



# NEW PROGRAM COMING TO DES MOINES PUBLIC SCHOOLS

*Share Your Voice!*

## BACKGROUND

High school students in Des Moines, Iowa, just like in other parts of the country, have many strengths, and also face challenges. One serious challenge some high school students experience is sex trafficking. Sex trafficking is when someone does something sexually for the financial benefit of another person or in exchange for something, like food or money. We are bringing Project LIVE (Love, Inclusivity, Values, Education) to Des Moines to help prevent sex trafficking of students and to help youth have bright, happy and healthy futures.



## PROJECT OVERVIEW

### What

We will be using the READY to Stand Curriculum™ which was developed by The Set Me Free Project™ — a Nebraska-based nonprofit organization that brings human trafficking prevention education to youth, families and school personnel.

### Who

The curriculum will be shared with students and school personnel at eight Des Moines high schools, including: Hoover, East, Lincoln, North, Roosevelt, All Points, Focus and Options. Caregivers of youth will also be provided resources on sex trafficking.

### Why

We want to ensure the program is working and make it even better. To help meet these goals, we will do research through things like, surveys, group discussions and one-on-one conversations.

# YOUR VOICE MATTERS!

It is important for school and community members to be leaders in this project. We will ask for a lot of input from members of the school (i.e., youth and school personnel) and community (i.e., stakeholders and parents/guardians) throughout the project, and work to make sure the program stays in the high schools after the grant ends.

	Youth	Caregivers	School Personnel
<b>How can I be involved?</b>	<ul style="list-style-type: none"> <li>Participate in six 45-minute modules of The READY to Stand Curriculum™ during PE or health class.</li> <li>Complete a before and after survey.</li> <li>Leadership opportunities through participation in a youth advisory board.*</li> </ul>	<ul style="list-style-type: none"> <li>Share your knowledge by participating in an advisory board.*</li> <li>Support your child's participation in the READY to Stand Curriculum™ and surveys (sign the consent form!).</li> </ul>	<ul style="list-style-type: none"> <li>Participate in one 90-minute module targeted at school personnel.</li> <li>Support your school's involvement in the The READY to Stand Curriculum™.</li> <li>Share your knowledge as part of an advisory board.*</li> </ul>
<b>What are the benefits of the project?</b>	<ul style="list-style-type: none"> <li>Reduced sex trafficking of children and youth.</li> <li>Increased ability to help peers who are at risk for sexual exploitation.</li> <li>Increased valuing of self and others.</li> <li>Increased healthy relationships skills.</li> </ul>	<ul style="list-style-type: none"> <li>Increased knowledge of your child's health and safety.</li> <li>Community engagement in preventing sex trafficking and positive youth outcomes.</li> <li>Safer schools and communities for your child.</li> </ul>	<ul style="list-style-type: none"> <li>Increased knowledge about sex trafficking.</li> <li>Development of skills to help youth at risk for sex trafficking.</li> <li>Being a role model for students.</li> </ul>
<b>*Advisory Board</b>	Advisory boards will meet periodically to help the research team with all aspects of the project. Advisory Board board members are compensated for their time.		

## PROJECT COLLABORATORS



**UNL researchers:** Drs. Katie Edwards, Rochelle Dalla and Lorey Wheeler



**The Set Me Free Project™ staff** (including Founder Stephanie Olson)



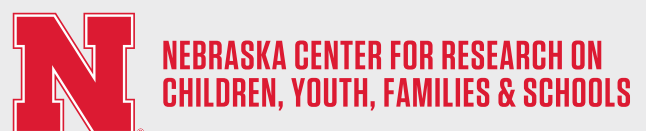
**DMPS personnel:** Stacie Nessa, LISW, and Jennifer Stalder, SUCCESS Support Specialist

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