enter once I graduate in May of 2021. Through the RD team, I hoped to gain some experiences that would be favorable on a resume when applying through a state job. I also hoped to expand my network through this internship not only to acquire possible advocates for a future position, but also a friendly workplace.
8. Work skills and knowledge:
 - a. Major responsibilities: I spent the majority of my time assisting one team member in particular. I would assist her in updating NFOCUS with details, information, documents, and narratives.
 - b. Acquired skills: I gained better communication skills through my conversation with foster parents through email, phone, and face-to-face interactions. I also grew in the aspect of recalling detail. *“If you don't write it down, it didn't happen”* - a big part in skill was being specific and detailed with the information I

gave through documented narratives that were derived from any kind of interaction with foster parents (email, phone call, face to face). I also learned how to navigate through NFOCUS, the Departments program that tracks *everything*. I also learned the basic process of how to license a foster home and how to support them through placements.

- c. Gained knowledge: I gained a lot of knowledge on work jargon. For example, I now know what an ICPS foster child means (over interstate border child aka a foster child coming in from another state). I also gained knowledge on how to fully fill out home studies and support plans for foster parents. I began to understand how many documents go into a completed home study folder (w-9, discipline policy, health form, self-study, references, home study, etc.) I also got significant experience on the foster care process through all phases - from a child 2 month old entering the system all the way through a termination of parental rights trial and more often than not, reunification.
9. Most critical moment: The most critical moment to me was when my supervisor gave me a Spanish speaking home and allowed me to take the reins throughout most of the licensing process. Mostly here, is where I learned a big portion of my acquired skills, specifically communication. I was allowed to do an at home visit with this foster family on my own. My supervisor guided me and prepared me through each step of the process and gave me tools necessary to complete this successfully.
10. Future recommendations: Some future recommendations that I would give to future interns is always offer your help. Even if it sounds a little repetitive, always offer your help and others will know you are serious about your education. Another piece of advice

for future interns is to empathize with the workers at times of “rush hour”. My team found themselves swamped with work at times and I knew it would be inappropriate to ask them to walk me through something. These are perfect times to sit back, observe, and take notes.

11. Would I recommend it? I would definitely recommend working on the RD Foster team through the Department of Health and Human Services. I believe it gives great entry level experience to jobs that might interest other Family Science majors. I also recommend it to individuals who seek to support foster homes and *parents*. I would not suggest it to an individual that wants to work with foster children directly. RD does very little of that - RD supports foster parents and finds placement for foster children.