

**Gilbert R. Parra, PhD (he/him)**  
**Curriculum Vitae**

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**CONTACT INFORMATION**

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**PROFESSIONAL POSITIONS**

- 2021 – present *Professor*  
Department of Child, Youth and Family Studies  
University of Nebraska-Lincoln
- 2015 – 2021 *Associate Professor*  
Department of Child, Youth and Family Studies  
University of Nebraska-Lincoln
- 2014 – 2015 *Research Scientist*  
Boys Town  
National Research Institute for Child and Family Studies
- 2012 – 2013 *Associate Professor*  
Department of Psychology  
University of Southern Mississippi
- 2011 – 2012 *Associate Professor*  
Department of Psychology  
University of Memphis
- 2005 – 2011 *Assistant Professor*  
Department of Psychology  
University of Memphis
- 2004 – 2005 *Postdoctoral Fellow*  
Western Psychiatric Institute and Clinic  
University of Pittsburgh Medical Center

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## EDUCATION

- 2003 – 2004 *Clinical Psychology Intern*  
Western Psychiatric Institute and Clinic  
University of Pittsburgh Medical Center
- 1999 – 2004 *Doctor of Philosophy, Clinical Psychology*  
University of Missouri-Columbia
- 1996 – 1999 *Master of Arts, Clinical Psychology*  
University of Missouri-Columbia
- 1992 – 1996 *Bachelor of Arts, Psychology*  
New Mexico State University

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## LEADERSHIP POSITIONS

- 2025 – present *Faculty Coordinator*  
Youth Development Master's Degree Program  
The Innovative Digital Education Alliance (IDEA)
- 2024 – present *Program Coordinator*  
Global Family and Wellbeing Doctoral Specialization  
Department of Child, Youth and Family Studies  
University of Nebraska-Lincoln

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## HONORS AND AWARDS

- University Distinguished Teaching Award, Awarded by the College of Education and Human Sciences at the University of Nebraska-Lincoln (2024)
- Program Excellence Through Research Award (Team Award), 3rd Place Regional Winner, Making Impact with a University Community Partnership Grant: Cultivating Healthy Intentional Mindful Educators (CHIME; PI: Hatton-Bowers), in the National Extension Association of Family and Consumer Sciences Annual Awards Program (2023)
- University-wide Departmental Teaching Award, Department of Child, Youth and Family Studies, Awarded by the University of Nebraska-Lincoln (2022)
- Excellence in Extension Team (Cultivating Healthy Intentional Mindful Educators [CHIME]; PI: Hatton-Bowers), Awarded by Nebraska Extension (2022)

School Psychology Quarterly Service Award, Awarded by The Division of School Psychology of the American Psychological Association for service to the journal (2012, 2013, 2014, 2015, 2016, 2017, and 2018)

Top 50 Reviewer, Awarded by Family Relations: Interdisciplinary Journal of Applied Family Science (2016, 2017, and 2018)

Faculty Loan Repayment Program Award, Awarded through the American Recovery and Reinvestment Act (December 2009; \$17,303 Awarded)

Outstanding Mentoring Award, Awarded by the University of Memphis Psychology Department (May 2008)

Outstanding Graduate Student, Awarded by Psi Chi National Honor Society in Psychology, University of Missouri-Columbia Chapter (May 2003)

Robert S. Daniel Teaching Fellowship, Department of Psychological Sciences, University of Missouri-Columbia (2002 – 2003)

Thurgood Marshall Graduate Fellowship, Graduate School, University of Missouri-Columbia (1996 – 2000)

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## LICENSURE

2018 – present Licensed Psychologist, State of Nebraska (#957)

2010 – 2018 Licensed Psychologist (Health Services Provider), State of Tennessee (#2931, inactive)

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## PUBLICATIONS

My work has yielded 71 scholarly publications (67 referred journal articles and four book chapters) as well as two other publications. My Google Scholar h-index is 32 and my i10-index is 53. My work has received 5751 citations.

- The Google Scholar information was obtained from the Google Scholar webpage (<https://scholar.google.com/>) on 1/15/26.
- \*indicates the individual was a student when most of the work was done.
- ♦indicates equal contribution.

### Refereed Journal Articles

67. Wang, D., Xia, Y. R., de Guzman, M. R., Choi, Jeong-Kyun, Parra, G. R., & Bovaird, J. (2025). Latent classes of adverse and positive childhood experiences and associations with depression among racially/ethnically minoritized adolescents. *Child & Family Social Work*. Advance online publication. <https://doi.org/10.1111/cfs.70063>

66. Starr, E. J., Hatton, H., Clark, C. A. C., **Parra, G. R.**, Avari, P., & Brock, R. L. (2025). Reducing emotion dysregulation through a mindfulness intervention: The moderating role of occupational stress for early childhood educators. *Mindfulness*, *16*(9), 2619–2636. <https://doi.org/10.1007/s12671-025-02644-2>
65. \*Xu, W., **Parra, G. R.**, Wickrama, T., & Merten, M. (2025). Parent–adolescent relationship quality and parenting stress across more than two decades: The mediating role of depressive symptoms. *Family Process*, *64*(2). <https://doi.org/10.1111/famp.70043>
64. Wheeler, L. A., Kuo, P. X., Kemp, B. R., \*Xu, W., Hatton, H., **Parra, G. R.**, & Tippens, J. A. (2024). The 2023 State of Nebraska Families: State Priorities and Key Areas of Promise. *Marriage & Family Review*, *60*(7), 470–499. <https://doi.org/10.1080/01494929.2024.2402486>
63. \*Xu, W., **Parra, G. R.**, & \*Carter, M. (2024). Intergenerational coparenting and child development: A systematic review. *Journal of Family Theory & Review*, *16*(4), 834–856. <https://doi.org/10.1111/jftr.12594>
62. Clark, C. A. C., Hatton-Bowers, H., Akhavein, K., Rasby, S., & **Parra, G. R.** (2024). Growing through adversity: the relation of early childhood educator post-traumatic growth to young children's executive function. *Frontiers in psychology*, *15*, 1272294. <https://doi.org/10.3389/fpsyg.2024.1272294>
61. Galati, M. C. R., Hollist, C. S., do Egito, J. H. T., Osório, A. A. C., **Parra, G. R.**, Neu, C., & de Moraes Horta, A. L. (2023). Sexual dysfunction, depression, and marital dissatisfaction among Brazilian couples. *The Journal of Sexual Medicine*, *20*(3), 260–268. <https://doi.org/10.1093/jsxmed/qdac004>
60. Hatton-Bowers, H., Clark, C., **Parra, G.**, Calvi, J., Bird, M. Y., Avari, P., ... & Smith, J. (2023). Promising findings that the cultivating healthy intentional mindful educators' program strengthens early childhood teachers' emotional resources: An iterative study. *Early Childhood Education Journal*, *51*, 1291–1304. <https://doi.org/10.1007/s10643-022-01386-3>
59. **Parra, G. R.**, \*Smith, J. P., & Mason, W. A. (2022). Investigation of the bidirectional relations between adolescents' anger at their parents and symptoms of depression. *Family Relations*, *71*(2), 602–610. <https://doi.org/10.1111/fare.12617>
58. Chaidez, V., Qiu, Y., Palmer-Wackerly, A. L., Tippens, J. A., **Parra, G. R.**, Habecker, P., Carrasco, K. G., Soliz, J., Pytlik Zillig, L. M., & Dombrowski, K. (2021). Ethnic comparisons in perceptions of health, happiness, hope and related social determinants of health in a majority-minority Midwest town. *The Journal of Sociology & Social Welfare*, *48*(1), 136–163. <https://scholarworks.wmich.edu/jssw/vol48/iss1/6>
57. **Parra, G. R.**, Patwardhan, I., Mason, W. A., Chmelka, M. B., Savolainen, J., Miettunen, J., & Järvelin, M. R. (2020). Parental alcohol use and the alcohol misuse of their offspring in a

Finnish birth cohort: Investigation of developmental timing. *Journal of Youth and Adolescence*, 49(8), 1702–1715. <https://doi.org/10.1007/s10964-020-01239-5>

56. ♦Tippens, J. A., ♦Parra, G. R., Habecker, P., Gocchi Carrasco, K., Andrews, A. R. III, Palmer-Wackerly, A. L., Chaidez, V., Soliz, J., Pytlik Zillig, L. M., & Dombrowski, K. (2020). Emotional support and mental health among Somali men in a rural Midwestern town. *Journal of Rural Mental Health*, 44(3), 170–183. <https://doi.org/10.1037/rmh0000136>
55. Choi, E., Parra, G. R., & \*Jiang, Q. (2019). The longitudinal and bidirectional relationships between cooperative coparenting and child behavioral problems in low-income, unmarried families. *Journal of Family Psychology*, 33(2), 203–214. <https://doi.org/10.1037/fam0000498>
54. Peasant, C., Montanaro, E. A., Kershaw, T. S., Parra, G. R., Weiss, N. H., Meyer, J. P., Murphy, J. G., Ritchwood, T. D., & Sullivan, T. P. (2019). An event-level examination of successful condom negotiation strategies among young women. *Journal of Health Psychology*, 24(7), 898–908. <https://doi.org/10.1177%2F1359105317690598>
53. Williams, D. T., & Parra, G. R. (2019). The longitudinal and bidirectional association between parenting stress and couples' relationship quality. *Personal Relationships*, 26(4), 713–732. <https://doi.org/10.1111/pere.12301>
52. Peasant, C., Sullivan, T. P., Ritchwood, T. D., Parra, G. R., Weiss, N. H., Meyer, J. P., & Murphy, J. G. (2018). Words can hurt: The effects of physical and psychological partner violence on condom negotiation and condom use among young women. *Women & Health*, 58(5), 483–497. <https://doi.org/10.1080/03630242.2017.1316345>
51. Parra, G. R., Smith, G., Mason, W. A., Savolaninen, J., Chmelka, M. B., Miettunen, J., Järvelin, M., Moilanen, I., & Veijola, J. (2018). Profiles of prenatal contextual risk and adolescent substance use. *Journal of Child and Family Studies*, 27(3), 717–724. <https://doi.org/10.1007/s10826-017-0935-x>
50. Huefner, J. C., Smith, G. L., Ringle, J. L., Stevens, A. L., Mason, W. A., & Parra, G. R. (2017). Patterns of psychotropic medication at admission for youth in residential care. *Journal of Child and Family Studies*, 26(1), 317–328. <https://doi.org/10.1007/s10826-016-0548-9>
49. Parra, G. R., Smith, G., Mason, W. A., Savolaninen, J., Chmelka, M. B., Miettunen, J., & Järvelin, M. (2017). Tests of linear and nonlinear relations between cumulative contextual risk at birth and psychosocial problems during adolescence. *Journal of Adolescence*, 60, 64–73. <https://doi.org/10.1016/j.adolescence.2017.07.010>
48. Howard Sharp, K. M., Cohen, R., Kitzmann, K. M., & Parra, G. R. (2016). Mechanisms mediating children's perceived maternal nonsupportive reactions to sadness and children's social and emotional functioning. *Journal of Child and Family Studies*, 25(2), 367–380. <https://doi.org/10.1007/s10826-015-0240-5>
47. Mason, W. A., Fleming, C. B., Gross, T. J., Thompson, R. W., Parra, G. R., Haggerty, K. P., & Snyder, J. J. (2016). Randomized trial of parent training to prevent adolescent problem

- behaviors during the transition to high school. *Journal of Family Psychology*, 30(8), 944–954. <https://doi.org/10.1037/fam0000204>
46. Mason, W. A., January, S. A., Chmelka, M. B., **Parra, G. R.**, Savolainen, J., Miettunen, J., Marjo-Riitta Järvelin, M., Taanila, A., & Moilanen, I. (2016). Cumulative contextual risk at birth in relation to adolescent substance misuse, conduct problems, and risky sex: General and specific predictive associations in a Finnish Birth Cohort. *Addictive Behaviors*, 58, 161–166. <https://doi.org/10.1016/j.addbeh.2016.02.031>
  45. Mason, W. A., January, S. A., Fleming, C. B., Thompson, R. W., **Parra, G. R.**, Haggerty, K. P., & Snyder, J. J. (2016). Parent training to reduce problem behaviors over the transition to high school: Indirect effects through improved emotion regulation skills. *Children and Youth Services Review*, 61, 176–183. <https://doi.org/10.1016/j.childyouth.2015.12.022>
  44. **Parra, G. R.**, Ross, J. R., Ringle, J. L., Samson, N., & Thompson, R. W. (2016). Evaluation of Boys Town In-Home Family Services with families referred by Child Welfare. *Journal of Evidence-Informed Social Work*, 13(4), 401–411. <https://doi.org/10.1080/23761407.2015.1086715>
  43. \*Yurasek, A. M., Robinson, L. A., & **Parra, G. R.** (2016). Ethnic and gender differences in strategies used by adolescents to quit smoking. *Journal of Child & Adolescent Substance Abuse*, 25(3), 252–259. <https://doi.org/10.1080/1067828X.2015.1014613>
  42. Buckholdt, K. E., **Parra, G. R.**, Anestis, M. D., Lavender, J. M., Jobe-Shields, L., Tull, M. T., & Gratz, K. L. (2015). Emotion regulation difficulties and maladaptive behaviors: Examination of deliberate self-harm, disordered eating, and substance misuse in two samples. *Cognitive Therapy and Research*, 39(2), 140–152. <https://doi.org/10.1007/s10608-014-9655-3>
  41. Gross, T., Mason, W. A., **Parra, G. R.**, Ringle, J., Oats, R., & Haggerty, K. (2015). Adherence and dosage contributions to parenting program quality. *Journal of the Society for Social Work and Research*, 6(4), 467–489. <https://doi.org/10.1086/684108>
  40. \*Jobe-Shields, L., Andrews, A. R., **Parra, G. R.**, & Williams, N. A. (2015). Person-centered approaches to understanding early family risk. *Journal of Family Theory & Review*, 7(4), 432–451. <https://doi.org/10.1111/jftr.12118>
  39. \*Lewis, J. T., **Parra, G. R.**, & Cohen, R. (2015). Apologies in close relationships: A review of theory and research. *Journal of Family Theory & Review*, 7(1), 47–61. <https://doi.org/10.1111/jftr.12060>
  38. \*Peasant, C., **Parra, G. R.**, & Okwumabua, T. M. (2015). Condom negotiation: Findings and future directions. *Journal of Sex Research*, 52(4), 470–483. <https://doi.org/10.1080/00224499.2013.868861>

37. \*Tillery, R., Cohen, R., **Parra, G. R.**, Kitzmann, K. M., & \*Howard Sharp, K. M. (2015). Friendship and the socialization of sadness. *Merrill-Palmer Quarterly*, *61*(4), 486–508. <https://doi.org/10.13110/merrpalmquar1982.61.4.0486>
36. Berlin, K. S., **Parra, G. R.**, & Williams, N. A. (2014). An introduction to latent variable mixture modeling (Part 2): Longitudinal latent class growth and growth mixture models. *Journal of Pediatric Psychology*, *39*(2), 188–203. <https://doi.org/10.1093/jpepsy/jst085>
35. Berlin, K. S., Williams, N. A., & **Parra, G. R.** (2014). An introduction to latent variable mixture modeling (Part 1): Cross-sectional latent class and latent profile analyses. *Journal of Pediatric Psychology*, *39*(2), 174–187. <https://doi.org/10.1093/jpepsy/jst084>
34. \*Buckholdt, K. E., **Parra, G. R.**, & \*Jobe-Shields, L. (2014). Intergenerational transmission of emotion dysregulation through parental invalidation of emotions: Implications for adolescent internalizing and externalizing behaviors. *Journal of Child and Family Studies*, *23*(2), 324–332. <https://doi.org/10.1007/s10826-013-9768-4>
33. \*Jobe-Shields, L., \*Buckholdt, K. E., **Parra, G. R.**, & \*Tillery, R. N. (2014). Adolescent reactions to maternal responsiveness and internalizing symptomatology: A daily diary investigation. *Personal Relationships*, *21*(2), 335–348. <https://doi.org/10.1111/perc.12034>
32. \*Tillery, R., \*DiSabatino, K., **Parra, G. R.**, \*Buckholdt, K. E., & \*Jobe-Shields, L. (2014). Examination of consistency of adolescent and parent reports across several psychosocial constructs. *Personal Relationships*, *21*(4), 599–611. <https://doi.org/10.1111/perc.12051>
31. \*Jobe-Shields, L., **Parra, G. R.**, & \*Buckholdt, K. E. (2013). Perceptions of parental emotional awareness: Links to adjustment difficulties in emerging adulthood. *The Family Journal: Counseling & Therapy for Couples and Families*, *21*(4), 408–416. <https://doi.org/10.1177/1066480713488529>
30. Klosky, J. L., Russell, K. M., Canavera, K. E., \*Gammel, H. L., Hodges, J. R., Foster, R. H., **Parra, G. R.**, Simmons, J. L., Green, D. M., & Hudson, M. M. (2013). Risk factors for non-initiation of the human papillomavirus (HPV) vaccine among adolescent survivors of childhood cancer. *Cancer Prevention Research*, *6*(10), 1101–1110. <https://doi.org/10.1158/1940-6207.CAPR-13-0127>
29. \*Olsen, S. A., \*Clapp, J. D., **Parra, G. R.**, & Beck, J. G. (2013). Factor structure of the dissociative experiences scale: An examination across sexual assault status. *Journal of Psychopathology and Behavioral Assessment*, *35*(3), 394–403. <https://doi.org/10.1007/s10862-013-9347-4>
28. \*Bracken-Minor, K. L., McDevitt-Murphy, M. E., & **Parra, G. R.** (2012). Profiles of non-suicidal self-injurers and associated patterns of alcohol use. *Journal of Psychopathology and Behavioral Assessment*, *34*(4), 552–563. <https://doi.org/10.1007/s10862-012-9306-5>

27. Casey, L. B., Zankas, S., Meindl, J. N., **Parra, G. R.**, Cogdal, P., & Powell, K. (2012). Parental symptoms of posttraumatic stress following a child's diagnosis of autism spectrum disorder: A pilot study. *Research in Autism Spectrum Disorders*, 6(3), 1186–1193. <https://doi.org/10.1016/j.rasd.2012.03.008>
26. \*Olsen, J. P., **Parra, G. R.**, Cohen, R., \*Schoffstall, C., & \*Egli, C. J. (2012). Beyond relationship reciprocity: A consideration of varied forms of children's relationships. *Personal Relationships*, 19(1), 72–88. <https://doi-org.libproxy.unl.edu/10.1111/j.1475-6811.2010.01339.x>
25. Kitzmann, K. M., Parra, G. R., & \*Jobe-Shields, L. (2012). A review of programs designed to prepare parents for custody and visitation mediation. *Family Court Review*, 50(1), 128–136. <https://doi-org.libproxy.unl.edu/10.1111/j.1744-1617.2011.01434.x>
24. \*Jobe-Shields, L., Cohen, R., & Parra, G. R. (2011). Patterns of change in children's loneliness: Trajectories from third through fifth grade. *Merrill-Palmer Quarterly*, 57(1), 25–47. <https://digitalcommons.wayne.edu/mpq/vol57/iss1/4>
23. **Parra, G. R.**, \*Buckholdt, K. E., \*Olsen, J. P., \*Jobe-Shields, L., \*Davis, G. L., & \*Gamble, H. L. (2011). Targeting family risk factors in the context of treating youth depression: A survey of psychologists. *The Family Journal: Counseling & Therapy for Couples and Families*, 19(4), 381–388. <https://doi.org/10.1177/1066480711419801>
22. **Parra, G. R.**, \*Jobe-Shields, L., Kitzmann, K. M., Luebbe, A. M., \*Olsen, J. P., & \*Davis, G. L. (2011). Investigation of change in adolescent perceptions of mothers' and fathers' contributions to interparental discord from grades 7 to 9. *Journal of Research on Adolescence*, 21(2), 408–419. <https://doi.org/10.1111/j.1532-7795.2010.00678.x>
21. \*Veazey-Morris, K. D., **Parra, G. R.**, & Stender, S. (2011). Eating attitudes and behaviors among female college students. *Journal of College Counseling*, 14(1), 21–33. <https://doi.org/10.1002/j.2161-1882.2011.tb00061.x>
20. \*Buckholdt, K. E., **Parra, G. R.**, & \*Jobe-Shields, L. (2010). Emotion dysregulation as a mechanism through which parental magnification of sadness increases risk for binge eating and limited control of eating behaviors. *Eating Behaviors*, 11(2), 122–126. <https://doi.org/10.1016/j.eatbeh.2009.10.003>
19. \*Davis, G. L., **Parra, G. R.**, & Phipps, S. (2010). Parental posttraumatic stress symptoms due to childhood cancer and child outcomes: Investigation of the role of child anger regulation. *Children's Health Care*, 39(3), 173–184. <https://doi.org/10.1080/02739615.2010.493763>
18. Floyd, R. G., Bergeron, R., Hamilton, G., & **Parra, G. R.** (2010). How do executive functions fit with the CHC model?: Some evidence from a joint factor analysis of the Delis-Kaplan Executive Function System and the WJ III Tests of Cognitive Abilities. *Psychology in the Schools*, 27(7), 721–738. <https://doi.org/10.1002/pits.20500>

17. \*Gamble, H. L., Klosky, J. L., **Parra, G. R.**, & Randolph, M. E. (2010). Factors influencing familial decision-making regarding human papillomavirus vaccination. *Journal of Pediatric Psychology*, 35(7), 704–715. <https://doi.org/10.1093/jpepsy/jsp108>
16. \*Olsen, J. P., **Parra, G. R.**, & \*Bennett, S. A. (2010). Predicting violence in romantic relationships during adolescence and emerging adulthood: A critical review of the mechanisms by which familial and peer influences operate. *Clinical Psychology Review*, 30(4), 411–422. <https://doi.org/10.1016/j.cpr.2010.02.002>
15. **Parra, G. R.**, \*Olsen, J. P., \*Buckholdt, K., \*Jobe-Shields, L., & \*Davis, G. L. (2010). A pilot study of the development of a measure assessing adolescent reactions to parent responses to emotions. *Journal of Child and Family Studies*, 19(5), 596–606. <https://doi.org/10.1007/s10826-009-9343-1>
14. \*Buckholdt, K. E., **Parra, G. R.**, & \*Jobe-Shields, L. (2009). Emotion regulation as a mediator of the relation between emotion socialization and deliberate self-harm. *American Journal of Orthopsychiatry*, 79(4), 482–490. <https://doi.org/10.1037/a0016735>
13. \*Gamble, H. L., **Parra, G. R.**, & Beech, B. M. (2009). Moderators of physical activity and obesity during adolescence. *Eating Behaviors*, 10(4), 232–236. <https://doi.org/10.1016/j.eatbeh.2009.07.005>
12. McDevitt-Murphy, M. E., **Parra, G. R.**, Shea, M. T., Yen, S., Grilo, C. M., Sanislow, C. A., McGlashan, T. H., Gunderson, J. G., Skodol, A. E., & Markowitz, J. C. (2009). Trajectories of PTSD and substance use disorders in a longitudinal study of personality disorders. *Psychological Trauma: Theory, Research, Practice and Policy*, 1(4), 269–281. <https://doi.org/10.1037/a0017831>
11. Williams, N. A., **Parra, G. R.**, & Elkin, T. D. (2009). Parenting children with food allergy: Preliminary development of a measure assessing child-rearing behaviors in the context of pediatric food allergy. *Annals of Allergy, Asthma and Immunology*, 103(2), 140–145. [https://doi.org/10.1016/S1081-1206\(10\)60167-6](https://doi.org/10.1016/S1081-1206(10)60167-6)
10. Williams, N. A., **Parra, G. R.**, & Elkin, T. D. (2009). Subjective distress and emotional resources in mothers of children with food allergy. *Children's Health Care*, 38(3), 213–227. <https://doi.org/10.1080/02739610903038792>
9. **Parra, G. R.**, Krull, J. L., Sher, K. J., & Jackson, K. M. (2007). Frequency of heavy drinking and perceived peer alcohol involvement in adulthood: Comparison of influence and selection mechanisms from a developmental perspective. *Addictive Behaviors*, 32(10), 2211–2225. <https://doi.org/10.1080/02739610903038792>
8. **Parra, G. R.**, DuBois, D. L., & Sher, K. J. (2006). Investigation of profiles of risk factors for adolescent psychopathology: A person-centered approach. *Journal of Clinical Child and Adolescent Psychology*, 35(3), 386–402. [https://doi.org/10.1207/s15374424jccp3503\\_4](https://doi.org/10.1207/s15374424jccp3503_4)

7. **Parra, G. R.**, Martin, C. S., & Clark, D. B. (2005). The drinking situations of adolescents treated for alcohol use disorders: A psychometric and alcohol-related outcomes investigation. *Addictive Behaviors*, *30*(9), 1725–1736. <https://doi.org/10.1016/j.addbeh.2005.07.022>
6. Vungkhanching, M., Sher, K. J., Jackson, K. M., & **Parra, G. R.** (2004). Relation of attachment style to family history of alcoholism and alcohol use disorders in early adulthood. *Drug & Alcohol Dependence*, *75*(1), 47–53. <https://doi.org/10.1016/j.drugalcdep.2004.01.013>
5. DuBois, D. L., Lockerd, E. M., Reach, K., & **Parra, G. R.** (2003). Effective strategies for esteem-enhancement during early adolescence: What do youth have to say? *Journal of Early Adolescence*, *23*(4), 405–434. <https://doi.org/10.1177/0272431603258346>
4. **Parra, G. R.**, O’Neill, S. E., & Sher, K. J. (2003). Reliability of self-reported age of substance involvement onset. *Psychology of Addictive Behaviors*, *17*(3), 211–218. <https://doi.org/10.1037/0893-164X.17.3.211>
3. DuBois, D. L., Neville, H. A., **Parra, G. R.**, & Pugh-Lilly, A. O. (2002). Testing a new model of mentoring. *New Directions for Youth Development*, *2002*(93), 21–57. <https://doi.org/10.1002/yd.23320029305>
2. **Parra, G. R.**, DuBois, D. L., Neville, H. A., Pugh-Lilly, A. O., & Povinelli, N. (2002). Mentoring relationships for youth: Investigation of a process-oriented model. *Journal of Community Psychology*, *30*(4), 367–388. <https://doi.org/10.1002/jcop.10016>
1. O’Neill, S. E., **Parra, G. R.**, & Sher, K. J. (2001). Clinical relevance of heavy drinking during the college years: Cross-sectional and prospective perspectives. *Psychology of Addictive Behaviors*, *15*(4), 350–359. <https://doi.org/10.1037/0893-164X.15.4.350>

### **Book Chapters**

4. \*Xu, W., Van Leeuwen, K., Liang, R., Luo, N., & **Parra, G. R.** (2025). Assessing intergenerational coparenting: Challenges and future directions. In E. Camisasaca, A. Miragoli, & S. Bavagnoli (Eds.), *Assessment of the coparenting relationships: Multi-method instruments and procedures* (pp. 169-182). UNICOPLI.
3. Do, K. A., **Parra, G. R.**, Kim, S., Pillai, S., Choi, E., & de Guzman, M. R. (2024). Youth civic engagement: A global perspective. In Y. R. Xia, M. R. de Guzman, R. Esteinou, & C. S. Hollist (Eds.), *Adolescents and their families: A global perspective* (pp. 115–134). Springer. [https://doi.org/10.1007/978-3-031-49230-3\\_6](https://doi.org/10.1007/978-3-031-49230-3_6)
2. DuBois, D. L., Lopez, C., & **Parra, G. R.** (2004). Cognitive therapy and the self. In M. A. Reinecke & D. A. Clark (Eds.), *Cognitive therapy across the lifespan* (pp. 202–230). Cambridge University Press.
1. DuBois, D. L., Felner, R. D., Lockerd, E. M., **Parra, G. R.**, & Lopez, C. (2003). The quadripartite model revised: Promoting positive mental health in children and adolescents. In

M. Reinecke, F. M. Dattilio, & A. Freeman (Eds.), *Cognitive therapy with children and adolescents: A casebook for clinical practice* (2nd ed., pp. 402–433). Guilford Press.

### **Other Publications**

2. **Parra, G. R.**, Hatton-Bowers, H., & Gottschalk, C. (2019). *Supporting the Short-Term and Long-Term Wellbeing of your Colleagues*. [Resource handout for Extension employees]. University of Nebraska-Lincoln.
1. **Parra, G. R.**, Foged, J., Hatton-Bowers, H. N., Reddish, L., & Brand, G. (2018, June). *Understanding Anger for Your Health and Relationships*. NebGuide. G1804MR. University of Nebraska-Lincoln. <http://extensionpublications.unl.edu/assets/pdf/g1804.pdf>

### **Manuscripts Submitted for Publication**

3. \*Xu, W., Ren, L., **Parra, G. R.**, Han, Z. R., & Lyu, J. (2025). *How grandparental involvement predicts preschoolers' social-emotional development in Chinese families*. Manuscript submitted for publication.
2. \*Xu, W., & **Parra, G. R.** (2025). *The unique contribution of intergenerational relationship quality to child social-emotional development in China: Perspectives from both generations*. Manuscript submitted for publication.
1. \*Emmanuel, P. A., Coburn, K. O., **Parra, G. R.**, & Dalla, R. (2025). *Examining the willingness to utilize telehealth among women who own a smartphone and live in urban areas of Nigeria*. Manuscript submitted for publication.

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## PRESENTATIONS

### **Referred Conference Presentations**

69. Xu, W. & **Parra, G. R.** (2025, November). *Intergenerational coparenting and children's social-emotional development among Chinese families* [Paper presentation]. National Council on Family Relations Annual Conference, Baltimore, Maryland, United States.
68. Xu, W., **Parra, G. R.**, & Lyu, J. (2025, November). *Parent-grandparent dyads in China: The role of relationship quality in caring for preschool children* [Paper presentation]. National Council on Family Relations Annual Conference, Baltimore, Maryland, United States.
67. Akhavein, K., Clark, C.A.C., Hatton-Bowers, H., Jiang, Q., Avari, P., **Parra, G. R.**, & Finch, J.E. (2023, July 15 – 19). *How does early childhood teacher emotion dysregulation and job stress relate to preschoolers' self-regulation?* [Poster presentation]. World Association of Infant Mental Health conference, Dublin, Ireland.
66. **Parra, G. R.**, Williams, N., \*Xu, W., \*Pillai, S., Wickrama, T., & Merten, M. (2022, November 16–19). *Estrangement between adult children and their parents during middle adulthood* [Poster presentation]. National Council on Family Relations Annual Conference, Minneapolis, MN, United States.

65. \*Xu, W., Xia, Y., **Parra, G. R.**, \*Yang, Z., \*Wang, Y., & \*Wang, D. (2022, November 16–19). *Trajectories of children's conscientiousness from early childhood to adolescence and their associations with academic performance* [Poster presentation]. National Council on Family Relations Annual Conference, Minneapolis, MN, United States.
64. Hatton-Bowers, H., Clark, C., Avari, P., Rasby, S., Starr, E., **Parra, G.** & Wheeler, L. (2022, June). *Supporting Early Childhood Teachers' Emotional and Physiological Well-being with Mindfulness, Reflection, and Self-Compassion during the COVID-19 Pandemic*. Presentation in Dr. Laura Lessard (chair) Understanding and Improving the Well-Being of the Early Childhood Workforce: Innovative Research and Practice. Symposium at the National Research Conference on Early Childhood, Virtual.
63. Hatton-Bowers, H., Clark, C., **Parra, G.**, & Avari, P. (2022, April). "*I now acknowledge my feelings and others' emotions*": *Supporting early childhood teachers with mindfulness*. Presentation in Mary Benson McMullen (chair) Early Childhood Professional Well-Being: Multiple Perspectives on Outcomes and Implications from Three Projects. Symposium at the American Educational Research Association, San Diego, California.
62. Hatton-Bowers, H., Krehbiel, M., Wheeler, L., **Parra, G. R.**, & Mueller, A. (2021, September). *Reach Out for Wellness: An online resource to support the wellness of extension employees impacted by disasters*. Extension Disaster Education Network Annual Meeting. Raleigh, North Carolina.
61. Carlson, M., **Parra, G. R.**, & Oshri, A. (2019, November 20–23). *The link between child abuse and neglect with coercive and forced sexual victimization in young adulthood: The role of inhibitory control task performance* [Paper presentation]. National Council on Family Relations Annual Conference, Fort Worth, TX, United States.
60. \*Matthews, A. M., **Parra, G. R.**, Torquati, J., & Schachter, R. E. (2019, November 20–23). *Maternal and child behaviors during book reading* [Poster presentation]. National Council on Family Relations Annual Conference, Fort Worth, TX, United States.
59. Mason, W. A., Smith, G. L., **Parra, G. R.**, & Savolainen, J. (2018, May 29–June 1). *Distal and proximal associations of parental alcohol use with adolescent alcohol use and young adult alcohol abuse in a Finnish cohort* [Poster presentation]. Society for Prevention Research 26th Annual Meeting, Washington, DC, United States.
- [The poster was selected as an Abstract of Distinction at the 2018 Society for Prevention Research annual meeting.]
58. Choi, E., **Parra, G. R.**, & \*Jiang, Q. (2018, November 7–10). *Unmarried parents' cooperative coparenting and child behavior problems: Ages 1 through 9* [Paper presentation]. National Council on Family Relations Annual Conference, San Diego, CA, United States.

57. **Parra, G. R.**, \*Smith, J. P., & Mason, W. A. (2018, November 7–10). *Patterns of change in adolescents' anger at their parents and depressive symptoms* [Poster presentation]. National Council on Family Relations Annual Conference, San Diego, CA, United States.
56. \*Smith, J. P., **Parra, G. R.**, & Doucette, H. (2018, November 7–10). *Descriptions of hurtful experiences perpetrated by parents and forgiveness: A linguistic analysis* [Paper presentation]. National Council on Family Relations Annual Conference, San Diego, CA, United States.
55. Hatton-Bowers, H., **Parra, G. R.**, Thomas, R., & Smalley, C. (2017, November 15–18). *Ending the Game: A survivor-informed curriculum for victims of sex trafficking* [Paper presentation]. National Council on Family Relations Annual Conference, Orlando, FL, United States.
54. **Parra, G. R.**, \*Zurek, A. A., \*Lanctot, J., \*Semerad, M., & \*Doucette, H. (2017, November 15–18). *Investigation of the types of parent behaviors that children find hurtful* [Paper presentation]. National Council on Family Relations Annual Conference, Orlando, FL, United States.
53. \*Doucette, H., **Parra, G. R.**, & Rizzo, C. (2016, October 27–30). *Empathy and forgiveness: Influences on intimate partner violence perpetration and victimization* [Poster presentation]. Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY, United States.
52. Mason, W. A., **Parra, G. R.**, Smith, G. L., Savolainen, J., & Chmelka, M. B. (2016, May 31–June 2). *Profiles of contextual risk at birth and adolescent substance use in a Finnish Birth Cohort* [Poster presentation]. Society for Prevention Research 24th Annual Meeting, San Francisco, CA, United States.
51. **Parra, G. R.**, \*Doucette, H., \*Fair, E. C., \*Hankey, M., \*Lui, J., & \*Taylor, N. (2016, November 2–5). *Emotional injuries by parents and forgiveness* [Poster presentation]. National Council on Family Relations Annual Conference, Minneapolis, MN, United States.
50. Mason, W. A., Fleming, C. B., Thompson, R. W., **Parra, G. R.**, January, S-A A., Haggerty, K. P., & Snyder, J. J. (2015, May 26–29). *Indirect effects of parent training through emotion regulation skills leading to reduced problem behaviors over the transition to high school* [Poster presentation]. Society for Prevention Research 23rd Annual Meeting, Washington, DC, United States.
49. Mason, W. A., Fleming, C. B., Thompson, R. W., **Parra, G. R.**, Haggerty, K. P., & Snyder, J. J. (2014, October 16–18). *Parent training to reduce problem behaviors over the transition to high school: Indirect effects through improved emotion regulation skills* [Poster presentation]. National Conference on Clinical Child and Adolescent Psychology 11th Biennial Conference, Lawrence, KS, United States.
48. **Parra, G. R.**, Ringle, J. L., Ross, J. R., & Thompson, R. W. (2014, October 16–18). *Clinicians' use of information about family risk factors in the treatment planning and goal setting*

*process* [Poster presentation]. National Conference on Clinical Child and Adolescent Psychology 11th Biennial Conference, Lawrence, KS, United States.

47. Banks, G. G., Berlin, K. S., **Parra, G. R.**, Williams, N. A., Kamody, R., & Ferry, R. (2013, November 23–24). *Assessing the impact of differential body mass index trajectories on African American children's social-emotional functioning: A growth mixture model* [Poster presentation]. Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN, United States.
46. \*Peasant, C., **Parra, G. R.**, & Murphy, J. G. (2013, November 2–6). *Trauma, condom negotiation, and mental health: Configurations of risk* [Poster presentation]. American Public Health Association 141st Annual Meeting, Boston, MA, United States.
45. Williams, N. A., **Parra, G. R.**, Ronis, S. T., \*Fair, E. C., \*Hankey, M., & \*Lui, J. (2013, November 6–9). *Parent-child conversations about family adversity: A review* [Poster presentation]. National Council on Family Relations Annual Conference, San Antonio, TX, United States.
44. Keating, H., \*Peasant, C., **Parra, G. R.**, & Murphy, J. G. (2013, May 23–26). *Condom negotiation: Which strategies work together?* [Poster presentation]. Association for Psychological Science 25th Annual Convention, Washington, D.C, United States.
43. \*DiSabatino, K. M., **Parra, G. R.**, \*Jobe-Shields, L., & \*Sharp Howard, K. M. (2013, April 18–20). *Adolescent emotional insecurity in the context of parent depression* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Seattle, WA, United States.
42. **Parra, G. R.**, \*Jobe-Shields, L., & Ronis, S. T. (2012, October 31–November 3). The assessment of family-related emotion socialization in the context of clinical practice with children and adolescents. In S. T. Ronis (Chair), *Expanding the toolbox: Using family assessments in clinical practice* [Symposium]. National Council on Family Relations Annual Conference, Phoenix, AZ, United States.
41. \*Tillery, R., Cohen, R., **Parra, G. R.**, Kitzmann, K. M., & \*Howard Sharp, K. M. (2012, March 22–24). Contributions of children's friendships in relation to children's emotion management and depressive symptoms. In K. M. Howard Sharp (Chair), *The role of peers in emotion development* [Symposium]. Society for Research in Human Development 18th Biennial Meeting, New Orleans, LA, United States.
40. \*Cossel, T. K., \*Tillery, R., \*Gore, K., \*Buckholdt, K., \*Jobe-Shields, L., \*DiSabatino, K., & **Parra, G. R.** (2011, November 10–13). *Consistency of adolescent and parent reports across several domains of functioning* [Poster presentation]. Association for Behavioral and Cognitive Therapies 45th Annual Convention, Toronto, Canada.
39. \*Jobe-Shields, L., **Parra, G. P.**, & \*Buckholdt, K. E. (2011, November 10–13). *Maternal awareness of adolescent sadness and maternal responsiveness: A multimethod investigation*

- [Poster presentation]. Association for Behavioral and Cognitive Therapies 45th Annual Convention, Toronto, Canada.
38. **Parra, G. R.**, Kitzmann, K. M., \*Howard, K. M., \*Stapleton, C. M., \*Cossel, T. K., & Beck, J. G. (2011, March 31–April 2). *Mother-child conversations about intimate partner violence* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Montreal, Canada.
  37. \*Williams, J., **Parra, G. R.**, \*Buckholdt, K. E., & \*Jobe-Shields, L. (2011, March 31–April 2). *Parent emotion invalidation, emotion inhibition, and rumination in relation to adolescent depression* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Montreal, Canada.
  36. \*Olsen, S. A., \*Clapp, J. D., Beck, J. G., **Parra, G. R.**, Avery, M. L., McNiff, J., & Hagedwood, J. H. (2010, November 18–21). *Factor structure of the dissociative experiences scale: A comparison across sexual assault status* [Poster presentation]. Association for Behavioral and Cognitive Therapies 44th Annual Convention, San Francisco, CA, United States.
  35. \*Buckholdt, K. E., **Parra, G. R.**, Kitzmann, K. M., \*Jobe-Shields, L., \*Howard, K. M., \*Stapleton, C. M., \*Davis, G. L., \*Egli, C. J., \*Olsen, J. P., & \*Schoffstall, C. L. (2010, August 12–15). *Fostering positive co-parenting relationships: A mediation preparation program* [Poster presentation]. American Psychological Association 118th Annual Convention, San Diego, CA, United States.
  34. \*Buckholdt, K. E., **Parra, G. R.**, Kitzmann, K. M., \*Jobe-Shields, L., \*Howard, K. M., & \*Stapleton, C. M. (2010, June 3–5). *Differences in the utilization of parental emotion socialization practices from late childhood to middle adolescence* [Paper presentation]. Jean Piaget Society 40th Annual Meeting, St. Louis, MO, United States.
  33. \*Howard, K. M., **Parra, G. R.**, Kitzmann, K. M., \*Jobe-Shields, L., \*Buckholdt, K. E., & \*Stapleton, C. M. (2010, April). *Parent responses to adolescent sadness: Associations with internalizing symptoms* [Poster presentation]. Biennial Conference on Human Development, New York, NY, United States.
  32. Williams, N. A., & **Parra, G. R.** (2010, April 7–10). *Emotional distress and parenting behaviors in pediatric food allergy* [Poster presentation]. Society of Behavioral Medicine 31st Annual Meeting, Seattle, WA, United States.
  31. \*Audley-Piotrowski, S., Cohen, R., **Parra, G. R.**, \*Kuryluk, A., & \*Schoffstall, C. (2009, June 4–6). Showing respect among children and related gender differences. In Y. Hsueh (Chair), *Reconceptualizing Respect: Empirical Approaches* [Symposium]. Jean Piaget Society 39th Annual Meeting, Park City, UT, United States.
  30. \*Audley-Piotrowski, S., \*Kuryluk, A., \*Ippolito, M., Cohen, R., & **Parra, G. R.** (2009, May 22–25). *Gender differences in perceptions of showing respect and social competence* [Poster

- presentation]. Association for Psychological Science 21st Annual Meeting, San Francisco, CA, United States.
29. \*Davis, G. L., \*Buckholdt, K. E., & **Parra, G. R.** (2009, May 22–25). *Does parental reaction to emotion influence adolescent attempts to preserve emotional security in the family?* [Poster presentation]. Association for Psychological Science 21st Annual Meeting, San Francisco, CA, United States.
  28. \*Kuryluk, A., \*Ippolito, M., \*Audley-Piotrowski, S., Cohen, R., & **Parra, G. R.** (2009, May 22–25). *Peer respect: Being liked is more important than being popular* [Poster presentation]. Association for Psychological Science 21st Annual Meeting, San Francisco, CA, United States.
  27. \*Buckholdt, K. E., \*Jobe-Shields, L., \*Carr, T. T., \*Gonzalez, P., & **Parra, G. R.** (2009, April 2–4). *Parent emotion regulation, parent responses to emotions, and adolescent psychological adjustment* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Denver, CO, United States.
  26. \*Buckholdt, K. E., \*Jobe-Shields, L. E., \*Martin, R. M., \*Killion, D. M., \*Liu, D. Y., & **Parra, G. R.** (2009, April 2–4). *Multiple components of emotion regulation: Are adolescents having the same difficulties regulating emotion as their parents?* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Denver, CO, United States.
  25. \*Olsen, J. P., **Parra, G. R.**, \*Egli, C. J., \*Schoffstall, C. L., & Cohen, R. (2009, April 2–4). *Conceptualizing unbalanced relationships: Consequences associated with being disliked by “friends”* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Denver, CO, United States.
  24. Meisinger, E. B., Price, K., Davidson, K., Hingle, C., Westmoreland, M., & **Parra, G. R.** (2009, February 24–28). *The effects of dysfluency on academic and social/emotional functioning* [Paper presentation]. National Association of School Psychologists Annual Convention, Boston, MA, United States.
  23. \*Buckholdt, K. E., & **Parra, G. R.** (2008, August 14–17). *The relations between deliberate self-harm and eating disordered behaviors* [Poster presentation]. American Psychological Association 116th Annual Convention, Boston, MA, United States.
  22. Kitzmann, K. M., **Parra, G. R.**, & Hsueh, Y. (2008, June 6–8). *Teachers as socializers of adolescent emotional competence: A relational model* [Paper presentation]. Jean Piaget Society 38th Annual Meeting, Quebec City, Canada.
  21. \*Buckholdt, K. E., **Parra, G. R.**, & \*Jobe-Shields, L. (2008, May 22–25). *Emotion dysregulation mediates the relation between parent responsiveness and eating disordered behavior* [Poster presentation]. Association for Psychological Science 20th Annual Convention, Chicago, IL, United States.

20. \*Buckholdt, K. E., \*Jobe-Shields, L., \*Schepman, A. R., \*Blake, N. E., & **Parra, G. R.** (2008, March 6–9). *Emotion socialization, emotion regulation, and deliberate self-harm: A mediation model* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
19. \*Davis, G. L., **Parra, G. R.**, & Phipps, S. (2008, March 6–9). *Parental posttraumatic stress symptoms due to childhood cancer and child outcome: Investigation of the role of child anger* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
18. \*Gamble, H. L., Beech, B. M., & **Parra, G. R.** (2008, March 6–9). *Identification of moderators of the relation between physical activity and obesity during adolescence* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
17. \*Jobe-Shields, L., \*Buckholdt, K. E., \*Olsen, J. P., \*Neal, K. M., & **Parra, G. P.** (2008, March 6–9). *Stressful life event history and the transition to college: The role of continued emotional impact and event-related rumination* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
16. \*Olsen, J. P., \*Buckholdt, K. E., \*Jobe-Shields, L., \*Davis, G. L., \*Schoffstall, C. L., \*Choi, Y., & **Parra, G. R.** (2008, March 6–9). *Development of a measure assessing adolescent reactions to parental responses to emotions* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
15. \*Jobe, L. E., **Parra, G. R.**, \*Davis, G. L., \*Olsen, J. P., & \*Buckholdt, K. E. (2007, November). *Do parental awareness of children's emotional responses and children's reactions to parental responsiveness contribute to emotion-related regulation?* [Poster presentation]. Association for Behavioral and Cognitive Therapies 41st Annual Convention, Philadelphia, PA, United States.
14. \*Olsen, J. P., \*Davis, G. L., \*Helms, M. T., \*German, N. M., \*Phillips, E. J., **Parra, G. R.**, & Cohen, R. (2007, March 29–April 1). *A framework for classifying children's dyadic peer relationships* [Poster presentation]. Society for Research on Child Development Biennial Meeting, Boston, MA, United States.
13. **Parra, G. R.**, Kitzmann, K. M., Luebbe, A. M., \*Olsen, J. P., \*Davis, G. L., \*Jobe, L. E., \*Buckholdt, K. E., & \*Karl, K. F. (2007, March 29–April 1). *Trajectories of interparental discord during adolescence* [Poster presentation]. Society for Research on Child Development Biennial Meeting, Boston, MA, United States.
12. Vungkhanching, M., Sher, K. J., Jackson, K. M., & **Parra, G. R.** (2006, July 6–10). *Attachment stability: Predicting onset and continuity of secure attachment in early adulthood* [Poster presentation]. Third International Association for Relationship Research Conference, Rethymnon, Crete.

11. **Parra, G. R.**, Martin, C. S., Chung, T., & Clark, D. B. (2005, June 25–30). *Trajectories of heavy drinking among adolescents recruited from substance abuse treatment* [Poster presentation]. Research Society on Alcoholism 28th Annual Scientific Meeting, Santa Barbara, CA, United States.
10. **Parra, G. R.**, Martin, C. S., & Clark, D. B. (2005, June 25–30). *Drinking situations and treatment outcomes among adolescents with alcohol use disorders* [Poster presentation]. Research Society on Alcoholism 28th Annual Scientific Meeting, Santa Barbara, CA, United States.
9. Ronis, S. T., **Parra, G. R.**, & Borduin, C. M. (2005, April 7–10). *Investigation of the conceptual distinction between risk and resource factors for youth psychopathology* [Poster presentation]. Society for Research on Child Development Biennial Meeting, Atlanta, GA, United States.
8. **Parra, G. R.**, & Sher, K. J. (2002, June 28–July 3). *Identifying profiles of psychological disorders: Toward an approach for conceptualizing comorbidity* [Poster presentation]. Research Society on Alcoholism 25th Annual Scientific Meeting, San Francisco, CA, United States.
7. Vungkhanching, M., **Parra, G. R.**, Jackson, K. M., & Sher, K. J. (2002, June 28–July 3). *Attachment styles, family history of alcoholism, and alcohol use disorders in early adulthood* [Poster presentation]. Research Society on Alcoholism 25th Annual Scientific Meeting, San Francisco, CA, United States.
6. Reach, K. P., **Parra, G. R.**, & Cortopassi, G. (2002, April 11–14). *Effective strategies for esteem-enhancement in early adolescence: What do youth have to say?* [Poster presentation]. Society for Research on Adolescence Biennial Meeting, New Orleans, LA, United States.
5. **Parra, G. R.**, & Sher, K. J. (2001, June 22–28). *Heavy drinking and peer alcohol use* [Poster presentation]. Research Society on Alcoholism 24th Annual Scientific Meeting, Montreal, Canada.
4. **Parra, G. R.**, & Sher, K. J. (2001, June 22–28). *Trends in alcohol expectancies* [Poster presentation]. Research Society on Alcoholism 24th Annual Scientific Meeting, Montreal, Canada.
3. DuBois, D. L., Neville, H. A., **Parra, G. R.**, & Pugh, A. O. (2000, March 30–April 2). *Evaluation of participation in a BigBrothers/Big Sisters Program: Investigation of moderating and mediating influences on youth outcomes* [Paper presentation]. Society for Research on Adolescence Biennial Meeting, Chicago, IL, United States.
2. **Parra, G. R.**, DuBois, D. L., Neville, H. A., Nanda, S., Mosakowski, K., Sainz, E., & Starke, M. (1998, August 14–18). *Mentoring relationships for youth: Predictors of perceived benefits and longevity* [Poster presentation]. American Psychological Association 106th Annual Convention, San Francisco, CA, United States.

1. Thompson, D., Burr, R., Cooley, M., Marien, W., Naines, M., & **Parra, G. R.** (1997, November 13–16). *Practice guidelines for the treatment of depression* [Poster presentation]. Advancement of Behavior Therapy 31st Annual Meeting, Miami, FL, United States.

### **Non-Referred Conference Presentations**

8. \*Howard, K. M., \*Stapleton, C. M., \*Buckholdt, K. E., \*Davis, G. L., \*Williams, J. V., Kitzmann, K. M., **Parra, G. R.**, & Beck, J. G. (2010, February 24–26). *Youth exposure to intimate partner violence: A comprehensive assessment model* [Poster presentation]. National Summit on Interpersonal Violence and Abuse Across the Lifespan, Dallas, TX, United States.
7. \*Stapleton, C. M., \*Howard, K. M., \*Buckholdt, K. E., \*Davis, G. L., \*Williams, J. V., Kitzmann, K. M., **Parra, G. R.**, & Beck, J. G. (2010, February 24–26). *Assessing the nature of youth exposure to intimate partner violence* [Poster presentation]. National Summit on Interpersonal Violence and Abuse Across the Lifespan, Dallas, TX, United States.
6. \*Kuryluk, A., Cohen, R., & **Parra, G. R.** (2009, November 4). *Respect and popularity in the peer group. In Symposium: Respect in the classroom: Students' and teachers' perspectives* [Poster Presentation]. Annual Meeting of the Mid-South Educational Research Association, Baton Rouge, LA, United States.
5. \*Bomar, R., \*Buckholdt, K. E., \*Jobe-Shields, L., & **Parra, G. R.** (2009, March). *Parental dissolution and emotional security: How it relates to children* [Poster presentation]. Annual Student Research Forum, Memphis, TN, United States.
4. \*Collins, L., \*Buckholdt, K. E., \*Jobe-Shields, L., & **Parra, G. R.** (2009, March). *Discrepancies between parents' and adolescents' reports about the emotional security of adolescents: Predictors of psychopathology* [Poster presentation]. Annual Student Research Forum, Memphis, TN, United States.
3. **Parra, G. R.**, Sher, K. J., Jackson, K. M., & DuBois, D. L. (2003, February 28). *Correlates of heavy alcohol use during adolescence: Investigation of the conceptual distinction between risk and resource factors* [Poster presentation]. Third Annual Guze Symposium, St. Louis, MO, United States.
2. O'Neill, S. E., **Parra, G. R.**, & Sher, K. J. (2001, April). *Clinical relevance of heavy drinking during the college years: Cross-sectional and prospective perspectives* [Poster presentation]. First Annual Guze Symposium, St. Louis, MO, United States.
1. Sher, K. J., & **Parra, G. R.** (2001, April). *Alcohol involvement in the college years and beyond: A prospective, high-risk study* [Poster presentation]. First Annual Guze Symposium, St. Louis, MO, United States.

### **Other Presentations and Talks**

5. **Parra, G. R.** (2024, September 13). *Attachment processes and family interventions*. Nebraska Mental Health Centers, Lincoln, NE, United States.

4. **Parra, G. R.** (2024, August 20). *Building rapport and understanding student needs*. Teaching Assistant Orientation for the University of Nebraska-Lincoln, Lincoln, NE, United States.
3. **Parra, G. R.** (2023, January 9). *Cooperative coparenting* [Educational module]. Recorded for Coparenting for Successful Kids program, Lincoln, NE, United States.
2. **Parra, G. R.** (2017, October 28). *Emotional pain related to injustice and education* [Paper presentation]. Raising Race Questions in Schools Workshop, Lincoln, NE, United States.
1. **Parra, G. R.** (2016, March 16). *Emotional injuries by parents and forgiveness* [Paper presentation]. Eureka Conference, Lincoln, NE, United States.

### INTERVIEWS AND MEDIA COVERAGE OF RESEARCH

- Bischoff, R. (Host). (2020). *Emotional and family well-being while temporarily working from home* [Audio podcast]. Institute of Agriculture and Natural Resources: Series on What to Expect While Temporarily Working from Home. <https://ianr.unl.edu/temporarily-working-home>
- Dunn, K. (2015, April 20). *Love really does mean having to say you're sorry*. Interview aired on The Kathleen Dunn Show. Wisconsin Public Radio. <https://www.wpr.org/shows/love-really-does-mean-having-say-youre-sorry>
- Maxwell, M. (2015, April). *The process of a heartfelt apology*. Deseret News National. <https://www.deseret.com/2015/4/26/20563499/the-process-of-a-heartfelt-effective-apology>
- Sutherland, A. (2015, April). *When love means saying sorry*. Institute for Family Science. <https://ifstudies.org/blog/when-love-means-saying-sorry/>

### RESEARCH SUPPORT

#### **Current**

2022 – 2026 Co-I (PI, Hatton-Bowers). *Cultivating Healthy Intentional Mindful Educators (CHIME): Evaluating the Use of Mindfulness and Compassion to Promote Early Head Start/Head Start Education Staffs' Well-Being*. Administration for Children and Families-OPRE, Head Start University Partnerships: Building the Evidence Base for ECE Workforce Well-Being. \$1,998,710.

#### **Completed**

2019 – 2024 Evaluator (PI, Choi). *Nebraska Sustainable Community Project–Youth Civic Engagement*. The National Institute of Food and Agriculture; Children, Youth, and Families at Risk (CYFAR) Sustainable Community Projects: No. 2019-41520-29983, \$640,000.

- 2020 – 2022 Co-I (PI, Clark). *Evaluating Psychophysiological Mechanisms of Early Childhood Teachers' Stress Resilience and their Relevance for Preschoolers' Self-Regulation*. National Institute of Child Health and Human Development: R21 HD098447-01A1, \$225,869.
- 2018 – 2022 Co-I (Co-PIs, Neuhaus, Zhang, & Reisbig). *E-Healthcare Solutions in the Treatment of Trauma using EMDR*. Fearless Grant, Blue Cross and Blue Shield of Nebraska: \$22,756.
- 2019 – 2021 Co-PI (PI, Hatton-Bowers). *A Resource Toolkit to Support the Wellness of Extension Employees Following A Natural Disaster*. USDA National Institute of Food and Agriculture; Smith-Lever Special Needs Competitive Grant Program: \$137,618.
- 2018 – 2019 Co-PI (PI, Hatton-Bowers). *Promoting the Well-Being of Early Childhood Educators with Nebraska Extension's Cultivating Healthy Intentional Mindful Educators (CHIME) Program*. University of Nebraska Extension Innovation Grant: \$10,000.
- 2017 – 2018 Co-PI (PI, Werum). *Determinants of Success among Veteran Students Attending Academic Alliances/BIG (Big Ten) Institutions*. United States Military Academy at West Point, Institute for Innovation and Development: Faculty Research Fund: \$2,200.
- 2014 – 2017 Co-I (8/1/14 – 8/31/15); Consultant (9/1/15 – 7/31/17; PI, Mason). *Role of Childhood Cumulative Risk in Substance Misuse and Co-Occurring Problems*. National Institute on Drug Abuse: R01 DA038450-01, \$743,669.
- 2008 – 2011 Co-PI (Co-PI, Kitzmann). *Coaching for Mediation and Co-Parenting*. Supreme Court of Tennessee: \$92,000.
- 2008 – 2009 PI. *Parent Involvement in the Treatment of Child and Adolescent Depression: A Survey of Mental Health Professionals*. University of Memphis Faculty Research Grant: \$6,000.
- 2000 – 2002 Co-PI (PI, Sher). *A Prospective Study of Offspring of Alcoholics*. National Institute on Alcohol Abuse and Alcoholism, Research Supplement for Underrepresented Minorities: \$43,146.

### **Completed Graduate Student Grants**

- 2024 – 2025 Faculty Mentor (PI, Xu). *Intergenerational Coparenting and Children's Social-Emotional Development in China: The Moderating Role of Intergenerational Relationship Quality* (Dissertation Award). Buffett Early Childhood Institute Graduate Scholars Program: \$25,000.

- 2012 – 2013 Faculty Mentor (PI, Peasant). *Understanding the Intentions – Condom Use Association: A Person-Centered Approach* (Dissertation Award). Southern Regional Education Board: \$37,000.
- 2009 – 2012 Consultant Overseeing Quantitative Training (PI, Clapp; Faculty Mentor, Beck). *Expressive Withholding Following Trauma: Implications for Posttraumatic Numbing*. National Institute of Mental Health: F31 MH083385, \$87,561.
- 2008 – 2009 Faculty Mentor (PI, Buckholdt). *Emotion-Related Family Processes: Examination of the Relation between Parent Characteristics, Parenting Practices, and Adolescent Outcomes*. Psi Chi Student Research Grant: \$1,500.

### TEACHING

(The number of semesters that I taught each course is listed in parentheses.)

#### University of Nebraska-Lincoln

- Graduate:** Psychopathology and Dysfunctional Interactions (11)  
 Practicum in Family Therapy: Adolescents and Their Families (9)  
 Assessment in Family Therapy (7)  
 Research Design & Methods (5)  
 Practicum in Family Therapy: Couples (1)  
 Interpersonal Relationships (1)  
 Research Methods for Relational Dynamics (1)  
 Theoretical Foundations of Marriage and Family Therapy (1)  
 Clinical Family Therapy (1)
- Undergraduate:** Family, Stress & Crisis: Coping & Recovery (8)

#### University of Southern Mississippi

- Graduate:** Clinical Supervision (3)  
 Child Psychopathology (1)  
 Couple and Family Therapy (1)
- Undergraduate:** Abnormal Child and Adolescent Psychology (1)  
 Adolescent Psychology (1)

#### University of Memphis

- Graduate:** Clinical Assessment and Case Conceptualization (5)  
 Structural Equation Modeling (4)  
 Professional Issues in Clinical Psychology (4)  
 Child Psychopathology (1)  
 Clinical Supervision (year around from 2005 – August 2012)
- Undergraduate:** Abnormal Psychology (7)  
 Honors Abnormal Psychology (4)

**University of Missouri****Undergraduate:** Abnormal Psychology (1)

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**STUDENT COMMITTEES AND MENTORING****University of Nebraska-Lincoln****Committee Chair/Co-Chair (n = 4)***Doctoral*

2021 – 2025	Weiman Xu (Global Family Health and Wellbeing)
2020 – 2023	Shruti Pillai (Global Family Health and Wellbeing)

*Master's*

2019 – 2020	Shruti Pillai (Global Family Health and Wellbeing)
2016 – 2018	Cassandra Leow (Marriage and Family Therapy, Co-Chair)

**Committee Member (n = 22)***Doctoral*

2025 – present	Sreemoyee Naskar (Sociology)
2024 – present	Dania Javaid (Educational Psychology)
2023 – present	Chris Labenz (Educational Psychology)
2015 – 2025	Carol Lee Tschampl-Diesing (Communication Studies)
2021 – 2024	Genese Clark (Global Family Health and Wellbeing)
2020 – 2023	Consuelo Gallardo (Teaching, Learning, & Teacher Education)
2022 – 2023	Pearl Avari (Global Family Health and Wellbeing)
2021 – 2022	Dan Wang (Global Family Health and Wellbeing)
2021 – 2022	Jentry Barrett (Child Development/Early Childhood Education)
2020 – 2021	Tamrat Teshome (Global Family Health and Wellbeing)
2020 – 2021	Ann Matthews (Child Development/Early Childhood Education)
2019 – 2020	Melissa Zephier Olson (Global Family Health and Wellbeing)
2019 – 2020	Kirstie Bash (Quantitative, Qualitative, and Psychometric Methods)
2017 – 2020	Alexandra Emery (Counseling Psychology)
2015 – 2018	Sarah Taylor (Global Family Health and Wellbeing)

*Master's*

2025 – present	Deogratias Musoke (Global Family Health and Wellbeing)
2024 – 2025	Promise Emmanuel (Global Family Health and Wellbeing)
2024 – 2024	Tomi Olayemi (Child Development/Early Childhood Education)
2024 – 2024	Aknur Orazova (Child Development/Early Childhood Education)
2024 – 2024	Massnoon Ali (Child Development/Early Childhood Education)
2022 – 2023	Emily Starr (Child Development/Early Childhood Education)
2020 – 2021	Sarah Barker (Global Family Health and Wellbeing)
2019 – 2020	Kaitlin Roselius (Global Family Health and Wellbeing)
2015 – 2017	Haley Hermes (Marriage and Family Therapy)

**University of Memphis** (committee work at the University of Memphis took place between 2005 and 2012)

**Committee Chair ( $n = 26$ )**

Dissertations

Genevieve Davis (Clinical Psychology)  
Heather Gamble (Clinical Psychology)  
Lisa Jobe-Shields (Clinical Psychology)  
James Olsen (Clinical Psychology)  
Courtney Peasant (Clinical Psychology)

2nd Milestone Projects

Kelly Buckholdt (Clinical Psychology)  
Genevieve Davis (Clinical Psychology)  
Heather Gamble (Clinical Psychology)  
Lisa Jobe-Shields (Clinical Psychology)  
James Olsen (Clinical Psychology)  
Courtney Peasant (Clinical Psychology)

Master's Theses

Kelly Buckholdt (Clinical Psychology)  
Stephanie Coleman (General Psychology)  
Genevieve Davis (Clinical Psychology)  
Heather Gamble (Clinical Psychology)  
Lisa Jobe-Shields (Clinical Psychology)  
Jarrett Lewis (General Psychology)  
James Olsen (Clinical Psychology)  
Preeti Rao (Clinical Psychology)  
Janelle Williams (General Psychology)

Undergraduate Honors Theses

Brienne Allen (Psychology)  
Laura Collins (Psychology)  
Kristy DiSabatino (Psychology)  
Kayla Harris (Psychology)  
Kevin Karl (Psychology)  
Alicia White (Psychology)

**Committee Member ( $n = 52$ )**

Dissertations

Khatidja Ali (Clinical Psychology)  
Andrea Booth (Clinical Psychology)  
Joe Currier (Clinical Psychology)  
Joe Egli (Clinical Psychology)  
Danette Garces-Webb (Clinical Psychology)  
Jennifer Hennretty (Clinical Psychology)  
Jason Holland (Clinical Psychology)

Laura Kreager (Experimental Psychology)  
Damon Lipinski (Clinical Psychology)  
Katherine Morris (Clinical Psychology)  
Julianne Pierce (Experimental Psychology)  
Tamara Pugh (Clinical Psychology)  
Donna Roland (Experimental Psychology)  
Corrie Schoffstall (Clinical Psychology)  
Lisa Schum (Clinical Psychology)  
Rebecca West (Clinical Psychology)  
Emerson Wickwire (Clinical Psychology)

2nd Milestone Projects

Khatidja Ali (Clinical Psychology)  
Joe Egli (Clinical Psychology)  
Jennifer Hennretty (Clinical Psychology)  
Jason Holland (Clinical Psychology)  
Divya Kannan (Clinical Psychology)  
Deranda Lester (Experimental Psychology)  
Sarah Petschonek (Experimental Psychology)  
Julianne Pierce (Experimental Psychology)  
Tamara Pugh (Clinical Psychology)  
Corrie Schoffstall (Clinical Psychology)  
Elizabeth Shands (School Psychology)  
C. Matthew Stapleton (Clinical Psychology)  
Andrea Watson (Clinical Psychology)  
Rebecca West (Clinical Psychology)

Master's Theses

Kathren Bracken (Clinical Psychology)  
Amber Chauncey (Experimental Psychology)  
Rachel Coleman (Clinical Psychology)  
Jonathan Dunning (General Psychology)  
Joe Egli (Clinical Psychology)  
Chris Heath (General Psychology)  
Jason Holland (Clinical Psychology)  
Laura Holt (General Psychology)  
Katie Howard (Clinical Psychology)  
Amanda Kuryluk (General Psychology)  
Deranda Lester (Experimental Psychology)  
Claudia McCausland (Clinical Psychology)  
Courtney Peasant (Clinical Psychology)  
Julianne Pierce (Experimental Psychology)  
Monica Riordan (General Psychology)  
Tiffany Rogers (Pate; Experimental Psychology)  
Corrie Schoffstall (Clinical Psychology)  
C. Matthew Stapleton (General Psychology)

Undergraduate Honors Theses

Nia Dowell (Psychology)  
 Leigha Francis (Psychology)  
 Sara Jordan (Psychology)

**SERVICE****Professional Affiliations**

National Council on Family Relations  
 American Association for Marriage and Family Therapy

**Reviewing Activities****Associate Editor**

2026 – present Family Relations: Interdisciplinary Journal of Applied Family Science  
 2016 – 2017 School Psychology Quarterly (renamed School Psychology in 2019)

**Editorial Board**

2021 – present Journal of Marriage and Family  
 2016 – present Family Relations: Interdisciplinary Journal of Applied Family Science  
 2009 – 2018 School Psychology Quarterly (renamed School Psychology in 2019)

**Ad hoc reviewer**

Acta Psychologica, Addictive Behaviors, Alcoholism: Clinical and Experimental Research, American Journal of Drug and Alcohol Abuse, American Journal of Orthopsychiatry, American Psychologist, Applied Developmental Science, BMC Psychology, Child and Adolescent Mental Health, Child and Adolescent Psychiatry and Mental Health, Child & Family Social Work, Child Psychiatry & Human Development, Children and Youth Services Review, Clinical Psychologist, Clinical Psychology: Science and Practice, Cognitive and Behavioral Practice, Current Drug Abuse Reviews, Cultural Diversity and Ethnic Minority Psychology, Development and Psychopathology, Developmental Psychology, Education and Treatment of Children, European Child & Adolescent Psychiatry, Evaluation and Program Planning, Family Process, Family Relations, International Journal of Adolescence and Youth, Journal of Abnormal Child Psychology, Journal of Adolescence, Journal of Adolescent Health, Journal of Affective Disorders, Journal of Applied Developmental Psychology, Journal of Child and Adolescent Psychology, Journal of Child & Adolescent Substance Abuse, Journal of Child and Family Studies, Journal of Child Psychology and Psychiatry, Journal of Early Adolescence, Journal of Experimental Child Psychology, Journal of Family Issues, Journal of Family Psychology, Journal of Interpersonal Violence, Journal of Marital and Family Therapy, Journal of Marriage and Family, Journal of Psychiatric Research, Journal of Research on Adolescence, Journal of School Psychology, Journal of Sex & Marital Therapy, Journal of Social and Personal Relationships, Journal of Studies on Alcohol and Drugs, Pediatrics, Research on Child & Adolescent Psychopathology, Prevention Science, Psychology of Addictive Behaviors, Psychological Reports, School Psychology Quarterly, Stress & Health, The American Journal on Addictions, Western Journal of Communication

**Profession**

- 2023 Search Committee Chair for Journal of Marriage and Family Editor
- 2021 – present External Reviewer for Tenure and/or Promotion (5 dossiers)

**University of Nebraska-Lincoln****Department of Child, Youth and Family Studies Positions and Committees***Chair*

- 2025 – present Faculty Coordinator for the Youth Development Program
- 2022 – present Faculty Coordinator for the Global Family Health and Wellbeing Program
- 2018 – 2024 Chair's Advisory Committee

*Member*

- 2022 – 2024 Assistant Professor of Practice: Family Science with an emphasis in Marriage & Family Therapy Search Committee
- 2021 – 2023 Scholarly Recognition and Engagement Committee
- 2023 Graduate Executive Committee
- 2021 Marriage and Family Therapy Faculty Search Committee
- 2019 – 2020 Promoting Preschoolers' Early Language Learning Postdoctoral Researcher Search Committee
- 2019 Peer Review Committee
- 2017 – 2019 Infant Mental Health Faculty Search Committee
- 2016 – 2018 Student Recruitment Committee
- 2016 and 2017 Early Childhood Education Specialist Faculty Search Committee
- 2016 Educare Master Teacher Search Committee
- 2015 Family Immigration/Migration Faculty Search Committee

**College and University Committees***Chair*

- 2023 – 2024 Research Committee: College of Education and Human Sciences

*Member*

- 2022 – present Research Committee: College of Education and Human Sciences
- 2024 – present Tenure and Promotion Committee: Department of Educational Administration
- 2024 – present Peer Review Committee: Department of Educational Administration
- 2024 Promotion Committee: Nebraska Center for Research on Children, Youth, Families and Schools
- 2019 – 2020 Relationship & Sexual Health Team
- 2019 – 2020 Higher Education Leadership Faculty Search Committee
- 2017 Reviewer for Hatch Project
- 2017 CEHS Enrollment and Retention Task Force
- 2017 CEHS Syllabi Committee
- 2016 – 2017 CEHS Faculty Advisory Committee for the Dean

**University of Memphis****Department of Psychology Positions and Committees***Director/Coordinator*

2011 – 2012	Research Subject Pool
2010 – 2011	Co-Director of Clinical Forum Seminar
2006 – 2007	Child and Family Research Area

*Chair*

2011 – 2012	Clinical Area Placement Committee
2007 and 2008	Clinical Psychology Admissions Committee

*Member*

2010 – 2012	Undergraduate Advising Committee
2005 – 2012	Methodology Committee
2010 – 2011	Clinical Area Placement Committee
2010	Clinical Supervision Committee
2009 – 2010	Clinical Curriculum Committee
2009	Clinical Forum Committee
2006	School Psychology Faculty Search Committee

**University Committees***Member*

2011 – 2012	Institutional Review Board
2011 – 2012	Research Advisory Committee
2009 and 2010	Faculty Research Grant Review Committee