

# WEEKLY WEDNESDAY

Department of Educational Psychology Newsletter

Teachers College Hall

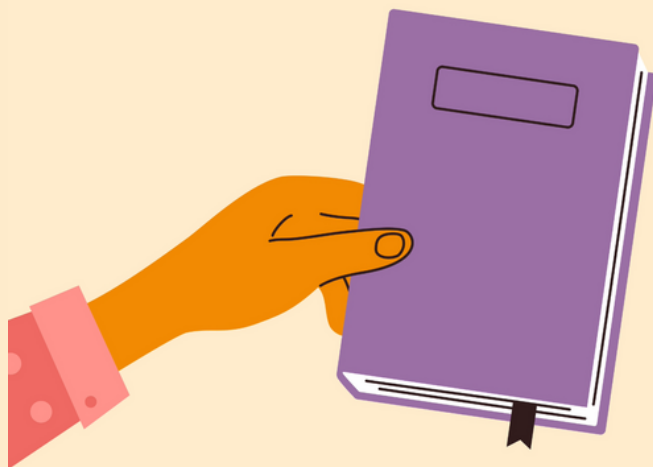
COLLEGE OF EDUCATION AND HUMAN SCIENCES  
EDUCATIONAL ADMINISTRATION  
EDUCATIONAL PSYCHOLOGY  
BURDICK CENTER FOR TESTING  
CENTER FOR INSTRUCTIONAL INNOVATION

UNIVERSITY OF NEBRASKA

*We acknowledge Arapaho, Tsististas & Suhtai (Cheyenne), and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples, upon whose homelands now reside the campuses and programs of the University of Nebraska, a land-grant institution. Let us recognize the legacies of violence, displacement, and survival that bring us here today.*

In this newsletter, you will find announcements, news, and resources from the Educational Psychology Department to help keep you engaged and informed! Be sure to follow us on Twitter @UNL\_EDPS for additional updates. If you would like an announcement posted to the newsletter, please email your information to Jules at: [jmeyers19@unl.edu](mailto:jmeyers19@unl.edu).

The DEMAC LIBRARY is now OPEN!!!



located in Jules' office - TEAC 114C

see page 3 for more information

What's Inside

- 1. Announcements
- 2. News
- 3. Diversity, Equity, & Inclusion
- 4. Clinic Corner



## Free Webinar Series to Offer Insights on Productive Scholarship

*Kenneth Kiewra, Weaver Professor of Educational Psychology at UNL will present an upcoming five-part webinar series on becoming a more prolific researcher*

The free series, “Be a More Productive Scholar” will offer lessons relevant to academics at all stages of their careers, from graduate school through post-tenure. Lumivero, a data analytics platform, will livestream and record Kiewra’s webinars for later viewing. The topics and dates of each session are as follows:

**You Can Be a Productive Scholar - September 21st @ 12pm**

**Map Out Your Scholarly Path - October 5th @ 12pm**

**Employ Productive Research Approaches - October 19th @ 12pm**

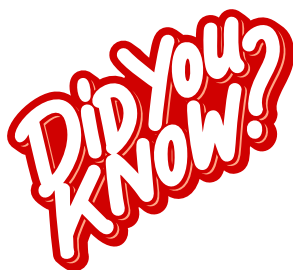
**Write Like a Star Scholar - November 2nd @ 12pm**

**Successfully Balance Time for Work and Life - November 16th @ 12pm**

[Interested? Want to learn more?](#)

[Click HERE!](#)

*Note: all times listed above are in CST*



Throughout his career, Kiewra has interviewed and written about many of the world’s most prolific academics, learning productivity-boosting lessons that range from finding mentors and working efficiently to building networks and properly framing failure. A 2020 analysis of academic literature included Kiewra himself among the **top 2% of most-cited researchers worldwide!**

**EDPS  
Faculty,  
Staff, &  
Students**

Interested in learning more about ChatGPT?  
Consider attending the fall Methodology Application  
Series on “Putting ChatGPT to the Test: Practical  
Applications of Large Language Models for  
Assessment Development” on Friday, September 22nd  
from 12-1:30pm. More information below:

**date:**

Friday, September 22, 2023

**time:**

12:00-1:30pm CDT

**location:**

Nebraska Union, Regency Suite



*This presentation is free and open to the public. Continuing education credit for  
this program is available upon request from the [Buros Center for Testing](#).  
To request, email [Dr. Jessica L. Jonson](#) prior to September 22nd.*

## DLS Students & Faculty

DEVELOPMENTAL AND LEARNING SCIENCES  
PROGRAM  
FALL WELCOME BACK! 2023

Join us for a  
Welcome Back Gathering!  
Friday, September 8, 2023  
3:00 PM - 5:00 PM  
Carolyn Pope Edwards Hall 125  
Refreshments will be served!

Please join us  
for a Welcome  
Back Gathering  
this Friday! If  
you have any  
questions,  
please contact  
Mary Zeleny.

# LIBRARY

The DEMAC library is open to all EDPS students. There are a number of books ranging from textbooks, to novels, and everything in-between.

Please see the DEMAC channel in TEAMS page for a full library inventory, as well as the procedures for checking out materials.



All books checked out during the fall semester are due back **no later than December 15th, 2023.**

*If you have any books that you would like to donate, please contact Jules or Rin for assistance.*



## LIBRARY HOURS

Thurs. 9/7: 11am-12pm  
Friday 8/8: 12-1pm  
Monday 9/11: 1-2pm  
Tuesday 9/12: 9-10am  
Wed. 9/13: 3-4pm

*The DEMAC library is open during Jules' office hours. If you need to access the library at an alternate time, please email Jules to set up an appointment!*



### UPCOMING BIRTHDAYS

**September 9th - Jessica Boyles**  
**September 12 - Megan Allen**



Happy birthday, y'all! We hope you have a spectacular day of celebration.

**Please let Jules know if you would like your birthday listed in Weekly Wednesday!**

# For advanced graduate students seeking a postdoctoral fellowship:

The UC San Diego Department of Psychiatry is seeking 1-2 postdoctoral fellows to begin in spring/summer 2024. The fellows will conduct clinical research in one or more of the following areas:

- (1) externalizing problems during childhood and adolescence
- (2) parenting & family processes or
- (3) substance use during adolescence or young adulthood

The position is ideal for an individual seeking an academic research career at UCSD or elsewhere. More information is available [HERE](#). To express interest, email CV to Dr. William Pelham ([wpelham@uscd.edu](mailto:wpelham@uscd.edu)) and list contact info for three professional references. No further materials necessary



## September 2023 Happiness Calendar

This month, be vulnerable and true to yourself.

Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Greater Good Science Center ggsc.berkeley.edu greatergood.berkeley.edu</p>						
3 Embrace the healing power of solitude.	4 Reflect on your strengths and what gives you meaning at work.	5 Face your fears.	6 Ask yourself: Could I be wrong about this?	7 Join our Finding Purpose Across the Lifespan event.	8 Honor your roots and family traditions.	9 Do a mindful breathing meditation.
10 Be curious about where people's perspectives and opinions come from.	11 See your vulnerability as a strength.	12 Consider forgiving someone who harmed you.	13 Try to learn from everyone you meet.	14 Deepen a friendship at work.	15 Experiment with saying yes and going with the flow.	16 Have a conversation with your family about race.
17 When you're struggling, write a compassionate letter to yourself.	18 Recall a recent act of kindness or courage you witnessed.	19 Dance and move your body.	20 Does your organization have a culture of gratitude? Take our quiz to find out.	21 Notice the feelings you have about your feelings.	22 Identify what values are most important to you.	23 Look for the humor in life.
24 Be thoughtful when choosing a mental health app to use.	25 Imagine your life 10 years from now.	26 Express genuine gratitude at work.	27 Journal about a struggle you're going through.	28 Help children understand the reality of prejudice in our society.	29 Honor people's boundaries.	30 Be patient when you're looking for answers in life.



SUSAN SWEARER, PH.D., LP  
CHAIR  
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY  
UNIVERSITY OF NEBRASKA - LINCOLN

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Friday 9/8: 10-11am

Monday 9/11: 1-2pm

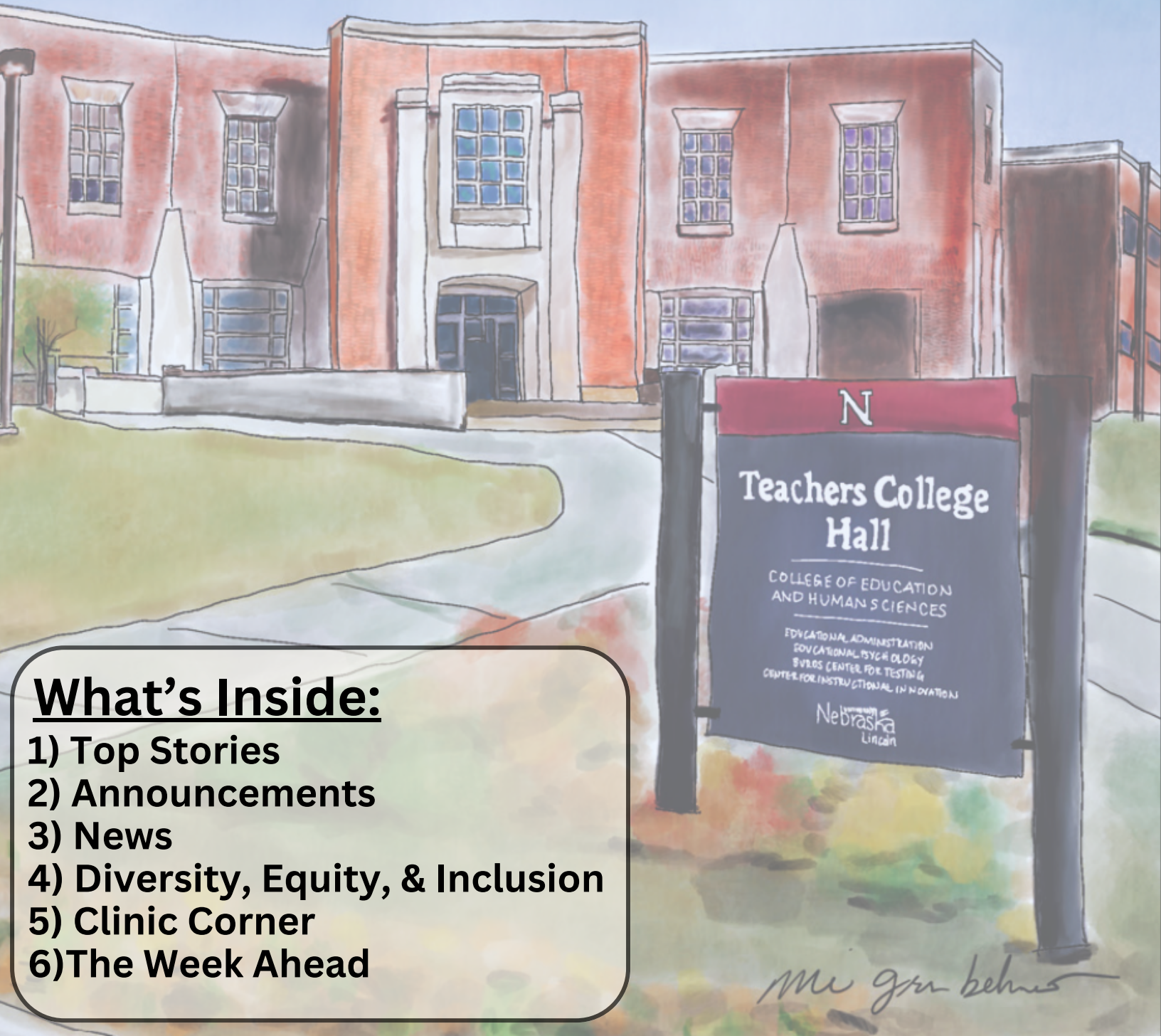
Tuesday 9/12: 10-11am

Wednesday 9/13: 11am-12pm

Send an email to [sswearernapolitano1@unl.edu](mailto:sswearernapolitano1@unl.edu) to schedule a meeting!

# Weekly Wednesday

Department of Educational Psychology



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- 4) Diversity, Equity, & Inclusion
- 5) Clinic Corner
- 6) The Week Ahead

*Miguel Behrns*

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**NEW  
UPDATE**

# EDPS Mailing Lists Have Changed!

You may have noticed that some of our email listservs have changed their address. The department has spent time cleaning up their listservs and creating a streamlined process to better help our communication. A comprehensive list can be found on our Department TEAMS channel!

*If you would like to request sending privileges for a listserv, please contact your program director. If approved, they will reach out to Jules in order for your access to be granted.*



## Microsoft Teams

Many important and helpful files can be found on our Educational Psychology TEAMS channel. This is where you will find copies of the mailing list, the DEMAC library inventory, and more.

**If you are NOT a part of our Teams Channel, please click here to request to join!**

**University of Nebraska**  
Teach For America

Deadline to Apply  
**Sept 18**

Scan the QR code to

- explore full-salaried positions + stipend + \$12k grants in our leadership corps.
- schedule a call with a recruiter to see if this is a good fit for you.
- see our paid Ignite tutoring Fellowship.
- see the Huskers TFA alumni in action via our newsletter

Teach For America | AmeriCorps

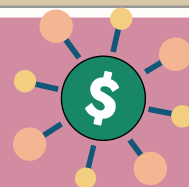
**Seniors & Graduate Students:** Are you interested in challenging yourself in an impact-driven career after you graduate?

- By joining Teach for America, you will become part of a majority-BIPOC network of leaders. [Check out their leadership corps here!](#)
- TFA offers full salary, benefits, scholarships, stipends, professional development, and diversity, equity, and inclusion training for every corps member.
- Learn about the Huskers who have joined Teach For America from every major/background [through a call with a recruiter.](#)

**Juniors, Sophomores, & Freshmen:** Do you want to make direct impact next semester?

- Consider applying to Teach for America's [Ignite Fellowship](#) to work directly with elementary or middle students this spring. We're seeking college students to lead virtual, small group tutoring sessions with students for 3-5 hours per week (math or literacy). This is a part-time, paid opportunity to build meaningful relationships with youth, accelerate student success, and hone your leadership skills. Submit your application by **NOVEMBER 15**.

## American Psychological Foundation (APF) Funding Opportunities



### 2023 Dr. Diana Slaughter Kotzin and Mr. Joseph G. Kotzin Fund Grant

*Due October 1, 2023*

The Dr. Diana Slaughter Kotzin and Mr. Joseph G. Kotzin Fund Grant will support research, practice, or education of an early career psychologist on the topic of child and youth suicide among African Americans. Eligibility: Applicants must be early career psychology no more than 10 years postdoctoral. Total Grant: \$9,500. More information can be found [HERE](#).

### 2023 APF/Division 54 Lizette Peterson-Homer Injury Prevention Grant

*Due October 15, 2023*

For research on the prevention of injuries in children and adolescents through accidents, violence, abuse, or suicide. Eligibility: Applicants must be graduate students or faculty members at accredited universities. More information can be found [HERE](#).



# Congratulations!

Buros Center for Testing Director, Dr. Jurt Geisinger, has been asked to be one of eight members on the Advisory Board for the International Project on Competence in Psychology (IPCP). He will begin his term on the board this fall.



REGISTER NOW

## 14-DAY WRITING CHALLENGE

Next Session:  
October 9- 22, 2023



Important reminder that with your unl.edu email address, you are entitled to a FREE membership in the National Center for Faculty Development and Diversity!

Sign up [HERE](#) and consider signing up for the next 14-day writing challenge.

## EDPS Faculty, Staff, & Students

Consider attending the Helen Kelley Symposium for Excellence in Education on September 28th! Dr. Linda Reddy, Associate Dean for Research for the Graduate School of Applied and Professional Psychology and Professor of School Psychology at Rutgers University is one of the featured speakers.

This event is sponsored by the **College of Education and Human Sciences**, with support from the **Nebraska Academy for Early Childhood Research** and the **Nebraska Center for Research on Children, Youth, Families and Schools**

[CLICK HERE TO REGISTER](#)



APA Division 37 is excited to launch its new CE webinar series (approved CE sponsor through APA) beginning with **Dr. Anjali Ferguson** on **Tuesday, October 3** from **12-1pm EST** (11-12 CST)

## Title:

Understanding the Impacts of Microaggressions and Race-based Discrimination in Childhood on Mental Health Outcomes

## Overview:

Social Sciences suggest that children start to notice race-based differences as early as 4-6 months of age and develop racial biases by 2-4 years old. This workshop will discuss psychological scientific principles that inform identity-development, socialization practices, and implicit bias development. Participants will gain understanding of microaggressions and how racial disparities inform children's mental health outcomes. The training will provide actionable tips and suggestions on how to incorporate racial socialization into daily lives and ways to promote discussions of inclusivity within the home through utilization of the children's book, "An Ordinary Day."

**Register HERE to receive the Zoom link**



## Society for Child and Family Policy and Practice

Division 37 of the American Psychological Association



**Understanding the impacts of microaggressions and race-based discrimination in childhood on mental health outcomes**

Dr. Anjali Ferguson  
Winner of the 2023 APA Division 37 Child and Family Citizen Psychologist Award

**Tuesday, October 3<sup>rd</sup> from 12:00-1:00pm EST**

### Overview:

Social Sciences suggest that children start to notice race-based differences as early as 4-6 months of age and develop racial biases by 2-4 years old. This workshop will discuss psychological scientific principles that inform identity-development, socialization practices, and implicit bias development. Participants will gain understanding of microaggressions and how racial disparities inform children's mental health outcomes. The training will provide actionable tips and suggestions on how to incorporate racial socialization into daily lives and ways to promote discussions of inclusivity within the home through utilization of the children's book, "An Ordinary Day."

### Learning Objectives:

1. Discuss developmental science related to racial identity development and implications
2. Assess the impacts of microaggressions and race-based discrimination in childhood
3. Identify actionable tools to implement in the home that address conversations around race through utilization of the children's book, "An Ordinary Day."

Psychologists are the intended audience; Instructional Level: Beginner; 1 CE Credit

Registration closes October 2, 2023 at 9pm EST.

Fees: NO CE Credits - FREE; 1 CE Credit - \$15 (Division 37 members)/\$35 (non-Div 37 members).

Registration is required. Please follow these steps:

1. [Register here](#) for the webinar to receive the Zoom link.
2. [Click here](#) only if you also want to earn and pay for CE credits (a separate step from registering).

There are no conflicts of interest or commercial support to report for this program. Division 37: Society of Child and Family Policy and Practice is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 37: Society of Child and Family Policy and Practice maintains responsibility for the program and its content.

For questions or inquiries, please contact the Division 37 CE Chair, Dr. Joaquín Borrego, Jr, at Div37CE@gmail.com.

Division 16 will host an upcoming webinar on **Tuesday, September 19th** from **1-3pm EST**. The title of the event is “Supervision Specific to School Psychology: Developmental-Ecological-Problem-solving-Model” and will be presented by Dennis J. Simon, Ph.D. and Mark E. Swerdlik, Ph.D., ABPP, NCSP.

**CE Credits Available: 2.0**



**Interested?**  
**Register**  
**HERE**

## Live Webinar Series

TO REGISTER: Scan the QR code below.



**Tuesday, Sept 19, 2023**  
**1-3pm EST**  
**(10am-12pm PST)**

*This two-hour event will include a presentation with opportunity for questions and dialogue at the end. A link to the event will be sent to registrants by September 18th.*

Pricing	No CE	With CE
Members	\$20	\$30
Non-Members	\$40	\$50
Students	\$5	N/A

**MHDI**  
HYBRID EVENT


**HEALTH EQUITY GRAND ROUNDS**

Racially Discordant Provider-Patient Communication during End-of-Life Conversations

**OCT 04, 2023**  
1:00 - 2:30 PM CT

Nebraska Union Platte River Room  
OR  
Live via Zoom

Featuring:




**SATVEER KAUR-GILL, PHD**

The October Health Equity Grand Rounds event will feature a presentation by Satveer Kaur-Gill on “Racially Discordant Provider-Patient Communication during End-of-Life Conversations

*The event will take place on October 4th, 2023 from 1:00-2:30pm CT in the Nebraska Union Platte River Room. They will also be live-streaming the talk via Zoom*

[Click here to Register - Deadline to Register is September 22nd at 5pm CT](#)

**Wednesday, September 20th at 12pm ET (11am CT)**



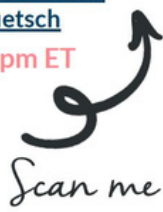
**GOOD ENOUGH Parenting**

**Free 1 Hour Workshop for Parents and Providers with Dr. Tim Cavell & Dr. Lauren Quetsch**

**Wednesday, September 20 at 12pm ET**



Register by clicking on the link above or scanning the QR Code





**In this webinar, attendees will learn...**

ABCT Parenting & Families SIG **FREE** 1 hour webinar presented by **Dr. Timothy A. Cavell and Dr. Lauren B. Quetsch.**



[click here to register!](#)

**September 2023 Happiness Calendar** *This month, be vulnerable and true to yourself.*  
 Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ggs.c.berkeley.edu greatergood.berkeley.edu</p>					1. Do something spontaneous and playful.	2. Listen without offering advice or judgment.
3. Embrace the healing power of solitude.	4. Reflect on your strengths and what gives you meaning at work.	5. Face your fears.	6. Ask yourself: Could I be wrong about this?	7. Join our Finding Purpose Across the Lifespan event.	8. Honor your roots and family traditions.	9. Do a mindful breathing meditation.
10. Be curious about where people's perspectives and opinions come from.	11. See your vulnerability as a strength.	12. Consider forgiving someone who harmed you.	13. Try to learn from everyone you meet.	14. Deepen a friendship at work.	15. Experiment with saying yes and going with the flow.	16. Have a conversation with your family about race.
17. When you're struggling, write a compassionate letter to yourself.	18. Recall a recent act of kindness or courage you witnessed.	19. Dance and move your body.	20. Does your organization have a culture of gratitude? Take our quiz to find out.	21. Notice the feelings you have about your feelings.	22. Identify what values are most important to you.	23. Look for the humor in life.
24. Be thoughtful when choosing a mental health app to use.	25. Imagine your life 10 years from now.	26. Express genuine gratitude at work.	27. Journal about a struggle you're going through.	28. Help children understand the reality of prejudice in our society.	29. Honor people's boundaries.	30. Be patient when you're looking for answers in life.

## UPCOMING BIRTHDAYS

# Kaitlynn Johnson

### September 14th

have A Good day

**Happy Birthday!! We hope your day is as great as you are!**



If you have something you would like posted in *Weekly Wednesday*, please email Jules with your request by 12pm Tuesday!

### JULES' OFFICE HOURS & DEMAC LIBRARY HOURS



**Thursday 9/14: 10-11am**  
**Friday 9/15: 10-11am**  
**Monday 9/18: 1-2pm**  
**Tuesday 9/19: 10-11am**  
**Wednesday 9/20: 3-4pm**

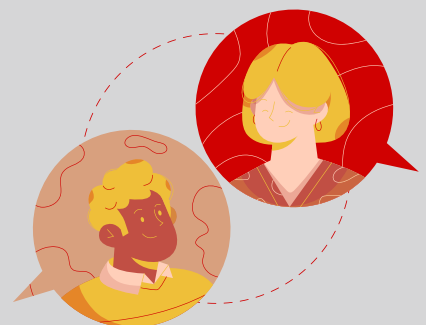
The DEMAC library is open during Jules' office hours. If you need to access the library at an alternate time, or need to meet with Jules outside of their office hours, please send them an email to request an appointment.



Susan Swearer, Ph.D., LP  
 Chair  
 Department of Educational Psychology  
 University of Nebraska-Lincoln

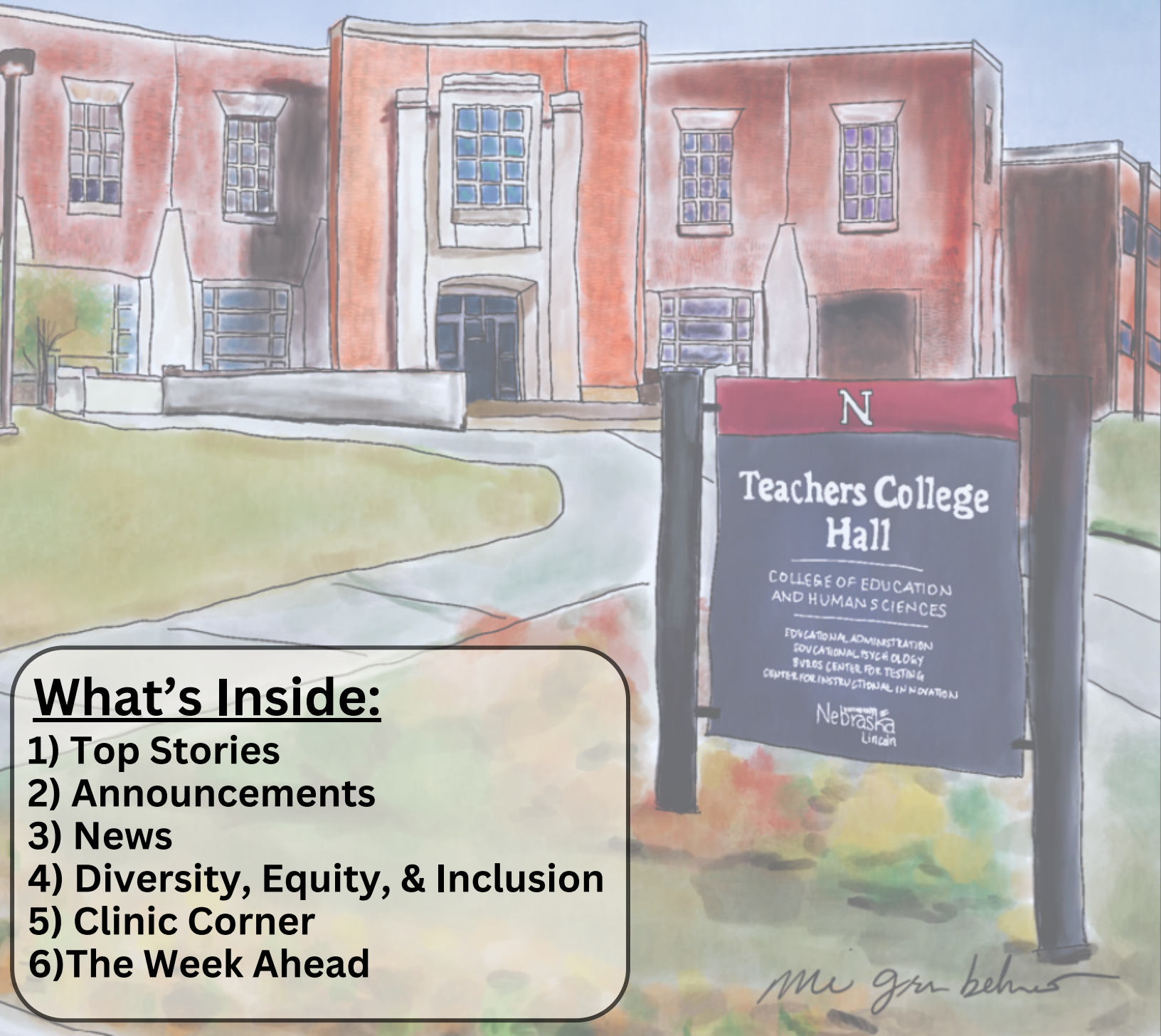
## Upcoming Office Hours

**Thursday 9/14: 1-2pm**  
**Friday 9/15: 2-3pm**  
**Monday 9/18: 1-2pm**  
**Tuesday 9/19: 3-4pm**  
**Wednesday 9/20: 2-3pm**



# Weekly Wednesday

Department of Educational Psychology



## What's Inside:

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# mental health matters

As we continue through the fall semester, it's a good time to remind ourselves that there are many mental health resources on campus. Please check out UNL's "**Big Red Folder**" for resources to help keep members of our community safe and connected.



## TRASH & RECYCLING

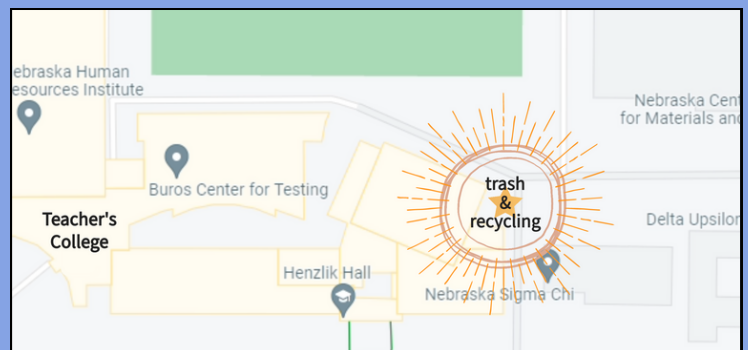


We have been contacted by the maintenance & facilities teams regarding large amounts of trash and cardboard recycling being left in the hallways. Please remember that maintenance & facilities are NOT responsible for cleaning up personal office trash or recycling. All graduate students, faculty, and staff are responsible for their own accumulated waste.

Although you may use the trash receptacles in the hallway, these are not to be used for personal office trash. All personal trash and cardboard/paper recycling must be taken to the dumpsters behind Henzlik hall.

The dumpsters are located to the south of Mabel Lee Recreation Fields near the driveway between Henzlik and Nebraska Sigma Chi. Please see the image above for a description of where to place your trash and recycling.

Thank you!






We have hired a new staff member for our office! Zee Cronin will be joining EDPS next week. Check in next week to learn more about Zee, and be sure to stop by and say hi!



**- A T T E N T I O N -**  
all coffee & tea k-cups  
**50¢**  
*if you need quarters, please see  
Jules or Zee*

Did you know? The Department of Educational Psychology has a coffee bar in TEAC 114 with coffee, tea, and hot chocolate. To cover the cost of the K-cups, we kindly request a donation of 50¢ per cup. We use the accumulated funds to buy the K-cups for the coffee bar, and your donation helps us keep the coffee bar fully stocked with delicious treats.

**N** VOLUNTEERS NEEDED FOR RESEARCH STUDY  
**Help us Develop Fiber Blends  
that Promote Gut Health!**




The Food Science and Technology Department at UNL is conducting a research study to develop dietary fiber blends that promote gut health.

You may qualify if you are:

- 19 - 45 years old
- Overweight
- Not diabetic

Scan to see if you qualify:



The study involves 2 visits to complete lifestyle surveys, provide a stool sample, and have blood drawn.

Participation will take place at the UNL-Food Innovation Center.  
1901 N 21<sup>st</sup> Street, Room 101

You may receive up to \$50 for your participation.

Version 1B - June 22, 2023

Contact: [guthealth@unl.edu](mailto:guthealth@unl.edu) or (402) 937-1234

**volunteers  
needed  
earn up to \$50**



# Masters Comprehensive Exam

## Reminders & Information

The Department of Educational Psychology Masters Comprehensive Exam will be offered on Friday, October 6th. If you are planning on taking this exam, the registration is due no later than September 29th. The next exam offered will be offered on Friday, March 1st.

To register for the exam, please complete the Master's Examination Registration Form which can be found on our department's website.

Please fill out the form & route it through DocuSign for signatures.

Note that the form requires signatures from your advisor as well as the department graduate chair. Scott Napolitano is the department's graduate chair, and you may contact him with any questions at [snapolitano2@unl.edu](mailto:snapolitano2@unl.edu).

If you are unsure whether or not you need to take the Comprehensive Exam, please talk to your advisor.

Click here to find the registration form







## SOCIETY OF CLINICAL CHILD & ADOLESCENT PSYCHOLOGY



**Presenter: Donte Bernard, PhD, University of Missouri**

Moderator: Ana M. Ugueto, PhD, ABPP, UT Health Science Center at Houston

### **A call to action to reconceptualize adverse childhood experiences among Black youth: Missing the forest for the trees**

Tue, Sep 26, 2023 12:00 PM - 1:00 PM EDT

**Adverse childhood experiences (ACEs) represent a well-established risk factor for acute and long-term mental health problems. Unfortunately, current conceptualizations of ACEs have largely been derived from studies using predominately White samples, thus, overlooking how culturally relevant forms of adversity may uniquely manifest among Black communities, and other marginalized populations. Further, current conceptualizations of ACEs largely fail to consider structural drivers that unduly position Black youth to be at greater risk for ACEs and reductions in health following ACE exposure. Thus, the purpose of this talk is to highlight how the ACEs framework should be expanded to include paramount forms of adversity among Black youth.**

Dr. Donte Bernard is a licensed clinical psychologist and Assistant Professor of Psychology in the Department of Psychological Sciences at the University of Missouri-Columbia. His program of research takes a socioecological approach to elucidate individual, contextual, and structural risk and resilience processes that shape the link between racism and mental health among Black youth.



As part of the Swanson Rural Mental Health Initiative Project, we have a few outreach opportunities to present on different topics for high school students this semester. Possible topics to present on are typically about mental health and wellness. These presentations are around 45 minutes and would count as outreach for any hours needed! We are planning on having these presentations 1-2x/month on Thursday or Friday mornings at 9:30am.

If you are interested or have additional questions, please reach out to Teagan Wilson at [twilson70@huskers.unl.edu](mailto:twilson70@huskers.unl.edu)

Monthly Seminar

3 CE Credits per Session



SCCAP PRESENTS:

**CLINICAL PRACTICE INSTITUTE**

*A virtual series of half day workshops designed to enhance your evidence-based practice.*

**Navigating Technology and Social Media with Children, Adolescents, and Families:**

Clinical implications of APA's Guidance on Social Media Use

**FRIDAY, OCT 6**

12:00PM - 3:00PM EST

Navigating Social Media Use with Adolescents & Families: Evidence-Based Strategies for Clinicians in an Ever-Changing Digital World



Sophia Choukas-Bradley, PhD

**FRIDAY, NOV 3**

12:00PM - 3:00PM EST

Teen Social Media Use and Mental Health: Working Collaboratively with Parents & Teens



Jessica Hamilton, PhD



Candice Biernesser, PhD

**FRIDAY, DEC 1**

12:00PM - 3:00PM EST

Preventing Problematic Media Use in Childhood: Strategies for Parents and Families



Sarah Domoff, PhD

3 CE CREDITS OFFERED PER SESSION

Pricing\* (Per Session)

Professionals	\$50
Students/Postdocs/Postbacs	\$20

\*CPI is available for SCCAP members only. Become a member at [SCCAP53.org](http://SCCAP53.org)!

**CLICK TO REGISTER FOR CPI**



Clinic Corner

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## UPCOMING BIRTHDAYS

### Patricia Cardellini de Almeida


September 22nd  
Happy Birthday, Patricia! We are so glad you are here!



If you have something you would like posted in *Weekly Wednesday*, please email Jules with your request by 12pm Tuesday!





### JULES' OFFICE HOURS & DEMAC LIBRARY HOURS

**Thursday 9/21: 11am-12pm**  
**Friday 9/22: N/A (WFH)**  
**Monday 9/25: 12-1pm**  
**Tuesday 9/26: 2-3pm**  
**Wednesday 9/27: 1-2pm**

*The DEMAC library is open during Jules' office hours. If you need to access the library at an alternate time, please email Jules to set up an appointment!*



## Upcoming Office Hours

Thursday 9/21: 10-11am  
 Friday 9/22: 1-2pm  
 Monday 9/25: 1-2pm  
 Tuesday 9/26: 3-4pm  
 Wednesday 9/27: N/A (out of office)

Susan Swearer, Ph.D., LP  
 Chair  
 Department of Educational Psychology  
 University of Nebraska-Lincoln

# Weekly Wednesday

Department of Educational Psychology



## What's Inside:

- 1) Top Stories
- 2) Announcements
- 3) News
- 4) Diversity, Equity, & Inclusion
- 5) Clinic Corner
- 6) The Week Ahead

Please join us  
in welcoming our new  
office associate!



Elizabeth "Zee" Cronin!  
Preferred Name: Zee (she/her)

ZEE

Zee is joining EDPS as our new Office Associate! She loves theater, traveling, and all things outdoor-adventure. Her favorite food(s) are maple donuts & bacon with coffee. She has lived all over the globe, from London to Chicago to New Jersey and beyond! Stop by sometime to say hello and learn more about our wonderful new teammate!



## REMINDER!

The deadline to register for the October comprehensive exam is **THIS FRIDAY** September 29th. Please email your completed, **SIGNED** form to Jules by 5pm on Friday.



[click the pencil for access to the application](#)


# APA Psychology Graduate School Fair

November 2, 2023  
12 - 6 PM ET




Connect with a diverse group of students seeking entry into graduate level psychology programs


Group presentations & panel discussions




Indefinite access to Candidate details



Interact with a diverse pool of Students



Video and/or Audio capabilities



[www.CareerEco.com/Events/APA](http://www.CareerEco.com/Events/APA)  
[Events@CareerEco.com](mailto:Events@CareerEco.com) | 770.874.7807



## Help Spread the Word!

The Department of Educational Psychology is participating in APA's Virtual Graduate Student Fair on **November 2nd!** We are committed to diversifying our profession. Please share the fliers (attached in the email) with university/departmental undergraduate program advisors and your undergraduate students so they can participate in this **APA-Sponsored** virtual graduate student fair. This is a **FREE** & efficient way for busy undergraduates to "visit" multiple schools all on the same day to ask questions and make connections to graduate school programs, making this mechanism more accessible to everyone!

*Congratulations*

Congratulations to Abril Rangel Pacheco for winning the Inspire Young Leaders Award from Lincoln Journal Star!

Abril has provided psychological services in a variety of settings including schools, community mental health clinics, and juvenile justice facilities. She also serves on the Associate Board of Directors for the Joyce Ivy Foundation, a non-profit organization that provides academically talented young women from the Midwest with summer pre-college scholarships to selective institutions across the US. She was also recently named Co-Chair of the Summer Scholars Selection Committee in 2023!

Way to go, Abril! We are so proud of you!



## EDPS Faculty, Staff, & Students,

Be sure to sign up for your FREE membership to the “National Center for Faculty Development and Diversity!” You will receive a weekly newsletter, the “Monday Motivator,” as well as information about upcoming writing challenges and webinars. Here are some of their upcoming events:

**14-day Writing Challenge**  
**Webinar: How to Engage in Healthy Conflict**  
**Faculty Success Webinar: 5 Secrets to a Super-Productive Semester**  
**How to Engage Audiences at Conferences, In the Classroom, and Beyond!**



CE Credits Available: 1.0



TO REGISTER: Scan the QR code below.



Thursday, October 19, 2023  
3PM EST (12PM PST)

*This one-hour event will include a presentation with opportunity for questions and dialogue at the end. A link to the event will be sent to registrants by October 18th.*

Division 16 is excited to announce an upcoming webinar, to be held Tuesday, October 19th from 3-4pm EST. The title of the event is “A School Psychologists’ Primer to Race-Based Stressors.” It will be presented by Jeremy Grant, PhD., NCSP. Dr. Grant is an Assistant Professor of School Psychology at Alfred University in New York.

NIMH wants to change their mission statement with regard to how they refer to people with different abilities and they are asking APA Divisions for feedback.

### Information Requested

The bolded language reflects the differences between the current & proposed mission statements.

#### Current Mission Statement:

“To seek fundamental knowledge about the nature and behavior of living systems and the application of that knowledge to enhance health, lengthen life, and reduce illness and disability.”

#### Proposed revision:

“To seek fundamental knowledge about the nature and behavior of living systems and **to apply that knowledge to optimize health and prevent or reduce illness for all people.**”

Specific comments in regard to the proposal include (but are not limited to):

- Suggestions for specific language that could be added to the proposed mission statement and why
- Suggestions for any specific language that could be removed from the proposed mission statement and why





Rutgers Graduate School of Applied and Professional Psychology invites all Division 53 members to attend our CE Zoom webinar, "School Violence in America: A Trauma Informed Perspective," presented by Dr. Alexander Alperin.

The training will be held Monday, October 16th from 9am-12:15pm ET and provides 3 CE Credits.

The goal of this webinar will be to help participants better understand and prevent the negative impact school violence can have on their community. First, trauma, grief, and school violence will be defined and its effect on children, adolescents, and school staff will be summarized. Discussion will then focus on identifying the warning signs of school violence (i.e., threat assessment), the use of de-escalation techniques, and three phases of coping with trauma. Next, this webinar will highlight the most effective approaches for discussing school violence with students. Clinical examples (i.e., therapy cases), research/evidence based interventions and their implementation will be presented, as well as possible barriers to their success. This webinar will be research based, interactive, illustrative, and practical.

For questions, please email [ce@gsapp.rutgers.edu](mailto:ce@gsapp.rutgers.edu)

[CLICK HERE FOR MORE INFO](#)

## HOW YOUR DOG CAN RELIEVE YOUR ANXIETY

In case you need an excuse to see your friend's new puppy...spending time with dogs can reduce your anxiety!

Check out this study to learn how these cuddly cuties can actually reduce stress and ease anxiety!

Boop one of the puppies below to read the study



## September 2023 Happiness Calendar

This month, be vulnerable and true to yourself.

Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Greater Good Science Center ggsc.berkeley.edu greatergood.berkeley.edu				1. Do something spontaneous and playful.	2. Listen without offering advice or judgment.	
3. Embrace the healing power of solitude.	4. Reflect on your strengths and what gives you meaning at work.	5. Face your fears.	6. Ask yourself: Could I be wrong about this?	7. Join our Finding Purpose Across the Lifespan event.	8. Honor your roots and family traditions.	9. Do a mindful breathing meditation.
10. Be curious about where people's perspectives and opinions come from.	11. See your vulnerability as a strength.	12. Consider forgiving someone who harmed you.	13. Try to learn from everyone you meet.	14. Deepen a friendship at work.	15. Experiment with saying yes and going with the flow.	16. Have a conversation with your family about race.
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## UPCOMING BIRTHDAYS

Briana Momchilovich: September 28

Elyxcus Anaya: October 1

Janet Carlson: October 3



### JULES' OFFICE HOURS & DEMAC LIBRARY HOURS

Thursday 9/28: 10-11am

Friday 9/29: 1-2pm

Monday 10/2: 2-3pm

Tuesday 10/3: 1-2pm

Wednesday 10/4: 3-4pm

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Susan Swearer, Ph.D., LP  
she/her/hers  
Chairperson  
Department of Educational Psychology  
University of Nebraska-Lincoln

## Upcoming Office Hours

Thursday 9/28: N/A

Friday 9/29: N/A (out of office)

Monday 10/2: 3-4pm

Tuesday 10/3: 3-4pm

Wednesday 10/4: N/A (Vacation)