

**Professor of Practice  
Director, Didactic Program in Nutrition and Dietetics  
University of Nebraska-Lincoln  
Department of Nutrition and Health Sciences  
104 H Ruth Leverton Hall  
Lincoln, NE 68583-0806  
(402) 472-2925; lyoung3@unl.edu**

**❖Professional Education:**

- 1983 Master of Science, University of Nebraska-Lincoln  
Human Nutrition and Food Service Management
- 1973 Yale-New Haven Hospital Dietetic Internship  
New Haven, CT
- 1972 Bachelor of Science, University of Nebraska-Lincoln  
Food & Nutrition/Dietetics

**❖Professional Experience:**

- 9/17-Present Director, Didactic Program in Nutrition and Dietetics, University of  
Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 02/13-8/17 Director, Dietetic Internship Program, University of  
Nebraska-Lincoln, Department of Nutrition and Health Sciences
- 8/99 – 02/13 Director, Didactic Program in Dietetics, University of Nebraska-Lincoln,  
Department of Nutrition and Health Sciences
- 2/79 - 7/99 Assistant Internship Director/Director, Dietetic Internship Program,  
University of Nebraska-Lincoln, Department of Nutritional Science and  
Dietetics
- 6/77 - 2/79 Clinical Dietitian, Bishop Clarkson Memorial Hospital,  
Omaha, NE
- 1/75 - 1/77 Chief Clinical Dietitian, Kent County Memorial Hospital,  
Warwick, RI
- 1/74 - 12/74 Asst. Food Service Director, Westerly Hospital, Westerly, RI

### **❖Teaching Experience (Current and Previous Courses Taught)**

University of Nebraska-Lincoln (1999-Present)

NUTR 150	Foundations in Nutrition and Health Promotion
NUTR 344	Food and Nutrition for Healthy Living*
NUTR 402	Facts and Fiction in Food and Fitness
NUTR 450	Medical Nutrition Therapy I
NUTR 452	Medical Nutrition Therapy II
NUTR 452L	Medical Nutrition Therapy II Lab*
NUTR 453	Nutrition and Fitness Communication Strategies*
NUTR 490	Professional Preparation for Careers in Dietetics

(Courses with \* are new courses that I developed and taught)

### **❖Academic and Professional Awards**

University of Nebraska-Lincoln College of Education and Human Sciences Distinguished Teaching Award, 2017

Nebraska Academy of Nutrition and Dietetics-Lincoln District Outstanding Dietitian Award, 2017

College of Education and Human Sciences Outstanding Teaching Award, 2016

University of Nebraska Mortar Board Professor of the Month- April, 2001; October, 2006 ; November, 2011; March, 2014

UNL Parents Association Certificate of Recognition for Contributions to Students (received recognition 15 times)

Nebraska Dietetic Association Outstanding Educators Award, 2010

University of Nebraska Chapter of Gamma Sigma Delta Teaching Award of Merit, 2006

Lincoln District Dietetic Association Knickrehm-Boerner Award, 2006

College of Human Resources and Family Sciences Faculty Student Mentoring Award, 1999

American Dietetic Association Recognition of Outstanding Achievement as a Dietetics Educator, 1999

Nebraska Dietetic Association Outstanding Dietitian, 1995

College of Human Resources and Family Sciences Outstanding Teacher Award, 1995

### **❖Current University/College/Department Committees/Responsibilities:**

Nebraska Commission of 150 (Mission/Goals)	2018- Present
University Undergraduate Curriculum Committee/ACE	2012 - 2015
Interim Achievement-Centered Education (ACE)	2008 – 2009
Peer Reviewer, University Assessment Program	2005 – 2014
Program Leader, University Assessment Program	2005 – Present
College of Education and Human Sciences (CEHS)	2003 – 2011
Learning Communities/CEHS Advantage Scholars	
CEHS Curriculum and Assessment Committee	2003 – 2018
Department of Nutrition and Health Sciences (NHS)	2001 – Present
Undergraduate Curriculum Committee	
Faculty Advisor, Nutrition and Health Promotion Club	1990 – Present
NHS Awards Committee	1992 – 2014
Member, University General Education Advisory Committee	2005 – 2007

### ***Study Abroad Travels***

October 2012- Haiti (explore potential for future student study abroad opportunities)  
February, 2016- Muscat, Oman and Dubai, UAE (explore potential for future student study abroad opportunities)  
March, 2017- Muscat, Oman and Dubai, UAE (co-leader for group of 13 students)  
March, 2018- Muscat Oman and Dubai, UAE (co-leader for group of 13 students)  
May, 2018- Tokyo, Japan (co-leader for group of 8 students)

### ***International CADE/ACEND Accreditation Site Visits (Lead Site Visitor)***

Universidad Iberoamericana Mexico City, Mexico  
United Arab University Al Ain, United Arab Emirates

### **❖Grants:**

CEHS 2012 International Seed Grant Program <i>Enhancing the Lives of Individuals and Families in Haiti Through Provision of Nutrition Services</i> \$4000	2012
Undergraduate Creative Activity and Research	2010
Experience Funding: <i>Evaluation of UNL Student Nutrition/Exercise Coaching Program Effectiveness</i>	2011 2012
\$2000/\$2400/\$2000	
Initiative for Teaching and Learning Excellence (ITLE-4) <i>Comprehensive Plan for Improving Writing Skills</i> \$15,000	2008

### **❖Publications**

Horacek, Tonya; Koszewski, Wanda; Young, Linda; Miller, Karen; Betts, Nancy; Schnepf, Marilyn.  
Development of a Peer Nutrition Education Program Applying PRECEDE-PROCEED; A Program  
Planning Model. *Topics in Clinical Nutrition*. 2000;15:19-27.

Skipper A, Young L, Mitchell B. From the Association: 2008 Accreditation Standards for Dietetics  
Education. *J Am Diet Assoc*. 2008;108: 1732-1735.

### **❖Presentations (2006-present)**

*Health Within the Context of Body Size Diversity and Acceptance*. Webinar-Nebraska Department of  
Education April, 2017

*Nutrition for Seniors*. Universtiy of Nebraska-Lincoln Osher Lifelong Learning Institute (OLLI), April  
2017

*Instructional Best Practices*, Oman Tourism College, Muscat, Oman September 29, 2015

*Innovations in Practice and Education.* American Dietetic Association Food And Nutrition Conference and Exhibition, Boston, MA November 8, 2010

*Dietetic Internship Centralized Application System : Who, What, Where, When ?* Facilitator: Open Discussion. American Dietetic Association Food And Nutrition Conference and Exhibition, Boston, MA November 7, 2010

*Wellness Mentor Training.* WorkWell, Inc., Lincoln-Lancaster County Health Department Health Promotion and Outreach, Lincoln, NE August 18, 2010

*ADA Education Committee: Dietetic Internship Centralized Online Application.* Dietetic Educators of Practitioners Area 2 & 5 Meeting, St. Louis, MO May 1, 2010.

*Dietetic and Nutrition, Exercise and Health Science Students Provide Counseling/Coaching Services to State of Nebraska Employees as Part of Ten-Week Wellness Program.* American Dietetic Association Food and Nutrition Conference and Exhibition, FNCE 2009 Innovations in Practice and Education, Denver, CO October 19, 2009

*Update on ADA Board of Directors' Education Committee Activities.* Presented to the Dietetic Educators of Practitioners Area 1 Meeting, Asilomar, CA March 17, 2009

*Building Faculty Support For Outcome Assessment.* IUPUI Assessment Institute, Indianapolis, IN November 5, 2007

*CADE Forum : Updating the CADE Accreditation Standards.* American Dietetic Association Food and Nutrition Conference and Exhibition, Philadelphia, PA September 30, 2007

*CADE Forum : Updating the CADE Accreditation Standards.* American Dietetic Association Food and Nutrition Conference and Exhibition, Honolulu, Hawaii September 18, 2006

❖**Professional Leadership Activities:**

**The American Dietetic Association/Academy of Nutrition and Dietetics**

2009 - 2011	ADA Board of Directors Standing Education Committee
2009- 2011	ADA Board of Directors Standing Education Committee-Development and implementation of centralized application system for dietetic internship programs
2009- 2011	ADA Board of Directors Ad Hoc Committee-Internship Shortage
2005 - 2008	Commission on Accreditation for Dietetics Education (CADE) 2008 Accreditation Standards Committee, Chair
2004 - 2005	CADE Chair
2003 - 2004	CADE Chair-Elect
2001 - 2003	CADE Program Representative - Dietetic Internship
2000 - 2001	CADE Program Representative Elect - Dietetic Internship
1999 - 2000	ADA Association Membership Committee, Chair
1996 - 1997	Dietetic Educators of Practitioners, Chair
1994 - 1995	Dietetic Educators of Practitioners Chair-Elect
1994 - Present	CADE/ACEND Accreditation Program Reviewer/Site Visitor

1991 - 1993  
1992 - 1994

Area II Representative Dietetic Educators of Practitioners  
Review Panel for Approval of Dietetic Education Programs (AP4)

### **The Nebraska Dietetic Association**

2009- Present  
1997 - 2003  
1986 - 1987  
1985 - 1986  
1985 - 1986  
1982 - 1984  
1981 - 1982

Bylaws/NDA Board Manual Policies and Procedures  
ADA House of Delegates  
President  
President-Elect  
Program Chairman NDA Annual Meeting and  
Conference  
Treasurer  
Co-Chairman, Revision of Nebraska Handbook of Diets