

## **Internship Description**

**1. Your name.**

- Maryam Ajibola

**2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)**

- Psychology and Family Science

**3. Practicum position title.**

- Teaching Assistant

**4. Organization / agency name / agency address / contact number / website**

Family Service Lincoln - Youth Development

Main Office:

402-441-7949

Email:

contact@familyservicelincoln.org

Address: 501 S 7th St

Lincoln, NE, United States

website: <https://familyservicelincoln.org/youth-development-program/>

**5. Mission of the organization or agency.**

- "Helping families thrive!"
- Programs: Women, Infants, and Children (WIC), Youth Development Program, Behavioral Health Program, Child Care Food Program, Housing and Support Services, Housing and Support Services

**6. Supervisor's name and title:**

Sandra Kaup

Youth Development

Compliance & Training Manager

Supervisor's contact number:

402.441.7949 Ext. 1669



**7. Describe the purpose of your internship.**

- The purpose of this internship is to be a supporting staff member to the site coordinator. The two of you watch over 30 kids at a before and after school setting playing games, participating in clubs, and helping with homework.

**8. Work responsibilities, skills, and knowledge:**

**8a.)** Describe your major work responsibilities of your internship (i.e., what Did you do it? and how did you spend your time?

- My biggest responsibility was mainly to watch/hangout with the kids.

**8b.)** What skills did you acquire over the course of your internship?

- I've definitely had to become more patient and try not to get frustrated easily.

**8c.)** What type of knowledge did you gain?

- I've gotten a chance to do a lot of extra training about challenging behaviors, school nutrition, power to protect, CPR/first aid, parent meetings with supervisors and the importance of counting children.

**9. What was your most critical moment at your internship? Explain why.**

- I think around my 3rd or 4th week when I came in one day and was very excited to see me and tell me about their day. It really showed me that I had finally begun to build a strong relationship with them.

**10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.**

- I would tell them that they need to be read to just have some crazy days when all the kids decide to just act out and no one's stories ever really match up because sometimes they lie or just get confused.

**11. Would you recommend this particular organization or agency to future internship students? Why/why not?**

- This definitely depends on if you want to work a lot or a little. I personally wish I had done more because this felt more like being a before and after school babysitter so to that extent I would not recommend it because I didn't have a lot of responsibilities.

## **Internship Description**

### **Torri Almond**

#### **Major Areas of Study**

- Psychology
- Child Youth and Family Studies

#### **Practicum Position Title**

- Youth Development Intern

#### **Organization Information**

- Family Service Lincoln
- 501 S 7th St, Lincoln, NE 68508
- 402-441-7949
- <https://family servicelincn.org/>

#### **Mission**

- “Programming has evolved over the years to meet the needs of families and the current conditions in our community. Today, we’re proud to provide case management, housing support, behavioral health therapy, expanded learning opportunities, and nutrition and food programs to thousands of households each year. Our mission of “Helping Families Thrive” embodies the impact we have across all six tracks of programming.” (FSL Website)

#### **Supervisor Information**

- Vanessa Murillo-Guerrero
- Site Coordinator
- 402-507-9481

**Purpose**

- Providing after school care to children K-5th
- Fostering a safe environment for growth and development

**Responsibilities, Skills, Knowledge**

- Supervising children, marking when students have snack, setting out centers, communicating with parents about child's day, helping clean up
- Patience, creative problem-solving, empathy, adapting
- Better understanding of social skill development in children and behavioral management

**Critical Moment**

- First time I got one of the three radios on site
- This meant that I was ready for more responsibility and they trusted me to handle it. I had to be more confident in talking to parents, especially if I did not recognize them.

**Recommendations to Students**

- Take time to remember parent faces
- Try to build a connection with each student
- Be brave in asking for help or offering assistance

**Recommendation of Organization**

- I would recommend this organization as it is a perfect place for application of knowledge about child development and gaining experience in working with children

1. **Your name:**  
Cade Argo
2. **Major area of study or focus:**  
Human Development and Family Science
3. **Practicum position title:**  
Graduate Assistant – Football Operations (previously: Football Operations Intern)
4. **Organization / agency name, address, contact number:**  
University of Nebraska Football  
One Memorial Stadium, Lincoln, NE 68588  
(402) 472-2265  
Website: <https://huskers.com/sports/football>
5. **Mission of the organization or agency:**  
To develop student-athletes academically, athletically, and personally while competing at the highest level of college football, and to promote excellence, integrity, and accountability throughout the football program.
6. **Supervisor's name and title, contact info:**  
Charlie Foley – Assistant Director of Football Operations  
  
cfoley@huskers.com  
  
(856) 701-2361
7. **Describe the purpose of your internship:**  
To support the day-to-day operations of the Nebraska Football program, gain professional experience in athletics administration, and contribute to team logistics, organization, and player support while learning about the behind-the-scenes structure of a Power 5 football program.
8. **Work responsibilities, skills, and knowledge:**

**8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

- Conducted daily meal checks for athletes to ensure nutritional accountability
- Assisted with team logistics including travel, scheduling, and event setup
- Helped manage communication between players, coaches, and operations staff

- Organized team materials and contributed to smooth execution of team functions

**8b.) What skills did you acquire over the course of your internship?**

- Gained communication, organization, and time management skills
- Learned how to operate efficiently within a high-performance, fast-paced team setting
- Developed professional confidence by working directly with staff and athletes

**8c.) What type of knowledge did you gain?**

- Learned how a collegiate football program functions behind the scenes
- Gained insights into team culture, NCAA compliance, and player support systems
- Observed leadership styles and how operational roles influence team success

**9. What was your most critical moment at your internship? Explain why.**

Things have been pretty slow so far, but the most critical moment was when I had to pick up the NDSU football coaches from the airport. They flew in on a private jet and were supposed to land at a certain airfield. I got there early and was waiting, but then a staff member told me they actually landed at a different location. His directions didn't really make sense, and I knew this needed to go smoothly to reflect well on our program, so I asked if he could just take me there. He said he didn't have a car, so I told him I needed to get there now. He ended up opening the gate to the tarmac, and I followed him through and drove straight up to the plane. Not sure if he had any clearance or anything but we made it happen. I picked up the coaches and got them where they needed to be. It was a high pressure moment, something that could not go wrong, but I figured it out and made it happen, which was a big deal for me.

**10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?**

- Be dependable and show up early, trust is everything in athletics
- Take initiative, even with small tasks, it's how you get noticed
- Stay humble but speak up when needed, your voice matters too
- Be ready to work long hours and adapt fast; the schedule is unpredictable
- Be reliable, they will give you more and more stuff if you can be relied on

**11. Would you recommend this particular organization or agency to future internship students? Why/why not?**

Yes, absolutely. The people, culture, and experience you gain in Nebraska Football Operations are unmatched. If you want to learn about leadership, teamwork, and what it takes to run a successful program, this is the place to be. Coach Matt Rhule is an incredible leader.

## Internship Description Guide

1. Sofia Barrientos
2. Human Development and Family Science
3. Youth Development Intern
4. Family Service Lincoln

Address: 501 S 7th St, Lincoln, NE 68508

Phone: (402) 441-7949

<https://familyservicelincoln.org/>

5. Helping Families Thrive
6. Tina Brown

Youth Development Site Coordinator

402-580-2167

7. The purpose of my internship is to support the social, emotional, and academic growth of children while also contributing to the overall functioning and success of the program.
8. a) My main responsibilities include supervising and engaging with children in a safe, supportive environment. I helped lead various age-appropriate activities including arts and crafts, group games, academic enrichment, and quiet time. I also assisted with monitoring behavior, resolving minor conflicts, and ensuring that all children felt included and cared for. My time was split between interacting directly with the kids, helping manage transitions, and assisting the staff with any additional needs to keep the program running smoothly.  
  
b) I improved my communication skills, both with children and with staff, learning how to give clear instructions, offer encouragement, and address behavioral issues in a calm



and constructive way. I also gained experience in conflict resolution and learned how to manage group dynamics.

c) I gained knowledge about child development, especially in terms of social and emotional growth during the elementary years. I gained insight into how children learn through play, routine, and positive relationships with adults. I also learned about behavior management strategies, how to create inclusive environments, and how to support children through challenges like transitions or emotional outbursts.

9. The most critical moment at my internship has been developed over time. I've grown a relationship with a little boy who had really bad behavior problems when I first got there. He was already showing progress the first couple weeks I was there but was still standoffish towards me. As the days went on, he started to trust me more and more, would laugh at my jokes, and would come up to me and chat. We are now at a point where I can tell he's really excited to see me and often seeks me for support or guidance. It feels great because I know that I can get through to people even when they put up a hard front and we can build a trusting relationship. I think that this will be beneficial in my work as a social worker or therapist.
10. Something important is to go in with an open mind and have a desire to learn from others. This might include your supervisor, and it also might include the kids. I definitely learned that kids are a lot smarter than you think and will keep you on your toes. I would also recommend people to ask questions if they are struggling. I was pretty shy at first but my supervisor was very caring with me and would check in and this is when I asked questions. I was able to learn so much more about the students and the best ways to approach and help them.

11. I would highly recommend this organization because you truly feel supported and can learn so much. I was able to take away skills and knowledge that I didn't expect. The staff and supervisors are also very helpful and have made the whole experience welcoming. They are always there if you need something and want you to succeed, which is very important.

1. Emma Bartling
2. My major area of study is Child, Youth and Family Studies but I have always had interest in real estate, so I decided to intern for a real estate agent.
3. My practicum position title is social media and marketing intern.
4. The organization I am interning for is Black Tie Realty. We are currently in the process of finding an office and creating a website. This is because we are in transition of parting ways from the old brokerage we were at to create our own.
5. The mission of our brokerage is to deliver and elite, tailored real estate experience that exceeds expectations and redefines luxury. We are committed to providing our clients with unparalleled service, discretion, and expertise, ensuring every transaction is handled with excellence. With a focus on exclusivity, integrity and personalized attention, we turn exceptional properties into extraordinary experiences.
6. My supervisor's name is Susan Buettner. She is a realtor, broker, author, and speaker. Her phone number is (402)580-5041.
7. The purpose of this internship was to gain experience from a reputable real estate agent so I could learn about all about the behind-the-scenes processes.
8. A) During the internship, I was able to contribute to the launch and branding of a new real estate brokerage. I created the company's official logo, collaborated on marketing strategies and branding concepts, and assisted with property showings to gain firsthand industry experience. I also observed legal meetings to better understand the compliance and contractual aspects of real estate. In addition, I helped design welcome gifts for new clients and played a role in planning the company's opening event.

B) I gained creative, organizational, and professional skills in a dynamic real estate environment, while gaining valuable insight into the business from the ground up.

C) I gained an understanding of what it takes to build and launch a real estate brokerage from the ground up. I learned how branding plays an important role in shaping a company's identity and how marketing can help attract and retain clients. Sitting in on legal meetings gave me valuable insight which deepened my appreciation for the behind-the-scenes responsibilities. I also developed a stronger understanding of client relations through showings and gift planning, and I learned how attention to detail and presentation can make a lasting impression. Overall, this experience helped me connect creative thinking with business strategy in a real-world setting.

9. The most critical moment of my internship was designing the official brand logo for the new brokerage. It was one of the first major creative tasks I was trusted with, and I quickly realized how important the logo would be in shaping the company's identity and making a lasting impression. This moment was critical because it pushed me to think outside of the box and how to translate the brokerages value into a logo. It challenged both my creativity and sense of responsibility due to the logo being the face of the brand. Seeing my design become a permanent part of the brand made me feel proud and showed me that I am capable of more than I thought I was.
10. For students wanting an internship in a similar position, I recommend going in with an open mind and a willingness to take initiative. Real estate is a fast-paced, detail-oriented field so being proactive and professional will make a big difference. Before my internship I familiarized myself with basic real estate terms and branding concepts. Also don't be

afraid to ask questions or offer ideas. This is what helped me gain more knowledge and helped my boss realize that an outsider's perspective and is different from hers.

11. Yes, I would recommend this position for future internship students. It's a unique opportunity to be a part of something from the ground up and see the inner workings of launching a brokerage. I felt trusted with all the responsibilities given to me and was encouraged to contribute creatively and professionally. The hands-on experience also helped me grow in both skills and confidence.

1. Your name: **Haley Bogenreif**
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc.):  
**Psychology major, EDPS/CYAF Minor**
3. Practicum position title: **Youth Development Intern**
4. Organization/agency name: **Family Service Lincoln**  
Organization/agency address: **501 S 7th St, Lincoln, NE 68508**  
Organization/agency contact number: **402.441.7949**  
Organization website if available: <https://family servicelincn.org/youth-development-program/>
5. Mission of the organization or agency: **The Youth Development Program partners with schools, families, and neighborhoods to provide expanded learning opportunities in safe environments while helping to build stronger communities.**
6. Supervisor's name and title: **Sandy Kaup**  
Supervisor's contact number (phone and fax, if available):  
[skaup@family servicelincn.org](mailto:skaup@family servicelincn.org)  
**402.441.7949 Ext. 1669**
7. Describe the purpose of your internship: **"Get hands-on experience in executing lesson plans, behavior modification, speaking to families, and of course having FUN with students in play! In addition, we provide paid trainings that includes CPR/First Aid, Child Abuse & Neglect, Classroom Management, Challenging Behaviors"**
8. Work responsibilities, skills, and knowledge
  - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?): **Main responsibilities included setting up and facilitating activities for students, taking students outside or to the gym for games, keeping attendance, serving snack, and maintaining a clean and orderly site**
  - 8b.) What skills did you acquire over the course of your internship? **communicating effectively with parents and teachers, classroom management skills, active supervision skills, basic behavior intervention skills**
  - 8c.) What type of knowledge did you gain? **Gained knowledge of working within a school and learned quite a bit about LPS, learned many games and activities that students enjoy, learned about adjusting discipline and behavior tactics according to student needs**

9. What was your most critical moment at your internship? Explain why: **During the week of April 14th, my supervisor was on vacation. While she was gone, they trusted me to run the program in her place. I practiced with her for a week, and then I got to be the “site coordinator” for four days. I learned so much about myself, the importance of relying on my coworkers but also relying on the students because they know a lot more than we give them credit for! I also felt really nervous leading up to my site coordinator’s vacation but I had to trust myself, trust the kids, and trust the other TAs. It wasn’t the easiest week but we got through it and I gained so much confidence in myself! The kids could tell I was a little nervous too and for the most part they were super supportive and helpful, so I feel like my connections with them were really strengthened throughout this week.**

- **One of the students asked me if I would come back for the summer**
- **One of the students said she thought I should be the boss of Family Service**
- **Fire drills and shelter drills are notoriously difficult to practice and I had to do them with the students while my supervisor was gone and they both went really well!**

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization: **I would recommend that future interns should know that they have to get there early if they want to work before school, but after school is way crazier. I also think it’s really helpful to try to learn names as quickly as possible because it’s one less thing to worry about when you’re trying to take attendance or count how many kids you have. Also, using authoritative parenting tactics is super helpful. Across the board, kids usually respond best to warm/affectionate feedback but they also do well when they’re held to high standards.**

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

**Yes absolutely, I feel like I made great connections with the students and I had a really fantastic supervisor. I got direct experience working within a school, which can be hard as a psychology/counseling student because they don’t really do internships until you get to grad school. I also really liked the intern coordinator at Family Service and I felt like she was very committed to intern success as we had monthly meetings and checkins to see how all the interns were doing. Overall I had a really amazing experience at Family Service and I’m actually super sad to leave.**

1. Megan Carter
2. Occupational Therapy
3. Community Outreach Intern
4. Taco Inn, 4039 S 48<sup>th</sup> St Lincoln, NE 68506, 402-483-1416, <https://thetacoinn.com/>
5. TACO INN HAS PROUDLY BEEN A LINCOLN FAVORITE SINCE 1976! THE SOUTH 48TH STREET LOCATION HAS BEEN PROVIDING QUALITY AND AFFORDABLE FOOD SINCE 1984. WE ARE LOCALLY AND INDEPENDENTLY OWNED AND HERE TO SERVE OUR COMMUNITY!
6. Nadia Khechfe, store manager, 402-202-3732
7. The purpose of my internship is to expand the relationships between Taco Inn and other local business, grow their adolescent community, and provide new ideas to help integrate Taco Inn with the community.
8. Work responsibilities skills, and knowledge
  - a. I mostly email, call, and reach out to different agencies across Lincoln for potential partnerships with Taco Inn. If any business wants to work with us I gather all information and report it back to Nadia. I plan and coordinate any work with non-profits for donation drives.
  - b. One main skill that I have acquired is better communication skills, I have had lots of practice with this communicating with different types of people. I also learned more time management skills with the balance of this internship and my job and school work.
  - c. I have learned a whole lot about how businesses operate and how to communicate when wanting to work with another business or non-profit. I want to open my own business one day, so this has been extremely helpful.
9. The most crucial moment at my internship was when there was a planned zoom call with a certain company that wanted to work with us. They were essentially pitching their idea to us, but a family emergency had come up for Nadia so I had to handle the call alone. It was a really cool experience and I learned a lot from it.
10. I would highly recommend branching out of your comfort zone for your internship, You will learn so much more and gain new experiences that you might not have access to later in life.
11. I believe that Taco Inn is a great company, but needs a little more structure for the internship position then I would highly recommend it. You get to learn skills from every facet to customer service, communication, compassion, and community engagement.



1. Claire Choate
2. Family Science and Human Development
3. Foster Care Intern
4. Cedars Youth Services
  - a. 1533 N 27th St
  - b. (402) 437-8999
  - c. <https://www.cedarskids.org/>
5. “Help children and youth achieve safety, stability, and enduring family relationships.”  
(Cedars, 2025)
6. Caitlin Nimmich, Assistant Program Director
  - a. (531) 249-8167
7. The purpose of my internship is to learn how the foster care system works and how to provide services for a healthy and stable home environment for children in the foster care system.
8. My major work responsibilities include calling and completing reference forms for future foster parents for the licensing department. I also shadow home visits, court hearings, family team meetings, etc. with a Foster Care Specialist. I also watch case notes, monthly master assessments, service plans and safety plans get completed. I shadow home studies and home study case notes with a Foster Care Licensing worker. The second half of my internship has been me practicing case notes and taking notes at all of the visits listed above. Over the course of the internship I have gained knowledge on the logistics of how the human service field works. Learning how to take notes during visits or meetings, how to write case notes, how to make professional phone calls, etc. These are all things I

wouldn't learn in a class or thought I needed to learn but are very important to the service field. Cedars works very closely with the Department of Health and Human Services (DHHS) so I have learned and observed how human services workers interact and what they're responsibilities are to the client; support and resources for good well being. I have gained a lot of knowledge from seeing real life scenarios and getting to consistently observe the human service field. I did gain a lot of physical knowledge like case notes, notes, etc. but also a lot of knowledge in how to provide trauma informed care and how to interact with people when providing support to them. This internship has given a lot of knowledge and comfort to me because I get to see how the human service field actually works.

9. The most critical moment at my internship was an intake visit I went on for four year old and 18 month old girls. They were placed in a home with their aunt and we had to go to their initial intake to get the parents and girls documentation and look at their house to see if it was fit for the girls. While we were talking the four year old girl really liked me and kept asking me questions. She said a lot of things to me that really revealed what her past home was like, that was very alarming. For example she wanted me to make a finger gun and pretend to shoot it at the wall and she would make the sound. She had multiple other things that were also hard to hear from a four year old. This was a very critical moment for me because it was the first time I had to learn to compartmentalize and not take that home with me. This was also critical because it was the first time I also saw the true importance of human services. I know how important they are and that is why I want to go into this field but it was the first time I saw it and had an instance that showed me how important it is.

10. My recommendations for future internship students in preparing for the internship experience is not being scared to ask questions. At least for my internship there wasn't a lot I could have done in advance to prepare for my internship but one thing that I wish I knew was knowing that people want you to ask questions and they want to help you. Being able to ask questions and being open to constructive criticism is also very important so you can get the most out of your internship experience.
11. I would definitely recommend Cedars to future students. They have many different departments but my experience with foster care has been nothing but positive. Every person at my internship is willing to help me and take me on visits with them or let me shadow them. They are also all willing to answer my questions and take time to let me watch them do something or explain something. I have learned a lot from watching and people taking time to teach me.

## Works Cited

Blue, J. (2025). *Cedars Youth Services: Home*. CEDARS. <https://www.cedarskids.org/>

1. Ella Crawford
2. Child Youth and Family Studies with a minor in psychology
3. Youth Treatment Specialist
4. HopeSpoke, 904 Sumner St., Lincoln, NE 68502, <https://hopespoke.org/>
5. HopeSpoke inspires healthy futures for children and their families through comprehensive behavioral and mental health services.
6. Lonnie Steggs, 402-432-5605
7. The purpose of my internship is to gain experience working with youth in a setting
8. A) My main responsibility is to supervise youth at all times this includes during school, breaks, personal time, and other activities.  
B) I learned how to communicate effectively with youth, different treatment techniques, and therapeutic interventions.  
C) I learned driver's safety knowledge, family collaboration for treatment, and why the program is structured to help the youth.

9. I think the most critical moment at my internship was getting into a verbal altercation with a youth. I was pretty new and didn't know how to handle this at the time. From that moment I asked questions and observed a lot to understand how to handle situations like that. I learned how I can better manage my emotions and how to help the youth in that situation.

10. I would recommend to prepare for anyone to prepare themselves mentally for the population you are working with. I would also say to understand you can't take anything personally and that you are here to help them succeed in both in the program and out in the real world.

11. I would recommend this organization to future internship students. This specific internship I think challenges you and opens you up to an experience you wouldn't get anywhere else. It is also very rewarding to build relationships with the youth and watch them progressively grow.

1. Your name:
  - Ayanna Garza
2. Major area of study or focus:
  - Business/Photography/Videography
3. Practicum position title:
  - Intern
4. Organization / agency name:
  - BNT Creative Art Space
- Organization / agency address and contact number:
  - 3929 n 91st street, Omaha Ne 68134
- Organization website if available:
  - Currently recreating a website for the business
5. Mission of the organization or agency:
  - "We are driven by a commitment to find new ways of creating art, music, and production."
6. Supervisor's name and title:
  - Dewey Cox - Owner/Head Engineer/Videographer/Photographer
- Supervisor's contact number:
  - +1 (402) 515-6688
7. Describe the purpose of your internship:
  - To gain practical experience in various aspects of photography, videography, and running a business.
8. Work responsibilities, skills, and knowledge:
  - 8a.) Describe your major work responsibilities of your internship:
    - Assisting with photo and video shoots (equipment setup, props, lighting)
    - Client interactions and customer service (scheduling, communication)
    - Social media management (content creation, engagement)
    - Marketing support (promotional materials, website updates)
    - Administrative tasks (organization, emails)
    - Research and development (trends, techniques, equipment)
    - Event coordination (planning, organization)
    - Website content creation and updates
    - Cold calling and outreach (lead generation)
  - 8b.) What skills did you acquire over the course of your internship?
    - Better time management
    - Stress control
    - Videography
    - Color grading
  - 8c.) What type of knowledge did you gain?
    - Hands-on experience in professional photography and videography techniques.
    - Understanding of the day-to-day operations of a photography/videography business.
    - Development of client interaction and customer service skills.
    - Practical experience in social media marketing and website management.
    - Insight into business aspects such as pricing, accounting, and marketing strategies.

- Experience in cold calling and lead generation.

9. What was your most critical moment at your internship? Explain why.

- The most critical moment for me during this internship was the realization of the significant challenge in effectively managing my time and stress levels. Balancing the demands of the internship (including my previous placement) with my existing responsibilities as a single parent, full-time student, employee, and business owner proved to be far more demanding than initially anticipated. This pointed out the importance of meticulous planning and the potential consequences of overcommitting.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

- I think in general fully understanding your course load and personal commitments. As a single mom, full time student, employee, and a business owner I went into all of this extremely blind and I “dropped the ball”. I was not fully aware of everything that I committed myself to on top of my own personal duties and extremely spread myself thin. When you have 30+ things to do, time management can only do so much. Be sure to set yourself up for success and not failure or you will make many mistakes that will harm many aspects of your life, education, family, job, mental, etc.

11. Would you recommend this particular organization or agency to future internship students? Absolutely!

- I gained very practical hands on experience for running a successful business. As a young business owner myself I knew absolutely nothing about my own photography business when I started. Prior to my internship, everything I knew I had taught myself. During my internship Dewey showed me first hand what it looks like to run a local business that not only provides a service to others, but cares for their clientele and helps them create literal art in many different ways. I got to learn about everything that goes into photoshoots/videoshoots, from doing the work, editing, contracts, financial, etc etc.

1. Anna Gulzow
2. Child Youth and Family Studies: Human Development and Family Science
3. Assistant/Intern Learn to Skate Director
4. John Breslow Ice Hockey Center, 433 V Street Lincoln, Nebraska 68508, 402-472-2758,  
<https://www.breslowhockeycenter.com/lts>
5. The Breslow Ice Rink is dedicated to promoting ice sports and recreational activities within the community. Through year-round access to skating, the rink supports a variety of programs such as figure skating, hockey, curling, broomball, and several UNL athletic clubs. Between offering a range of classes, activities, and hosting community events, the rink promotes community engagement, athletic development, and a love for ice amongst skaters of all ages.
6. Megan Redman, Learn to Skate Program Director,  
[skateschool@breslowhockeycenter.com](mailto:skateschool@breslowhockeycenter.com)
7. **The purpose** of my internship is to gain practical experience in program management and non-traditional education. I am developing leadership and administration skills that will help me adapt to any professional work environment. It also prepares me to oversee program operations, maintain a safe and functional environment, and work effectively with a diverse group of people.
8. **Work responsibilities:**
  - a. Organizing class schedules and rosters
  - b. Communication with skaters, parents, and coaching team
  - c. Data entry on LTS computer
  - d. Tracking skater progress, providing personal progress reports



e. Assisting with planning and implementation of curriculum & tests

**Skills:**

- verbal & non verbal professional communication
- administrative skills (e.g. organization, ability to access and enter data in computer, returning voicemail messages, etc)
- technological skills (e.g. ability to use variety of machines in the office, basic graphic design, etc)
- time management skills
- customer service skills
- strategies for conflict resolution
- Emotional regulation strategies for younger skaters

**Knowledge:** The type of knowledge I gained most was professional knowledge, followed by personal knowledge. Professional knowledge included how Learn to Skate USA programs are structured and managed across the Midwest, how to fill the role of a program director, workplace expectations, ethical standards for skating coaches and directors, and the curriculum development process.

9. **My most critical moment** was when over half of the coaching team was absent due to sickness or school events, and we had to cover the entirety of the classes with about 3 coaches. It took critical thinking and problem solving to quickly rearrange class rosters, assign coaches, and explain the situation to students. We were all exhausted, but successfully managed classes that day. This was so critical because it taught me the importance of being dependable and calm amidst unexpected challenges.

10. **Future Advice:** Communicate clearly with both team members and program participants; reflect on how you can improve if a conversation doesn't go as expected. Building positive relationships with your supervisor, coworkers, and clients will also help create a supportive environment. Lastly, stay flexible; unexpected changes and busy schedules are common in program management.
11. **I would recommend** this internship to students who have some background in skating, whether that's hockey, figure skating, synchronized skating, recreational skating, or anything in between. Having experience on the ice makes it much easier to understand the needs of skaters and the flow of the program. I'd recommend the internship because it teaches professional skills like communication, problem-solving, and adaptability in a real-world setting. It's a good fit for people wanting to work in youth development or program coordination.

1. Emma Heisey
2. Human Development and Family Science
3. Youth Ministry Intern
4. Organization Name: St. Joseph Catholic Church
  - a. Address: 7900 Trendwood Dr, Lincoln, NE 68506
  - b. Phone Number: (402) 483 2288
  - c. Website: <https://www.stjosephlnk.org/formation/youth-ministry/>
5. St. Joseph Catholic Church seeks to be a vibrant and faithful Catholic community, centered in the Eucharist, that forms disciples through worship, education, service, and community life
6. Supervisor's Name and Title: Sara Racicot, Director of Youth Ministry
  - a. Email: **sara-racicot@cdolinc.net**  
Phone: 402-489-0341, x52971
7. To gain hands-on experience in youth ministry by supporting the faith development of middle and high school students, assisting with event planning, and contributing to retreats and parish activities
8.
  - a. Responsibilities: support the high school leadership team in weekly meetings and discussions, helped plan and organize retreats, including the 8<sup>th</sup> grade and high school retreats, assisted with event preparation and execution such as the trivia night fundraiser, various administrative tasks, communication with volunteers, and setup/cleanup for events
  - b. Skills: event planning and organization, communication and collaboration with parish staff and volunteers, leadership and mentoring youth, flexibility in ministry environments
  - c. Knowledge: understanding of how a parish youth ministry program is structured, insights into effective methods of engaging youth in faith development, the importance of servant leadership and adapting to the spiritual and practical needs of others
9. Helping with the 8<sup>th</sup> grade retreat was the most critical moment of my internship. It gave me a greater appreciation for my own faith, especially seeing how the retreat impacted the students. It was also the first time I really realized that the students were looking up to me as an example in their own faith journeys. That sense of responsibility was both humbling and motivating.
10. I would say that someone who might be working in a similar role should be willing to be flexible and adapt to any situation. It is also important to approach the work you do with an eagerness to help wherever you are needed as well as taking initiative to learn in structured and spontaneous moments.
11. Yes, especially for students seeking a faith-based internship. The environment is supportive, the work is meaningful, and there are many opportunities to grow in both professional and spiritual capacities.

1. Duncan Howser
2. Child youth and Family science
3. Family Support Worker
4. Owens and Associates,  
1451 N Webb Rd, Grand Island, Ne 68801  
OwensAndAssociates.org
5. Mission: To keep families together.
6. Michelle Olena, senior Manager child and Family Services Division  
Phone 308-675-1544 fax 308-383-1244
7. The purpose of my internship was to gain experience and get a clearer understanding with what I want to do for a career going forward.
8. Work responsibilities, skills, and Knowledge
  - a. Main responsibilities: The main responsibilities were to communicate with families about when they have visits, and family support. When observing a visitation, the main responsibilities were to transfer the children from where they are to the place where the visitation takes place. Then while at the visitation take notes over what type of interaction with the parents and children. There's also the responsibility to communicate with the supervisor any concerns about the visitation or concerns the parents or child has.
  - b. Skills acquired during the internship include improved professional writing, paperwork filing in a timely and accurate manner, and improved communication skills.
  - c. The knowledge I gained from this is just how the system works and how much communication goes into making sure it flows smoothly.
9. My most critical moment during my internship was the first time I went out on my own.
10. I think my recommendations for those going into an internship in this type of career is to be ready for cancellations and try to make sure you have enough hours, I've noticed it pretty common for some cases to cancel, it depends on the case. I also would recommend that your open to having a flexible schedule.
11. I think I wouldn't recommend this specific organization for an internship. It's not bad but due to the way it is it seems that the policy is shadowing for 2 weeks at most then you're out on your own, but then again this could just be just due to how many hours I needed, and being told I was pretty much being hired as a full-time employee instead of a regular intern.

1. Hailey Kleinschmit
2. Family Sciences
3. Physical Therapy Technician
4. Lincoln Orthopedic Physical Therapy
  - a. 5141 O Street, Suite K 531-204-8820
  - b. <https://www.lopt.com/>
5. “To empower individuals to achieve their highest level of movement and function by providing comprehensive, personalized physical therapy care, with a focus on musculoskeletal health and sports performance.”
6. Nicole Colonna, Doctor of Physical Therapist (650-492-1741)
7. The purpose of this internship is to support the physical therapists by communicating and helping the patients during their exercises and apply therapeutic modalities as needed.
8. Work responsibilities, skills, and knowledge:
  - a. I was responsible for assisting patients with exercises under the supervision of the Physical Therapist, handling new patient intake paperwork, cleaning tables, doing laundry, collecting copays, and scheduling patients future appointments.
  - b. Some skills I acquired over the course of my internship included communication, patience, attention to detail, and teamwork.
  - c. I gained a lot of interpersonal knowledge from this internship. I learned how to effectively communicate with patients, and my coworkers. I also developed an understanding of HIPAA regulations and patient rights, recognizing the importance of maintaining professional boundaries and ensuring patient

confidentiality. I learned the importance of prioritizing patients' needs and concerns to ensure quality care.

9. The most critical moment at my internship is when the head office at LOPT (Northeast clinic) emailed my supervisor regarding how helpful I was with a patient. The patient called the Northeast clinic and mentioned how I was patient with her and showed continuous kindness. This was critical because it proved to me that treating others with kindness is important no matter what occupation you are planning on pursuing. I came to realize I will always have a passion to help people and their families because it's very rewarding.
10. I would recommend future internship students to not be afraid to ask questions and understand mistakes will happen. Sometimes this is the best way someone can learn and pick up different skills. Also, focus on building rapport not just with your co-workers, but with the patients you'll be assisting. For some patients, this may be their only interaction of the day, so it's essential to engage in conversation with them and provide ongoing encouragement throughout their journey. Simply just showing that you care about them can brighten someone's day. Lincoln Orthopedic Physical therapy has 11 locations, making it important to build strong relationships with your coworkers. Those you work with can connect and recommend you personally through their own connections and personal relationships.
11. I would definitely recommend this organization to future internship students, especially if they are planning to pursue an occupation in the medical field. Working in rehab gives you the chance to see patients heal and grow stronger from start to finish. It's really rewarding to be part of that journey. The Physical Therapists I worked with were

incredibly friendly and gave me helpful, constructive feedback that I came to really appreciate over time. I built a lot of meaningful relationships with a variety of people there, so it'll be bittersweet when my time there comes to an end.

1. Avery Knoll
2. CYAF: Human Development and Family Science
3. CEDARS Intern
4. CEDARS Youth Services, 6601 Pioneers Boulevard Lincoln, NE 68506,  
<https://www.cedarskids.org/contact>
5. Our mission is to help children and youth achieve safety, stability, and enduring family relationships. Each day, CEDARS provides this mission-focused work to over 1,000 kids through an array of programs. In the last year, CEDARS supported 2,531 kids and families.
6. Simone Sparrock, CLC Supervisor, 402-960-5861
7. The purpose of my internship is to foster children's development in a diverse setting, while helping them achieve their personal and academic goals.
8. Work responsibilities, skills, and knowledge
  - a. The responsibilities of my internship include leading a group of 15 elementary aged children and supervising them after school. I help them with their homework, play with them, teach them socioemotional skills through lessons, and help resolve conflict among peers.
  - b. I have learned how to teach children worthwhile life skills such as positive self-talk and how to share. I have learned how to resolve conflict and redirect children when they are not accomplishing their goals. I have learned how to better connect with children.
  - c. I have learned more about the administration side of elementary schools, how to chart behaviors and log incident reports. I have learned how to redirect children in a loving way and connect with them through learning.
9. The most critical moment at my internship was being able to see the administrative side of running a program through a public school system. This showed me the behind the scenes work that my supervisor puts in so that families will be able to pay their bill, how to log incident reports and what happens when you log one, and how to chart children's behaviors and use software to relay that information to their parents.
10. My recommendations for future students would be to be prepared to have to discipline and redirect children, and even though they may not be happy at you at the time, they will learn why their behaviors are not okay. Future students should come ready to be patient and willing to learn.
11. I would 100% recommend CEDARS to future students. They have so many different opportunities for students to gain experience, they have a great mission statement, and their training is concise. They are an organized organization and they take pride in what they do.



# Internship Description Guideline

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**UPLOAD by: Friday, April 18  
(40 points)**



**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. *Your name:* **Kaliyah Manning**
2. *Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)*
  - **Child, Youth, and Family Studies (under child services track).**
3. *Practicum position title.*
  - **FSW: Family Support Worker**
4. *Organization/agency name, Organization/agency address and contact number, Organization website if available*
  - **Jenda Family Services**
  - **4701 Innovation Dr. (402) 474-0011**
  - **<https://www.jendafamilyservices.com/>**
5. *Mission of the organization or agency*
  - **Jenda Family Services, LLC, contracts with the Nebraska Department of Health and Human Services and Juvenile Probation to provide services to families in Nebraska. Jenda helps families end cyclical abuse, neglect while safely maintaining family structure, beliefs, and culture. (this comes straight from the website)**
6. *Supervisor's name and title,*

*Supervisor's contact number (phone and fax, if available).*

- Sarah Deutsch (Direct Services Supervisor)
- (402) 806-3674

*7. Describe the purpose of your internship.*

While this internship is required for this class, it is to help me not only gain experience but also learn skills in my interests and career goals. I also think that the purpose of my internship is to show me that I have grown in different areas of my life, not only personally but also professionally.

*8. Work responsibilities, skills, and knowledge:*

***8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?***

Worked alongside families to help them achieve individualized goals, supervise parenting time interactions, provide transportation for families to attend visitations, attend family team meetings with caseworkers, families, and legal parties involved, and document family interaction for caseworkers/DHHS/Jenda.

***8b.) What skills did you acquire over the course of your internship? 8c.) What type of knowledge did you gain?***

Skills that I acquired over the course of my internship were enhanced communication skills and learning how to actively listen to know what the families that I was working with actively needed from me. And using effective conversation to help families and foster families coordinate with each other. Problem-solving and critical thinking: knowing how to analyze family problems as well as evaluating different strategies to help families and their individual needs. Collaboration and Teamwork: I have had to work alongside different parties involved in each case that I am a part of to ensure the family's success. There are many different skills that I have acquired, but these are the skills that I use the most.

Knowledge that I have gained is learning about different social services and community resources, family dynamics, child development, and parenting strategies. This knowledge has shown me that there is not one moving piece when working with families, children, and even individuals. And all these moving parts have a purpose and have a reason why they affect different dynamics of families and children. And that it is important to understand all of those dynamics.

*9. What was your most critical moment at your internship? Explain why.*

A critical moment at my internship was being a part of my first Family Team Meeting. During that meeting I had to speak on the family's behalf. I had to advocate for the family from my perspective about how much they have improved as a family. This moment was critical because with me being there, I was able to speak about the family's positive aspects and how they have grown and that I have spent so much time with them and that they are

**trying to do the right thing to get their family together again. And being a part of that meeting, the legal parties saw that the family has been improving with the documentation of what I have done during their visits, the classes they have been taking, and how the children's development has improved tremendously. And that moment will always stick with me because it gave me the confidence to know that I can be a social worker and help others.**

*10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.*

**I think one big recommendation for future internship students preparing for a similar position is to have confidence within yourself. Not letting things beat you up or get you down because you can make mistakes, and you will learn something every day. Knowing who you are and giving yourself some grace goes a long way and will ensure your success.**

*11. Would you recommend this particular organization or agency to future internship students? Why/why not?*

**I would recommend this organization for future internship students. I would because this organization ensures that their employees are taken care of and ensures that they are provided with the tools to ensure their growth within their work. The passion and work ethic that they show not only encourage you but also show that you have a support system within the office and that you aren't alone when you need help along the way.**

1. Alexis Marlar
2. Human Development and Family Science, Education Studies
3. Youth Development Program Intern
4. Cooper YMCA of Lincoln, NE

6767 S 14th St, Lincoln, NE 68512

402-323-6400

<https://www.ymcalincoln.org/locations/cooper-ymca>

5. YMCA Mission Statement: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.
6. Supervisor Information:  
  
Ashley Choma - Cooper YMCA Program Director of Youth, Teen & Family  
  
402-323-6408
7. Purpose of Internship: Help youth cultivate the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Our programs and services help youth achieve their full potential.
8. Responsibilities, Skills, Knowledge:
  - a. Major responsibilities: I am the Greeter at Zeman Elementary school. Our afterschool program site has 48 kids. As the greeter I am responsible for checking the kids out, releasing them directly to their parents. When kids are not being checked out I plan and activities for kids to complete (end of the year celebration, behavior goals, educational worksheets). I also frequently fill in as a group leader when necessary, guiding the kids through rotations of activities.

- b. Skills Acquired: I have learned effective communication. It is important to communicate constantly with parents, as I am the first person they talk to when they pick up their child. I have also learned effective communication with the kids. Sometimes it is difficult to stay calm especially when the kids are being naughty, but communicating with them politely is important. That being said I also have been able to use active-listening. Enhancing my active listening skills has also helped me with my problem solving skills when kids have an issue.
  - c. Knowledge Gained: A lot of the kids at my site have difficult lives at home. I now have a better understanding on how trauma affects child development and behavior. I also have a better understanding on how to recognize many types of abuse, as we have had many training meetings related to this. I have also learned how to better create behavior plans. I now know how to set realistic goals for kids when it comes to reward systems based on behavior.
9. Critical Moment: The most critical moment of my internship was when I had to explain my plans for our end of year celebration. I came up with it, so it was my job to inform my co-workers of their responsibilities regarding it. I am not typically a person in charge at my site so making sure they knew I was the leader in the moment was difficult. I asked for their input about a couple things and they did not answer. At that moment I knew that sometimes people are not willing to communicate and are not willing to work under a new authority. It taught me to be patient and kind but it also taught me that I need to be more stern when explaining expectations I have with co-workers.
10. Advice for Future Interns: For anyone who is applying for this position or something similar, the biggest piece of advice I have is just to be as patient as possible. The kids,

boss, and co-workers will really test you sometimes, so making sure you are level headed and patient is important. If you lose your temper, the kids will be affected negatively and return that emotion. If you are unable to stay patient and calm your co-workers will not want to work with you. If you are unable to be patient with your boss, you will get angry which puts a damper on the internship experience, one that is supposed to be positive.

11. Internship Recommendation: No.

I would not recommend this internship to other people. The YMCA is a good organization with good intentions, but I believe that they have a lot of work to do with their after-school programs. If you like organization, the YMCA/Zeman would not be for you. There have been countless times where my site lead or co-workers will approve kids leaving their designated groups, which creates dysfunction and confusion. I also do not think my site supervisor does a good job at treating her staff with respect. I was misled when I was hired about what my job responsibilities and hours would be. I found kids at this site to be extremely disrespectful even with intervention from multiple staff.

Although that is true, it is a good opportunity to work with kids and learn how to deal with their behaviors. They are also decently flexible with scheduling and working around your UNL school commitments. I also cannot speak for other sites or other YMCA branches, so maybe I would recommend this internship at another site! It does have potential to be a really good place to complete your internship.

1. Emma Mathias
2. Psychology/Family Science/Pre-Law
3. Early Childhood Development Center (ECDC) Support Staff/Intern
4. CEDARS ECDC: 1533 N 27th St, Lincoln, NE 68503: (402) 437-8999:  
<https://www.cedarskids.org/>
5. CEDARS Mission: "Help children and youth achieve safety, stability, and enduring family relationships."
6. Amanda Nielsen: Program Director: (402) 988-8302
7. The purpose of my internship is to support staff when needed and build meaningful relationships with the young people.
- 8a. Major work responsibilities include: playing with youth, assisting with infant nap time and care, providing breaks and support to full-time staff, organizing and inventorying supplies, creating and designing bulletin boards, activities, and handouts for families.
- 8b. Gained skills in: caring for infants (feeding, playing with, and changing diapers), handling and calming youth with big feelings (helping them learn to soothe and control feelings), active listening and engaging with toddlers, using inclusive and age appropriate words when explaining activities.
- 8c. Gained knowledge in the proper care and handling of infants.
9. The most critical moment of my internship has been assisting in the infant room during nap time. This is a time when the staff need the most support and when I was able to gain the most knowledge and skills in caring for infants. To be able to lend an extra set of arms to change a diaper, give a bottle, or keep a baby from crying and waking the others, is a huge help.
10. I would recommend future students to not take an internship at this location if they have limited availability. This internship is flexible, but if they are only available midday, they likely won't have much to do and may find it boring - especially during the 12-3pm time slot.
11. I would not recommend this particular center (Early Childhood Development Center) to future students. There was hardly enough for me to do during the day and there were many times I had little to no direction on what to do and full-time staff were not the friendliest for the first couple months. This center is pretty self-sufficient and other than the infant room at nap time, there wasn't much need for me to be there during the day. I was bounced around constantly and while I was able to build relationships with the kids, the other tasks I were given seemed more like time-wasters. I think there are plenty of amazing programs at CEDARS, but the ECDC was not one that led to a great amount of career development.

# Internship Description Guideline

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**UPLOAD by: Friday, April 18**  
**(40 points)**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.  
Braxton Meah
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)  
Youth and family development



3. Practicum position title.  
Assistant
4. Organization / agency name,  
Organization / agency address and contact number  
Organization website if available  
Jr Ballard youth training
5. Mission of the organization or agency.  
Help kids become successful in sports and reach new limits.
6. Supervisor's name and title,  
Supervisor's contact number (phone and fax, if available).  
Jr Ballard
7. Describe the purpose of your internship.  
Learn how to work with children and families.
8. Work responsibilities, skills, and knowledge:
  - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time? I mostly spent my time learning and aiding with his training and how he works his training.**
  - 8b.) What skills did you acquire over the course of your internship?**
  - 8c.) What type of knowledge did you gain?**  
I would say I am learning more about what it takes to run a gym/ training group. I also learned more about how to communicate effectively with parents.
9. What was your most critical moment at your internship? Explain *why*.  
I would say just sitting back and watching Jr handle situations when issues arise.
10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.





I would say really observe and pay attention to the little things. Jr talks about going out your way for someone sounds dumb but when people realize how much you care they will invest in you.

11. Would you recommend this particular organization or agency to future internship students?  
*Why/why not?* I would recommend working with Jr. I have learned a bunch of communication skills that I really lacked.

# Internship Description Guideline

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**UPLOAD by: Friday, April 18**  
**(40 points)**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: Yesica Mendez Gomez
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...) : Child and Youth and Family Studies



3. Practicum position title: Warehouse assistant
4. Organization / agency name: Foster Care Closet of Nebraska  
Organization / agency address: 643 S. 25<sup>th</sup> St, Suite 8, Lincoln, NE 68510  
contact number: (402) 853-9990  
Organization website if available: <https://fostercarecloset.org/>

5. Mission of the organization or agency:

Leigh Esau, a former foster child and long-time foster parent, shares her personal connection to the foster care system. She emphasizes the lack of support during the critical first hours when a child enters care. Drawing from her experience, she advocates for meeting children's immediate needs like a safe place, a meal, and clean clothes to restore their dignity during a traumatic time.

6. Supervisor's name and title: Jennifer Olson, Warehouse Manager

Supervisor's contact number (phone and fax, if available): 402- 890-4867

7. Describe the purpose of your internship:



- Support children in foster care:
- Help provide clean, well fitting clothing.
- Work closely with staff to prepare clothing orders.
- Make sure each child feels valued and cared for.

8. Work responsibilities, skills, and knowledge:

**8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?\***

**Daily tasks may vary, but usually include:**

- Sorting and preparing clothes for the mobile closet.
- 
- Scanning items for inventory.
- 
- Making sure all clothing is in the correct place.

**8b.) What skills did you acquire over the course of your internship? 8c.) What type of knowledge did you gain?**

**Skills learned:**

- Organizing clothing and managing inventory.
- Working well with a team.

**Knowledge gained:**

- Understanding the foster care system.
- Learning about the urgent needs of children entering care.

**Personal growth:**

- Learned the importance of being supportive, respectful, and understanding in a human services setting.

9. What was your most critical moment at your internship? Explain *why*.

- Quick response to urgent need.

- I had to quickly prepare clothing for a child who needed it that same day.
- This moment showed me how important my role is and how fast things can change in foster care.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- Be prepared and flexible.
- Stay organized to manage daily tasks well.
- Work as a team and communicate with others.
- Keep an open mind and be ready to help in different areas when needed.

11. Would you recommend this particular organization or agency to future internship students?  
*Why/why not?*

It's a great place to learn and gain experience.

- You get the chance to help children in need.
- The staff is kind and supportive.
- The work you do truly makes a difference.
- You get to see a more positive and caring side of the foster care system.

1. Name: Julie Nakashima-Pedroza
2. Major area of study: Child, Youth, and Family Studies
3. Practicum position title: Undergraduate CYAF Intern
4. Organization: Nebraska Mental Health Centers
  - a. Address: 4545 S. 86<sup>th</sup> St, Lincoln Nebraska
  - b. Phone Number: 402-483-6990
  - c. Website: [Nebraska Mental Health Centers](#)
5. Mission of Agency: Nebraska Mental Health Centers is a family owned and operated mental health clinic for people from all walks of life. NMHC provides psychological care for children, adolescents, adults, and families through individual, marital, family, and group therapy.
6. Supervisor's name and title: Serena Moore, Administrative Coordinator
  - a. Supervisor's contact information:
    - i. Phone Number: 402-483-6990
    - ii. Fax Number: 402-483-7045
7. Purpose of internship
  - a. The purpose of my internship at NMHC was to gain insight into the mental health clinical field. I was also able to become accustomed to the office setting in a mental health clinic setting while also gaining insight into all the work that goes into being a psychologist/ counselor.
8. Work responsibilities, skills, and knowledge:
  - a. Describe your major work responsibilities for your internship:
    - i. My major responsibilities included calling patients to schedule medication management appointments with the APRN on site, filing insurance and clinical paperwork in patient files, deconstructed patient files, and creating collateral reviews for incoming clients on probation.
  - b. What skills did you acquire over the course of your internship?
    - i. I learned a lot about what the administrative coordinator does on a daily basis. I learned how to use and answer the phones properly and schedule appointments for clients. I gained knowledge on how to navigate the electronic health records software, Ritten and QuicDocs and how to create collateral reviews for therapists
  - c. What type of knowledge did you gain?
    - i. I feel like I gained a great understanding and appreciation for what the administrative team does on a daily basis for health care facilities. Due to my lack of licenses and certifications, I was not able to do anything further than administrative work but I did gain insight into the

type of work counselors do on a daily basis. I did get to learn more about several different mental health treatments for various mental illnesses.

9. Most critical moment:

- a. I would say my most critical moment (s) that I have experienced in my internship so far was learning and creating collateral reviews for the counselors in the practice. I had to read all the documents that were in the patient's file that included probation paperwork, court documents, psychological evaluations from previous mental health facilities, school disciplinary records, and past records from law enforcement and child protective services and compile all the important information into one document and submit it to their counselors for review.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?

- a. I would recommend going into your internship with an open mind. It is very important to be willing to participate and branch out of your comfort zone when it comes to your work. I was not sure what to expect when I first started my internship and was a little intimidated by my work and colleagues at NMHC, but once I started interacting with everybody, I felt right at home. Communication is always key when you are working with your supervisor. Lucky for me, my supervisor was very laid back and understanding of my school and work schedule and allowed me to come in on my off days to make up hours.

11. Would you recommend this particular organization or agency to future internship students?

- a. I would recommend doing an internship at NMHC if students are wanting to gain insight into what goes on behind the scenes of a mental health facility. The staff is very welcoming, friendly, and always willing to help with anything one might need help with. The clinical staff are very knowledgeable in their field and are very passionate about their work. The staff at NMHC always made me feel supported and valued. If you are a psychology or psychology related field interested in gaining insight into what it is like to work in a mental health/ counseling office then NMHC is the perfect place.

# Internship Description Guideline

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**UPLOAD by: Friday, April 18**  
**(40 points)**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Emma Nelson
2. Child Youth and Family Studies – Human Development and Family Science



3. Intern/Volunteer with Youth
4. Lighthouse  
2601 N St. Lincoln, NE 68510  
(402)-475-3220  
LincolnLighthouse.org
5. Mission - "Lighthouse is an accredited After-School Program that offers middle and high school aged-youth academic support, evening meals, and enrichment / recreational activities in Lincoln, Nebraska."
6. Supervisor - Alex Hughes  
+1(402)-318-1869
7. The purpose of my internship is to interact with the middle/high school aged kids in their afterschool program, create relationships with the kids and staff, and make a difference in their lives.
8. Work responsibilities, skills, and knowledge:
  - 8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time? I spend most of my time playing games or doing craft with youth, talking with them about their lives, helping with homework etc. I don't feel like I go there and am loaded with a ton of work, I feel like I go there and have fun and try to build connections. It has really made it easy to observe the youth, and take a lot away on how to work with youth because it is very much hands on experience.

**8b.) What skills did you acquire over the course of your internship? I was already pretty outgoing before this experience, but I feel like this experience made me significantly more outgoing, and it helped me learn a lot about myself. I learned about how I work best with youth, and I was able to figure out the best ways to go about forming relationships with youth. In the future, I want to work with youth and families in some form, and this was a crucial experience to understand kids at the adolescent age. I feel like I was really able to see them, and understand their ways of thinking. Before going into this I was nervous I would not be able to work with older kids, and I would just be better with younger. However, after this experience I was assured that I can work with any age of youth, it just takes different skills for each age group.**

**8c.) What type of knowledge did you gain? I learned communication, time management, building and maintaining relationships, teaching skills, reflecting on certain situations, more understanding of myself etc.**

9. What was your most critical moment at your internship? Explain *why*.

I think the most critical moment so far at my internship was when we took bracelets to the people's city mission for our 35 acts of kindness we were doing. It was two volunteers one staff, and about five kids. It was such an amazing experience to get to watch the students I have been spending so much time with go out and give back to the community. No matter what they were going through, they were excited to go into the community and do this and they enjoyed it!! It really showed me how kind and giving adolescence are even when it might seem hard to connect with them. There is always a point where you can connect with these students, you just have to find the right time, and find something they are interested in and want to tell you about.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

Just go for it! It is nerve racking at first, but after you get in the groove it is such an amazing and knowledgeable experience. It is been my favorite part of college so far despite how busy I have been. I feel like I have met so many new people and I have loved the other volunteers I have got the privilege to work with as well. You can't learn and grow if you don't have experience, and this community hands-on experience really is imperative for a child youth and family degree!

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

I would recommend Lighthouse to other internship students for sure. However, one of the best aspects of this internship has been my supervisor, and i'm not sure of she will be there next year. The staff are great, and the volunteers are great, but the management was not my favorite. Other than that it was great, and I would recommend this place for future students.



# Internship Description Guideline

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**UPLOAD by: Friday, April 18  
(40 points)**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name: Isabella Orsi
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...):  
Human Development and Family Science



3. Practicum position title: Community Liaison
4. Organization / agency name: Papillion Police Department; First Responders Foundation

Organization / agency address and contact number: 1000 E 1st Street  
Papillion, NE 68046; 402-597-2035; 10605 Burt Cir, Omaha, NE 68114; (402) 218-1234  
Organization website if available: [Police Department](#) | [Papillion, NE](#); [First Responders Foundation](#) | [Support & Donate To Help Today](#)

5. Mission of the organization or agency:
  - a The Papillion Police Department will strive to foster a safe community by responding to crime, addressing community concerns related to safety, and maintaining an effective presence throughout Papillion.
  - b Our mission is to serve and honor all our First Responders, Veterans and their families; build appreciation and respect for their work; and enhance public safety.



6. Supervisor's name and title, Supervisor's contact number (phone and fax, if available): Chief Chris Whitted; (402) 515-2730
7. Describe the purpose of your internship: To foster a deeper understanding of the mental health challenges faced by first responders as a result of their professions.
8. Work responsibilities, skills, and knowledge:

**8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

- meeting with, interviewing, and shadowing various individuals employed by the Papillion Police Department and First Responders Foundation
- facilitating fundraising events
- completed miscellaneous tasks around the office in order to assist Chief Whitted in the numerous responsibilities of his role

**8b.) What skills did you acquire over the course of your internship?**

- I acquired much greater people skills.
- I was required to network, mediate, listen, and report.
- I was required to communicate efficiently and respond in a timely manner.
- I took on leadership roles in certain settings and learned to delegate tasks.

**8c.) What type of knowledge did you gain?**

- I acquired extensive knowledge about the common mental health conditions faced by first responders.
- I also gained knowledge about available and effective treatment methods.
- Additionally, I gained logistical knowledge about running a large organization.

9. What was your most critical moment at your internship? Explain *why*.

- The Guns N' Hoses Hockey Game
- Spent several weeks preparing for this event
- Was finally able to see my hard work come to fruition
- It was very rewarding
- Was able to see hundreds of families who had either donated to or benefitted from the resources provided by the First Responders Foundation
- Induced many emotions

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- Communicate in a timely manner.
- Establish tasks far in advance.
- Be ready to work hard because every day is different.
- Create your own goals that pertain to this class in addition to the goals the site wants you to accomplish.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

- Yes I absolutely would!
- Kind individuals
- They desire to help you learn
- They are grateful for your presence, passion, and interest
- You learn more than you think you will
- You get to be independent and decide your own tasks some days
- You get to see the faces of the people you are helping

1. Kayla Peters
2. Human Development and Family Science with minors in Education and Psychology
3. My practicum position title is Supported Employment Intern
4. Clearbrook, 1835 W Central Road, Arlington Heights Illinois, 60005
  - a. Contact Information: (847) 870-7711; email address: [info@clearbrook.org](mailto:info@clearbrook.org)
  - b. Website: <https://www.clearbrook.org/>
5. Clearbrook's mission: Empowers adults and children with intellectual/developmental disabilities to live their fullest lives possible.
6. Alyson Halberstadt, Director of Community Employment Services
  - a. Email: [ahalberstadt@clearbrook.org](mailto:ahalberstadt@clearbrook.org)
7. The purpose of my internship was to gain more skills on how to accommodate and service adults with intellectual and developmental disabilities. My goal was to continue to build on my current skill set on how to provide adequate and effective services, meeting the needs of clients and making sure they feel safe and welcomed in their environments.
8. During my time at Clearbrook, I worked on number recognition with a client who was unable to count and recognize numbers 1-10. Through playing number games such as Trio (similar to gold fish), and Blackjack (his choosing), he is now able to recognize and verbalize numbers with minimal guidance. Another area of focus I spent time working with client is problem solving, strategic thinkings, and critical thinking skills through a variety of games. Clients started to learn how to get creative to solve problems, answer questions, and understanding social cues given by fellow clients during games. The games we played required them to tap into some academic memory (English, math, social

studies, and science), and be able to decipher figurative language (common struggle in Autism). The last main skill I worked with clients on is understanding personal boundaries and asking to touch others/ knowing where it is appropriate to touch people. When a client was successful at an appropriate touch or successful at asking before doing, I would use positive reinforcement as a reward. Some clients needed reminder prompts; if the client took the prompt, they received positive reinforcement. During my time, I also assisted clients to the bathrooms, helped cook their lunches, and helped kept the day service clean.

- a. Skills: Some skills I learned while at my internship is knowing how to appropriately juggle more than one client at a time. I gained better insight on how to accommodate multiple clients through activities. My internship was very similar to my job as a direct support professional and I essentially served as one at my internship. Most of the skills I used were skills I already had, most of them were simply reinforced back to me while I used them.
  - b. I discovered how important it truly is to have background information on each client. I did not get one on any of the clients, but was warned about one's physical aggression when escalated. I feel like I did not gain much knowledge as again it was a job I worked for almost 2 years and was left on my own/ with the other two DSP's majority of the time.
9. If a student does not have experience or much experience working with people who are diagnosed with IDD, I would recommend them learning about different disabilities, behaviors, restrictions, and learning how to accommodate effectively. Every person with IDD is very different and have very different needs and levels of functioning. It is

important to know what you will be walking into and knowing how to help them while keeping them safe and yourself safe. Another thing I would recommend is taking courses on crisis prevention and de-escalation. As stated, every client has different needs and might have more to their diagnosis. You are not given a background on them; therefore, you do not know their triggers unless a staff tells you. Triggers can come from lights, noises, not getting what they want right away, being denied, having a bad day or bad night prior to the day, or a peer upset them. Knowing different strategies to keep them safe, peers around them safe and yourself safe is key because you never know when those situations arise.

10. I did like the staff and all the clients, I would to an extent recommend Clearbrook for an internship. You have to be comfortable being thrown in and be okay figuring out your role on your own or be comfortable seeking help when supervisors are available. It was a role I already worked, so I felt comfortable being thrown in and left to figure it out on my own, but if someone is not comfortable with that, I would recommend looking elsewhere.

1. Meadow Rightsell
2. Education and Human Sciences, Psychology
3. Child Behavior Technician Intern
4. Organization name: Behaven Kids (Mental Health Clinic)
  - a. Address & Number: 1145 High Street / (402)423-6464
  - b. Website: <https://behavenkids.com/>
5. Mission: "To transform young lives through life-enhancing skills that unlock their potential."
6. Supervisor's name/title: Liz Bassinger / Program Coordinator
  - a. Number: (402)423-6464 ext. 204
7. Purpose of internship: The purpose of this internship is to gain more experience working with an organization that revolves around my major/minor and focuses on my future career. I am going to nursing school and one of the areas that I am interested in is psychology and working with children. I have gained useful skills during this internship, and I have also learned better communication with staff and people who are older than me. This internship has been very beneficial and has helped me understand the thought process of young children who are diagnosed with a mental illness and face it every day. I have gained a better understanding of what they face and how they choose to get through their daily activities.
8. During the internship, I interact with children by being professional and understanding, communicate effectively with the parents, co-workers, and supervisors. I make sure I communicate effectively with my entire team to make sure the children are getting to correct care they need and make sure they are not hurting themselves or their peers. I make sure the environment that the children are in is safe and they are able to learn without any distractions. I spend my time with the children and redirecting them to help them focus and make the best out of all of their days.
  - a. I have been able to become a lot more patient by working at this internship, my active listening skills have gotten better, and I am able to understand these children on a deeper meaning. I gained better observational skills from the internship and observing the children throughout everyday of being there. I learned more about building rapport with the children and showing them that the area they are in is safe and I want them to feel comfortable enough to come up and talk to me.
  - b. I have gained knowledge from interning at Behaven Kids. I have a better understanding of child development and how children make decisions for themselves, and I am able to observe what techniques children benefit from when making good or bad decisions. I have a better understanding of what encourages or discourages each child and what they tend to listen more carefully to. I am able to identify what kind of mental health conditions a child has a little better than

before. I understand what way children like to communicate with adults, peers, and myself and what makes them feel the most comfortable.

9. Something that was a critical experience for me was witnessing how children's moods change from events that occur at home and having to come to Behaven Kids after a weekend event with their family or etc. It is sad to see these young children who have experienced a lot of trauma at such a young age be able to put a smile on their face and even then, I don't know what they experience at home or everything they have been through mentally and physically.
10. I think if someone were considering an internship at Behaven or a similar organization/agency, make sure to research the organization and see what they focus on, make even do a job shadow prior. Make sure to understand the expectations, duties, and goals of the internship and be confident enough to perform them. Be sure to show that you want to learn more and help with anything there is to help with, as that will help someone grow individually as a person and for their future career.
11. Yes! I would recommend Behaven Kids for anyone who is looking for an internship that wants to work with young children and children with a mental illness. I think I have gained a lot of new skills and have meet a lot of new people who are very welcoming and understanding. I had never heard of Behaven Kids until this year, and I think it is a great organization with an amazing staff and kids. The training is well thought out and they don't feel forceful with anything and want to make sure you are comfortable with any task they give you. I definitely recommend!

1. Mackenzie Rowland
2. Human Development and Family Sciences with a minor in Criminal Justice.
3. I don't have a title; I work with students on their assignments and help them manage their 504s.
4. There is no organization name, address, or website.
5. There isn't a mission, but when starting this internship, I wanted to help students grow academically. I want them to feel confident in their abilities to do assignments and tests.
6. Roman Hutton, Supervisor.  
Contact number: (402) 639-8877
7. The purpose of my internship is to help students who are on 504s be able to work through their assignments, study for their tests, and set goals they have for themselves. This is to help them do better academically and grow their confidence which will be useful for them to be successful in a school setting.
8. 8a.) The responsibilities I have, include working with students who are on 504s, in a smaller group or one-on-one. We work together to complete their assignments, and I also help them understand the different concepts we are working through. One of the things I do to help them prepare for tests is creating practice tests to help them study. Each quarter we set goals to help them stay motivated and keep them on a path that works towards those. I try to personalize their academic assistance based on their needs. A normal day involves checking in, working on assignments, and identifying what they need that day to help them go into the following school day.  
8b.) During the course of my internship, I have learned many things. It has helped me learn how to communicate with students and accommodate their needs. Since each of the students has different academic goals and accommodations, I was able to learn how to keep their files separate, which promotes organizational skills. Since we meet after school, we have learned to use our time wisely and time management so that we can fit everything into the sessions we have.  
8c.) While I have heard of 504s and what they consist of before doing this internship, this has helped me gain a better understanding of specific plans and how the accommodations work and are implemented. Since I work with multiple students, I have also learned different instructional strategies and go about different approaches based on the student. One of the biggest things I have gained is making sure to build a positive relationship and being very encouraging during the process. This helps promote a safe environment where the students can be themselves freely.
9. The most critical moment of my internship happened when a student was doing very poorly in almost all of their classes. They weren't turning in assignments, didn't study for their tests, and essentially gave up on school. I spent some time working with this student to explain things more in-depth and helped them create goals that were catered to them. We eventually got all caught up and now this student has improved their grades



drastically. All of this just showed how important it is to take the time and encourage these students through their assignments.

10. As I have stated previously patience, encouragement, and being flexible. Every student is different, and they learn differently so accommodating your approach to each student is key. Understand their different 504 plans so that you are able to understand the student and their needs. Make sure to communicate and listen to the student and their needs. Encouragement is huge, just reiterating that you believe in them and that you care sometimes is what they need.
11. While I don't work for a specific organization many are very similar. I would encourage this type of internship because it is so rewarding to watch these students learn and grow. Learning how each student learns and personalizing it to their needs is a great hands-on experience.

**1. Your name**

Shaina Russell

**2. Major area of study or focus**

Child Development or Human Sciences

**3. Practicum position title**

Youth Development Intern

**4. Organization / agency name**

Family Service Lincoln

**Organization / agency address and contact number**

501 S 7th Lincoln

402-441-7949

**Organization website if available**

<https://familyservicelincoln.org>

**5. Mission of the organization or agency**

Family Service Lincoln is “Helping Families Thrive”. They are all about helping kids and families in the community by providing resources and support, especially in after-school programs. Their mission is to create safe and positive environments where children can learn, grow, and thrive while receiving the help they need to succeed both academically and socially.

**6. Supervisor’s name and title**

Sandy Kaup

Employee Development Manager

**Supervisor’s contact number (phone and fax, if available)**

[skaup@familyservice.org](mailto:skaup@familyservice.org) 402-441-7949

**7. Describe the purpose of your internship**

My internship at Family Service Lincoln was an awesome opportunity to get real world experience working with kids in an after school setting. I wanted to apply what I’ve been learning in school about child development, but in a hands-on way. The goal was to better understand how after school programs support kids in both their academic and emotional growth, and I was eager to contribute to that process by helping with daily activities and programs.

**8. Work responsibilities, skills, and knowledge:****8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?)**

I spent most of my time working directly with the kids, whether that was helping them with their homework, running after-school activities, or just being there for them to talk to when they

needed someone. I also helped with planning activities like arts and crafts or team building games, and even assisted with organizing the space so everything ran smoothly. There was a lot of juggling going on, but honestly, I loved the fast pace of it all.

**8b.) What skills did you acquire over the course of your internship?**

This internship taught me so many things. I became a better communicator, both with the kids and with the team I worked with. I also learned a lot about problem solving on the fly, especially when kids got upset or needed some extra encouragement. I developed some strong multitasking skills, too. From setting up activities to helping with behavioral issues to answering parents' questions, there was always something happening.

**8c.) What type of knowledge did you gain?**

I learned a lot about child development theories in action. It's one thing to read about these concepts in textbooks, but seeing them applied in real life situations made them so much more meaningful. I also got a deeper understanding of the importance of social emotional learning and how after school programs really help kids with those skills; stuff like managing emotions, building confidence, and working in teams.

**9. What was your most critical moment at your internship? Explain why.**

There was one moment when a group of kids was struggling to get along during a team building game, and it started to escalate. I stepped in to calm things down, and with some gentle guidance, I helped them see how they could cooperate to achieve the goal. Watching the kids' attitudes shift from frustration to teamwork was so rewarding. It really showed me the impact of a positive environment and how important it is to guide kids through conflicts in a supportive way. That moment made me realize just how much of a difference these programs make.

**10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?**

My biggest advice is to be ready to be flexible and patient, not just with the kids, but with yourself, too. Some days are going to be tough, but stick with it. Also, ask for feedback from your supervisor or coworkers; they can help guide you, especially when you're feeling unsure. Get to know the kids as individuals, and don't be afraid to get creative with your activities. The more you engage, the more you'll learn. And seriously, be prepared for a lot of running around!

**11. Would you recommend this particular organization or agency to future internship students? Why/why not?**

Yes! Family Service Lincoln is a great place for anyone interested in working with kids or in youth development. The team there is so supportive and encouraging, and you'll get to do hands-on work that makes a real difference in the community. The environment is welcoming, and the work is fulfilling. I honestly felt like I was learning and growing every day, and I'd totally recommend it to anyone wanting to get into child development or community work.



1. **Your Name:** Kate Schroder
2. **Major Area of Study or Focus:** Child, Youth, and Family Studies (planning to attend graduate school for Marriage and Family Therapy)
3. **Practicum Position Title:** Program Staff
4. **Organization:** Northeast YMCA  
**Address:** 2601 N 70th St, Lincoln, NE 68507  
**Phone:** (402) 434-9262  
**Website:** <https://www.ymcalincoln.org/locations/northeast-ymca>
5. **Mission:** To put Christian principles into practice through programs that build a healthy mind, body, and spirit.
6. **Supervisor:** Emma Davis, Youth, Teen, and Family Director  
**Supervisor Contact Info:** (402) 434-9262
7. **Purpose of Internship:**  
The purpose of my internship is to provide a safe and fun environment to elementary students before and after school. We provide care for students in grades K–5 at Kahoa Elementary School.
8. **8a. Major Work Responsibilities:**  
At my internship, I helped create a safe and engaging environment for K–5 students in the before- and after-school program at Kahoa Elementary. I led games, assisted with homework, and supported students emotionally and socially throughout the day.

**8b. Skills Acquired:**

I gained skills in child behavior management, communication, and teamwork. I also learned how to effectively lead group activities and resolve conflicts among students.

**8c. Knowledge Gained:**

I learned more about child development and how structured programs support emotional and social growth. I also gained insight into how community organizations like the YMCA support families.

**9. Most Critical Moment:**

My most critical moment was helping a child through an emotional outburst. It challenged me to stay calm, use de-escalation techniques, and apply what I'd learned in a real world situation.

**10. Recommendations for Future Students:**

Be flexible and open to learning from both kids and coworkers. Building strong relationships and staying patient will make your experience smoother and more rewarding.

**11. Would You Recommend This Organization?**

Yes, I would recommend the Northeast YMCA. It's a great hands on experience for anyone interested in working with kids or families in the future.

1. Trevor Snyder
2. CYAF
3. Student Intern/Worker
4. Global Experiences Office UNL
5. "The Global Experiences Office fosters students' global awareness and personal, academic, and professional growth by offering a variety of study, internship, research, and service learning opportunities outside the U.S. Students are provided with specialized services and resources before, during, and after their experience abroad."
6. Marnie Nelson, Director of Global Experiences Office, (402) 472-5358
7. My purpose here at this internship is to make an impact on students as much as possible. Whether that is by giving presentations, making graphics and handouts, or having direct conversations with students about studying abroad.
8. Over the course of this internship, I learned how to better create and bring to words my ideas when it came to making graphics, I was able to better present and speak to others while trying to convey a message and information and sifting through data and information and being able to understand what is in front of me when it comes to spreadsheets. I did that by working on Canva almost daily, a program called Via-TRM, and giving a presentation weekly. Some main skills I earned were more just increases in previous skills I had. This experience allowed me to get a better grasp of a working environment that was more analytical. Due to that, my skills in technology and creativity definitely increased. I was able to get much better at accepting

constructive criticism, which I believe is a very important skill to have for anyone wishing to work.

9. My most critical moment here at my internship was probably giving the weekly presentations. We wouldn't always have students show up, but when they did, I was able to share my experience and answer any questions they had and even inform them about things they didn't know. That is where I felt my skills, experience, and desire to talk and meet people thrived the most.
10. My recommendations would be to prepare to do a lot more computer work than you might think; most of my time is spent on my laptop doing all sorts of things. Also, I would recommend having a comfortable grasp of Canva or other forms of design-making programs.
11. I absolutely would recommend this organization for future student interns. The staff is amazing, the tasks assigned are usually fun, and you can learn a lot. I have learned much more than expected throughout my time here, and I am incredibly thankful for the opportunity to intern here.



1. Your name.

**Hannah Strein**

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

**Child, Youth, and Family Studies with the Human Development and Family Sciences option**

3. Practicum position title.

**5th Grade Intern**

4. Organization / agency name, Organization / agency address and contact number, Organization website if available

**Malcolm Public Schools, 10004 NW 112th, Malcolm, NE 68402,**

**<https://www.malcolmschools.org/>**

5. Mission of the organization or agency

**In partnership with our community, we will provide an educational experience that maximizes the potential of each student to become a productive and responsible citizen.**

6. Supervisor's name and title, supervisors contact number (phone and fax, if available)

**Becky Densberger - 5th Grade Teacher, phone: 402-796-2151**

7. Describe the purpose of your internship.

**The purpose of my internship in the 5th grade classroom was to gain hands-on experience in a teaching environment. This internship has allowed me to develop classroom management skills, build meaningful relationships with students, and learn how to adapt lessons to meet diverse learning needs. My goal was to grow as an educator by observing and collaborating with an experienced teacher. I have reflected on my teaching practices and learned how to support the academic, social, and emotional development of upper elementary students.**

8. Work responsibilities, skills, and knowledge:

- a. Describe your major work responsibilities of your internship (i.e., what did you do? And how did you spend your time?)

**During my internship, my main responsibilities included supporting classroom instruction, working with small groups or individuals, and managing classroom routines. I spent time helping students with assignments, supervising during transitions and breaks, and observing how Becky handled classroom management and student engagement. I also had the opportunity to lead parts of lessons.**

- b. What skills did you acquire over the course of your internship?

**Throughout my internship, I developed skills that are essential to effective teaching. Such as: differentiated instruction, communication with students of**

**diverse learning styles, and time management. I strengthened my ability to build positive relationships with students.**

**c. What type of knowledge did you gain?**

**I learned the importance of understanding how to meet the developmental and academic needs of upper elementary students. I learned how to align instruction with state standards. I also gained insight into the importance of creating a classroom culture built on respect, consistency, and encouragement.**

**9. What was your most critical moment at your internship? Explain why.**

**The most critical moment during my internship occurred when Becky expressed repeatedly that she doubted the master's program I am accepted to, applying for an educator position, and the way I was going about obtaining my initial certification in teaching. This moment challenged me both personally and professionally. It was difficult to hear someone question the path I am passionate about, but it also gave me an opportunity to advocate for myself and the program I believe in. I chose to address the situation directly and professionally by speaking separately with Becky and the principal. In our conversation, I clarified the goals and credibility of my education program by providing statistics and reiterating my commitment to becoming an effective educator. This experience taught me how to handle professional conflict with confidence, and reminded me of the importance of standing firm in my values while remaining respectful and open to conversation.**

**10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.**

**I recommend entering the experience with clear goals, an open mind, and a willingness to learn. I have kept notes throughout my entire internship and have found that reflection is an important part of growth. I recommend asking questions about classroom management, lesson planning, student behavior, and data. The most important thing I would recommend is to stay confident in your path. Not everyone will fully understand your educational journey, but believe in your goals and be ready to advocate for yourself when needed.**

**11. Would you recommend this particular organization or agency to future internship students? Why/why not?**

**I would not recommend Malcolm Public schools, particularly the 5th grade classroom for future internship students. While every experience is unique, I encountered several challenges that made it a less supportive and professional environment for learning and growth. I believe that Becky is an amazing teacher who clearly cares about her students and delivers strong instruction, she was unfortunately a poor mentor. Becky openly expressed disbelief in my continuing education program, which led to a difficult by necessary conversation involving administration. Additionally, the other 5th grade teacher referred to me as "a**

piece of work,” which felt unprofessional and dismissive. The school culture overall seemed cliquey, and I was uncomfortable witnessing staff openly speak negatively about students within the classroom setting. Internships should foster growth, inclusion, and mentorship for future educators. While I did gain insight into classroom routines and learned the importance of standing up for myself professionally, the lack of support made this a challenging placement I would not recommend to others.

**CYAF 497D: Internship Description**  
Emma Tate

**1. Name:**

- Emma Tate

**2. Major area of study or focus:**

- Major: Human Development and Family Science
- Major: Psychology
- Minor: Sociology

**3. Practicum position title:**

- Child Behavior Technician (CBT)

**4. Organization/agency name, address, contact number, website:**

- Behaven Kids
- 1145 High St., Lincoln, NE, 68502
- 402-423-6464
- <https://behavenkids.com/>

**5. Mission of the organization/agency:**

- Mission: “To passionately teach effective skills that change the lives of children and ultimately their futures”
- Vision: “Working together with families and community to give children a chance; a chance at success, a chance for the future”

**6. Supervisor’s name, title, contact number:**

- Liz Bassinger
- Program Coordinator
- 402-540-1743

**7. Purpose of internship:**

- The purpose of my internship is to gain work experience directly related to my career goals, gain knowledge on child development and behavioral challenges, evaluate my long-term career interests, and grow my professional network.

**8. Work responsibilities, skills, knowledge:**

- **a) Responsibilities:**
  - Perform and document morning health checks for each client
  - Supervise indoor/outdoor play, stations, curriculum, mealtimes, and nap
  - Praise positive behaviors (verbally, token economy) according to the BK model
  - Administer warnings/time outs/consequences according to the BK model
  - Know and apply each client’s individualized treatment plan
  - Document health checks, time outs, injuries, behaviors, etc.
  - Communicate effectively with my supervisors and specialists

- Attend all required trainings; stay up to date on certifications
- Clean and organize
- **b) Skills:**
  - How to respond to a variety of mental health, emotional regulation, and behavioral challenges
  - Effective communication skills with both clients and colleagues
  - Documentation
  - De-escalation techniques
  - Safety care
  - Attentiveness, observational skills
  - Empathy
  - Patience
  - Calm composure
  - Strong memory
  - Multi-tasking
  - Problem-solving
- **c) Knowledge:**
  - Children's mental health, emotional regulation, and behavioral challenges
  - How to respond to children with various challenges (trauma, ASD, ADHD, OCD, CD, ODD, etc.)
  - Individualized treatment plans
  - Cognitive-behavioral therapy techniques
  - Applied behavior analysis techniques
  - Token economy
  - Confidentiality rules

**9. What was your most critical moment at your internship? Explain why.**

- One of my most critical moments was the first time I was asked to assist in a group therapy session for some of the clients in the specialized day program. I got to observe the session, the therapist's interactions with the clients, and the clients' responses to the treatment. It was such an exciting moment for me because I was a part of the "real thing." I aspire to become a licensed mental health practitioner one day and be working with clients in this same setting. This moment reaffirmed my career goals and further motivated me to keep putting my all in my work.

**10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?**

- Overall, I would recommend pushing yourself to apply to positions that feel like a "stretch" for you. Taking on that role that seems out of your comfort zone at first will best help you get the most of your internship and help build your professional confidence.
- For a similar position, I would recommend to always be willing to ask questions and ask for help when needed. Each and every client is unique in what works best for them, and you will not be able to pick up on these things right away. Not every client will connect with you right away, so you may need assistance when working with them. Just remember that the clients you are serving are your priority. Ask for help, so you can best help them.

**11. Would you recommend this particular organization/agency to future internship students? Why/why not?**

- Yes, I would recommend Behaven Kids to future internship students. It's a very welcoming and supportive environment to work in. Supervisors and colleagues are happy to answer any and all questions, and the trainings are very helpful. You are learning something new every minute of every shift. The relationships you build with the kids are incredibly rewarding. I have had such a great experience with the company that I am staying on as an employee after my internship.

1. Your name.  
Pyeper Thompson
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)  
Child life/ Family Science

3. Practicum position title.  
YTF Program Counselor

4. Organization / agency name,  
Fallbrook YMCA  
Organization / agency address and contact number  
700 Penrose Drive Suite B. Lincoln, NE 68521  
Organization website if available  
<https://www.ymcalincoln.org/locations/fallbrook-ymca>

5. Mission of the organization or agency  
The Y is dedicated to providing comprehensive programs and services that enrich communities — and all of the people who live in them — across the country in fulfillment of our mission.

6. Supervisor's name and title,  
Makenzie Waller. Program Director - Youth, Teen & Family.  
Supervisor's contact number (phone and fax, if available).  
402-323-6433

7. Describe the purpose of your internship.

To learn to support the growth of the children in my community and support them and their family so they can support each other to the best of their ability.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what Did you do? and how did you spend your time?)

Corrected children who were misbehaving, came up with ideas of how to keep children entertained, built relationships with the children so that they felt like I was a safe person to talk to, played games and did crafts with the kids, and cleaned up their messes from snacks and crafts.

8b.) What skills did you acquire over the course of your internship?

I learned how to speak with children in a way that they can understand. Before the internship I was a little bit hesitant to talk to kids because I didn't want to say the wrong things but throughout the internship this has become a skill that I am able to complete without hesitation anymore. I also have learned how to collaborate with my coworkers in ways like staying consistent with punishments for wrong behaviors, and coming up with ideas for misbehaved kids to earn something in order to get them to correct their behavior.

8c.) What type of knowledge did you gain?

Some examples of types of knowledge that I gained were understanding how my kids grow emotionally and socially, I also value that I learned ways to help kids through conflict resolution with their friends and ways to effectively discipline. Finally, another big amount of knowledge I gained from my internship was communication skills for example how to effectively communicate with the kids, their parents, and my coworkers, actively listening and giving clear instruction, conflict and problem-solving language

9. What was your most critical moment at your internship? Explain why.

A critical moment that comes to mind is a time when we had a child standing on the cafeteria tables throwing her shoes and anything in sight at staff and other program members. During this moment it was super important that all staff worked together to make sure the student calmed down and wasn't hurting herself or others.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

At the beginning of my internship I thought I was going to dread it the entire semester but I would recommend to someone in my position to take it one day at a time and cherish the moments and opportunities that you get because it will get better and will be over before you know it.

11. Would you recommend this particular organization or agency to future internship students?

Why/why not?

Yes the YMCA has been great with working around my busy schedule and my supervisors have been super helpful in helping my gain knowledge and being supportive in any way they can.



## Internship Description

1. Alexis Thomsen
2. Major: Child Youth and Family Services/ Human Development and Family Science,  
Minor: Criminology and Criminal Justice
3. Intern: Social media and marketing/ training to be insurance agent
4. Summit Center Insurance Services; 11922 Standing Stone Dr Suite 500, Gretna, NE  
68028; <https://summitcenterins.com/>.
5. “Our mission is to be the premier insurance service agency that guides clients with  
honesty, a spirit of collaboration, and care for the communities we serve. We’ll ensure  
you have proper protection and peace of mind for years to come.”
6. Tyler Ortlieb- President; Phone: 402-241-5990; Fax: 402-230-7783; Cell: 402-578-6298
7. The purpose of doing this internship is to gain experience and knowledge in a potential  
future career. Prior to starting the internship, I was unsure on my post-graduation plans,  
but now that I have worked here over the last few months, I have decided I wanted to  
become an insurance agent.
8. A. In the beginning of my internship I was focused on running the social media and  
making anything they needed for marketing purposes, such as a flyer. As time went on, I  
started shadowing Shelly. She works with Tyler, the president and helps him fill out  
quotes and anything he needs to do. Sometimes we must go into a carrier and remove a  
vehicle from a policy or add a vehicle. I have also learned how to send DocuSign’s to  
clients when we need their signature on a document. How our day goes is dependent on  
how busy Tyler is.

B. I have definitely learned a lot of computer skills. It is beneficial knowing shortcuts in excel. In addition, I have learned to talk to people. Not often, but sometimes clients come in for questions or to sign documents. I have learned how to make small talk with people. I have learned that often we find connections with each other and the conversation just flows.

C. I have learned terminology related to insurance. They have taught me what deductibles are and what coverages mean. I have learned that it is better to bundle your policy and have your auto and home together. I have learned that having a newer roof helps with your insurance cost. A lot of things I had no idea about before I started this internship.

9. I think the most critical moment in my internship was when they had noticed that I got things done really quickly, so they wanted to move me to shadowing a lot sooner than what they had intended. I have learned a lot shadowing Shelly. It has made me realize this is what I want to do.

10. I think if I had to give advice it would be to not stress. In December I had no idea what I wanted to do. Now I am doing an internship I love, and I will continue here post-graduation. In addition, asking questions is a good thing. People might be shy or scared to look “stupid” asking a question, but it shows them you care to know more, and it is good to ask when you don’t know something.

11. I would absolutely recommend this organization to future internship students. This is a fairly small office with only 6 people working here. It is easy to get to know everyone and they have been nothing but supportive. I have had a great experience.

**1. Clair Webber**

**2. Major area of study or focus:**

Child, Youth, and Family Studies

**3. Practicum position title:**

Intern / Assistant Teacher

**4. Organization / agency name:**

Miles of Smiles Child Development Center  
4435 O St Unit B Lincoln, NE 68510  
Phone: (402) 840 - 0394

**5. Mission of the organization or agency:**

To provide a safe, nurturing, and developmentally appropriate learning environment that supports the growth of young children and strengthens family partnerships.

**6. Supervisor's name and title:**

Shantell Cole, Director  
Phone: (531) 289-9441

**7. Describe the purpose of your internship:**

To gain hands-on experience working with a range of young children in a classroom setting, support teachers, build relationships with families, and apply developmental knowledge learned in coursework.

**8. Work responsibilities, skills, and knowledge:**

- Major responsibilities included helping supervise children, supporting classroom activities, assisting with meals and nap times, observing developmental milestones, and maintaining a safe environment.
- I gained skills in communication, patience, classroom management, teamwork, and adapting to different children's needs.
- I learned more about child development, early learning strategies, and the importance of structure, routines, and family communication in early childhood settings.

**9. What was your most critical moment at your internship?**

One critical moment was when a child had a behavioral outburst, and I had to help calm them while supporting the lead teacher. It reminded me how important emotional regulation the child.

**10. Recommendations for future internship students:**

Ask questions, and don't be afraid to step in and help. Kids need consistency, so being dependable and present makes a big difference.

**11. Would you recommend this organization to future students? Why/why not?**

Yes, I would recommend it. The staff were very supportive, I learned a lot, and I felt like I was really part of the team. It's a great place to grow your confidence in working with young children. I made unique connections with every kid and I'm going to be sad when I leave.

## Internship Description Guide

1. **Name** – Brooklyn Weddle
2. **Major** – Human Development and Family Science / **Minor** – Psychology
  - a. Plans after graduating: Pediatric Occupational Therapist
3. **Practicum Position Title** – Occupational Therapy Intern
4. **Organization:** Humann Elementary School / Lincoln Public Schools (LPS)
  - a. Humann Elementary School
    - i. Address: 6720 Rockwood Ln, Lincoln, NE 68516
    - ii. Contact Number: (402) 436-1145
    - iii. Website: <https://humann.lps.org/>
  - b. Lincoln Public Schools
    - i. Address (district office): 5905 O St, Lincoln, NE 68510
    - ii. Contact Number (district office): (402) 436-1000
    - iii. Website: <https://www.lps.org/>
5. **Mission of LPS:** The mission of Lincoln Public Schools is to prepare ALL students for successful careers, lifelong learning, and civic engagement / **Mission of Humann Elementary School:** Promoting passion for learning, caring for others, and skills for our future. We are all "Humann": learn, grow, and succeed.
6. **Supervisor's name:** Dr. Holli Longe, OTR/L (Occupational Therapist, Registered and Licensed)
  - a. Contact number & Email: (402) 432-8852 / [hlonge@lps.org](mailto:hlonge@lps.org)
7. **Purpose of Internship** – My job is to shadow Dr. Longe on Mondays and assist in the Life Skills Room to work with students with mental, physical, or behavioral challenges. My goal is to learn more about occupational therapy in a school setting and work on how to apply occupational therapy skills. I wanted to gain hands-on experience and expand my knowledge on how to help students improve with their schoolwork and activities of daily living (ADLs).
8. Work Responsibilities, skills, and knowledge:
  - a. **Responsibilities:** My major responsibilities include working with students on their schoolwork, ADLs, and teaching them letters of the alphabet with specialized workbooks. I spend most of my time in the Life Skills Room, shadowing the occupational therapist, working one-on-one with the students, and creating an overall supportive learning environment. I help students learn the basics of the alphabet and math.
  - b. **Skills:** Throughout my internship, I developed many skills, including patience, verbal/nonverbal communication, and adaptability. I also learned how to correctly implement positive reinforcement with the students, follow

a consistent schedule, and be both compassionate and firm when it comes to de-escalating challenging behavior. The biggest skill that I learned was how to work well with others by utilizing everyone's unique strengths to overcome any challenges.

- c. **Knowledge:** I learned so much throughout my internship, mostly through watching others in the job. I learned the importance of patience, compassion, and, again, positive reinforcement. I also learned how to pivot with lesson plans, being able to compromise, and recognizing triggers/causes behind certain behaviors. I learned how to adapt in the moment to accommodate different students and different situations. Overall, I gained a deeper understanding of the field of occupational therapy in the public school system.

#### 9. **Critical Moment –**

- a. My most critical moment during the internship came when one of the students was exhibiting aggressive behavior. This has happened in the past, but I was able to help this time. I learned more about his background and triggers, so I was able to better understand his needs and de-escalate the situation. It was then that I realized that I was improving and starting to fit into my role for this internship well. I'm also currently at a personal critical point, which consists of feeling like I've hit a plateau. I'm not improving and learning as much as I would like, so I've started seeking out new opportunities to continue to grow and better support the students I work with.

#### 10. **Recommendations for Future Students** - For those planning to intern in a school setting with special education students, I recommend a couple of things.

- a. **Patience:** The most important thing I could recommend is to work on patience, not only with others but with yourself as well. Progress might feel frustrating and slow in this environment, but it's important to realize that it often comes in small steps. Every day will come with its own set of challenges that will require patience to overcome.
- b. **Don't be too hard on yourself:** Give yourself grace and remember that learning takes time. Things won't always go to plan, and that's kind of the point of the internship. You're there to learn and improve through your mistakes. That being said, learn to celebrate the little achievements as they will add up to huge milestones!
- c. **Ask for help:** It's okay to ask others for help. No one will hold it against you for asking. It shows you want to work hard and do a good job. Those around you will want to help you grow and improve.

- d. **Push yourself out of your comfort zone:** The more you engage with your internship, the more you'll get out of it. Ask for more opportunities and volunteer to help out wherever you can. Even if you think you know something, watching someone else do the same thing will provide you with another perspective. Get the most out of your internship!!
- e. **Be present and genuine:** Relationships with these kids will take time to form, but they are incredibly rewarding. I got my first hug from a student the other day, and he almost made me cry because he's always super reserved. The more consistent and compassionate you are, the more impact you'll have. That being said, use positive reinforcement! It works!

**11. Is this a good organization to intern at – YES!**

- a. Due to the flexible and supportive environment, I recommend pursuing an internship through Lincoln Public Schools, specifically with Dr. Longe and the Life Skills Room. They respond promptly, work diligently to accommodate everyone's schedules, provide constructive criticism, and genuinely want to see you succeed. The school systems need as much help as possible because of teacher shortages, so they will welcome you with open arms. Working with Dr. Longe in the Life Skills Room, I feel I've accomplished and learned so much. They clearly understand their work and are eager to share their experiences and knowledge with the younger generations.

1. Maggie Weitzenkamp

2. Family Science

3. Programs Intern

4. Juniper refuge

1039 S 11th St.

<https://juniperrefuge.org/>

5. We look to the EXAMPLE OF JESUS as we interact with refugees in our city by living holy, humble, and honest lives individually and corporately.

We see the LOCAL CHURCH as a necessary and active agent of compassion and love in a broken world, living the integrated “word” and “deed” components of God’s mandate.

We see PEOPLE whether staff, volunteers, donors or partners as important actors in bringing peace, love and justice. As we seek to better the world around us, we recognize that we, too, are changed, by those we serve.

We pursue PARTNERSHIP by seeking and facilitating collaboration and coordination among the local Church, other non-profits, and the business community, recognizing connectivity as essential to accomplishing any great task.

We value FLEXIBILITY by providing a safe space to create, adjust and mold ourselves that we may serve needs that are as diverse as the population.

We see PRAYER as the priority and foundation to accomplishing our mission.

6. Nikki Long, owner of Juniper Refuge  
(912) 324-9742

7. I am working with volunteer applicants to get them connected with refugees and different volunteer opportunities that Juniper Refuge has running. I have also worked with a team to help organize and plan events and fundraisers.

8. Work responsibilities, skills, and knowledge:

8a.) I have spent a lot of my time making canva templates, joining in on meetings, helping plan events, and attending/ working different events that we put on.

8b.) I have learned how to work and plan with a team of people. I have also grown in my design skills and working with various programming such as canva, mailchimp, planning center, ect.

8c.) I have learned so much about how a nonprofit works and also have learned about the ins and outs of working for a ministry. I have also learned what it looks like to engage the nations as I live in America.

9. I think the most critical moment for me was getting to go to and organize various cultural events. My favorite event that I helped plan was a Ramadan dinner. It was where people that live in Lincoln got the opportunity to go to the houses of refugees that also live in Lincoln to



celebrate Ramadan and eat a middle eastern meal together. Americans were able to ask questions and learn about their culture while also experiencing their culture.

10. Make sure that you have a set role in the organization and that you will have enough things to complete in order to finish out the needed hours for the internship. It is super important to set expectations with your supervisor at the very beginning of your internship.

11. I would! The team was amazing to work with and it was so cool to work with so many different cultures. It was a great opportunity to get comfortable with working with people that are different from you. I did have a hard time getting all of my hours just because there were not necessarily set hours that I was able to complete every week. I often felt like I was falling behind on hours even though I was eager and able to work for them. Other than that I had an amazing time working with Juniper Refuge.

## Internship Description

1. Rianna Wells
2. Child, Youth, and Family Studies
3. Make-A-Wish Intern
4. Make-A-Wish Nebraska; 8033 S 15<sup>th</sup> Street, Suite B, Lincoln, NE 68512;  
  
wish.org/nebraska
5. A foundation that grants wishes to children in Nebraska who are suffering from a  
  
life-threatening medical condition.
6. Mindy Lubeck, Wish and Development Coordinator- Lincoln;  
  
[mlubeck@nebraska.wish.org](mailto:mlubeck@nebraska.wish.org)
7. The purpose of my internship is to work with Mindy and Missy to help grant wishes to  
  
children
8.
  - a. I work with other volunteers to grant wishes, doing a lot of “behind-the-scenes” work (talking to parents, their specific wish granters, etc.). I also help put together different goodie bags for the wish kids and any siblings they may have.
  - b. Skills I have learned over this experience are to be patient, understanding, flexible, and networking/relationship building.
  - c. I gained knowledge in computer systems, working with parents who have sick children, and how to communicate with children who have a medical condition.

9. My most critical moment at my internship was overseeing multiple events during the Wish Ball in February. I had only been at my internship for a month and was already in charge of one of the biggest events that our chapter puts on every year. It was very nerve-wracking as I was brand new, and I didn't want to mess up.
10. Be able to be flexible and adapt to new changes on the go. Some internships may not have a set schedule or firm "jobs" to do when you are there. Make sure you also bring other things to do in case you get free time.
11. Yes, I would 100% recommend this organization to future students because those I work with are not only very kind, but they are also very understanding of being in school, as well as creating a positive environment. All the volunteers are there for a purpose and enjoy helping at the office as well. Everyone feels like one big family where we want to create an amazing experience for the children with critical illnesses.

Name

- Da'Jai Wesson

Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

- Human Development and Family Sciences with a minor in Educational Studies.

Practicum position title:

- Student customer service representative intern.

Organization / agency name, Organization / agency address and contact number Organization website if available:

- Huskertech, 1400 R St Room 122 and Love Library South, Lincoln, NE 68588.  
huskertech.unl.edu

Mission of the organization or agency

- "One stop shop for tech." Delivering great customer service, helping with technological issues and technology sales.

Supervisor's name and title, Supervisor's contact number (phone and fax, if available).

- Bailey Urkoski, Customer Service Representative, 308-482-0807

Describe the purpose of your internship

- To learn both the front and back end of customer service, and working as management in a retail space. Gaining confidence in skill regarding store supervision and management, and learning how to respond to different situations involving customers and big companies.

8. Work responsibilities, skills, and knowledge:

- Learning how to properly address and escalate customer issues, as well as do things on websites, ordering inventory, communicating with large companies like Verizon and Tmobile. Opening accounts and learning about billing, and tracking important information across multiple different platforms. Learning how to build training programs, as well as working on a semester-long program to build a training guide and updating spreadsheets for future employees. Trained on interview skills, vetted applications, and went through the interview process with my supervisor to choose potential new candidates for the store.

8a. Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

- I included most of these in the above question but at first it was a lot of shadowing my supervisor. I was able to watch interactions that take place over email, phone, and in person with customers. I also saw a lot of the behind the scenes of how to track important inventory, and deciding what to buy. I sat in on many marketing meetings, and Apple meetings. It was my responsibility to start an account where I could communicate with big companies like Verizon and Tmobile, maintain communication with their

representatives, and escalate issues to them when necessary. I kept track of a lot of billing and made sure to identify discrepancies. I learned how to respond to company email through templates. I updated spreadsheets daily, and worked continually on a training guide. I took training on how to conduct interviews, then vetted resumes with my supervisor, edited interview questions, and helped with the interview process.

8b. What skills did you acquire over the course of your internship? 8c. What knowledge did you gain?

- New technological skills, billing, professional communication with customers, professional communication with companies, inventory knowledge, professionalism, verbal and written communication, problem solving, leadership, self-confidence.

What was your most critical moment at your internship? Explain why.

- I think there were two big ones that really helped me grow as an individual. The first one was at the beginning of my internship. I really had to learn to be confident in myself and force myself to get out of my comfort zone when it came to some of my daily responsibilities. For this position, it was really important for me to assist my supervisor with communicating with Tmobile and Verizon. It seemed really intimidating to either order product at first, as I was scared of messing up large value orders. And on the other side of things, when we needed things fixed for customers, it was a little challenging to find my own voice to advocate for the customers. Sometimes I still feel like I am just a teenager, even though I am a college student. So I was worried I would not be taken seriously. However, since practicing these things, I have really been able to grow in my position. I feel very confident and well-spoken when taking on these kinds of tasks, which makes me feel reassured that I would be qualified for a position like this outside of college. I also think I can take this confidence and self-advocacy into other career fields, as I have a stronger sense of how to navigate these situations with professional language, and I can also feel like I deserve to be in these spaces. My other big moment has kind of been as the semester unwinds. I have really loved this experience, and I have learned so many skills that I would never have before. I love being able to work with people— customers, company representatives, and my supervisor. I love feeling like a professional, and I have had a lot of fun taking on the challenges that this job presents. However, if I am being honest, I have come to realize that I don't find this work to be super rewarding. Though I love working with people, and I truly believe I am really good at working with customers, I think long-term, this wouldn't be a job that I find purpose in. Especially as I go more into my human services focused classes. I would really like to emphasize that this isn't discouraging to me, because this was the reason that I decided to pursue this internship. It may not be super traditional for a Human Development major, but I knew that this was an area of interest for me that I wanted to be able to explore and see if I wanted to pursue higher education related to it, or even just an entry level job post-grad (because I was seriously considering something in customer services, management, or HR if not human services). It was something I really liked, but I really wanted to use the opportunity to figure out if it was the long-term route I wanted

to take. And it turns out, I do feel like I would be more fulfilled long term doing something that aligns with my passions for the human services field. Though I think my career path still involves a gap year to focus on myself and pursue therapy so I can be the best guidance counselor or crisis worker that I can be, and fix my own issues, and I think my experience interning through Huskertech has given me good experience that I can use in the meantime before thinking about grad school.

What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- I would recommend volunteering and getting as much hands-on experience as your supervisor allows. Be ready to jump into things that you're uncomfortable or unfamiliar with, because that is where you will learn the most!

Would you recommend this particular organization or agency to future internship students? Why/why not?

- Yes! I have had an awesome experience and have been so lucky to do a lot of hands-on work that could be super helpful to anyone wishing to pursue something in the retail or customer service industry.

Name: Ceyair Wright

Major : Child Youth and Family Studies

Practicum Position Title: Shadow

Org Name: Fallen Giant Films

Mission": At Fallen Giant Films we are bringing faith and family back to filmmaking and we provide hope and opportunities for creative people." Their goal is to create/build up the film industry in Nebraska through creating opportunities for those pursuing the industry.

Supervisor: Todd Brag, Managing Director, [toddb@fallengiantfilms.com](mailto:toddb@fallengiantfilms.com)

Purpose: For me the purpose of this internship was for me to gain a new perspective and extended understanding of the opposite side of the camera. I have had success as an actor in the film industry and couldn't miss the opportunity to learn about the production aspect.

Responsibilities: My work responsibilities included note taking during script development, shadowing different departments, running errands if needed, and assisting with daily department duties for whoever I was shadowing for the day/week.

Skills: I learned how to operate a camera. operate lighting, grips, mics as well as an editing software.

Knowledge: I gained knowledge on what it takes to direct and lead a production.

Critical Moment: I would say the most critical moment for me was getting the opportunity to shadow Mr. Goodwin. Mr. Goodwin is the owner and founder of Fallen Giant Films as well as a director. I was very excited to see his directing process in person when spending time with him on set. This not only inspired me but challenged my preconceptions about what it was to direct. I learned about the poise, intention, and leadership it takes to be a good director. I feel I have all of those qualities and will pursue directing in the future due to this experience.

Advice: For someone pursuing this position I would recommend going in with an open mind and ability to be flexible. My original idea of what this internship was did not align with what it turned out to be, in a positive way. Not only did I not expect to learn about so many different aspects of the industry but I did not expect to take interest in so many.

Would I recommend: Definitely, The people at Fallen Giant Films were extremely welcoming and supportive, I think anyone that has interest in the film industry that's based in Nebraska should start there.



1. Spencer Yaghmour
2. Psychology; Human Development and Family Studies; hopefully family therapy
3. Club Leader
4. AmeriCorps; Partnership for a Healthy Lincoln; 4600 Valley Rd.; [\(402\) 430-9940](tel:(402)430-9940)  
[Partnership for a Healthy Lincoln](#)[Community Health](#), [Home](#) | [AmeriCorps](#)
5. To improve lives, strengthen communities, and foster civic engagement through service and volunteering.
6. Matthew O'Rourke, supervisor; 402-802-7670
7. The purpose of my internship is to help kids to be healthy.
8.
  - a. My main responsibility is to lead clubs with up to 15 kids. This is done by lesson planning for what we will do that day for the clubs.
  - b. The main skills that I gained were better communication with children and increased ability to handle a classroom.
  - c. For the knowledge I gained, I have learned how to act in front of children, and how to work with children when they have difficult situations.
9. My most critical moment of my internship probably happened a bit ago. This was when neither of my partners showed up to club, so it was just me with the children. I had to handle 8 children by myself, and after a little bit of stress I handled it well.
10. My main recommendation would be to come to club prepared. The first couple weeks I did not, and I felt like I was overwhelmed. However, after I started preparing for clubs, I was able to feel more like I was able to adequately complete my job.
11. I would highly recommend this organization. They treat their employees very well, and they have a lot of opportunities to further your career.