



Lucile E. Wright Memorial Scholarship

University of Nebraska-Lincoln
College of Education and Human Sciences
(Nutrition, Dietetics, or Food Service Management Majors)

PERSONAL EXPERIENCE: (Please type or use black ink)

Name: Natalie Sexson Student ID#: 70810356

Current Address: 235 S 11th Street

City: Lincoln State: NE Zip: 68508 Phone: (308) 539-1711

Permanent Address: 1701 Sunset Drive

City: North Platte State: NE Zip: 69101 Phone: (308) 539-1711

Names of parents, guardian or spouse: Mandy Williams and Tyler Sexson

Email Address: nsexson18@gmail.com

EDUCATIONAL EXPERIENCE:

Eligible Options in the Department of Nutrition and Health Sciences: Check all that apply

- Community Health and Wellness [] Pre-Dietetics []
Nutrition Science [] Nutrition, Exercise & Health Science [x]
Hospitality, Restaurant and Tourism Management - Food and Beverage Emphasis []

Other [] _____

Class in College 2024-2025: Sophomore [x] Junior [x] Senior [] GPA: 3.68

College organizations and leadership positions: The major organization I am involved in is The Salt Company. (SALT). SALT is a christian student organization that has around 1000 plus students attending weekly. This organization has had a huge impact on my life as I have met the most genuine and hard working people I know in college. They are one of the reasons that I enjoy college as much as I do.

I also attend the Pre-Physical Therapy Club when I am available, but sometimes scheduling conflicts come up. I enjoy this club as they have Physical Therapist of all different specialties come and speak knowledge on their career. It has helped me get a clearer understandin on which specialty of Physical Therapy that I would enjoy the best.

Honors and recognitions: I was a straight A student in highschool and earned the highest distinction out of my graduating class. Highschool came very easy to me, and my expectation for college was the same. Well the realization of how hard college was compared to highschool was harsh. Not to mention, my highschool did not do the ultimate job preparing us for college. My first semester of college was very hard as I had to figure out how to study, understand, and apply the content that I was learning in my classes. I ended my first semester of college with a GPA that dropped from a 4.0 to a 3.57. I was completely devastated and knew I needed to make a change if I wanted to be competitive when I apply to graduate school. I am proud to say that I have worked my way to achieving a 3.8 GPA last semester, working my cumulative GPA up to 3.68. I was rewarded by being on the Dean's list for the College of Education and Human Sciences. I am and will continue to work my GPA up until I get my degree.

Plan for employment following graduation: After I graduate with my Bachelors of Nutrition, Exercise, and Health Sciences, I plan to go to graduate school to achieve my Doctorate of Physical Therapy. My career goal is to own a Physical Therapy clinic with all the amenities needed for a full recovery back to a healthy lifestyle. With that I would like to have a clinic that is separated on two sides with one side being for Physical Therapy and the other as a gym. The objective is that have my patients go through Physical Therapy and slowly graduate to the gym side of the clinic. A fitness and nutrition plan will be made to fit their lifestyle after a consultation. This will ensure that they are getting everything they need in order to make a full recovery.

Please return by April 5th to: University of Nebraska-Lincoln
College of Education and Human Sciences
135 Carolyn Pope Edwards Hall
Lincoln, NE 68588-0234

Natalie Sexson

College Organizations and Leadership Positions:

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