

Kristin Hodge

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Professional Profile

- Professional experience in a variety of athletic training settings including academic, athletics, industrial, and international.
 - Owner and founder of injury prevention and care company serving regional industrial clients.
 - Administered cost analysis of the industrial athletic training program for an orthopaedic medical practice including return on investment of the client.
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Education

- **Arkansas State University**, M.S. In Exercise Science
Graduated May 2008
Thesis: Upper Extremity Position Sense and its Correlation to Free Throw Percentage in Basketball Players
 - **University Of Nebraska**, B.S. in Athletic Training
Graduated May 2006
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Academic Experience

Nebraska Wesleyan University, Lincoln, Nebraska (Fall semester 2019)

Adjunct professor for the Biology Department

- BIO 1090L: Introduction to Anatomy and Physiology Lab

University of Evansville, Evansville, Indiana (August 2008-January 2013)

Instructor for the undergraduate athletic training curriculum

- AT 280 "Introduction to Athletic Training"- a freshman-level lecture for both AT majors and non-majors
 - AT 291 "Clinical Education I" a sophomore-level injury evaluation lab
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Clinical Experience

Hinco LLC, Lincoln, Nebraska (April 2018-present)

Owner and founder of this injury prevention consulting company. Services include:

- Evaluation and treatment of work comp injuries
- Biomechanical assessment of employees
- Design of pre-shift exercise programs
- Ergonomic analysis
- Spine health programs
- Education courses on a variety of topics

Orthopaedic Associates, Evansville, Indiana (December 2014-March 2018)

Occupational athletic trainer based in an orthopaedic clinic providing on-site outreach to large local industries as well as physician extender duties in the clinic.

Responsibilities include:

- Assessment and treatment of First Aid and Medical Treatment injuries

- Ergonomic and human performance analysis
- Calculate the cost analysis of the program
- Lectures to employees on wellness and ergonomics
- DME fitting
- Design promotional materials to present to other prospective companies
- Meet with prospective companies interested in our services

Kansas State University, Manhattan, Kansas (January 2013-May 2014)

- Assistant athletic trainer in charge of women's volleyball
- Preceptor for CAATE approved program
- Certified in Selective Functional Movement Assessments and used that information to develop prevention and rehabilitation protocols
- Worked with disordered eating athletes and coordinated their care
- Work in conjunction with various orthopedists, specialists and physical therapists to make and execute treatments and protocols

World University Games, Kazan, Russia (July 2013)

- Athletic trainer for Team USA Volleyball during this two-week event
- Injury prevention, management and rehabilitation, first aid

University of Evansville, Evansville, Indiana (August 2008-January 2013)

- Assistant athletic trainer in charge of women's basketball, volleyball, and men's and women's cross country
- Preceptor for CAATE approved program
- Involved in our secondary insurance protocol
- Management of inventory and purchasing
- Assisted in conducting annual physicals for all sports

Arkansas State University, Jonesboro, Arkansas (August 2006-May 2008)

- Volleyball graduate assistant athletic trainer for two years
- Women's soccer athletic trainer for one spring semester, in addition to volleyball
- Preceptor for CAATE approved program

Presentations

- "The Safety Professional's Role in Worker Retention" Iowa-Illinois Safety Council Professional Development Conference, Dubuque, IA. 2023
- "I Understand the Term 'Industrial Athlete,' but Practically Speaking, What Do I Do Now?" Kansas Department of Labor Safety and Health Conference, Wichita, KS. 2021
- "Giving Time to Non-Catastrophic Injuries, The Humble Sprains and Strains." National Safety Council of Nebraska Health and Safety Summit, Omaha, NE. 2020
- "Reducing Recordable Injuries in an Employee's Choice State." American Society of Safety Professionals, Great Plains Chapter, Omaha, NE. 2019

Certifications/Memberships

NATA-BOC certified athletic trainer (May 2006-present)
 Nebraska athletic trainer licensure (July 2017-present)
 Indiana athletic trainer licensure (August 2008-2023)
 Humantech Ergonomics certified (2015)
 Selective Functional Movement Assessment certified (2011)
 American Heart Association CPR/AED (current)