



Promoting Resilient Youth with Strong Hearts & Minds

National Resources for Supporting LGBTQIA2S+ Youth

LGBT National Youth Talkline

1-800-246-PRIDE (7743)
glbthotline.org

The LGBT National Youth Talkline offers free and confidential peer counseling and information on local resources for LGBTQIA2S+ people up to age 25.

LGBT National Help Center

1-888-843-4564
glnh.org

The LGBT National Help Center serves the LGBTQIA2S+ community by providing free and confidential peer-support and local resources.

The National Teen Dating Abuse Helpline

1-866-331-9474 or text LOVEIS to 22522
www.loveisrespect.org/get-help

The National Teen Dating Abuse Helpline is a 24-hour national web-based and telephone helpline created to help teens (ages 13-18) experiencing dating abuse.

Trevor Lifeline

1-866-4-U-TREVOR (488-7386)
thetrevorproject.org

The Trevor Project runs the nation's only 24/7 crisis intervention and suicide prevention hotline for LGBTQIA2S+ people ages 13 to 24.

Translifeline

1-877-565-8860
translifeline.org

Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans and questioning peers.

The National Coalition Against Domestic Violence

ncadv.org

The NCADV's supports efforts to reduce domestic violence. They host conferences, advocacy webinars, informational workshops, and can connect you to local domestic violence resources.





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National Sexual Assault Hotline

1-800-656-HOPE (4673)
rainn.org

RAINN (Rape, Abuse & Incest National Network) operates the National Sexual Assault Hotline by partnering with local sexual assault service providers across the country.

National Runaway Safeline

1-800-RUNAWAY (786-2929)
www.1800runaway.org

The National Runaway Safeline's training and education initiatives connect providers, communities, families and youth with the tools they need to prevent youth homelessness and to address needs before a crisis escalates.

Substance Abuse and Mental Health Services Administration Helpline

1-800-662-HELP (4357)
www.samhsa.gov/find-help/national-helpline

SAMHSA's National Helpline provides free and confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders.

The National Sexual Violence Resource Center

www.nsvrc.org

The NSVRC provides leadership in preventing and responding to sexual violence through collaborative efforts and research. They offer free and low-cost resources for survivors, friends and family, advocates and educators.

988 Suicide and Crisis Lifeline

Call, text or chat 988
988lifeline.org

The 988 Suicide and Crisis Lifeline provides free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Crisis Text Line

Text HOME to 741741
www.crisistextline.org

The Crisis Text Line provides 24/7 support with a trained Crisis Counselor.

