

Class: SOURCES OF STRENGTH

PLEASE DO NOT WRITE YOUR NAME OR ANY IDENTIFYING INFORMATION ANYWHERE ON THIS SURVEY.

Directions: The next set of questions are used so that we can connect your answers over time without knowing your name (meaning no surveys will have actual names on them). This helps us put your surveys together over time. If you are not sure of something, don't worry! Just write N/A.

1.	What is the <u>first</u> letter of your mother's or female caregiver's FIRST name? If you don't have a female caregiver, write "None/ Not Available". For example, if your mother's first name is Amy, write A.
2.	What is the <u>first</u> letter of your FIRST name? For example, if your first name is Joe, write J.
3.	What is the <u>last</u> letter of your FIRST name? For example, if your first name is Tonya, write A.
4.	What is the <u>first</u> letter of your LAST name? For example, if your last name is Yellow Bird, write Y.
5.	What is the <u>last</u> letter of your LAST name? For example, if your last name is Yellow Bird, select D.
6.	When is your birthday (MM/DD/YYYY)?

7. Take a look at the pictures below. Please CIRCLE your favorite picture. You will need to remember this picture when you take this survey again in a few months. Try not to forget what picture you chose.













8. How old are you?

- 9. What grade are you in right now?
 - \Box 6th grade \Box 7th grade

 - □ 8th grade
- 10. What school are you currently taking this survey in? The survey is the thing you are doing now that is asking you questions.
 - ☐ Little Wound Middle School
 - ☐ Pine Ridge Middle School
 - ☐ Red Shirt School
 - ☐ Wolf Creek Middle School

11. What best	describes you?
	Boy/Man
	Girl/Woman
	Gender Fluid
	Genderqueer
	Non-binary
	Trans/Transgender
	Trans Boy/Man
	Trans Girl/Woman
	Two Spirit
	Unsure/Questioning
	I choose to write in:
	I don't want to answer this question
	describes you?
	Bisexual
	Gay
	Heterosexual/Straight
	Lesbian
	I choose to write in:
	I don't want to answer this question
13. Were you	born a male/boy or a female/girl? (what's on your birth certificate?)
	Male/Boy
	Female/Girl
	I don't want to answer this question
1.4 33714 14	describes and 9 West and rich many than and
	describes you? You can pick more than one.
	American Indian or Alaskan Native (this is also Lakota/Indigenous)
	Asian Planta and Asiana Associated
	Black or African American
	Hispanic/Latino/Latinx
	Native Hawaiian or Other Pacific Islander
	White
	I choose to write in:
Ц	I don't want to answer this question
15. What is yo	our tribal affiliation? Another way to put this is what Native American Tribes
are you pa	rt of?

16. <u>In the pas</u>	t tour months, did you date, go out with, and/or hookup with someone?
	Yes
	No
17. Please che	eck the box below that says 'Red'.
	Yellow
	Blue
	Red
	Green
	I don't want to answer this question

Directions: People come from a lot of different cultures and there are many different words to describe the different backgrounds or race/ethnic/cultural groups that people come from. These questions are about your race/ethnic/cultural group and how you feel about it or react to it. An example of a race/ethnic/cultural group would be Lakota or Native American.

18. Place a check mark in only one box per statement. There are no right or wrong responses.

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am happy that I am a member of					
the race/ethnic/cultural group I					
belong to.					
I have a lot of pride in my race/ethnic/cultural group.					
I feel a strong attachment towards					
my own race/ethnic/cultural group.					
I feel good about my cultural or					
ethnic background.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
Girls should have sex with their					
boyfriend or the guy they are dating					
whenever he wants.					
If a guy spends money on a date, the girl					
should have sex with him in return.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
Guys should respond to dates' or					
girlfriends' challenges to authority by					
insulting them or putting them down.					
If a girl is sexually assaulted while she is					
drunk, she is to blame for letting things					
get out of control.					
Sexual assault charges are often used as a					
way of getting back at guys.					
Many girls lead a guy on, and then they					
claim it was sexual assault.					
When girls are sexually assaulted, it is					
often because the way they said "no" was					
unclear.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
A guy takes responsibility for his actions.					
A guy never needs to hit another guy to get respect.					
A girl wearing revealing clothing					
deserves to have comments made about					
her.					
It bothers me when a guy acts like a girl.					
Guys should sleep with as many girls as possible.					
If a guy tells people his worries, he will					
look weak.					
In a good dating relationship, the guy gets his way most of the time.					
Guys should only have sex with girls.					
I can respect a guy who backs down from a fight.					
I would be friends with a guy who is gay.					
A guy should share in household chores (for example washing dishes, vacuuming).					
If a girl is raped (forced to have sex) it is often because she did not say "no" clearly enough.					
Guys put women and children first.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I would change sexual partners often if I could.					
I bring up my feelings when talking to others.					
I would feel good if I had many sexual partners.					
I like to talk about my feelings.					
The women in my life should obey me.					
I would find it enjoyable to date more than one person at a time.					
I tend to share my feelings.					
Things tend to be better when men are in charge.					
I love it when men are in charge of women.					
It's important that I always act like a man.					
If I am pressured to do something unsafe or wrong I know how to say no.					
I want the best for girls.					
I'm too old to cry.					
I trust girls.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
It is important to ask someone's permission before touching them.					
It is important to ask someone's permission before hugging them.					
If someone has kissed you in the past, that means they always want to kiss you in the future.					
Before two people have sex, they should talk about it and make sure everyone is comfortable.					
Asking someone for permission before having sex with them would be awkward and ruin the mood.					
I would ask someone's permission before kissing them.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I would ask someone's permission before					
having sex with them.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am able to do the things I want to do					
without worrying about my safety.					
Walking down the street, I feel like my					
body is my own.					
I do not feel afraid that I will be forced					
to do something sexually when I do not					
want to.					
I feel safe in my current living situation.					
I like myself.					
I am worthy of love.					
I know my body well.					
My body belongs to me.					
I can imagine what my future will be					
like.					
I have an idea of how I can eventually					
reach my goals.					
I have a plan for my future.				· · · · · · · · · · · · · · · · · · ·	

24. Please mark how often the following statements apply to you. Mark the box for each one that is the closest to how you feel.

	Almost never (0–10%)	Sometimes (11–35%)	About half the time (36–65%)	Most of the time (66–90%)	Almost always (91–100%)	I don't want to answer this question
I pay attention to how I						
feel						
I care about what I am feeling.						

	Almost never (0–10%)	Sometimes (11–35%)	About half the time (36–65%)	Most of the time (66–90%)	Almost always (91–100%)	I don't want to answer this question
When I'm upset, I						
acknowledge my						
emotions.						
When I'm upset, I become out of control.						
When I'm upset, I have						
difficulty controlling my						
behaviors.						
When I'm upset, I lose control over my behavior.						

25. Answer the following questions based on your own experiences. Place a check mark in only one box per statement. There are no right or wrong responses.

	Mostly true about me	Somewhat true about me	A little true about me	Not true about me	I don't want to answer this question
The choices I make today are					
important for my future.					
I work hard now to make a good					
future for myself.					
I work hard to reach my goals.					
I try to live up to my potential.					
I try hard in school, so I can have a					
bright future.					
I have talked to someone about my goals.					

26. How much are the following statements like you? Place a check mark in only one box per statement. There are no right or wrong responses

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I have a lot of friends.					
I do very well in my classwork at school.					
I am better than others my age at sports.					
I am happy with myself most of the time.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I hardly ever do things I know I shouldn't					
do.					
I really like the way I look.					
All in all, I am happy I am me.					
I want to make the world a better place to					
live in.					
I accept responsibility for my actions					
when I make a mistake or get in trouble.					
I enjoy being with people of a different					
race.					
When I see someone being taken					
advantage of, I want to help them.					
When I see another person who is being					
picked on, I feel sorry for them.					
When I see another person who is hurt or					
upset, I feel sorry for them.					
I receive a lot of encouragement at my					
school.					
I am a useful and important member of					
my family.					
I feel like an important member of my					
local community.					
I feel my friends are good friends.					

Directions: For the next set of questions, when we say sexual activities, this includes sex (oral/mouth, anal/butt, vaginal/vagina) but also things like kissing, sexual touching, etc. When we say someone, this means anyone including but not limited to a friend, dating/hook-up partner, family member, adult other than a family member, stranger, etc.

These are things someone else did to you.

27. During the past four months, have you ever...

	Yes	No	I don't want to answer this question
Had sexual activities with someone because they threatened to end your friendship or romantic relationship if you didn't			

	Yes	No	I don't want to answer this question
Had sexual activities with someone because they pressured you by			
arguing or begging			
Had sexual activities with someone because they threatened to use or			
used physical force (twisting your arm, holding you down, etc.)			
Had sexual activities with someone when you did not want to because you were drunk or on drugs			
Had sexual activities that you did not want to do because someone forced			
you			

Directions: If you answered "Yes" to the question above (Q27), please **GO TO QUESTION 28**. If you answered "No," please **SKIP TO QUESTION 33.**

Directions: You mentioned that these things happened to you in the past four months. We want to ask you a few questions about one of these experiences. Please pick the experience that was most stressful/upsetting to answer a few questions about.

20 WH 4: /	
· ·	ationship with the person that did that to you?
	Partner (like boyfriend, girlfriend, hookup, buddy, etc.)
	Friend
	Peer but not really friend
	Sibling
	Parent/Caregiver
	Teacher
	Coach
	Family friend
	Neighbor
	Stranger
	Someone else not listed:
29. Did you te	ll someone about this thing that happened?
	Yes
	No
	I don't want to answer this question
	Directions : If you answered "Yes" to the question above (Q28), please GO TO
	QUESTION 29 . If you answered "No," please SKIP TO QUESTION 30.

31. I am to blame.			
☐ Strongly Disagree			
☐ Disagree			
☐ Agree			
☐ Strongly Agree			
☐ I don't want to answer this question			
32. The person who did that to me is to blame.			
☐ Strongly Disagree			
☐ Disagree			
☐ Agree			
☐ Strongly Agree			
☐ I don't want to answer this question			
1			
Directions: For the next set of questions, when we say sexual activities,	this in	clude	s sex
oral/mouth, anal/butt, vaginal/vagina) but also things like kissing, sexua			
	dating	/hook	-up partner
ve say someone, this means anyone including but not limited to a friend,	_		1 1
· · · · · · · · · · · · · · · · · · ·			
we say someone, this means anyone including but not limited to a friend, family member, adult other than a family member, stranger, etc. These are things you did to someone else.			
These are things you did to someone else.			
amily member, adult other than a family member, stranger, etc.	,		
amily member, adult other than a family member, stranger, etc. These are things you did to someone else.			
amily member, adult other than a family member, stranger, etc. These are things you did to someone else.			want to
amily member, adult other than a family member, stranger, etc. These are things you did to someone else.	Yes	No	I don't want to answer th question

	Yes	No	I don't want to answer this question
Had sexual activities with someone because you pressured the other person by arguing or begging			
Had sexual activities with someone by threatening to use or using physical force (twisting their arm, holding them down, etc.)			
Gave someone alcohol or drugs to get them to do sexual activities with me.			
Forced someone to do sexual activities that she or he did not want to do			

Directions: If you answered "Yes" to the question above (Q33), please **GO TO QUESTION 34**. If you answered "No," please **SKIP TO QUESTION 36**.

34. Thinking about all the times this happened in the past four months, who were all the
people you did these things to? What was your relationship with them? You can pick
more than one.
☐ Partner (like boyfriend, girlfriend, hookup, buddy, etc.)
☐ Friend
☐ Peer but not really friend
☐ Sibling
☐ Parent/Caregiver
☐ Teacher
□ Coach
☐ Family friend
□ Neighbor
□ Stranger
☐ Someone else not listed:
☐ I don't want to answer this question
35. Please explain in a few sentences why you did these events.

36. This question is to make sure the survey is working okay. Are you over 20 feet tall? The	iis
is about as tall as a two-story building.	
□ Yes	
□ No	
☐ I don't want to answer this question	

37. Please answer the following questions based on your own experiences. Place a check mark in only one box per statement. There are no right or wrong responses.

	Never	Sometimes	Always	I don't want to answer this question
How often have other kids said something bad or insulting to you because you are Native American/Lakota?				
How often have other kids ignored or excluded you from some activities because you are Native American/Lakota?				
How often has someone yelled a racial slur or racial insult at you?				
How often has someone threatened to harm you physically because you are Native American/Lakota?				
How often has someone yelled a racial slur or racial insult at you?				
How often have other kids treated you unfairly because you are Native American/Lakota?				
How often has a store owner, salesclerk, or person working at a place of business treated you in a disrespectful way because you are Native American/Lakota?				
How often have adults suspected you of doing something wrong because you are Native American/Lakota?				
How often have the police hassled you because you are Native American/Lakota?				
How often have you encountered teachers who are surprised that you as a Native American/Lakota person did something really well?				
How often have you encountered teachers who did not expect you to do well because you are Native American/Lakota?				

38. Have you heard about the Peaceful Means classes (not including these questions)? ☐ Yes ☐ No ☐ I don't want to answer this question
Directions : If you answered "Yes" to the question above (Q38), please GO TO QUESTION 39 . If you answered "No," please SKIP TO QUESTION 43 .
39. Do you have any friends or family members who took the Peaceful Means classes (not including these questions)? ☐ Yes ☐ No ☐ I don't want to answer this question
40. What did you hear about the Peaceful Means classes?
41. Have you ever taken a class offered by Peaceful Means? Yes No I don't know I don't want to answer this question
Directions : If you answered "Yes" to the question above (Q41), please GO TO QUESTION 42. If you answered "No," please SKIP TO QUESTION 43.
42. Please tell us which class you took. You can pick more than one. ☐ Empowerment Self-Defense - Learning about what sexual assault is and the mental, verbal, and physical skills you can use to protect yourself. This is a class that girls and Two Spirit Youth tend to take.
☐ Sources of Strength – Learning how to manage the unavoidable challenges that young boys are often faced with and the skills to stay safe, stay true to yourself, and take a positive journey to manhood. These are classes that boys tend to take
☐ Your Moment of Truth - Learning about positive masculinity, practice consent, and use bystander intervention skills. These are classes that boys tend to take.

Directions: For the next set of questions, when we say sexual acts, this includes sex (oral/mouth, anal/butt, vaginal/vagina) and also things like kissing, sexual touching, and/or masturbation.

43. During the past four months...

	Yes	No	I don't want to answer this question
Have you done sexual things like kissing, sexual touching, etc. (not			
counting oral/mouth, anal/butt, or vaginal/vagina sex). Have you had oral/mouth, anal/butt, or vaginal/vaginal sex?			
Have you ever exchanged sexual acts for money, food, a place to stay,			
drugs, gifts, transportation, or favors?			
Have <u>you</u> ever provided food, money, shelter, drugs, gifts,			
transportation, or other favors to someone under the age of 18 in exchange for sexual acts?			
Did someone make sexual comments, jokes, gestures, or looks about/to			
you? This includes stuff that happens in person and on social media.			
Did <u>someone</u> spread sexual rumors about you?			
Did <u>you</u> make sexual comments, jokes, gestures, or looks about/to a person? This includes stuff that happens in person and on social media.			
Did <u>you</u> spread sexual rumors about a person?			

Directions: Thinking about all of the people you were dating, hooking up with, and/or in a romantic relationship within the **past four months**, please answer the following questions.

44. Did the following things happen, not for fun or as a joke?

	Yes	No	I don't want to answer this question
They used a stick, bat, or some other weapon on me.			
They used a gun or knife on me.			
They slapped, pushed, shoved, or shook me.			
They hit, punched, kicked, or choked me.			
They got other people to hit me or beat me up.			
They did something to cause me a bruise, cut, scratch, burn, sprain,			
or other injury.			
They threatened to, or actually hurt, someone I care about.			
I hit, punched, kicked, or choked them.			
I slapped, pushed, shoved, or shook them.			
I got other people to hit them or beat them up.			
I did something to them to cause a bruise, cut, scratch, burn, sprain,			
or other injury.			
I used a gun or knife on them.			
I used a stick, bat, or some other weapon on them.			
I damaged their property or belongings on purpose.			

45. During the past four months...

	Yes	No	I don't want to answer this question
Did you carry a weapon such as a gun, knife, or club on school property? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting)			
Have you been in a physical fight?			

46. How much do you agree or disagree with the following statements? Place a check mark in only one box per statement. There are no right or wrong responses

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am happy.					
I am doing fine.					
I feel exhausted (very tired) by					
everything.					
I worry a lot.					
I feel sad.					
I get upset quickly.					
I am not in the mood for anything.					
I often think I did something wrong					

ıs?

48. The next set of questions asks about your academic and career plans. Place a check mark in only one box per statement. There are no right or wrong responses.

	Not at all true of me	Somewhat true of me	Very true of me	I don't want to answer this question
I make plans to reach my goals.				
I care about doing well in school.				
I plan to graduate high school or get my				
GED (General Education Development				
Test).				
I plan to go to college after high school.				
I plan to get a full-time steady job after high school.				

49. The next set of questions asks about your alcohol use. Place a check mark in only one box per statement. There are no right or wrong responses.

	0	1	2	3	4	5	6-9	10-19	20-39	40+	I don't want to answer this question
On how many occasions (if any) have you had alcoholic beverages to drink (more than just a few sips) during the past 4 months ?											
On how many occasions (if any) have you been drunk or very high from drinking alcoholic beverages during the past 4 months?											

50. The next set of questions asks about your drug use. Place a check mark in only one box per statement. There are no right or wrong responses

	0	1	2	3	4	5	6-9	10-19	20-39	40+	I don't want to answer this question
During the past month , how many times have you done marijuana/pot? Do not count CBD-only or hemp products, which come from the same plant as marijuana, but do not cause a high when used alone.											
During the past month , not including marijuana/pot how many times have you used any other drugs (including cocaine, crack, freebase, sniffed glue, inhaled paint, meth, ecstasy, MDA, molly, fentanyl/opioids, or any other drugs)?											

51. Please answer the following questions based on how much you agree or disagree with the following statements. Place a check mark in only one box per statement. There are no right or wrong responses.

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
Certain racial or ethnic					
groups have fewer chances to get good jobs.					
Certain racial or ethnic groups have fewer chances to get ahead.					
Women have fewer chances to get ahead.					
Poor people have fewer chances to get ahead.					

52. Please indicate how much you agree or disagree with the following statements. Place a check mark in only one box per statement. There are no right or wrong responses.

	Never	Sometimes	Often	I don't want to answer this question
I participated in a civil rights group or organization.				
I participated in a political party, club, or organization.				
I contacted a public official by phone, mail, email to				
tell him/her how you felt about a social or political				
issue.				
I joined a protest march, political demonstration, or				
political meeting.				
I participated in a human rights, gay rights, or				
women's rights organization or group.				

53. Please answer the following questions based on how much you agree or disagree with the following statements. Place a check mark in only one box per statement. There are no right or wrong responses.

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
It is important that young people know what is going on in the world.					
It is important to correct social and economic inequality.					

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
It is my responsibility to get involved and make things better for society.					
People like me should participate in the political activity and decision making of our country.					

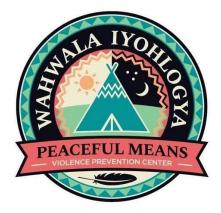
54. Please	check the box below that says 'Cat'
	Dog
	Horse
	Cat
	Mouse
	I don't want to answer this question

	Strongly Disagree	Disagree	Agree	Strongly Agree	I don't want to answer this question
I am brave – The Lakota word is					
"Woohitike"					
I am powerful					
I am confident					
I am strong					
I show respect — The Lakota word is					
"Wawoohola"					
I speak the truth — The Lakota word is "Wowicake"					
I show love — The Lakota word is					
"Cantognake"					
I show care to others — The Lakota					
word is "Waunsilapi"					
I am worth defending					
I can live freely without fear					
My life matters					

	you ever taken a class in school or in the community on sexual abuse/sexual
assaul	Yes
	No
	I don't know
Ц	I don't want to answer this question
	f you answered "Yes" to the question above (Q56), please GOTO QUESTION 57. red "No," please SKIP TO QUESTION 59.
11 you allower	ed No, piedse sixii 10 QCESTION 37.
57. What	class did you take?
58. Place	a check mark next to all of the things you discussed or learned about in the class
	ou have taken on sexual abuse/assault:
•	Facts about sexual abuse/assault
_	
	I don't want to answer this question
59. Please	e tell us how much of the survey you understood. I understood
	1
	A few of the questions
	Some of the questions
	Most of the questions
	All of the questions
	I don't want to answer this question

	Did any of the survey questions (the thing you are doing now) make you feel sad,
i	anxious, awkward, or another unpleasant feeling? Yes
	□ No
	☐ I don't want to answer this question
	I don't want to answer this question
	ons: If you answered "Yes" to the question above (Q60), please GO TO QUESTION 61. nswered "No," please SKIP TO QUESTION 62.
	Please describe in as much detail as you are comfortable sharing what questions made you feel unpleasant feelings and what unpleasant feelings you experienced specifically.
	Do you feel like you personally benefited or gained something from taking this survey (the thing you are doing now)? Yes
	□ No
	☐ I don't want to answer this question
	ons: If you answered "Yes" to the question above (Q62), please GO TO QUESTION 63. Inswered "No," please SKIP TO QUESTION 64.
	Please describe in as much detail as you are comfortable sharing how you personally benefited.

64. What	t makes you happ	y?		
65. What	t are you most pro	oud of in life?		



Please raise your hand and one of the Peaceful Means teachers will come to get your survey. Thank you for taking the time to complete our survey! Wopila!